

# THE GREEN HILLS Gazette

Free!  
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Thursday,  
February 17, 2000  
Volume 3, Issue 2

CELEBRATING LIFE IN CAVAN, MILLBROOK AND NORTH MONAGHAN

## A life well lived: Harry Williams 1918-2000

All experience is an arch  
wherethrough  
Gleams that untravelled world,  
whose margin fades  
For ever and for ever when  
I move  
How dull it is to pause,  
to make an end  
To rust unburnished, not to  
shine in use  
— Tennyson, Ulysses

By Deborah Luchuk

His was a life well lived, forever seeking to know and understand.

Harry Williams, scientist, researcher, writer, teacher, father and friend to so many in this community, died on January 26 at the age of 81.

Harry was born in Llansoy, Monmouthshire, Wales on August 16, 1918, and came to Canada with his family in 1927. He studied biology at the University of Toronto, and was affiliated with University College.

University studies were temporarily delayed as Harry entered service with



Harry (seated) enjoying the company of friends.

the Royal Canadian Air Force during the Second World War, as a navigator and navigation instructor. Following graduation from

university, Mr. Williams began his long and distinguished teaching career at Millbrook High School in 1950.

While at MHS, Harry taught sciences, Latin and French. Jill Williams, Harry's daughter, said he would have taught whatever was needed at the school, as in those days teachers were not necessarily restricted to teaching only in their field of formal study. At least a few generations of this community will recall having classes taught by Mr. Williams, a teacher who demanded the very best his students could produce.

What is less well known is the extent of this reserved man's amazing research career in bryology, the study of mosses, lichens and liverworts. Harry acquired an extensive collection of liverworts, now on at the herbarium at the University of Toronto. Out of this ongoing research he published several papers on bryophytes, and worked with graduate students at Trent University (and elsewhere) who were studying botany. Jill said her father very much enjoyed his students at the high school and university levels, and was particularly proud of those who had achieved academic success. In recognition of this work, Harry was awarded an honorary Doctor of Laws from Trent University in 1979, shortly before retiring from teaching in 1981.



Harry (shown above in his WWII navigator's uniform) would eventually marry Millbrook High School teacher Claire Elliott (right).



Along the way, Harry met his wife, Claire Elliott, who was also a teacher at Millbrook High School and at Crestwood. They married in 1960, and Jill was born in 1962. Claire was a true companion, sharing in Harry's love of research, and fascination with lichens. A notable woman in her own right, she was the first woman to graduate with an Honours B.Sc. in geology at the University of Western Ontario, and later taught high school courses in many subjects. On the many plant collecting trips the couple took in the 1960's, Harry discovered

new liverwort species, perhaps bolstered by Claire's interest and specialty in the study of lichens. Their trips took them to Gros Morne National Park in Newfoundland, and to rugged country north of Lake Superior. The loving camaraderie and adventure was cut short when Claire succumbed to cancer in 1971.

Harry's interests were eclectic, including local history, classical music, orchids, native plants and wildflowers, poetry, and

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## \$25G spent to convict Squirrell

By Michele Curran

The Township of Cavan-Millbrook-North Monaghan spent \$24,806.11 on court costs related to the prosecution and conviction of Deputy-Reeve Brian Squirrell.

Of the total amount, audit fees were \$10697.50, and legal costs were \$14108.61. This past December, Justice of the Peace Joan Glover charged Squirrell with a fine of \$600, and found him guilty of three offenses under the

Municipal Elections Acts.

In response to the municipality's recent statement on the matter, Squirrell said, "I find it amusing that fifty percent of my council members did not open bank accounts, and yet nobody wanted to ask the question, 'Who else didn't open up a bank account?' The money could have been better spent on more important issues such as the roads or the homeless."

Ratepayer Martin Pick requested information about the legal costs in

early January. "As a taxpayer, I would have preferred that our taxes went to schools, health care or roads rather (than be used) to create a personal vendetta against an individual," said Pick.

When contacted for comment, Councillor Brian Fallis said, "We really had no choice (but to take the Deputy-Reeve to court), given the results of the audit. It is our responsibility to ensure elections are fair, open, and honest." By contrast, Pick disagreed

"I find it amusing that fifty percent of my council members did not open bank accounts, and yet nobody wanted to ask the question, 'Who else didn't open up a bank account?' ..."

with the no-choice explanation, and suggested if "Council members were looking to purify the Council, then all should be subjected to the same scrutiny" as the Deputy-Reeve.

Council defended its right to prosecute the Deputy-Reeve in the press release issued by the municipality: "Although some

members of the public may question the necessity of such expenditures, Council and the Returning Officer are charged with the responsibility of upholding all provincial and federal laws. Accountability by elected officials regarding their election expenses is a well-established democratic principle. Without such accountability, Council feels the electoral process would be severely compromised and the public good easily subverted by special interests."

Squirrell said he would have preferred if Council had chosen a different route to deal with the situation — by both offering him a chance to explain his mistakes, and then allowing him to offer the public a letter of apology. ♣

### INSIDE

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# OMS Family Centre needs your help!

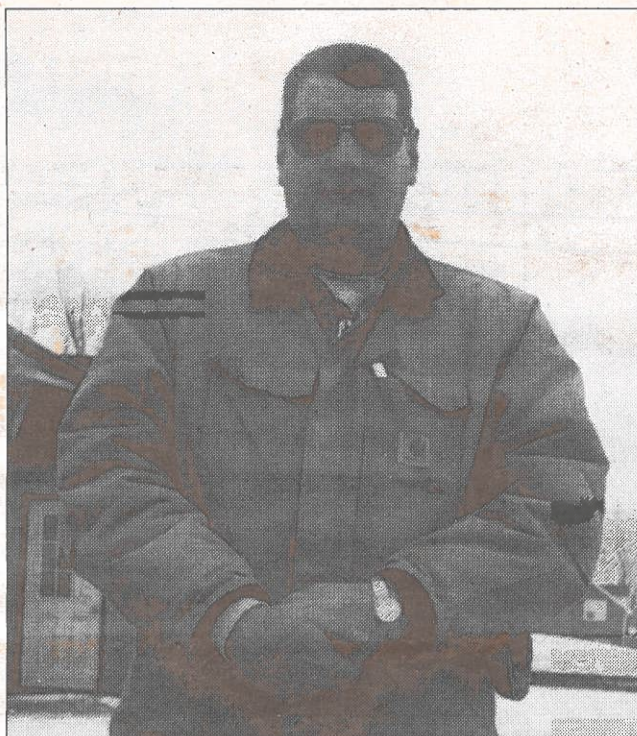
It takes a community to build a family centre! Now is your chance to make a difference in the lives of children and their families!

The Old Millbrook School Family Centre is looking for some volunteer help to put together some fundraising/community events for the coming months. What's needed is a mere few hours pitching in with one or more aspects of any of the events noted below (REALLY!). If you are interested in any of the following events, even to help in a small way, call OMSFC at (705) 932-7088.

- Voices in Bloom Concert - March 25, 7 pm, All Saints' Anglican Church, Ptho. This is a benefit concert celebrating the choral excellence of youth, featuring PCVS Ladies' Choir, Kawartha Treble Troupe, and the Peterborough County Children's Junior and Senior Choirs. Special guests and hosts: Linda Farr and Graham Hart of

CHEX TV. Tickets \$12 adults, \$8 students, available at Bear Essentials, Millbrook or call 932-7088.

- Daffodil Campaign - March 25. OMSFC launches 2nd Annual Daffodil and Spring Bulb Campaign at the concert. Call 932-7088 to place an order.
- The Gazette Challenge - see details in this issue, fun/fitness challenge for all ages/abilities. Lots of volunteers needed for race marshalling, registration, making refreshments, publicity, gathering pledge sheets, and more!
- Strawberry Social - June 25, at Herrington House, 17 King St. W., Millbrook, 12 - 4 pm. Held in conjunction with Heritage Homes and Gardens Tour. More details to come!
- Roast Beef BBQ - July 1, 3 - 6 pm, in conjunction with Canada Day celebrations, Millbrook. More details to come!



## New Councillor's future is filled with potholes

By Michele Curran

Newly appointed Councillor Brian Bartlett is determined to make his stay on Council count, despite another election just around the corner.

The state of municipal roads is of particular concern to Bartlett as the new

chairperson of the Roads Committee. "Fixing the municipal roads is an issue with me, as I know firsthand how bad the roads are, because I live on the roughest road in the township." He hopes revenues from Kawartha Downs (i.e. slot machines) will be used to pay for road repair and upgrading.

As ward councillor, Mr. Bartlett is currently investigating how many North Monaghan residents take advantage of free access to Peterborough libraries, as the City of Peterborough is considering discontinuing the programme.

In reference to another concern of North Monaghan Ward residents, Brian said the Fire Protection Act for the ward should soon be addressed; the City of Peterborough could be providing service to the area for at least another five years.

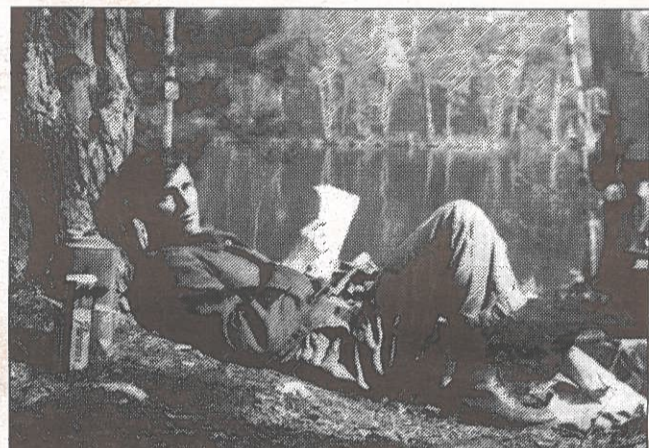
Of course, the North Monaghan councillor has his work cut out for him,

catching up on matters Council has been dealing with, such as the proposed Intersports development and ongoing issues concerning Kawartha Downs. "I am right in the middle of that, as I live fairly close to the racetrack. I live up on a hill, and so I hear the noise — I hear it, but I go into the house and shut the window," said Bartlett. "But you know, there are people that live closer than me who I realize have a great problem with it."

He also commented on the wisdom of putting mufflers on race cars because, "anyone who is a race car fan goes to hear the cars. [Noise from the cars] doesn't do anything for me." Although he is sympathetic to [ratepayer] concerns, he also noted there has been a racetrack in the township of Cavan for

25 years (Peterborough Speedway). "As far as I understand, the same cars and the same drivers race at both places, and we don't get any complaints up there or there hasn't been any big issues up there — so why all of sudden at [Kawartha Downs]?" asked Bartlett. He added, "I believe [the complaints] have to do with the people — different people. Westgate (Peterborough Speedway) has been there for years. I have a brother-in-law who lives in the subdivision close to the racetrack who is not going to sell his house, because [the noise] is not that big of a deal."

Bartlett believes if the Intersports project is approved, the sports complex will be a great deal for the community as "the revenues will be unbelievable." ♣



Harry in his early days at Quetico.

## Harry

Continued on 1

literature of all kinds. Cats were always to be found in the Williams home, as well as stimulating conversation on everything from current events to the Latin names of some seemingly unidentifiable plant. There was often laughter over tea, as Harry quietly held forth on some craziness he had encountered in the community, sharing a dry and sometimes incisive sense of humour with a twinkle in his eye. Harry didn't miss much that went on, and had a keen insight in the people and events of the community.

Community involvement was important to Mr. Williams, and he took a leadership role on the Library Board, at Millbrook Council, and was available to assist or consult with a variety of issues or topics as community groups needed. In particular, he had a passion for the Old Millbrook School, and was a key member of the Friends of the Old Millbrook School committee which was instrumental in preserving the building for the community. Up until recent years, Harry raised the flag at the school on a daily basis, until arthritis and failing health necessitated a halt. His long-standing contribution to the community was recognized in October 1999 with a Senior of the Year Award from the municipality.

Harry is survived by Jill, and his step-daughter Joanne Davison of Montreal. A memorial open house will be held at St. Thomas' Anglican Church Hall, Millbrook, on March 5, 1-5 pm at St. Thomas' Anglican Church, and anyone who would like to pause to remember Harry is welcome to attend. Donations can be made to the Peterborough Humane Society, St. Thomas' Anglican Church, and the Millbrook Library. ♣



# CAPITOL

## THEATRE

**Romeo & Juliet**  
Wednesday, Feb. 23rd @ 1pm & 8pm

**Farmer's Daughter**  
Friday, Feb. 25th @ 8pm

**Valdy & Gary Fjellgaard**  
Saturday, Feb. 26th @ 8pm

**The Jimmy Flynn Show**  
Wednesday, Mar. 1st @ 8pm

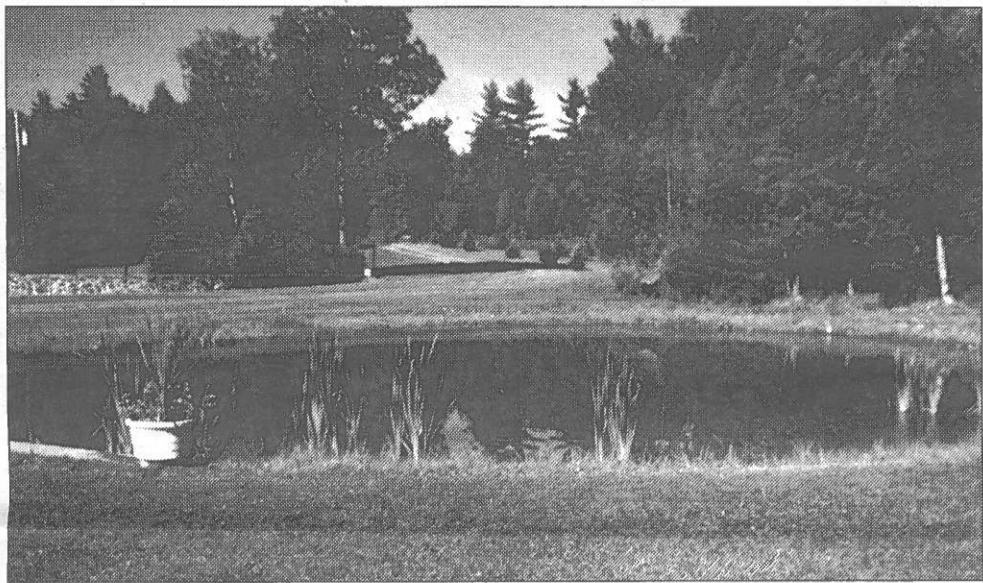
**Amy Sky**  
Friday, Mar. 24th @ 8pm

**Carol Welsman & Friends**  
Friday, Mar. 31st @ 8pm

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## BUSINESS PROFILE



The Pond and Garden Room overlooks a stocked trout pond.

# A room with a view

By Melanie Anderson

Imagine gazing at the stars from your own terrace, or soaking in a jacuzzi after a long day of... doing nothing that resembles work.

And the best part is this pampering isn't off in some distant locale. It's right next door — at Maple Field and Stream Bed and Breakfast.

Maple Field and Stream is on Hutchison Drive, between Zion and Deyell lines, at the spacious Lakatos home. The residence was built in 1985 for an active family. However, by 1998 there were three spare bedrooms — each with an ensuite bathroom. Sandra Lakatos visited a friend's bed and breakfast in Ottawa, and the more she thought about it, the more it made sense — to turn the family home into a bed and breakfast. Six weeks later, on Sept. 1, 1998, Maple Field and Stream Bed and Breakfast opened for business.

With a website, e-mail address, toll-free number, and memberships in the Millbrook Chamber of Commerce, the Peterborough Kawartha Tourism and Convention Bureau, and the Federation of Bed and Breakfast Accommodation,

Maple Field and Stream is attracting guests from around the world. Guests include local people who just want to get away from the house for a night or two, tourists, and business people who prefer the home-away-from-home feel of a B&B. Ms. Lakatos considers meeting people the greatest pleasure of her job.

Sandra enjoys working in her perennial and vegetable gardens; therefore, May through October is the busiest time at the B&B. When she has an overflow of guests, she refers them to Westmacott House, Millbrook, or Barbara's B&B in Baillieboro. Likewise, guests are referred to Maple Field and Stream. While pets are discouraged, Sandra does have a couple of outdoor spaces for animals travelling with guests. The B&B isn't ideally designed for families to use, but a cot can be put in one of the rooms if guests bring their child(ren). She notes the families who have stayed with her in the past have kept children well supervised.

A creative photographer of landscapes, people and wildlife, Sandra displays some of her work, along with that of other local artists. The bedrooms are large, with high ceilings and comfortable fur-

nishings. Each room's name is chosen for the view from the windows. The Field and Stream Room has a view of streams and rolling fields behind the house, and features a jacuzzi tub. The Skygazer Room has its own private terrace from which to watch the stars, and the Pond and Garden Room looks out over the gardens and the stocked trout pond. Guests are free to use the house as they wish, including a sauna in the lower level. Business guests have access to fax, phone, e-mail, a personal message service, and meeting accommodations.

Maple Field and Stream is earning a reputation as a place for friends and family to stay when there is a special event. Sandra is also starting to see repeat customers. She feels B&Bs are becoming more popular as people discover the relaxed environment, tasty home-cooked meals, and information about local activities.

Reservations can be made over the phone or on the Internet. Gift certificates are available — especially a good idea when you think the best gift you could give someone is time off. For more information, call Maple Field and Stream Bed and Breakfast at 932-5272 or 1-800-926-0766. ♣

# Personal Financial Planning 101

Planning ahead means less stress in the long run — and nowhere is this more important than with financial planning.

Financial plans should be organized according to current and future lifestyle needs and expenses. What works for someone in their forties may not be appropriate for someone in their twenties.

If you're 18 to 25, you will probably need to consider the cost of post-secondary education, paying down student loans, the cost of a car, and your first apartment. Cash flow may be tight, and you need to be very careful about using credit cards to make ends meet. Putting away even a small amount of money on a monthly basis for an RRSP is a smart idea.

People between 26 and 45 are more consumer-oriented — buying big-ticket items such as cars, appliances, and homes. Despite these financial pressures, building an RRSP portfolio should be a priority. Saving for children's education, and obtaining insurance to provide for your family should you die or become disabled is also essential. For many, the guidance

of a professional financial advisor or accountant will help to balance financial demands, to provide a lifestyle you and your family can enjoy.

Once you are over 45, it's important to arrange for retirement with careful income planning. Learn more about pensions, retirement allowances, and government benefits — long before you retire. Review paperwork such as wills, powers of attorney,

probate fees, beneficiary designations, charitable giving and estate preservation. Again, a professional advisor or accountant can offer invaluable guidance.

We strongly suggest reading about investments, and contacting a professional advisor to start saving for future needs and retirement now, particularly as RRSP season is over at the end of this month. Once you deal with this deadline, you'll feel less stressed out about setting up a personal financial plan — which will help you to avoid deadline panic next year! ♣



James R. Rusk



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EDITORIAL

Filling very large shoes

A man's dying is more the survivors' affair than his own.  
— Thomas Mann, *The Magic Mountain*

As our venerable senior residents pass away, I cannot help but wonder what life in this community will be like without them.

Harry Williams, a beloved member of this community and far beyond, died on January 29 at the age of 81. I felt his loss keenly; he had been such an interesting part of my life as the father of one of my best friends. A man of few words, Harry certainly didn't attract much attention to himself, although he was singularly brilliant and insightful. Few people ever realized that a world-renowned botanist lived in their midst, as Harry pursued his career and passion quietly. As did many people of his generation, He gave tirelessly to the community of his time and creativity, with involvement in many boards and committees. I remember most vividly his involvement in the Friends of the Old Millbrook School, working to save the heritage building for the community. Many of us will remember Harry at the front of a classroom at Millbrook High School, where he taught sciences to several generations between 1950 to 1980.

As one person put it when I was making calls on behalf of the family, "I just thought he'd always be there."

Unfortunately, the living heritage of our community is all too quickly passing away. (Thankfully, the Millbrook-Cavan Historical Society is doing something about it, through oral historical interviews with some of our matriarchs and patriarchs.) I am left wondering who will fill the shoes of these remarkable people. Will we live up to their high standards of community involvement and commitment to neighbours? Sometimes I am filled with the feeling of a void, an empty space, as this generation is so focused on trying to maintain families and livelihood. Unfortunately, we live in very stressful and difficult times in terms of economic and social restructuring. Already, it seems, there is a constant lack of volunteers for any worthy cause or programme in communities, and it's always the same people who end up giving of their time.

Then again, there are so many people who, in a crisis, will come forward to help out. It is at these times this community really shines. (Thanks to everyone who called, left cards and casseroles, and offered support to Jill Williams.) How can we incorporate more of this selfless giving of at least a little of our time on a regular basis? An hour or two per month for a cause, or a visit with elderly neighbours, for example?

I don't have an answer to this dilemma. We want to help, and yet there is so little time after endless work hours, children and our own extended families. We're not bad people, just overworked ones. Maybe the only answer is to take a good, long look at the legacy of those who have left us, and those who are still around to tell the tale of their community involvement. They "multi-tasked" before there ever was such a term.

Thank you to all of the seniors — who have made our community what it is today, and for setting such a sterling example to strive for. ♣



Bringing the natural world to heel

I am writing to express my disappointment with the marketing team at Kawartha Downs. I believe they have overlooked many possible ways of promoting and calling attention to their worthy enterprise.

True, their stock car races dominate the sounds in our yard on Cedar Valley Road on many a warm evening, even though we are several kilometers from the track. And also true, their searchlights pierce and swivel through the night skies every night of the year. These incursions into the natural environment are admirable marketing efforts.

My point is: why stop there? With vision, these assaults upon the senses of rural residents could be only the thin end of the wedge. I have a few sample ideas that I would like to publicly offer here.

The sense of smell has been overlooked. How about a truck plying the concession lines and spraying a vapour smelling of freshly minted money? Will this not stimulate the locals' visions of the

"easy" money to be had at Kawartha Downs? What about seeding the clouds with a chemical that will induce the rain to cause an involuntary muscle spasm in the arms of residents, a twitch that can only be quieted by connection to the arm of a slot machine? How about injecting a chemical into the local aquifer that will cause locals to forget all ethical and financial obligations, such as mortgages, bills, childrens' education, etc.? Would this not lead to a dramatic rise in "disposable" income?

These are only "sample" ideas for further progress to bring the natural world to "heel" in the service of promoting Kawartha Downs. I can only imagine that reading the above has the KD marketing people salivating like dogs at a buffet table.

Why settle for the status quo in promoting an enterprise that appeals to the best and noblest impulses of human nature? I have more ideas: have your people call my people.

—Arthur Herold

Communication or dead silence?

Sometimes we must deal with the negative to motivate the positive... I always thought the whole reason for the existence of the telephone was to finally allow communication amongst all of us, near and far, and more importantly, to provide a life line for help in an emergency.

Now with all the new technology at our fingertips, we are becoming masters at communicating with each other instantly, to the farthest nooks and crannies of the world, while we allow our one and only lifeline for help in an emergency to fray to the point of snapping.

If the phone is gone, the lifeline to help is gone. Communication stops.

In January 2000, we felt the first of three more telephone billing increases eating a new hole in our already ventilated wallets. In January 1999, while many Nexicom customers enjoyed the savings from having their mileage charges dropped, other "partners in communication" with party lines were told they would either have to switch over to private lines and pay the extra \$120 a year, or have their lines disconnected.

For years, the party line has been that good, cheap lifeline to help in an emergency. The party line has been replaced by nothing. Through taxes we pay for our right to safety, security and 911, but if we can't afford even basic telephone service, this right is taken away from us, and we have nothing but DEAD silence to help us while our house burns or our loved one struggles for breath or dies under an overturned tractor.

As we drive or walk by the homes in our community, we will never see the bare cupboards or hungry children within, just so that lifeline to the outside world can be afforded each month. We will not see the anxiety of those already without a phone, praying that each day will pass without incident, praying that the abuse will stop.

As the days slip by, the words communication and telecommunication become more of a farce. 911 becomes a service available only to the wealthy, and smoke alarms and the little green signs at the end of our driveways with our emergency response numbers become useless additions if we cannot call out for help and be heard. I don't think we can afford to allow all of Dr. Turner's efforts to crumble under the weight and ambition of the almighty dollar.

—A Concerned Citizen

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NEXT DEADLINE

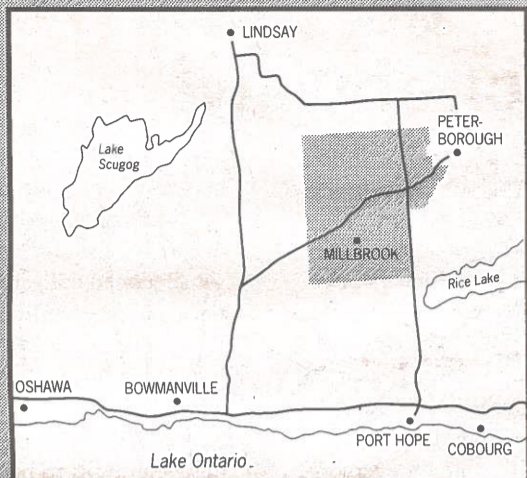
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**COSMIC COMICS**

## Get ready, Taurus

By Crystal Eyes

Are you ready for a big year, Taurus? (April 21 - May 20) I sure hope so, because 2000 is the year that can bring realization to many of your dreams.

This year, we have two very strong influences moving through the sign of

Taurus. The first one is a reality cycle, and is a continuation of a cycle which began last year. This influence will be felt most strongly by Taurus born in mid-May, and has the effect of bringing responsibility and heavy workloads to those involved.

So if you are a Taurus born May 15 - 20, then you can expect this year to be one of drudgery and hard work. Now you may be thinking that drudgery and hard work are not exactly your idea of a great year, but let me say that sometimes this is precisely the kind of behaviour needed to usher in a dream. So in that respect, we could have a

*So if you are a Taurus born May 15-20, then you can expect this year to be one of drudgery and hard work.*

year of loving labour ahead.

For example, if you bag that new job (or project, or relationship or responsibility, etc.) you may have to put all of the start-up energy required to get things moving smoothly, and this is demanding. However, if the new situation is something you have been planning to achieve, then despite the effort required, this is also a very rewarding time.

Taurus born earlier in the sign will not necessarily go through this reality cycle. They faced this challenge last year, and will find that 2000 is a much easier ride.

This brings us to our second cycle: the opportunity cycle. All Taurus will have the benefit of the opportunity cycle beginning this February. It creates the perfect atmosphere for personal glory and expanded sense of self. Go for that promotion, put a bid on your dream house, plan a marriage or a family, move to a foreign country, go back to school. Any of these activities (plus the burning desires in your heart) would likely go smoothly in a year such as this.

Summed up: dream big, act big, and don't be afraid of the work! ♣



**RANDOM SAMPLING**

## True education threatened

By Margaret Monis

You know how sometimes something will bother you, some illusive little annoyance that you can't quite put your finger on no matter how hard you try? I've had that feeling almost since the beginning of my stint here at Teachers' College, and yet it wasn't until last week that I finally figured out what was irritating me. I was sitting in class, adding to my extensive collection of margin doodles, when suddenly it came to me. The problem stems from the fact that the basic definition of education, as understood by the public (including teachers), is completely at odds with that held by the government even though both use the same vocabulary.

Let me explain. It is often said that education is an important yet tricky business and no one, I think, would argue that point. The problem arises, however, in how the word "business" is understood. John and Jane Q. Public understand the "business" of education to connote the activity involved - the actual work of schooling for teachers, students, and parents alike. The government, on the other hand, interprets "business" as describing a bottom line, product-oriented enterprise. The government is the employer, teachers are the employees, schools are the factories, and students are the product. This capitalistic model of education demands, by its very nature, that some sort of quality control be in place, and that's why the government has instituted standardized (called EQAO) tests for students in grades 3, 6 and 9.

There is a large body of

solid empirical and anecdotal evidence suggesting that standardized tests are practically useless in measuring anything other than one's ability to memorize facts and take a test. They do not address creativity, flexibility, or higher thinking and problem solving skills - attributes abundantly demonstrated by those our society deems intelligent and/or successful. But since the government needs a quantifiable measure of students' "progress", these tests are, unfortunately, here to stay. At the same time as instituting these tests, the Ministry has issued new curricular documents which demand that children must meet approximately four hundred and fifty specific expectations before they can move on to the next grade.

Now I'm not complaining about having to pass on this much information to my students. The reason I'm training to be a teacher is because I profoundly desire to educate children. The dilemma arises with the realization, and this is the crux of what's been needling me these past five months, that the expectations in these curricular documents have virtually nothing in common with what a child must know to pass the EQAO tests. The government has teachers over a barrel. On the one hand, they are threatening to measure a teacher's worth and effectiveness based on their students' test scores, making it necessary for us to drill our classes in preparation for these tests. Yet they also demand that we guide children to meet expectations that students, and I quote from a Ministry document, "formulate questions" about and "plan investigations" into the many subjects we teach.

My priority as a teacher will be to emphasize the higher order thinking skills laid out in the curriculum. If I lose my job because my students don't do well on their tests, I'll just have to console myself with the thought that I taught them how to think for themselves at the expense of their ability to regurgitate information. I can live with that ♣

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## New Speedway boss enters bylaw fray

By Michele Curran

He started out racing on the track, and now is running the whole show — the new owner of Peterborough Speedway couldn't be happier.

"It's a dream come true," said Jean Paul Josiasse.

Josiasse, an avid race car driver, will not be racing this year. Instead, he is focusing his energy on the 2000 racing season, and hopes to facilitate exciting entertainment for racing fans of all ages.

Josiasse acknowledges the long history of the race-track, and previous owner Kim Wallace's contributions in creating "Ontario's finest short track racing facility." Josiasse hopes to build on this success by including activities for the entire family to enjoy, such as kids' bike races, riding

lawnmower races, fan appreciation night and a food drive.

"This makes the whole experience more interactive. Racing is part of the fun, but not the whole thing," said Josiasse.

The racing schedule for this year includes Thundercars, Challengers, Late models, with the return of the Legends cars for 22 dates. Special evenings are going to include ALLSTAR Late models, Vintage Modifieds, TQ midgets, Super Late models and the Autumn Colours Classic.

When asked about the possibility of a drag strip for the Speedway, the owner said, "I have a lot of plans for the track right now, and the drag strip isn't one of them." Despite Josiasse's boundless enthusiasm, he also is aware of the challenges facing a

new owner — and in this case, the immediate challenge to his business is the municipality's proposed draft noise by-law.

In response to the proposed by-law's-section regarding the use of mufflers on cars, Josiasse suggested the relevance of mufflers on some cars is negligible at best. He also believes limiting his operation to only two days a week would cause financial hardship. "Most peo-

ple think we only race twice a week during the season, when actually we are open six to seven days a week doing test runs, schools and the like. The only difference is that these operations go on during the day or early evening."

However daunting the prospect of proposed noise by-laws, Josiasse says he is determined to make his first racing season as owner a success. ♣

# Beaten up by the cold bug

## Part II - Building a stronger editor

By Deborah Luchuk

Everything seemed to be going well until I caught the cold bug.

As I write this update, today is the first day I have felt human, and able to exercise without passing out from lack of oxygen and energy.

From January 29 until now, I have spent most of my time in bed and asleep.

The good news is that I

have developed a routine for exercise that seems to work in the midst of a busy schedule. Believe me, this is an achievement — as many of you would agree, there just aren't enough hours in a day to get everything done.

Trainer Kimberley Sheppard and I have been working on a variety of routines that can be mixed and modified to suit my interest

level and mood. I now have some free weight programmes, a resistance band workout, and a really fun strength workout using an exercise ball. I try to do one of these routines, or mix up the exercises for variety, every evening while watching Lonely Planet on the Outdoor Life Network at 10 pm. I really look forward to doing these routines nightly — this way I can take a virtual tour of India or Argentina, and work out at the same time!

In addition to the strength training routines, I also have a number of stretching exercises for all parts of the body, but particularly for my upper back (where the tension seems to store up!). Lest you think stretching is not really essential to fitness, I have learned it is important for balance and agility, as well as complementing strength work by keeping muscles limber and flexible.

Kimberley has had me write out what I am eating in a diet log. Basically, I have a healthy diet, with lots of veggies and water, and no red meat. However, I was told to eat more fruit, and to eat more often (surprise!). Apparently wine gums are not a good mid-afternoon snack! My shopping cart now includes healthy snacks like non-sugary granola bars and trail mix to eat between meals. I am forcing myself to slow down and eat lunch — something that doesn't happen on a lot of my busy days — salad and chicken wraps in various combinations are a treat. I mentioned my fitness plan in passing to one of my students at Trent, and I was presented with a very large Delicious apple at the next class. This dietary knight-in-shining-armor has promised me an apple every class so I "don't fall off the wagon" and eat junk from the nearby cafeteria.

I also visited my Traditional Chinese Medicine doctor, Tony Chualo (his ad is in this issue), and asked about dizzy spells I was having. The verdict? Low energy due to stress. The solution, which has worked thus far has been a royal jelly/ginseng supplement for energy, and another herbal supplement for stress. It's amazing how well these very inexpensive supplements, and acupuncture, work for me.

(Thousands of years of practice of TCM, and millions of people can't be wrong, I figure!)

Overall, I feel stronger, more flexible, and more energetic than I have in a long time. Next month's challenge will be to incorporate more cardiovascular activities into my life, in preparation for *The Gazette* Challenge 2000 (see story this issue). If you have any suggestions, comments or feedback, drop me a line at *The Gazette*, or call 932-2175. ♣

# A fitness challenge for the whole community!

Hey you! sitting in that cozy armchair, scarfing down comfort food, while the wind howls outside. Bet you have a few love handles from Christmas still! When was the last time you moved that sluggish body around?

It's time for everyone, of all ages, stages and abilities to challenge themselves for better physical, emotional and mental fitness.

*The Gazette* Challenge 2000, a day-long event, will be a combination of two fitness activities for everyone from infant to grandpa.

We want YOU! to participate in the first ever *Gazette* Challenge this May 27, and this means CMNM residents are challenged to improve personal fitness and well-being before then.

The *Gazette* Challenge 2000, a day-long event, will be a combination of two fitness activities for everyone from infant to grandpa. A fitness challenge walk/cycle/push a baby/walk a dog/wheelchair event will be held on an approximately 1.5 mile, relatively flat route through Millbrook. This event is for people who want to challenge their personal best, rather than compete against other participants.

The other event will be a fun run around a country block through the village and just south of the village, following a country block route of approximately 5 miles. This latter event will be more compet-

itive, as a road race for joggers and runners of all ages.

Participants in both events will be given sponsor sheets, to collect donations for their participation. All proceeds will go toward the fundraising efforts of the Old Millbrook School Family Centre. (The Centre is to be constructed in the Old Millbrook School, providing much needed programming and support for families in this municipality.) Prizes will be awarded to winners in the road race, and in a variety of fun categories (such as best costume) to participants in the non-competitive event. Refreshments will be served at the culmination of the event at the Old Millbrook School.

We're thrilled to sponsor this event, and hope everyone, and we mean EVERYONE! will consider participating. Start training now — with a short walk near your home, skating, skiing, fitness videos, or walking the dog that little bit further than usual.

We'll be giving you more details in future issues regarding the Challenge, and will be issuing challenges to various groups in the community to get fit and participate on May 27! This month, we are officially challenging all municipal council members and staff to set a good example for the community by stepping up their physical activity (no, squabbling in Council Chambers does not count!) and creating a team or two to participate in the Challenge. We know the recreation department is a group of healthy, active people, but what about the rest of you? Let's see some councillors and the Reeve show us how it's done! ♣

# Millbrook Valley Trail plans unveiled

Imagine... the warm sun on a winter-weary face... the fresh scents of new grass, trees and flowers... time to commune with nature and refresh the spirit...

Such delights to nurture body and soul are available right at this community's back door, at the Medd's Mountain Trails in Millbrook — and soon, access to the best that Mother Nature has to offer will be expanded.

For over a year now, a group of conservationists, naturalists and folk who just plain love the outdoors have been working on developing the Millbrook Valley Trails system. The new trails will connect current trails on Otonabee Conservation, Ministry of Natural Resources and other public land. The project also includes the enhancement of animal and fish habitat, which began in 1999 with plantings around the mill pond, and bio-inventories and assessments. Studying the ecosystem of the area continues to be an important aspect of the Millbrook Valley Trails project.

A small amount of work has already taken place, in the form of a footbridge on part of the existing trail network.

*The trails committee is unveiling their exciting plans this weekend at an open house at the Millbrook Arena.*

The trails committee is unveiling their exciting plans this weekend on Friday, 1 to 8 pm, and on Saturday, 10 am to 4 pm, at an open house at the Millbrook Arena. Part of the ongoing consultation process with the public, the open house will provide information about proposed plans for the trails, and the uses of the network once it is finished. Information will be available for those interested in getting involved in the trails project as volunteers, and a walk is scheduled along the proposed route as part of the open house on the 19th.

Building of the new trails will commence in the spring, with income from the federal government's Millennium Fund. For more information, call project coordinator Ben De Waal at 932-2929. ♣

# Judokan win at Ajax meet

Submitted by Jim Rowland, Shindokan Judo Club

Sensei Jim Rowland was all smiles Feb. 6 as eight Judoka of the Shindokan Judo Club (Millbrook) won first, second and third place honours at the Ajax Budokan competition.

"String" Andrew Henry, and his brother "Thumper" Michael, took first place in their categories. In so doing, "String" followed his younger brother in winning his yellow belt.

The Club also took three second places: "Lil' Peanut" Bryce Robson, "Smiley" Jessica Wuis, and "Houdini" Jordan Pery each did things the hard way, by winning as many as five fights to gain the second places in their categories.

"Noodle" Trevor Wuis surprised everyone by pulling off a third place, as his double-jointed flexibility and his sense of justice, along with his small structure, had until this time worked against him.

Both "Peanut" Reese Robson, and "Shreeki" Elyse Nagy, deserved honourable mentions. "Peanut" won two of his four fights. "Shreeki" Elyse Nagy was congratulated for her first effort in a Shiai by Sensei Rowland. To have executed a "Wazari" or a half-point throw in the first competition was a genuine achievement.

The Millbrook Shindokan Judo Club (non-profit) is celebrating its fifth year of operation. ♣



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# Trees to honour events & people

The Parks, Recreation and Facilities Department would like to commemorate the history of the Township for the millennium with a commemorative trees project.

The Department is requesting submissions of stories on historical events and people, to be commemorated with a mature native tree and a plaque. Anyone interested in writing a submission should include: title, author's name, con-

tact, and a suggestion of the location and species of tree. Text must be no longer than 300 - 400 words.

Forward submissions or suggestions to Benjamin DeWaal, Millbrook Valley Trails Coordinator, at the Municipal Offices, Box 189, 1 King Street E., Millbrook, L0A 1G0. Alternatively, email can be services@nexicom.net. Call 932-2929 for details or information. Deadline is March 31. ♣



NATURE COLUMN

## Childhood's End: 2000

By Pierre Blin

Humanity's collective consciousness reflects on its past: I have been here only a short while, compared to other earth creatures. Yet so much has happened. It was slow and quiet in the beginning, and I had a long beautiful childhood, nestled in Nature's great and terrible arms.

Humanity's 'significant birthday' has just passed. Was it anything more than a big party and a Y2K scare? Or did humanity truly reflect upon itself and its future? Did it pause, and remember?

With early adolescence came great sailboats, trade routes, and ideas that flowed far afield through the printing press. Soon after, it seemed, came machines with dirt and misery, war and such wonders as the world had never seen.

Did New Year's Eve help Humanity towards maturity? Wasn't it just another night of silly hats and fireworks, and then business as usual the next week? This is what it looks like, but appearances can be deceiving. I believe something subtle has changed in the realm of global consciousness. It was set up by a year of East Timor, Chechnya, Kosovo, Y2K, renewed peace talks in Israel, decoding the DNA, the anniversary of the fall of the Berlin Wall, floods, earthquakes, the WTO — and then we had a big party. We all have felt the global village especially this year.

If you followed the media, and got past Y2K

and all the silly top ten lists, there was an incredible level of insight into the last century and millennium. There was perceptive thought about where we might be going. Unfortunately, the Y2K bug diverted attention from the moment. Y2K was about personal needs, and the status quo being maintained. Nevertheless, when Y2K blew over and millions of people stayed home to watch the world's celebrations on TV, something happened — at least to sensitive souls. A man phoned into the CBC on the following Sunday to talk about what happened New Year's Eve. "When I was watching all the celebrations all around the world, and sensed the world in its entirety celebrating together... (well) it's the first time anything like this has ever happened. Even now, tears are coming to my eyes."

Adulthood loomed. The atom was split, DNA decoded, I touched the moon and beyond. Marvellous communication devices and media totally changed how I perceived things, I was suddenly faced with the rest of myself, and all the countries gaped at each other as if the eyes and ears could face one way and see, and hear, all around the world at once.

Aristotle expressed in his famous quote, "The unexamined life is not worth living". We have just examined ourselves. Still, the "examined life" does not necessarily guarantee good decision-making and a bright future. For all the collective wisdom, compassion and idealism we may now share, there is still plenty of greed, hatred, envy, intolerance, and shortsightedness. No, the world is not perfect and never will be. But it is a special time. There is cause for hope. We can now move on together, for better or for worse.

"We", now means "us humans". Not Canadians, or whites, or communists or capitalists. It is we the dysfunctional family, but family nonetheless, of all nations. The stakes could not be higher with the looming threats of environmental degradation, war, nuclear destruction, bio-engineered mistakes,

*"We", now means  
"us humans".  
Not Canadians,  
or whites,  
or communists  
or capitalists.*

population pressures, global warming, human rights abuses, and various forms of despair needing our combined immediate attention. Yet, with all our vast energy resources and the power of instant communication, we could truly mobilize towards balance, wisdom, fulfillment and tolerance. For the first time ever we can work on this together, just like scientists all over the world are now working together on space stations, Mars missions, great mysteries of physics, and decoding the entire DNA structure.

2000 is just a number, but it gave us a needed respite and pause for reflection. Like the man who called into the CBC with tears in his eyes, I too, often cry at the wonders and terrors of today's world. The daily news echoes the drama, wonders and pathos of the great Greek tragedies.

I pause for a few days to make some New Year's resolutions. "I will not be neurotic. I will not be a bully. I will not throw temper tantrums. I will keep my house clean, and my yard and my body. I will not litter. I will make new friends. I will not cut off my body to feed my head. I will share my candy..." ♣

## Siblings without rivalry



CREATIVE PARENTING

By Trish Boyd-Reininger

I've previously mentioned a parenting course offered at the Peterborough Family Resource Centre, called "How To Talk So Kids Will Listen, and Listen So Kids Will Talk." by Faber and Mazlish. "Siblings Without Rivalry" is a follow-up course by the same two women.

This course was originally part of the How to Talk course book, but when the authors were only halfway through the chapter, and it was already 100 pages long, it was evident that it would have to be a course of its own.

"That's mine!...No, it's mine!"

"She punched me...I never touched him!"

"You love him more than you love me!"

The constant teasing, tattling and fighting can really take a terrible toll on a family and their home life. Attempts to solve these problems and situations include pleading, yelling, ignoring, forbidding, choosing sides, and punishing — yet nothing seems to work. After a while, most parents throw up their hands and resign themselves to the fact that if you have more than one child, sibling rivalry is inevitable.

Faber and Mazlish refused to accept this, and went to work on developing simple, yet surprisingly effective ways to reduce the animosity between siblings. Part of understanding why children feel the way they do is to try to empathize with them. Remember the day you told your little one he or she was going to have a little brother or sister come home from the hospital, and live with you at your house? Imagine this — your spouse puts his or her arm around you and says, "Honey, I love you so much that I've decided to have another partner just like you." When the new partner arrives, you see that he/she is young and kind of cute. When the three of you are out together, people say hello to you politely, but are very excited about the newcomer: "Isn't he/she adorable? Hello, sweetheart... aren't you precious?!" Then they turn to you and ask, "How do you like the new partner?"

The new partner is maturing quickly. Every day he or she seems smarter and

more competent. One afternoon, you're struggling to figure out directions on the new computer system your spouse bought you, and the new partner comes into the room and says, "Hey, can I use it? I know how to use it!" When you say no, he/she runs crying to your spouse. A minute later, they return together, arms around each other and your spouse says, "What's the problem? It wouldn't hurt to give him/her a turn. Why can't you share?"

On another day, you find your spouse and the new partner lying on the bed together. They're tickling each other and giggling. Suddenly, the phone rings. Afterward, your spouse tells you something's come up, and he/she must leave right away. Your spouse asks you to stay home with the new partner and take care of him/her.

How would we feel about this? Personally, I would be angry, disillusioned, and unhappy about the new partner, and I would feel betrayed that I was expected to not only share my spouse and my things, but to love the new

partner as well.

That's an awful lot to expect, and often the beginning of rivalry between children. I truly believe siblings do love a new baby, but they have some very real concerns which must be voiced or acted out (without hurting the baby) in order to foster a positive relationship.

Preparing a child well in advance is imperative — discuss the possibility of a baby before you're pregnant. Go to friends' houses and play groups where sibling interaction can be observed and learned from. Movies that show close family ties are an excellent way to start up a conversation on the special relationship siblings have. Share stories from your childhood, stories of fun times, as well as stories of struggles when things were strained between siblings. These true-to-life situations will not only help your children understand each other better, but just may help us do the same! ♣

*Behold how good and how pleasant it is for brothers and sisters to dwell together in unity - The Book of Psalms*

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# Are there family farms in our future?

An assessment of the state of agriculture in Cavan-Millbrook-North Monaghan



By Raphaël Thierrin

Cavan-Millbrook-North Monaghan (CMNM) Township is a rural municipality in which the first home-based businesses were family farms. In the past half century, many professionals and tradespeople have moved here, and further enriched the demographic mix.

Much of the land is still farmed and areas suitable for agricultural production cannot be used for other purposes, according to provincial legislation. At the same time, the number of farms is decreasing. According to Bruce Ward of Ontario Ministry of Agriculture, Food and Rural Affairs, Peterborough County has lost of 25% of its farms in the past decade. Attrition is continuing at 4% per year.

If we project this rate of loss over the next forty years, it is very possible that the small and medium-sized farm operations will give way to a few large farms strewn amongst vacant land, crumbling barns, a few hobby farms and residential areas. Cameron Bonner, whose family has farmed near the Zion Line since 1907, laments this loss but feels that it is inevitable.

A mixed farm operation could, at one time, bring good yields and fair economic returns. When farms did not have to compete with the large, industrial scale operations which push their foodstuffs into the global marketplace, diversity meant financial resilience. Today, with a few exceptions, the globalization of commerce has magnified the scale at which a producer needs to farm to fetch a reasonable income, and to keep machinery and buildings in running order. Several township residents acknowledge that expansion, alliances, specialization or seeking off-farm income have already become necessary to ensure the survival of many farms.

The environmental "3 R's" — recycle, reuse and reduce — are integral to family farms that combine live-

## Can farm families continue to give a face to the land, contribute to its ecological balance and be again economically sustainable?

stock, crops and woodlots. Each element complements the others. Livestock manure is recycled as fertilizer on field crops. In turn, crops such as corn are used to feed livestock. Soybeans bring returns to both finances and to farm land, as they are one of several crops that can fix nitrogen into the soil. A woodlot is self-replenishing, and it can also offer shelter to animals during cold snaps.

As many growers retire, few of their children are continuing to farm, given the marginal incomes. It is difficult to find experienced successors other than children or existing farmers, just as it is nearly impossible to find hired help. David Brackenridge, of Squirrell Creek Farm, explained that, if he went to the Union Hall, he could easily get his pick of backhoe operators, but on most days he would not find anyone who could handle most of his farm's chores.

Rather than just shedding a tear for the disappearance of a way of life, can we look to a more positive scenario for family farms this millenium? Can farm families continue to give a face to the land, contribute to its ecological balance and be again economically sustainable?

Farming is necessarily political. Agribusiness, government programmes and global economics have made it so. Agricultural production provides us with one of the basic necessities of life — sustenance. Thus the political choices that direct the future of agriculture affect us all, whether we farm or not.

Agricultural issues made front page news repeatedly in the past year, as the media picked up concerns about genetically modified foods or about the expansion of hog operations. Public nervousness about these could indicate a deeper malaise, a nagging distrust in the ability of agriculture to provide good food or to maintain a sound environment.

One reaction is to impose regulations and stricter labeling of food. Another response is to reinvent our agriculture system so that it is both ecologically sound and financially viable for farmers. By doing so, we should be able to reward them for their dedication to sound land management without forcing them to attain the production levels which require either large operations or the use of questionable technologies.

## Undoubtedly, saving family farms in the future will require political resolve and organizing, ingenuity and alternatives.

Undoubtedly, saving family farms in the future will require political resolve and organizing, ingenuity and alternatives. What ideas and answers can we glean from other parts of the world?

An article in the December issue of the Gazette encouraged readers to buy Christmas gifts made locally, to keep money circulating in the township. Is it possible to cultivate such an attitude the whole year, with all locally grown food? Beyond visits to the farmers' market, could you also imagine purchasing a roast beef at the grocery store, knowing that the meat came from cattle that grazed near the Morton Line? Our vertically integrated economy dictates that it is more reasonable to truck the animals to Toronto, and have anonymous carcasses shipped back here. Yet, why is it that in Europe, consumers can purchase meat from their township, and know that it undergoes a level of health inspection as high as we enjoy in Ontario?

Building on the example of home style preserves, CMNM could encourage the

creation of a "kitchen incubator," a facility with food processing equipment, where local farms or businesses could develop and test new products. According to Kevin Edwards, of the Community Opportunity & Innovation Network (COIN), located in Peterborough, government funding might be available to start such an incubator. Successes from this venture might be commercialized and sold across the region, thereby helping to diversify the local farm economy.

Developing new products need not stop with food. In the American Midwest, disposable and biodegradable cutlery is now manufactured from corn. Could local entrepreneurs develop similar products, e.g. wedding cake decorations or wrapping materials, in partnership with growers?

Preserving local farms did not register a blip on the radar screens of the media in the past year. Another event did — the November 1999 mass rally at the World Trade Organization (WTO) meeting in Seattle held by union leaders, farmers and environmentalists. Some

people believe that it was the first sign of a successful resistance to a world trade system which undercuts farmers' ability to negotiate a profit above costs of production. Citizens' groups are now forming around the world to enlarge this form of civil disobedience. Such activities are not everyone's cup of tea, but they do imply hope for political change, where needed.

In the meantime, readers of the Gazette are encouraged to take local steps to keep family farms plugged into the township's economy throughout the twenty first century. ♣

## Manure and soil nutrient management discussed

Area farmers, municipal council members and representatives of the Ontario Ministry of Agriculture gathered to share information and concerns regarding nutrient management planning in the municipality on January 24.

A presentation on this essential component of modern farming was given by OMAFRA representatives Robert Stone, a soil management engineer, and Ray Valaitis, a rural planner.

There are several sources of nutrients for farm land, including fertilizers, biosolids such as sludge, solid and liquid manure. Carefully planned storage and use of nutrients ensures protection of soil, wells and surface waters; these should be added to provide just the nourishment certain crops need in order to thrive, no more.

The presentation to Council was timely, as OMAFRA is currently facilitating public consultations to collect concerns and questions about intensive agricultural operations. There have been significant concerns about expansion

of hog operations east of CMNM, and elsewhere in the province.

Several pieces of legislation and other policy tools enable farmers to practice modern agriculture, and concurrently protect the environment. Municipalities are empowered to create their own bylaws, dictating standards for manure usage and disposal. Such standards can include the mandatory development and submission of nutrient management plans by farmers.

Currently, such plans may be required under provincial legislation as soon as a farm's number of livestock units exceeds 150. (One unit is equal to an adult cow or four sows.) With this many animals, a building permit is required for a barn — and a plan for managing the resulting manure is needed to get this permit. Mr. Stone acknowledged this was an imperfect requirement for a manure management plan, as some of the problems with manure may stem from operations where there is no building, or just an outside storage facility.

At the same time, con-

sideration has been given to the expense of getting a formal plan written up, and verified. For now, third party verification is paid for by the provincial government. Dave Brackenridge, a hog producer, felt the government should not go any further with regulation, given currently low farming incomes. Anything too restrictive would prevent farmers from expanding operations, and from earning a decent income.

Councillor Brian Fallis felt the Municipality would probably not need a special by-law for nutrient management planning, as the township does not contain many farms large enough to need sophisticated handling of manure. He believes the large farms in the municipality already comply with provincial standards.

In response to an allegation that OMAFRA favours chemical nutrients in its publications, Mr. Stone encouraged organic farmers' associations to be part of a review process of Best Management Practices magazines, and to "keep pushing forward" to see their practices reflected in OMAFRA publications. ♣



**GOD TALK**

Recently I visited a friend in Ireland, a Catholic friend. I am a Protestant, and looked forward to worshipping with her in her church. However, when it came time for communion during the mass, I was told firmly that I could not participate. What happened to the spirit of ecumenism? Why can't I receive communion in the Catholic Church, when I am a baptized Christian? And what about if I had a friend who was not Christian, but of some other faith — could they take communion as well?

As with most God Talk questions, there is no black and white answer to what you have asked. However, the Bible and the traditions and customs of the Christian Church can give us some insights and guidelines as to how we make decisions that will govern our thinking and actions.

When we look at Jesus' life and teaching, we see that he was completely open to all people, and tended to associate especially with those who were on the edges of society of that time. He did things that no self-respecting Jew of his day would do — he talked to Samaritans, he taught and healed Gentiles (non-Jews), he touched people who were considered unclean, he even healed the servant of a Roman centurion. All these people approached Jesus for his help — whether it was teaching or healing — and must have felt that the obstacles their society considered to be barriers — pride, money, language, social status, power, race — were not important in Jesus' eyes. They must have felt that Jesus had a message and a sense of compassion that transcended anything that they had experienced before. They felt drawn to him — and when they came, they experienced God's love in a new and wonderful way.

Jesus' closest disciples were a very motley crew from all segments of society, including uneducated fishermen, sinners, and a tax-collector (hated particularly in those days, because they worked for foreign authorities). They were just ordinary men who often had problems understanding what Jesus was trying to teach them, but they were changed by their contact with Jesus, and after Jesus'

# Bridging the man-made gap

death, became powerful witnesses to his resurrection. Their lives were transformed by God's power.

In first-century Jewish culture, women were usually treated as second-class citizens, and had few of the rights men had. But Jesus crossed those barriers, and especially in the Gospel of Luke, we get stories that show the special care Jesus had for women. Several women are named as being followers who provided for the disciples from their own resources. Jesus treated all people with equal respect.

In the centuries that followed, the Christian Church — those people who continued to believe in the life, death and resurrection of Jesus was a unique gift God had given to our world — grew and spread, and became an institution as well as a community of faith. Different people in different places, and at different times tried to express

what the Christian faith was all about. Creeds were written, doctrines developed, and different customs and ways of expressing faith evolved. That is why we have today the many different expressions of the Christian faith. We often call them denominations. Because people are different, we have different ways of worshipping, different ways of approaching and expressing the core beliefs of our common faith. But when we are baptized, we are not baptized Anglican or Roman Catholic or Presbyterian, we are baptized into the Christian faith. We then live out our Christian faith in a particular tradition or denomination.

We can think of the Christian Church as a wagon wheel. WE are held together by the rim — by our common belief that God is present and eternal and all-powerful. God is also at the centre, and the spokes

are all the different Christian denominations. We all have our focus on God in the centre — and in our common faith and in personal faith journeys we are somewhere on one of those spokes — sometimes closer to God, sometimes farther away.

What is essential in Christian faith is not conformity or uniformity of all our various traditions, but a genuine authentic openness following the pattern of Jesus. In the end, we have to make a decision for ourselves, an informed decision that follows our conscience, as to how we approach the traditions of our various denominations.

In the past, we have tended to isolate ourselves from one another, to say that we have all the answers and no one else does. That is why we have put up barriers between our denominations. But there is a growing awareness and acceptance that no one particular person or denomination has all the truth, but just a portion of it.

Today the different Christian denominations are working together much more closely than they have done in the past. We participate in each other's worship — if only partially — but

just by being there, we are saying that we have a common faith. That can only be a good thing, a God-given gift, and we pray that our openness to learning and exploring and participating in each other's traditions will continue to grow. ♣

*This month's God Talk question was answered by Father Paul Hogan of St. Thomas More Roman Catholic Parish, and Canon Susan Sheen of the Combined Anglican Parishes of Cavan and Manvers.*

## WI honours Helen Corfe

Submitted by the Women's Institute

Long-time member of the Women's Institute, Helen Corfe, was recently honoured for her long-time membership in the Millbrook and Bailieboro W.I. groups.

At a special gathering held Jan. 25 at Millbrook Manor, Helen was presented with a book of the History of the Women's Institute. Branches were asked to send in names of women who have been

faithful, hardworking members, and Helen fit the bill. This tireless lady has always helped in any W.I. endeavour, has given much time to events and activities in her church, assisted with fundraising ventures, and sang in the church choir. Helen also gave of her time enthusiastically to Community Care.

Mrs. Corfe is much appreciated by her large family, and continues to live in Millbrook at the Manor. ♣

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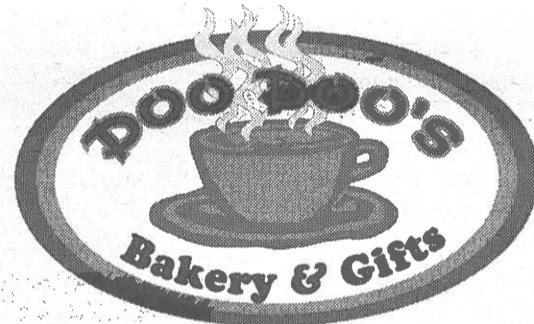
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ARTS & CULTURE

# Traditional luncheon will celebrate Heritage Awareness Week

Hutchison House Museum will be holding a luncheon with historical flavor - Sunday, February 20th, 2000 in Celebration of Heritage Awareness Week that runs February 19-27, 2000. Hutchison House has an exciting menu planned, including Fidget Pie, garden salad, oatmeal and molasses bread, to be finished with a light dessert of Syllabub.

"Fidget Pie has nothing to do with impatience - the dish's popularity comes from the early 1800s, when immense and complicated meat pies were the main fare," states Gale Fewings of

*"Fidget Pie has nothing to do with impatience — the dish's popularity comes from the early 1800s, when immense and complicated meat pies were the main fare."*

Hutchison House. It is historical fact that when Charles Dickens was presented with Fidget Pie as a gift, he wrote to the giver

that it "was no sooner brought to my room... than I fainted away... it prevents my writing at any length, as my faculties are absorbed in crust."

Come and enjoy a luncheon of traditional comfort food in the Hutchison House keeping room by the open hearth. Tickets are available in advance for \$10.00 at Hutchison House. There will be two limited seatings, one at 11:30 a.m. until 12:30 p.m. and the other at 1:00 p.m. until 2:00 p.m. Please call Hutchison House at (705) 743-9710 for any further information. ♣



Give-A-Hoot Café presents Freshwater Trade will be appearing at the Old Millbrook School Saturday, February 26, at 8pm (See Community Calendar for details)

# Terrific entertainment for a cold winter night

By Melanie Anderson  
Entertainment to banish the winter blues was on offer at Millbrook/South Cavan Public School on Feb. 5, in the form of February Follies, a variety show to benefit Community Care.

*It was easy to forget the howling winds outside, and to lose yourself in the warm musical stylings of a variety of performers.*

It was easy to forget the howling winds outside, and to lose yourself in the warm musical stylings of a variety of performers, including Laura Laverly, Nancy Richards, Nancy Fallis, Stu McCue, Brian Holder, Freda Burke, Quarterline, and the Millbrook Community Choir. The escape was

complete with theatrical vignettes from the 4th Line Theatre.

February Follies was such a success that organizers are considering developing the variety show as an annual fundraising event. The support of area businesses was a significant part of the event's success, and Community Care would like to thank Calhoun's IGA, Printer Paul, Donna's Pizza, Millbrook Arena, Jan's Frame Studio, Aesthetic Services, Bud's Music Centre, Carousel Restaurant, Imperial Styles Formal Wear, Spruce Winds Recording Studio, and Millbrook and District Lions' Club for their donations and contributions. Jim Chaplin was Master of Ceremonies, and did an enormous amount of behind the scenes work to bring the show together in a very short time line; other folk who gave generously of their time and expertise include Jon

Hopper, John Helmond, Kristian Dalby, Syd Chambers, Jim Flood, Mary Ann "Dolly" Stillaway, Mrs. Hay's Grade 6 class, Richard Chaplin, Jim Bruton, Sarah Farrow, Peter Burke and Ro MacEachern. All told, \$1,280 was raised for Community Care.

Community Care provides support services for seniors and adults with physical challenges through volunteer, non-profit means. Aside from their own fund raising efforts they are supported by the Ministry of Health, the City and County of Peterborough, and by the Peterborough and District United Way. Programs and services in Cavan Millbrook and North Monaghan are provided through their Millbrook Office at 12 King St. Millbrook (behind the Bulk Food Store). For more information you can visit the office or contact Shelagh at 932-2011. ♣

# New exhibition explores death

The Millbrook Gallery explores death with the opening of "The Dead of Winter," a full-group project, opening February 18. This is the Millbrook Gallery's first exhibition of the new schedule for the year 2000.

*Introduce the subject of death to the artists at The Millbrook Gallery and the result is an exhibition that stirs the imagination.*

In their press release the Millbrook Gallery writes: "What do we know of death? At some time in some way it touches everyone's life. As it appears, in the dead of winter, many things in view in the landscape surrounding us seem to be dead, have no sign of life in them; but exper-

ience here reveals to us that what appears to be dead is simply at rest. Is death itself like this mystery?"

Introduce the subject to the eighteen artists of The Millbrook Gallery for reflection and contemplation, and the result is an exhibition that has prompted questions, posed theory and stirred the imagination. The Millbrook Gallery invites you to come, "in the dead of winter" and experience the fine art inspired by this provocative subject."

During the winter the gallery is open Saturdays, 10 am to 5 pm and Sundays 12 to 5pm. Visit their website at: [www.millbrookgallery.com](http://www.millbrookgallery.com) for more information.

In related news, Millbrook Gallery member George Raab will be having a Solo Exhibition at the Contour Gallery in Toronto, Saturday March 4th to April 7, 2000. ♣

## Millbrook Gallery Schedule for 2000

- The Dead of Winter February 18 to April 2
- Fifth Anniversary Show April 7 to May 21
- Michael Poulton - Feature Artist May 26 to July 2
- Summer Group Show July 7 to September 3
- Guest Artist Danae Anderson Barb Walker & Jane Wilson - Feature Artists September 8 to October 8
- JoEllen Brydon - Feature Artist October 14 to November 12
- Christmas Show and Sale November 17 to December 31
- Also Children's Art Show and Sale

The Millbrook Gallery, 19 King Street East, Millbrook, Ontario

## The Dead of Winter Work Inspired by Death



The Millbrook Gallery announces the opening of our group exhibition, **The Dead of Winter** Friday, February 18th, at 7:30 p.m.

Show continues until Sunday April 2nd.

### The MILLBROOK GALLERY

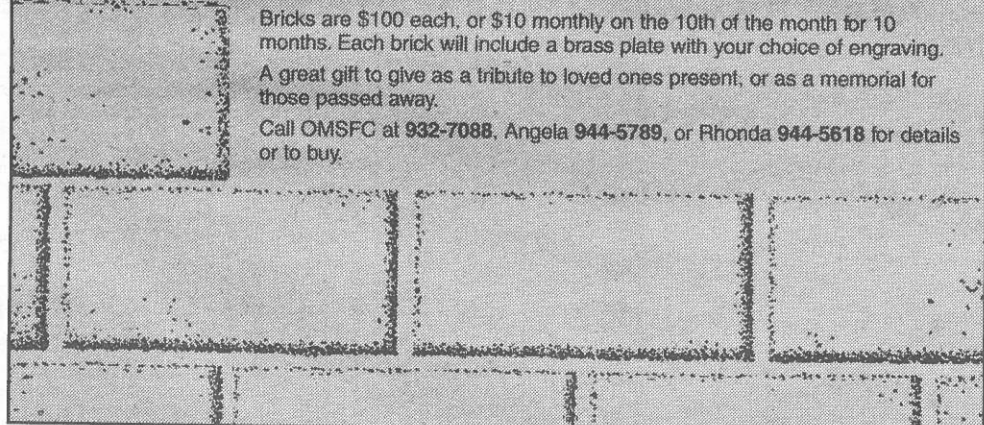
Gallery's Winter Hours: Saturday 10-5, Sunday 12-5

19 King Street East, Millbrook, Ontario • (705) 932-5482 • [www.millbrookgallery.com](http://www.millbrookgallery.com)

# BUY A BRICK TO BUILD SOMETHING LASTING FOR OUR COMMUNITY'S FAMILIES!

Purchase a brick to support the Old Millbrook School Family Centre, and be remembered by being included in a wall of donors at the Centre.

Bricks are \$100 each, or \$10 monthly on the 10th of the month for 10 months. Each brick will include a brass plate with your choice of engraving. A great gift to give as a tribute to loved ones present, or as a memorial for those passed away. Call OMSFC at 932-7088, Angela 944-5789, or Rhonda 944-5618 for details or to buy.



# Community Calendar Tear out this page and post!

KEEP THIS CALENDAR ON YOUR FRIDGE OR WALL FOR QUICK REFERENCE TO UPCOMING EVENTS. IF YOU KNOW OF A COMMUNITY EVENT THAT SHOULD BE INCLUDED ON THE NEXT CALENDAR, PLEASE FAX THE INFORMATION TO (705) 932-4041, OR CALL (705) 932-2175, OR MAIL IT TO THE GAZETTE, 69 KING STREET EAST, MILLBROOK, ONTARIO, L0A 1G0.

## Millbrook Valley Trails Open House

At the Millbrook Arena Friday, 1 to 8 pm, and Saturday, 10 am to 4 pm. As part of the ongoing consultation process with the public, the open house will provide information about proposed plans for the trails, and the uses of the network once it is finished. Information will be available for those interested in getting involved in the trails project as volunteers,

and a walk is scheduled along the proposed route as part of the open house on the 19th. For more information, call project coordinator Ben De Waal at 932-2929.

## The Dead of Winter

At the Millbrook Gallery Feb. 18 - Apr. 2. A full group exhibition contemplating the subject of the common human experience of death. Call 932-5482 for info.

## Drawings on Life

At Kent Farndale Gallery, Port Perry Public Library Cavan Ward artist Grace Glass with Linda Zernask, exhibition of drawings and sculptures. For more info, call (905) 985-7686, or www.scugog-net.com/art-gallery/.

## Luncheon and Euchre

At the United Church, Bailieboro Feb. 28, 12:30 pm. A finger food lunch, followed by an afternoon of euchre, hosted by Bailieboro Women's Institute. A free will offering will be accepted for W.I. projects. Call Evamary at 932-5348 for info.

## Songs from the Heart

At St. Andrew's United Church, Ptbo. Sat. Mar. 4, 8 pm. Donna Bennett (soprano) and Brian Finley (piano) present a musical repertoire of opera, art song, and Broadway classics, as well as works for solo piano and original music. Call 745-2722 for info or tickets.

## Spend an Afternoon with Ed: All About China

At the Morning Glory Tea Room, Cavan Wed. Feb. 23, 2 pm. Have you always wanted to learn more about all the china in your cabinet? Ed Comber, owner, displays pieces of china and discusses their origin, markings, value, etc. Tea and scones will be served, \$10 admission.

## Genealogy Meeting

At the Ancestral Research Centre, 247 Hunter St W, Ptbo. Thurs. Mar. 9, 7:30 p.m. Visitors always welcome.

Contact KARA 743-7668, fax 743-7666 for info.

## Bowl for Kids' Sake

At Millbrook Bowling Lanes Sun. Feb. 20, 1 - 2 pm. Benefit for Big Brothers and Sisters, register bowling teams, pick up pledge sheets by Fri. Feb. 21, 5 pm. 60's theme, dress in thematic costume! (705) 743-6100 to register/details.

## Darts for Hearts Dance

Sat. Feb. 26, 9 pm - 1 am. Music by Vince Steenburg, tickets \$7.50, light lunch, spot dances. Darts for Hearts Tournament At the Royal Canadian Legion, Br. 402 Millbrook Sun. Feb. 27, 9:30 start, play at 11 pm. \$20 minimum in pledges required, register/pledge sheets at Legion office. Light lunch, refreshments, proceeds to Heart and Stroke Foundation.

## Memorial Musical Evening - In Memory of Harry Williams

At Peterborough Arms Sun. Feb. 20, 5:30 - 9 pm. Featuring Ken Ramsden and friends. For dinner reservations, call 932-3440.

## Romeo and Juliet

At Capitol Theatre, Port Hope Wed. Feb. 23, 1 & 8 pm. A twist on the Bard's most famous tale of love. Tickets \$22.50.

## Give-A-Hoot Café presents Freshwater Trade

At the Old Millbrook School Sat., Feb. 26, 8 pm. Freshwater Trade presents lore, music of the Great Lakes, canals, waterways of Canada. Tickets \$10/ door, \$5 if you sing in the Hoot. Special family rates.

## Memorial Open House: In Memory of Harry Williams

At St Thomas's Anglican Church Hall, Millbrook Mar. 5, 1 - 5 pm. All welcome, refreshments served; donations encouraged to St. Thomas' Anglican Church, Peterborough Humane Society, and the Millbrook Library.

## HELP WANTED

Cleaning person wanted on weekend only, in Millbrook. Approximately 1 1/2 to 2 hrs. weekly. Please write to Box 301, Millbrook, Ont. L0A 1G0

## ON-GOING EVENTS

**Regular Council Meeting** First Monday of each month at 7:30p.m.

**Millbrook Playschool** Every Tues. & Thurs. (except 3rd Tues.). Millbrook Christian Assembly, call Wilma at 932-5547.

**New to You** Used clothing on sale at the Millbrook Community Care office, Mon-Fri 11 am-noon, Sat 10 am-noon.

**Bailieboro Library Boutique** 199 County Rd. 28. Tues noon-4:00 pm, Thurs. noon-4:00 pm, Sat 10:00 am-3:00 pm. Proceeds to the Bailieboro Library.

**Municipal Planning Mtg.** Second Mon. of the month, at 7pm.

**Creative Card Making** Every Mon. at the Community Care Office from 9:30-11:30am.

**Bridge** Every Mon. at the Millbrook Legion at 1 pm

**Millbrook and District Food Share** at the Old Millbrook School, 2nd, 3rd, & 4th Tues., 3 pm-6 pm

**Euchre** Every Wednesday at the Legion at 1:30 pm

**Millbrook Green Exchange** Every second Sat. at the Municipal yard in Millbrook. Take or give what you like for a loonie.

**Committee of Whole Council Meeting** Third Monday monthly. 7:30pm.

**MADCAP** Millbrook — Mon.-Fri. 1-5 pm

**Millbrook Cavan-Historical Society** Every third Wed. at St. Thomas' Anglican Church Hall

**Millbrook Community Choir** Every Tues., 7:30-9:30 pm at St. Andrews United Church, Millbrook. For info call 745-2623

**Joyful Noise Junior Choir** Tues., 6:30 pm, at St. Andrew's United Church, Millbrook

**Kids in the Hall Youth Group** Fri., 7-10 pm, at the Cavan Hall. Ages 15 and under, \$1 per participant plus a donation to Foodshare. Call 944-5414 or 277-1269

**Fraserville LOL Dance** Second Sat. monthly, 9 pm. Featuring Harold Davidson Country.

**Garden Club** at St. Thomas' Anglican Church, Millbrook. First Wed. of each month, except Jan.-Feb. Call 932-2028.

**Euchre in Springville** at Springville United Church. Every 2nd wk, 8 pm, \$1. Call Jim Payne at 745-6088.

**Bingo** at the Millbrook Legion, every Thurs., 7:30 pm. Call 932-2837.

**Cavan-Millbrook Nursery School** at Cavan Community Hall for children 2-5. Call Carrie Wilkinson 932-2472.

**Public Skating** at the Millbrook Arena, starts Oct. 1, Mon. 3:30-4:20pm, Thurs. 3:30-4:20pm, Sun. 1-2:20 pm. Sunday \$2, admission free Mon.-Thurs. Call 932-2911 for details.

**Parent-Preschool Skating** at the Millbrook Arena. Starts Oct. 1, Wed. 1-3 pm, Fri. 10 am-noon. Free admission. Call 932-2911 for details.

**Senior Skating** at the Millbrook Arena. Mon. 1-3 pm; Tues./Thurs. 10 am-noon. \$2 each.

**Saturday Night Skating** At Millbrook Arena, 8-9:30 pm, \$3 admission

**Friday Night Youth Skating** 9:30 - 11 pm, \$5 admission. Music by DJ Vince Steenburg, pizza available.

**Senior Puck and Stick** at the Millbrook Arena Mon./Wed. 10 am-noon. Call 932-2911 for info.

**Ladies' Friday Afternoon Hockey** at the Millbrook Arena. Fri. 1-2 pm. Call Laurie Blimke for info, 932-3041.

**Shuffleboard** at the Community Centre Thurs., 1:30 pm. For info, call Elsie Rennie, 932-3733.

**Diabetes Support Group** 2nd Wed., Canadian Diabetes Association, 249 Rink St. Peterborough 10 am-noon or 7-9 pm. Call 742-2733 for info.

**Grief Recovery Group** at Hospice Peterborough, 250 Sherbrooke St., #6 Mon. 1:30-3:30pm, Thurs. 4-6pm. Call 742-4042.

**The Millbrook and District Chamber of Commerce** at St. Thomas Anglican Church, Millbrook. 2nd Wed. monthly, 7:30 pm. For info, call 932-7007.

**Toastmasters** at Mapleridge Plaza Seniors' Rec. Centre 2nd, 4th Tues. monthly, 7am. Call Tom 944-4012.

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Jones' Store — Cavan

Jones' Store — Fraserville

Mt. Pleasant Convenience — Mt. Pleasant

Pinto's Market — North Monaghan

C.M.N.M Municipal Office — Millbrook

\$10.00: spayed/neutered \$15.00: untreated

### Rabies Clinics

Rabies clinics will be held at the Municipal Garage, 1470 County Road 10 (across from Maple Leaf Park)

Saturday, March 4th: 9:00am-12:00 noon

Wednesday, April 5th: 6:00pm-9:00pm

— All animals must be restrained —

Cost: \$10.00 per animal

(2000 tags will be available for sale at both clinics)

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<b>96 CHEV LUMINA</b> 6 cyl, 4dr, auto, del wipers, pw, pdl, air, tilt, am/fm cass, black/grey int, 77,000 kms. <b>\$12,995</b>	<b>95 FORD F150 XLT</b> 8 cyl, auto, pw, pdl, p.mirrors, air, tilt, cruise, am-fm cass, alloy wheels, running boards, black-maroon/maroon int <b>\$13,995</b>
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## DO YOU HAVE A COMING EVENT TO ANNOUNCE FOR YOUR NON-PROFIT GROUP OR CHURCH?

Call, write, fax or email us BY THE FIRST OF EACH MONTH with all the information, and we'll include it in the Community Calendar. The listing is free, and reaches our entire municipality.

Write: 69 King St. E., Millbrook, L0A 1G0

Fax: (705) 932-4041

Email: gazette@nexicom.net

Deadlines for other copy and ads are always noted on page 4!

You're engaged, and the world seems rosy... that is, until you realize just how much needs to be planned!

Here's a few tips for keeping your sanity, and creating the wedding you both want.

1. Decide what you both want. This means sitting down together, alone, to brainstorm with a notebook. Finalize the theme and size of your wedding and reception; the type of venue; the way you want your guests to be entertained and feted.

Allow at least six months to get the planning done — to save sanity!! Once you have the bigger picture worked out, make a list of all the details you need to attend to, and don't be afraid to delegate jobs to others.

# The Worry-Free Wedding Guide



Contact the businesses and services needed (such as those on this page) to get everything organized.

2. Create a budget — The two of you need to sit down and assess how much

money you want to spend on the wedding. In order to do the budget, you may want to get some quotes and prices from reception halls, caterers, wedding dress boutiques, etc. so you have a realistic idea of how much everything will really be.

3. Choose a site where your guests will be happily entertained and inspired. Be really conscious of what this event will mean to others attending it! Think about the food, music, and entertainment guests will enjoy.

4. Create "job descriptions" for those participating in your wedding. This way, everyone will know what's expected of them!

5. Don't expect bridesmaids (or groomsmen) to wear clothes they are not comfortable in, or will never (REALLY!) wear again —

why not select a colour scheme, and give wedding party members swatches to match up to the dresses/formal wear of their choice?

6. Incorporate personal touches — you don't have to do everything the way others have for hundreds of years. For example, pick quirky favours for guests that reflect their interests. Do feel free to change the status quo — brides can make their own speeches and toasts, for instance. Hate the garter belt bit? Ditch it!! Give your bouquet to your grandmother, or a woman who has been a big part of your life. Brides — is your best friend a man? Then take him with you down the aisle as your "man of honour" (and visa versa for grooms and female friends...).

7. Dress only in what you are comfortable wearing. Don't wear high heels if you never wear them otherwise. Many of us can recall weddings where a natural, outdoorsy bride, tottered uncomfortably in high heels she never normally wore, decked out in a dress that resembled a lampshade. Remember, it's your wedding, and your clothes should reflect who you are as a person, albeit in your most formal mode! If you prefer wearing sneakers, for example, why not get a pair to match your wedding dress/formal wear?

8. Take time out during the months of planning for yourselves, and for the two of you — why not book massage, facials, weekend get-aways at regular intervals? Why not take a retreat for a day at a retreat centre, to pause and reflect on the changes that are happening every day as you plan for this exciting life step? The breaks will help to avoid wedding nightmares — for example, ones about bridesmaids carrying plastic flowers and wearing brown, polyester knit dresses!

9. Be firm with people who want to plan your event for you. Decide between the two of you how much you will concede to parents,

relatives and friends should conflicts arise.

10. Remember, something will go wrong, eventually — RELAX! A wedding is much like a symphony. If some section of the orchestra hits a note too late, or is slightly off-tune, no one really notices. Your wedding is a joyful, human event full

of rough edges. Keep a sense of humour, and roll with whatever happens.

Ultimately, the event is all about your declaration of love and commitment, and sharing this with your family and friends.

Congratulations! Best of luck navigating your journey toward marital bliss! ♣

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The Township of Cavan-Millbrook-North Monaghan would like to congratulate the brides and grooms of the new Millennium. Best Wishes and Good Luck!

**For information about facility rentals:**

Please call the Parks, Recreation & Facilities Department at 932-2911.

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