



# THE GREEN HILLS Gazette

Thursday,  
December 17, 1998  
Volume 1, Issue 11

Free!  
Published monthly

CELEBRATING LIFE IN CAVAN, MILLBROOK AND NORTH MONAGHAN

## Township name change postponed

By Michele Curran

Despite inclement weather and icy road conditions, about 40 people attended the Cavan-Millbrook-North Monaghan council meeting on November 16th, to discuss a very hot topic: a name change for Cavan-Millbrook-North Monaghan Township.

Bill Clarke's presentation to Council focused on the choices of Trillium and Trinity for the name of the township. As a member of the Millbrook and District Chamber of Commerce, the Millbrook Business Improvement Association and the Lions' Club, he felt Council should have sent a letter to these various orga-

nizations, asking for input regarding the proposed name change.

Reeve Cathcart was quick to point out the Municipality did advertise on numerous occasions, asking the public for input. There was limited response to these requests for ideas. He added that he was not in favour of the suggested names.

Clarke proposed that the name reflect the historical or geographical background of the area. He read from a list of suggestions, ranging from the geographical, to the historical, to the humorous.

Councillor Gerry Downer explained to the delegations that the reason

for the hasty name change decision is to allow Council to take advantage of a provincial offer to cover all name change costs. If Council waits until the new year, any costs incurred by the name change (ie. administrative fees, banking information changes, etc.) will be the responsibility of the municipality.

Fern Armstrong from the BIA, and Jackie Tinson of LACAC, also voiced concerns regarding the name change. Tinson took an informal poll outside a local grocery store, resulting in 55 votes for Cavan and 6 for Cavan-Monaghan. She was in favour of the name Cavan, as it "preserve(d) the historical continuity of the area."

During an informal vote, involving the 40 people present at the Council meeting, Cavan-Monaghan was the favourite.

Councillor Brian Fallis then suggested a plebiscite be held so the public could have the opportunity to express their ideas, before any name change proceeds. ♣

## Mount Pleasant library to move

By Lori Cripps

By mid-March, the North Monaghan Library will be moving to a new location.

Library patrons will soon be able to access full library services at the former North Monaghan Municipal Office site. The Mount Pleasant library, currently located on County Road 10, will move to new location over the next two months.

The office building was left vacant when North Monaghan Township was amalgamated at the beginning of 1998.

With the support of Council, the library circu-

lated surveys to gather information from the public as to how they would feel about the possible move. The results were positive, with people indicating they would be more likely to use the library at the new location. Respondents said the new location would be more convenient, since it is on the route from Peterborough. ♣

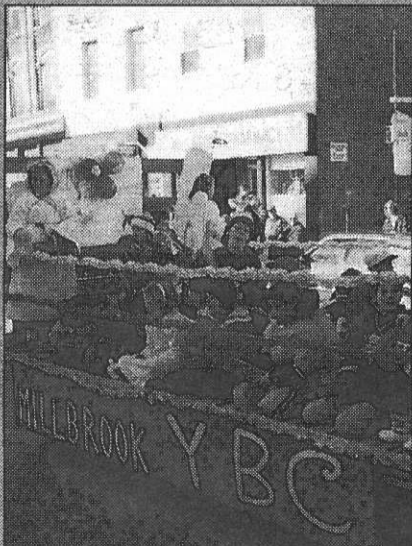
## Town Planner resigns

Heather Sadler (formerly Johnson), respected municipal planner, has tendered her resignation to Council as of December 23rd, 1998. She has accepted a full time position of area planner with the Victoria County. ♣



## Happy Holidays from The Gazette!

Here are some photos from the very well attended Santa Claus Parade held in Millbrook this past Saturday, December 12. Merry Christmas everyone!



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# Stony silence from council

By Michele Curran  
**C**all it a thorn in Council's side or their Achilles' heel.

However named, Council's attempts to take their charges against the Deputy-Reeve out of public debate have been frustrated by ratepayers.

Keeping discussion of this hot issue alive, Millbrook resident Ken Greenberg bombarded Council with a barrage of questions during the December 7th Council meeting.

His presentation focused on topics ranging from the handling of the casino issue at Kawartha Downs, to the legitimacy of two letters found in the compliance audit report of Brian Squirrell, to Trout Creek Estates - a past land development deal involving former Cavan Reeve, Vic Norman.

In regard to the issue of casinos, Greenberg asked, "Will this Council, in the near future, first, hold a referendum on casinos, and second, if residents vote in opposition to a casino, repeal their earlier decision permitting casinos?"

Addressing the issue of the Deputy Reeve's compli-

ance audit report, Greenberg asked, "If the originals (letters) are signed and the copies are not, then who made the changes and why? If the original letters are not hand signed, why is this so and why did the township and the auditor not question their legal validity?"

Speaking to the prosecution of Brian Squirrell, Greenberg asked, "Did this Council investigate how other municipalities have handled similar situations and what alternative avenues were available to them?"

At the end of his presentation, Greenberg referred to a controversial clause written by developer Julian Suurd and inserted into a development agreement with permission from Vic Norman's council.

"Given this atrocious and possibly illegal clause, which is open to accusations of favouritism, is the council going to revisit this agreement?"

Clause 42.1, Special Provision, reads as follows: "the Township of Cavan shall use its best efforts to obtain pro rata repayment of costs of constructing roads paid by Suurd from all future

purchasers of lots not now owned by Suurd. Such repayments shall be then transferred to Suurd."

All of his queries were met with stony silence and

a warning from Reeve Cathcart that Council would not be answering any questions pertaining to the lawsuit against the Deputy-Reeve. ♣

## Red Cross expanding into rural areas

**T**he Peterborough, Northumberland and Haliburton District Branch of the Canadian Red Cross is pleased to announce the expansion of one of their current programs to better serve our community.

The Home Healthcare Equipment Loan Service has been in operation to provide a short-term loan service to people requiring health equipment. The program will expand to include a delivery service, to provide better access for people in rural areas who are unable to travel to a current Red Cross office.

David Webster of the Red Cross states that "this is a great way to better serve those people who are isolated in their homes, particularly those living in

rural communities." Studies have shown that only people living close to the current loan sites (Peterborough, Port Hope and Millbrook) are using the service. The new Outreach Program will be made available throughout Peterborough, Northumberland and Haliburton counties.

The program is made possible by an Associate Partnership with the Royal Canadian Legion in Minden, and with contributions from the Minden Lions' Club and the Cobourg Knights of Columbus. The Red Cross is a United Way member agency. People wishing further information about the program are asked to call their local Red Cross office. ♣



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**BUSINESS PROFILE**



Sisters Shelly Manley and Cheryl Gordon (l-r) work as an enthusiastic team at Bear Essentials.

# Bear Essentials: where customers are also friends

**By Melanie Anderson**  
Working in their home town, to provide the best of Canadian products, and celebrating the vibrant business community in Millbrook is a joy for Shelly Manley and Cheryl Gordon.

The sisters, owners and operators of Bear Essentials, grew up and have lived in Millbrook most of their lives. They still remember the old Steadman's store that occupied the space where Bear Essentials is now situated, and the screen doors are the same as they were then. The memory of that earlier store is the kind of business Shelly and Cheryl are working so hard to cre-

ate - a small, friendly, country store where the customers are also friends.

*Aside from being a friendly place to shop, one of the ideas which remains important to them in their business is to sell mostly unique Canadian made products.*

The sisters started Bear Essentials in February of 1996, but they changed locations after just five months, because the Sears catalogue outlet

had become available. About half of their customers are from the Millbrook area, and mostly from the older generations, buying for themselves or for their grandchildren. Because of the catalogue outlet part of their business, Shelly and Cheryl have gotten to know hundreds of customers by name and face. Vacationers even come by each year to say how pleased they are that Bear Essentials is still there.

Aside from being a friendly place to shop, one of the ideas which remains important to them in their business is to sell mostly unique Canadian made products. Because their suppliers are all over the country, and mostly in Toronto, they do a fair bit of driving. Learning how to drive in Toronto traffic was a daunting experience!

Both Cheryl and Shelly are in the Business Improvement Association, which this year has managed to get banners put on the lamp posts, provide five park benches for the downtown area, and organize the wildly successful Old Tyme Christmas event.

Being close to home is one of the major benefits of having their business in Millbrook. Shelly, for instance, has four children, and finds it really helpful to "be able to run home for ten minutes, or have the kids come here" if they need her. Keeping the business even closer to home, the sisters' husbands, Dave Gordon and Bill Manley, do all the necessary renovations and repairs of the store.

On the downside, Shelly says "since it is our own business, and we're responsible for opening and closing the store and having it available for customers, we can't call in sick." The sisters rely on each other when one or the other is sick, or is going to be late.

Their advice to anyone out there thinking of starting up their own business or store is that you "definitely need a focus. Do exactly what you want to do, or else you'll get caught up in a whirlwind of suppliers." For instance, for the women's and children's clothing department of Bear Essentials, Shelly and Cheryl have to purchase the clothing seven months before they will need it. The sisters have planned their buying carefully, to reflect the clothing and accessory preferences of their clientele - casual-to-dressy clothing does well in our area.

Bear Essentials at 30 King Street East in Millbrook is open 9:30 to 5 on Saturday, and 9:30 to 6 Monday to Friday. And because of the Sears outlet, you can use your Sears card on anything in the store. ♣



## Smoldering Scorpio

*By Crystal Eves*

If you are born under the sign of Scorpio (October 24-November 22) you've no doubt had 'the reaction'. You know what I mean, the drawing-in of breath and the raising of eyebrows that occurs when you mention your sign.

People actually recoil when you say you are a Scorpio; women hide their children, and the Pisces folks will back silently out of the room in a subservient posture. You might as well tell people that you are a nymphomaniac, capable of murder, currently high on crack and feeling ticked off — they wouldn't be as frightened.

But to be fair, I can understand why it happens. This sign has a serious reputation. It is touted as one of the most powerful personality types; strong, unyielding, mysterious, perceptive and capable. If I had this reputation staring me in the face, I might take a step back myself, for even if the

*They tend to wear a lot of black, speak in vague terms and ask personal questions.*

rumours are unfounded — what if they are not?

That may very well be the secret to the Scorpio's power — people are unsure of them and the Scorpios, quietly delighted by this, play it up. They tend to wear a lot of black, speak in vague terms (leading others to believe that the Scorpio knows much more than they let on) and ask you very bold and direct personal questions. Frankly, it's intimidating - and even the milder Scorpios can pull it off.

Maybe it's the smirk on their face when they tell you their sign, or the way they stare directly into your eyes when they answer, but whatever it is, it's eerie and it leaves most people off guard.

It also begs the question, "So is it true, what they say about Scorpios?" To which, all Scorpios are trained from birth to answer simply by raising one eyebrow, shrugging and smirking once again. What the heck is that? Should you believe the rumours or not? And where did all the Pisces just go? ♣

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EDITORIAL

# Give of yourself this Christmas

While we bustle about, getting stressed out in a frenzy of shopping and cooking and organizing and agonizing over credit card bills to come, it's hard to remember why we are celebrating these upcoming holidays, or to have any kind of perspective on what Christmas is about.

Having just come back from Africa, Uganda and Zimbabwe to be exact, it's hard to get into this frenzy. I still have presents to buy, only a few, but it's difficult to go into a shopping mall, much less any of our wonderful local businesses. You see, finding a gift that will please Dad is less significant in light of what I have seen and heard from our brothers and sisters in Africa.

Life and death are lived large and desperately in most parts of Africa - and probably, by now, your eyes are glazing over reading this, as you have become tired of seeing appeals on television for famine relief in this place and that. Believe me, I find it hard to watch that stuff as well. But to see it personally is another story.

I have been fortunate enough to be able to travel with church groups to many "third world" countries, and have seen much squalor, poverty and suffering, and the hope amidst the darkness. I have been challenged in my comfortable North American lifestyle to live as the majority of people in our world do - without running water, sewage systems, food, and safety from crime and violence. And this time was no exception - I was shocked, horrified and unable to cope for the first few days. And then I adjusted to the fact that I would not be able to shower properly, that I would eat some rather interesting food, that I may come down with malaria, and that HIV and AIDS was all around me, present in the suffering and death of many in families from all walks of life.

In the midst of the death, the suffering, the struggle for basic needs, however, was the hope. The hope and belief in the basic goodness of humanity carries these good people through their terrible circumstances; as well as a faith in a God that is compassionate and calling people to act on behalf of their brothers and sisters. How could I complain if I felt grungy, when my generous host family was giving me everything they had, materially and spiritually?

Christians believe Jesus was the ultimate gift from God, a gift of love and saving grace in the midst of a sinful and unloving world. Whether you are Christian or not, there's something to think about in this season of holidays, and in the year to come. How can we be love and light in our world, on an everyday basis? The gift that keeps on giving is an open heart, mind and spirit, and a willingness to make a difference right here in this community. Nothing can replace our love, compassion and action on behalf of, and with those who are downtrodden, unemployed, depressed, or in the midst of a family or relationship crisis. The gift of



presence, of being there for our family, friends, and even strangers, is priceless.

This season, I will light a candle in the darkness, and work toward a world that cares enough to walk in the shoes of those who are less fortunate.

One way we can make a difference this Christmas is to make a commitment to collect food and sundries for Millbrook and District Food Share throughout 1999. Another way we can share with people even further away would be to give a donation on behalf of someone on our gift list, to assist local efforts in fundraising for victims of Hurricane Mitch. If you are interested in giving to this worthy cause, call Joanne Rowland 932-3214. Beautiful gift notes, to give to the person on whose behalf you have donated, have been generously designed by Catriona Sinclair of Pond House Graphics. ♣

## Thanks to everyone for all your help

I would like to thank everyone in the area, from many churches, church women's groups, and the Lions' Club for their financial support of my trip to Africa. I would not have been able to take part in this life-changing event otherwise - and I am eager to share all the details with you. Stay tuned for details in the next issue of The Green Hills Gazette. Or for an in-person presentation, call me and I'd be thrilled to speak to your group.

I also want to thank everyone who donated wonderful little gifts for me to give to my hosts in Uganda and Zimbabwe, and women at the World Council of Churches Decade Festival. Along with giving these to a variety of folk, including some very bright-eyed children, I told the story of the people who gave me the gifts, and

shared a little about this wonderful community.

Thanks also to my sister Kate, who so ably held down the fort while I was away! Merry Christmas to all, and to all a great 99!

— Deb

## Kudos for Old Tyme Xmas

Dear Editor,

Hearty congratulations are offered to Millbrook's BIA for hosting the Old Tyme Christmas celebration. What a wonderful social event! Downtown was aglow with smiling faces and decorations everywhere. The hay ride was particularly popular with both kids and adults, and the youngsters took great pleasure in sitting on Santa's knee.

There is no doubt that Millbrook is one of the nicest communities in Ontario in which to make a home. Many thanks to everyone involved, especially the downtown merchants, for this tremendous effort. The amount of work you put into this was clearly evident. I do almost all my Christmas shopping in Millbrook, and I hope other residents express their appreciation by doing the same.

Sincerely,

Ken Greenberg  
Millbrook, Ontario

## NEXT DEADLINE

Deadlines for the January issue of *The Gazette* will be as follows:

**Monday, January 11 — advertising deadline**

**Monday, January 4 — editorial copy deadline**

**Thursday, January 21 — January issue date**



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**Managing Editor:** Deborah Luchuk

**Editorial Assistants:** Katherine Luchuk, Lori Cripps, Melanie Anderson, Michele Curran

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# Surviving the holidays - stress-free!

By staff of The Green Hills Gazette

This joyous holiday season may bring stress and depression. Here are a few tips to help you relax and enjoy!

Not only should you pay heed to your physical well being over the holidays but your mental well being as well. Too often we are so caught up in our desire to have the perfect holiday we become emotionally stressed. There are ways to avoid this stress that effects us at this time of year though.

Here are several ideas to improve holiday state of mind and spirit... A great way to start feeling better is to make a list of what needs to be done, and what gifts and other items need to be bought. Take the jobs that need to be done, and delegate them amongst family members instead of taking them all on yourself.

Try to do all your gift shopping at once. Or do similar jobs concurrently: for example, decorating the tree, the house and putting up outdoor lights all on the same day.

It is also highly suggested that you take 20 minutes to an hour to do something relaxing and festive, such as sitting by the fire with a hot drink, or walking the neighbourhood with family and viewing Christmas lights. These types of activities will help you to relax and will put the focus back on the emotional side of the holidays, rather than the commercial side.

Other techniques suggested by local minister Ken Purdon include listening to music that conjures up memories of holidays past, or listening to carols such as Silent Night, which are very peaceful. Another suggestion is to save holiday cards you receive over the season until the following year, so you can review them and remember the past holiday, reminded of all those who are important to you.

Both of these suggestions will help to ease the mental and emotional stress you may be feeling, and keep the focus on what matters most this time of year - family.

Ever wonder why you seem to get the cold from hell every Christmas? It's easier to become a home for wayward germs when your resistance is lowered by a lack of sleep, inadequate diet, or stress.

Dr. Keith Thomson, D.C., N.D., of Thomson Family Chiropractic Centre recommends physical TLC to avoid getting sick and staying in good spirits.

"Keep well-rested - aim for 8 hours of sleep a night! For insomnia and anxiety, valerian is a natural remedy. Try 150 - 300 mg. before bedtime.

Eat sensibly... this may be tough to do during the holiday food fest, but try to keep up good eating habits in between the festivities. Avoid excessive sugar and junk foods - head for the veggies and dip, or something equally

healthy on the tray of goodies. Include lots of fruits and vegetables in your diet, and avoid migraine triggers such as nuts, red wine and cheese if you are prone to these.

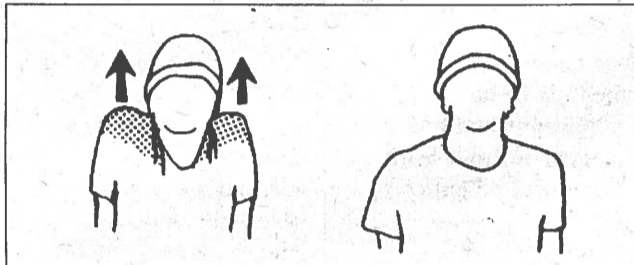
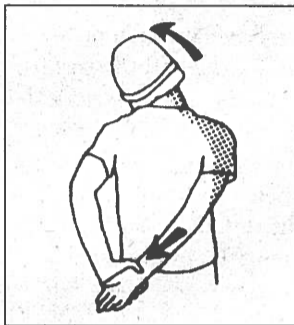
Take a daily half hour walk - the exercise and the sunlight will help alleviate symptoms of SAD (seasonal affective disorder). Meditate to lower blood pressure, relax muscles, and achieve peace of mind.

Don't forget your supplements! (Remember, Vitamin B deficiency can cause depression!) Keeping up at least a good multivitamin will help boost your immune system, and help keep any nasty flu or cold bugs at bay.

St. John's Wort is nature's tranquilizer. A cup of this as a herbal tea, taken three times a day, or capsules taken as directed

product of helping others."

Registered massage therapist Lisa Westheuser (VON Centre for Health, Peterborough) suggests a variety of physical means to relieve holiday stress, such as deep breathing: breathe into the abdomen, aware of your breathing, and take five minutes in a quiet spot to forget outside stressors. Listen to music, whatever music is enjoyable for you. Stretch to relieve muscular aches, hold for at least 15 seconds (see diagrams in this article).

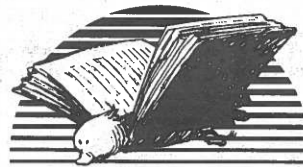


Above and above right - two simple stress releasing exercises.

may help mild or moderate depression (but start this now - it's not an overnight remedy!).

Help yourself by helping others - sometimes the best remedy for the holiday blues is to get out of your own funk and assist someone else in need. The joy and satisfaction you experience is a wonderful by-

Apply a warm compress to stressed or aching muscles for 10 - 20 minutes. Try an epsom salts bath: put 1/4 to 1/2 cup of epsom salts into tub, and soak for approximately 15 minutes; then rest and keep warm. If all else fails, Lisa says, add a therapeutic massage appointment to your Christmas wish list! ♣



RANDOM SAMPLING

## Carried away by divine musical inspiration

By Margaret Monis

Christmas means different things to different people. Many like the food and drink best, reveling in this one special season when they can go right over the top and indulge themselves with impunity - after all, a diet and exercise program tops their list of New Year's resolutions (yeah, right!). Some delight in the giving and receiving of gifts, while still others hold the coming together of family and friends as the most cherished and important aspect of the holidays.

I must admit that I like all of these facets of Christmas - the grub, the presents, the company... yes, yes, yes! But the one thing which makes this season so special and festive for me has got to be the music. Now, I'm not talking about Christmas songs here; "Frosty the Snowman" is an insipid piece of crap, "Let it snow, let it snow, let it snow" just annoys me, especially if I have to drive anywhere; and "Walking in a Winter Wonderland" makes me shiver, not because of any chilly allusions in the lyrics but rather out of sheer revulsion. No, the music I'm referring to is more traditional and reverent in nature. And while I like the instrumental pieces very much, especially brass or organ arrangements, what really lifts me up and brings me joy is the choral music.

When I lived in Toronto, it was a much anticipated and loved tradition for myself and anyone else in my family who

could make it to gather together at St. Paul's Cathedral, usually about the 2nd weekend in December, for an absolutely glorious carol sing. Inside that great church, filled to the rafters with people, we would receive our programs (with lyrics kindly included) and make a dash for the best pew in the house. Often we wouldn't be able to see the front of the church very clearly, but what really mattered was not the spectacle of the occasion, but rather the sound.

This particular concert includes the church organ, the always brilliant Salvation Army Band, two four-part adult choirs and, my personal favourite, a boys' choir to sing the descant, that celestial counterpoint which just soars above the theme. The first piece on the program is always "Once in Royal David's City", a little-known but nonetheless lovely carol. The audience stands at a signal from the choirmaster and the organ quietly, sweetly plays a short introduction to establish the key. Then, from either side at the back of the cathedral, the choirs enter singing. Sopranos with sopranos, altos with altos, they stream up the aisle like willowing animals boarding the ark. And as you stand in your place, static as the divine voices stream past you in turn, something in your chest starts to give. There is a loosening, an unraveling of some tension or reservation you didn't even know you held, and by the time the boys with their achingly pure tones pull up the rear of the procession, you find yourself crying. It is the beauty, the sheer, unadulterated beauty of the human voice singing out in gratitude and joy which forces your tears.

Christmas is the time when I best understand why they say there are choirs in heaven, for you cannot experience a single thing on earth which better makes you look up and out to your fellow man than to take in the sound of one human being singing from the heart. ♣



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Very Merry Christmas



SEEDS OF SOUL

By Christine Soligo

The way we approach our own areas of expectations changes how happy we can be. The following story has an underlying message that can be applied to any situation at any time of the year.

As a child, I knew what Christmas was "supposed" to be like - filled with laughter, abundance, and good cheer. The reality in our family fell painfully short of that ideal. As an adult, I determined to create that picture-perfect ideal for my family. I started every November by filling our freezer with my homemade cookies and tarts. I bought too many presents, made home-made gifts to accompany the store-bought, and decorated our home as if the photographer for a glossy home magazine were coming to dinner. However, for the picture I wanted, 4-6 weeks was not nearly enough time. I became a tyrant in my zeal to create the perfect setting. My holiday experience looked good, but in reality it was filled with stress and anxiety for my whole family... even the dog!

## May your heart be open to joy

ety for my whole family... even the dog!

Then in my mid 40's, I decided to go back to university to finish my degree. I had been away from the academic world for decades; writing essays again proved to be a major challenge. My children, by contrast, turned them out the night before they were due, and seemed pleased with their efforts and their teachers' responses. All my work for the semester had to be completed by December 17 and I worked to the last minute, submitting my best

December 17th. Eight days until Christmas, seven to prepare. I had done nothing but school-work. Panic and tears. A loved one advised, "The best gift you can give your children this year is to relax and enjoy the season." These words, heard for the first time, created an opening in me for doing things differently.

I simply, consciously decided NOT to bother going off the deep end. I promised myself to go slow, to notice my surroundings, to relax, and to smile. For

the first time, I didn't race from store to store, yet I got all my shopping done. The children and I spent one fun evening decorating - and the house looked great. Instead of making several varieties of cookies, I made a few different kinds, and lots of them. And when the children asked me to play a game with them (something I never had time for in previous years), I put down my mixing bowl and had fun!

Revelation: in one week, I met all the basic requirements for my ideal Christmas and I became the embodiment of good cheer. My children noticed the difference and commented on what a great holiday we were having, and how much they enjoyed having me around to share it. This experience taught me how much time is eaten up by stress and pressure, and how a change in attitude brings the unexpected gift of enough time.

When our focus shifts from expectations of material abundance to appreciation of what we have in the moment, and from doing to being, time stretches and good will and generosity flow easily. We can be more conscious and responsive to the struggles of others when we don't feel pressured. My gift to each of you is the wish that this season be filled with timeless moments that come when your heart is open. Open hearts hold the hope that our children have enough food to eat, our families have safe shelter, and our world is at peace. Creating this peace and joy in our own hearts, expanding to include our family homes, is how we share it with the whole world. ♣

## Lots of great ways to shine this season!

By Lori Cripps

The holiday season is approaching rapidly and with it, an endless list of invitations to office parties, family get togethers and of course the Christmas Eve and New Years Eve bashes.

Although these events are usually great fun, they can also bring up many a fashion dilemma! I recently found myself in this perplexing position: lots of social events, but absolutely nothing to wear, or at least no idea what to wear! So I did the only reasonable thing... went shopping! After several hours, a couple of malls and a new blazer, I found out what is "in" this season for all sorts of events, from the most laid-back family gatherings to black-tie soirees.

For informal events, clothing with holiday motifs, or items in bright red or green are always popular. However, if you're like me, and not quite comfortable with Santa Claus being plastered across your front, you may want to stick to old stand-bys like woolly sweaters or flannel tops.

If you are looking for something a little more conservative but still trendy, try gray or navy slacks instead of black - both colours are popular this year, and depending on the cut of the pant, can go from casual to semi-formal easily.

For the slightly more formal office party, the tailored look is definitely in. For women, the hottest colours this season are again navy and blue. If you want to be a little more daring, you may want to try to hot-at-the-moment colours; cherry red and grape. These two colours are being seen in both semi-formal and formal clothing, and are colours that suit most women's skin tones.

In the shoe department, this season you'll find dress shoes with chunky mid size heels again. However, what's new is shoes are being seen in both shiny and dull velvet-like finishes.

For the black-tie soiree, the classic black cocktail dress is still the no-fail approach, but at the risk of looking like every one else, you may want to try it in the new cherry red or grape instead. Or for a more glimmering appeal, you may want to check out one of the season's hottest trends, clothing that sparkles. Silver and gold accents such as buttons, trim or stitching are showing up in all types of formal clothing from blouses, to dresses to shoes, and this detailing can definitely change the look of a basic black dress. Or for a little more sparkle, you may want to try some of the clothing that has sparkling thread sewn right into the material. Most of these pieces, which are often formal, are dark in colour and of traditional cuts, giving a whole new look to classics.

As far as formal shoes are concerned, the chunkier heel is making way for the reappearance of the classic, yet occasionally uncomfortable stiletto heel. However, this year heels have taken on a slightly different look called the Sabrina heel.

This is essentially a stiletto with a wider base which will provide greater comfort.

At this point I'd like to apologize for all but ignoring men's fashions, but unfortunately men's fashion really hasn't changed and the classic black tux or suit and tie is still the best choice. Although it's a shame that men don't have the option of wearing something new and exciting, it does have a benefit to us women. That being if your husband or partner is wearing the same old suit from last year, there may just be a little extra to spend on your new outfit!

Whatever you wear this year to parties and get-togethers, the most important thing is that you choose something you feel comfortable in, and something to help you feel good about yourself. ♣

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THE EDUCATION FILE

By Peter Ford

What our youth learn 'in school' is just a part of a larger picture which includes all of us, what we all learn, when, where and how.

WHAT we learn can be stated in one short sentence, but leaves a very incomplete picture, one that begs some careful consideration.

But before I get to the "WHAT", some word clarification. If someone writes a word in one context, and it's read with a different meaning, what is communicated is changed and understanding diminished. As an example, let's use a word that is often not clearly communicated - "truth", which is used various ways in this 2-part article.

It has been written that there are 3 levels of truth, generally spelled the same; "truth". If a specific meaning of 'truth' is intended and another meaning applied, the meaning shifts causing poor communication and confusion.

UNIVERSAL TRUTH: this would be ultimate Truth, something that is True with or without our knowing or understanding, True throughout all of creation, maybe beyond. Most religions refer to a Creator. That this CREATOR or SOURCE exists would be a Truth (capital "T").

PLANETARY TRUTH: spelled "truth". This is something that is true on planet earth, but probably not elsewhere in the universe. An example of this would be 'time', our concept of minutes, days, millennia. What we refer to as 'time' works well (is 'true') here on this planet, but as we venture into space this 'truth' is not a truth.

# What we really learn: Part 1

PERSONAL TRUTH: also spelled with a small "t", is what is true for one person, may not be true for others. I am about 5'9" tall and feel overweight. This, my truth, is not likely true for someone else. My thinking processes and my coping skills are also my personal truth: obviously others think and cope differently.

*At that instant, each individual is a collection of everything that s/he has ever sensed, felt, done, eaten and thought.*

Another phrase used in this article is "Big Picture", which can be a useful analogy. In my own thinking this concept, the collection of ideas implied and connected under the heading of "Big Picture" helps me make sense of who I am, of this world, and sense of that huge universe in which we are all tiny, but possibly important participants.

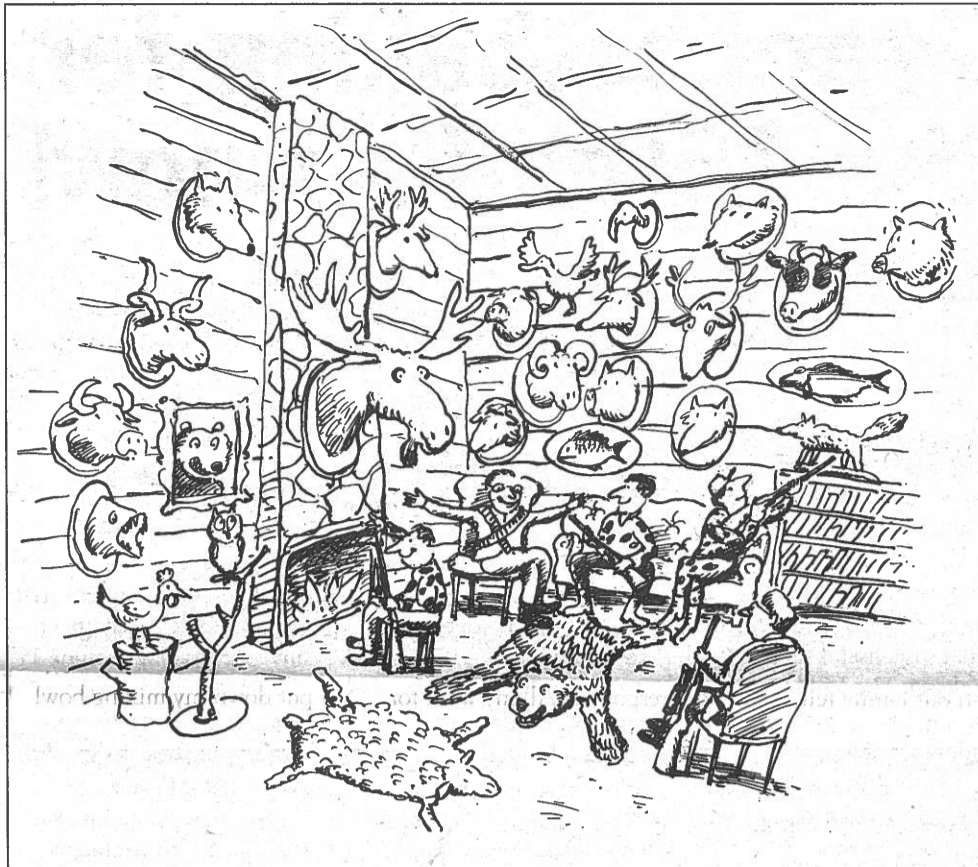
The way I see the "Big Picture" is like a giant jigsaw puzzle. In reality, I'm part of the picture - a corner of one piece of the puzzle, but the analogy works better if I also see my self looking at the picture, fitting it together one small piece at a time, each 'piece' being a truth of some kind, an idea that works, and helps me grow in some way.

This "Big Picture" concept sometimes came up in my music classes. To understand a situation better we'd take a few minutes to look at ourselves at that moment. At that instant, each individual is a collection of everything that s/he

has ever sensed, felt, done, eaten and thought. Each one's picture of self, his or her self-puzzle, is there on the table. What does it look like? The part that has been completed forms the 'picture' of one's understanding up to that moment. There may be portions of the frame that fit together, and various small groups of pieces that form small parts of the picture, some attaching to the frame, some not. Some pieces will be turned colour up, and some still colour down. These 'pieces' are ideas or events that are not yet connected to the larger picture which represents your total self-understanding and belief - one's "Big Picture", one's universe, and the way it works. Just to make it interesting we need to remind ourselves that each piece is only 'true' if it fits exactly, and since personal 'truth' can change, there may be times when pieces have to be moved and fit elsewhere or even discarded and replaced with ones that fit better. The outside frame is "Truth" which contains all ideas and knowing within it, all fitting perfectly. Our CREATOR/SOURCE knows. We humans have to puzzle it out...

In order to make sense of things, I've chosen to make the assumption that SOURCE has a PLAN, and that since SOURCE created it, it must work (fit) perfectly. Logic then indicates that we humans are part of that PLAN, and that our task is to shape ourselves each into a perfected 'Piece' - the Piece SOURCE envisioned for the "Big Picture", the perfect Self we ultimately are according to the PLAN. Our task is to discover our brightest colours, our true shape, then to understand how this Self-Piece fits into the CREATOR'S Truth, the "Big Picture". The whole process of the evolving self is a learning process. There may be truth to the reverse idea as well, that all learning is ultimately about Self, which will be a topic for a future issue. Students enjoyed working with the "Big Picture" analogy because it gave them a sense of personal worth, of importance and belonging, and made learning their personal responsibility. ♣

Part Two, A PERFECT PLAN?, will be featured next month...



JOE WEISSMANN



OUTDOORS WITH GEORGE

By George Luchuk

"It seems like I just got here, and the week is almost over. Another hunting week has come and gone, and now it's all over till next year."

Do these statements ring true for you? I know for me, this is exactly the case. It all goes by too fast - for most of us, one week is all we can either allow ourselves, or in some cases, all our wives will permit! (It's tough to convince them sometimes that we need male bonding!) It sure is fun hearing all those stories about how some guys make deals with their wives... one fellow I met actually had to bribe his wife with a promise of a Mediterranean cruise!

So then, just what is the allure of deer hunting, and especially joining an organized camp? The answers are not that simple, as the rationale seems to be parked somewhere between culture, fantasy, mystery and pure adventure. It is a longing to be where life seems less complex. The hunting camp is also a great time to let loose, to leave behind all of life's frustrations - typically, by releasing repressed expletives, or, dare I mention, corked-up gas?

This year for the first time, I allowed myself two full weeks of deer hunting at two different camps, one in the Eastern Townships of Quebec, just north of Vermont and the other in the Bancroft area. Most of us are familiar with the Ontario experience, so I'll share a little about my wonderful excursion to Quebec.

# Memories of camp

*So then, just what is the allure of joining an organized deer camp? It is a longing to be where life seems less complex.*

The biggest difference is that dogs are not allowed anywhere in the hunt, and historically, it's a bucks-only environment. In recent years, they've been having a very limited doe draw, similar to what we have here in Ontario. For the first half of the week, we numbered approximately fourteen hunters, and gradually, toward the end, we were a group of about seven. The basic hunt strategy is usually half the hunters with compass in hand doing the dogging, and the other half doing the blocking. We took lunches with us, and stayed out all day from sunrise to sunset. In a typical day, we could do ten runs. You want to make sure that you're reasonably fit!

*In Quebec the biggest difference is that dogs are not allowed anywhere in the hunt.*

The great ice storm of last year left the hardwood forests in quite a mess, so a run that would normally take about thirty minutes now takes about forty-five. It doesn't seem to bother the deer, though, and in fact, we figure the deer are actually benefiting from a vastly increased food supply.

Another big difference in Quebec is that all harvested deer have to be registered and weighed at designated stations, usually at a licensed general goods store. Good fun is had by everyone throwing a loonie into a hat, to bet on the actual weight of the animal. Speaking of hats, the "in" fashion in this area is a fluorescent orange leprechaun-style, something like what you would expect to see in the Ozarks in years gone by!

The camp itself was totally a labour of love, and one joined by invitation only. My only expense was the non-resident license, and a sharing of the food and sundry costs. All the original members, dating back to the 1930's, have long since passed on, but their tradition of camaraderie, fair play and respect for each other is carried on.

Of course, as you can imagine, the Quebecers were really interested in my Ontario stories, and seemed most envious of the fact that we can use dogs. By and large though, their camp, as cultured as it was, shared a lot of similarities with Ontario camps.

So then folks, it's all over for another year, let's cherish the memories and start dreaming all over again. Till next year then! Merry Christmas and a Happy New Year. ♣

## Season's Greetings from staff

— Larry, Lynn, Linda

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# Practice baking for the 150th Fair now!

**Submitted by Holly Hall**  
**T**he exhibit building at Millbrook Fair can be the scene of bustling excitement, complete calm, or frantic scurrying. The latter happens as entries are being accepted and displayed, the former as adults or children bring their friends to see their work. The complete calm is that suspenseful time of judging. The Millbrook Homecraft Committee still honours "premier exhibitors", those who earn enough combined points to top their division.

Twenty years ago, a very surprised young lady received that distinction. Susan Leitch was born, raised and educated in Hamilton, Ontario, and for two summers, worked at the Hall poultry farm. Naturally, she went to the Fair. In 1979, having just completed teachers' college, she decided to attend as an exhibitor. She baked chocolate cake, white layer cake, oatmeal cookies, banana loaf, cupcakes and chocolate fudge at home. She loaded all these, plus an afghan, needlepoint, plants, cushions and "something useful, something useless" into the car for a cooling trip to Millbrook. By the wee small hours, everything was iced, cooled and covered, ready to go again. Of course, she had to help with the decorated bikes, and the Halls' kids' entries. We had to see the beef entries made it there for show time, too.

Susan recalls the hectic night before the fair, as "well worth the effort. It was a challenging and rewarding

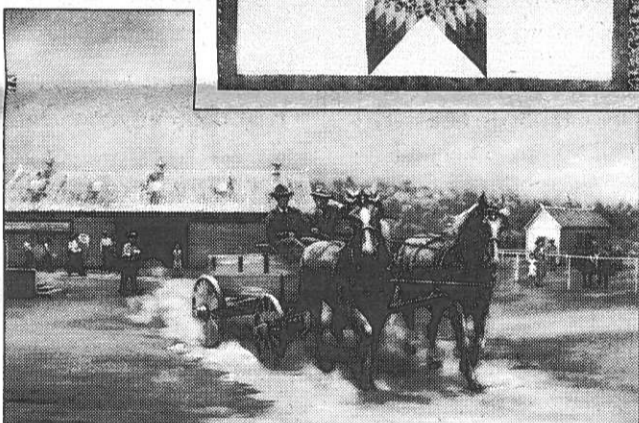
experience." She still uses the sewing shears she purchased with her prize money! Not only that, seeing "country fair exhibitor" on her resume piqued the curiosity of the Northern Saskatchewan School Board, who interviewed her for the Home Economics position which was to become her first teaching job!

We hope that if Susan returns for Millbrook's 150th Fair, she will be surprised at the number of entries, at how spacious our new building is, and at how many display cases properly secure, protect and display these entries.

At present, Kathy Clodd (742-4019) and her Homecraft Committee, Donna Baker, Amanda and Freda Eagleson, Cheryl Earl, Hazel Larmer, Marion McCamus, Renee Todd, Debbie Post and Norine Edgerton are considering their entry list.

Perhaps you should brush up on your great-grandmother's favourite recipe this winter! You can be sure the list will be made to "reflect our past and inspire our future." Norine Edgerton is our special Homecraft Demonstration Coordinator. Please contact her if you have a talent that you would demonstrate at any or every day on June 11 (Heritage Children's Day), June 12 or 13. Please contact any of these ladies with your questions or suggestions. These ladies also support our 150th commemorative quilt and painting fundraising venture, and have tickets to sell (the painting will be on display at the Millbrook Gallery).

Bring your entries and see you at the Exhibit Building in June! ♣



This Lone Star quilt, designed by Mrs. Glenna Brotherstone and Mrs. Sonia Ivey and an oil painting by local artist Emma Hesse, "The Spirit of the Fair / Marshall Larmer Enters the Ring", have been donated as fund raisers for the Fair's 150th.



## HASH N' BEANS

**By Arden Myers**  
**W**ell, for the amount of time it takes me to write these recipes for you, it might as well be 1999. It's not like I'm busy... I think this procrastination is something I learned in high school. You know, how you had two months to work on a project - and then waited until you had three days left to start? In the end, in your stressful confused state, you handed in your volcano for science class to your history teacher.

Anyway, I'm straying from the task at hand. This is a simple recipe given,

well, shown to me by my friend Danillo from Milan. He said this was the meal they ate after partying late (I guess they don't have pizza). This dish is similar to Eggs Benedict, but much easier. If you have a stove-top egg poacher, you'll only need 2 pots.

1. Trim the tough ends off as much asparagus as you would eat in a serving.

2. In another pot, gently melt 1/2 lb sweet butter (unsalted).

3. In the poacher, bring water to a rapid boil, add asparagus and cover with buttered poaching cups, add eggs, and cover with lid.

When the eggs are set, remove cups, take out asparagus, pat dry, and arrange in servings on warm plates.

Top asparagus with 2 eggs, melted butter, and a squeeze of fresh lemon.

Sprinkle fresh parmesan cheese over top, and season with pepper. Serve with a good toasted crusty bread.

Makes a great January 1st breakfast!

Of course, serve with champagne and orange juice, or if it's too early, beer and tomato juice is good.

Happy New Year to all and I'll see you in 1999. ♣



## CREATIVE PARENTING

**By Trish Boyd-Reininger**

**O**ne of my favourite things to do with a group of children is to create a themed programme of learning and fun.

For instance, let's take snow as the theme, and base all activities accordingly. List what areas of learning you will include, such as outdoor play (gross motor skills), baking (mathematics), freezing and thawing (science), artwork (fine motor skills), action songs (creative movement), and story time (pre-reading).

Then you must decide what each activity will involve and offer. For outdoors play, a co-operative snow creation will get the group working together and expend some of that infinite energy! Just before going back inside, talk about the weather, what it's like, why there's snow on the ground, what snow is, ... Bring some snow inside with you, in a bowl or pan, put it where the children can see it, and watch what happens. After the snow melts, take the pan back outside - put it near a glass door or window to watch it freeze.

By now, snack time is almost upon you. Rice krispie treats are always a hit. Measuring the oil, cereal and marshmallows gets children working with numbers. Taking turns pouring and stirring fosters cooperation. Once the mixture is cooled enough, spoon equal amounts onto waxed paper squares, and have the children make "snowballs".

After snack, it's a good time for a story. One of my favourite winter books is "A Snowy Day," by Ezra Jack Keats. When you run across repetition in a story, bring children into the reading of it. "Peter's boots sound like this: CRUNCH CRUNCH

# Winter fun time

*Put your only scarf on that crooked little snowman and smile!*

CRUNCH! when he walks through the snow." "How do Peter's boots sound?" (point to the words CRUNCH CRUNCH CRUNCH! as the children answer you.) Then ask, "What does this say?" pointing to the words CRUNCH. They will chime in, "CRUNCH!"

For artwork, a snowman can be cut out of painting paper. Pre-cut shapes can be assembled and glued together to create a snowman (while doing this, talk about the shapes, the different sizes, the colours, etc.). Corn syrup mixed with food colouring, or small amounts of paint, make wonderful "icy scenes" when dried. Soap flakes mixed in with white paint create a lumpy "snowy" picture, or the perfect touch for Santa's beard. Popsicle sticks glued together create a miniature sleigh that can be painted the following day. The possibilities are endless!

After art activities are over, it's a perfect time for circle! Encourage parents and caregivers to participate. Start by singing an energetic action song. I always gather children with "If you're happy and you know it..." Starting with the same song consistently will bring them to you, instead of trying to round them all up.

Songs can be easily adapted by using a familiar tune and changing the words. An example: to the

tune of "I'm a little teapot," try: "I'm a little snowman (point to self), short and fat (hands pointing to tummy), here is my broomstick (hold broom), my pipe and hat (put "pipe" to mouth and "hat" to head) When the winter comes (rub arms as if cold), the snow will fall (wiggle fingers to show snowing), you can make me from a big snowball (patting in big circle around your body).

Poems are also a good way to put actions into words: "Skating, skating, I love skating (skate around the room), Watch me, watch me, here I go. Watch me as I skate quite quickly, watch me as I skate so slow..."

I always end circle time with "head and shoulders." I change the last line, the second time around, to "hands up high and wave goodbye. See you next time, boys and girls!"

Children are our life's breath, they teach us and care for us, and remind us to stop and enjoy the little things in life, because before you know it, you blink and you've passed it by. Hold hands, read, sing, stomp through puddles, build an igloo, put your only scarf on that crooked little snowman and smile! ♣

*"There's more to mothering than having kids, just as there's more to being an artist than owning a paintbrush."*

— Holly North

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SPORTS AND RECREATION



Barry Larock

By Barry Larock

The art of figure skating requires an tremendous amount of confidence, natural ability and practice.

In Millbrook, all that adds up to fun.

The Millbrook Figure Skating Club CanSkate program, sanctioned by the Canadian Figure Skating Association, is bursting with confidence these days, as 80 boys and girls enjoy two sessions per week at the Millbrook Community Centre. The CanSkate Program is designed to teach the fundamental basics of figure skating, through small group sessions taught by volunteer program assistants, usually made up of high school level skaters.

"It's really a good program and something the community is really proud of and obviously likes," notes Lois Grieger, the current two-term president of the Millbrook Figure Skating Club. "All of the skaters involved in the program work on balance,

# Figure and power skating for all ages: Millbrook Figure Skating Club

gliding and two foot stops and all while being assessed on their abilities regularly by the club pro. The higher the level, the more difficult the move which can eventually wind up leading to low level jumps and spins."

In addition to the regular CanSkate program, another group has been formed to concentrate on power skating. According to Ms. Grieger, a small group of boys (and girls) work hard on their crossovers and backward skating through the CanSkate program.

"Not too many of the boys are interested in twirls and jumps, but a lot of them are interested in improving their skating," adds Ms. Grieger. "And they really seem to enjoy the program."

At long last, the Millbrook Figure Skating Club is not only for the youth of the community.

There is now an adult 'Energizer' program, where beginners or need-to-improve skaters can take to the ice for 50-minutes each week to skate, have fun and improve their flexibility.

"This is especially designed for someone who hasn't skated in a number of years and wants to dust off their blades and get back into it," adds Ms. Grieger, who also wanted to note that the Club is planning a Carnival at the Arena for this coming March. She invited people to stay tuned for a theme and ticket prices. "We're not quite at capacity for this program so there are some spaces available for anyone who might be interested."

For more information on the Millbrook Figure Skating Club or the 'Energizer' skating program, contact Lois Grieger at 932-2167. ♣

# Buying for sports fans

By Barry Larock

If it has a swoosh, it's going to sell. That appears to be the answer from the experts this holiday season, as Nike continues to rake in the sales of Christmas sport gift giving.

But aside from Nike products which ranges from socks to skates, snowboards are quickly gaining the attention they deserve becoming the most popular single selling item in spite of the lack of snow.

"Snowboards have been very popular this season because snowboarding is not just a sport it's a way of life, notes Bruce MacDonald, shop manager for Sports Experts. "We've seen everyone from teenagers to people in their 30s and 40s coming in to purchase boards for the first time or even to upgrade their board, boots and/or bindings. People just seem to be very optimistic about the coming colder weather and snow."

MacDonald also notes that the clothing associated with snowboarding is equally as popular because it depicts a 'grunge' style of which is currently in fashion throughout North America. Ron Hughey of Play It Again Sports agrees. "Snowboards are by far the hottest selling product right now," says the store's manager and part-owner. "The price point has really become attractive to buyers and with all the hype of this relatively new sport, it's been pretty easy to sell. The only thing we really need is a good blast of snow."

Both stores are also selling a good supply of hockey equipment and NHL licensed products, including the newest replica team jerseys belonging to Nashville, Los Angeles, Ottawa and New Jersey. The same goes for jerseys crested with a Team Canada logo.

And as another year comes to a close, Play it Again Sports is also confident in its new and used exercise equipment, which often heads out the door quickly this time of the year, following the tradition of New Year's resolutions. "We often find that exercise bikes and treadmills are our best sellers and the same has been true this year as well, adds

Hughey. "You know you won't find too many of them used either, because another thing we find is that people tend to keep their treadmills and exercise bikes and actually use them."

So with time running out to find that perfect gift for the sports enthusiast in your family, don't fret, there is something out there for everyone. And remember to keep a smile on your face when shopping.

"People are definitely in the spirit and therefore sales have been pretty steady thus far," adds MacDonald. "The only thing that could make it a little better might be a some snow. That would certainly help to put the retailer over the top and the customer a little less worried about the lack of it." ♣

**Hockey Scores, including Nov. and Dec. standings, will return next month.**

**Correspondents: Remember to include the date of each game/tournament with your report.**

Seasons Greetings!

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THE GREEN HILLS Gazette

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Season's Greetings!

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Dec. 22: 12:00-4:00  
Dec. 23: 12:00-4:00  
Dec. 28: 12:00-4:00  
Dec. 29: 12:00-4:00  
Dec. 30: 12:00-4:00

Season's Greetings!

from New Management

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## New Year's Eve Gala

Updates at the Millbrook Community Centre  
Thursday December 31st, 1998

Down Count at 11:59 and the festivities will conclude at 12:00am

Bring in the New Year with the Community and begin to prepare for New Year's Eve 2000.

Advance ticket sales at the Millbrook Community Centre Reception / Box Office

Tickets in advance \$12.00 per person  
Tickets at the door \$15.00 per person

Sponsored by the Parks, Recreation, & Facilities Department of the Corporation of the Township of Cavan-Millbrook-North Monaghan

Door Prizes & Party Favourites will be supplied.

The Cavan-Millbrook-North Monaghan Parks, Recreation and Facilities Department would like to thank the residents of our community for their support in 1998.

Have a very Merry Christmas and a Happy New Year!

TD Season's Greetings!

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ARTS & CULTURE

## 4th Line Theatre announces Annual Play Competition

Have a burning desire to see a local story put into dramatic production? Truth is stranger than fiction - and there's lots of potential for plays written from the stories, experiences and tall tales of this area.

The 4th Line Theatre is inviting all budding playwrights to submit a synopsis or idea for a play based on regional history, in a new play competition.

The deadlines for submissions to the senior artistic staff at 4th Line Theatre is January 1st, 1999, and the theatre expects to receive submissions from first-time writers, as well as established playwrights. Winners will be announced in February of 1999. The competition enriches this region's artistic environment, but submissions are accepted from throughout the country.

There are two levels of funding for which entries may be submitted:

1. Seeding. Emerging playwrights who have not had a full length work pro-

fessionally produced for the stage are invited to submit story ideas, draft treatments or draft scenes of a play script for seed funding.

2. Commissions. Established playwrights who have had at least one work professionally produced for the stage are invited to submit play ideas, treatments or draft scripts to be considered for commission funding.

All submissions should include the artist's curriculum vitae and three samples of their work.

The mission and mandate of the 4th Line Theatre is "to preserve and promote our Canadian cultural heritage through the development and presentation of regionally based, environmentally staged, historical dramas and to develop and present original Canadian works of the highest quality which explore regional themes, history and heritage". Submissions to the competition should reflect this mandate.

*The Devil and Joseph  
Scriven by Shane  
Peacock was  
developed through this  
process and will  
premiere this coming  
summer at the  
4th Line Theatre.*

One of the company's upcoming productions, *The Devil and Joseph Scriven* by Shane Peacock, was developed through this process and will premiere this coming summer on 4th Line Theatre's outdoor stage at Winslow Farm in Millbrook.

For further information on 4th Line Theatre's annual play competition, please contact the 4th Line Theatre Office at (705) 876-7660, visit at 193 Simcoe Street, Unit #6, or write to the 4th Line Theatre at P.O. Box 1418 Peterborough, ON K9J 7H6. Email 4th Line Theatre (for information only) at 4thline@nexti-com.net. ♣

## Hoppin' and boppin' with the Lincolnaires

By Lori Cripps

Despite the development of a variety of rock and popular music styles since the 1950's, rockin' around the clock is still tops with The Lincolnaires - and dance aficionados of all ages.

The Lincolnaires, a popular five-piece band, recently performed at the Millbrook Legion, and has a solid group of fans in our township. Originally formed in 1958, the band had their first performance in an Oshawa dance hall. Since then, there have been many changes in the line-up, and today's Lincolnaires features only two of the original members. Drummer Eddie "Mr. Mom" Mezerk, and bass player Uncle Frank Surette, are from the original band, joined by guitar player Steve LaPlante, sax player Bobbie Mitchell and keyboardist Greg Brown (a hometown, Millbrook based rocker) approximately four years ago.

The band, which specializes in 50's dance style music, plays at many venues in the area and elsewhere, and works hard to support a variety of charitable groups and causes. Dance hall-style venues are a favourite gig, but the group has also performed at sit-down concerts, such as at Casino Rama. The band has also performed for television audiences, such as on City TV's Breakfast Television.

Let's you think 50's music is only for those who grew up in that decade, The Lincolnaires always succeed in drawing a large crowd of all age groups. The largest group of fans are those that were young in the 50's and still wish to hear their



The Lincolnaires - bringing the best of the 50's into the 90's!

favourite songs played - but there are many younger folks who are just looking for great music to dance to! Greg Brown says this span of age group among their fans is a definite testament to the wide-ranging appeal of the music, because it is still popular after four decades.

For the future the Lincolnaires have only modest aspirations and plan on making no major career moves. Band members play for their own enjoyment, and not to make a career of

their performances. Greg said he would encourage anyone interested in music professionally, and wish them the best of luck! He feels that the lack of availability of venues for young performers makes it harder for these new groups to break into the industry. However, anyone interested in music should "go where their heart is", and play for their own enjoyment.

Watch for the opportunity to jive with The Lincolnaires in a venue near you! ♣

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**HOLIDAY HOURS**  
Monday, Tuesday & Wednesday  
December 21, 22, 23 and  
Sunday, December 27  
noon until 5 p.m.

Closed December 24, 25, 26, 31  
and January 1, 1999.  
except by appointment, by phoning 932-2207.

**The MILLBROOK GALLERY**  
19 King Street East, Millbrook, Ontario (705) 932-5482  
Winter hours - January 2 until March 31: Saturday 10-5 Sunday 12-5

**INTERNATIONAL YUK YUK'S STAND-UP COMEDY**

Wondering what to get your Sweetheart for Valentine's Day?

**Yuk Yuk's Comedy is back in Millbrook!**  
Saturday, February 13, 1999  
Upstairs at the Millbrook Community Centre

**Tickets sell out fast: purchase ahead for Christmas!**  
Dinner & Show: \$30/person — Show Only: \$20/person  
Tickets available at the Millbrook Community Centre or call 932-2911 for more info.  
SPONSORED BY THE CMNM PARKS RECREATION & FACILITIES DEPT.

# Community Calendar Tear out this page and post!

KEEP THIS CALENDAR ON YOUR FRIDGE OR WALL FOR QUICK REFERENCE TO UPCOMING EVENTS. IF YOU KNOW OF A COMMUNITY EVENT THAT SHOULD BE INCLUDED ON THE NEXT CALENDAR, PLEASE FAX THE INFORMATION TO (705) 932-4041, OR CALL (705) 932-2175, OR MAIL IT TO THE GAZETTE, 69 KING STREET EAST, MILLBROOK, ONTARIO, L0A 1G0.

**New Year's Eve**  
Millbrook Legion.  
December 31st 9 pm - 2am January 1st  
There will be a dance with a D.J., a buffet, and party favours. Tickets are \$25 per couple or \$12.50 per individual, and are on sale until the 23rd.

**Holiday Open House**  
at MADCAP Office  
Thursday, Dec. 17, 4 - 6 pm  
Come enjoy some hot cider and celebrate MADCAP's successful service to the community in 1998. For more info, call 932-3917.

**Xmas Card Workshop**  
at MADCAP Office  
Fri., Dec. 18, 10 am - 5 pm  
Come with pictures and ideas, and create a custom-made card for the holidays. Learn to send an e-postcard to friends and family around the world via Internet! Cost \$2 for card

making workshop; e-cards free. 932-3917.

**Skate with Santa**  
at the Millbrook Arena  
Dec. 24, 2 - 4 pm  
Treats for the kids, and time out with the big guy before he begins his rounds on Christmas Eve!

## On-Going Events

**Regular Council Meeting** First Monday of each month at 7:30p.m.

**Millbrook Playschool** Every Tues. and Thurs. (except third Tues.) at Millbrook Christian Assembly, call Wilma at 932-5547 for more info.

**New to You Used clothing** on sale at the Millbrook Community Care office, Mon-Fri 11 am- noon, Sat 10 am-noon.

**Shuffleboard** Every Thurs. at the arena, 1:30 pm.

**Bingo** Every Thurs. at the Legion at 7:45 pm.

**Baillieboro Library Boutique** Tues noon-3:00 pm, Sat 10:00 am-1:00 pm. Proceeds to the Baillieboro Library.

**Municipal Planning Mtg.** Second Mon. of the month, at 7 pm

**Creative Card Making** Every Mon. at the Community Care Office from 9:30- 11:30 am

**Bridge** Every Mon. at the Millbrook Legion at 1 pm

**Millbrook and District Food Share** at the Old Millbrook School, 2nd, 3rd, & 4th Tues., 2 pm-7 pm.

**Cavan Nursery School** Tues., Wed 9 to noon at Cavan Community Centre. Info:Christina Shantz

**Euchre** Every Wednesday at the Legion at 1:30 pm

**Millbrook Green Exchange** Every second Sat. at the Municipal yard in Millbrook. Take or give

what you like for a loonie.

**Committee of Whole Council Meeting** Third Monday of each month at 7:30p.m.

**MADCAP Millbrook** - Mon. to Thurs. 12am to 8pm, Fri. & Sat. 10am to 5pm Mt. Pleasant - library hrs.

**Millbrook Cavan-Historical Society** Every third Wed. at St. Thomas' Anglican Church Hall, Millbrook.

**Public Skating** Mon., Sun. 3:30 - 4:20 pm, at Millbrook Arena

**Seniors' Skating** Mon. and Tues. 1 - 3 pm, at Millbrook Arena

**Seniors' Puck and Stick** Mon., 10 am - noon, at Millbrook Arena

**Joyful Noise Junior Choir** Tues., 6:30 pm, at St. Andrew's United Church, Millbrook

**Kids in the Hall Youth Group** Fri., 7 - 10 pm, at the Cavan Hall. Ages 15 and under, \$1 per participant plus a donation to Foodshare. For more information, call 944-5414 or 277-1269

**Parents'/Preschooler Skating** Fri., 10 am - noon, at Millbrook Arena

**Ladies' Hockey** Fri., 1 - 2 pm, at Millbrook Arena

**Fraserville LOL Dance** Second Sat. monthly, 9 pm. Featuring Harold Davidson Country. Admission \$6, bring a lunch. For more information, call Roy Best at 799 - 6482.

# Entertainment Guide

## Music

Calendar of Events/  
Entertainment  
MUSIC

**Georgette Fry**  
The New Red Dog Tavern  
189 Hunter St., Ptbo.  
Friday Dec. 18  
745-8513

**Shark Boy**  
Hot Belly Mama's, Water St., Peterborough  
Saturday Dec. 19 at 10:30 p.m.  
743-9997

**O Come Let Us Adore Him**

Readings and Carols for Christmas  
All Saints' Anglican Church, Peterborough  
Sun. Dec. 20, 7:30 pm  
Featuring Shelagh Rogers of CBC as narrator and the All Saints' Choir and the Peterborough Country Choir. For more information, call 876-1501.

**Rick Fines**  
Hot Belly Mama's  
375 Water St.  
Sat. Dec. 21 at 10:30 p.m.  
743-9997

**Chris Chown**  
The New Red Dog Tavern  
189 Hunter Ptbo.  
Wed. Dec. 23  
745-8513

**The Downchild Blues Band**  
The New Red Dog Tavern  
Wed. Dec. 31  
745-8513

**New Year's Eve Jazz:**  
**Ken Howard & Paul Grecco & Buffet**  
The Welcome Inn  
Thurs. Dec. 31  
5p.m.-10p.m.  
Hwy. 401 at Hwy 2, Port Hope  
(905) 753-2111

## Theatre

**Pinocchio (the Misfit Production:**  
of William Glennon's Pinocchio)  
Market Hall  
Tues. Dec. 15-Sat. Dec. 19  
749-0842

## Charles Dickens A

**Christmas Carol**  
Vanguard Productions  
Showplace Peterborough  
Thurs. Dec. 17 to Sat. Dec. 19  
290 George St. Ptbo.  
742-Show ( 7469)

**Sartor Resartus: Martha Cockshutt Theatre Design Retrospective Performance/Fashion Show**  
The Gordon Best Theatre  
Tues. Jan. 12 1999  
216 Hunter St. West, Ptbo.  
743-7591

## Film

**Films At The Capitol Theatre**  
20 Queen St., Port Hope  
Tues. Dec. 15  
Living Out Loud  
Thurs. Dec. 17  
A Soldier's Daughter Never Cries  
Mon. Dec. 21 & Tues. Dec. 22  
Pleasantville  
Tickets \$6.00  
Film at 8:00 p.m.

**"Life Is Beautiful"**  
Trent Cinema, Water St. Ptbo  
Mon. Jan 18  
Tickets \$8.00 or \$40.00 for the series  
Call The Peterborough Centennial Museum & Archives  
743-5180

## Books

**Sandra Birdsell**  
Peter Robinson College,  
Trent University  
Wednesday Jan. 13 8 p.m.  
for more information:  
<http://www.trentu.ca/english>

## Galleries/ Museums

**David Silverberg: Survey of Coloured Engravings**  
Hunter West Gallery  
131 Hunter Street West,  
Peterborough  
Sun. Nov. 22 - Thurs. Dec. 24  
876-9623

**Unraveling: The Secret Stories of Cloth (Textiles) From the Toronto Textile Museum & The Peterborough Weavers and Spinners**  
Peterborough Centennial Museum  
Monday Dec. 14 - Sat. March 7 1999  
300 Hunter St. East  
743-5180

**Canadian Canoe Museum Christmas Open House**  
910 Monaghan Road,  
Peterborough  
Sat. Dec. 19 and Sun. Dec. 20, 1 - 4 pm  
748-9153

**The Queer Project By Spencer Harrison**

Art Gallery of Northumberland, Cobourg  
55 King St. West  
Opening Tues. Jan. 10, to Sat. Feb. 28  
(905) 372-0333

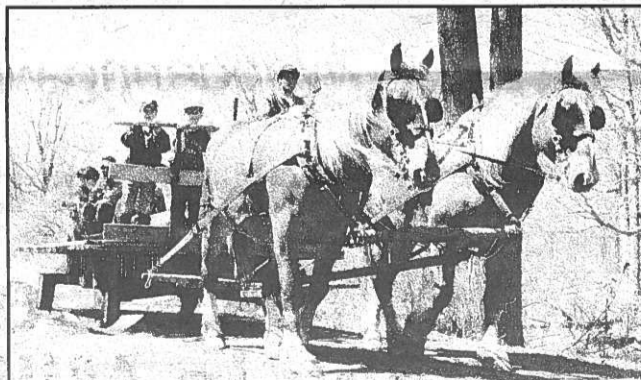
**Sartor Resartus: Retrospective Exhibition of Martha Cockshutt Theatre Designs**  
Artspace  
129A Hunter St. West,  
Peterborough  
Thurs. Jan. 14 - Sat. Feb. 27 1999  
748-3883

## Holiday Special Events

**First Night Celebrations**  
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Including:  
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**First Night Celebrations**  
Peterborough  
Dec. 31  
748-4774

**Hutchison House Museum Hogmanay Traditional Scottish New Year Greeting**  
Brock Street,  
Peterborough  
Friday Jan. 1 1999 1 p.m. - 5p.m.  
743-9710



## Horse-Drawn Rides

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for info or to book your ride (rides by appointment only).

## CLASSIFIED ADVERTISING

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St. Thomas' Anglican Church is collecting tenders for caretaking services. Caretaking includes all aspects of cleaning the church and hall. Tenders are being collected immediately. For more information, or to submit a tender, call John at 932-5380.

### BUSINESS OPPORTUNITY

Are you a craft shop or a specialty shop located on or near Rice Lake? For a small cost, be listed in the 1999 Drive About Tour Guide used by tourists vacationing in the area. Details (905) 797-2281.

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## HOLIDAY HOURS

DEC. 20-23.....11 A.M. TO 10 P.M.  
**XMAS DAY**.....CLOSED  
DEC. 27.....4 P.M. TO 8 P.M.

**NEW YEARS EVE** ....NOON TO MIDNIGHT  
JAN. 1.....CLOSED  
JAN. 3.....4P.M. TO 8 P.M.

**XMAS EVE** .....11A.M. TO 7 P.M.  
**BOXING DAY**.....4 P.M. TO 8 P.M.  
DEC. 28-30.....11 A.M. TO 10 P.M.  
JAN. 2.....12 P.M. TO 12 A.M.  
JAN 4 REGULAR HOURS RESUME



# 1998 The year in review



By Deborah Luchuk

Between January and March, the new municipal council for Cavan-Millbrook-North Monaghan had a rocky start, with lots of adjustments to be made to accommodate the administrative needs of a much larger area.

Valiant efforts were made to keep the tax bill down to a reasonable hit on the ratepayers' wallets, with many departments tightening their belts.

We launched *The Green Hills Gazette* on April 9. There was no shortage of news to report on!

In April, concerns were raised about "secret" meetings between councillors and developer Bruno Schickedanz. Deputy-Reeve Brian Squirrell alleged the Reeve and councillors involved in the questionable meeting at Otonabee Regional Conservation Authority offices were violating the Ontario Municipal Act. On a brighter note, members of municipal Council, and community groups discussed community economic development, and made plans to address sustainable development in the township.

A comprehensive plan for recreation was launched by a new Recreation Committee, Recreation Programmer Maureen McElwain and Recreation/Facilities Manager, Rick McGee.

Maple Fest was held in April, with record numbers in attendance. Paper sludge,

and its pros and cons for use as a "soil enrichment substance" for local agricultural operations was investigated in our second issue of April.

The Millbrook Library sought a new home in May, and issued a survey to its users to decide on new digs. For every book purchased, one had to be discarded due to severe space restrictions!

Millbrook Architectural Conservation Advisory Committee (MACAC) expanded to become a LACAC (Local Architectural Conservation Advisory Committee), to include preservation and promotion of historical and natural heritage sites in Cavan and North Monaghan wards.

The use of Dombind, a dust suppressant, on municipal roads was hotly debated by residents and politicians at a public meeting in April. Council eventually decided to use calcium chloride instead, as the price of this dust suppressant dropped significantly. Councillor Alex Ruth said the decision was not related to the pressure exerted by many residents who were opposed to the use of Dombind...

Rioting and tear gas exploded at the Millbrook Jail on May 6, with 65 inmates involved in the standoff. Police officers from across Ontario were called in for back-up. Prisoners were convinced to end their protest in the wee hours of May 7. The damage was estimated

*1998 was a year of news, high activity and many positive developments in the life of Cavan-Millbrook-North Monaghan township. As we close this year, we can point to a few news-making events and announcements, both large and small - however, there's far too many to mention here, so here's a "Reader's Digest" condensed version of some highlights!*

ed by officials in the "tens of thousands."

Lloyd Slack, tireless volunteer, received a Community Service award from the provincial Ministry of Community and Social Services.

An audit of Deputy-Reeve Brian Squirrell's election expenses was requested by former Cavan reeve Vic Norman in April, setting off a chain of events that have rocked the foundation of local municipal government.

MADCAP (Millbrook and District Community Access Programme) was set up in May, offering the entire community access to the Internet and computer training. (The official opening was July 1.)

Throughout May, and into the summer, residents denounced "secret meetings" allegedly held between members of Council and various developer proponents - of particular concern was Council's alleged relationship with Kawartha Downs.

Kawartha Downs was also at the centre of a dispute over the use of paper sludge, and an environmen-

tal hearing was held in June to determine whether or not the race track could use the sludge as sound absorption material in a berm around the track.

A casino was approved at Kawartha Downs by municipal council, without public consultation, but later was limited to slot machine operations, due to a provincial ruling on charity casinos.

Millbrook and District Food Share was officially opened July 1, although the operation was launched in late May.

The South Monaghan history, "The Garden of Eden", was launched in July, and was feted by not only local residents, but a delegation from County Monaghan, Ireland. Lord Mayor Willie McKenna led his delegation through a whirlwind itinerary of activities throughout CMNM, Otonabee-South Monaghan Township, and Peterborough County, in the quest for twinning opportunities with the Canadian namesakes.

In August, former Cavan reeve Vic Norman released the results of the

confidential audit of Deputy-Reeve Squirrell's election expenses to the media. According to the 1997 Municipal Elections Act, only the applicant (complainant), Council, the Clerk and the candidate were to be privy to this document. The Compliance Audit concluded that Squirrell "may be guilty of an offence under Section 92(5)(a) of the Act, in as much as he filed this statement which is required under Section 78 incorrectly..."

On August 25, vandals set fire to the Vacation Bible School banner outside of St. Thomas Anglican Church hall in Millbrook. The smoke and external fire damage was extensive, to the tune of over \$20,000. Clean-up and repairs continued into October.

Also in August, visitors from Metis communities were feted at an event at the Millbrook Legion. The visitors were actors and co-producers/directors of *The Bell of Batoche*, a play-in-progress being produced and presented by the 4th Line Theatre.

Record crowds attended the second annual Zucchini Festival, organized by the Millbrook Farmers' Market on Sept. 6. Participants enjoyed a variety of zucchini-related activities.

In October, a bombshell hit with Council's announcement that they would prosecute the Deputy-Reeve for alleged

Municipal Elections Act misconduct. A barrage of ratepayers' delegations began their assault on the Council in the weeks following.

A multi-sports complex planned for Fraserville, was announced in October. InterSports Inc. plans to build the complex on a site across from Kawartha Downs.

After many fruitless requests for input from residents, a name change committee announced two choices for new names for Cavan-Millbrook-North Monaghan. At the time of printing, Council put the name change on the back burner, pending further community input.

The municipal soap opera continued, as Council continued to receive irate ratepayers' delegations.

An exciting project to redevelop the area around Baxter Creek and Medd's Mountain in Millbrook was announced in November. The former White Rock Estates area will be developed as a site for environmental education, including walking trails, and naturalizing of the area around the Mill Pond.

The Old Millbrook School is slated for redevelopment to include the Millbrook Library, and Millbrook and District Food Share. A Millennium Partnership Grant from the federal government, and various municipal funds will finance the renovations. ♣

The Anglican Parishes of Cavan-Marvers and Ida-Omemee

## Christmas Eve Services

Thursday, Dec. 24

- 4pm St. Thomas, Millbrook
- 7pm Christ Church, Bailieboro
- 9pm Trinity the Marsh Church
- 10:30pm St. Paul's, Bethany
- 7:30pm St. John's, Ida
- 9:30pm Christ Church, Omemee

## Christmas Day Services

- 9:30am St. John's, Ida
- 11:15am Christ Church, Omemee

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