

THE GREEN HILLS Gazette

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CELEBRATING LIFE IN CAVAN, MILLBROOK, AND NORTH MONAGHAN

Plowing paper sludge into our farmlands

By Deborah and
Katherine Luchuk

The paper sludge issue is seeping into this community, raising questions about its short and long term effects on agricultural land. Is sludge truly a beneficial soil enrichment programme or merely a cheap form of waste disposal?

Questions about the use of the sludge on rural land will soon become more evident in this area. Two sites have already been approved for "soil enrichment" in Peterborough County, and Cavan-Millbrook-North Monaghan Council will decide on a bylaw governing sludge use in this township.

Paper sludge, the waste created in the manufacture of paper products has been touted as an "organic soil

enrichment" material for use on farm fields and fallow land. This clay-like substance cannot be reused by the paper manufacturer, and would end up in landfill sites if not used in some other way.

Currently, the sludge is being incorporated into several rural properties in Durham and York regions as part of a "soil enrichment program", utilizing sludge from Atlantic Packaging, a cardboard and paper company based in Whitby and Scarborough.

In the space of a few years, terminology to describe the paper by-product has metamorphosed from "hazardous waste" to "soil enrichment"; from harmful to healthy. Its application on agricultural land in Brock Township is dividing small rural com-



"Sludge-free" signs are a tangible reminder of Cannington's divided community.

munities there and leaving many residents frustrated and suspicious, with unanswered questions.

Use of the sludge on farm properties began five

years ago, as part of a study to determine its efficacy as a soil enrichment product. Farm or rural land use is to be monitored by the Ministry of the Environment

during the test period. Sludge use, or the soil enrichment program, is subject to approval by municipal councils before any arrangements can be made with farmers and rural land owners.

In exchange for incorporating the sludge into their land, farmers or land owners are allegedly paid an undisclosed amount and given a credit voucher to purchase nitrogen to add to the sludge. The manufacturer then arranges to have the sludge delivered and spread onto the designated fields.

Baseline testing is required by the Ministry of the Environment, with subsequent testing for heavy metals at regular intervals. However, independent researchers involved in the sludge issue say the baseline testing rule has only recently been enforced, and that testing does not include checks on other chemicals, such as phyto-estrogenic substances (recently implicated as contributing to breast cancer).

The Biosolids Committee, an advisory group,

makes recommendations for the use and testing of the sludge to the Ministry of the Environment. This committee is composed of agricultural groups, the Ministry of Agriculture and Food, the Ministry of the Environment, sludge haulers and distributors, Ontario municipalities, health units, and professional engineers. District or local offices of the MOE regulate sludge land application in their jurisdiction based on the recommendations of the Biosolids Committee.

Atlantic Packaging representative Tony Biernacki told *The Green Hills Gazette*, "over 450 fields have joined the Soil Enrichment Programme [so far]." According to Biernacki, benefits of sludge application on agricultural land include soil renewal (as a result of incorporating an organic substance), better water retention for soil, preventing runoff in heavy rains (due to the claylike attributes of the sludge); and soil aeration, making the soil lighter, and requiring less energy to plough it. Thirty metric tonnes per hectare is permitted in Durham Region — "a dusting with a.... speckle here and there", Biernacki said. Apparently more

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Disputed development lands include areas claimed to be wetlands intrinsic to the Baxter Creek ecosystem. St. Thomas Anglican church (on Centre Street) is visible over the treetops.

"Wetlands" bog down Schickedanz

By Katherine Luchuk

Only two items are holding developer Schickedanz back from building on a long-disputed Millbrook site: a storm water management study, and the possibility of the site being designated "locally significant."

At this critical point in the ten year tug-of-war between the developer, Council, concerned residents, and environmental agencies, development of Baxter Creek Estates hinges on a mandatory storm water management study initially requested by Village of Millbrook Council: Once the study is concluded, Otonabee Region Conservation Authority will determine if a "wetland" area on the property needs to be rezoned as non-residential.

At the April 14 Planning Advisory Committee meeting, Greg Defreitas, representative for B.G. Schickedanz (owner of the proposed land for development next to and behind the Millbrook/South Cavan Public School on Tupper Street) retrieved the six lots recently taken out of the development plan by Township Council.

Council voted to rescind a motion to remove the six lots, the earlier motion being based on concerns about flood water management on the southern part of the property.

In keeping with Council's previously stated restrictions, engineering easement conditions placed on eight lots remain in force, as well as on the six "reinstated" lots.

Defreitas requested the return of the six lots "so we can proceed with the Storm Water Management plan." In a frustrated tone, he reminded Council that Schickedanz has fulfilled the recommendations and requirements given by the former Village of Millbrook council, Ministry of Natural Resources and ORCA. These requirements included increasing the acreage from 22 to 34.5, and giving up 57 of the 170 allocated lots.

According to Defreitas, Schickedanz has spent thousands of dollars on engineers and consultants, to follow up with studies and tests requested by municipal and environmental officials. He added if Schickedanz has to go to the Ontario Municipal Board for a ruling on the development, the developer

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"Secret" meeting violations

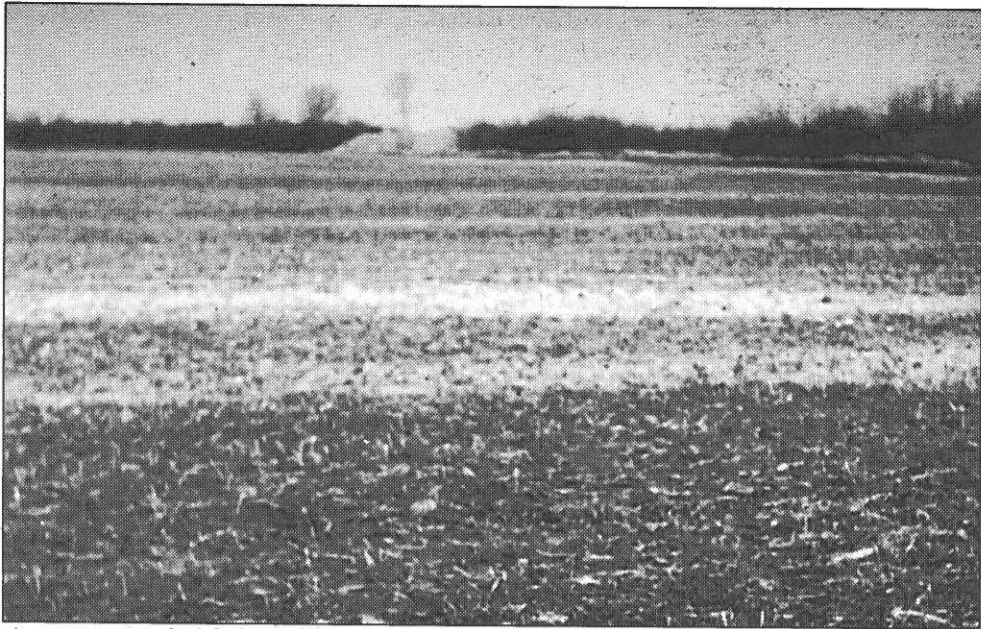
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A waiting mound of sludge is visible in the far corner of this "paper-sludged" field in Brock Township.

Sludge

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agricultural sludge use is permitted in other regions, and those are the fields that will provide the most tangible testing results. "The growth factor is key in Niagara Region where the application rate is higher."

"The regulatory aspect (of the paper sludge disposal) can provide monitored applications" of the waste product as opposed to unregulated dumping in landfill sites, explained Ontario Federation of Agriculture representative Brian Hancock. "Waste reduction and management is always a big concern for the agricultural community."

Is spreading the sludge on agricultural land the only alternative to dumping it in landfill sites? According to Michael Payne of the Ministry of Agriculture, Food, and Rural Affairs, paper sludge can also be utilized in reforestation programmes, gravel pits, potting soil mixtures, and cat litter.

The dark side of sludge use was illustrated in a visit to the town of Cannington, where several farmers and land owners are participating in the soil enrichment program. Red and white signs hanging from fence posts and mail boxes, describing fields as "Sludge Free" are juxtaposed with

neighbouring fields blanketed with the clay biosolid. Some neighbours are no longer on friendly speaking terms, their children fight on school buses, and suspicious acts of vandalism and harassment are alleged by those opposing the use of sludge in Brock Township. Complaints have been registered about the smell of the sludge, particularly on hot days, and tempers run high between land owners when sludge runs off during heavy rains onto adjacent, "sludge free" properties.

Maureen Reilly, Brock Township resident and independent researcher contracted by the World Wildlife Fund, has been actively involved in the effort to ban paper sludge

Reilly is concerned that farmers are being misinformed and are unaware of the implications of participating in the programme. She said sludge fields become certifiable as "waste disposal sites" by the Ministry of the Environment.

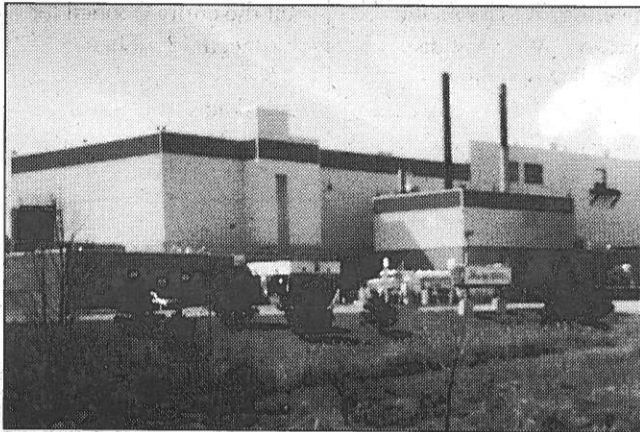
application. She was personally introduced to the issue when 5500 cubic tonnes of paper sludge was spread on fields around her home, a bed and breakfast business. She observed cattle grazing on the sludged fields and wondered about the effect on livestock. Everywhere she looked "something disturbing turned up, and people spreading it [sludge] weren't clear on guidelines for its use."

Out of concern for the local environment, Reilly investigated the "Soil Enrichment Programme" being utilized in her community. Her discoveries, through independent research, prompted immediate action including the mobilization of concerned local residents, presentations to local Councils, and exposure of her findings in two written articles for Country X Press.

The actual content of the sludge is of utmost concern for Reilly. The Ministry of the Environment conducts the testing and analysis of the mineral and heavy metal content of the soil before and after paper sludge application but she alleges baseline testing was not enforced until fairly recently (making later tests irrelevant). Reilly said testing for other chemical or organic contaminants is not included or the results are not released.



One of the familiar sights in Brock Township: a paper sludge truck.



Atlantic Packaging Ltd., Whitby, where the sludge originates.

Working closely with a toxicologist from WWF, Reilly has discovered the only organic element in the sludge is grains of paper. Traces of a de-inking agent used as a solvent to prevent papers from sticking together and an endocrine disrupter called nonylphenol (a pseudoestrogen) are also present in the biosolid. Reilly said "heavy metals are found to be relatively low, but that is all the Ministry tests for." She further alleged "participant farmers are supplied with ammonium nitrate to add to their fields to supplement the nitrogen deficient sludge that would otherwise suck nitrogen out of the soil to break itself down."

Rod Pallisar of the Ministry of the Environment said application of sludge has to be proven beneficial to agricultural land in question before it is approved by the Biosolids Utilization Committee. Michael Payne, of

the Ministry of Agriculture, Food and Rural Affairs and member of the Biosolids Committee, said all testing is performed in MOE labs. He said he didn't know who provides the [soil] samples for testing.

According to the "Guidelines for the Utilization of Biosolids on Agricultural Land", jointly published by MOE and the Ministry of Agriculture, "[presently] little is known about the effects of industrial organic contaminants contained in other wastes when applied to agricultural lands. The concentrations of each industrial organic contaminant will be assessed on a case-by-case basis." (Section 4.28) Reilly alleges each batch of sludge is composed of different levels of metals and other contaminants. "Variations can be 50 times different from one application to the next."

Concern has been expressed by residents of

Brock Township communities around the lack of checks and balances in the testing process and in the programme itself. When residents found out the crop assessor for their area was also a paper sludge participant, Reilly said some farmers refused to have him on their land, necessitating the hiring of a second assessor. She said community members were alarmed to find the head of the sludge disposal company was also an area landowner.

Testing procedures lack a baseline study. To convince farmers of increased growth rates with the application of the sludge, Reilly reveals that the results are found from comparing growth rates in fields receiving sludge and ammonium nitrate with virgin fields, or those that do not receive any form of fertilizer.

Reilly is concerned that farmers are being misinformed and are unaware of the implications of participating in the programme. She said sludge fields become certifiable as "waste disposal sites" by the Ministry of the Environment. If the farmer wants to sell his or her property, sludge application must be disclosed, she explained.

Careful study is required to ensure profits do not outweigh benefits. Reilly concludes that "the stuff should stand or fall on its own merits."



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"Secret" meetings violate the Municipal Act

By Katherine Luchuk

"Secret" or special meetings between members of council and developers, without full council knowledge, are a source of grave concern to Deputy-Reeve Brian Squirrell.

At the April 14 Planning Advisory Committee meeting, Squirrell expressed his concerns in reference to private meetings being held between councillors and other parties, in violation of the Ontario Municipal Act. According to the Act, the entire Council must be given at least 48 hours notice of any meeting being held.

Of particular concern was a meeting arranged by councillor Tom Jones for Schickedanz developers at Otonabee Regional Conservation Authority offices on April 7, also attended by Reeve Cathcart and councillor Brian Fallis. As chair of the Planning Advisory Committee, Brian Squirrell asked, "Why wasn't I, or Council, informed of this meeting? Was a solicitor present? What was discussed? Were minutes taken? and if so, please submit them."

In response to these questions, councillor

Tom Jones said, "I arranged the meeting on behalf of the developer, and the information that was brought forward was not factual; it wasn't a special meeting."

Councillors Gerald Downer and Alex Ruth asked Schickedanz representative Greg Defreitas, "Why did you contact Tom Jones individually? and why didn't you pull the entire Council for this meeting?" When Defreitas shrugged, Downer said, "Did you just pull his name (Tom Jones) from a hat?" Defreitas replied, "Something like that." ♣



GUEST EDITORIAL

"It takes a village to raise a child..."

By Wilma Armstrong, Cavan Ward

Our community truly has something to celebrate.

Millbrook Playschool was founded by a need and a vision to provide a group setting where pre-schoolers and their parents could meet together in an enriching atmosphere to socialize and learn. Through the help of the Peterborough Family Enrichment Center, a group of parents located a setting, pooled their talents and toy resources and began their own weekly play-group. The initial group of 15 children and 8 adults started three and a half years ago has grown to a point where a second play-group day has been started.

Through annual fundraising events and a small service fee we have

increased our equipment to provide a positive pre-school setting. Some centres include a sand table, paint easel, baby toys, gross and fine motor activities.

Millbrook Playschool operates Tuesday and Thursday mornings between 9:30 and 11:30 a.m. in the basement of the Millbrook Christian Assembly church. There is a fee of \$2.00 which covers all activities and snacks for the children. This fee is a per adult rate; for example, one adult with three children still pays only \$2.00. We are open to everyone in the community, with duties assigned as adults sign in. Millbrook Playschool as a group has successfully met the challenge of providing an enriched social environment for pre-school children to grow and develop. What can we do for school aged children?

As a community, I feel that we should be expanding our vision to incorporate some school aged activity programs. In doing this, it will allow both parents and developing children to grow together.

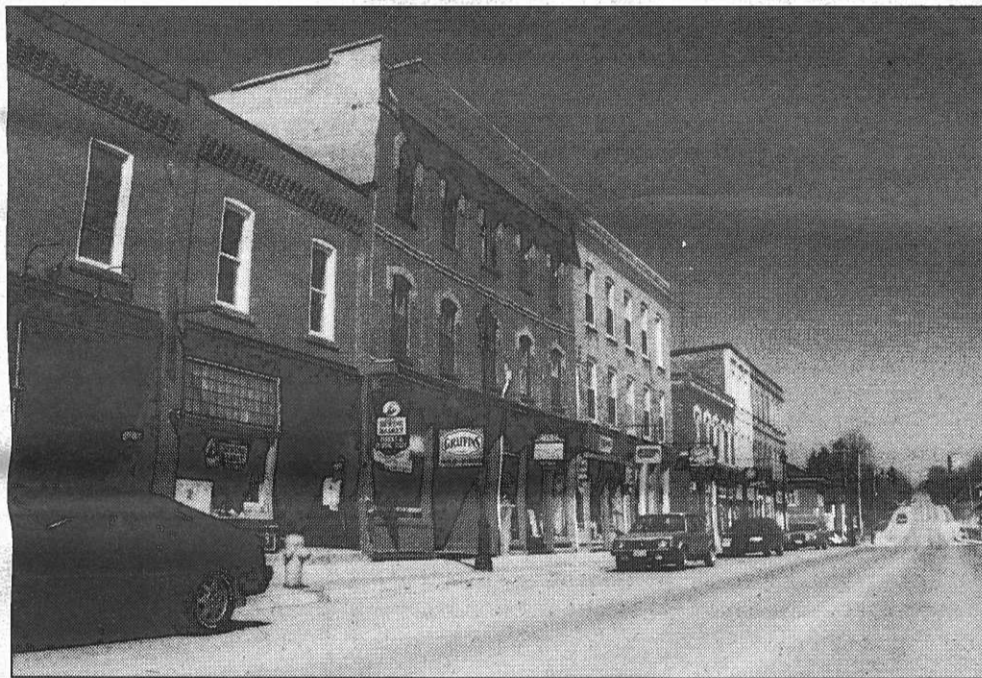
To facilitate this process, get involved with the recreational planning for our township. Check *The Green Hills Gazette* for upcoming dates and

meetings or contact Rick McGee or Maureen McElwain at 932-2911 to share your ideas.

We would welcome all who are interested and have any ideas for programs in this area. What would your child like? Children don't just grow up in families — they need other people in the wider community to be involved in their lives. Children need supportive, empowering communities and environments, while communities depend on young people for the future.

I would like to take this opportunity to express my thanks to all the moms, dads, caregivers, and various community organizations who have quietly and steadily supported our organization. This investment in our children is the mark of a compassionate society. I believe we will reap the benefits of these programs, giving all children the opportunity to learn and develop their talents. ♣

* The opinions expressed in the Guest Editorial are not necessarily those of the staff or advertisers of *The Green Hills Gazette*. We welcome your submissions for the Guest Editorial column — call Deb at 932-2175 for guidelines. Deadlines are as noted on the *Community Calendar*.



Merchants in downtown Millbrook are planning an image overhaul, including the use of an identifying logo, designed by Bill Slavin (shown below).

Millbrook BIA plans benches & flowers

By Deborah Luchuk

Millbrook downtown merchants will work with property owners in the Business Improvement Association to improve the look of the village's commercial centre this spring.

Due to recent changes in the Municipal Finance Act, owners of commercial properties will qualify as members of the BIA, while some business operators may no longer be eligible. Business occupancy taxes are now to be paid by the property owner, not the business operator, as was the case in the past. Those paying the commercial tax bill are automatically members of a Business Improvement Association, responsible for improving business conditions in a downtown area.

What this means, says Shelly Manley, BIA member and proprietor of Bear

Essentials, is that the BIA will be made up of those who pay the tax bill. "If taxes are incorporated into the rent (paid by the business owner), then the property owner is a member of the BIA. If the business owner pays the taxes [as a condition of a contract with a landlord] separately from the rent, then the business owner is entitled to be a BIA member. The revenue [for the BIA] will

remain the same, but the difference will be in who has a say."

Shelly added that many of Millbrook's downtown buildings are owned by Toronto landlords, who may not be interested in attending BIA meetings or getting involved. In this case, landlords may "waive entitlement" to BIA membership in favour of the business owner occupying their buildings. "It's important for

business owners to understand it's best to pay the business taxes separately from their rent [so business owners maintain their right to be involved in the BIA]."

Initially, BIA members were distressed by the new legislation, and worried about the future of the group. Although the next steps are not clear, Shelly said "the more [there are on the BIA], the merrier. It's not as bad as we originally thought."

In fact, BIA members are forging ahead with at least some of their plans for beautifying the downtown area this spring and summer. Regardless of what the out-

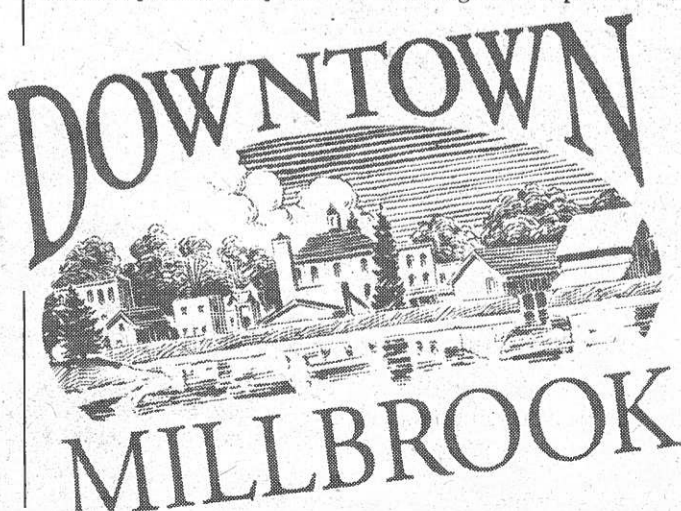
come is with municipal changes, business must go on, including efforts to attract more customers and clients to downtown Millbrook.

The BIA has selected "official" colours for the downtown area, burgundy and green, and these will be incorporated into flags for lamp posts. A specially created Downtown Millbrook logo, designed by artist Bill Slavin, will feature prominently on the flags, stamped bags, and other promotional materials in all downtown businesses.

"We do flower baskets as an annual thing," Shelly said, "and the next step is park benches. We have a lot

of customers who need to stop to rest between errands." The benches, she said, would likely be wood and wrought iron, placed at appropriate intervals on the sidewalk. Over the next few years, all the flower baskets will be replaced by permanent ones. "The ones we get with the flowers tend to fall apart, but the permanent ones are expensive (over \$80 per basket). So we will buy two or three per year so that, eventually, every basket will be a permanent one."

"We did have big goals but [in light of the recent changes] we decided to do a good job on the smaller goals instead." ♣



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EDITORIAL

Sludge: err on caution's side

When writing news stories, careful consideration must be given to all opinions and facts to avoid "editorializing" or expressing a personal bias. This is in keeping with editorial ethics, and respects our ability, as readers, to discern our own position on an issue or news item. We hope you have been provided with some tools to make your own decision about the paper sludge/soil enrichment story on our front page. It is our most sincere desire to be a catalyst for discussion in our community.

In the process of gathering information, reports, and quotes about the soil enrichment program, concern has been mounting about the many unanswered questions "between the lines" of reports and quotes. How can we decide if this sludge/soil enrichment program is a healthy choice for our environment when there's so much we don't know?

There seems to be very little independent scientific study, or evidence, to prove the positive, neutral or detrimental effects of agricultural use of this recycled waste product. What are the short and long term effects — either positive or negative? Much is being said about the benefits for the farmer, while just as much is alleged about contamination of soils and the environment.

We haven't seen or heard any impartial scientific information to put our minds at rest. For instance, an MOE spokesperson we interviewed is unsure who gathers the soil samples from fields. This begs the question: who is gathering the samples, and is there a question of conflict of interest? It's alleged there has been no baseline testing for comparison with any subsequent tests. Both sides have their arguments about the validity of current testing. There's also the question of testing for chemicals other than heavy metals — that may have a detrimental effect on our bodies, wildlife, livestock and the general environment.

Until we see some hard scientific studies, done by an impartial research team, we should proceed with care. The soil enrichment program may be the best thing for agriculture since the use of manure... Or maybe it's something that will leave us with irreversible damage years down the road. Once an impartial study is done, with short and long-term effects examined, municipality and agricultural groups could make an informed decision.

Whenever there's a potential for pollution of soil, water, agricultural products, or livestock, we should be vigilant. Lest you think only farmers and rural landowners should be concerned, what about your food grown in the sludge-enriched soil? What about livestock eating feed from pastures with sludge incorporated into it? Has the consumer been considered?

There's a concern that farmers may lose out in the long term if they work the sludge into their land. As agricultural life can be financially precarious, the benefits offered by the soil enrichment program can be very tempting. Be careful — weigh the financial benefits against possible long term negative ramifications. Can sludge enriched agricultural land be sold for farm use in the future? Will anyone want to buy it for agricultural use, given the requirement to reveal sludge use on property to any potential buyer? Maybe the sludge is all it's



LETTERS

Secret meetings not allowed

It has come to the attention of the new Council for Cavan-Millbrook-North Monaghan Township that certain members of Council are conducting themselves contrary to the Municipal Act. Section 58 states: "If there is no by-law or resolution fixing the place of meeting, a special meeting shall be held at the place where the last meeting was held, and a special meeting may be either open or closed as in the opinion of the council, expressed by resolution in writing, [as] the public interest requires" (RSO 1980, c302, s58).

Meetings are taking place throughout the new municipality, without full council knowledge, between development proponents, their agents, and some members of council, discussing matters of sensitivity.

These are meetings the ratepayers should know

about. They are being conducted without written resolution of council allowing such meetings, and are going against the "procedural by-law", wherein 48 hours notice is to be given in writing to all members of council.

It has come to my attention that a meeting was conducted at the Otonabee Region Conservation Authority (ORCA) office on April 7, 1998, with a developer and his agents, as well as some members of the new Council. There was no discussion of this meeting at the regular council meeting of April 6th, and no resolution was passed to acknowledge such a meeting.

Further, it has come to my attention after the meeting of April 6, 1998, that a motion made by the new Council on March 2nd was ignored. The motion stated: "Moved by Fallis, seconded by Downer, 'That a letter be sent to Diane Saxe advising the Township of Cavan/Millbrook/North Monaghan will not be for-

warding her letter to Gary Stewart, M.P.P. and further that Mr. Pakenham be advised to take no action in this matter' (Carried)." In spite of this motion, a letter dated March 6 was, in fact, sent to Mr. Stewart by Mr. Pakenham as directed by the Reeve. At the regular meeting of April 6, 1998, the matter was raised and this writer was told to read the motion by the Reeve, which I have done.

In my opinion as Deputy-Reeve, I believe what is taking place in the new municipality is not in the best interest of the ratepayers, by whom we are elected. Public perception is a funny thing, and the ratepayers want their interests looked after in an open and honest manner. By not conducting business at regular council meetings and at the various committees, the ratepayers are allowed to draw the conclusion that their interests are being protected.

In closing, I would ask that meetings being con-

ducted outside of Council without full Council knowledge stop immediately. I would ask that motions passed by the full Council be respected, and acted upon as per the Municipal Act.

Failure to follow the rules will leave us all in a very different position, one which I want no part of. I am accountable to my electorate and feel that a good government is an honest government. Closed session meetings when not necessary, secret meetings with development proponents, and failing to honour motions of Council, combine to create precisely the non-democratic process that creates voter apathy. We must, as council, work together to restore the ratepayers' trust in the processes of municipal government.

Sincerely,
Brian Squirrel, Deputy-Reeve

The Township of Cavan-Millbrook-North Monaghan

cracked up to be. Maybe it's something to steer clear of.

Because there is such uncertainty about this issue, the community risks being divided. We saw a lot of mistrust and open hostility between neighbours in the area around Cannington in our research for this article, and heard of instances where fighting, threats, and property vandalism had occurred. We want to continue as a community that values positive relationships between neighbours, fostering cooperation and respect. We need to think carefully about the social and emotional impact of the use of something that is an unknown quantity.

Let's get the facts, folks, before we make any decision about our uses of paper sludge. Resist taking on something that has not yet been proven beneficial or even non toxic. Council will be trying to decide how to respond to this new program on offer to our

community over the next few weeks. It's our responsibility to get as much information as possible about all the positives and negatives, and to share our thoughts on the matter with our councillors and reeve. ♣

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— tam insulsum est ut fortasse expedit —

COUNCIL PROFILE



Tom Jones: Enthusiastic about economic development

Tom Jones would like ratepayers to scrutinize the municipal budget as carefully as their home budgets.

The municipal budget, like a household budget, is constrained by income (tax revenue). Council identifies the costs for each program or service and sets the spending priorities, based on community needs, ratepayers' wishes and the ability to cover costs.

"If we can improve our tax base (revenue source) by attracting development to the three wards, the services provided can be spread over a larger number of ratepayers," Tom said.

In council budget discussions this month, the list of "wants" and "needs" will be considered within the parameters of revenue available. Tom, like many of the councillors, has had extensive experience with budgeting as a self-employed business person.

Raising two (now grown) children with his wife Maureen, managing businesses, and working at a variety of careers has given Tom helpful insight into the budgetary process, like many of our readership.

Originally from Montreal, Tom has lived in the general area for over 27 years. As a sales person for Robin Hood Flour Mills, working out of Toronto, his area of responsibility included Peterborough County. He and Maureen were drawn to the Cavan area by the beautiful rolling hills and spectacular fall foliage. "We loved the rolling hills and the fact that they will always be there. It's probably the prettiest place in the country. I like the option of being able to go anywhere from here, with nature at my back door, and the highway at my front door."

Tom has been researching housing development and is currently promoting a Canada Mortgage and Housing initiative to introduce a specific type of housing and a structural steel and foam building system into Peterborough County/City. Due to his entrepreneurial past (as a restaurant owner/operator), and his current occupational focus, he hopes Council can streamline the process for development.

"We need a simple process for development, and we don't have it right now. The costs associated with processing a development application [as in the case of Schickendanz, the developer identified as Baxter Creek Estates] has cost hundreds of thousands of dollars over the eleven years it has been in process. We need a balanced approach to what happens in our community [in regard to development]. Every thousand dollars added to the cost of the developer's [work] is passed on to the homeowner."

Tom is quite pleased with the diversity of interests and personalities represented on Council. The differing approaches to development will be a good means to find the ideal balance between economic development and less tangible quality of life issues.

"Like all councils, we're all different in our outlook. I'm pro-development."

"It would be great to see North Monaghan developed as a nice hamlet, Cavan as a tourist/agricultural centre, and Millbrook as a quaint town people would come off the road to see, set up something like a Port Perry or Unionville."

We have to make sure we bring a balance to the process, so we are fair, above board, and not undermining the interests of either the developers or the ratepayers."

As chairperson of the Economic Development Committee of Council, Tom is keen to see wards developed according to their own unique cultures and personalities. "It would be great to see North Monaghan developed as a nice hamlet, Cavan as a tourist/agricultural centre, and Millbrook as a quaint town people would come off the road to see, set up something like a Port Perry or Unionville." Outside money, from tourists and visitors passing by on Highway #115, is key to boosting the potential for business. "While the majority of business comes from people around [the community], we have to bring people off the highway, into the wards."

Tom feels the biggest challenge facing Council is to deal with "how much it will cost to honour our needs and wants, and [see] if the existing tax base and projected revenue will cover them." Setting priorities for various services and programs will be a difficult task, and he hopes ratepayers will help council make these decisions.

The task of unifying wards, setting a budget, and identifying priorities for development is an onerous task for Council, but Tom is quite positive about "possibilities".

"I really see an opportunity here, because of the way things ended up with amalgamation. We have a tremendous potential for economic growth, especially with North Monaghan as a centre of commercial and industrial growth, because of its proximity to Peterborough."

This is part two in a series of profiles on Cavan-Millbrook-North Monaghan councillors.



COUNCIL IN BRIEF

Minutes

The following are notes on the regular meeting of Township Council, from Monday, April 6, 1998 taken from the draft of the minutes. More in-depth coverage is contained in our news stories. We hope to keep you informed, and more importantly, encourage you to attend council meetings or make delegations to present your concerns.

Delegations to Council included:

1. Bob Helsing (Lakefield Hydro) and Bob Lake (General Manager, Peterborough Utilities). Discussed: Peterborough County and surrounding area electric utilities feasibility study in the wake of Ontario Hydro's deregulation.

2. Rob Vivian, regarding Part Lot 5, Concession 11, of North Monaghan Ward: Council to proceed with placing subject lands in a special district zone to permit only existing uses at date of bylaw; the zone would also include a provision that no new buildings or structures are permitted. Landowner must demonstrate suitability of subject lands for a particular use, before any rezoning.

3. Eleanor Duthie and Ken Greenberg, residents of Bank Street, Millbrook, and Paul Adamson, regarding the renaming of Bank Street, north of King Street. (See council briefs for details.)

General Business included:

1. Kennel Licenses — Frank Hueston of North Monaghan Ward asked council to reconsider the \$95 Kennel Licensing Fee. Dog Control Licensing Officer is to make a report and matter is to be placed on the next agenda.

Reports from Council, Committees and Staff

1. Written report from Rod Marshall, Acting Road Superintendent, regarding fencing across front of Roads Yards at quoted price of \$9144.00 and further that Mr. Marshall investigate security system or security cameras. Mr. Marshall also advised council that the foot bridge behind the Millbrook Legion has collapsed. If the bridge is to be reinstalled, O.R.C.A. is to be contacted.

2. Written report re: LACAC. Moved by Dean Cutmore, seconded by Alex

Ruth, that the chair of Millbrook Ward LACAC be asked to bring forward recommendations on incorporating Cavan and North Monaghan wards architectural interests into this committee. Carried.

3. Written report, re: remuneration, from the Municipal Treasurer. (See council brief for details.)

4. Written report, Lucky Strike Baits Works Ltd. Totten Sims Hubicki to be engineers unless directed otherwise.

5. Written report — Clerk re: Paper Sludge By-law. That the resolution regarding paper sludge be amended to stand as is, except that no by-law is to be passed. Reeve Cathcart requested a recorded vote, one yea (Brian Squirell), six nays. The amendment to the motion lost, and the clerk is to try and locate by-law regarding paper sludge. (See front page story for details.)

6. Written report re remuneration by-law, deferred to next meeting.

7. Written report re: Provincial Offences Revenue from the Clerk — to be sent to the County of Peterborough.

8. Written report re: Chief Building Official/By-law Enforcement Officer. Motion carried re: interview process for this position to be conducted by outside sources with recommendation on appointment being made to Council. If neither applicant for the position is in possession of Certified Building Code Official Designation, position to be advertised externally; motion carried.

9. Tenders for Legal, Engineering and Audit services. Totten Sims Hubicki awarded engineering tender for the Township; Humpage Taylor McDonald awarded audit tender. Carried.

Also discussed:

- The purchase of posts and hardware for 911 implementation
- The sale, by auction, of surplus office furniture
- Tenders for the sale of the former Millbrook Municipal Office.

It was resolved that the Chief Administrative Officer find a replacement for the vacationing North Monaghan building inspector.

Council approved a \$50.00 grant to the Lions Club Fish Derby. ♣

For further details, or a full council approved copy of the minutes, contact the Municipal office. Council in Brief is a summary of items of interest to the readers of The Green Hills Gazette and details may be subject to change or correction as these are from the draft minutes only.

Out of acorns...

Soon after *The Gazette* started to arrive in everyone's mailbox, we received calls, faxes and e-mails. Thanks for your positive feedback, critique, and your best wishes. It means a lot to us to know we're heading in the right direction.

We were delighted with your response. We have taken time as an editorial team to carefully review your suggestions and ideas, and hope to follow through on as many of these as possible in the weeks to come. And isn't it great to find that Canada Post works!?

As we respond to your input, changes will be evident in our design, feature stories, news articles and columns. Like the new township, we are evolving and growing to offer you the best of life in our area. Bear with us!

You may see some large or subtle changes in each issue. In this one, we tackle the headlines, and making it easier for those of us with bifocals to find the column in which the story continues. In future issues, we'll introduce new columns and feature pages and change the Community Calendar.

In order for us to continue offering a paper you can look forward to reading, your feedback is important to us. You can send us letters, or faxes, as well as questions for our columnists to our address and fax number noted on this page. If you have something to share with us for our next issue, please call us at 932-2175 and we'll be happy to follow up on your story or news lead.

As you receive your copy of *The Gazette* every first and third Thursday, let us know how we're doing and where we could improve. Thank you again for all your support. ♣

BUSINESS PROFILE



Raising Cane Rattan Company

Although the name is new, Raising Cane Rattan Company, on Highway #28 in South Monaghan is a family business with over ten years' experience.

Stepping inside this unique heritage building, it's evident a lot of hard work has gone into renovations, which set off the beauty of the rattan and wicker furniture. Wood floors and beams, an original stage, and cathedral ceilings remind customers of the building's previous life as the Town Hall for the Township of South Monaghan. Two large floors are filled with a

wide array of products, including sofa sets, dinettes, bedroom and bathroom accessories, and hundreds of decorative accessories and unique gift items from around the world.

Owned and operated by the Aschaber family, Raising Cane Rattan Company is very focused on offering only quality rattan furniture products. "Much of our success," says owner Marty Aschaber, "is due to our determination to sell only quality built furniture designed to

last a lifetime. We are very fussy and pay attention to every detail, a fact which keeps even our suppliers on their toes!"

Marty and Mary Ann appreciate customer loyalty, and to that end, they will go the extra mile to ensure satisfaction with their products or services. One of the best aspects of running their business, Mary Ann said, is making a customer happy by helping them realize their goal in creating a beautiful home environment.

As well as having built a solid reputation with quality rattan furniture products, Raising Cane has also become a unique destination store. Being located on a busy highway, particularly a highway favoured by tourists, the store is open on weekends, and weekdays Tuesday to Friday. Mary Ann says her store routinely draws customers from all over Ontario, including a significant tourist population between May and September.

Customers are often delighted to find such items as Mexican sun-faced bird feeders, woven wall tapestries, jute floor carpets, and bamboo wind chimes among the eclectic variety of decor and gift items. "We don't sell anything we aren't totally enthusiastic about," Mary Ann said. "We feel it is absolutely crucial to seek out new and different products to maintain our store's unique ambience, [and] to make every trip to our store a new shopping adventure."

Raising Cane Rattan Company is located on Highway #28 in South Monaghan, approximately half way between Peterborough and Port Hope. The store is open Tuesdays to Sundays. ♣

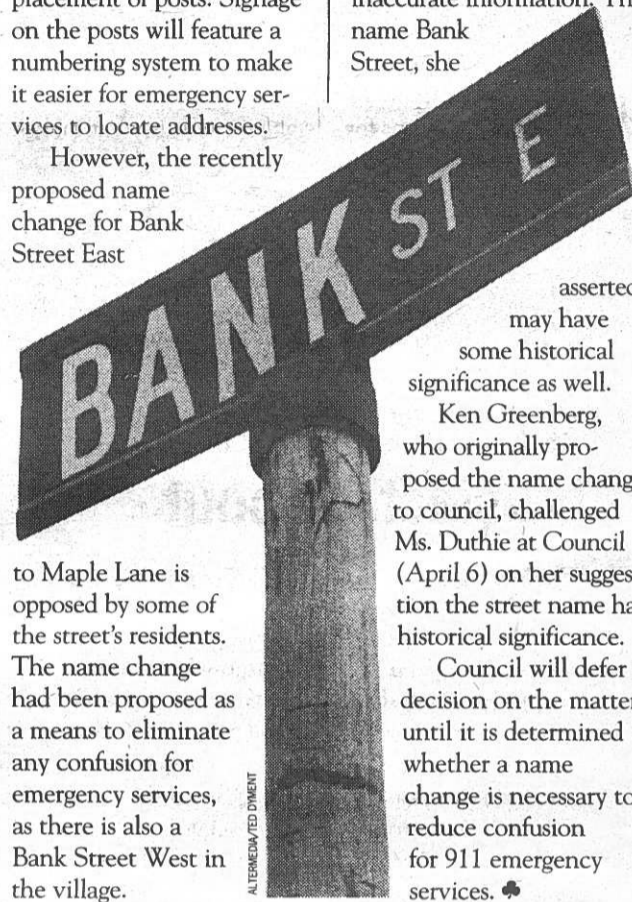
Bank St. name change on hold

Implementation of the 911 system continues in Cavan-Millbrook-North Monaghan Township, despite concerns about street name changes in the Village of Millbrook.

Council is moving forward with ordering and placement of posts. Signage on the posts will feature a numbering system to make it easier for emergency services to locate addresses.

However, the recently proposed name change for Bank Street East

Eleanor Duthie, a resident of Bank Street East, is concerned about the cost of changes to mortgage documents, cheques, etc. necessary with a new street name. She feels the choice of the new name, Maple Lane, was done quickly based on some inaccurate information. The name Bank Street, she



to Maple Lane is opposed by some of the street's residents. The name change had been proposed as a means to eliminate any confusion for emergency services, as there is also a Bank Street West in the village.

asserted, may have some historical significance as well. Ken Greenberg, who originally proposed the name change to council, challenged Ms. Duthie at Council (April 6) on her suggestion the street name has historical significance. Council will defer a decision on the matter until it is determined whether a name change is necessary to reduce confusion for 911 emergency services. ♣

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ILLUSTRATION BY JOE WEISSMAN



MIND YOUR OWN BUSINESS

Self-employed tax plan for 1998

By Stephen Welbourn, CMA

Most of us have already prepared our tax returns for last year. We can't change the past, so I thought for this and the next few articles, I would outline some of the more important tax planning strategies which can be used this year and for the foreseeable future.

Aside from contributing to an RRSP, probably the single most powerful way to reduce the taxes you have to pay is to earn at least some of your income from a business. Even very small part-time business ventures can generate significant tax savings. For the self-employed, income taxes are a lot more complicated than for those who just have to copy a few numbers from a T4 slip, but there are rewards.

The good part is that the list of deductions you can claim is nearly unlimited. In fact, the general rule of thumb is that any expense which you can reasonably say was incurred in the expectation of earning money in your business will be deductible. If you make your living working for a company you certainly wouldn't expect to be able to claim credit for restaurant meals or other entertainment expenses. For many businesses, however, such claims are reasonable and perfectly acceptable to the tax authorities. The difference is that the business owner entertains "customers" and

If your office is one room in a seven room house, then you can claim 1/7th the cost of running your home. Mortgage interest, property taxes, insurance and maintenance costs can be included.

hence expects to increase his or her sales income. That expectation, reasonable or not, is what makes the cost of those meals an investment in the business and, therefore, acceptable as a deduction. The deduction is limited to 50%.

The real advantage for the business owner is that he can deduct many expenses which he would have made even without the business, such as part of the cost of his/her automobile or computer equipment or part of the costs of running her home. All of these and more may be deductible, depending on the circumstances.

The automobile is deductible through a claim called "Capital Cost Allowance", or CCA. Simply stated, CCA is a type of depreciation designed to give credit for the vehicle wearing out over time. After the first year you can claim up to 30% of the car on a declining basis. The first year you can claim only up to 15%. Different arrangements are available if you lease your automobile. Also, you can claim a portion of gasoline, maintenance costs, and insurance.

The factor that makes these claims legitimate is that the car must be used in the business in the process of earning income. If you use your auto for both business and personal purposes, then you must make an adjustment to exclude those expenses which are not business

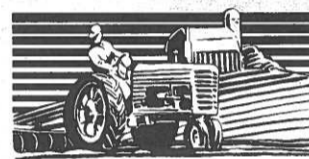
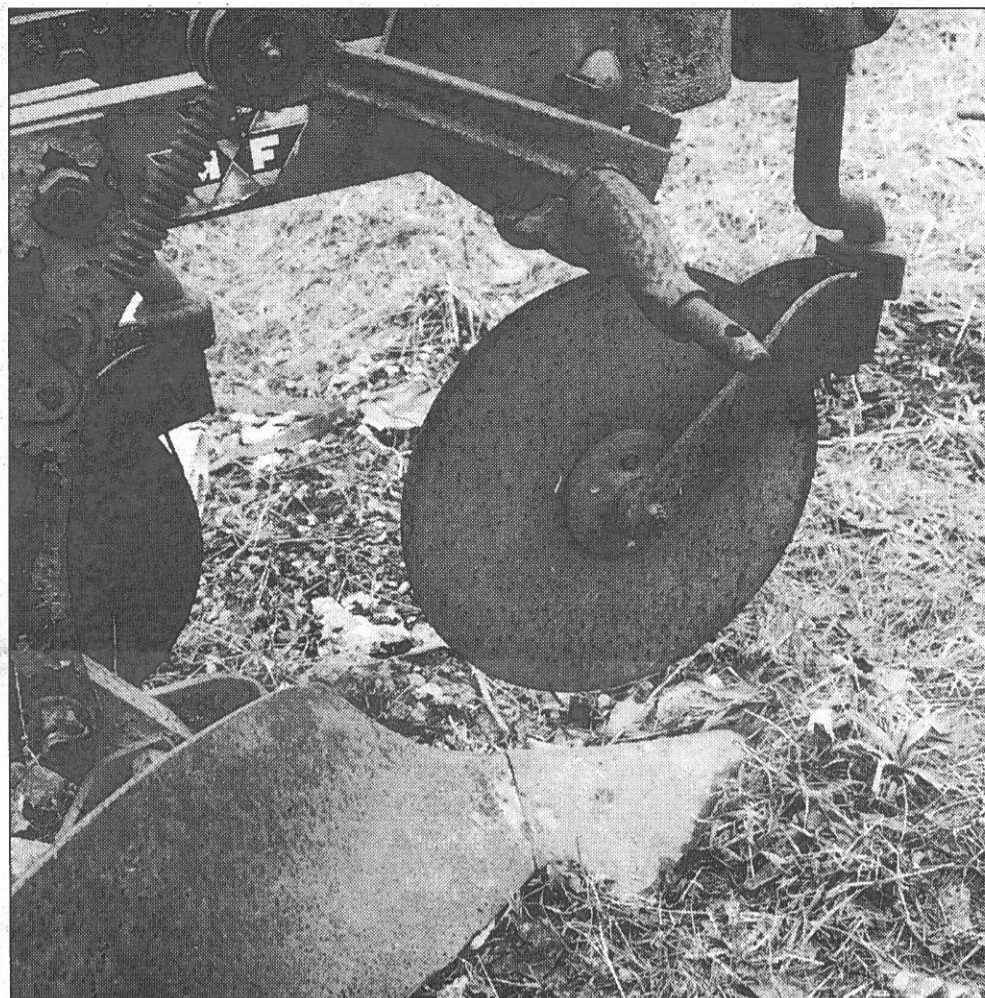
related. Careful record keeping is required.

For deducting home expenses, it is necessary to have a home office or work space. This is an area of your home devoted exclusively to earning business income. If your office is one room in a seven room house, then you can claim 1/7th or roughly 14% of the cost of running your home. Mortgage interest, property taxes, insurance and maintenance costs can be included.

The point I'm making here is that these are expenses you would incur with or without a business. It's the fact of being engaged in a business venture that makes such expenses deductible and therefore can either reduce the taxes you have to pay or create a bigger refund.

Canadian tax laws are very complex and often change from year to year. They are a lot more complex than I can describe in a few paragraphs. This column is not intended to provide legal or tax advice. Please be sure to seek expert counsel before attempting any tax planning strategy. ♣

Stephen Welbourn is a certified management accountant, and runs his own business, Net Profit Accounting, in Cavan Village.



A FARMER'S VIEWPOINT

To plow or not to plow

By David Brackenridge

When I was a weelad, all farmers followed the procedure of primary and secondary tillage.

Primary tillage was done with a moldboard plow, and since most of our area soils are either clay or clay loam, the plowing had to be done in the fall of the year. Spring plowing caused the land to bake and become very hard. Freezing and thawing over winter would eliminate any lumps or hardness in clay type soils and leave them in good shape for secondary tillage in the spring.

Plowing was an art. Many farmers took great

pains to plow their furrows straight and to cover all the trash that might have been on the soil surface prior to plowing. The finishes had to be proper — not too deep, yet deep enough, and the headlands had to be correct — plow the soil into the fence one year and away from the fence the next. When the field was finished, it would look perfectly black — all trash buried and all the soil turned over.

As I was growing up, all farmers used the old ace bottom plow. Most were three furrow, trip type trail plows, or two or three furrow mounted plows. Plow points were cast iron, and cut in a furrow about nine inches wide. Plowing was a slow job, and farmers spent days and days at it in the fall. Probably seven to eight acres was a big day's work. As time went on, and tractors became longer, the plows also got larger. The old plow point became a share that was up to twenty inches and more long. Thus the furrows became very

wide, and instead of three at a time, it became customary to have four, five or more.

The big plows became very heavy, and we went to the semi-mounted and on-land hitch plows. In later years, the vari-width plow became available, which allowed the farmer to widen the furrow or make it narrower by moving a control in the cab of the tractor on the go. These new plows allowed farmers to cover fifteen to twenty or more acres in a day. Modern day plows pack a lot of iron and are very expensive — a good five furrow, semi-mounted plow would cost around fifteen thousand dollars today.

Well, it looks as though I've [come to the end for now], but I'll be back next month to continue talking about tillage, mulch tillage, conservation tillage and no tillage and we'll see how many farmers have abandoned "the plow". Meanwhile, I congratulate those responsible for *The Green Hills Gazette* and join with you readers to wish them success for the future. ♣

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SEEDS OF SOUL

Healing ourselves, healing earth

By Christine Soligo

Welcome to my first column of Seeds of Soul. In these monthly articles dealing with emotional/psychological health, I will offer practical suggestions and thoughts for reflection. I invite readers to participate in the content of this column by letting me know about your questions or concerns. You can leave a message for my attention with *The Green Hills Gazette*, or on my office number 745-3138.

In the month of April, our attention is often drawn to the earth; we eagerly await the first new shoots of green poking through the brown earth, rejoice at the warmth of spring sunshine, and watch the grass get greener with every rain. All over the

world, people participated this week in Earth Day celebrations to further heighten our awareness of our relationship with the earth.

While psychological health and healing are the focus of this column, more and more we are understanding that just as the mind and the body are inextricably linked, so are the individual and the environment. Our actions and attitudes affect not only our individual lives, but also the life of our planet. Unconscious decisions of humans which don't respect the needs of the environment result in an ailing planet. Because we are so embedded in the environment, we share, in a very personal and individual way, the sufferings of the earth. Polluted air may manifest as respiratory problems and heart disease. Toxins in the water and the earth can become cancerous cells in our bodies.

Each of us is like one of the earth's cells. Disease in our own bodies begins with just one unhealthy cell, one place in the body where the energy doesn't flow as it's meant to. Soon, the cells around that one unhealthy cell are affected as well. The blockage gets bigger, and has a larger effect.

On an individual level, as we go about our daily

lives, pain often serves to focus our attention — whether pain in the body or emotional pain. It is a natural response to try to avoid pain, to find ways not to feel it. But pain serves a purpose. It is through the pain of our loved ones that we learn compassion. It is through feeling our own pain that we learn about healing.

Allowing ourselves to feel our pain, and do what we can to heal it, is a gift to the planet. Just as our diseases are interconnected, so is our healing. As we take care of ourselves, becoming healthier and more conscious individuals, we'll know what we need to do to take care of the earth. Our consciousness in healing our own wounds translates into consciousness in healing the wounds of the earth.

Our healing work is to open ourselves to the flow of energy that connects us to the entire universe, living fully, and feeling deeply. This work is not a burden to be picked up and carried around, but rather a tuning into our true natures, and through this, we release our unique and individual gifts. We can plant seeds of soul in the earth, and in our own hearts. ♣



HILLS HEROES

Celebrate our many volunteer heroes!

Local volunteers are being acknowledged and celebrated this week in a variety of ways by those who have benefitted from their commitment to community.

Heather Peachey, Community Care Millbrook coordinator, is encouraging community members to drop by the Something Special Florist shop in Millbrook to see a specially designed wreath, celebrating volunteers in Peterborough County. The wreath features items of appreciation from each organization and agency in the County benefitting from the efforts of volunteers, "and the result is quite spectacular." The window display, created by Sandra Taylor, the shop's owner, is a way of saying thanks to those who volunteer in our township.

"With training, [volunteers] can greatly aid in relieving the staff and workload. Our volunteers enrich library services and inform the public about the library, and we are grateful for their help."

As a way of incorporating the special contributions of volunteers in our area, Heather is inviting anyone involved in a volunteer organization to drop by with a pin, magnet, pen or other item, and she'll see that it gets added to the wreath.

Vilda Nurse, librarian at the Baileboro Public Library, shared with *The Green Hills Gazette* her appreciation of the "unsung heroes" of the Otonabee-South Monaghan Library Board. The Library Board would like to thank, and acknowledge the dedicated work of volunteers who have volunteered providing library services, public education, and working in the Library Boutique. The boutique, run completely by volunteers, has raised \$4000 since June 1996.

"Volunteers bring different skills and levels of interest to the library. With training, they can greatly aid in relieving the staff and workload. Our volunteers enrich library services and inform the public about the library, and we are grateful for their help," Vilda said.

The Library Board would like to thank the following people for their dedication and enthusiasm: Eileen Manson, Marion Thompson, Pat Wood, Catherine Channer, Carol Beatty, Julia Mosher, Phyllis Curtis, Doreen Harris, June Beebe, Amanda Eagleson, Mayme Mahoney, Stephanie Chilton, Caitlyn Jackson, Emily Villeneuve, Christine Tompkinson, Jennifer Pattison, Dan Rayment, David Adlam, Mike Merrill, Freda Eagleson and Roy and Jeannette Ilott.

The Green Hills Gazette is committed to celebrating volunteers through the Hills Heroes column. Please send us names of those you think are heroes to others as volunteers - let's support those who volunteer, and encourage more people to share some of their time with others. If you would like more information about volunteer opportunities, or have a volunteer opportunity to fill, please contact us! ♣

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The TSB would like to express their congratulations to **Frances Shakov**, who is presently attending the Toronto School of Business in the Business Administration program. Frances has been honing her skills and talent within the scope of her new role as **Business Manager and Co-owner of The Gazette**. We wish Frances every success in her endeavours and know her education and training will provide her with the necessary tools for this exciting career move.

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In today's job market, it is becoming more and more necessary to list computer skills as part of any resume. It is necessary because businesses are becoming increasingly involved in the use of computer technology. And it's happening in a wide range of industries. Whether you are planning to work in business administration, Hospitality, or directly in the computer field, these skills are becoming essential, and can make a difference to the career futures of Canadians from coast-to-coast. That's why NOW is the right time to acquire the very skills that employees are looking for in everyone they hire. Both the Toronto School of Business and IBM are aware of this fact. That is why they are working together to ensure that each Toronto School of Business graduate is ahead of the game with the latest computer skills to compete in a technology oriented job market.

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HE SAID SHE SAID

Girlfriend jealous of mother-in-law

Where our distinguished columnists give practical advice for everyday living.

By Ethan Tupper and Candace Kane

Q I'm almost 30 years old and have two important women in my life, my mom and my girlfriend. My girlfriend gets annoyed when I call mom to ask her advice, or to do some chores around my house. She says that she wants to do these things for me. How can I reassure her that she is not second to my mom?

Name Withheld, Baillieboro

A Darling, I think that your girlfriend is hearing wedding bells! She simply desires to spend more time with you, and is doing what every woman (well, at least of my generation) has been taught to do, and that is to stand by her man and take care of him.

You and your girlfriend need to have a little chat about her expectations. If you are not ready to tie the knot and she is, then you need to get this out in the open. My dear daughter Ayino, who now lives on a commune in New Mexico, was once dating a lovely American who hailed from Cincinnati. She liked him a lot and did so much for him, like vacuuming and dusting his house and polishing his shoes. They eventually had the "talk" and it all ended so badly. Shortly after this, Ayino moved to New Mexico.

I must admit I was very naughty as I used this theme for my seventh best seller *Cactus Dreams*, which is still available at all fine book stores (it is published by Jester Romance and retails for \$29.99 in hardback and \$6.99 in paperback.)

Anyway, darling, this is not about me but about you. If you decided that you want to spend the rest of your life with this dear girl, then you will have to talk to your mother and tell her that you will not be relying on her so much. She may at first, be disappointed, but will soon get used to it.

I remember when Bart first moved to Toronto. He used to call me all the time to ask my advice about everything, especially new "friends". I tried very hard not to interfere but because he was my son, it was difficult for me to tell him that he had to make his own decisions about his life. He makes important decisions every day at work — he is a stock broker in Toronto, you know, and has a very responsible job. I never met any of his "friends" but he talked about them all the time and they seemed to have so much in common, such as shopping, cooking, the ballet, the opera, and going to the gym.

Bart did not call me so frequently once Bobby moved to Toronto. Bobby, the second Mr. Kane's son, and Bart met when they were 13 and taking synchronized swimming lessons. I was delighted that Bart had found his kindred spirit in Bobby. Of course, Ayino never calls to ask for advice as she has masses of new friends on the commune; they all take turns doing the tasks that need to be done and must stay up until the wee hours talking about this and that.

By the way, if you decide not to spend the rest of your life with this poor young thing, then let her down gently if you don't want her to move to New Mexico. I am going to pop a copy of *Cactus Dreams* in the post, just in case. Send me a note soon, darling, to tell me how it is all going.

Your confidant,
Candace

A Having no books to flog, or irrelevant stories about my offspring, I offer you the following observations:

Your question implies that you are no longer living at home. This, in turn, implies that your sense of self-respect is not as flexible as many in your generation. On the other hand, I can't help wondering what kind of chores and advice you are asking of your aging mama.

Maybe mom lives next door and you are asking her to feed your hens while you are away. And maybe you just want a second opinion before you use Dubbin on your good shoes. If this is all we are talking about, then your girlfriend should head south; maybe one of Ayino's soft-headed communist pals will give her the company she craves.

However, if you are getting your mom to drive a ways every day, just so your shirts get ironed the way you like (while getting "advised" about

your girlfriend's shortcomings?), then maybe your girlfriend has a legitimate beef.

Are you keeping your girlfriend away from these chores because she sets fire to every shirt she irons? Or, is mom trying to fill her empty nest with these chores to make her feel useful? Or are you some lazy manipulative freak who needs women competing for your attention?

Obviously, you have some sort of powerful relationship with your mom. Maybe this is healthy. Maybe this is weird. Can't tell; your question is too vague. But it clearly casts a long-enough shadow to make your girlfriend feel insecure and she probably hates being at your home when mom is over doing the chores.

If you want to reassure your girlfriend, I don't see any other choice but to tell your mom that you are trying to build a life-partnership with this girl and you want all chores to be done as a couple, without outside help. Under no circumstances are you to tell mom that this is anything but your own idea; these two women already have a fire between them that needs no stoking.

Furthermore, you must stop asking any advice of your mom, even if it has nothing to do with the intimate details of your heart and life. It can be a wonderful thing when kids can share worries openly with their parents, but no matter how innocent the question, it will just add to the jealousy existing between these two women.

Lastly, I can understand if giving up mom's advice "cold turkey" could be hard. Plus, if it turns out that your girlfriend is the real freak, it could isolate you and leave you open to her abuse. So hedge your bet and seek out advice from other friends and family who ought to be considered neutral by your girlfriend.

Of course, this is also a good freak test. If you are asking just as much advice from your girlfriend as these new confidantes, yet your girlfriend starts making the same old jealous complaints, then I would guess that the girl is trying to control you (mama was right). Unless you enjoy this kind of suffocating crap, drop her like a hot coal.

Good Luck,
Ethan Tupper

If you have questions that you are frantic to have answered, then send them post-haste to us at The Gazette and our venerable columnists will do their very best.

Community policing goes county-wide

Peterborough County ratepayers will direct policing priorities for the district, with the formation of a new Community Policing Advisory Committee.

Recognizing the success of municipal policing committees in addressing local issues, the new County-wide committee will incor-

porate the winning formula of intentional community consultation.

"The Community Policing Advisory Committee will have a broad based representation from every municipality, including municipal councillors, and community members. This committee will determine policing

Council still struggling with remuneration

Municipal council members still can't agree on what to pay themselves, and continue to battle over the terms of payment.

The most recent salvo fired into the remuneration fray was a suggestion put forward by Councillor Alex Ruth that the Reeve be paid \$10,000 per year without regard to whether

or not the Reeve actually attends all Council or Committee meetings. According to Councillor Ruth, Reeves elsewhere are paid on this basis.

Deputy Reeve Brian Squirrel strongly objected to the motion, and reminded Council it had passed a motion on March 23 to pay Council members on a per

meeting attended basis. "Consistency is required here, and we need a set rate." If councillors are docked remuneration for missing meetings, so should the Reeve, he added.

A motion to rescind the original plan for per meeting remuneration was defeated in a recorded vote, with four nays and two yeas. Remuneration will continue to be discussed at the next council meeting. ♣

Community cultural connections

Stuart Paul of Millbrook received the best news ever a couple of weeks ago. He found out that he had been selected by Youth Challenge International to go to Guyana in February for four months. Now, all he has to do is raise \$4,000!

"Youth Challenge International is in its 9th year," Stuart said when I talked to him last week. "They have sent close to 200 students between the ages of 18 and 25 to Costa Rica and Guyana, to work on community development projects such as building schools and envi-

ronmental clean up. All the community development projects are organized and run by youth. Recently, I attended a selection weekend in Alliston where they tested us for leadership abilities and I found out I was accepted the following week."

This 18 year old has company on his quest. His friend Heather Jutrus who, like Stuart, is an OAC student at Crestwood, is also off to Guyana and also has to raise money. They are determined to raise it by themselves. "After I've sold the Blue Spruce trees that I've potted, I'll have

\$270," he said. (They are \$11 with no GST!) "We'll hold bake sales, bingo games, and dances and we'll also apply to several community organisations for sponsorship."

After graduation this year, Stuart will travel to BC and work. But until then, he has orientation weekends coming up, research and reading to do, inoculation shots to get, and money to raise. ♣

We've asked Stuart to regularly let us know how his fund-raising efforts are going and to send us dispatches while he is on his travels. If you would like to help Stuart out — he'll work for money — then contact us at The Gazette.



HEALTH & WELL BEING

Is it a cold or an allergy?

Q. My sinuses are blocked, my eyes itch, and my nose is raw but I don't think I have a cold. It's not hayfever season yet. What's going on and what can I do to end this misery?

Ask a homeopathic/naturopathic doctor...

A. When you have cold symptoms, but you don't really have one, you probably have an allergy to something. If these symptoms happen all year or more in the winter, the allergy may be to something in your home.

This can be related to pets, molds, foods, or synthetic fibres in clothing, curtains, rugs, etc. If it occurs seasonally, then hayfever or some other outside allergen like pollen or a pollutant probably is causing the reaction.

If your body is run down, you will need to generally strengthen yourself through changes in diet, exercise, and rest. Supplements like vitamins C, B-complex, E, beta carotene and zinc, and various herbal remedies help to increase your eye, nasal and sinus mucous membranes' resistance to allergic irritation. Essential fatty acids such as are found in vegetable and seed oils are also important. Homeopathic remedies like Arundo, Allium cepa, Euphrasia, Canadian pollens, and Natrum mur. will also give symptomatic or lasting relief.

Weak digestion of foods can be responsible for what can be called a

"leaky gut" syndrome and can produce a variety of allergy symptoms, not just in the sinus area but throughout your body. In this situation, the strength of digestion needs to be improved by initially using digestive enzymes, acidophilus (live yogurt culture), herbs, and homeopathic remedies that fit the constitutional or overall picture of that person's state of health.

If you have had allergies all your life, then a constitutional form of treatment is needed, incorporating overall changes in how you function.

Consultation with a health professional is recommended for an individual's specific requirements.

Dr. Martin Kura,
D.C., N.D.,
Cavan Township

Ask a naturopathic doctor...

A. In order for the sinuses to become aggravated, it is not neces-

Twenty-five percent of sinus problems are due to food allergies, so eliminate common allergens until sensitivities can be determined (ie. milk, wheat, eggs, citrus, corn, peanut butter).

sary that it be hayfever season. Nutritional deficiencies, imbalance of the body's life force, or emotional or psychological reasons can greatly affect the way the body is functioning. Natural healing methods revolve around healing the cause of the clogging or inflammation. Suppressive over-the-counter sinus medications can trigger an infection by not allowing the drainage of ineffective material, and aggravating it by driving the infection deeper into the sinuses.

Sinusitis is often caused by bacteria and viruses, frequently following a head cold which refuses to heal. Chronic or reoccurring sinusitis is due to poorly healed sinuses, which give the foundation for renewed infection.

Sinusitis is difficult to heal because swelling inhibits proper air flow. Smoking and swimming trigger irritants that can lead to infection. Certain foods that increase mucous production, such as milk/milk products, often add to the problem.

Drink plenty of pure fluids to aid drainage. Avoid sugars. Twenty-five percent of sinus problems are due to food allergies, so eliminate common allergens until sensitivities can be determined (ie. milk, wheat, eggs, citrus, corn, peanut butter).

Make sure plenty of Vitamin C and A are taken. Vitamin C helps fight infections by maintaining the immune system. A deficiency of vitamin A in the body can cause sinusitis. Spicy foods and alcohol aggravate sinuses.

Acupuncture is a 5000 year old traditional Chinese healing art that aims to rebalance the flow

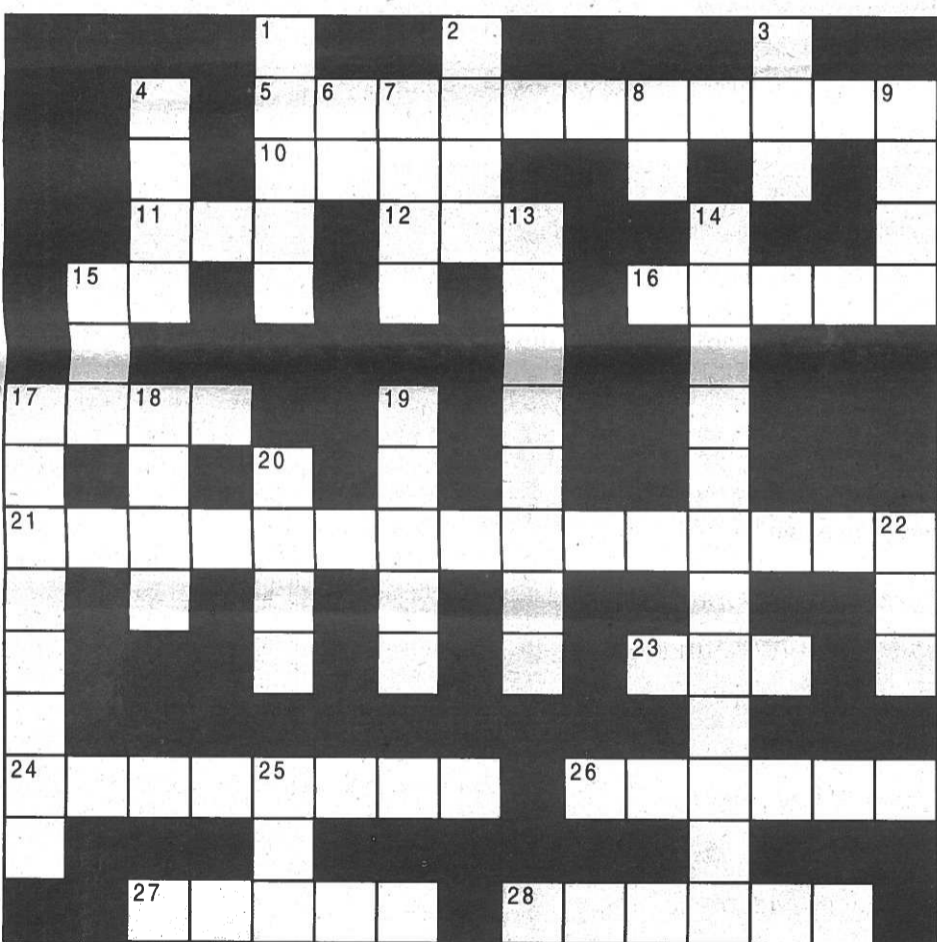
of Qi (pronounced chi), or life force, into the body. By harmonizing the patient's body, mind, and spirit, natural self-healing powers can work properly. Acupuncture is the insertion of very fine needles into, or the application of heat, pressure or massage on certain points along the body's energy pathways called meridians.

Through acupuncture, the entire body's natural energy and healing properties are at their fullest potential, thereby enabling the body to take care of such ailments, such as sinusitis.

Dr. Keith Thomson,
D.C., N.D.

with Kenda Thomson,
chiropractic assistant,
Thomson Family
Chiropractic, Peterborough.

This column is for informational purposes only, and does not replace professional health care. Please consult your doctor or other health professional for care that meets your specific needs.



Gazette Crossword

Specially created by **Kate Luchuk**, each puzzle is based on articles appearing in the current issue of *The Green Hills Gazette*. Answers next ish.

Across

- 5 At Raising Cane, customers are helped "to realize their goal in creating a beautiful home _____."
- 10 Bright or fluorescent.
- 11 The number of sites approved in Peterborough County for sludge application.
- 12 A style of ball pitching.
- 15 "Aries people just want to _____."
- 16 Downtown Millbrook colours will be incorporated into these.
- 17 "Plow points were _____ iron."
- 21 Tom Jones' career journey has been mainly _____.
- 23 The automobile is deductible through this claim.
- 24 This family owns and operates Raising Cane Rattan Co.
- 25 At Tom Jones' back door.

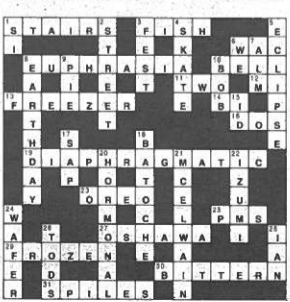
- 27 Sparky the dog had an encounter with the extension cord from these lights.
- 28 Clay biosolid spread on agricultural land.

Down

- 1 Anything that is injurious destructive or fatal; bane, toxin, virus, poison, contagion.
- 2 El _____ is wrecking havoc on the weather system.
- 3 Councillors are paid on a _____ meeting basis.
- 4 These floor carpets can be purchased at Raising Cane.
- 6 French for born.
- 7 A measurement of electricity.
- 8 The youngest in the judo class are taught that this word does not exist.
- 9 Raising Cane suppliers are kept on these.
- 13 One of the official colours for downtown Millbrook.
- 14 Sparky was _____.

- 15 Business Improvement Assoc.
- 17 These contaminants are not included in paper sludge composition lists.
- 18 The place where an action or event occurs.
- 19 Aries is the _____ sign of the zodiac.
- 20 Dread or anxiety.
- 22 French for bed.
- 25 "plowing was an _____."

Answers from last issue



Cavan Chiropractic & Acupuncture Clinic

Dr. Lawrence B. Smith B.Sc., D.C.
Chiropractor
Acupuncture

1493 Tapley 1/4 Line

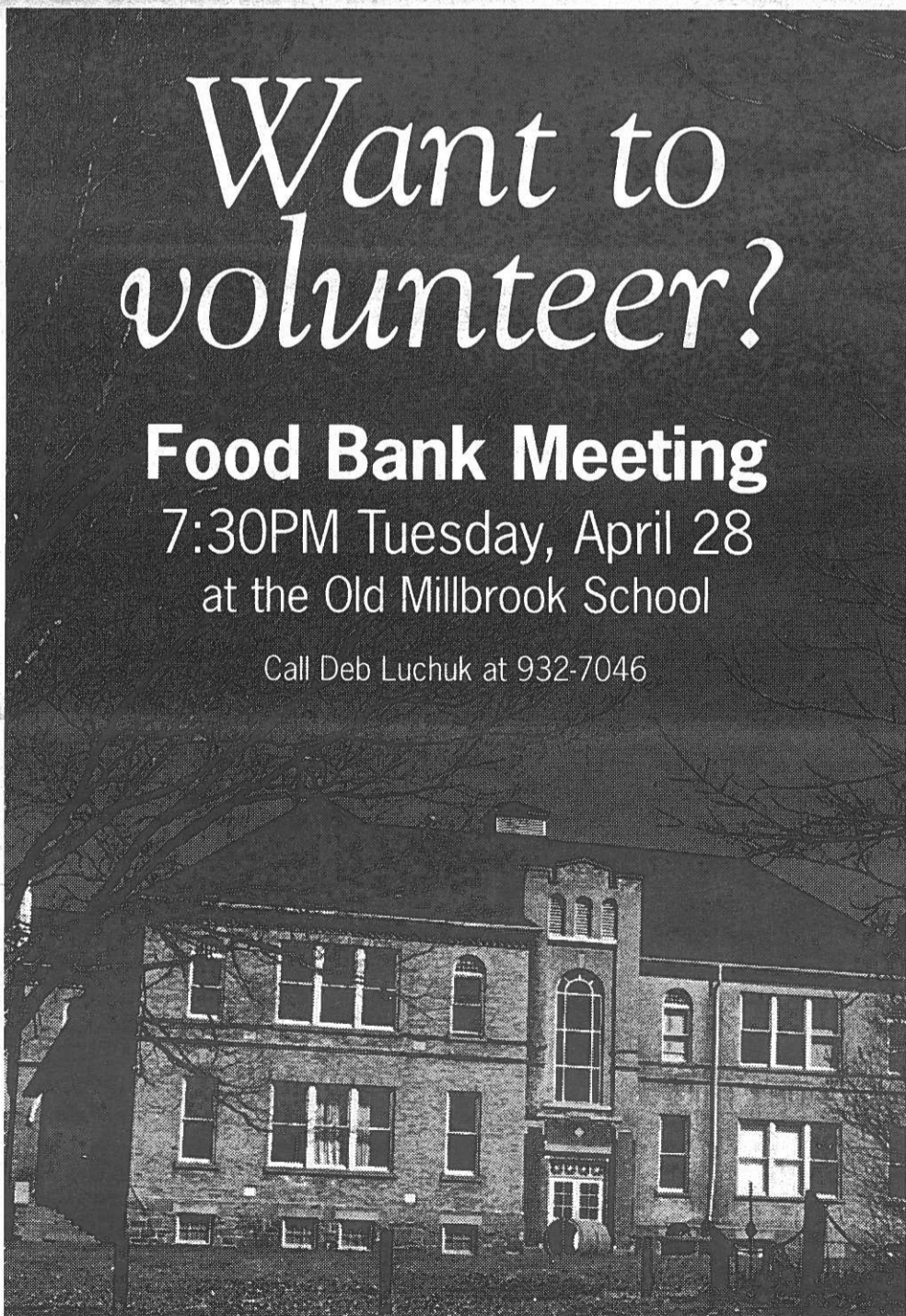
(705) 944-8964

Want to volunteer?

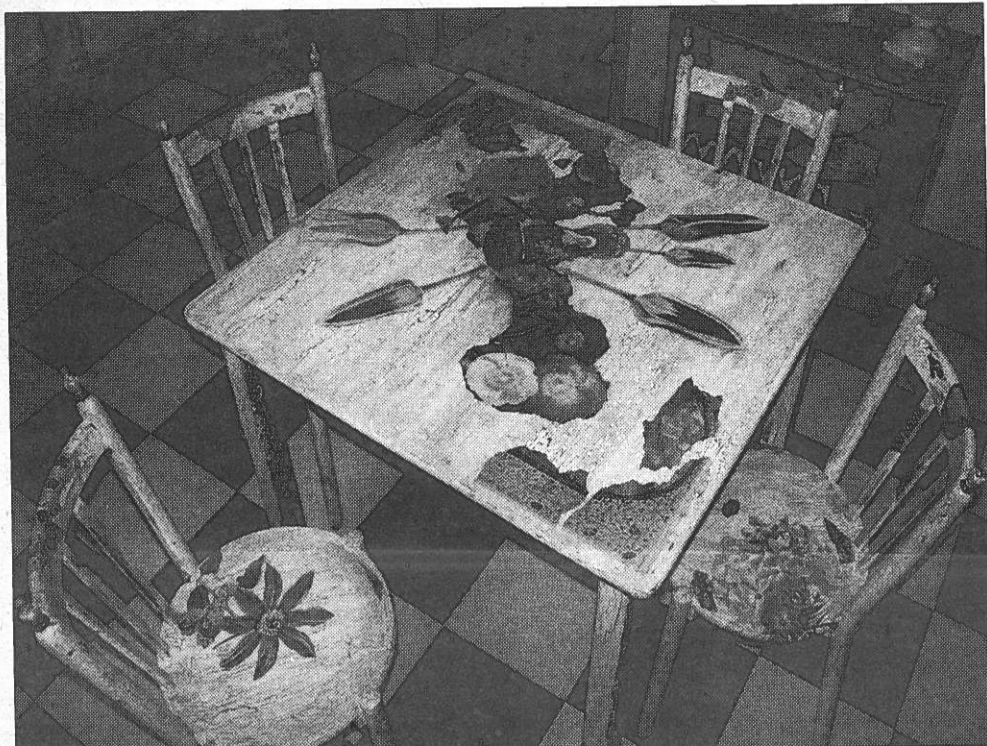
Food Bank Meeting

7:30PM Tuesday, April 28
at the Old Millbrook School

Call Deb Luchuk at 932-7046



ARTS & CULTURE PAGE



These tables and chairs were cheap pieces of Swedish furniture two months ago and destined for the garbage. They're now a work of art!

Have crackle, will travel... but not far!

by Frances Shakov

If, for the past few months you've been sitting looking at a piece of furniture thinking "I've got to call Goodwill to come and pick this thing up. Or maybe I'll leave it out in the garbage and someone will take it away", don't despair, the best kind of help is on the way.

You can give this piece of furniture a complete make-over (eat your heart out, *Chatelaine Magazine*) at one of Kimberly Hart's great furniture restoring weekend art workshops.

In her 1840s Victorian farmhouse, located on six acres beside the Ganaraska Forest, Kimberly has put together a destination for the imagination and a perfect setting for ideas and concepts. The house is surrounded by beautiful grounds which feature a circular antique rose and herb garden.

Inside, Kimberly's home is eclectically decorated with hand painted and decoupage furniture and walls which add to its English country charm. The studio/shoppe has many unique hand-made decorative items fashioned by Kimberly and a variety of local artists who are all offering workshops as well.

"It's too easy to see and then buy things when massed in retail", Kimberley said. "My bed & breakfast and studio/shoppe is not an art mart but a collection of objects that are unique, practical and have a long term aesthetic value. You may want to visit on your own, or gather up friends

"My bed & breakfast and studio/shoppe is not an art mart but a collection of objects that are unique, practical and have a long term aesthetic value."

and come to relaxed and fun weekend workshops. Once inspired, you'll want to pull out the paint, crackle, and decoupage and stamp away at your walls and your furniture. Then you'll have created your own masterpiece!"

Kimberly's B&B sounds like heaven. I, for one, can't wait to light some aromatherapy candles and lounge in the outdoor hot tub or the indoor therapeutic bath, and after a peaceful night in one of the whimsical guest rooms, have a generous breakfast, make contact with my inner artist and get working on that piece of furniture!

ON THEIR TOES

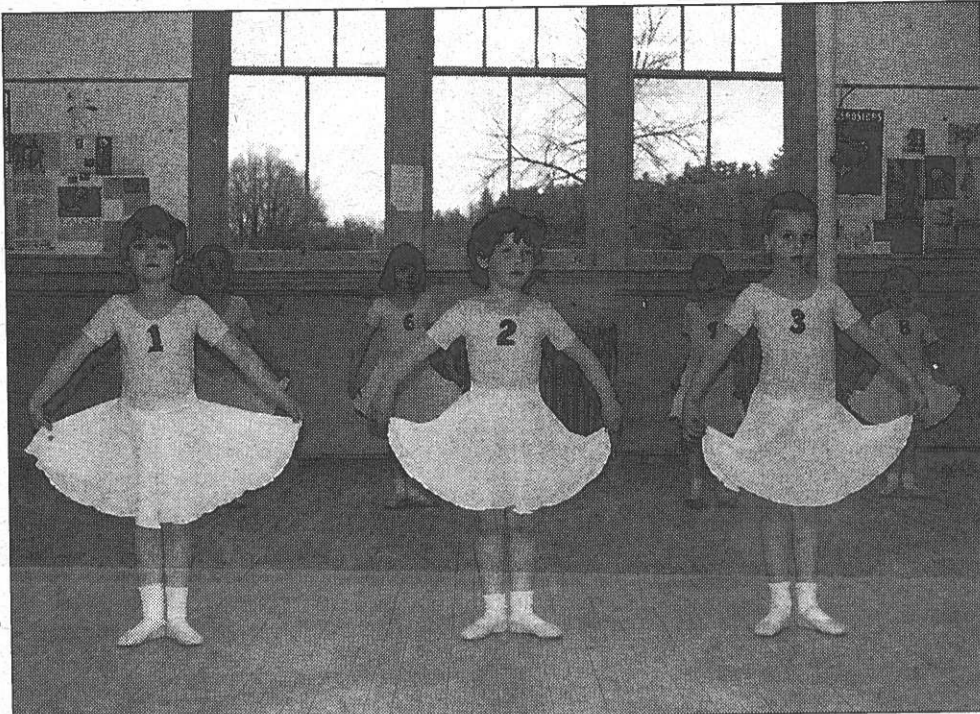
It would be wonderful if some of Stefani Kostoff's ballet students were to go on to great things with The National Ballet of Canada. Judging by the performance we saw, there are some talented little dancers in our township.

Some of Stefani's students recently took their pre-primary ballet exams in Port Hope, and were tested by Pauline Dibb

from England. The girls included Emmaline Spasov, Erin Polowin, Kiki Kirkpatrick, Claire Bourgeois, Gillian diPetta, Christine Elgar, Amanda Manley and Emily Sullivan, and they have all been taking classes since September at the Old School.

POTS & PLANS

Ellie and George Stewart have planned a Spring Open House at their studio, Church Pottery, for the weekend of Saturday, May 2 from 10 am 'til 5pm and Sunday, May 3 from noon 'til 5pm. Featured are works by George as well as Bob Kavanagh, Jane MacIntosh, Pat Woods and Jane Bingham. Now in its twenty-third year of business, Church Pottery is also open every day during the week (except Wednesdays) from noon 'til 5pm.



Ballerinas, conveniently numbered for easy reference, are as follows: 1 is Emmaline Spasov, 2 is Erin Polowin, 3 is Kiki Kirkpatrick, 4 is Claire Bourgeois, 5 is Gillian diPetta, 6 is Christine Elgar, 7 is Amanda Manley, and 8 is Emily Sullivan.

LITERARY BEGINNINGS

Coming to The Millbrook Gallery's 3rd Annual Spring Reading Series are Katherine Govier (*Angel Walk*) who reads on Sunday, April 26 and Erika Ritter (*The Hidden Life of Humans*) who reads on Sunday May 3.

Jane Wilson and Grace Glass have put together the series, and they have the process down pat. Said Grace, "Jane, Ted Hodgetts, Harold Glass and I meet and make a list of authors and contact them. And we are always looking for suggestions from the public. This is our third year and we've

"[Authors] like our venue, the music and the mood, which all make a difference to them. They used to be reticent about coming to Millbrook but now we have a good reputation."

been able to pull in forty to sixty people to each reading. The authors read from their latest novels, we have a break and refreshments and then the authors sign the books that they bring for sale. They like our venue, the music and the mood, which all make a difference to them. They used to be reticent about coming to Millbrook but now we have a good reputation. With one author from this season, I mentioned that Rosemary Sullivan had been here and she said how much Rosemary had enjoyed the reading, and signed up."

The season is funded by the federal arts granting agency, The Canada Council for the Arts, and because of this, only Canadian authors are invited to read. The Council has also endorsed the organization behind the Spring Reading Series, and welcomed the idea of the Gallery bringing in more authors. With a grant of \$200 per reading, the most important condition is that the

readings remain free to the public.

It is great to think that we don't have to travel into Toronto to the Harbourfront Literary Festival to hear some of Canada's most important writers. The authors seem to enjoy the intimacy that Grace and her colleagues at the Gallery have worked hard at maintaining, and there are no press clamouring for the next sound bite.

LAST BUT NOT LEAST

On a related note, there are only a couple of weeks left of The Millbrook Gallery's 3rd Anniversary Group Show. So if you haven't seen it, try and make time to go. The new summer hours are Thursdays, Fridays & Saturdays from noon 'til 5pm and Saturdays from 10am 'til 5pm. The next show opens on Sunday, May 30 and features pottery by George Stewart, Angelo diPetta, Bill Rowland & Jane Wilson. ♦

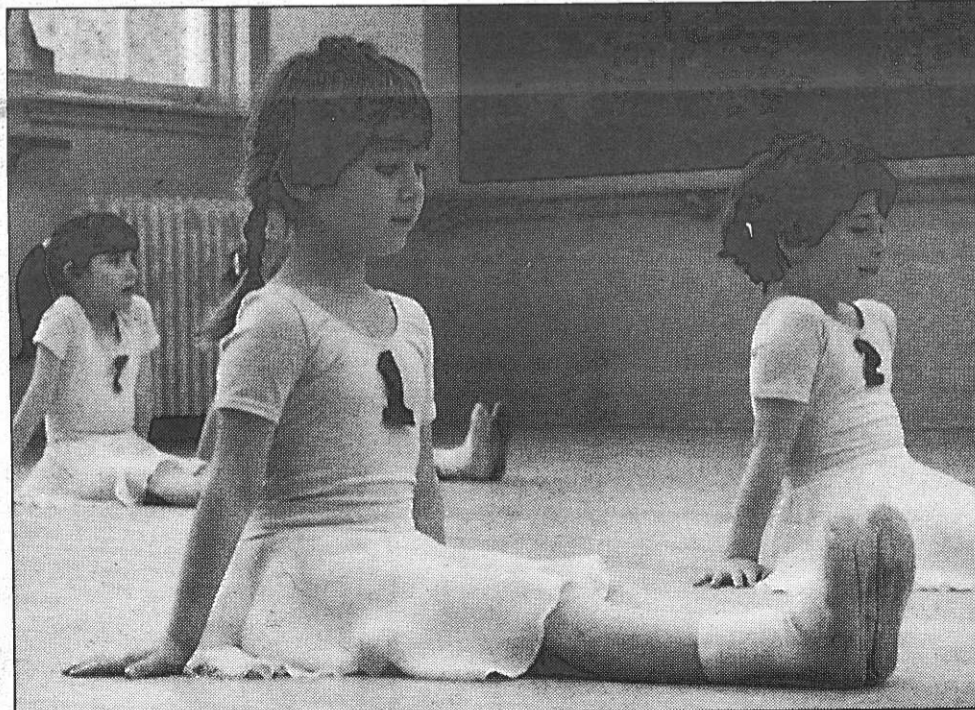
How To Connect

Kimberly Hart's
For information about B&B rates and the many art workshops Kimberly is offering, call (705) 932-3339 or just drop by. The house is on the Challice 1st Line, south on Cry Rd. 10.

Church Pottery
The studio is at 948 King Street, Mount Pleasant. Ellie and George's can be reached at (705) 799-6992.

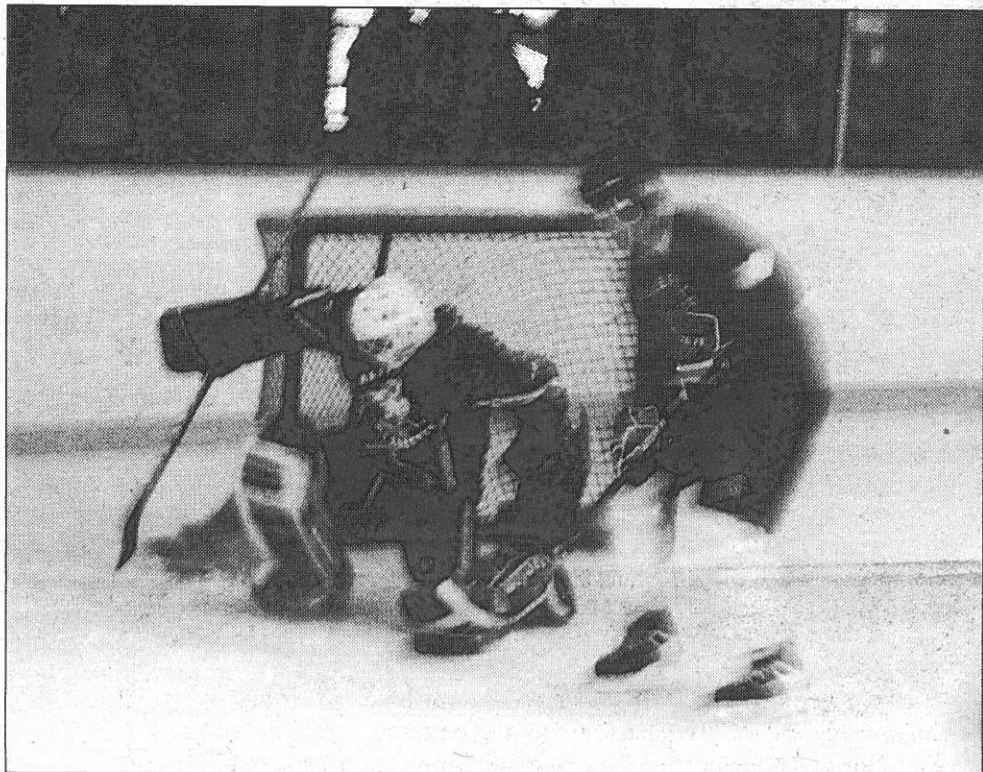
Ballet Classes
Call Stefani Kostoff for details at (905) 885-7001.

The Millbrook Gallery
The Gallery is at 19 King Street East, Millbrook, (705) 932-5482.



Our beautiful ballet students from Stefani Kostoff's class at the Old School.

SPORTS PAGE



Purple Roosters (wearing Lakefield Chiefs shirts) repel shot by Lindsay Muskies.

Zekes Thunder crowned 'A' champs

It took overtime, but Zekes Thunder were eventually crowned 'A' champs on Easter weekend, capturing the 16th annual Millbrook Oilers Men's Hockey Tournament at the Millbrook Arena.

The Thunder earned the

win and a \$600 cash prize with a thrilling 4-3 victory over Purple Rooster for the 'A' Championship trophy.

In other action, Collegiate Sports defeated the Lindsay Muskies 4-2 to take the 'A' Consolation crown while Central

Steelers defeated Brent Dunford's team 4-1 to win the 'B' Championship title.

Some 16 teams from the area participated in the men's event which is the largest of its kind, played over three days at the Millbrook Arena. ♣

Low-down on local lob ball

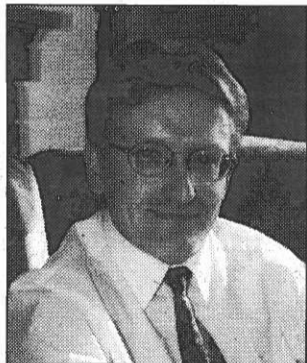
By Barry Larock

If you played baseball as a child, you're going to love lob ball as an adult.

The sport of lob ball is enjoyed by thousands of Canadian adults each summer. Otherwise referred to as slo-pitch, the game is just as popular here, according to organizations such as the Millbrook/Cavan 30 Plus Lob Ball League.

Unlike softball, with its similar style of pitching, slo-pitch has done for baseball what oldtimers have done for hockey. Quite simply, it has given participants a chance to pursue their passion for participating well into their maturity and beyond. It was once said in a Kevin Costner movie that "if you build it, they will come." Well, they must have been referring to slo-pitch, because when they built it, they kept coming and coming back for more.

"It's all about lots of socializing, non-competitive ball and a lot of fun," notes John Carpenter, one of four local executive members with the



Sports Writer Barry Larock.

Millbrook/Cavan 30 Plus Lob Ball League.

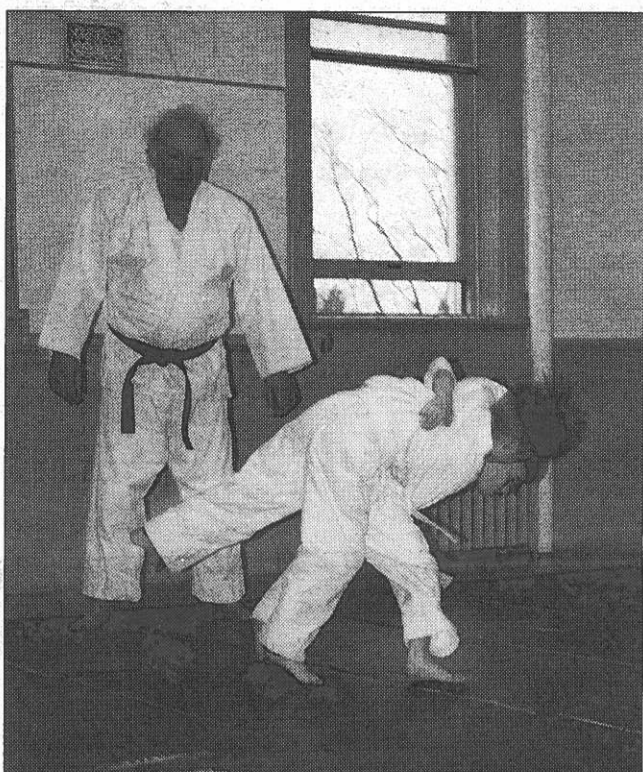
"We really try to reinforce each year that we don't keep standings and we're not in it for any trophy. What we find eventually is that all our players really want is to get some exercise, meet new people, and enjoy themselves."

Carpenter, is joined on the local executive by president Jim Embrey of Cavan and Jim Kennedy and Bev Leonard of Millbrook. The league is entering its eighth season which will begin May 24 weekend and continue through to August 28. Following the season, a fun-filled weekend tournament is always a ritual, set for August 29 and 30.

"All of our games will be played Sunday evenings this year, beginning at 5 p.m. and 6:30 p.m. at Maple Leaf Park in Cavan," added Carpenter.

"And the cost is only \$35 per person which includes some 15 games of lob ball. I'd say that's pretty reasonable if a couple is looking for some exercise and fun."

For more information on the Millbrook/Cavan Plus 30 Lob Ball League, contact John Carpenter at 932-2371. ♣



Students practice flips under the watchful eye of Jim Rowland.

See it, seize it, and use it

By Barry Larock

Sensei Jim Rowland has a simple philosophy for students of the Shindokan Judo Club in Millbrook... see it, seize it and use it.

For three years now, Rowland has been teaching the self-discipline of judo to numerous youth and adult students at the Old School in Millbrook three times per week. He does this, remarkably, on a volunteer basis with all registration fees returned to benefit the sport.

"When someone signs up for the program, the cost is basically \$15 to register with the Ontario Judo

Association, and \$30 for a ten-week session," explains Rowland, who hails from Peterborough.

"All of the money for the ten-week session is returned to the [Township] for the betterment of recreation in the community, and in my case, the betterment and promotion of judo."

The \$15 fee is passed on to the Ontario Judo Association, where the athlete is registered. The fees are used to inform, promote and implement programs at a provincial level.

According to Ontario Judo Association Executive Director Tim Dawkins, "(Jim) Rowland is a long

standing member of the association who is dedicated to the sport of judo for all," said Dawkins, "he has always been committed to seeing the sport progress."

And so, as the judo enthusiasts of Cavan and Millbrook so actively participate each Monday, Wednesday and Friday, they should realize they have a unique friend in their company.

Rowland is a veteran of 20 years. His classes provide insight into a number of secrets of the mental and physical fitness requirements of the sport. As a first degree shodan black belt, Rowland ensures high energy consumption from everyone of his athletes.

"I basically teach those in the youngest age group, my babies, very quickly that there is no such word as no," notes Rowland who is teamed with friend, fellow shodan black belt and ex-Canadian champion, Mike Dolson (a Millbrook resident).

"As for the adults, I try to develop skill level and build character in each of the students, because they all have their various reasons for participating. Some are worthy of spirited competition and others participate for the fitness aspect. The bottom line is that I'm always testing every muscle in your body as well as the mental alertness that judo requires."

For more information on the Shindokan Judo Club in Millbrook, please contact Jim Rowland at 748-5482 or Debbie Durrell at 932-2843. ♣

Bowling Scores

The following are part of the bowling results from the MILLBROOK BOWLING CENTRE, for week 29 of 32.

MILLBROOK BOWLING CENTRE TEAM STANDINGS

	WON	PINS	WON	LOST
5 - The Hits and Misses	298	113948	27	21
2 - Dead Beats	288	113265	42	6
1 - Bad News Bears	286.5	113076	46.5	1.5
7 - WWW.Bawl.Com	281	113352	38	10
4 - Rolling Pins	272	113945	23	25
6 - The Late Addition	246.5	111919	33.5	14.5
11 - Trouble Shooters	234	111539	23	25
10 - Hurricanes	229	110468	20	28
3 - Mighty Six	204	108592	8	40
9 - The Drifters	187	108313	15	33
8 - Alley-Oops	169	105781	32	16
12 - Bye	0	0	0	0

HIGH SCORES LAST WEEK

Hi Game: 1356 Dead Beats, 1295 Bad News Bears, 1224 Rolling Pins.
Hi Series: 3829 Bad News Bears, 3625 Dead Beats, 3392 The Late Addition

MEN

Game: 27 - Bill Might, 298 - John Post, 268 - Dale McDonald.
Ser: 770 - Bill Might, 744 - Earl Doyle, 715 - Dale McDonald

WOMEN

Game: 288 - Jane Downer, 264 - Rose Couch, 233 - Linda Jessup
Ser: 692 - Rose Couch, 651 - Linda Jessup, 612 - Jane Downer

SEASON HIGHS

Hi Game: 1372 Bad News Bears, 1356 Dead Beats 1322 Rolling Pins.
Hi Series: 3829 Bad News Bears, 3654 Rolling Pins, 3625 Dead Beats

MEN

Game: 364 Gary Sanderson, 336 Dale McDonald, 329 Bob Robinson
Ser: 904 John Post, 837 Dale McDonald, 813 Rob Rogoski

WOMEN

Game: 325 Bev Minnie, 324 Marion Guthrie, 311 Lorraine Might
Ser: 828 Marion Guthrie, 746 Bev Minnie, 734 Cheryl North

HIGH AVERAGES

MEN

224.79	Rob Rogoski
224.37	Dale McDonald
220.22	Bill Might
214.65	John Post
206.66	Wilson Larmer
204.08	Rob Hamblin
202.77	Rick Guthrie
199.79	Tom Couch
192.37	Bill Bendall
190.90	Gary Sanderson
190.37	Arnold Guthrie
189.57	Wayne Hedges

WOMEN

203.97	Marion Guthrie
202.95	Rose Couch
197.98	Bev Minnie
195.87	Cheryl North
188.53	Karen Bendall
186.46	Linda Jessup
178.85	Jennifer McDonald
177.21	Betty Moore
173.71	Marj Nicholson
173.39	Joy Daniels
172.19	Jane Downer
168.72	Nancy Byrne

FREE DRAWS-SIGN UP TODAY
WIN! WIN!
Lots of Prizes * (1 Chance in 10 to win)

Millbrook Bowling Centre
"Mini-Spring League"

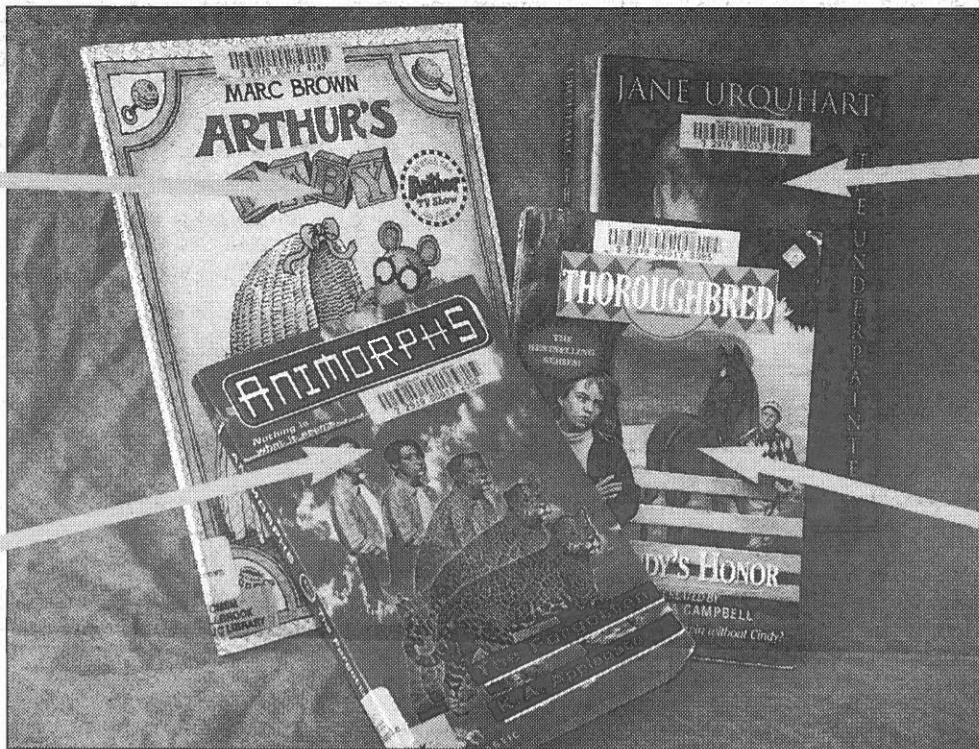
ONLY 9 WEEKS
May 2nd till June 30th

FUN 9
FUN 3
FUN 2
FUN 3
FUN 0
FUN 7
FUN 0

*Based on 50 bowlers Sunday, Monday or Friday Eve.

The *Arthur Series* by March Brown is hugely popular with the kindergarten crowd and the series is well loved by most little girls who can't help but get caught up in Arthur and his sister D.W.'s day to day events. The books are thoroughly delightful, and are enhanced by one of the best TV series gracing our airwaves.

The *Animorphs Series* by K.A. Applegate is a pre-teen SciFi series, full of twists and turns. The series focuses on a group of teens who can morph into any animal they wish but if they stay in morph for more than two hours, then it becomes a permanent state. Each book also features excerpts from the next book to come into print.



The Underpainter, by Jane Urquhart. Many of Canada's authors are now reaping accolades world-wide, and Jane Urquhart is one of them. *The Underpainter* focuses on the not very likeable Austin Fraser who, through a series of flashbacks, explores the "underpainting" of his own life.

The *Thoroughbred Series*, created by Joanna Campbell. With over 2,000 *Thoroughbred* books in print, the series is addictive for pre-teen girls and, like the *Goosebumps* series, many of the books feature excerpts from soon to be released books. The *Thoroughbred Series* focuses on a group of girls and their horses, showing pre-teens there is a way through adversity.

What Are We Reading in the Township?

Bonnie Bulloch, the librarian at the Mount Pleasant library, says that many little kids are reading *Arthur* and Paulette Bourgeois' *Franklin* books, which are delightfully illustrated by Brenda Clark. "The books show gentle ways of encouraging children to do things that are frightening for them, such as the fear around the first day of school."

Mount Pleasant pre-teen boys and girls are still caught up in R.L. Stein's *Goosebumps* horror stories, their appeal enhanced by a TV series that is shot mostly in and around Toronto. Some pre-teen girls are reading the horsey books such as Bonnie Bryant's *Saddle Club Series*. However, Bonnie says, "Once the kids fix on a series, they are reluctant to try anything else."

In CanLit, Carol Shields is very popular — especially *The Stone Diaries* — but many found Larry's Party a disappointment. Grown-ups are also reading Danielle Steele and John Grisham and both authors seem to have a long waiting list at all the libraries. Oprah Winfrey's book pick always causes the telephone to ring.

"My pick is *A Woman of Independent Means* by Elizabeth Forsyth Hailey, a book that took me a long time to get around to," said Bonnie. "I read a lot of biographies and really liked the Billy Graham bio. Scott Young [a former Globe and Mail sports writer and father of folk-rocker Neil Young] wrote an interesting bio and his short stories are good, especially as he has written about his neighbourhood, which is Mount Pleasant!"

Canada Book Day: Give One Get One Read One

By Frances Shakov

Books, books, books. What is the fascination? Ever since Gutenberg stumbled upon a radical way of printing books around 1440, there have been people who cannot rest their heads upon a pillow without sinking their minds into a good book. But there are people who think that reading is a time-wasting form of self indulgence — "I hate books, for they only teach people to talk about what they do not understand." (Rousseau)

Over the centuries, authors either seemed to have a love/hate relationship with their work — "The most seductive, the most deceiving, the most dangerous of professions." (John Morley) or they looked at it as a burden that

they are destined to carry on their shoulders — "Writing a book is a horrible, exhausting struggle, like a long bout of some painful illness." (George Orwell)

There have been writers of great classical works — "A classic... something that everybody wants to have read and nobody wants to read." (Mark Twain), there have been poets — "I have never known a poet who did not think himself super excellent." (Cicero), and there have been biographers — "Our Grubstreet biographers watch for the death of a great man, like so many undertakers, on purpose to make a penny of him." (Joseph Addison)

Writers have had two burdens in their lives. After a book is agonisingly sweated out, it goes off to the publisher who has been seen as an unnecessary evil

in a writer's life — "A petty sneaking knave I knew..." (William Blake). The book then lands in the hands of the critic — "Critics are like horse-flies which prevent the horse from ploughing." (Anton Pavlovitch).

Some books find their way into people's homes where they lie on shelves like abandoned children, and others make their way into libraries that were looked upon as a scourge, even by the literati as well as great thinkers — "A library makes me sick." (Freidrich Nietzsche).

Lucky for us, most of society today looks upon writing books and reading them as an honest profession and a respectable hobby. To encourage the public to encourage reading, there are enormous amounts of money and time spent by authors, publishers and critics to put together readings, festivals, book signing sessions, and, of course, days to Celebrate The Book.

One such day is Canada Book Day (Thursday, April 23) which is now in its third year. Organised by The Writers' Development Trust whose purpose is to advance and nurture Canadian writers and writing, the day is celebrated throughout Canada with readings and book signings.

There is also the Cross Country Story which, via the Internet, links several writers together as they compose a story paragraph by paragraph.

Featuring children's, mystery and literary writers, there are only two hard and fast rules for the contest: the story must have a Canadian theme and authors must mention the name their latest book in the paragraph.

As the day continues, the Trust will post the story on their website and the public can read it at their leisure.

As for other celebrations, in Ontario, The Canadian Children's Book Centre will be giving out a number of books to babies born on April 23, and the Girl Guides, Pathfinders, Brownies and Sparks will

be involved in book drives and other events. Events within a hour's drive away from the township include the CanLit Chit Chat at the Markham Chapters Book Store where Anne Michaels will be reading from her acclaimed *Fugitive Pieces*. The store will also be giving away books.

In Toronto, the events are numerous, from children's author Tim Wynne-Jones giving a workshop to teachers and librarians to readings by students of The Creative Writing Program at the University of Toronto at Hart House. ♣

How To Connect

Canada Book Day Website
http://www.sites.sympatico.ca/bookday/

The Writers' Development Trust
Phone (416)504-8222
E-mail: writers.trust@sympatico.ca

The Girl Guides of Canada
Peterborough Division
Phone (705)748-5065

My source for the quotations (and a very witty book): *An Irreverent and Thoroughly Incomplete Social History of Almost Everything* by Frank Muir (Stein and Day, 1976).

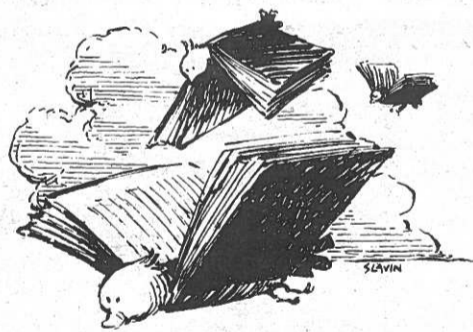
CANADA BOOK DAY



APRIL 23

Give One Get One Read One

The MILLBROOK GALLERY 3RD ANNUAL SPRING READING SERIES



Sunday, April 26, 8 p.m.
Katherine Govier
Author of *Angel Walk*

Sunday, May 3, 8 p.m.
Erika Ritter
Broadcaster and author of
The Hidden Life of Humans

Free Admission
Readings made possible through



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Third Anniversary Show runs from April 4 to May 24.

Gallery hours:
Saturday 10-5
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Over 30 people and two dogs participated in the annual Good Friday Walk, from St. Thomas Anglican Church in Millbrook to Emmanuel United in Bailieboro. The pilgrimage commemorated the journey of Christ to the cross.



PAWS FOR A MOMENT

Shocking but true

By Richard Maser, D.V.M.

Many of the after hour calls and Sunday calls we get paged for by our answering service are from clients merely seeking advice on how to handle a given situation with their pet.

"Brutus just ate a two pound box of chocolates. Will this poison him?"

"Can I give Pepto-Bismol to my dog?"

"I can't find our budgie. I think our cat ate him. Will the cat be alright?"

Often a little bit of advice or a reassuring voice is all that is required to take care of the situation. But other times, a sunny Sunday afternoon can cloud over very quickly.

"Hi, Dr. Maser. It's the answering service. Can you please call Mrs. Hulahoop? Her dog has just been run over."

I immediately return the call, to be greeted by a hysterical crying, sobbing Mrs. Hulahoop. "Can he stand up," I ask. "No," is the reply. "Can you bring him right in to the hospital?" "Yes, my neighbour will drive me. We'll be there in ten minutes."

I give my wife and two kids a quick kiss goodbye, jump into my truck and drive over to the hospital. I pull in just as my patient arrives in the back of a van. He is an eight-month old puppy who was playing where he shouldn't have been playing. The owner brings him into the clinic wrapped in a blanket. A quick examination reveals no broken bones, no bruises, no abrasions, no cuts. Not so much as a bleeding toenail.

"Did you see him get hit?" I ask Mrs. Hulahoop.

"No," she replies. I heard him scream on the

front lawn. I rushed out of the kitchen, and he was laying on the grass, like he was unconscious.

"Strange." I continue my examination. He was very weak, too weak to stand. Cool extremities. I look inside his mouth, and then the answer jumps out at me. He has a huge burn on the top of his tongue. He has been electrocuted!

"Do you have any extension cords plugged in outside in the yard?" I asked Mrs. Hulahoop. "Yes, to the patio lights," she replied.

We immediately began treatment for shock, and the pup responded beautifully. Twenty-four hours later, he was released and sent home.

The puppy's name? Sparky! ♣

Dr. Maser tends to puppies (and other pets) like Sparky at Cavan Hills Veterinary Service, in Cavan.



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Sunday, May — 3 noon to 5 p.m.

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COSMIC COMICS

Aries courage leads quickly to action

By Crystal Eves

If you glance through the Aries chapter of any grocery store astrology book, no doubt you will find the description "courageous". And if you happen to know an Aries (born March 20 - April 20), you will likely agree that fear doesn't seem to deter this group, for if there is a task at hand or challenge to be met, Aries swiftly rises to the occasion.

So what is it? Are these people born with stronger hearts and thicker skin than the rest of us? Probably not. Aries' courage seems to come from the fact that they are impatient.

Aries is the first sign of the zodiac, and in this regard, it is the original sign and a pure, almost primitive form of human expression. Don't get me wrong here, I don't expect you'll see many Aries jaunting about in loincloths, dragging home meat. By primitive, I mean that Aries people often act according to their instincts and they usually assess situations without taking into account any viewpoint but their own.

They revel in the fact that they are alive. They are curious and adventure seeking and ultimately just want to "be". This is not a pensive sign, and of course,

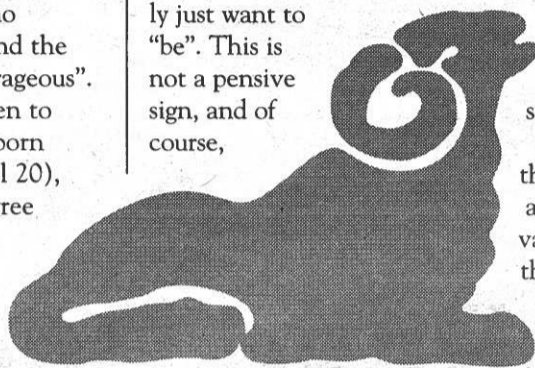
this is exactly why they appear courageous.

Aries tend to take action before fear can set in. They sign up for parachuting the second they hear about the jump school. They quit their job the day they first feel frustrated and they mouth off to the bully before they take a look at his size!

If you ask an Aries about their choices, they will usually admit that they didn't really consider what they were getting into. But you see, action and impatience have their own rewards. As the cliché goes, once you've

taken the plunge, you simply have to sink or swim and Aries being a survival sign, swims.

And as they do, the world looks on in admiration for their valour. No one hears them muttering under their breath, "Oh no, what have I done now!?" ♣



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April 25 & 26, 1998

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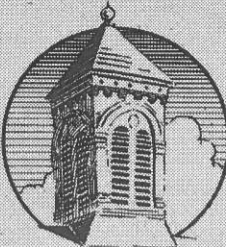
Christine Soligo, B.I.S.
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(705) 745-3138

also The Art of Sacred Living Workshop Series
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Community Calendar

Tear out this page and post!

KEEP THIS CALENDAR ON YOUR FRIDGE OR WALL FOR QUICK REFERENCE TO UPCOMING EVENTS. IF YOU KNOW OF A COMMUNITY EVENT THAT SHOULD BE INCLUDED ON THE NEXT CALENDAR, PLEASE FAX THE INFORMATION TO (705) 932-4041, OR CALL TOLL-FREE (888) 886-4591, OR MAIL IT TO THE GREEN HILLS GAZETTE, BOX 376, MILLBROOK, ONTARIO, L0A 1G0.

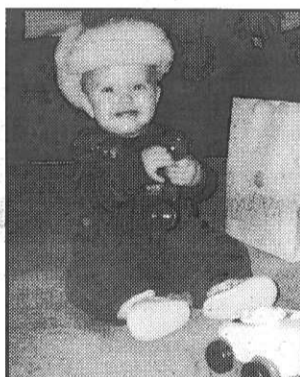
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SPONSORED THIS ISSUE BY:</p>  <p>Your business is our business</p> <p>We are entrepreneurs who coordinate projects — from tourism campaigns to MapleFest — that benefit the local economy. Membership is open to all businesses and includes access to excellent group insurance. Call us!</p> <p>Box 271, Millbrook, Ont. (705) 932-7007 email: millbrook@peterboro.net</p>				<p>APRIL 23 Volunteer Appreciation Week Canada Book Day Live Theatre Supporting the Elizabeth Fry Society O Millbrook Playschool A Millbrook Legion BINGO at 7:45PM Arena Shuffleboard at 1:30PM New to You B</p>	<p>APRIL 24 Volunteer Appreciation Week Spring Craft and Collectibles Sale G Live Theatre Supporting the Elizabeth Fry Society O New to You B</p>	<p>APRIL 25 Volunteer Appreciation Week Millbrook Fishing Derby C Omeme Spring Movie D Spring Craft and Collectibles Sale G Millbrook Library Boutique E Baileboro Library Boutique F New to You B</p>
<p>APRIL 26 Reading Series Guest Author Katherine Govier at The Millbrook Gallery H</p>	<p>APRIL 27 DEADLINE for written submissions to The Green Hills Gazette for the May 7 issue Creative Card Making I Millbrook Legion Bridge at 1:00PM New to You B</p>	<p>APRIL 28 Food Bank Meeting J Millbrook Women's Institute Meeting K Cavan-Millbrook Nursery School L Millbrook Playschool A Baileboro Library Boutique F New to You B</p>	<p>APRIL 29 Millbrook Legion Euchre at 1:30PM Millbrook Library Boutique E New to You B</p>	<p>APRIL 30 AD DEADLINE for The Green Hills Gazette May 7 issue Norwood's Dixie Land Band in Millbrook! W Millbrook Playschool A Millbrook Legion BINGO at 7:45PM Arena Shuffleboard at 1:30 PM New to You B</p>	<p>MAY 1 New to You B</p>	<p>MAY 2 Millbrook Library Boutique E Baileboro Library Boutique F New to You B</p>
<p>MAY 3 Reading Series Guest Author Erika Ritter at The Millbrook Gallery H</p>	<p>MAY 4 Regular Council Meeting N Millbrook Spring Movie U Creative Card Making I Millbrook Legion Bridge at 1:00PM New to You B</p>	<p>MAY 5 Taoist Tai Chi Society Open House at Old Millbrook School X Cavan-Millbrook Nursery School L Millbrook Playschool A Baileboro Library Boutique F New to You B</p>	<p>MAY 6 "Clean out your Medicine Cabinet Day" V Friends of the Library Meeting M BIA Meeting Q Millbrook Legion Euchre at 1:30PM Millbrook Library Boutique E New to You B</p>	<p>MAY 7 Millbrook Playschool A Millbrook Legion BINGO at 7:45PM Arena Shuffleboard at 1:30 PM New to You B</p>	<p>MAY 8 New to You B</p>	<p>MAY 9 Green Exchange T Millbrook Library Boutique E Baileboro Library Boutique F New to You B</p>
<p>MAY 10</p>	<p>MAY 11 DEADLINE for written submissions to The Green Hills Gazette for the May 21 issue Planning Advisory Committee Meeting P Creative Card Making I Millbrook Legion Bridge at 1:00PM New to You B</p>	<p>MAY 12 Cavan-Millbrook Nursery School L Millbrook Playschool A Baileboro Library Boutique F New to You B</p>	<p>MAY 13 Chamber of Commerce General Meeting R Lunch Out with Community Care S Millbrook Legion Euchre at 1:30PM Millbrook Library Boutique E New to You B</p>	<p>MAY 14 AD DEADLINE for The Green Hills Gazette May 21 issue Millbrook Playschool A Millbrook Legion BINGO at 7:45PM Arena Shuffleboard at 1:30 PM New to You B</p>	<p>Next Chamber Meeting: 7pm, Wednesday, May 13th Featuring Guest Speaker: Alice Potter who will explain how the successful Warkworth Maple Sugar Festival is organized and how our own MapleFest can be made more fun and profitable.</p>	

Calendar Footnotes

- A Millbrook Playschool** at Millbrook Christian Assembly, 9:30AM-11:30AM, \$2/visit or \$10/month, call Wilma at 932-5547 for more information (children must be accompanied by an adult).
- B New to You** Used clothing sale at the Millbrook Community Care office, Mon-Fri 11:00AM - noon, Sat 10:00AM - noon.
- C Millbrook Fishing Derby** at the Mill Pond. Registration begins at 7:00AM. \$1 for children under 15 and \$4 for adults. Sponsored by the Millbrook and District Lions Club. Call Rob Therrien at 932-5328 for more information.
- D Omeme Spring Movie** FLUBBER will show at Omeme Town Hall, starting at 7:00PM. Admission is \$2.50.
- E Millbrook Library Boutique** at the Old Millbrook School. Used clothing and accessories. Wed 12:30-2:30PM, Sat 10:00AM-1:00PM.
- F Baileboro Library Boutique** Tues noon-3:00PM, Sat 10:00AM-1:00PM. Proceeds to the Baileboro Library.
- G Spring Craft and Collectibles Sale** Admission and 10% of sales donated to Cancer Research. Apr. 24 5PM-9PM, Apr. 25 10AM-5PM at the Millbrook Lions Club. Adult Admission: one loonie.
- H 3rd Annual Reading Series at The Millbrook Gallery** April 26 at 8:00PM, Katherine

- Govier author of *Angel Walk* and *May 3* at 8:00PM, broadcaster and author of *The Hidden Life of Humans*. Free Admission made possible through The Canada Council for the Arts.
- I Creative Card Making** at the Community Care Office from 9:30-11:30AM. Coffee and social time to follow. Call 932-2011 for more information.
- J Food Bank Meeting** at the Old Millbrook School at 7:30PM.
- K Millbrook Women's Institute Meeting** New members and visitors welcome. Call 932-5242 for more information.
- L Cavan-Millbrook Nursery School** at Cavan Community Centre. Various times available. Call Pam Hartwick for more information at 277-1938.
- M Friends of the Library Meeting** A group formed to fundraise, solicit volunteers, and advocate for the library will meet at the Old Millbrook School at 7:30PM. Anyone interested in getting involved is invited to attend.
- N Regular Council Meeting** begins at 7:30PM in the Council Chambers in the Twp. Building.
- O Live Theatre Supporting the Elizabeth Fry Society** "Gone with the Wind" at Showplace Peterborough. Tickets are \$15 and available at E.Fry office and at Showplace. Call (705) 749-5809 for more information.
- P Planning Advisory Committee Meeting** begins at 7:00PM in the Council Chambers in the Twp. Building.

- Q BIA Meeting** at Village Food Emporium at 5:30PM.
- R Chamber of Commerce Meeting** at St. Thomas Church Hall at 7:00PM.
- S Lunch out with Community Care** Call 932-2011 for more information.
- T Green Exchange** at the Millbrook Municipal Yard. Take or give what you like for a loonie. No clothes please.
- U Millbrook Spring Movie** *The Little Mermaid* at the Millbrook Arena. Show starts at 7:00PM. Admission is \$2.50.
- V "Clean Out Your Medicine Cabinet Day"** Community Care Millbrook in partnership with Millbrook Pharmacy invite you to bring your old out-dated mysterious medications to the Millbrook Manor from 10-11:30AM, and the Pharmacist will safely dispose of them. Stay for refreshments. If you need transportation or have any questions, call 932-2011.
- W Norwood's Dixie Land Band** at Millbrook/South Cavan Public School from 1:30-2:15PM. Call 932-2787 for more information.
- X Taoist Tai Chi Society Open House** at the Old Millbrook School from 7:30-9:00PM: an informative demonstration and the opportunity to register for a 10 week introductory session to be held at the Old Millbrook School. Call Steve Guthrie at (705) 748-4900 or (705) 748-2433 for more information.



Happy 1st Birthday, Aaron!
Aaron Luchuk had his first birthday on April 5th in Kingston. Witnesses to his gleeful destruction of chocolate cake included Aunties Kate and Deb Luchuk, Grandma Joanne Luchuk, Grandpa and Grandma Wayne and Julie Chatterton, Auntie Joanna Chatterton and Uncle Peter Chatterton.

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IKEA single girl's bed with mattress, white, \$95, in good condition. 932-2518

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THE GREEN HILLS Gazette

MARKETING/SALES ASSISTANT NEEDED

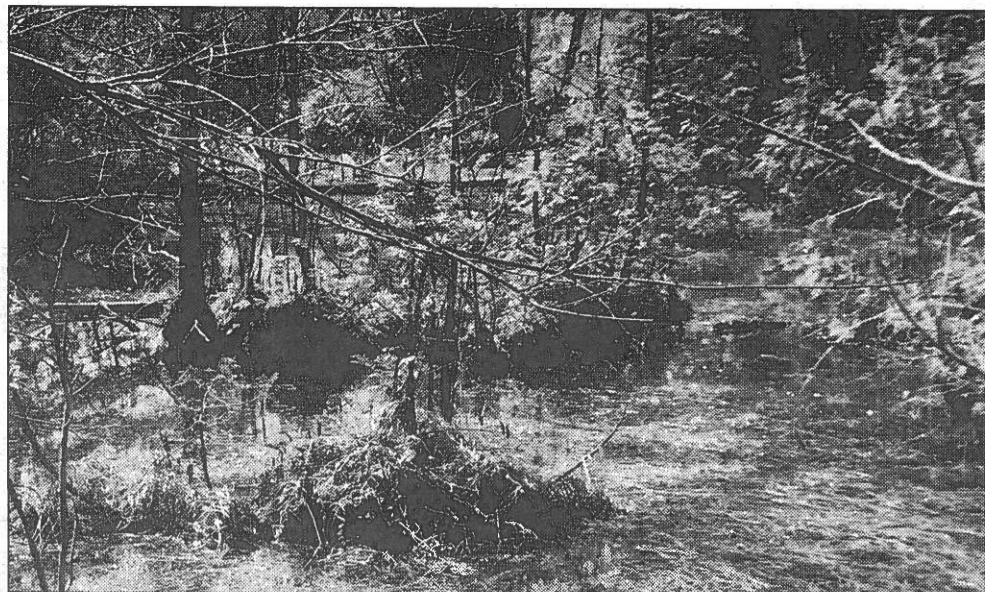
We have an opening for an experienced Marketing/Sales Assistant, effective immediately, to help develop and implement the sales strategy and make sales calls to existing advertisers. A degree in marketing at the university/college level OR experience in advertising sales important.

REPORTER/EDITORIAL ASSISTANT

We also have an opening for an experienced Reporter/Editorial Assistant, effective immediately, to help write community stories and features, and follow through on investigative leads. Journalism studies at the university/college level OR experience working with a community newspaper important.

The ideal candidates for both full-time positions must be excellent communicators, time managers, creative thinkers, and have multi-tasking skills. An attention to detail, the ability to meet deadlines, work under pressure and in a team environment as well as independently are also important. It is also necessary to have a positive attitude toward rural and village life.

Fax resumé and cover letter explaining why you would be suitable for the position, to the Business Manager, The Millbrook Media Group Inc. at (705) 932-4041 or mail it to Box 376, Millbrook ON L0A 1G0, post-marked no later than May 1, 1998. No telephone calls please. We thank you in advance for your interest.



Photographic evidence of wetlands, such as this one, have been a powerful argument against Schickedanz by local environmentalists.

Wetlands

Continued from page 1

will probably be awarded all of his costs expended in the process.

The pivotal storm water management study will indicate both the extent and location of ground water and upwellings in the southern portion of the land where the controversial lots are located. This precise water location will determine where and how Schickedanz may build homes. ORCA will review the results of the study, and will decide if the area in question has "local significance" — as in significance as wetland of environmental interest to the community.

Village of Millbrook resident George Raab spoke about the concept of "local significance", and said Schickedanz has been kept from proceeding with development because he [Schickedanz] purchased

"cheap land" that happens to be environmentally sensitive wetland. Raab questioned the aesthetic value, and the effect on quality of life for residents if the land is developed as proposed.

Discussion between councillors indicated an even split between those who were supportive and those opposing the Schickedanz development plan. Councillor Tom Jones made the motion to rescind the March 9 motion, thus returning the lots to Schickedanz. Reeve Cathcart seconded the motion and explained it was his understanding that the former Village of Millbrook council would approve the development if required studies were completed.

Defreitas said "the former council indicated that it was their position that the wet area did not have local significance for wetland value; concern was around the protection of the fisheries, and if the studies indicated that the development would not

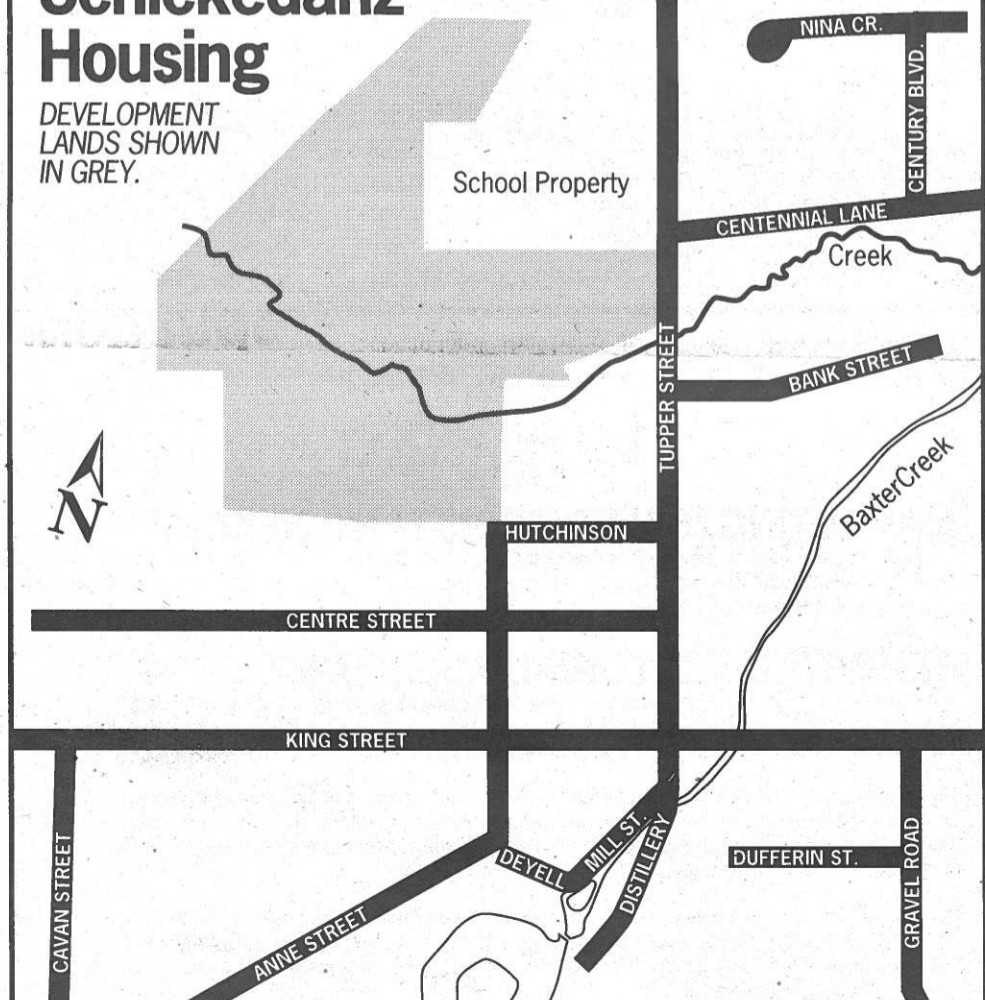
affect them, to go ahead with the plan." (Apparently, there is no documentation of this discussion at the former council.)

Current and former Millbrook councillor Dean Cutmore recalled flooding was a great concern. "We were afraid that houses built on those lots would be subject to flooding." Defreitas addressed that concern by informing Council the site investigation study indicates there is "no problem with sump pumps running continuously" to avoid wet basements.

Depending on the results of the storm water management study, the developer will be permitted to proceed with building or asked to revise the development plan to accommodate the presence of ground water and upwellings. Then all eyes will be on ORCA, as it decides the fate of the "wet" lots, as either residential or non-residential and "locally significant".

Millbrook's Proposed Schickedanz Housing

DEVELOPMENT LANDS SHOWN IN GREY.



MAP BY TED DYMENT/ALTERMEDIA

MAPLEFEST

BEGINNING WITH A HEARTY BREAKFAST AT THE LIONS DEN, HERE IS A PHOTO COLLAGE OF SOME OF THE MAIN EVENTS OF THE APRIL 18-19 MAPLEFEST WEEKEND



TED DYMENT/ALTERMEDIA