

The Ripple

FREE

A monthly
publication by
Baxter Creek Enterprises Inc.

Volume 2 / Number 2

Delivered free to over 4700 households

January 2, 1996

Welcoming new Canadians

by Christine Diaz

Canada - Yes! That was the unanimous expression of enthusiasm in the gymnasium - turned Citizenship Court at Grandview Public School, as fifty-seven new Canadians took The Oath of Canadian Citizenship on December 8, the final step in a process that would officially make them citizens of Canada.

It is not often that a public school is honoured with the privilege and responsibility of hosting the Court of Canadian Citizenship, but Grandview was up to the challenge. Local officials, students, friends and family looked on with pride, as new Canadians from 21 countries as diverse as India, Afghanistan, Scotland and Romania swore the oath of Canadian Citizenship. Because of space limitations not all the students were able to attend the ceremony but closed circuit television brought the ceremony in to every classroom of this rural public school.

The ceremony was presided over by Citizenship and Immigration Judge Walter A. Borosa.

Judge Borosa read an article in the Toronto Star about The Canada Chorus, a group of Grandview students who recently recorded the pop single entitled *Canada Calling*. He quickly obtained a copy and was so moved by what he heard that he arranged to have the song played in his Citizenship Court in Oshawa and Pet-

erborough. The success though of the Grandview students' single didn't stop there. The song has been played at Citizenship ceremonies in cities from coast to coast including Vancouver, Regina, Halifax, Winnipeg and St. John's.

Plans were soon underway to have the ceremony take place at Grandview Public School just outside Bethany.

The ceremony proceeded as Judge Borosa welcomed the citizenship candidates to their new country on behalf of twenty eight million other Canadians. He reminded them of the privilege and responsibility that accompanies Canadian citizenship: respect for our differences; dignity for all its people, regardless of gender, race, age, colour or special needs. Referring to his own arrival in Canada in 1957 as a refugee and his subsequent application for citizenship, he called it a precious gift: a gift that can't be bought.

The ceremony concluded with The Canada Chorus singing *Canada Calling*. They then led all those present in *Oh Canada*, sung in both official languages. Perhaps new Canadian Marius Mierzejewski summed it up best. "The choir struck my heart. This is a wonderful celebration of a new chapter in our lives." Marius and his wife Margaret immigrated to Canada from Poland.



(Left) Marius Mierzejewski and his wife Margaret were part of a group to receive their Canadian citizenship at a special ceremony in Bethany earlier this month.

Their daughter Maggie was born here. The ceremonies were held at Grandview Public School and featured the Canada Chorus singing their popular song, *Canada Calling*.

Millbrook Gallery celebrates successes with special exhibit

Brydon's work goes to National Folk Culture Collection

by Celia Hunter

With the acceptance of JoEllen Brydon's composite piece, "The Pride of Peterborough" into the national Folk Culture Collection at the Museum of Civilization, the Millbrook Gallery is holding a special exhibit to celebrate recent successes. The exhibit, opening January 13, will feature works by Brydon, Angelo di Petta, George Raab, Bill Rowland and Barb Walker, all members of the Millbrook Gallery and all recently honoured in the art world.

Brydon's installation comprises a 1930's lunch counter with period coffee maker, cups and saucers and newspapers of the time, describing the journey of John Smith who, in 1934, set out from Peterborough in his 16 foot red canoe, "The Pride of Peterborough", to paddle down the St. Lawrence, out through the Gulf, and across the ocean to Peterborough in Great Britain. The journey, which ended in tragedy off the coast of Newfoundland, was chronicled in the Peterborough Examiner, copies of which Brydon discovered during a home renovation project, preserved between the flooring and the original floorboards in her house. Research turned up a log recovered from the ocean that was kept by Smith, allowing Brydon to trace the journey from Peterborough, down through



Mount Pleasant resident JoEllen Brydon's "The Pride of Peterborough" soon to be installed at the National Museum of Civilization.

Photo: courtesy of Wayne Eardley

the Trent Waterway to Lake Ontario and along the St. Lawrence River to the Gaspé and from there out to open water. The adventures along the way are recorded in a series of 15 paintings that hang above the lunch counter, along with a painting of a route map, a fragment from the original canoe and a photograph of Smith himself.

"What inspires me about this man," says Brydon, "is his determination to wager his life on the faith he had in his own skills. As artists we work hard with a belief in our skills. Our life's work is often against the grain, and our successes are measured by heartfelt determination, not distance."

It was during Brydon's field placement when in training as a curator that she had the opportunity to meet Magnus Einarsson, researcher for the Folk Culture Collection at the Museum of Civilization. Discussion of the collection and of folk culture led Brydon to describe her work and in particular the John Smith piece, which Einarsson subsequently viewed and submitted for consideration to the Exhibitions Committee.

"The Pride of Peterborough" will form part of the exhibit celebrating successes at the Millbrook Gallery before it goes to the national Museum of Civilization. In addition, there will be on display award-winning pieces by Angelo di Petta, recently nominated for the Saidye Bronfman Award for excellence, George Raab who was honoured this fall with the Wildlife Heritage Foundation's Award of Excellence at the Heritage Art Show in Minnesota, Bill Rowland and Barb Walker, who each took top awards at the Central Ontario juried show in Stouffville and subsequently had works on display at the Ontario Arts Council.

The opening of the special exhibit will be Saturday, January 13, 1 - 5 pm. Winter hours at the Millbrook Gallery are Saturdays, 10 - 5, and Sundays, 12 - 5, or by appointment; call the Gallery at 932-5482.

Teenager hailed as hero in school bus accident

by Maureen Wideman

Little did Brian Garner know that when he missed his school bus on a frosty morning in late November, he would be involved in a situation which would earn him the label "hero".

Brian, 18, caught the late bus from Pontypool to his Lindsay high school. The bus was full and on Hwy. #35 when a transport truck passed the bus, sending stones against the windshield. Brian heard a bang and saw the driver, Shelda Chapman, with both hands over her face. He lunged over to investigate and saw the windshield had shattered and the driver's face and ears were bleeding. The bus was travelling 80 kilometres per hour with a guard rail to the immedi-



Brian Garner, 18, from Pontypool, has been called a hero after pulling over a school bus.

ate right. Brian grabbed the wheel of the bus, guided it past the guard rail and pulled the bus

over to the side of the highway.

"It was the effort of the two of us," said the modest teenager. "I just steered. Anyone who can get glass in their eyes and not panic, but continue on—she's a real hero."

"I don't think I could have got the bus over to the side of the road myself," said Shelda. "I could have stopped it in the middle of the highway, but that could have caused an even bigger accident. The bus might have gone

through the guard rail and rolled. Many lives could have been lost that day."

Once the bus was pulled over, Brian yelled to the 45 students on the bus for water. Using bottled mineral water, he flushed Shelda's eyes and managed to get the glass out. The glass had punctured her eyeball and it was leaking fluid.

Shelda has had surgery on her eye and the cut stitched. She still has no vision in her right eye. If her vision does not return in a year, she will be placed on a waiting list for a cornea transplant. She is not to return to work for at least a year.

"I used to drive Brian to school when he was little," said Shelda. "He was a very trying student and we had our moments. Now he's in high school and he doesn't usually take my bus, but I was very lucky he was on that day."

Brian is a volunteer firefighter for Manvers Township. He will graduate from high school in June and has applied to take ambulance training. Eventually, he hopes to become a full-time firefighter.

"I think it was because of his firefighting training that he stayed calm," says Shelda. "I think if I was in another accident, it wouldn't bother me as long as he was present."

Yuk Yuk's in Millbrook

Circle February 24 on your calendar. Yuk Yuk's Comedy Troupe is coming to the Millbrook Arena. Yuk Yuk's, is an internationally renowned comedy club with locations in major cities like Toronto, New York and Los Angeles. The event will include a dinner served at 6 pm, catered by Delectably Delicious Catering. The comedy show will begin at 9 pm, and will showcase three comedians. These are professional entertainers from the original Yuk Yuk's Comedy Club in Toronto. A local band, *Brookside*, will take the stage at 11 pm. Advance tickets may be purchased at The Food Emporium and The Millbrook Arena. Tickets for the show only may also be purchased at the door. The cost for dinner and the show is \$30 per person. The cost for the show and music only is \$20. per person. For more information call Maureen McElwain at 932-2327.

1996 will be a busy and challenging year for Millbrook Recreation. As well as our current programs

and special events, we will be organizing new ones.

The Third Annual Tree Burn and Chill Out will be Saturday, January 26 at the Fairgrounds. Everyone is invited to come out for an evening of skating, sleigh rides, hot dogs and hot chocolate, topped off by a spectacular bonfire.

Festivities will begin at 7 pm, weather permitting.

A rain date will be advertised.

Maintaining the outdoor rink is essential to the success of this event. This rink is maintained by volunteers. Anyone interested in helping with the rink can call Clive or Sherry Higgins at 932-3019 or Mike or Maureen McElwain at 932-2327.

The Millbrook Recreation Committee has applied for a grant through the Ministry of Citizenship, Recreation, Culture and Tourism. If our grant is successful we are going to purchase equipment to upgrade and expand our recreation programs. With a contribution from Millbrook and Cavan Councils of \$500. each, we will purchase six mats, basketball equipment and tennis nets and equipment. The mats will allow us to expand our Judo and Gymnastics programs. The basketball equipment will allow us to offer basketball programs at the arena.

The Board of Education, the Millbrook/South Cavan Home and School Association and Millbrook Recreation have discussed working together to bring the tennis courts at the school back up to playing standards. All of these plans depend upon the approval of the grant.

On a sadder note, the Friday Night Youth Group has closed. Thank you to the many volunteers who played a part in providing a valuable service to the community.

The playground equipment has been repaired at Little Creek Park. The cost to replace the damaged equipment was almost \$1500.

Wood 'n Treasures
 ~ One of a kind gifts for all your special occasions
 ~ Over 1000 wooden items
 ~ Folk art and craft supplies
 In Pontypool's old Country Store
 (705) 277-3909 ~ John St., Pontypool

Happy New Year from
MILLBROOK BOWLING CENTRE

CHRISTMAS HOLIDAY HOURS
Loonie Days
 Jan. 2 - Jan. 5, 10 a.m. - 3 p.m.
1 Game for A Loonie

Moms and Tots League
Wednesday Mornings, 10 a.m.

New Services
Fax and Photocopy Service
 Available Daily & Evenings Until Closing

BUFFING AND REPAIR SERVICE
 Available on 5 Pin Personal Bowling Balls

MILLBROOK Bowling LANES
 Phone 932-3070

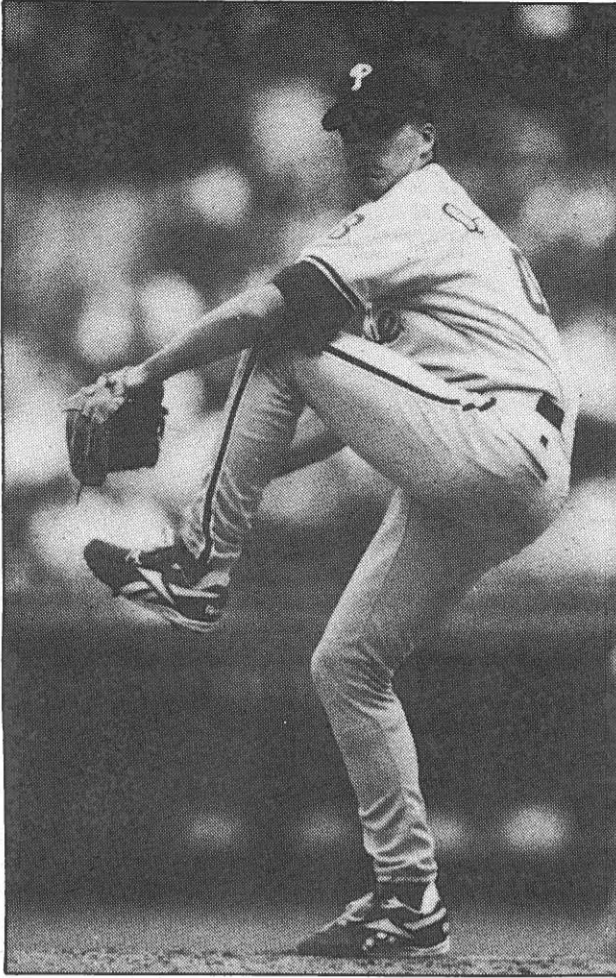
COMPLIMENTARY FAMILY GIFT CERTIFICATE
 GOOD FOR 1 FREE GAME(S) OF BOWLING PER FAMILY
 LIMIT: 1 PASS PER DAY, PER FAMILY.
 PHONE AHEAD: 932-3070 TO CHECK PUBLIC BOWLING HOURS.
 VALID FOR PUBLIC BOWLING ONLY.

A & M HOME IMPROVEMENT AND LANDSCAPING
 Pontypool
 Tel.: (705) 277-3202

* VINYL WINDOWS * DOORS * SOLARIUMS *
 * RENOVATIONS * ADDITIONS * DECKS *
 * PATIOS * INTERLOCKING STONES *
 * RETAINER WALLS * LANDSCAPING *
 * PROPERTY MAINTENANCE *
 * PAINTING & DECORATING *
 * WALLPAPERING *

The Ripple is delivered free of charge to 4700 households in Millbrook, the townships of Cavan, (including Fraserville) and South Monaghan, Bethany and Pontypool, Campbellcroft, Garden Hill, and Elizabethville.

Millbrook Pharmacy



Former Garden Hill resident Paul Quantrill.

Quantrill traded to Blue Jays

by Maureen Wideman

What could be better for a local professional baseball player than to be signed by the Toronto Blue Jays? This was the situation for Port Hope's Paul Quantrill. After a year and a half with the Philadelphia Phillies and a couple of years with the Boston Red Sox, the pitcher was traded to the Blue Jays last month.

"I moved around a lot when I was growing up," said Paul, "but we have always called the Port Hope/Garden Hill area home." Paul spent many years in the area and went to the local schools.

He is looking forward to playing for the Jays while

living at home. "It will be a new experience for us. My wife and I usually are up here for four months in the off season, then get packed up and travel for seven months to Florida and Philadelphia."

Travelling was going to be more difficult this year. Paul and his wife Alyson now have a 10-month-old son, Cal.

Paul has already begun training for next year's season. He reports for spring training in Florida in the middle of February.

"I start throwing the ball in January and should be in good shape by the time I go down south. You don't go down there to get in shape. They want you ready to go in Florida."

Learning to manage stress

We all experience stress. Sometimes this stress is good - a certain amount of pressure can provide the spark needed to energize us. When stress builds up too intensely or for too long, however, the home or the workplace can become like an overheated

pressure cooker: ready to blow up!

Before everything blows, enroll in Family Counselling Service of Peterborough's workshop Managing Stress: Handling Home and Workplace Pressure. This group teaches men and

women of all ages how to recognize the danger signs of too much stress, and leads them through exercises and interactive processes for developing skills to manage this stress.

This one evening workshop will be held on

Monday, February 26, from 7 to 9 pm. at FCS Peterborough. The cost of the workshop is \$25. Pre registration is required.

Call Christy Buchanan at Family Counselling Services of Peterborough, 742-4258 for additional information and to register.

How to retire from farming

"I can't quit farming because I can't pay the taxman."

Do you know of any retired farmers who have made this comment? They have worked in excess of 60 hours every week of their lives and find out at retirement they have a large tax liability. How did this happen? Some amount of tax liability should be expected

when a farmer retires, however, proper planning will avoid major problems. But you must initiate your plan many years prior to the actual year of retirement.

On January 4 and 11, a two day workshop entitled "Between Generations" will be held at the Hastings Town Hall. The workshop will focus on the family, tax and legal

issues that must be addressed when a farm couple retires. Please pre-register by calling either the Peterborough OMA-FRA office (705) 745-2403. A full range of courses, from Computer Training to Livestock

Medicine, is available through OATI, OMAFRA and the Peterborough Needs Assessment Committee. Call Marg Glenn, 295-4259, Bruce Ward, 745-2403 or Wayne Fallis, 652-8531 for information.

Counselling program

Family Counselling Services of Peterborough is offering a four week program to empower men and women and enhance their self-esteem.

This four session workshop will provide participants with the knowledge and skills to strengthen the adult self-concept and the tools to find their inner strengths and make deci-

sions and choices about their futures.

Enhancing Self Esteem will begin on January 30, from 7 to 9 pm. The group will meet at FCS Peterborough, 343 Stewart Street.

For more information and to register please call 742-4258. A program fee of \$80. is payable on registration.

LICENSED ELECTRICIAN RESIDENTIAL & COMMERCIAL

PETER RENNIE
(705) 932-2777

P.O. BOX 396
MILLBROOK, ONT.,
LOA 1G0



TAOIST TAI CHI

Learn the gentle movements of this ancient Chinese exercise!
Old Millbrook School, Room 3
Starts Wednesday, January 10.

Registration 6 pm

Beginners class: 6:30 - 7:30 pm
Continuing class: 7:45 - 8:45 pm
12 weeks @ \$30.
For information, call Sylvia 932-2041

748-4762
After 10 am



Spiritual Healing
Stress Therapy
Stop Smoking
Weight Control
Past Life Recall

THE BUTTERFLY LADY

Jean W. Houston

Member of: Ontario Healers Network
International Federation of Spiritual Healers of Great Britain
International Association of Counsellors & Therapists

TEACUP READINGS for entertainment only

ZUK YUK'S
COMEDY NIGHT
at the
Millbrook Arena

SATURDAY, FEBRUARY 24

Dinner ★ Show ★ Live Band
\$30/person
beginning at 6 pm

Catered by Delectably Delicious



Show only → 9 pm → \$20/person

Tickets available at the Millbrook Food Emporium, The Millbrook Times and the Millbrook Arena, or by calling Maureen McElwain at (705) 932-2327.

SPONSORED BY MILLBROOK RECREATION



Millbrook Equine Clinic

Dr. R. Conrad
Dr. C. deBassecourt
Dr. Donna Klevorick

Mobile & in clinic horse practice
(705) 932-3030

COMFORT ZONE



- Quality Fuels & Lubricants
- Automatic Delivery
- 24 Hour Emergency Service
- Parts and Service Protection Plans
- Equalized Payment Plans
- Complete Heating & Cooling Installations

THOMPSON FUELS

465 Romaine St.
Peterborough



Imperial Oil 745-9094



TORONTO SCHOOL OF BUSINESS PETERBOROUGH CAMPUS



**"One
Phone Call
Can Change
Your Life!"**

Picture yourself in an exciting new career!
It could happen in as little as six months...
and it all begins with one phone call.

One Phone Call

...can lead to an exciting new career in as little as six months!

Choose From Our Exciting Career Options:

- | | | |
|---|--|-------------------------------|
| Business Administration | Legal Secretary/Medical Office Assistant | Hotel & Restaurant Management |
| Word Processing | Micro Computer Business Applications | Dental Chairside Assistant |
| Computer Programming & Systems Analysis | Micro Computer Electronics | Travel & Tourism |
| Accounting & Computers | Bank Telling & Financial Services | Executive Secretary |

If you are 45 years of age or older and recently laid off you may qualify for training assistance from the provincial government.

- Financial Assistance may be Available
- Pre Employment Readiness Training Will Teach You How to Get a Job

NEW COURSES START EACH MONTH



TORONTO School of Business

Helping You Build a Better Life

PETERBOROUGH
(705) 741-2777

349A George St. N., Suite 206

The Ripple

Established 1994

A monthly publication by Baxter Creek Enterprises Inc.

Celia Hunter Editor
 Maureen Wideman Assistant Editor
 Christine Diaz Advertising Manager
 Evelyn Raab Art Director
 Kim McLeod Business Manager

P.O. Box 279

Millbrook, Ontario L0A 1G0

(705) 932-3700

Printed by Northumberland Publishers Ltd., Cobourg, Ontario

Growing our own healthy community

Well, it works. How exciting and heartening it is to know that communities still rally around when needed. Neighbourliness is still up and running, despite the hurly burly of our lives as commuters and the scramble to pay bills. The best part is that because our communities are so small, our contributions really do make a difference. So, when people donate funds to the libraries or offer to help out the theatre, the impact is immediate and positive. Since it clearly is "up to us" now, we can be proud that we are up to the challenge. Well done!

Likewise, if some show an interest in coming up with a direction or policies on which to build the future development and growth of the area, then - hurray! - there are some municipal councils who are willing to sit down and talk. Keeping an open mind and maintaining an air of cooperation and civility will surely make for a more progressive and dynamic community. It should be a step in the right direction then, when a member of Millbrook Council elects to regularly attend the meetings of the Millbrook Conservation Association. Open and regular dialogue should do much to reduce head-on collisions of opinion.

In the interests of building on the reality of Millbrook as a rural focal point, this group suggests we all take a look at the establishment of a local Farmers Market. Many local producers have stalls at the Peterborough and Oshawa markets, so it has been suggested that the Millbrook Market be scheduled so as not to conflict with these. However, the group feels that a seasonal outdoor market in the village could serve producers, residents, artisans and visitors to the area. It would offer farmers another location from which to sell their produce. It would provide a regular, central venue from which artisans could market their crafts. It would provide convenience. It would draw others into the village, both from the surrounding area and from further afield. People who come in the summer to attend 4th Line Theatre productions would have reason to stroll around the village, visit the downtown, and discover some of the other attractions and businesses. They would have another reason to come and stay, rather than just drive through. They might shop and eat, and then tell their friends, who in turn might come, and shop and eat, and even stay.

The importance of building a more sustainable community is a life-and-death issue. If residents and visitors alike can't find much of what they want as consumers right here, then the heart of the community, the businesses, will go. It is surely in everybody's interest to get together and see if this idea can fly. Remember, it's up to us. Let's do it.

A word about this issue...

In short, this is a very short issue. This is brought about not through a lack of material, but because of the holiday season. Watch for a full, news- and feature-packed issue at the end of January. Happy New Year to all our readers and advertisers!



LETTERS TO THE EDITOR

Library benefits from support

In the last issue of The Ripple, both the editorial and the Letters to the Editor mentioned the effect of the provincial cutbacks on the library budget. The result was a good indication of the power of the press as some of our patrons promptly donated money to the library, while many others expressed their willingness to pay an annual family user fee. Currently there are no charges for the use of the books, videos, magazines or audio tapes. Interlibrary loans are also free.

Thanks are also due to Ian Hickinson for making two tables out of one long table so that we can accommodate a new computer, and to Phil Loucks for doing some much needed weather stripping and installing a smoke alarm and a fire extinguisher.

The library is also grateful to Dan Darling and Jan Hopkins who repair our videos, to Clare and Herb Higgs who count the pennies, and to the many other patrons who help by donating paperbacks and videos. We thank you all, and wish you a happy holiday and a healthy New Year.

Margot Loucks
 Librarian, Millbrook

Courses offered to area farmers

From Computer Skills to Pasture Management, sessions and workshops are being offered to train rural residents in a variety of fields this winter.

For both the full time farmer and for part-timers, there are courses available throughout the area offered jointly by OATI, OMAFRA, and the Peterborough County Needs Assessment Committee.

OATI courses include On Farm Computer Training, Internet Use for the Farm Business, Computer Graphics for Rural Business Promotion, Advanced Ecological Agricultural Production and Marketing, Pasture Management and a Business Development Course.

OMAFRA courses include Between Generations (Estate Planning), Farm Record Keeping, and Financing for Change or Expansion. A Crop Information Day, Pork Conference and Farm Woodlot Conference are also scheduled. Grower Pesticide

Safety Courses are scheduled through the winter months, and there is also a Livestock Medicine Course and a session on Recreational Fish Farming being offered.

To find out more about these sessions, or to suggest subjects for future courses, call OATI Coordinator Marg Glenn, 295-4259, Ag. Rep. Bruce Ward, 745-2403, or Wayne Fallis, Chariman of the Peterborough County Needs Assessment Committee, 652-8531.

Dr. C. Rostkowski
 Bailieboro

Correction:

We apologise for misidentifying the individuals in the photo featured in *Through My Eyes* in the December issue.



Pictured on the steps of St. Andrew's United Church, Millbrook are (from left) Nan Fallis in the uniform of the Royal Canadian Navy, Marg Dawson, Canadian Women's Army Corps (CWAC) and Esther Might, Royal Canadian Air Force. The photo of the three friends was taken in 1943.

The next issue of
The Ripple
 Tuesday, January 30
 Deadline for Advertising, Columns
 Community Calendar, Press Releases:
 Tuesday, January 23
 Call (705) 932-3700

What do you think?
 We welcome letters from our readers on issues of local interest.
 Please address your letters to The Editor, The Ripple, P.O. Box 279, Millbrook, ON, L0A 1G0 or send a fax to (705) 932-3700.
 All letters must bear the name, address, and daytime telephone number of the writer.
 The Ripple and Baxter Creek Enterprises Inc. reserve the right to edit all letters for length, clarity, grammar and libel.

STONE SOUP

By Evelyn Raab

Your blue box: A window on the psyche?

It was from the vantage point of horseback that I became interested in the subject. From ground level, I am rarely able to get a good enough view of the contents of local blue boxes to draw any conclusions. But looking down from saddle height, I find myself unable to resist peering into the boxes as they line the curbs every Friday morning. My horse, Joey, also appears fascinated by these bins, and is inexplicably drawn to each and every one as we pass them on the street. Thus began my career in Blue Boxology. You'd be surprised what I have learned.

The study of garbage is not new, except that you really have to be pretty committed to go rummaging through a big bag of garbage. Unabridged garbage can be really disgusting, I would think, what with all those used Kleenexes and slimy chicken bones and stuff. Which is what makes Blue Boxology so brilliant. The blue box is sort of like the Reader's Digest of garbage - condensed, pithy, and reasonably clean. No danger of encountering moldy meatloaf, no toenail clippings, no deceased goldfish. Just good stuff. Are you nervous yet? You should be.

The first thing I do when approaching a particular blue box for analysis, is to get the overall picture of the box as it sits there at the curb. The *aura*, so to speak. Is it neat and orderly, with all the sections nicely divided up according to category - cans, bottles, newspaper? Or is it a big jumbled mess with everything all jammed together? This will give me a general reading of the personality type. Certain individuals, driven, no doubt, by a neurotic need for organization, produce blue boxes of such exceptional tidiness that one can only assume a similar attitude toward anything else they would tackle. These people would also, for example, have their spice racks arranged in alphabetical order. On the other hand, a slovenly blue box indicates a casual approach to life, possibly an artistic temperament, and most likely suggests the presence of dogs and/or children in the home. Corrugated cardboard, properly bundled and tied, is evidence of extreme obsessive-compulsive disorder.

Delving deeper into the contents of the blue box, one gets a more detailed picture of the individual. The fact that the entire analysis must be completed in the short time it takes to for me to pass the box at a walk, makes it especially important to be extremely observant. A blue box filled with cans from baked beans and Smurf-aghetti can be indicative of a severe case of childhood nostalgia, particularly when accompanied by Kraft Dinner boxes and ketchup bottles. It can also be a manifestation of actual children. Plastic pop bottles are a great source of information as well. *Regular* cola or *diet*? Maybe even *caffeine free*. Are some *personal problems* causing this insomnia? And what about the

cheaper no-name brands? Does this indicate *financial* difficulties? Which brings me to the tricky area of alcoholic beverage containers. Now, it would be unfair to suggest anything unseemly just because there happen to be fourteen wine bottles in the box - particularly right after, say, New Year's Eve. However, should these bottles happen to be from *French* wine, it might be considered an indication of a pro-nuclear mentality and I would recommend that these individuals read the newspaper once in a while.

Which, of course, brings up my next point. That one can tell a lot about a person from the newspaper she reads, is almost too obvious to mention. Naturally, should The Ripple turn up in the blue box before it is more than two weeks old, this is a very bad sign. Obviously this person is lacking in good taste. A large number of Toronto Suns, especially with the Sunshine Girl cut out, is also unfortunate. The Globe and Mail is an indication of pathological seriousness, and the presence of the Peterborough Examiner demonstrates a highly developed sense of humour. Numerous Victoria's Secret catalogues with pages ripped out is categorical evidence of pre-adolescent boys in the home.

Also of interest to the Blue Boxologist are such items as numerous dry cleaning bags (*oh, really?*), paperback books (fiction? nonfiction? *romance?*), frozen dinner trays (batching it, are we?), magazines (Chatelaine? Maclean's? Soldier of Fortune??). No detail is too trivial to

take into consideration. Indeed, the presence in the bin of items that are *not* recyclable is of particular significance - lawnmower parts, lampshades, banana peels - are these people kidding, or what???

I realize that, having read this, certain troubled individuals, fearing exposure, might feel compelled to *repress* their recyclables, or worse - conceal them in the garbage. Don't. Above all else, I am discreet. Others, wanting to maintain a public facade due to unresolved personal conflicts, may actually *arrange* their blue boxes in an attempt to misrepresent their true inner selves. Clearly, these people should seek immediate professional help. As for the rest of you, just try to remember: you can lead a horse to a blue box, but you can't make him, um, recycle. Or whatever.

The following recipe, horrible as it may be, is entirely recyclable. The cans (all 4 of them) can go into your blue box, and the leftovers can go to your dog.

Blue Box Casserole

If you make this, I will know.

- 1 (7 oz.) can tuna, undrained
- 1 (8 oz.) can peas, drained
- 1/2 cup *canned* black olives, chopped
- 1 (10-1/2 oz.) can cream of mushroom soup

◆ Dump the tuna (with its liquid) into a small, shallow baking dish, breaking up the lumps and spreading it evenly. Cover with the peas, then sprinkle with the chopped olives. Spread the undiluted soup over everything.

◆ Bake at 300° F for 1/2 hour, until bubbly.

Evelyn Raab is a food writer and graphic artist, and has lived in Millbrook for 14 years with her artist husband and two sons. Her hobbies include gardening, raising exotic fowl, and conducting research on horseback.

And the winners are...

Gumballs, smarties, pretzels, sprinkles and marshmallows were among the goodies present in the form of gingerbread houses at the Village Bulk Food store in Millbrook. It was the second annual Gingerbread House Contest sponsored by *The Ripple*.

Contestants were represented from all of *The Ripple's* circulation area and beyond. There was even an entry from Port Hope! The task of judging these amazing creations was extremely difficult but if you are going to have a contest you have to have a winner. In the adult category:

First prize went to David Talbot and Darla Clarke of Elgar Drive; second prize



David Talbot and Darla Clark won first prize for this gingerbread house.

was won by Cathryn Beardwood of Deer Avenue, Cavan, and Donna Chamberlain of Bailieboro captured the third prize spot.

In the Children's Category, J.J. Richard of Port Hope took top honours, with Stephanie Rauhut and Courtney McGinnis winning second prize, and

Brendan Molloy earning third place. Congratulations to all the winners, and to everyone who took part. Happy Holidays to you all!

Tamara's
Total-Care Pet Centre



Feed your pets the foods Nature intended them to have!
Prevent Disease through the use of Wysong HEALTH-FIRST Foods & Supplements.



Call us for INTRODUCTORY SPECIALS (705) 932-2231

Special: Buy one large pizza with the works for \$19.95 - Get one small for free

PIZZA

PIZZA

PIZZA

PIZZA

THE MORE PERFECT FOOD

PIZZA VILLA
705-277-2222
Bethany

Wanda and Tom Dillon
12 King Street East
Millbrook • 932-2444

Village

Bulk Foods


BUY BULK & SAVE

Sticklings bread available here

KENNEDY'S
SUGAR BUSH
& MAPLE SUPPLIES

- ◆ Syrup making supplies
- ◆ Maple products
- Horse drawn rides

574 County Rd. 10
R.R.#2, Millbrook
Ontario L0A 1G0



(705) 932-2653

The Village FOOD EMPORIUM

Offering hot, nutritious, homestyle meals.
Prepared fresh daily.

Satisfy those cravings...

☞ Drop in for Afternoon Tea ☜

We offer freshly baked treats for the sweet tooth.

Mon. - Fri. 7:30 a.m. - 5:00 p.m.
Saturday 7:30 a.m. - 4:00 p.m.
Sunday 8:30 a.m. - 3:00 p.m.

Downtown Millbrook
Take-out Available

932-2997
We Cater



Fern Armstrong stands in her new flower and gift shop in Millbrook.

New business in Millbrook

Millbrook saw the opening of a new retail business earlier this month. Armstrong's Village Florist and Gifts is the fulfillment of a life-long dream for owner Fern Armstrong. Fern has been in the business for more than 10 years, but has always worked for someone else. She wanted her own business and in the community she had lived all her life.

Armstrong's Village Florist and Gifts features floral arrangements in silk, dried or fresh flowers. She also carries a variety of hand-made gifts and folk art. Spe-

cial services include weddings, funerals, and all others related to the florist industry.

Fern is ensuring her customers have every convenience. She takes three different credit cards and is on the Teleflora wire service. Her phone number is 932-2557 and for those calling long distance, they can reach her at 1-800-708-1172.

Armstrong's Village Florist and Gifts is located on King Street in Millbrook, next to the Toronto Dominion Bank.

Healthy aspects of aging

A Time For Me is a personal growth program for adults 55 and over. The group focuses on healthy aspects of aging and builds on individual's personal strengths. Through discussions, role playing

and small group work participants examine their lives and discover new ways of coping and living.

A Time For Me will be held at Family Counseling Services of Peterborough from January 15 to

February 8 on Monday and Thursday mornings from 9:30 am to 12 noon.

For additional information and to register please call Christy Buchanan at Family Counselling Services of Peterborough, 742-4258.

DOWN TO EARTH

By Anne Powell

January's Garden



It's time to order seed catalogues. There is nothing finer on a cold and blustery winter day than to sit in front of the fire, poring over seed catalogues, and making lists of the flowers and vegetables that you must have next spring. Seed catalogues are a good source of new ideas - most of them have colour photos, and some have quite extensive cultural information.

The following are my favourites:

Aimers
81 Temperance Street
Aurora, Ontario
L4G 2R1
Catalogue: \$4.00

A beautiful, full colour catalogue with an extensive selection of perennials and European vegetables.

Johnny's Selected Seeds

310 Foss Hill Road
Albion, ME
04910, USA
Catalogue: free

Vegetable, herb, flower and specialty seeds, extensive growing information.

Richters
Goodwood, Ontario
L0C 1A0
Catalogue: \$2.00

Herb specialists, will ship plants as well as seeds. Catalogue includes culinary and medicinal information.

Stokes Seeds Ltd.
39 James St. Box 10
St. Catharines, Ontario
L2R 6R6

Catalogue: free
Over 2500 varieties of vegetable and flower seeds.

Thompson & Morgan

P.O. Box 1308
Jackson, N.J.
08527, U.S.A.

Catalogue: free
More annuals, perennials and vegetables in an attractive and informative book. The seeds are expensive, but the catalogue is wonderful.

Anyone wishing information on catalogues for specialty items such as garlic, peppers, beans, tomatoes, fruit trees, etc., just drop me a line at The Ripple and I will reply to you directly.

For those of you who haven't had the joy of starting your own plants from seeds, this is the year! We'll discuss seed starting in *February's Garden*.

(705) 944-5711

KEITH MAXWELL
Owner

MAXWELL CONSTRUCTION LIMITED

Carpentry & General Contracting



481 Scout Cres.
R.R. #1 Fraserville
K0L 1V0

WORSHIP

G · U · I · D · E

ANGLICAN CHURCH OF CANADA
PARISH OF CAVAN

SUNDAY SERVICES AND CHURCH SCHOOL

9:15 a.m. Christ Church, Baillieboro
11:00 a.m. St. Thomas', Millbrook
11:00 a.m. Trinity Church, The Marsh

Incumbent: The Reverend Susan Sheen 932-2233

United Church of Canada

Millbrook Cavan Pastoral Charge
Minister: Rev. John Sloan
932-3263 / 932-3055

Sunday Worship

Cavan Church - 9:45 a.m.
St. Andrew's Millbrook - 11:15 a.m.
Sunday School in both churches
All welcome

Local minister will be sadly missed

It was with shock that Baillieboro and southern Cavan Township area residents learned of the death of their neighbour Reverend Joan Rose Henderson earlier this month.

Rev. Henderson, 37, was the minister at Westdale United Church in Peterborough. She died on De-

ember 8 leaving her husband of four years, Warren Morrison.

Rev. Henderson, who had been physically active her whole life, had been feeling ill and spent a short time in hospital. When she returned home to recuperate, a blood clot moved from her leg to her lung,

killing her within minutes. Her passing will leave a gap in many people's lives. Her funeral was attended by more than 700 people.

Rev. Henderson was a person who gave of her whole self. She worked hard for her church, her congregation and her community.

She was on the Board of Management at Queen's University. Next year, she was to be in charge of Crimestoppers.

According to a colleague, "She really helped people in time of sorrow. She was like a sister and a friend. She was more than just a minister here."

Cavan Chiropractic Clinic

Dr. Lawrence B. Smith B.Sc., D.C.
Chiropractor

R.R.#1, Cavan, Ontario L0A 1C0 (705) 944-8964

BEST WISHES FOR THE NEW YEAR



From
Vic and Judy Norman

PET CONTROL

944-5697



Brycon Builders

*Specializing in renovations
for Handicap Access
Residential & Commercial*

Bryan Traynor
Phone: (705) 939-1657



Happy New Year
from

Dr. David Neale

and

Dr. Kathryn Moore

COMMUNITY CALENDAR

JANUARY 1996

<p>MONDAY 1</p> <p>New Years Levee Millbrook Legion</p> <p>Jr. Darts Millbrook Legion 6:30 p.m. 9-17 yrs \$1.</p> <p>TUESDAY 2</p> <p>Kawartha Woodturners Guild St. Peter's S.S. 7 p.m. 749-2459 for info.</p> <p>Ptbo Family Enrichment Centre Mobile Outreach Baillieboro United Church 10 a.m. - noon</p> <p>WED. 3</p> <p>Take-a-Break Games, cards, conversation St. Thomas' Church Centre St. Millbrook 9:30-11:30 a.m.</p> <p>Euchre Millbrook Legion 1:30 p.m.</p> <p>Open Darts Millbrook Legion 7:30 p.m.</p> <p>THURSDAY 4</p> <p>Pontypool Karate Club Pontypool Community Centre 6 p.m.</p> <p>Bingo Millbrook Legion 7:30 p.m.</p> <p>FRIDAY 5</p> <p>Ptbo Family Enrichment Centre Mobile Outreach Cavan Community Hall 10 a.m. - noon</p>	<p>SATURDAY 6</p> <p>Pontypool Karate Club Pontypool Comm. Centre 10 a.m.</p> <p>MONDAY 8</p> <p>Youth Darts Millbrook Legion ages 9-17, 6:30 p.m. \$1.</p> <p>TUESDAY 9</p> <p>Pontypool Karate Club Pontypool Community Centre. 6 p.m. •</p> <p>Millbrook Play School Tots & Caregivers Millbrook Christian Assembly \$2./ morn \$10. month 9:30-11:30 a.m.</p> <p>WED. 10</p> <p>PACT(Police and Community Together) Meets at The Lions' Den Speaker Sgt. Bill Flindal Kawartha OPP Detachment 7 p.m.</p> <p>Take-a-Break Games, cards, conversation St. Thomas' Church 9:30-11:30 a.m.</p> <p>Euchre Millbrook Legion 1:30 p.m. \$1.</p> <p>Open Darts Millbrook Legion 8 p.m. \$2</p> <p>THURSDAY 11</p> <p>Millbrook Play School Tots & Caregivers Millbrook Christian Assembly \$2./ morn \$10. month 9:30-11:30 a.m.</p>	<p>THURSDAY 11</p> <p>Bingo Millbrook Legion 7:30 p.m.</p> <p>Pontypool Karate Club Pontypool Community Centre. 6 p.m.</p> <p>SATURDAY 13</p> <p>Pontypool Karate Club Pontypool Community Centre. 10 a.m.</p> <p>MONDAY 15</p> <p>Youth Darts Millbrook Legion ages 9-17, 6:30 p.m. \$1.</p> <p>TUESDAY 16</p> <p>Peterborough Family Enrichment Centre Mobile Outreach St. Thomas' Church Centre Street Millbrook 10 a.m. -noon</p> <p>Pontypool Karate Club Pontypool Community Centre. 6 p.m.</p> <p>WED. 17</p> <p>Take-a-Break Games, cards, conversation St. Thomas' Church Centre St. Millbrook 9:30-11:30 a.m.</p> <p>Euchre Millbrook Legion 1:30 p.m. \$1.</p> <p>Open Darts Millbrook Legion 7:30 p.m.</p>	<p>THURSDAY 18</p> <p>Millbrook Play School Tots & Caregivers Millbrook Christian Assembly \$2./ morn \$10. month 9:30-11:30 a.m.</p> <p>Pontypool Karate Club Pontypool Community Centre. 6 p.m.</p> <p>Bingo Millbrook Legion 7:30 p.m.</p> <p>SATURDAY 20</p> <p>Pontypool Karate Club Pontypool Comm. Centre 10 a.m.</p> <p>MONDAY 22</p> <p>Youth Darts Millbrook Legion ages 9-17, 6:30 p.m. \$1.</p> <p>TUESDAY 23</p> <p>Millbrook Play School Tots & Caregivers Millbrook Christian Assembly \$2./ morn \$10. month 9:30-11:30 a.m.</p> <p>Pontypool Karate Club Pontypool Comm. Centre 6 p.m.</p> <p>WED. 24</p> <p>Take-A-Break St. Thomas' Anglican Church Centre St. Millbrook 9:30 - 11:30 a.m. Games, cards, conversation</p> <p>Euchre Millbrook Legion 1:30 \$1.00</p> <p>Open Darts Millbrook Legion 8 p.m. \$2.00</p>	<p>THURSDAY 25</p> <p>Millbrook Play School Tots & Caregivers Millbrook Christian Assembly \$2. morn \$10. month 9:30 - 11:30 a.m.</p> <p>Bingo Millbrook Legion 7:30 p.m.</p> <p>Pontypool Shotokan Karate Club Pontypool Comm. Centre 10 a.m.</p> <p>Jr Darts Millbrook Legion ages 9-17 6:30 pm \$1.</p> <p>SATURDAY 27</p> <p>Pontypool Karate Club Pontypool Comm. Centre 10 a.m.</p> <p>MONDAY 29</p> <p>Jr Darts Millbrook Legion ages 9-17 6:30 pm \$1.</p> <p>TUESDAY 30</p> <p>Millbrook Play School Tots & Caregivers Millbrook Christian Assembly \$2./ morn \$10. month 9:30-11:30 a.m.</p> <p>WED. 31</p> <p>Take-a-Break Games, cards, conversation St. Thomas' Church 9:30-11:30 a.m.</p> <p>Euchre Millbrook Legion 1:30 p.m. \$1.</p> <p>Open Darts Millbrook Legion 8 p.m. \$2</p>
---	--	--	---	--

CLASSIFIED ADS

To advertise, fill out the form & mail to Box 279, Millbrook or drop off at Knit 1 Purl 1 in Millbrook.

WANTED

Girls skis (downhill) to fit 11 year old. 932-2371.

Used batteries wanted - Turn those used batteries into cash. Call Kawartha Battery, 741-6097. 1040 Lansdowne Street, Peterborough.

FOR SALE

Florist closing. 50% off. Below wholesale ribbon, silk flowers, wickerware, Christmas and bridal items, plants, vases, floral, craft supplies, arrangements. 745-2567.

PETS

Dogs for adoption - abandoned dogs looking for good, caring homes. Call Purespring Kennels - 939-6967

THANK YOU

The knitters of the Millbrook Manor wish to thank all the people who donated wool. We made sweaters, scarves, bed jackets, knee blankets, mitts, slippers, etc. which were given to the Children's Aid, nursing homes and the hospital.

FOR RENT

Apartment for Rent, 1 and 2 bedroom. Oil heat, water, sewer included. References. Millbrook 932-2926.

CLASSIFIED AD FORM

All ads must be prepaid - ads not accepted by phone.



NO CANCELLATIONS OR REFUNDS

Include a stamped, self-addressed envelope if you want a receipt or copy of ad.

RATES: \$4.00 for 20 words. Extra words are .20 each. GST is included.

PLEASE PRINT

AD COPY: _____

NAME: _____

ADDRESS: _____

PHONE: _____

PAYMENT ENCLOSED: \$ _____

The Ripple reaches 4700 households in the Millbrook * Cavan * South Monaghan * Bethany * Pontypool * Garden Hill * Campbellcroft area.

Published the last Tuesday of every month



Peterboro.Net

brings

High Speed Quality Access

to

The Internet

to Peterborough and surrounding areas* at affordable rates. Visit any country in the world, make your vacation plans, help your children research school projects, explore your hobbies, do your shopping. All in the comfort of your own home. No one is too young, too old, or too inexperienced to surf the Net.

Peterboro.Net understands communications...the backbone of the Internet. We know the Net and its technology. Most important we know what the information highway needs most, a solid foundation of reliable access, service and accountability. Peterboro.Net is all of that and more.

Ride The Information Highway

For rates and information call: 749-0091

*Including: Bailieboro, Bethany, Bridgenorth, Buckhorn, Burleigh Falls, Cavan, Hastings, Keene, Lakefield, Millbrook, Norwood, Omeme

Coming Soon: Lindsay

