

THE MILLBROOK HIGHLIGHTER

Serving Millbrook and surrounding communities in Cavan, South Monaghan and Manvers Townships.

Vol. 4, No. 6

Millbrook, Ontario, Wednesday, February 19, 1986

25c

The Old Millbrook School Is Open For Classes

Monday March 3, is registration night for a range of recreation evenings in a Take-A-Break program to be run at the Old Millbrook School throughout the month. In addition to

'signing up' everyone is invited to attend a brief presentation by the Friends at 7:30p.m. Committee member Edith Heaton described the evening as, "A kind of Open House. It will give people a chance

to ask questions, bring up any concerns, review our audited financial statements and meet those of us who are on the Board. We will give a progress report and talk about future plans." The Friends are incorporated as a non-profit organization under the name Millbrook-Cavan

Community Heritage Fund. Volunteer Board members operate the old school on behalf of the

residents of both the township and village.

March promises to be a busy month with evening sessions on everything from flower arranging to furniture refinishing. All of the people giving presentations are donating their time. Registration fees have been kept low: \$3.00 per evening or \$20.00 for the whole month's activities. The Take-A-Break Calendar appears on page 10 of this issue of the Highlighter.



Photo by Edith Heaton

Brian Bulger, president of the Chamber of Commerce, hosts dinner for Mr. and Mrs. Art Manley (seated) and Mr. and Mrs. Lavern Gibson. (photo below)

Local Businessmen Honoured

On Saturday Feb. 8, 1986 the Millbrook & District Chamber of Commerce held a testimonial dinner and dance to honor Art Manley and Lavern Gibson.

Both Art and Lavern retired in the latter months of 1985 after a combined 50 years of being in business in the community. They were duly

honoured and praised for their years of service, achievements and volunteer work through the different local organizations in which they were involved.

The Chamber commissioned Bent Reinert of Cavan to paint the two buildings in which the honoured guests operated their businesses. These

were presented by the President of the Chamber of Commerce Brian Bulger. Vera Gillis and the ladies Auxiliary were responsible for the delicious roast beef dinner at which 169 people were served in all. Rev. Douglas Mitchell started the evening off with Grace, and Jim Chaplin played the last song for the remaining few at 1:00a.m.

Sandra Taylor of Something Special decorated the tables with flower arrangements and provided the honoured guests and their wives with boutonnieres and corsages. Betty Lunn baked two cakes decorated with the appropriate messages for the Manleys and Gibsons.

The majority of the people in attendance were local, however many friends, family and business associates came from as far as Milton and Weston.

All in all the evening was a total success.



Photo by Edith Heaton

Mr. and Mrs. Lavern Gibson



courtesy of Jack Marchen, Peterborough Examiner

The Guthries (from left) Ken, Jennifer, Arnold and Helga.

1.9 Million Dollars Won Locally in Lotto 649 Jackpot

By Doris Ingham

On Saturday, February 1, Arnold and Helga Guthrie discovered they were winners of 1.9 million dollars in the Lotto 649 draw. With four other ticket holders they would receive their share of \$7,649,898.40. Two of the four winners of the jackpot live in Ontario and two in Quebec. It is the first time such a large award has been won locally and the whole community was in a state of excitement.

The winning ticket was bought right here in the village in David Tong's Millbrook Pharmacy. For selling the winning ticket the outlet will receive \$750.

For the past two years the Guthries have been using the same numbers in Lotto 649. They were 4, 5, 9, 19, 29 and 31. On February 1st those numbers certainly paid off. In other lotteries they have made small winnings such as \$100 in a hospital draw but never anything like this.

Arnold says he will continue his job with Brotherhood Communications installing telephones. Helga is giving up her work in the kitchen of Millbrook Reform Institution. They

have engaged the services of a Lindsay lawyer.

The Guthries have two

children, Kenny aged nine and Jennifer who is seven. Kenny did not seem to be too much impressed by the news. He continued to

watch one of his favorite T.V. programs. On the other hand Jennifer was elated. She knows what she wants to do with some of the money. She wants to take in Disneyland and to go to Expo '86 in Vancouver.

South Monaghan Reeve Wins \$100,000

By Jocelyne Daw

What is it like to all of a sudden by \$100,000 wealthier? Well according to South Monaghan Reeve Anna Whittington who did just that on the Thursday, January 9th draw, "you suddenly discover you have a few lost relatives". Anna chuckles her hearty laugh and says "Actually I don't feel all that different, not yet anyways." And the following week, it was business as usual for the Reeve, attending to township affairs and participating in the County meetings for all the Town-

ship officials.

"I've had my share of kidding though. The last County meeting, they decided South Monaghan could float any outstanding loans we might have and the South Monaghan welfare officer informed me I was no longer eligible for welfare!"

Her good fortune has allowed her to buy herself a telephone answering machine and a few "other pricey items I wouldn't have considered the week before." She intends also to do a bit of travelling and use the money as a retirement nest egg.

SOUTH MONAGHAN NEWS

Township to host County Plowing Match

The luncheon meeting of Road Superintendents of the County of Peterborough was held at the Millbrook Legion recently, sponsored jointly by the Townships of Cavan and South Monaghan.

Council met in January with Mr. Gordon Bradfield and Mr. Warren Craft of the Peterborough County Plowmen's Association, to discuss plans for the 1986 County Plowing match, which will take place in the Township of South Monaghan in October.

South Monaghan were pleased to participate with Cavan and Millbrook in the Rabies Clinic held at Dr. Robson's farm on

January 25. The Deputy Clerk was on hand to sell dog tags, which are once again \$8.00 per animal until April 30, 1986. Tags will also be sold at the Township Office until that date.

At the end of 1985, a tractor and loader were purchased with subsidy from the Ministry of Transportation and Communications, for the use of the Township Roads Dept. This equipment was part of the 1985 budget and is at present being used as part of the winter control programme. Later in the year, it will be used for roadside maintenance.

The Township's representative on the Red Cross/V.O.N. Board will be Mr. William Wildman. Mr. Wildman represents Cavan and Millbrook also.

Due to the success of the first Sale of "Books and Things" held on February 1, 1986, the Bailieboro Community Library Association will hold a repeat sale on Saturday, March 1, 1986,

at the Municipal Building in Bailieboro, from 10:00a.m. to 3:00p.m. Donations and consignments would be appreciated.

Nursery School hosts TV stars

The medium of Children's Music is quickly becoming dominated by Canadian artists. Sharon, Lois and Bram are a trio of Canadians who are among the best known and loved by children the world over. We know them best possibly by their television show "The Elephant Show".

The Cavan Millbrook Nursery School in a combined effort with Arbor Theatre will present Sharon, Lois and Bram in concert on Saturday, March 1st at St. Peter's Auditorium in Peterborough. For more information please call 277-2402, 944-8996, 742-1257 or 277-22744.

The children at Nursery School have been busily creating tokens of love for their families to honour Valentine's Day. As well, we plan to enjoy an outing to Jenny Boone's home to toboggan, and a skating field trip.

In January we increased our enrollment to 34 children. We wish to welcome our new friends and their families to Nursery School!

Birthday Greetings for February go to Jamie Mitchell (Feb. 12), Greg Kruk (Feb. 14) and a special Happy Birthday on Feb. 13 to our friend Brendan Marriot in Australia!

Millbrook Chamber of Commerce Holds Annual Meeting

The Millbrook & District Chamber of Commerce held its January meeting at Frankie's Restaurant with 44 people attending. The fact that wine and cheese was served may have had some reflection on the good turnout, nevertheless a happy time was had by all.

The wine was courtesy of Mike and Frankie and thanks are also in order for

allowing us the use of their charming restaurant which, by the way, will be "opening soon"!!!! We all wish them every success.

The lovely lady at the Deli provided the snacks.

Brian Bulger welcomed all and briefly outlined the projects of the Chamber for 1986. John Lyons discussed the proposed new sign to be erected on highway 115, and very lit-

tle else came up in the line of business. The next regular meeting will be held on Wednesday, Feb. 19th in the Cavan Municipal Chambers 7:30p.m.

May we once again urge all Main St. business people and employees to refrain from parking on the main street during business hours. Parking space is very limited. Let's leave it for the customers!.

Talk on Bali and Australia featured at Cavan W.I.

By Annie Sharpe

The January meeting of the Cavan Women's Institute was held at the home of Mrs. Gary Robinson, with 20 members and three visitors present. The roll call — State something about Australia — was answered with several interesting items.

Cavan W.I. members are invited to attend the eighty-fifth anniversary of Millbrook's W.I. on March 25 at the Millbrook Legion Hall.

During the month of January, a candlewicking course was conducted by Jill Staples, and Mr. Luigi Rossi discussed home decorating. Mrs. Nancy Robinson spoke on the Resource Centre which they hope to set up in Millbrook. The Peterborough Centre will act as the parent group, and the

same services will be offered in Millbrook as in Peterborough. Much equipment is needed, and it was decided to leave our decision to the next meeting as to what we would definitely like to contribute.

A silver dollar will be presented to each contestant in the Finals of the Oral Communications Contest to be held at North Cavan School. In addition, Cavan W.I. will donate \$20 to the Millbrook Fair Board as a prize for an exhibit.

Our guest speaker for the January meeting was Mary Ann Staples. She has recently returned from Australia where she, her husband and two children have spent the past year. She gave a very interesting and informative talk and showed slides of their visit there.

While in Australia they took a trip to Bali, an island in the South Pacific and part of the country of Indonesia. The colourful slides showed the shrines at which the people of the Buddhist faith offer gifts to their god. Every bit of ground is utilized in the growing of rice. Vegetation is lush. People live in small huts. Vendors are everywhere, enticing people to buy their goods, which are reasonable in price.

Our members also saw slides of Darwin, Australia, which is the

same size as Peterborough. Here, houses are supported on stilts for ventilation. The area has many poisonous snakes, crocodiles and water buffalo which carry tuberculosis and brucellosis.

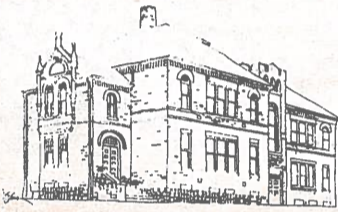
Disposal Rates Leap

By Celia Hunter

The contractor for waste disposal pick-up in Millbrook, BFI, has informed Council that as of March 1, monthly rates for the present service will increase from \$1383. to \$3200. Newcastle Recycling Limited, with whom Millbrook signed the original contract, were bought out last year by BFI (Browning Ferris Industries), an American firm.

In informing Council of the increase in rates, BFI also suggested alternative service, limiting pick-up to once a week and possibly having industrial and commercial customers pay individually for container service. At present, garbage pick-up is supplied twice a week to commercial customers.

The least expensive alternative will still cost more than \$700 more per month than the present contract. According to village clerk, Gail Empey no other contractors have been found so far from whom quotes can be obtained.



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CLUB NEWS

Legion Auxiliary sponsors contest

By Doris Ingham

At the meeting held on February 21 of the auxiliary to the Royal Canadian Legion, Br. 402, it was announced that Jean Murney, Zone commander, would make her official visit at the next meeting on February 18. She asked that all books be ready for her inspection.

In her letter, Mrs. Murney reported that the cook books prepared by auxiliaries had proved to be great success. From Newfoundland to the Northwest territories all across Canada 37,000 books had been sold. She said that if Br. 402 auxiliary would like to participate in this money making project they could obtain the books for \$3.75 each, retailing them for \$6.00.

It was announced that public speaking contests for public and secondary students would take place on February 16, registration taking place at 1:00p.m. with speaking to begin at 1:30. The contests are sponsored by the Branch, with the auxiliary supplying refreshments for the intermission.

During the winter mon-

ths meetings are held at 1:30p.m. In April they will return to their usual time, 8:00 in the evening.

A letter from Bill Gonder, coach of the novice hockey team, boys from six to eight years of age, asked for financial help when the team goes to play hockey in St. Clair Shores, Michigan, on Feb. 21, 22 and 23. They will be competing with teams both from the United States and Canada. The auxiliary voted \$200 to the project.

They also voted \$3000 to the branch to assist with heating and other expenses.

Events to come up in the near future were discussed. These included catering for the annual dinner for the Millbrook Agricultural Society on January 28, and the retirement dinner and dance honoring Art Manley and Lavern Gibson on Feb. 8.

On display was a copy of the book compiled to mark the Royal Canadian Legion's diamond jubilee. Next spring many red tulips will be seen all across Canada also in honor of the Legion's 60th

anniversary.

On January 19, a busload of seniors from Highland Creek Legion Village were entertained for lunch in Millbrook with assistance from the Legion's Preservation Barnyard Banjo Band. The visitors are very fond of the band and have invited them to Highland Creek in the fall. Their auxiliary have invited a busload from Br. 402 auxiliary this spring. Possible dates are April 22, May 6 or May 27.

Kawartha Downs Reopens

After a month of uncertainty, Kawartha Downs is open again for racing. The decision came last week when the Ontario Racing Commission (ORC) and the new owners of the track, Ian Hardcastle and Jill Christie, agreed to allow the track to operate while the status of their racing license application is before the courts.

The license application is due to undergo judicial review this fall.

The racetrack was closed when the new owners were denied a racing license by the ORC on the grounds that multiple ownership of tracks was not good for the racing industry. Hardcastle who owns Orangeville Raceway, and Christie bought an 80 per cent interest in the track last December.

Kawartha Downs employs more than 150 full and part-time employees, and approximately 500 horsemen and women, many of them local, use the track.

Those connected with the track say the fight isn't over yet. It is hoped though that over the next few months the new owners and the racing public can improve the fortunes of the troubled track.

Recreation Committee in Millbrook seeks input

By Celia Hunter

The Millbrook Recreation Committee has recently sent out a survey to gauge interest in the community regarding

recreational activities for all ages. Input from the community will shape the programme the Committee sets up.

Activities included in the questionnaire include soccer, tennis, volleyball and canoe instruction, along with teen dances and horse shoe pitching. A Hallowe'en Centre to replace door-to-door trick or treating is listed among the suggestions. Input in the choice of a parksite is also sought, the choices offered being the Fairgrounds, the Old Millbrook School, the Pond area, and the present site behind the Legion.

Recreation Committee Secretary Beverley Quibell

encourages response, saying "If you'd like to see new activities established in the community, fill out a survey form." She emphasises that the Committee hopes to hear from both Millbrook residents and people in the surrounding area. These forms can be picked up at the Millbrook Municipal Office (between the Legion and Durham Telephone on King Street), and can be dropped off either there or at Calhoun's IGA.

Questions regarding the survey should be directed to Committee chairman Darryl Sanderson, 932-2740, or secretary Beverley Quibell, 932-3006.

Millbrook Team Gives Stellar Performance at Zone Bowling Finals

By Doris Ingham

The auxiliary to Br. 402 of the Royal Canadian Legion won the zone bowling championship in finals held in Peterborough on February 1.

On the team were Marion Guthrie (captain), Jane (Guthrie) Koetstra, Helga Guthrie, Vera Gillis, Linda (Gillis) Jessup, and Stella Sanderson. The Gillis and Guthrie families were certainly well represented on the championship team.

Jane Koetstra also won the award for high triple.

The team will now go on to district finals being held in Oshawa on March

8.

In 1979 Br. 402 also entered the championship team. On it then were Marion Guthrie (captain) Jane Koetstra, Margaret Dew, Stella Sanderson, Vera Gillis and Wilma Bates. In 1981 Stella Sanderson won the trophy for high triple.

The Millbrook team has always done well but these were their stellar performances. There were 27 teams competing.

The auxiliary would like to remind those taking in the Wednesday afternoon progressive euchre parties that the starting time is 1:30p.m. sharp.

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Sports Registration The Cavan Recreation Committee will be holding its Youth Soccer and Softball Registration on

Thursday, February 27, 7-9 p.m. Saturday, March 1, 10-12 noon

at the Cavan Community Hall Cavan

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For information, call Brian Mitchell 944-8905 or John Pritchard 944-5519

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Letters to the editor are welcome by the Highlighter and should be on topics of community interest.

The editors reserve the right to edit letters for length, grammar, clarity and libel. Letters judged unsuitable cannot be acknowledged or returned.

Letters must be in good taste and bear the name and address of the writer. Anonymous letters will not be published.

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EDITORIAL

In the height of winter, with tournaments, play-offs, and a skating carnival just ahead, and a sell-out NHL Oldtimer game just past, attention focuses on the area Arena. What a pleasant change it is to find the outlook rosier and the mood so much more optimistic.

It wasn't many months ago that the atmosphere around the Millbrook Cavan South Monaghan Community Centre was pretty bleak. Deficit figures soared by thousands of dollars each month. There were notes of discord struck over the proposed purchase of a low-emissivity curtain for the debt-ridden facility. Some Arena Board members complained about a lack of communication in the running of the Community Centre, and one Arena Manager resigned. Last year's Assistant Manager was appointed to take his place.

This last action may well turn out to be the best thing to happen to the Arena in years. Bill Wells seems to have drawn praise from all quarters. He is keen, knowledgeable and interested in his job. Equipment and mechanical breakdowns have hardly been noticed this year so far, so quickly and effectively have Wells and his team, Tony Quibell and Doug Manley, dealt with the problems. His canny assessment of a problem with the brine pump, and his decisive response to it, meant that the NHL Oldtimers found ice to play on when they arrived in Millbrook last month.

Bill Wells doesn't just work on making good ice though. He also works on making money. The Arena deficit is on its way down. He puts in 55 to 60 hours a week, trying out new ideas, selling ice time, and looking into ways of making the Community Centre a viable entity. His enthusiasm is infectious.

The challenge for Wells will be even greater after the ice comes out at the end of March. Summer plans include refacing the interior of the Arena, cleaning up the boards, and building a new equipment room. Improvements to the Arena will draw more business next season, but in the meantime there are those lean months to get through. It will be important then to remember that 'Rome wasn't built in a day'. Not even Bill Wells can cancel a \$34,000 debt in a matter of months. But it looks at the moment as though he's giving it his best shot.

Letters to the Editor

Questioning Library Move

I am, I believe, in the minority as I question the wisdom of moving the library from its current location. I'm sure its relocation would be a boon to the advocates of the Old Millbrook School as a public centre, and would likely be well supported by most people. Spin-off effects such as the establishment of a Family Resource Centre under the same roof would no doubt benefit both enterprises.

I also feel that for the sake of increasing the space available from 600 to 900 square feet at triple the annual cost doesn't make much sense. Perhaps all the facts haven't been presented, but as a business venture alone I question the shift. So long as increased funding is available, could it not be utilized to upgrade the present facility with its ideal main street location? Presumably \$2,000 more

is not a problem - why not repair the furnace and consider expanding the current site upstairs?

Not being privy to Library Board discussions, I am not aware of the options available with regard to its current site, but I do find its location now to be its greatest asset.

Jim Liston
Millbrook

Disaster Fund dates from local tragedy

After reading your article in last month's Highlighter about the Peterborough City-County Disaster Trust Fund, I thought your readers might be interested in this point of interest. This very helpful and at times greatly needed Fund originated right here in our village of Millbrook.

In early 1976, a fire destroyed the home of Charles and Sharon Hood

who lived on King St. West in Millbrook. All was lost in this blaze. In an attempt to ease the immediate financial burden on this family, a group of concerned citizens initiated a fund to meet these needs. Because of the generosity of many people, the Hood family was assisted through this crisis.

In 1977, fire again caused four families to evacuate their homes in Millbrook. Most of these families lost all their belongings. Rev. George Power of Zion Pentecostal Church, (now Millbrook Christian Assembly) and Mrs. Lillian Milne, of The Village Shoppe, made themselves available for the task ahead of co-ordinating the delivery of many items of furniture and clothing.

Several ladies from Zion Church in Millbrook spent many arduous hours sorting clothes and distributing them to the families. Again, through the aid of the Fund, these families were eased through their hardship.

Financial assistance for these disasters was funnelled through Zion Pentecostal Church, Millbrook. On December 23rd, 1977, the Zion Church Emergency Fund was formally established with assets of \$271.11 in cash available. A committee consisting of Rev. George Power, Mrs. Lillian Milne and Mr.

James Coe was appointed to administer the fund.

In early 1978, Mrs. Judy Nolan and her family were re-located in a comfortable home in Peterborough after they had lost their Fraserville home and contents in a fire. Because there was a modest cash reserve available in the fund, the committee was able to direct some financial relief within hours of the disaster.

This fund was available to meet financial needs in the event of any sort of emergency. It was not restricted to fire disasters only, nor did it have geographic boundaries. It was a necessary form of relief that could cut through the 'red tape' of government-sponsored assistance plans which often take several days or weeks to move. Because of a generous community, thousands of dollars were administered to the needy by our local fund committee.

As of March 20, 1980, the Zion Church Emergency Fund joined efforts with the Peterborough City-County Disaster Trust Fund at the invitation of its Vice-Chairman Mr. Neil Boughen. Mr. Boughen had heard of Millbrook's Disaster Fund and contacted Mr. Coe to join efforts to better serve the community as a whole. This was done and now our humble beginnings continue to reach out with

a helping hand to our fellow man when disaster strikes.

Mrs. Wendy Coe
Fraserville

Blind faith in technology dangerous

In light of the recent space shuttle explosion and the crash of the cruise missile tested last month, I find it inconceivable that we put our blind faith and trust in the technology that has on hold a nuclear arsenal sufficient to destroy the planet many times over...God knows that men can make mistakes, but machines can malfunction disastrously and we are

powerless to control the outcome. Despite our "advanced" technology and increased knowledge, we are still mere mortals and playing with something bigger than we are. Canada is one of the few countries that voted against a nuclear freeze. Please write your local member of parliament protesting this vote, and pleading peace and non-involvement in this insanity. No postage is required and every letter counts. You can make a difference. Write to: Allen Lawrence, M.P., House of Commons, Ottawa, Ontario

Nancy Robinson
Millbrook

more letters, page 5

A Special Mention

Many thanks to the following individuals along with those listed above, who have helped in many ways to keep the Highlighter running this month:

Huntley Brown	Mrs. Robert Maxwell
June Buettner	Nancy Robinson
Mrs. Flo Colwill	Gord Wilson
Darlene Franck	

Thanks!

The Millbrook Highlighter would like to thank and acknowledge the following people who have shown their support for the newspaper by sending in voluntary subscriptions. It is through the support of these people in addition to our advertisers, that the Millbrook Highlighter is able to continue to go to press each month.

Don Pritchard	Marshall Willan
Darlene Franck	George and Irma Dean
Don and Dorothy Stevens	Melville and Florence Ball
Paul & June Buettner	

Rare Bird:



Johnson

STONE SOUP

Man vs Turnip: The Eternal Struggle

Not by Evelyn Raab

In spite of my natural reluctance to allow individuals of the Male Persuasion an opportunity to express their point of view, I just couldn't resist this piece which landed on my chopping block. He has obviously been spying on us.

Men are still basically scum when it comes to helping out in the kitchen. This is one of the insights I had last Thanksgiving. Despite all that has been

said in the past 20 years or so about sexual equality, most men make themselves as useful around the kitchen as ill-trained Labrador retrievers. This is not just my opinion: It is a scientific finding based on an exhaustive study of what happened last Thanksgiving when my family had dinner at the home of friends named Arlene and Gene. Picture a typical Thanksgiving scene: on the floor, three small

children and a dog who long ago had her brain eaten by fleas are running as fast as they can directly into things, trying to injure themselves. On the television, the Detroit Lions are doing pretty much the same thing. In the kitchen, Arlene, a prosecuting attorney responsible for a large staff, is doing something with those repulsive organs that are placed in little surprise packets inside turkeys, apparently as a joke. Surrounding Arlene are thousands of steaming cooking containers. I would no more enter that kitchen than I would attempt to park a nuclear aircraft carrier, but my wife, who runs her own business, glides in very casually and picks up exactly the right kitchen implement and starts doing exactly the right thing without receiving any instructions whatsoever. She quickly becomes enshrouded in steam.

So Gene and I, feeling like the scum we are, finally bumble over and ask what we can do to help, and from behind the steam comes Arlene's patient voice asking us to please keep an eye on the children. Which we try to do. But there is a famous

law of physics that goes: "You cannot watch small children and the Detroit Lions at the same time, and let's face it, the Detroit Lions are more interesting." So we would start out watching the children, and then one of us would sneak a peek at the TV and say, "Hey! Look at this tackle!" And then we'd have to watch for a while to see the replay and find out whether the tackled person was dead or just permanently disabled. By then the children would have succeeded in injuring themselves or the dog, and this voice from behind the kitchen steam would call, very patiently, "Gene, please watch the children."

I realize this is awful. I realize this sounds just like Ozzie and Harriet. I also realize that there are some males out there, with hyphenated last names, who have advanced much farther than Gene and I have, who are not afraid to stay home full time and get coated with baby vomit while their wives work as test pilots, and who go into the kitchen on a daily basis to prepare food for other people, as opposed to going in there to get a beer and maybe some peanut butter on a

spoon. But I think Gene and I are fairly typical. I think most males rarely prepare food for others, and when they do, they have their one specialty dish (spaghetti, in my case) that they prepare maybe twice a year in a very elaborate production, for which they expect to be praised as if they had developed, right there in the kitchen, a cure for heart disease.

In defense of men, let me say this: Women do not make it easy to learn. Let's say a woman is in the kitchen, working away after having been at her job all day, and the man, feeling guilty, finally shuffles in and offers to help. So the woman says something like: "Well, you can cut up the turnips." Now to the woman, who had all this sexist Home Economics training back in the pre-feminism era, this is a very simple instruction. It is the absolute simplest thing she can think of. But to the man, who got his training in Shop Class, learning things he would never ever need to know for the rest of his life, such as how to make "dado" joints, this instruction raises many troubling questions:

1. Which ones are the turnips?
2. Do you have to wash them first?
3. Do you have to peel them? (Then why did you wash them!?) What do you peel them with?
4. Do you cut them into

strips? Cubes? Little round pieces? Do you use the same thing you peeled them with?

This is just a partial list of the questions that I, for one, would have if somebody asked me to "cut up the turnips." So what the man does is he sort of fumbles around for a while, and finally he picks up something (which is later identified as a zucchini) and approaches the sink with it, and the woman snatches it from his hands and says, very patiently (much too patiently): "That's all right. I'll do it." And off he slinks.

I asked my wife to read this and tell me what she thought. This is what she said: She said before Women's Liberation, men took care of the cars, and women took care of the kitchen, whereas now that we have Women's Liberation, men no longer feel obligated to take care of the cars. This seemed pretty accurate to me, so I thought I'd just tack it on to the end here, while she makes waffles.

Red Cross Prepares for Local Campaign

By Kathy MacGregor

The Millbrook and District Red Cross ladies began 1986 with a pot luck lunch and work meeting at the home of Gladys Johnston. Following a delicious meal, much progress was made on a quilt being done for the Emergency Cupboard.

March will see a mail-in campaign in the rural areas of Cavan and South Monaghan, with a home call campaign to be held in Millbrook and the more populated areas. With only a small group of volunteers, plus transportation costs, we felt this was the best route to follow.

Please remember to respond to this new campaign approach. The Red Cross is a worthy organization active right here in our own area.

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ATTENTION!

Community support is needed for the development of our Family Resource Centre here in Millbrook. I should like to make it clear that, besides being a free drop-in centre offering various services for adults and children, it will also provide a wide range of courses and workshops in the evenings that will appeal to all age groups, from eight to eighty. If you would like to see this valuable facility established, please fill out the following form and drop it in the Highlighter box at the Millbrook Deli. Thank you for your support.

YES NO

I would be interested in the drop-in centre.

I would be interested in some of the workshops.

I would not use the centre but would like to see it established for others.

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Harold Nattress, barber

HISTORIC CAVAN

The Nattresses - Three Generations of Barbers Part I

By Jocelyne Daw

Businesses on Millbrook's main street over the past century have come and gone, following the changes in needs and technology and the ebb and flow of Canada's general economy. But one feature that has endured for just under a century and with three generations all from one family, is the red and white wooden pole that landmarks the Nattress Barber Shop.

The first Nattress Barber Shop was opened in the village in 1897, by Tom Nattress, a great-uncle of Lyle Nattress, the third generation to operate a shop in Millbrook. This shop was short-lived when Tom died during a typhoid fever outbreak at the young age of 22. While his brother took over the business, he ran it for only four months before selling out to Stan Armstrong and moving to Toronto.

It was shortly after this time, in 1901 that Harold Nattress, Lyle's father, purchased, at the age of 15, the Donnelly shop which he ran for 65 years, passing the business over to his son Lyle.

Harold Nattress's first shop was located where the post office stands today on the corners of King and Union Streets. His business at that time, was one of a series in that part of town. Located next to him in the same block were a time shop, a

butcher's shop, a photographer's gallery and Dr. Burnham's (Jean Burnham's Grandfather) office, exhibiting the diversity and extent of the downtown core of a village once much more affluent and grander than today.

During his years of ownership, the business moved to several spots in the King St. business district. At one time, his shop was situated in the Docon Telephone building and housed a pool hall. Eventually he settled in 1923 where the shop is located today, in a narrow brick building tucked in between the Public Library and the Past and Present Antiques Shop on the north side of King.

Harold Nattress' business was a busy and profitable one, in spite of the fact that he competed with 2-3 other barber shops operating in the village around the same time as his own. His business centered around the traditional cut and shave. In his early years a cut was 25 cents and a shave 15 cents. Before the coming of the electric shaver, which helped to revolutionize home shaving, Mr. Nattress did over 20 shaves a day, but by the time he retired in 1964 his requests mounted to never more than 3-4 shaves in a whole week.

Mr. Nattress always employed an assistant in his shop and when his two

sons Lyle and Edward were old enough, they worked with their Dad. The assistant did some cutting and the lathering and finishing putting the lather on the customer beforehand and the traditional tonic and hot towels after Mr. Nattress completed the shave. His shaving equipment was always kept in top cutting form with a razor sharp edge, which ensured a clean, close shave so difficult to achieve with a home shave. Lyle Nattress recalls that most of his father's customers came in twice a week for a shave and this part of the business kept them very busy.


Like the rest of the Millbrook businesses, the Nattress Barber Shop remained open on Wednesday and Saturday nights, often as late as to 2:00 a.m. In those days, it was the town constable's job to go around to businesses those two nights and declare closing time. But since Harold's father was town constable, he always put his son's shop as one of the last he visited.

The Nattress Barber Shop, as today, was a real community centre and meeting place and when it was open, it was always host to the local men who would come in for a shave and cut and for some good old-fashioned socializing. In the shop men could be seen huddled over a crib board, half concentrating, half joking and exchanging news and gossip. Lyle recalls that in his early days in the store the men would often brag about who was going to get pregnant next, but "then the pill came in and it changed everything." The barber shop also housed a spittoon, frequently used by the tobacco chewing clientele. "Nobody ever minded in those days when someone got up good spit" remembers Lyle. The shop also attracted a large number of travelling salesmen, who on their off hours visited, conducted business and participated with the local men in watch and jack-knife trading. Millbrook was an important railroad junction up

until World War II and the travelling salesmen were an integral part of village life, offering the locals an insight into what was happening in other larger and smaller centres throughout Ontario.

At one time, in the early 1930's, the Barber Shop also housed a hairdressing corner which was run by a lady who came by train from Peterborough. It was at this shop that the first "bob" and "shingle" haircuts were made fashionable in the village and for many years it became quite a fad for the women to come into the Barber Shop.


NEXT: Harold Nattress-Outstanding Athlete.



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A PASTOR'S PERSPECTIVE

The Art of Kindness

By Rev. Lorne I. Trimble

A little girl was making faces at a bulldog. Her mother reprimanded her. "Well, he started it!" she said. No doubt the little girl was right, for it is no trouble for a bulldog to look ugly! The girl drew her conclusion from the dog's face. Although the dog was probably innocent, the girl gained

nothing by trying to compete with him in making faces. The person who lives on the theory that he must return every unkind act which is directed toward him will have a never-ending and futile task.

Kindness is much more than maintaining a peaceful relationship with others. Kindness expresses

itself in positive action. It seeks out ways and means of doing good. It demands exertion beyond the ordinary. We cannot sit by, even with good intentions, and be kind. Kindness reaches out and stretches forth and touches the lives of others.

The word itself comes from the word, meaning 'kin' or 'kindred'. It first implies love for those who are our own flesh and blood. Kindness has been described as the 'golden thread by which our society is bound together'. Kindness characterizes God; thus it

should mark the life of every Christian. Kindness and Love are inseparable. In spite of our personal shortcomings and unloveliness, God keeps on loving us.

In the face of ignorance and bigotry, violence and hatred, we see Divine Love. The Apostle Paul admonishes us: "And be ye kind one to another; tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you". Ephesians 4:32. Kindness is an art; develop it, then let its Spirit saturate your whole life.

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Centreville Presbyterian Church 9:45
Centreville
Grace Presbyterian Church 11:15
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Rev. Stuart MacDonald

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Pastoral Charge

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Cavan United Church 9:45 a.m.
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7 p.m. Gospel Service

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Executive Meeting

Tuesday, March 4
7:30 p.m.

Branch General Meeting

Monday, March 10, 8 p.m.

Birthday Party

Friday, March 14, 9 p.m. - 1 a.m.
\$1.50 per person

L.A. General Meeting

Tuesday, March 18, 1:30 p.m.

Bingo!

Jr. Drum Corps - February 20, March 6
Early Birds - 7:30 p.m.

L.A. - February 27, March 13
Early Birds - 7:45 p.m.

Afternoon Euchre

Every Wednesday Afternoon

February starts 1 p.m., March starts 1:30 p.m.

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MUSICAL NOTES

Unusual Symphonies

By George Ingham

Last month I confessed Brahms' E-Minor was my favorite symphony. This time I should like to mention certain others, some of them unusual and off the beaten track for which I have a special fondness.

I find I have an affinity with the four imperfect symphonies of Robert Schumann. His symphony number three, the "Rhenish", has a powerful and majestic opening that should have heralded a work of tremendous proportions, unity and skill. It would be near the top of my favorites were it not that the shortness and construction of its five movements give cause for dissatisfaction. On the other hand I believe Schumann's attempt at a grand epic symphony, No. 2 in C Major, is far more successful than the critics would have us believe.

A striking and powerful work seldom played is the Symphony No. 3, the "Divine Poem" by Alexander Scriabine. Here the force must be either demonic, or perhaps we should give Scriabine the

benefit of the doubt, and declare that it is "divine" as he contends.

Another work which also exudes strangeness and inexplicable force is the "Asrael" symphony of Joseph Suk.

Those of us who know the name of Zdenek Fibich associate it mostly with the appealing but sugary morsel "Poeme". But he wrote three lovely symphonies, and I have heard all of them. Though not a symphony, his incidental music to Shakespeare's "The Tempest" exhibits the most beautiful late romantic orchestration outside of the Russian school. The symphonies too are superbly orchestrated.

What! No Beethoven? Yes, of course. I particularly enjoy Symphonies Two, Four and Seven.

Finally, to wind up this rambling account of my predilections, what of the modern dissonant works? Here too I have my favourites. I am fond of all the four or five orchestral symphonies of Hindemith.

Millbrook W.I.
Prepares to Celebrate
Eighty-Fifth Birthday

Twelve members and four visitors answered the roll call, "What can we do to improve our Health?" at the January meeting of the Millbrook Women's Institute held in the Municipal Hall.

Mrs. Wilson Larmer took the chair for the business portion which consisted of the reading of previous minutes and replies to Thank You Cards. It was noted that our membership fees were raised to \$4.00 for the next year.

Mesdames Gordon Davidson, Steven Doyle, Wilson Larmer, Albert Olan and Jessie Powell were appointed as a committee to make plans for the W.I.'s 85th Birthday Party, which is to be held in the Legion Hall on March 25 at 2:00 p.m.

Each member was asked to keep in mind the Resource Centre when house cleaning.

Samples of the Home Decor Course were displayed as the day of learning was recently held at the home of Mrs. Gerald Deyell.

Mrs. Warren Challice and Mrs. Gordon Davidson were appointed a nominating committee for the annual meeting in April.

Mrs. V. Hutchinson from Cavan will demonstrate how to replace the webbing on lawn chairs at the February meeting in the Municipal Hall.

The motto for the program was "Health is something you acquire, not buy".

A reading "What to eat?" was given by Mrs. Albert Olan, and Mrs. Gerald Deyell read some interesting information about Alzheimer's.

At the close of the meeting, the members retired to the Delicatessen for a cup of coffee.



Marlyn Elizabeth Gardiner

Graduate

Marlyn Elizabeth Gardiner of Hamilton, daughter of the late Bert H. Gardiner and Mrs. Audrey Morton of R.R. 1, Cavan, has been successful in passing her Chartered Accountants Exam, and has received her certificate from the In-

stitute of Chartered Accountants of Ontario. Marlyn is presently employed by Clarkson Gordon of Hamilton. She attended the local public and high schools, and furthered her education at McMaster University in Hamilton. Congratulations Marlyn!



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PONTYPOOL NEWS

From Kindergarten to Keenagers

By Nettie Aiken

Happy Valentine's Day to you all. Your reporter hopes that you find many ways to show your affection throughout the year, and not just on one particular day.

The Pontypool Input Youth Group held a Spaghetti Dinner, served at the Pontypool Community Centre, open to all in the community, on Sunday, February 9, from 4:00p.m. to 6:00p.m. This was an excellent fund raising project.

On February 1, numerous children from the Manvers Figure Skating Club took part in the Victoria South Inter-Club Competition held at Little Britain. There were youngsters representing the following clubs: Little

Britain, Ops, Emily-Omeme, Millbrook and Manvers.

Betty Lou Preston has asked me to announce a Kindergarten Pre-School Survey Project, which is studying enrolment needs for the next few years. It is an essential study if adequate facilities are to be provided for. "Our youth is our future" is still a very true saying. Please contact the school at 277-2322 for your copy of this survey questionnaire.

On Sunday afternoon, January 12, there was a surprise birthday party for Leonard Cain, on the occasion of his 70th birthday, at the home of Barbara LeBlanc, on the 5th line of Manvers. Friends from Pontypool, Ballyduff and Bethany

gathered to wish him well. People told of their experiences in times past, and it was quite fascinating to hear the stories. Leonard was very moved and delighted with this party.

Keenagers' meetings in February were February 6 and February 20. On January 23, a total of 45 had paid their dues for 1986. Please keep in mind their Annual Fund-Raising auction in the spring and save your useable articles no longer needed by you, but which could be a cherished treasure to somebody else.

On Tuesday, January 14, the Pontypool Weight and Friendship Club held their second meeting of the New Year. The scale figures showed very gratifying results, namely an overall loss of nine pounds among seven members. The most important business at hand was the selection of officers to guide the Club through the present calendar year. The following make up the new executive: Leader - Margaret Murphy, Co-Leader - Gisela Reefke,

Secretary - Bev Hogan, Treasurer - Barb LeBlanc, Weight Recorder - Gloria Dunford, Program Co-Ordinator - Pam Molloy, Club Historian - Nettie Aiken (just starting up another scrap-book).

Manvers Township Council unanimously endorsed a resolution by the Township of London petitioning the Minister of Labour and the Ontario Government to immediately take steps to provide for Worker's Compensation benefits to cover heart problems associated with stress generated by fire calls and fire responses in order that the same will include volunteer firemen as well as full time paid firemen. (from Manvers Township Newsletter, January, 1986.)



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**NOTICE TO
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An interim bill based on approximately 1/2 of 1985 taxes was mailed in February, and divided into 2 installments. The first installment is due February 28th, and the second installment will be due May 30th.

Once the mill rate has been struck, a final bill will be sent out with two installments — one due August 29th and the last due in November.

Should any of the above dates fall on a weekend or holiday, the due date shall be extended to 5:00 p.m. of the first working day following.

Interest charged on overdue taxes shall be at the rate of 1 1/4 per cent per month on the 1st day of default and each succeeding month thereafter.

Christine Wright,
Clerk-Treasurer
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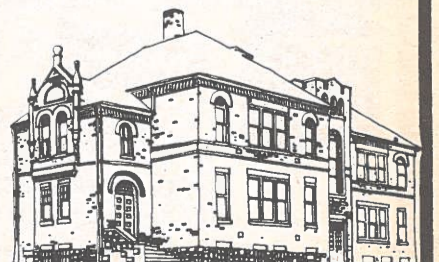
HOW TO REGISTER

Registrations will be taken at the Old Millbrook School on Monday, March 3rd from 7:30 p.m. - 9:00 p.m. Everyone is invited to attend a brief presentation from the Friends at 7:30 p.m.

If you cannot attend the March 3rd registration evening please send a cheque made payable to: Millbrook - Cavan Community Heritage Fund, P.O. Box 244, Millbrook, Ontario L0A 1G0. Please indicate on the back of the cheque the date and title of the session/s you wish to attend.

DO YOU WANT MORE INFORMATION?

If you need a ride or can offer transportation, or have any questions please call: David Jackson 932-2937 or Fran Fearnley 932-3128.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH						1
THE OLD MILLBROOK SCHOOL 'TAKE-A-BREAK' CALENDAR SOMETHING FOR EVERYONE						
2	3 Registration Night and Friends of the Old Millbrook School Presentation FREE ADMISSION	4 Sandy Taylor Floral Design and Caring For Tropical Houseplants	5 Deb Hancock How To Keep Your Family Pet Healthy and Happy	6 Mary Sutherland Living With Antiques. A Slide Show and Talk	7	8
9	10 Break 'N Bop A Dance For Teens 1:00 p.m. - 5:00 p.m. \$1.00 Admission Includes Refreshments	11 Glenn Fallis and Don Maynard Canoeing Flat and Moving water: Slides and Talk	12 Wes and Dot Eardley Know Your Antiques and Collectibles	13 Bonita Clark Folk Art: A Demonstration and Talk	14	15
16	17 Norman Smith A Date With Nature. Slides and Talk on Flora and Fauna	18 David Jackson Book Binding For Beginners Talk and Demonstration	19 Betty Lunn The Finishing Touch. Cake Decorating: Demonstration and Talk	20 Regina Poulton and Ann Braat Heritage Crafts: Quilting and Spinning	21	22
23	24 Will Ryan Interior Painting Techniques and Colour Choice	25 Understanding L.A.C.A.C. How can you designate Your Home? What Grants are Available. Free Admission	26 Horse Talk: Video and Presentation Sponsored By The Rice Lake Cadora	27 A Night at the Movies Sponsored By The Millbrook People For Peace Free Admission	28	29 Art Show 12:00 - 9:00 P.M. Free Admission
30	31 Greg Durand A Hobbyist's Approach to Furniture Refinishing	REGISTRATION FEES: \$3.00 PER EVENING EXCEPT WHEN IT STATES OTHERWISE ON THE CALENDAR ABOVE. WHY NOT BUY A SPECIAL PASS — \$20. FOR THE WHOLE MONTH! SESSION TIMES: WITH THE EXCEPTION OF THE TEENAGERS' DANCE AND THE ART SHOW, ALL SESSIONS WILL START AT 7:30 P.M. AND RUN TO APPROXIMATELY 9:00 P.M.				



Calendar of Events

Millbrook-Cavan-South Monaghan Community Centre

Minor Hockey Tournament
March 8

Minor Hockey Tournament
March 12, 13, 14

St. Patrick's Day Dance
sponsored by Minor Hockey
March 15

Figure Skating Carnival
March 23

Edgerton Oilers Tournament
March 27, 28, 29

CLASSIFIED ADS

\$2.50 for the first 26 words or less. 10 cents for each additional word. Phone numbers count as one word.

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Mail to the Highlighter office (P.O. Box 118, Millbrook, ON, L0A 1G0) or drop it off at the office at the corner of King St. W. and Main. Please include your phone number in case we have to contact you. If you have any questions, call the Highlighter office (932-3022) and we will be happy to assist you.

THANK YOU

We wish to thank Dr. Liston and all our wonderful friends and neighbours in Millbrook who helped so much with the birth and first weeks of our daughter, Amanda Jane Klarer, a sister for Alex Bishop; born at home, January 28, 1986. Thank you everyone. Karl Klarer and Jill Stocker.

FOR RENT

Large, 900 square foot studio available for short term rentals. Ideal for shows, classes, demonstrations etc. Furnished with tables and chairs. Rates negotiable, depending on use, starting around \$25 a day. Call the Friends of the Old Millbrook School at 932-3128. Be prepared to leave a message on the answering machine.

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The Friends of the Old Millbrook School are looking for chairs, tables, kitchenware, cleaning accessories etc. Your junk might be our treasure! If you have item(s) to donate please call 932-3128. Be prepared to leave a message on the answering machine.

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MORE THAN A HOME, A FAMILY CENTRE
\$119,000 - 50 ft. spacious family room, 4 bdrms, master has a 4 pc. ensuite, all on 3 trimmed and manicured acres, Cavan. **MAGGIE EDGERTON 748-4056 or 932-5518.**

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LIVE-IN NEEDED FOR NICE FAMILY WITH 3 LIVELY CHILDREN AGES 2, 5 & 8

Job Includes Child Minding and Light Housekeeping

Non-Smoker
References a Must
Salary Negotiable

Box 71
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L0A 1G0

Early Canadian Reproductions

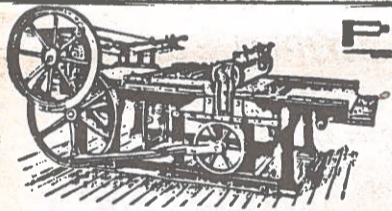
All Items Custom Built to Specifications

Ken Heaton & Co.

CABINET MAKERS

Showroom

Box 29, Millbrook
Ontario L0A 1G0
(705) 932-2838



PHOTOCOPIES

1-100 --- 10¢
100+ --- 7¢

60 KING STREET WEST MILLBROOK ONTARIO.
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Next Issue - March 19, 1986

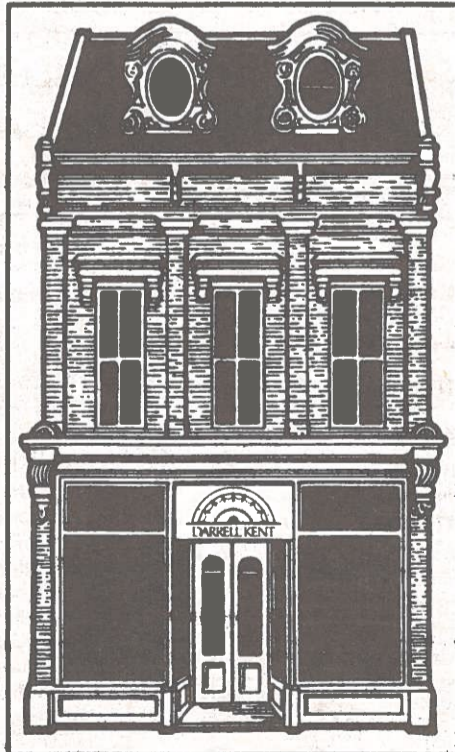
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932-3022

Deadline to reserve ad space March 3, 1986
News deadline March 3, 1986



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Great News For Millbrook!

Retirement Homes

We are very pleased to announce early spring construction of houses built to the needs of our senior citizens.

Please feel free to drop by our office and view the plans.

We're excited; we hope you will be too!

Call us for all your country real estate queries
"we love to talk real estate."

IGA beef round-up

CUT FROM CANADA GRADE "A" BEEF

"BONELESS" OUTSIDE CUT Round Roasts 5.27 /kg 2.39 /lb.	Inside Round Steaks 5.49 /kg 2.49 /lb.	Sirloin Steaks 6.15 /kg 2.79 /lb.	"BONELESS" Sirloin Tip Steaks 6.15 /kg 2.79 /lb.
"TAIL REMOVED" T-Bone Steaks 6.59 /kg 2.99 /lb.	"TENDERIZED & BONELESS" Hip Cube Steaks 6.94 /kg 3.15 /lb.	Boneless Rump Roasts 5.49 /kg 2.49 /lb.	"TAIL REMOVED" Fast Fry T-Bone or Wing Steaks 7.03 /kg 3.19 /lb.
"BONELESS" FULL OR OUTSIDE CUT Round Steaks 5.49 /kg 2.49 /lb.	Rump Roasts 5.27 /kg 2.39 /lb.	"BONELESS & LEAN" Stewing Beef 4.17 /kg 1.89 /lb.	"BONELESS" Sirloin Tip Roasts 5.71 /kg 2.59 /lb.

Second Big Week

"BONELESS" **Fast Fry Inside Round Steaks** 6.15 /kg
2.79 /lb.

Fresh! Pork Side Ribs
3.51 /kg
1.59 /lb.

MAPLE LEAF, COOKED, SMOKED, "BONELESS"
Country Kitchen Hams
7.25 /kg
3.29 /lb.

From Our Deli
AVAILABLE AT MOST STORES

DELI STYLE, SLICED **Cooked Ham** .44 /100g
1.99 /lb.

PILLER'S **German Style Mortadella** .44 /100g
1.99 /lb.

MAPLE LEAF **Colby Cheese** .66 /100g
2.99 /lb.

MARY MILES, SLICED **Side Bacon** 500 g PKG. 2.49

MARY MILES **Wieners** 450 g PKG. 1.39

CANADIAN QUEEN, SLICED, SELECTED POPULAR VARIETIES **Sandwich Meats** 175 g PKG. .79

MARY MILES **Headcheese** 700 g TIN 2.49

CANADIAN QUEEN **Italian Style Sausage** 3.95 /kg
1.79 /lb.

F.W. FEARMAN, "GOURMET" **All Beef Patties** 0.91 kg, 2 lb. BOX 3.99

ASSORTED, TWIN PACK **Shopsy's Salads** 300 g PKG. 1.19

SLICED, FROZEN **Calf Liver**
3.28 /kg
1.49 /lb.

STORE PACKED, MINCED, "FOR LENT"
Cod in Batter
3.06 /kg
1.39 /lb.

SCHNIEDER'S, COOKED PIECES
Fried Chicken
600 g BUCKET 3.49

"SAVE EVEN MORE WITH THE \$1.00 COUPON IN THIS AD"

PLU 015 WITH THIS IGA COUPON **COUPON VALUE \$1.00**

SAVE \$1.00 ON THE PURCHASE OF ANY VARIETY OF BUCKET CHICKEN

LIMIT 1-COUPON PER PURCHASE
COUPON VALID AT IGA UNTIL CLOSING SAT., FEB. 22, 1986. 1118310r

REDPATH, FINE GRANULATED
White Sugar 2 kg BAG 79

(LIMIT: 2 BAGS PER FAMILY)

ASSORTED VARIETIES, SEALTEST
All Natural Ice Cream 2 L TUB 2.99

PIECES & STEMS
Meadowglen Mushrooms 10-FL. OZ. TIN .59

ASSORTED VARIETIES
Primo Pasta or Spaghetti Sauce 900 g BAG OR 28-FL. OZ. TIN .89

PRODUCT OF U.S.A.
Sunkist Navel Oranges LARGE SIZE 72's DOZ. 2.49

SUN SQUEEZE, CHOICE
Pure Apple Juice 48-FL. OZ. TIN .89

IN WATER OR IN OIL, CHUNK LIGHT
Clover Leaf Tuna 6.5-OZ. TIN .89

ASSORTED VARIETIES, ROBIN HOOD
Celebration Cake Mixes 3 280 g POUCH PAK PKGS. 1

PRODUCT OF ONTARIO
Fresh Mushrooms 227 g 8-OZ. PKG. .99

REGULAR OR DIET **7UP or Pepsi-Cola** 750 mL RET. BTL. .59
PLUS .30 DEP. PER BTL. (UNIT COST 79¢ PER 100 mL)

ASSORTED VARIETIES, **Primo Beans** 19-FL. OZ. TIN .59

PRIMO **Vegetable Oil** 1/2 OUR PRICE 3 L JUG 2.99

IN SYRUP, PEACH HALVES OR SLICES, OR **Aylmer Fruit Cocktail** 14-FL. OZ. TIN .79

IN SYRUP OR IN ITS OWN JUICE, ASSORTED CUTS
Palanda Pineapple 540 mL TIN .69

Total Diet Dog Food 8 kg BAG 11.59

EVAPORATED, PARTLY SKIMMED **Camrnat 2% Milk** 385 mL TIN .69

REGULAR OR LIGHT **Kraft Mayonnaise** 500 mL JAR 1.79

SPECIAL PURCHASE! EXTRA LARGE SIZE! WHOLE DILLS, MINI DILLS OR BREAD N' BUTTER
Crunchie Pickles 2 L JAR 1.99

REGULAR, CONTINENTAL OR DECAFFEINATED BLENDS, FREEZE-DRIED
Taster's Choice Instant Coffee 198 g JAR 6.49

ASSORTED VARIETIES OF **Old Mill Oats** 1.35 kg BAG 1.29

OAKRUN FARM **English Muffins** PKG. OF 6 .49

BONUS, SLICED **100% Whole Wheat Bread** 675 g LOAF .69

PLAIN, CHOCOLATE OR ORANGE, BONI **Tea Biscuits** 2 150 g PKGS. 1.

ASSORTED VARIETIES, FRITO LAY **Potato Chips** 200 g PKG. 1.25

SEASONED, CHEESE, ONION/GARLIC OR CAESAR **Brownberry Croutons** 170 g PKG. 1.29

FROM OUR IN-STORE BAKERY AVAILABLE AT MOST STORES
Individual Brownie 350 g SIZE 1.99

PROCESS, PLAIN, PEACH OR PINEAPPLE, KRAFT **Soft Philadelphia Cream Cheese** 250 g TUB 1.59

100% PURE CORN OIL, REGULAR OR UNSALTED **Fleischmann's Soft Margarine** 2 lb. TUB 2.69

PROCESS CHEESE FOOD, SINGLES (8 OR 12 SLICE PACKS)
Kraft Cheese Slices 250 g PKG. 1.49

FROZEN, FANCY GRADE, NIBLETS WHOLE KERNEL CORN OR SWEET PEAS
Green Giant Vegetables 350 g POLY BAG .89

FROZEN, HADDOCK OR COD FISH STICKS IN LIGHT TEMPURA BATTER OR
High Liner Fish & Chips 350-750 g PKG. 2.09

FROZEN, CONCENTRATED
Welch's Grape Juice or Mott's Apple Juice 12-12.5-FL. OZ. TIN .99

LIQUID
Palmolive Detergent 500 mL BTL. 1.19

LIQUID, CONCENTRATED
Old Dutch Fabric Softener 2 L JUG 2.69

GENERAL MERCHANDISE
BATHROOM, BEAUTY ROSE, EVERGREEN OR LILAC FRAGRANCES, WIZARD, SOLID
Air Fresheners 170 g CONT. 1/2 OUR PRICE .59

QUIKKI
Garbage Bags PKG. OF 20 1.69

PRODUCT OF CHILE CANADA NO. 1 GRADE
Green Seedless Grapes 3.95 /kg
1.79 /lb.

PRODUCT OF U.S.A.
Green Onions 3 FOR .99

PRODUCT OF CHILE CANADA NO. 1 GRADE
Red Seedless Grapes 3.95 /kg
1.79 /lb.

PRODUCT OF ONTARIO, CANADA FANCY GRADE
Empire Apples 1.38 kg 3 lb. BAG 1.79

PRODUCT OF U.S.A.
Cello Spinach 283.5 g 10-OZ. PKG. .89

PRODUCT OF SPAIN
Spanish Lemons 5 SIZE 120's FOR .99

PRODUCT OF U.S.A. OR MEXICO, ONTARIO NO. 1 GRADE, "SWEET"
Green Peppers 2.18 /kg
.99 /lb.

MADE IN CANADA
Northland Firelogs 2.27 kg - 5 lb. LOG 1.59
CASE OF 6 LOGS 8.99

PRODUCT OF U.S.A.
Cello Radish 3 170 g 6-OZ. PKGS. .99

PRODUCT OF U.S.A.
Peanut Brittle 4.39 /kg
1.99 /lb.

PLU 017 WITH THIS IGA COUPON **COUPON VALUE 50¢**

WELCH'S, PURE Grape Jam or Jelly 500 mL JAR ONLY .99

FEATURE PRICE WITHOUT COUPON 1.49
LIMIT ONE COUPON PER FAMILY, ONE JAR PER COUPON.
COUPON VALID AT IGA UNTIL CLOSING SAT., FEB. 22ND, 1986. 2223025r

PRICES EFFECTIVE TO SAT., FEB. 22, 1986.

HEALTH & BEAUTY AIDS
ASSORTED VARIETIES OF 200 mL AERO-TINS, 80 g SOLIDS OR 80 mL ROLL-ONS
Secret Antiperspirant EACH 2.19

ASSORTED VARIETIES OF CONDITIONER OR
Ivory Shampoo 450 mL BTL. 2.89

FRESHMINT OR MILD MINT
Macleans Toothpaste 100 mL TUBE .79

This Week's Feature
Royal Bavarian Crystal WINE GLASS \$1.99

As you add each feature piece to your collection of exquisite Royal Bavarian Crystal the savings will astound you.