

# THE MILLBROOK HIGHLIGHTER

Vol. 3 No. 9

Millbrook, Ontario, Wednesday, May 15, 1985

25c

## School Once Again Belongs to Community



Photo by John Newman

Friends of The Old Millbrook School celebrate victory - (from left) front - Hans Grieger, Fran Fearnley, Don Mikel, Nancy Armstrong, Harry Williams. Rear - Huntley Brown, Janice Deacon, Bob Deacon, Murray Hofstetter.

### Major repairs required to make Arena profitable

By Wendy Brown

The Millbrook, Cavan, South Monaghan Community Centre, according to its manager, Frank Poley, is "a very good system", one that could be run at much less expense and for a longer season if some of its faults were corrected. These faults are, however, serious ones, and costly to repair.

The problem of most concern to Geoff Elton, the Lion's Club representative on the Arena Board, is the flaking paint on the ceiling and beams. Because of high humidity on warm or rainy days when the ice is in, condensation occurs, at times causing the beams to drip water onto the ice below. This makes the ice rough and is not appreciated by the users, especially the curlers. Of more concern is the safety hazard caused by the large flakes of paint falling onto the ice surface.

A dehumidifier costing about \$19,000 is one of the solutions to this problem. The beams need to be sandblasted and repainted to correct the other fault, and this job has been appraised at \$20,000. Poley is looking at the possibility of renting a sandblaster and having the Arena staff do the job. Instead of just painting ceiling and beams, he wants to spray them with a liquid metallic coating which penetrates into the steel, and also has insulation

properties. This would help the condensation problem, reduce hydro costs, and solve the flaking paint hazard.

Manager Poley is very concerned and frustrated with the arena floor. It has needed repair in the last year because of broken pipes allowing the cooling brine to leak out onto the surface. The floor is cracking and heaving because of the wet ground underneath.

In addition, the floor is not level. This means that in some areas the ice has to be 5 to 6 inches thick. An ideal pad is ½ inch thick. Poley stresses a new floor is essential, with insulation under the floor.

These major repairs would result in a more efficient system, cheaper hydro costs, and an increased earning season. Poley feels that with insulation in ceiling and floor, the arena could operate year round very cheaply, with only a 4 to 6 week closure for maintenance. The system, says Poley, has been "patched too long - it needs to be done properly".

Several more minor problems are also facing the Board. The lighting system is obsolete and parts are no longer available. One light has been out all year, creating a dark spot on the ice. Last year, \$9,000 was spent repairing the tractor room, \$2,300 was spent to replace an 18 year old pump, and \$400 to \$500

was consumed by the ice conditioner.

Solving these problems will take money, and that means a fund-raising effort by the community. The Lions Club has already begun with a Beef Barbeque to be held at the arena on June 1. This event is to be family-oriented with entertainment and refreshments. Tickets are available in advance from Lions Club members. The Arena Board is also investigating the availability of government grants.

## Millbrook Council Supports Highlighter

By Celia Hunter

Millbrook Council has matched proportionately the generous grant given to the Millbrook Highlighter by Cavan Council last month. The grant of \$250, which reflects the 4:1 ratio of Cavan to Millbrook taxpayers, was awarded to the community newspaper as a show of support for its efforts to provide a useful service to the area.

The newspaper has also been accepted as a federal grant recipient, and has hired Kim Heaton for the summer as part of a student employment

On May 1st one of Millbrook's finest buildings, the old school building which overlooks the restored Needler's Mill, was purchased from the Peterborough County Board of Education. The Board assumed ownership of the property when boundary changes were made in 1974. Attempts to have this historic landmark retained for the community have been underway for over two years. The school has remained vacant since it was deemed a fire hazard and closed by the Board in September 1982.

The Friends, a group of volunteers from the community who have formalized their affiliation through non-profit incorporation, in order to purchase and restore the school, are delighted by the outcome. Fran Fearnley, president of the group commented, "There were a number of last minute complications which had to be resolved. We received formal confirmation on Friday 26th that the Ministry of Citizenship and Culture will be providing \$30,000 towards the purchase. In the meantime we knew that the closing had to take place

on May 1st. Both Cavan and Millbrook Councils came to the rescue. They have jointly purchased the school on our behalf and once the funds come through from the Ministry we will be buying it from them. We would also like to thank John Turner for taking an active role in our discussions with the Ministry."

Jon Hobbs, a Peterborough architect who specializes in restoration work, has completed a detailed study of the old school. The first phase of work will be completed with funds awarded through the Canada Works Program. Hobbs' report, which suggests a three year program of work, indicates that all fire safety modifications, renovation and restoration work (excluding repairs covered by the grant) can be completed for \$34,000.

The Friends are busy organizing fund raising activities for their portion of the purchase price and for future work. An open House will be held at the school on July 13th. A Casino Night is planned later in July and the Friends will be having a display at the Millbrook Fair. Vice-president Don Mikel added, "We are currently preparing a mailing to alumni since

we feel that they have a special attachment to the school and will be interested in the project."

On July 2nd the Millbrook school will once again hum with activity. The Ontario College of Art (O.C.A.) will be leasing the first floor of the school for a three week landscape painting course. O.C.A. teacher Michele White reported that the college has already received a few enquiries from the Millbrook area. The registration fee for the full course is \$224. More information is available through the Fine Art Department at the college. The phone number is (416) 977-5311 Ext. 225.

Coloured posters, featuring a lithograph of the Millbrook school, cover the walls and doors of O.C.A.'s main campus in Toronto. They are also being circulated in Peterborough, Cobourg, Port Hope and Lindsay. The sub-heading reads, "Small town rural setting in picturesque rolling hills - three large studios in historical school." Fearnley said, "I was down at the college earlier this week to drop off material from the committee. Seeing the posters was like watching our ultimate dream materialize before my eyes."



Photo by Wayne Eardley

Art gallery to open in Millbrook - see Page 5.

program. Kim, a former student at Millbrook High School, participated in the production of the newspaper while at the school. She has just completed her first year in Business Administration at Wilfrid Laurier University in Waterloo.

The newspaper office, now located at the corner of King Street West and Main Street in Millbrook will be open every weekday from 9:00 to 12:30, and in the afternoons by a chance. The new telephone number is 932-3022.

## Women's Institute Elects New Officers

By Jessie Powell

Mrs. Stephen Doyle was hostess for the April meeting of the Millbrook Women's Institute with 14 members and 2 visitors in attendance. The President, Mrs. J. Rowland, presided for the business session, when the roll call was answered by the paying of fees.

Cards of thanks from Mrs. M. Challice and Mrs. Zella Bentley, a former member who celebrated her 98th birthday recently, were read.

Fifteen dollars were donated to the Spelling Bee Contest at the Millbrook Fair on June 8th and 9th. Rent for the space and table at the Giant Flea Market on May 25th was to be paid.

The theme for the W.I. Display at the fair this year is "Promotion of Women's Institutes", with suggestions for a motto such as History, Activities, and Courses.

The lucky draw tickets for the embroidered tablecloth and ceramic jar were distributed. The draw is to be made at the Fair on Saturday, June 8th at 4 p.m. Arrangements were made for the District Annual to be held in Grace Presbyterian

Church on Thursday May 16th, when the Millbrook W.I. will be hostess. Miss Moira Hunt from C.H.E.X. will be the guest speaker. Mrs. W. Larmer, Mrs. A. Olan, and Mrs. G. Larmer were appointed as delegates to attend.

Special thanks were given to Mrs. G. Davidson and Mrs. A. Olan, who were responsible for the successful rug braiding course and also the prizes for the meeting at Millbrook Manor.

The minutes and financial statement of the last annual meeting were read by the Secretary, Mrs. S. Doyle. Reports from the standing committees were given, and it was noted that 3 members had perfect attendance and there were 21 visitors.

Mrs. G. Davidson presided for the election of officers, which resulted as follows:

President - Mrs. W. Larmer  
 Secretary/Treasurer - Mrs. S. Doyle  
 District Director - Mrs. A. Olan  
 Assistant Director - Mrs. J. Rowland  
 Branch Directors - Mrs. M. Challice and Mrs. G. Davidson  
 Public Relations Officer

and Press Reporter - Mrs. J. Powell  
 Curator - Mrs. G. Larmer  
 Sunshine - Miss Sharon Armstrong  
 Agriculture and Canadian Industries - Mrs. I. Porteous  
 Citizenship and World Affairs - Mrs. A. Olan  
 Education and Cultural Affairs - Mrs. B. Hopkinson  
 Family and Consumer Affairs - Mrs. G. Deyell  
 Resolutions - Mrs. G. Davidson

Mrs. W. Larmer, the new President, gave as

her motto, "Kindness is one thing you cannot give away, for it always comes back to you," and "Take nothing for granted, for wherever you go, the joy of enjoying is lessened for you."

An executive meeting will be held at the President's home on May 6th, at which Mrs. A. Olan will be hostess.

A delicious lunch served by Mrs. B. Hopkinson, Mrs. G. Larmer, and the hostess was the climax of a very enjoyable and busy afternoon.

### Pick Your Stone!

## Maple Leaf Park is taking Shape

By John Pritchard

The season will soon be here when you can "Pick your own" strawberries or vegetables.

The Cavan Township Recreation Committee has been working hard to finish Cavan Maple Leaf Park near the Village of Cavan, so that it can be used this summer. As hard as this small group works, it still needs help.

They are asking for your help on Saturday, May 25th between 10 a.m. and 12 noon as well as Sunday, May 26th between 2 p.m. and 4 p.m. The task at hand for any organization, group or individuals, is to participate in the gala event and time honoured tradition of picking stones.

It may not sound too thrilling, but just think, a couple of hours out in the fresh air, rubbing knee caps with your neighbour could do you a world of good; besides it is a humbling act.

So please bring your friends, your neighbours, even your in-laws, we need them all. By the way, also bring a pail and screwdriver.

On a more serious note, the Parks Subcommittee would like to thank the following organizations, companies and individuals for their donations towards playground and park equipment. Cavan Women's

Institute, Jones Cavan-Fraserville Store, Buckingham Transport, Paxton Transport, Clarke's Esso and Ron Colby.

The Committee has been and will be approaching organizations, companies and individuals for financial assistance to offset the costs of purchasing such things as swing sets, park benches, picnic tables, bleachers, etc. Besides being recognized in the paper, a small bronze plaque will be placed on the items in the park thanking these people for their donations.

Anyone wishing to help us in this endeavour, please contact Brian Mitchell, 944-8905 or John Pritchard, 944-5519.

A registration day for boys and girls interested in Soccer or Baseball was held last month by the Committee, and due to this, we were able to establish five soccer teams, and hopefully three baseball teams.

Calhoun's I.G.A., Jones Cavan-Fraserville Stores, Dr. Jim Liston and the Cavan Rec. Committee will be sponsoring some of these teams.

The Committee would like to thank the above for their support now and all the readers of this article for their anticipated support in the future.

## Chamber of Commerce to welcome art students

By Rev. Walter Dyer

Eighteen members and one guest took part in the Chamber of Commerce meeting held on Wednesday, April 17 in the Cavan Township Council Chamber. The Chamber of Commerce is to work along with the Village Recreation Committee to plan the celebrations for Canada Day, July 1.

It was reported to the Chamber that the inspection of new buildings and renovations or repairs to buildings is carried out by the Building Inspector and the Fire Chief and must be according to the Ontario Building Code. Patrick Conlin is to contact the Peterborough Theatre Guild to have them come to Millbrook for a Children's Workshop sometime during the summer.

The Chamber of Commerce will sponsor a young lady in the Sweetheart of the Fair contest to be held in connection with Millbrook Fair in June. A report was given in regard to the meeting held with the Toronto-Dominion Bank officials in March. It was stated that a positive discussion took place between the two parties and the bank was willing to listen to

the concerns of the people to bring about better relations with the community. Downtown Parking was discussed and a proposal presented by Donald Hedlund was received, but it was felt more information was necessary before the Chamber could make constructive comments.

Fran Fearnley spoke on behalf of the Friends of the Public School outlining the plan of the Ontario Art College to hold a three week course at the school in July. The Chamber agreed to share in some form of welcome to the students attending this summer course.

The Chamber of Commerce will be sponsoring a 50-50 draw on a regular basis to assist the work of the Chamber in the Community. The next meeting of the Chamber of Commerce will be held on Wednesday, May 15 at 7:30 p.m. in the Cavan Township Council Chamber. All business people of Millbrook and district, along with those interested in the work of the Chamber of Commerce in the Community are invited to attend and become members.

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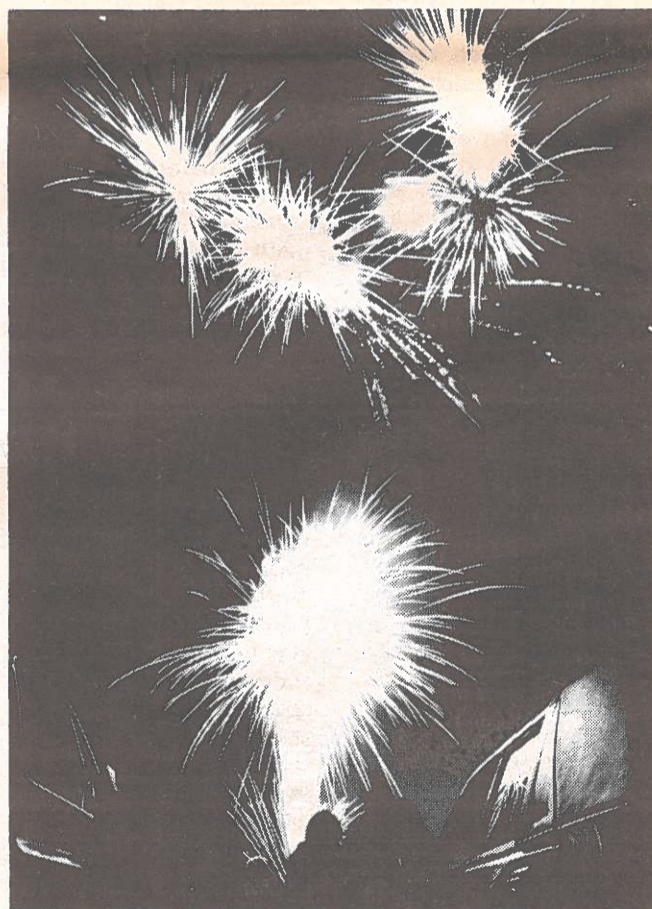


Photo by Wayne Eardley

## Fireworks!

The Township of Hope Recreation Committee is running the 2nd Annual Fireworks Display on Sunday, May 19 - raindate: May 20 - at the Alex Carruthers Memorial Park in Garden Hill (4 miles west of Hwy. 28 on County Road 9, 10 miles east of Kirby).

The Port Hope Pipe Band, who placed 3rd in the North American Pipe Band Championships at Maxville, Ontario, in

1984, will be entertaining from 8 p.m. until the start of the fireworks (approx. 9 p.m.).

The proceeds from an admission price of \$2 per person, \$1 per elementary student, and preschoolers free, will be applied to further development of the park.

The display attracted 1500 people last year, and will run for approximately 30-35 minutes. A full canteen will be available.



Reverend George Daley and wife, Doreen.

## Community welcomes new Anglican Minister

By Rev. Walter Dyer

The Reverend George Daley has taken up residence in the Rectory at 14 Centre Street, Millbrook, having been appointed by the Right Reverend Desmond Hunt, Suffragan Bishop of the Trent-Durham Region of the Anglican Diocese of Toronto, as Incumbent of the Parish of Cavan-Manvers as of May 1st, 1985. Mr. Daley will look after the six churches in the Parish, namely St. Mary's Church, Lifford; St. Paul's Church, Bethany; St. John's Church, Ida; Trinity Church, The Marsh; Christ Church, Bailieboro and St. Thomas' Church, Millbrook. For the time being he will be assisted by the five Parish Lay Readers, a Church Army Cadet and the Reverend Walter Dyer. Mrs. Daley, Doreen, is presently visiting in England for eight weeks, her first visit there since coming to Canada as a war bride in 1944.

George was born in New Carlisle, Quebec, of Empire Loyalists background. He attended school in Quebec City, sang in the choir, and served as an Altar Boy in the Cathedral of the Holy Trinity. Prior to his University training, George, worked on farms, in factories, logging in British Columbia and mining in the Yukon. He served on ocean-going freighters and made an attempt to join the army during the latter part of the war, but wasn't old enough.

After the war, George Daley went on a five year "working" tour of the world and it was while working his way around the British Isles that he experienced the new

birth in Christ. George says that he formed two conclusions at that time which he has never had reason to change: "First, that Jesus Christ is alive! I opened the door of my life and allowed Him to come in and indeed He is all He claimed to be. Secondly, the Bible became a new book for me and not just an ordinary book, but the living Word of God, true, relevant, and up to date in every detail. These two conclusions have radically and permanently altered the whole course of my life."

George was accepted for training by the China Inland Mission; however, when the door was closed to foreign missionaries, he returned to Canada and took his training at the Toronto Bible College, Emmanuel College and the University of Saskatchewan.

For over thirty years George Daley served as a Missionary and Teacher in Canada's north.

George and Doreen Daley were married in 1974 in Schumacher by Bishop James Watton. Doreen was born in Brooklyn, Kent, England. From Doreen's first marriage she has three children, four grandchildren, and two great-grandchildren. From George's first marriage he has three children and six grandchildren.

The Daley's have come to the Parish of Cavan-Manvers after serving as the Incumbent of the Parish of Creemore, Banda and Lisle for the past five years. George and Doreen look forward to their new ministry in the Parish of Cavan-Manvers. We welcome them most sincerely to our Community.



## Legion Branch 402 elects new slate

By Doris Ingham

Despite the fact that only 34 members turned out for the election of officers of Br. 402 of the Royal Canadian Legion

held Sunday, May 5th, there were some exciting moments. In one case the first vote ended in a tie and a second one had to be taken.

Returned as president was Lloyd Slack and as first vice Brenton Dawson.

The latter was also appointed to continue as service officer looking after veterans or dependents who have needs. Margaret Dew was returned as secretary and

Ted Dew as sergeant-at-arms. Elected as second vice president was J.H. Raper, as treasurer Dorothy Slack. She fills the vacancy left by the resignation of Iva Reid.

Elected executive members were: Margaret Baker, Vera Carr, Victor Homewood, Gerry Martin, Rex Park and Hector White.

Wally Smith, zone commander, conducted the election. He was assisted by Una Golding,

past zone commander, who listed names on the board, and by Ewart Wanamaker, newly elected zone commander, who was chief scrutineer. Assisting him were Ken McClure, president from Warsaw, Frank Lawler, sgt.-at-arms in

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Peterborough, Br. 52 and Alan Golding, zone secretary. Other special guests were their wives, Vi Smith, Katie Wanamaker, Mildred McClure and Kathy Lawler.

Each elected officer was escorted to the front for installation by the Sgt.-at-arms. Conducting the ceremonies in turn were, Wally Smith, Una Golding or Ewart Wanamaker. Robert Carr, Br. 402 immediate past president, was also called to the front for recognition. When it came to the final installation, that of the president, Lloyd

Slack, he was escorted also by two past presidents, Bob Carr and Walter Challice. Following the election it was agreed that all ballots should be destroyed. While it was in progress the doors were locked.

In his closing speech Wally Smith said this was the last time he would be officiating as zone commander in Millbrook. He had served on the zone honors and award committee on which Ruth Farr is chairman. He was happy that the two bands of Br. 402 had been chosen for special honors, which they richly deserved.

Their Preservation Barnyard Banjo band on a regular basis visits homes for the elderly, hospitals, and nursing homes entertaining the residents. Among these are Civic Hospital, and Extendicare in Peterborough, the Golden Plough Lodge in Cobourg, nearby Springdale Nursing Home and on occasion,

Extendicare in Oshawa. By the way these men play many other instruments as well as banjos such as saxophones, violins, guitars, the piano. The junior drum corps of Br. 402 is much in demand to play in parades in area centres. On one occasion they helped

in Fourth of July celebrations in Erie, Penn., and received high praise when they performed at the Canadian National Exhibition. There are 25 members.

In the absence of the auxiliary president, Bette Wanke, Vera Carr, assisted by other members, was in charge of the delicious buffet.

## Millbrook Musician to Represent Area

By Doris Ingham

Diana Preston of Millbrook placed first in four different classes in one day, Saturday, April 13, at the Peterborough Kiwanis Music Festival. She won the open sonata class for any woodwind instrument, the open flute solo, the open piccolo solo, and open concerto class, again for any woodwind instrument. Miss Preston also won the Founders Award Scholarship for \$150.

Diana has been chosen to represent the whole Peterborough area in provincial music competitions to be held in Thunder Bay from May 31st to June 2nd. She is 20 years of age and is enrolled in a music course at Queen's University. Her parents are Mr. and Mrs. Gary Preston. Her father is superintendent of Millbrook Reform Institution.

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## The Millbrook Chamber of Commerce

Wishes to Announce

Our Canada Day Program is being organized now for July 1, 1985. Watch for Registration Sheets being posted in many locations throughout the area soon. Volunteers to supervise, please sign appropriate sheet. More information in next issue.

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# THE MILLBROOK HIGHLIGHTER

Established 1983 - Published monthly by Highlight Publications, Millbrook, Ontario

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## EDITORIAL Investing in a future

That gracious landmark, the former Millbrook Public School, is ours, thanks to the extraordinary efforts of nine dedicated committee members, the Councils of Millbrook and Cavan, and a number of others who worked behind the scenes.

According to Fran Fearnley who heads up the Friends of the Public School, there was nothing straightforward about the acquisition. Since last October, committee members, only one of whom ever had any personal connection with the school itself, have spent countless hours, often working far into the night, devoting spare time and leisure hours to saving the building. When grant money promised to finance the purchase didn't come through in time to meet the closing date, both Millbrook and Cavan Councils readily agreed to buy the school building for the Friends.

On how close we came to seeing the historic structure torn down to make room for industry or apartments, we can only speculate. There was an offer in on the building, should the Friends not come through. The offer was from a developer.

From the crest of the hill to the north, on County Road 10, the Millbrook Public School building stands out proudly and grandly, a testimony to the impressive history of Millbrook. It is a reminder to us of the rich and valuable history of the community we live in. Without such monuments, it is too easy to forget the values and ideals of our forefathers. Not only is it a tribute to the vision of Millbrook's settlers, it is also an example of building-to-last. Pronounced structurally sound, it will be ready to be leased out this summer. It has not been saved merely to stand as an epitaph to a bygone age: its usefulness promises to contribute much to the future of the village.

This is a structure that was built with pride. It is one we should treasure and support as a valuable legacy. Through honest dialogue, co-operation, and a lot of research and hard work, a group of Millbrook and Cavan residents who care have saved the school building for us and future Millbrook residents to count as part of a rich heritage. When the Public School was closed several years ago, it marked the end of an era in Millbrook's history. With the acquisition of the building on behalf of us all, another era has begun.

## Letters to the Editor

### Memories Preserved

I have been receiving your paper here through the kindness of old friends, I suspect Walter and Phyl Challice, and look forward to the events, etc. as published.

I want to say that I am relieved that the Old Mill and the old school are being preserved since they hold many memories in my mind.

When I was in my teens I used to visit the old pioneer cemetery by the school and feel that some research could offer your columns some-

thing of great interest. It was sadly overgrown in those days.

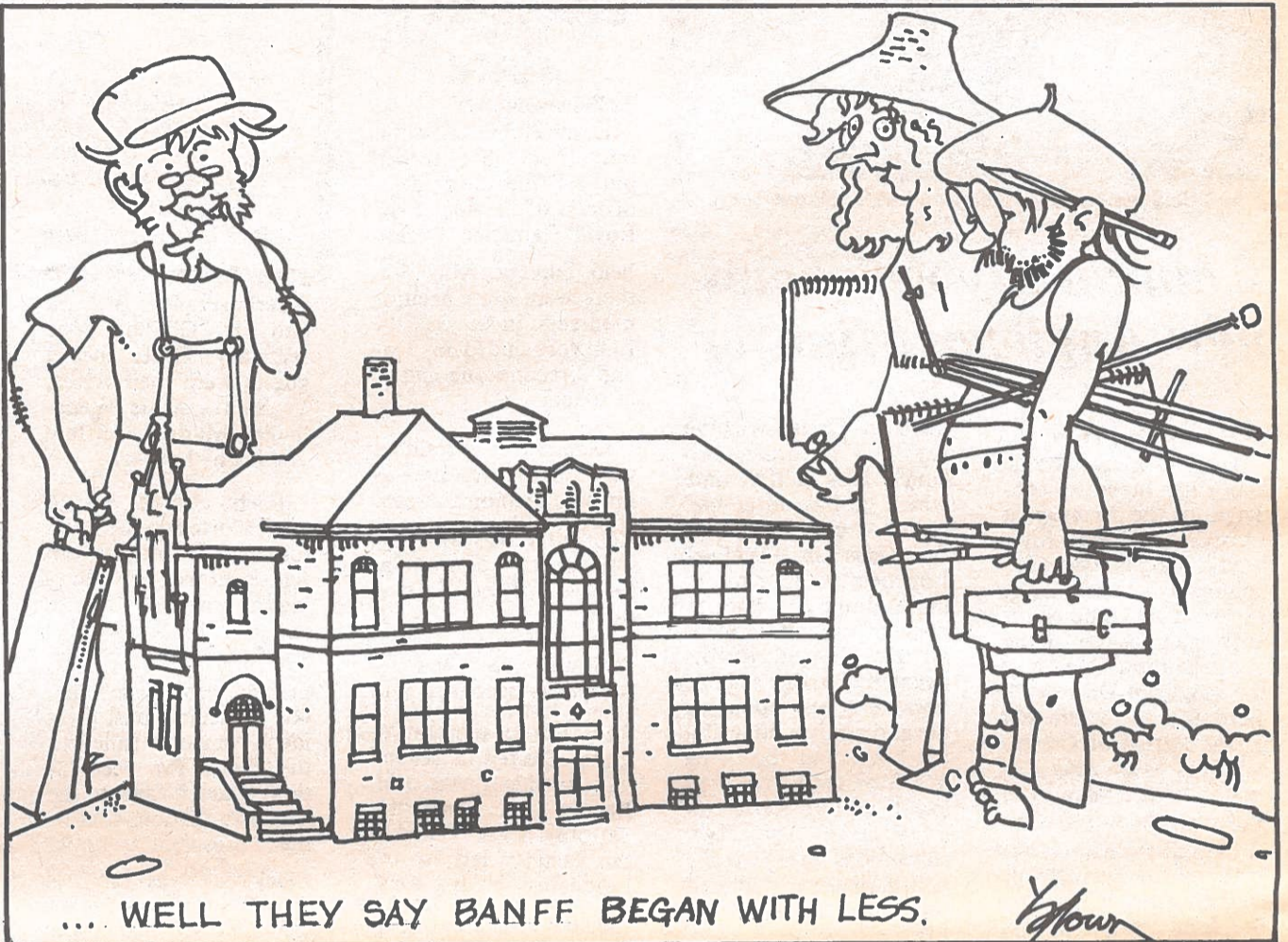
Again I wish to congratulate you and those of your staff in the interesting articles that appear in the pages of your papers.

Gordon Muspratt

P.S. My best regards to all in Millbrook.

### Searching for roots

My great, great, great, grandfather THOMAS NATTRASS, born 1799,



emigrated here from Durham, England between 1815 and 1825. Family members included John Abraham, Mathew and Alfred. I would be grateful if any descendants would write me. My name and address:

Craig Natrass  
 c23 80 Galbraith Drive SW  
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Thank-you very much for your consideration.

Craig Natrass

### Coverage Commended

I take this opportunity to tell the Editor and Staff how much I enjoy *The Highlighter*. As a former columnist and feature writer for both *The Scotsman Group* in Edinburgh and *The* (late lamented) *Toronto Telegram*, I view the printed word with a critical eye. So it is with no small degree of enthusiasm that I commend you for coverage that is interesting, informative, and often, charmingly informal.

Mary Sutherland

### Fire Department deserves high praise

It was about 9:30 on a Thursday night, a time when most of us are starting to wonder whether our yawns will carry us as far as the 11 o'clock

news. The phone rang. It was Sandy Eardley on the other end. She's my tenant in the apartment above The Millbrook Press. She was calling to say she'd smelled smoke and that she'd already called the fire department.

I raced out of the house but I was no quicker than the fire department. A team led by George Sheppard was already pulling up in front of my building as I arrived. I think their response time was less than three minutes.

The problem was a burned-out fan motor on the furnace but George and his team treated the call with the serious speed that any summons always gets.

George came in the following day with some follow-up inquiries, demonstrating that his commitment doesn't disappear when the smoke does.

The purpose of this letter, therefore, is to thank the Millbrook Cavan Fire Department for its dedication and obvious interest in fire safety. Let's not forget that they're all volunteers. Let's not forget that they make a valuable contribution to the community.

Let's remember not to take them for granted.

Yours sincerely,

Patrick Conlon  
 The Millbrook Press

## As our third year begins ...

The Millbrook Highlighter is happy to announce that the amount of \$856.24 has been received as a result of private donation pledges so far. In addition, we are extremely grateful for the pledges awarded us from both Millbrook and Cavan Councils. The total received has allowed us to establish ourselves on a firmer financial footing, and we look forward to being able to serve the community for yet another year.

As we enter our third year, we would like to thank all those who help put each issue out and work behind the scenes. Included in this list are Lorne Trimble, who with Clayton Thexton, distributes the newspapers to the post offices in the area, Lois Bennett who helps with lay-out, June Buettner who has joined us to help proof-read, and Sandy Fair, who is bravely training as our new Business Manager. Thanks also to all our regular columnists and contributors; without you all, there would be many a blank page! A big thank you too, to all our advertisers who keep us in business.

For any who would still like to send in a donation to the Highlighter, there is still time! For our part, we hope you will all continue to enjoy and contribute to your own, independent, local newspaper.

## Thanks!

The Millbrook Highlighter would like to thank and acknowledge the following people who have shown their support for the newspaper by sending in voluntary subscriptions. It is through the support of these people in addition to our advertisers, that the Millbrook Highlighter is able to continue to go to press each month.

Cliff Larmer	Gordon Muspratt
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Lois Bennett	Carol & Max Manley
Norm & Helen LeMay	Mrs. Olga Fallis
Hugh Bothwell	Donald M. Thompson
Geoff & Kathy Elton	Ralph, Elaine, Tricia and
William & Leona Frederick	Tammy Cole
Mary F. Sutherland	Lois & Hans Grieger
Mr. & Mrs. A. Parsons	Fred E. Irwin
Louise S. Brown	Lloyd Slack

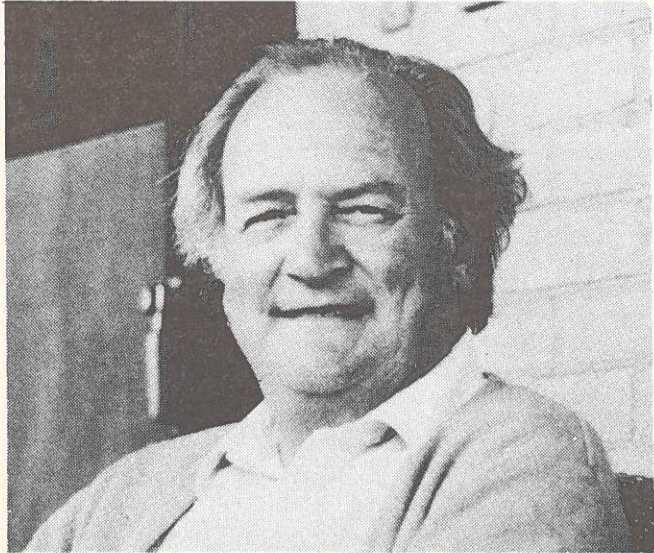


Photo by Fran Fearnley  
Huntley Brown

## Millbrook Artist to open Gallery

By Fran Fearnley

We all have our dreams. Huntley Brown has turned his fantasy into reality. Sitting on the porch drinking cold beer in the quiet, spring sunshine, watching the crocuses prepare for their evening siesta, is part of the story. So is the century-old, honey-coloured brick house to which the porch is attached. And the two young kids who clamber down the steep path to sell a dozen worms, to whom he explains gently, "I'm sorry hon, I don't fish." The view across the street, the rhythm he saw in a line of trees yesterday afternoon, the way snow melts - they all tug Huntley Brown to his studio each morning.

On June 1st the Browns will open their home as an art gallery. On walls bordered by acres of stripped pine (Wife Maureen has wielded a heat gun for more hours than she cares to remember) will be displayed thirty or so of Huntley's watercolours. For those of us that live in Millbrook or Cavan many of the scenes will be familiar.

The subject matter is new for Brown. It's a direct result of his own emotional response to his environment. In a world fraught with change, violence and spiritual vacuums he feels he has found "a little piece of heaven."

I want people to look at my paintings and say 'that makes me feel peaceful inside.' I don't really want them to intellectualize. I try to capture the essence. It's not a mechanical thing. I want to get beyond the obvious. I want you to smell it and breath the clear air."

The eight-year-old kid who longed to be a comic strip artist has come a long way in 44 years. When asked if his parents were supportive Brown replies with a dimpled smile, "Oh yeah. They pretty well had to be. I was so bad at the other subjects that they thought art was my only hope." His first publicly recognized achievement was as winner for western Canada of a poster competition sponsored by the United Nations. He was 15 at the time. More honours were to follow. In his final year as a student at the Ontario College of Art, Brown was chosen for the Governor General's Medal. "It was the highest award you could possible get." he recalls, "My dad almost had a heart attack."

More recently, in 1978, he was invited to join the most celebrated Canadian association of artists, the Royal Canadian Academy of Art. Of course plenty has happened in between.

A career in commercial art that has spanned some 20 years has led Brown from the sublime to the ridiculous. He's designed coins and stamps for the federal government, illustrated features for national magazines like Macleans and Saturday Night and drawn cartoons for the Globe and Mail and the Toronto Star. (And on a voluntary basis for the Millbrook Highlighter!) Some assignments, like painting embracing couples on a pair of oversized, inflated rubber lips for a lipstick ad, are fortunately just delicious anecdotes of the past. Today Brown can afford to be more selective. He still does illustrative work for a few clients like Reader's Digest and Imperial Oil, but most of his time is now spent on his own work.

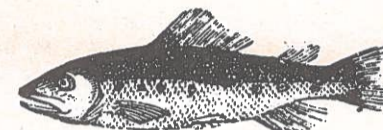
Teaching is also on the agenda. One day a week Brown takes himself off to Toronto to teach editorial design to students at the Ontario College of Art. "It keeps you young and excited because you really do help them a lot." he explains. The biggest challenge is not teaching technique - he insists that there are no secrets to the technical end - but going beyond that into the emotional and conceptual aspects. That's what he finds rewarding.

There is no such thing as a typical day in the life of Huntley Brown. "I try to keep to a routine but I also think you should go with the flow. I am disciplined. I can make myself work even when I don't feel like it. Any creative person who's professional has to be able to do that." But part of his personal and artistic charm is

that Brown is so easily caught up by the spirit of the moment. He explains, "I try and capture a particular time and place. It's not just a vague interpretation; it says something - instantly."

If he were to stay put for 100 years Brown feels he would not run out of inspirational sources. He has a great reverence for the architecture of the area. Houses he sees as more than buildings. "A home is a key thing in your life. I'm not just painting the house but the people who live in it now and those who lived in it before. Ontario is blessed with an architectural inheritance that's a unique blend of ideas from the old century adapted to the new." Huntley is undoubtedly a humanist which may be why even the wide sweeping panoramas show signs of man's existence. It may be a fence line, or a farm nestled in the valley, or a truck climbing the hill - it's a pastoral world where people belong.

Brown also enjoys painting what he describes as, "a sense of power in nature. I love waterfalls." He chuckles, "Maybe that's because I nearly drowned once in an irrigation ditch in the middle of the bald-headed prairie." He describes the incident with a flourish of gestures and such fabulous embellishments that we lose track of our train of thought. Huntley Brown takes his work very seriously but he takes himself with what amounts to a liberal pinch of salt.



### Millbrook Pond Restocked

Through the generosity of Raymond Challice, the Ontario Conservation Authority, and various supporters throughout the area, Millbrook Pond was again restocked with 750 speckled trout on the afternoon of Friday, May 3.

Mr. Challice collected

donations throughout the area, which he matched with his own donation. This amount was then matched by the Ontario Conservation Authority.

Thanks to the generosity of many people, the Millbrook Pond is again "flush with fish".

**Apology:**  
To Clayton Thexton, whose name was left off through error as writer of last month's Profile of Ms. Didi Calhoun.

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# Saved from Oblivion

By Evelyn Raab

In my never-ending search for the Perfect Recipe I find myself accumulating zillions of scraps of paper with scrawled instructions on how to prepare all sorts of concoctions. Fortunately, a few of them are still legible by the time I rescue them from the bottom of my purse. The ones I find in the washing machine are usually in somewhat worse condition. The ones I can actually still read I generally file in a very organized manner (as you might well imagine) in about seventeen assorted locations around the house. When the time comes that I recall that delectable dish for which I have actually made the effort to copy the recipe, I simply refer to my useful filing system and merely tear the house apart, occasionally finding the recipe I was looking for. Most of the time we eat something else that day.

In a recent drawer-to-drawer search for a missing item, I discovered a few recipes which I had been saving for this column -- once I had figured out how to organize them into a coherent theme. Who am I trying to kid? So instead, here they are, unrelated, disorganized, but at long last saved from the oblivion of The Bottomless Junk Drawer.

**Rhubarb Sour Cream Flan**  
*Appropriately seasonal, this is a really great way to use fresh rhubarb.*

1 1/4 C sugar  
1/4 C flour  
1 1/2 T soft butter  
3/4 C sour cream  
4 C diced rhubarb

1/2 t cinnamon  
10 inch unbaked pastry crust

- Beat eggs, add sugar and flour and mix well. Add butter and sour cream. Beat well.  
- Mix, in rhubarb and cinnamon, and turn into crust.  
- Bake at 425° for 15 minutes, then lower heat to 350° and bake for 30-35 minutes longer, until pastry is done and filling is set.

## Rose's Garlic Chicken

*You will probably find this hard to believe but this dish is in no way the sort of overwhelming garlic nightmare that it appears to be. Something amazing happens to the garlic when you cook it this way which transforms it into an almost totally unrecognizable substance. Rose insists that one time when she served it at an otherwise sedate dinner party, several guests were actually found crawling under the table in pursuit of a dropped garlic clove.*

1 4-lb. roasting chicken salt and pepper  
rosemary, thyme, bay leaf  
2 T olive oil  
2/3 C white wine  
40 (yes 40) cloves of garlic, whole, unpeeled  
- Truss chicken and rub inside and out with plenty of salt and pepper. Stuff one sprig of rosemary and thyme into cavity. (If using dried herbs, a generous pinch of each will do).  
- Heat oil in a large skillet and brown chicken on all sides.  
- Remove from heat and pour in wine. Stir to

loosen bits from pan, then transfer the works to a covered casserole and add garlic cloves. Sprinkle with more rosemary and thyme and add the bay leaf.  
- Cover casserole tightly and bake at 1 1/4-1 1/2 hours.  
- Serve with toasted french bread to eat with the cooked garlic cloves which have become squishy and delicious. Trust me.

## Almond Torte with Mocha Cream

*No cake this good should be so easy to make.*

cake:

4 eggs  
3/4 C sugar  
1 C whole almonds  
2 T flour (that's right, 2 tablespoons)  
2 1/2 t baking powder

frosting:

1 1/2 C whipping cream  
1/2 C sugar  
1/4 C unsweetened cocoa powder  
2 t vanilla  
1 T instant coffee powder

- Line 2 8" cake pans with waxed paper and grease well.

- In the blender combine eggs and sugar and blend until smooth. Add almonds and blend until nuts are finely ground. Add flour and baking powder and blend until combined.

- Pour into prepared cake pans and bake at 350° for 15 minutes. Cool 5 minutes, then remove from pans and cool completely.

- In the blender again, combine all ingredients for frosting and blend until it is spreading consistency.

- Frost and fill cake, and garnish with sliced almonds and chocolate curls.

## Curry Glazed Chicken

*I have a special place in my heart for any recipe which requires no chopping, grating, peeling or sauteeing. In addition, this has even been child-tested (as long as you don't mention the word "curry").*

2T butter  
1/4 C honey  
3 T dijon mustard  
2 t curry powder  
1/2 t salt  
1 chicken cut up

- Melt butter in an oblong baking dish in a 375° oven.

- Remove from oven and stir in honey, mustard, curry and salt. Add chicken pieces, turning to coat.

- Bake 20 minutes, turn and bake 20 to 25 minutes more.

- Done.

## Poppy Seed Bundt Cake

*Every time I have made this cake, someone has asked for the recipe. So here it is and quit pestering me.*

2 t cocoa powder  
1 t cinnamon  
1/3 C brown sugar  
1 C buttermilk (or 1 C milk with 1 T vinegar)  
1 C butter, cut in chunks  
1 1/2 C sugar  
4 eggs  
2 t vanilla  
2 1/2 C flour  
2 t baking powder  
1 t baking soda  
1/2 C chocolate chips

- Combine cocoa, cinnamon and brown sugar in food processor. Process a few seconds, then set mixture aside.

- Soak poppy seeds in milk for at least 1/2 hour.

- Process butter, sugar eggs and vanilla for 2 minutes. Add poppy seed mixture, process 3 or 4 seconds to blend. Add dry ingredients and process with 5 or 6 on/off turns.

- Pour 1/2 batter into a greased and floured 12 cup bundt pan. Sprinkle with reserved cocoa mixture and scatter chocolate chips on top. Add remaining batter.

- Bake at 325° for 50-60 minutes, until cake tests done. Cook 15 minutes before removing from pan.



# First Light

By Clayton W. Thexton

When light of day dispels the gray,  
And break of dawn appears,  
It suits the yen of fishermen,  
To gather up their gear.

They trudge along with ribald song,  
To shore of lake or bay,  
Such evidence of confidence,  
Is seldom seen displayed,-

Another type who gets quite hype,  
And follows in their wake,  
Is the film buff with all his stuff,  
To keep the records straight!

They put to sea along with me,  
Quite settled in the prow,  
To store events of how things went,  
With where and when and how.

Now it's first light on the river,  
And the fish are taking bait,  
And the men who fish for fishes,  
Are rewarded for their wait.

Oh! They're cold and wet and hyper,  
And their temper's short as sin,  
'Till the dawn breaks o'er the waters,  
And the fish come reel in!

Now they're happy like and grinnin',  
Even some relent to smile,  
As they deck the finny beauties,  
All their waiting's deemed worthwhile!

Now it's daylight on the river,  
And they all row back to shore,  
And the stories that they're tellin',  
Will be retold o'er and o'er!

What of me? You ask a wonderin'  
As you spot my empty creel,  
How can you mix with fishermen,  
With neither rod nor reel!

Just how come am I accepted,  
In the fishing clans' elite,  
When the pictures you have taken,  
Bids them all to be discrete?

Well, as recollections linger,-  
And with time some must grow dim,  
I have facts on fins and figures,  
And I cater to each whim!

Next winter when we're lazily 'round,  
And desperate to recall,  
The number, size and time of day,-  
I'll show pictures on the wall!

I'll show first light on the river,  
When the first fool fish took hold,  
And I'll show you headin' shoreward,  
Bathed in daybreak's yellow gold!

With my shutter at one-thousand,  
I have stilled the rainbows' leap,  
With infinity my setting,  
I've the entire scene complete!

I have captured leap and dazzle,  
All the multi-coloured hues,  
And it gives me greatest pleasure,  
Just to share them all with you!

For pleasure comes in many forms,  
The capriciousness of Fate!  
When it's first light on the river,  
And the fish are taking bait!

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\*\*\*\*\*  
Summer Office hours 9:00 a.m.-12:30 p.m.  
or by chance

ALL calls should now be made to 932-3022  
if the office is closed, be prepared to leave a  
message on our answering machine.



Photo by Harald Glass

Millbrook People for Peace participate in Toronto march, April 27.

## Bonisteel calls for action

By Grace Glass

There is a new spirit of networking and participation among peace organizations throughout Ontario, and thus April brought on a host of different events attended by members of Millbrook People for Peace.

In this area, Spring and Peace were celebrated at a "Music Get Together" at Art-space in Peterborough on April 10, featuring David Gaetz, with the proceeds going to Kawartha Ploughshares. On April 12, Helen Caldicott spoke to a capacity crowd at Convocation Hall at the University of Toronto. April 13 was a Coalition Workshop in Port Perry sponsored by Operation Dismantle and individual peace groups in the area. Millbrook will be a part of this South Central Coalition. On April 20, a group from Millbrook People for Peace attended a regional conference, "World Without War", in Belleville, Ontario. Four hundred people heard nine distinguished speakers explore varied aspects of the Nuclear Arms Race. Rev. Clarke MacDonald, former Moderator of the United Church of Canada, spoke in Peterborough on April 25 on "Prospects for Developing Dialogue Between the Two Superpowers". Saturday, April 27, members of the Millbrook peace group travelled to Toronto to join approximately 3000 people to protest the testin g of the Cruise Missile and Canada's participation in U.S. President Ronald Reagan's "Star Wars" research.

For the Millbrook People for Peace, however, the highpoint of a busy month was their presentation of a very special evening with Roy Bonisteel on April 15 at St. Andrews United Church in Millbrook. About 150 people gathered to hear the host of CBC-TV's "Man Alive" give a moving talk on this world locked in a deadly nuclear arms race. He spoke of the maladies of modern society, the inhumanity of this technological age,

the alienation, anxiety, withdrawal, and, of course, the Bomb. He discussed interviews he has had with key players in the nuclear drama, from Edward Teller, the father of the Bomb, to leading peace activists such as Jim and Shelley Douglas, Dr. Frank Sommers, and Helen Caldicott. He described the Trident Missile Base in Bangor, Washington, that contains the greatest single concentration of U.S. nuclear fire power, the Trident submarine, with its 24 Trident-2 missiles - each missile with 14 warheads - each warhead with a payload of 75-100 kilotons (the bomb dropped on Hiroshima was 12½ kilotons), each of the 30 Trident submarines with the capacity to destroy 336 cities. Mr. Bonisteel posed the questions;

"Who is in control?" and suggested that ultimately in a democracy, the people are in charge - the onus is on us. The people of Canada and the U.S. must make their views known at the ballot box while there is still time to turn the war machine around. He quoted Eugene Carrol, retired U.S. naval admiral, who stated that "Star Wars" (SDI) is not a defence system, but a nuclear war system designed for first strike capability, and that if the U.S. continues on its present military course, there will be a nuclear war in this century. He then concluded with a quote by Edmond Burke - "The only thing necessary for the triumph of evil, is for good people to do nothing".

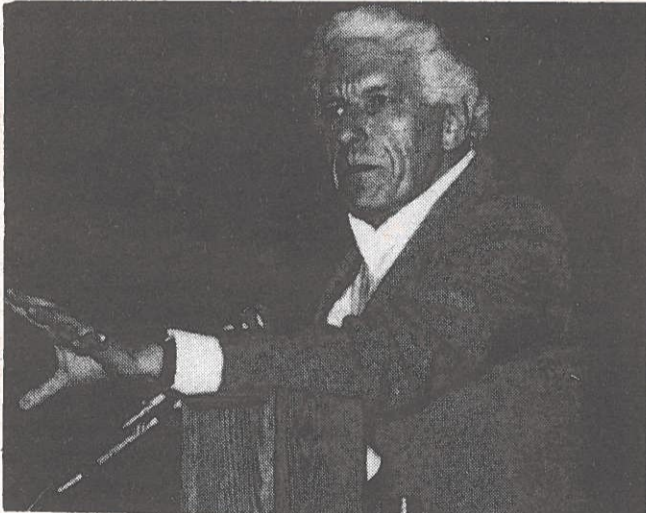


Photo by Harald Glass

Roy Bonisteel in Millbrook



Order of the Eastern Star

CARD PARTIES  
MAY 17 - JUNE 21  
GARAGE SALE  
SATURDAY, JUNE 8

All above events at Millbrook Masonic Temple.



## What's happened at the mill?

The Mill, a noble and historic structure, rescued from destruction by the dedicated efforts of a small local group and the dollars of many Millbrook people, both past and present, now stands straight and proud and bears the name of one of its original masters, - Needler.

We, the committee that is, are frequently asked, "What is happening at the mill?" Well, the building is stable, the machinery is workable, including the saw mill. With some finishing touches on the turbine, wheels will turn again. Tony Quibell has kept an eye on the turbine during the winter freeze up.

The Mill has enjoyed two generous federal

work grants which made possible the extensive restoration of the interior and exterior. People from a long ways away have toured the mill and signed the guest book presented to the Mill by the Millbrook and Cavan Historical Society in memory of Mary Lee, a dedicated and enthusiastic member of the Mill committee from its beginning. They said how much they appreciated the fact that a building, which was an enterprise giving 100 years or more service to the community, has been restored to almost its original state.

Peter Stokes, the internationally known restoration architect visited last fall with a group from the Architectural Conservancy of

Ontario. He was most interested in the project as well as being delighted with the beautiful old buildings in the village. Also last fall, Will Needler of Evansville, Indiana and his brother George of Toronto, sons of the last Needler to operate the mill, visited the project. There were other Needler relatives as well from Dunnville, and Englehart, Ontario. Will and George Needler have been enthusiastic supporters from the beginning, and were delighted with the progress to date.

The Committee is planning to install cases to display records and pictures pertaining to the history of the Mill project. OCA is giving suitable trees for landscaping and the Committee has applied for a grant to hire students to act as guides.

Why not come over to the mill on June 1? We are having an auction sale that day. See April Highlighter for details. This sale is different. You don't give the article away. You bring items good enough to sell but which you can no longer use, and at the end of the sale you collect two thirds of the price received. Profits, if any, will be used to get the wheels turning with water power. And would you believe, an electric generator? We've got one. Hope to see you on June 1st.

### Millbrook Fair 1985 Admissions

	Adults	CHILDREN 6-13 Yrs	Parking
Friday	\$2.00	FREE	FREE
Friday After 6 p.m.	\$3.50	\$1.50	\$2.00
Saturday	\$3.50	\$1.50	\$2.00
Saturday After 5 p.m.	\$3.50	\$1.50	\$2.00
Sunday	\$3.50	\$1.50	\$2.00

#### Family Weekend Passes

- single adult \$9.00
- single child \$4.00
- family \$24.00

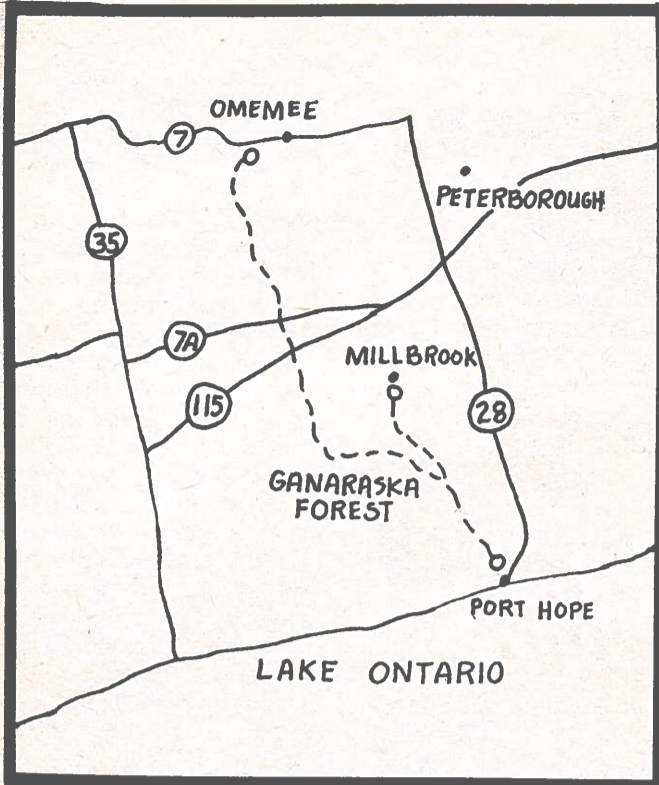
#### No Parking Included

NOTE: Weekend Passes now available from Nancy Davis, Cavan Twp. Office

These admission prices are necessary - without them the Fair could not exist And it's still cheaper than going to the theatre



136th  
**Millbrook  
Fair**  
June 7-8-9



## Ganaraska Hiking Trail Re-opens

By Harry Ellis

Hikers in the area are pleased that the south section of the Ganaraska hiking trail has been reopened. Peterborough members of the Ganaraska Trail Association have worked for more than a year to plan, reroute, and finally blaze a foot-path from Port Hope to Omemee.

The trail follows the abandoned railway bed north from Port Hope and then turns west through the Ganaraska Forest. It goes north again past the Marsh Church and gradually climbs to the hilltops near Devil's Elbow. The last section is on the Hogsback near Omemee. There is also a side trail running from the Ganaraska Forest to the fairgrounds in Millbrook.

The trail was originally constructed in 1967, north from Port Hope. In 1970 the Ganaraska

Trail Association was formed to extend this pathway to Devil's Glen, to connect to the famous Bruce Trail. However, while the northern has been hiked through the years, the part near Millbrook has seldom been used since the mid-seventies.

While not all of the route is clearly marked yet, the paths have been established and the creeks and rivers bridged. To introduce hikers to the trail, a series of five end-to-end hikes have been organized for May and June. Those who complete each of these 10 to 12 kilometre Sunday outings will have covered the entire south end of the trail from Port Hope to Omemee.

The reopening of the trail has also been noted by the Toronto Bruce Trail Club, and they are sponsoring a hike

of 18 kilometres, in our area. This hike was open to anyone, and those interested departed from the Millbrook Fairgrounds on Sunday, May 12.

Those who wish to get out on the trail by themselves can follow the white paint blazes which are approximately 5 centimetres wide by 15 centimetres high. A double blaze indicates a change of direction. But be careful. Not all the route is marked, and some of the blazes are for old paths which are no longer used. The correct trail markings should be in place by the fall.

New hikers may not be aware that the Ganaraska Trail, like many trails in Ontario, exists only because of the kindness and help of the land-owners. The Ganaraska Trail Association asks all users of the footpath to abide by the Hiker's Code:

- Stay on the trail.
- Respect all animals, plants and trees.
- Carry out your litter.
- Keep dogs on the leash near farms.
- Leave nothing but footprints; take nothing but photographs.
- At all times, behave as guests.

The Ganaraska Trail Association is an active and growing group of people interested in promoting walking and hiking in our area. If you would like more information, phone Harry Ellis at Millbrook School during the noonhour: 932-2789, or John Bingham during the evening: 743-0453.

If you wish to join the Association, write to

Ganaraska Trail Association  
P.O. Box 1136  
Barrie, Ontario  
L4M 5E2

again, losing to Orono in two games.

Thanks once again to the generosity of the officers in the District #8 O.P.P. detachment. They kept the boys playing hockey for another three weeks.

### Annual Awards Presentations

On Sunday, April 28, a full house of players and parents attended the Annual Awards Presentations for the Millbrook and District Minor Hockey Association.

The Esso Medals of Achievement medallions were presented by Mr. Bill Clarke of Clarke's Esso in Millbrook to the following players;

Note:

- MVP - Most Valuable Player
- MIP - Most Improved Player
- MSLP - Most Sportsmanlike Player

Tykes:

- MVP - Jimmy Clegg
- MIP - Mike Gillis
- MSLP - Scott Grondin

Novice:

- MVP - Murray Hogg
- MIP - Aaron Mifsud
- MSLP - Paul Gillis

Tri-County Atom:

- MVP - Ryan Gallimore
- MIP - Grant Stowell
- MSLP - Craig Westnutt

O.M.H.A. Atom:

- MVP - Steven Hogg
- MIP - Ryan Delaney
- MSLP - Briane Thompson

Tri-County Pee Wee:

- MVP - James Boyd
- MIP - Sean Sanderson
- MSLP - Jason Burnett

O.M.H.A. Pee Wee:

- MVP - Graeme Cameron
- MIP - Ryan Van Loon
- MSLP - Derek McDowell

Tri-County Bantam:

- MVP - Drew Hoard
- MIP - Jeremy Gillis
- MSLP - Dwayne Lush

O.M.H.A. Bantam:

- MVP - Bob Hall
- MIP - Jeff Martin
- MSLP - Ian Sanderson

Juvenile:

- MVP - Barry Redfern
- MIP - Paul Burnett
- MSLP - Rick Fallis

Other presentations were also made, but the highlight was the presentation of the Sportsman of the Year Award to a deserving Pat Armstrong.

At this time, I would like to thank the coaches, managers, and trainers for their time and effort to make this a very successful year. I would also like to thank the rest of the Executive that I worked with this year for attending all the meetings and helping organize all the events of the year, and a special thanks to Hugh Hoard for organizing our four very successful tournaments.

## Minor Hockey Ends Play

By Ben Koropatwa, President

This year, the #8 District O.P.P. Trophy for the consolation championship in the PeeWee category was won by the Orono PeeWees. A round-robin playoff between Orono, Bewdley, Millbrook, and Newcastle was played, with the two top teams playing a two-out-of-three games series to decide a winner.

Last year Millbrook won this in two games, but could not repeat this

## Youth Bowling Council 1984-85 Year End Summary

By Larry Keates

### FINAL TEAM STANDINGS

<b>CHAMPIONS</b>		<b>SENIORS:</b>	
<b>BAD NEWS BEARS</b>		<b>RUNNERS UP</b>	
Crystal Corfe	Clarke Kinsman	Paul Buck	Martin Hawker
		<b>GUTTERALLS</b>	
		Paul Buck	
		Martin Hawker	
		<b>JUNIORS:</b>	
		<b>TIE</b>	
<b>PURPLE RAIN</b>	<b>LE RETS</b>	<b>TERRIBLE TRIO #1</b>	
Jeremy Bates	Ed Chaplin	Kevin Keates	Richie Chaplin
Stephen Bates	Tracy Gaffney	Travis Clark	Carrie Hogg
Kathy McMahon	Sheila Meadus		
Shelley Meadus	Ronnie Gallant		
		<b>BANTAMS</b>	
<b>PINHEADS</b>		<b>DC CABS</b>	
Glen Armstrong	Ryan Koetstra	Scott Armstrong	Paula Powell
Adam Downie	Daphne Guthrie	Darla Clark	John Smith
		Andy Guthrie	
		<b>MITES</b>	
<b>GIZMOS</b>		<b>A TEAM</b>	
Michael Koetstra	Ian Koetstra	Dawn Meadus	Michael Traynor
Sarah Carpenter	Adam Guthrie	Willie Carpenter	Steven Branscombe

### BOWLER OF THE YEAR CHAMPIONS

- SENIORS: Paul Buck
- JUNIORS: Jeremy Bates
- BANTAMS: Joshua Gault
- MITES: Stephen Branscombe

### HIGH SINGLES

- SENIORS: Paul Buck 232
- JUNIORS: Sheila Meadus 239, Travis Clark 297
- BANTAMS: Kara Preston 200, Joshua Gault 282
- MITES: Dawn Meadus 174, Michael Traynor 134

### HIGH DOUBLE

- BANTAMS: Yvonne Grin 354, John Smith 380
- MITES: Kelly Burrows 206, Stephen Branscombe 191

### HIGH TRIPLE

- SENIORS: Clarke Kinsman 525
  - JUNIORS: Kerri Raper 536, Ed Chaplin 637
- ### HIGH AVERAGE
- SENIORS: Crystal Corfe 133, Martin Hawker 158
  - JUNIORS: Kathy McMahon 149, Jamie McCoy 172
  - BANTAMS: Sharon McMahon 137, Stephen McLachlan 138
  - MITES: Shauna Gault 82, Michael Koetstra 117

### MOST IMPROVED BOWLERS

- SENIORS: Martin Hawker
- JUNIORS: Shelley Meadus, Travis Clark
- BANTAMS: Lisa VanBeek, Joshua Gault, Sharon McMahon
- MITES: Shauna Gault, Michael Koetstra, Ian Koetstra, Michael Traynor

### BRING A BUDDY TOURNAMENT WINNERS

- SENIORS: Crystal Corfe & Heather Bennett
- Clarke Kinsman & Mark Quibell.
- JUNIORS: Shelley Meadus & Caroline Gaffney,
- Jamie McCoy & Mike Koropatwa
- BANTAMS: Sharon McMahon & Julie Merry
- Clinton McGann & Andrew Farrow
- MITES: Angie Corley & Kimberly Stirpe
- Michael Koetstra & Andy Guthrie

### PLAY OFF CHAMPS

<b>BANTAMS</b>	<b>MITES</b>
<b>GREMLINS</b>	<b>A TEAM</b>
Yvonne Grin	Dawn Meadus
Lisa VanBeek	Michael Traynor
Joshua Gault	Willie Carpenter
Paul Wilken	Steven Branscombe
Kyle Gordon	
<b>FIVE YEAR BADGES</b>	
Sharon McMahon	Kevin Keates
Kathy McMahon	Paul Buck
Stephen McLachlan	Ronnie Gallant
Stephen Bates	Jimmy Brown
Jamie McCoy	Jason Brown

Special thanks to Marion Guthrie, Program Director, Wilma Bates, Secretary-Treasurer, and Bev Wilken, Secretary.

Larry and Dianne Keates wish to thank all those people involved who helped make this past season so successful. Have a good summer and see you all in the fall.

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# Avoiding back pain this Spring

We take pleasure in reprinting this feature in response to readers' requests.

By Joanne Rowland

Now that Spring has really arrived, many of us are enthusiastically waiting to get into our gardens. Finally the day arrives when the soil is dry enough, but you find that after a couple of hours of digging and raking that your lower back becomes so sore that you have to stop. Frustration sets in: you really had planned to get much more done that day.

General statistics show that 80% of North America will at some point in their lives suffer from back pain, so there is a good chance that the above scenario will be happening to you or me this Spring.

First of all, I think it helps to understand a bit of what is happening in that mysterious unit of our bodies. The spine is composed of bones, or vertebrae, sitting neatly one on top of the other, to form a double S-shaped curve. The part of the spine we feel when we touch our backs is the spinous process; the tip of the iceberg, with most of the backbone deep where it cannot be felt.

Movement of the spine occurs at small joints found about 3/4 inch on both sides of the spinous process. In between each vertebra (and approximately 2" deep in the spinous process) sits the disk - or shock absorber - of the spine. Its ability to absorb shock comes from the fact that the inner, jelly-like part of it is about 80% moisture.

The disc has a firm, fibrous outside that keeps the jelly-like portion where it belongs. (By the way, a slipped disc does not mean the disc itself moves, but rather it should be called a protruded disc, as the inner portion is allowed to leak through a crack in the outer shell.)

As we get older, changes in our body occur due to loss of moisture. Skin dries, hair changes colour; in the spine it is the disc that loses moisture. As it does, it causes the space it sits in to lose height (think of a wet sponge that dries).

As the space becomes smaller, changes occur in how the small joints in the back are aligned, and they strain much more easily. Think of what happens when we sprain a wrist or ankle: the joint puffs up and becomes painful. The joints in the back can also react to strain by swelling, and this can cause aching pain, and stiffness in varying degrees.

One factor that effects how easily we strain is the

strength of certain muscles, and how efficiently we use them. Because of the large bulk of the leg, arm, and stomach muscles they are much better suited to strenuous activities than are the long, slender muscles of the back. By keeping these other muscle groups strong, and by positioning ourselves to use them more effectively, we take strain off our backs.

In the garden, most of the positions or activities that aggravate our already changing spines fall into four categories: bending, twisting, static positions, and lifting.

## Bending

Since 90% of the strain of bending at the waist is taken by the lowest two joints in the spine, it is no wonder that this is where most people experience their problems. Think of all the times we bend in the garden to pull weeds, pick up stones, plant seeds, thin plants, pick vegetables.

Instead it is far less stressful to bend at the knees, and keep the back as straight as possible. It isn't always the weight of what we are bending for, it is the action of bending itself, that strains. For most of us, it means changing a bad habit, and that takes thought and will-power.

For weeding and planting, I find a squat position with one knee up the best, and in that position it is fairly easy to move along the row backwards. You end up with dirty knees, but better than a strained back.

## Twisting

Think of how a rake or hoe is used. We usually plant our feet in one position and reach as far as possible, so that when the utensil hits the ground, we are in a twisted position. Because of the alignment of the back joints, in the twisted position a lot of strain is taken as we pull the utensil toward us.

To avoid this, we need to keep the hoe or rake as close as possible to us, using a shorter lever arm. Also, as we pull toward us, if we slightly bend our knees and tighten our stomach muscles, less strain falls on the back.

If changing the method doesn't help much, try doing the activity in very short time spans, or avoid them as much as possible. I avoid hoeing by mulching between the rows heavily enough so that I only weed in the rows themselves.

## Static Positions

Certain static positions aggravate our low backs by increasing the curve at the lower end of the spine. For example, hands and knees position is better than bending at the waist for weeding, but it is still hazardous. Eventually the curve at the low back increases due to fatigue, and the force of gravity (think of a tired old workhorse with sagging back) works to cause strain. Sitting or standing for long periods of time, and working with hands above the head, also increases the curve, producing strain.

## Lifting

Most of us know the right and the wrong way to lift. But do we always think we are lifting when we are shovelling manure, wheeling a wheelbarrow full of rocks or trying to fork those big clumps of weeds?

In any of these activities, we need to keep our backs straight and knees bent as much as possible. As well, by tensing the muscles of the stomach, we put part of the strain of the lift on the stomach and less on the back.

A few other suggestions include: - work in short time periods; - if for some reason the bent position has to be used, it is important not to hold it for more than a few minutes. Straighten up slowly but fully, and then return to the bent position if need be; - at the end of the day when we are already tired, our backs are more prone to pain. It is the building block theory. It probably won't be that dandelion we bent over to pull that was the culprit. It was the combined laundry, sweeping, lifting, fatigue, overweight, weak muscles, emotional stress, poor postures. The week was just the block that toppled the tower; - recognise the first signs of back soreness, and don't push beyond.

The process I described earlier of changes in the spine is a natural one. As with other changes in the body, we can't stop them, but we can control them. We can artificially colour greying hair; we can control back soreness by using proper positions and body mechanics, keeping muscles strong and keeping weight down.

It is one thing to know what to do, and quite another to put it into practice. Hopefully by the way you choose to garden this Spring, you will realize that you really are in control of how much, or how little, back pain you will have.

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John and Susan French

Photo by Geoff Elton

PROFILE

## The Frenchs: A Commitment to Farming

By Jocelyne Daw

Farming today is big business and the dairy business is no exception. With constantly fluctuating supply and demand for dairy products both here in Canada and around the world, farmers have to be up-to-date, knowledgeable, hard-working and prepared to make the time and tie commitment that are the key elements of running a successful operation. No one is more aware of that than Susan and John French who run an award winning operation on the 4th Line of Cavan Twp.

### Farming in Family

Farming has been in John's family for many generations on both his mother's and father's side. He was brought up on a dairy farm in Cookstown where he himself took an active role in chores and running the operation. He also participated in Junior Farmers and the 4-H Club. Even with this strong farm background he decided not to work on the family farm, opting instead to join United

Breeders as a technician.

While working for United Breeders a customer of his arranged a blind date with a secretary from a School Board in Oshawa. The date turned into a blooming romance and six months later he married Susan. Susan herself had no farm experience except an annual visit to the Royal Winter Fair.

"All I remember is seeing all the cattle in their clean stalls, quietly chewing their hay and the farmers lined up in rows of lawn chairs sipping coffee" she recalls.

"But I didn't marry a farmer; it was a mutual decision to go into farming together."

After they were married they moved into an apartment, but John grew restless, and felt the urge to be directly in the farm business again.

"Working as a technician for United, I also worked different hours and days than Susan and I was getting bored being alone." states John "So we

decided to keep our jobs and rent a dairy farm."

Even though it was too much to manage and they gave up that particular farm, a year later both John and Sue quit their jobs, rented a farm in Uxbridge and went into the dairy business on a full-time basis. Renting gave them the opportunity to buy equipment and milk quota, and to see whether they could make a go of the business both financially and from a commitment point of view, especially since a dairy operation is such a tie with daily milkings and feedings.

Within a year, they decided to buy a farm of their own and started scouring the province for the right farm. It wasn't until two years later that they were brought by a real estate agent to a farm on the 4th line of Cavan.

### Farm Requirements

"We wanted a farm that was level, had good fertile land, reasonable buildings and a house with some character" said John. "But when we were brought to the area all we could see was rolling hills, dipping into valleys here and there. We drove up a huge hill and I had all but written

the place off when we came onto flat level ground. The farm fit us to a T, and within 24 hours we had put in an offer to purchase."

"We love living here" says Susan and while the first few moving-in days were hectic, the neighbours immediately made them feel welcome, dropping in to visit and bringing food to feed them all.

### Family Helps

The whole family pitches in with the operation of the farm, something that is crucial to its success. John is up every morning, no weekends off, every day of the year at 5:10 a.m. He goes out to the barn and feeds and milks the cows.

"I'm used to getting up at that hour" says John, "but it's sometimes very hard in the winter months."

The milk is piped right from the cows into a tank with the most up-to-date equipment that ensures the milk doesn't see air, thereby keeping the bacteria count down. When the French's purchased the farm, they were able to buy its milk quota as well. Today they have two types of quota; Group 1, table milk of which they produce 499 litres or 1,135 pounds daily and Group 2, cheese and butter, ice cream, yogurt - 94,400 litres over the year. They are paid a percentage (usually 70%) for their milk, based on consumption. The other 30% is used for marketing share quota. They also have to pay the government a levy for storing the excess dairy products, which are sold on the world market. Such a business based on supply and demand means they see their income ebb and flow with the general economy and they must be careful at all times to keep their expenses in line with their fluctuating income.

After breakfast with the family, both John and Sue go out to the barn to clean the stalls and let the cows out. John places high value on cleanliness, comfort of the cows (yes, they do play music to them every day and are planning to install a stereo system in the barn), top care and quality feed. All the feed for the cattle is grown on the 177 acre farm making them totally self-sufficient. John feeds the cows top quality hay 7-8 times a day, plus grain 4 times daily. Both are analyzed for their protein and mineral content. He then gives the cows supplements to make up a completely balanced diet.

The afternoon chores are done by Sue, John, their 12 year old son Jason and 8 year old daughter Hillary, working together feeding the cows and doing the second milking at 5:00 p.m. These chores are completed and they are in the house by 6:30 p.m. Every night John attends to the cows, checking them and the operation just before he retires, a practice that has saved the lives of a few of his herd.

In the spring John spends the afternoons and evenings working the land planting the crops he needs for his operation. During the winter months he uses the time to visit other operations and to work on his highly successful breeding program.

### Successful Breeding Program

Having a successful operation depends on a good breeding program and in farming today, it takes a thorough knowledge of the business and the science of breeding to have success. The time John has dedicated to his program has paid off. In his herd of 55 head, there are 32 cows, of which two have been graded excellent (in terms of body type) and 9 very good. One of his two year olds, Caliente Master Elsie was even featured in the pages of the Holstein Journal, a testimony to high quality stock. His breeding program and

Wed. May 15, 1985, The Highlighter

farm were also profiled in the United Breeders newsletter and John and Sue's farm is a regular stop for farm groups touring top quality operations.

### Many Awards

However, his breeding program isn't their only success. The French's have won countless awards and recognition for their business. They were rated the third highest holstein herd in Peterborough County. Their farm has been rated a Grade A farm, by accumulating top points for low bacteria and somatic cell counts, and since a general dairy award was established in 1979, they have won it every year, including the top gold seal award three times. Their BCA-Breed Class Average, which is a record of the amount of production and butterfat, is well above the Canadian average of 135, at 170.

John and Sue run a tight ship, something that they attribute to John's experience in farming and working as a technician, but foremost to the pride of running a quality operation. That pride and commitment can be seen everywhere on the farm. They both enjoy farm life, the independence it gives them, being their own boss and responsible for their successes but the never ending commitment wears on them at times.

"It's hard for us to get away" says Sue "since when we go somewhere (as they did this winter) we have to have hired help to look after the operation."

"Our friends outside the farm community, as well sometimes don't understand the responsibility we have with the operation" adds John, "They work 5 days a week, and often don't remember we work weekends too."

But farm life has been especially good for their two children. Both help out on the farm, enjoy the animals and are learning a lot about commitment and time and money management.



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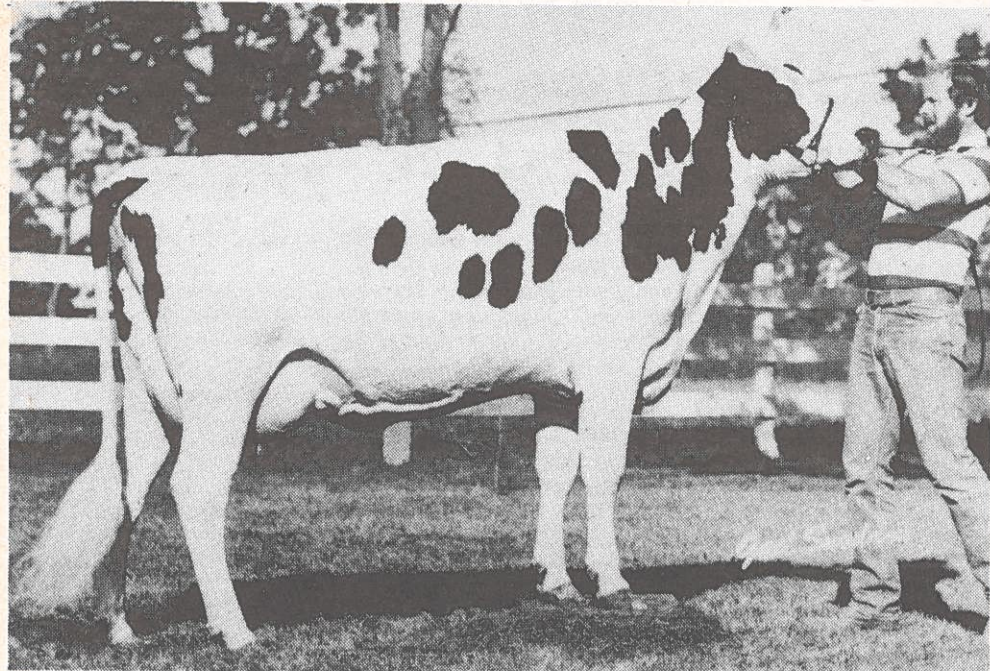


Photo by CANADIAN Livestock Photography Inc.  
Caliente Master Elsie was featured in the pages of the Holstein Journal, a testimony to high quality stock.

### A Commitment to Farming Continued

They are paid for their help and as a result are responsible for some of their own purchases. Jason and Hillary also show animals at local fairs and Jason will be eligible for 4-H next year. They are also kept busy with hockey, swimming, gymnastics and skating lessons.

"We have to remember they are children still and they need time away from the farm activities too," states Sue.

Even though farm life is very busy, both Sue and John are active

members of the community. John is second Vice-President of the Peterborough County Holstein Breeders Club, a very active group. He is also an accomplished musician and occasionally fills in for the organist at St. Thomas' Anglican Church. Susan is one of the leading members of the church and this year as Centennial Chairman, she has lined up a whole list of church activities. She is also a committed member of the South Monaghan Community/

School Association involved in the school both their children attend. They both regularly attend seminars on the dairy and farming business and John is taking courses on cattle judging and is working towards gaining his official judging status.

Hard-work, dedication and pride in their operation has gone a long way for the Frenchs, and with their continued commitment they are sure to receive more accolades and awards for their work.

## Peterborough County - Business Assistance Programs

By Gord Wilson

Peterborough County Council has formed a new Agency to provide business counselling services to county businesses, and to provide both technical and investment assistance in the establishment of new businesses or the expansion of existing firms. Funding for this agency, to be known as The Peterborough County Employment Development Agency Inc., will be supplied by Canada Employment Commission through its Local Employment Assistance and Development Program (called the LEAD program).

Start up is expected to be June 1985.

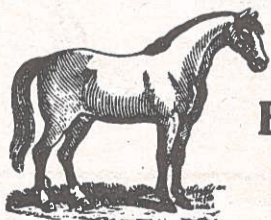
Primary emphasis of the Agency will be directed toward County Business projects that will create additional or new employment opportunities. Secondary emphasis will be to ensure the retention of viable businesses within the County environs.

LEAD program funds are limited to \$350,000.00 per year, or to \$1.5 million over 5 years, to a participating Agency. The Agency may only allocate a limited amount to any of the businesses it supports in any one year. Specific details are available through the County Administrator, Mr. W.D. Armstrong, at 743-0380.

pansion (DRIE) has been providing direct financial assistance to businesses in Peterborough through its Industrial and Regional Development Program (IRDP) since 1983. Companies that have received assistance to date are:  
**Canadian General Electric:** \$9.3 million for four high-technology projects in Peterborough and Lachine, Quebec.  
**Fisher Gauge:** \$480,000.00 to expand its die casting plant and to the purchase of machinery: creating 25 new jobs over the next three years.  
**F & T Tooling:** \$350,000. to expand and modernize its mould and plastic manufacturing facilities: creating 60 new jobs.  
**Home Techniques:** \$220,000.00 grant for expansion of its high technology ceramics operation: creating 24 new jobs.

**Plastics Holding Ltd.:** \$510,000.00 to expand their automotive injection moulded plastic parts facility: creating 80 new jobs by the third year of operation.  
**Vikex Industrial Packaging:** \$500,000. for start-up operations at a new facility: creating about 53 new jobs over three years.  
**Minute Maid of Canada Inc:** \$975,000.00 to convert the old coca-cola plant into a juice processing plant: creating 97 new jobs by 1988.  
**North American Coating Laboratories:** \$396,000. to establish a lense and coating facility: creating about 50 new jobs by 1988.

Peterborough County Council has contracted a \$40,000.00 Strategy Study on Tourism in the County, which should be released to the public early in



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May. The study will indicate tourism in the County is a \$100 million dollar business, and employs more than 4300 people. The study is to be a guide to County Council and Tourist operators in the promotion of tourism within the County. It is also expected to help create more employment opportunities throughout the County over the next years.

### Incubators - Enterprise Centres

These are the new buzz words being used to promote assistance to very small innovative businesses and high technology enterprises. They are centres where selected

entrepreneurs will be provided with low cost start-up space and shared common support services such as secretarial, heat and power, computer and even professional assistance in many fields.

Financial assistance will be provided by the Ontario Ministry of Industry and Trade on a cost sharing basis with a municipality who, in conjunction with a private sector developer, will provide and operate a suitable facility for these aspiring local entrepreneurs who need help in establishing their enterprises.

Currently, the University of Waterloo has been operating such a centre for several years, and Sir

Sandford Fleming College is studying the possibilities of starting this type of facility at their Peterborough campus.

### Student Businesses

The Ontario Government recently initiated a newer Youth Venture Program whereby a one year \$5,000.00 interest free loan may be made to entrepreneurs aged 18-24, or to those aged 25-29 who are within one year of leaving school, and who want to start a business. This program is being run in cooperation with the Ontario Chambers of Commerce, the Royal Bank of Canada, and the Ontario Ministry of Industry and Trade.

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# SCHOOL NEWS

## Dust and Dreams The Golden Northwest

## Nutrition The Food Fit Contest

### Editorial

#### STEPPING AHEAD!

Adjusting in unfamiliar surroundings is difficult. It is something, though, that all of us will have to do at one point in our lives and often more than one time.

School is one area where adjusting is in order and all of us have done this. A job is another area.

In late February I got hold of a government application and filled it out. This I sent in March to John Turner's office, which photocopied it and sent a copy to all the government ministries and offices in Ontario where I was willing to relocate to.

My confidence was not great to begin with, and as weeks went by, it dropped even more.

I thought that even if I did get a job through this application, it would be a boring, stupid one.

In mid-April I received a call from a Mr. Ben Meskin in the Ministry of Education head office in Toronto. He had called to see if I was interested in an interview with him. I was, and we arranged the most suitable time.

I was ecstatic that someone of his notoriety would even call little old me from Millbrook, but still, I was preparing myself for a "We'll contact you" or "We have enough students hired with your credentials".

The morning of the interview, I dressed carefully, but no matter what I did, I wasn't too satisfied with the way I looked, although everyone else assured me that I looked fine.

After an hour and a half of fighting traffic, I arrived at my destination. I found the proper office after reading my own directions, which were atrocious, but fortunately I was right on time. With sweaty palms and pounding heart, I followed Mr. Meskin into his office and sat in an offered chair. After answering some questions, he showed me the equipment in the office and introduced me to the women there who worked under his authority. After 45 minutes of this monotony and suspense, he told me that if I wanted the job, it was mine.

It was all I could do to walk out of the office calmly. I felt like doing cartwheels and yelling out my good fortune.

Always have confidence in yourself. It pays.

### MIHS

#### Chess Tournament

In the senior chess championships, Rucco Braat finished third, Rob Taylor was second, and the champion for 1984-85 is Blair Smith.

The junior chess competition ended with Clayton Sutton in third place, Scott McDowell in second, and the winner was Kevin Horczyk.

The midget competition had Ronnie Gallant in third. Tom Richards

in second, and the winner was Mike Koropatwa.

In the Grade Six Pee-Wee chess competition, Sean Nixon placed third, Scott Armstrong was second, and first place went to Alan Griffin.

Congratulations to the 29 participants who competed, and especially to the four school champions, Alan Griffin, Mike Koropatwa, Kevin Horczyk, and Blair Smith.

#### Ping Pong Tournament

The Ping Pong Tournament is finally over and the standings are as follows:

- 3rd - George Webster
- 2nd - Bob Brotherstone
- 1st - Garth Carlson

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*How would you like to be a wealthy land-owner?*

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These were the dreams of those who came to the GREAT NORTHWEST - fur traders, farmers, prospectors, whiskey traders, adventurers. Each brought dreams of a better life. The Scottish fur traders and French voyageurs travelled the rivers and backwoods in search of beaverskins. The Hudson's Bay Company and the Northwest Company fought for control of the fur trade, changed forever the lives of the great Indian tribes, and created a new race of people, the METIS. These were the children of the fur trade, the children of Indian mothers and French or Scottish fathers.

"I thought at the start this play was going to be a total flop, but when we started to practise I thought now I knew it was going to be a bigger flop. After the first play my parents thought we should do another one. The second one I was very confident. I guess it wasn't such a flop after all." - Travis Clark

On Wednesday, May 1, at 7:30 p.m. the grade seven students at Millbrook Intermediate and High School are going to relive those dreams in the auditorium above the Cavan municipal offices in Millbrook. You will meet a Voyageur who is a little worried about spending the night alone in the wilderness.

Meredith S. Valentine ("S" is for "Saint") will let you in on the ground floor of all these dreams "for a short time only, and for a low, low price."

After the traders came the Selkirk settlers - Scots who were driven out of their homeland by the great Lairds (lords) so that their land could be used to raise sheep - sheep were worth more than people. Lord Selkirk had enough control of the Hudson's Bay Company to acquire thousands of acres of farmland for their resettlement. The traders of the Northwest Company and the Metis feared that settlement would destroy the fur trade and drive away the buffalo.

Gold fever, rebellion in the northwest, and the danger of losing the western land to the United States finally brought the railroad which forged the link between east and west (for better or worse).

"My mother and father thought it was a hit and that we should put it on again. I thought we did a pretty good job and I would like to put it on again." - Andrew Webster

This is a play about dreams. The Indians and Metis dreamed of a land that was free and open, where they could wander in search of the buffalo. The fur traders of the Northwest Company dreamed of unlimited beaver pelts and the end of the Hudson's Bay company. The settlers dreamed of farms with fences to keep cattle in and to keep the buffalo from trampling their crops. The politicians dreamed of one nation stretching from sea to sea, linked by the railroad.

One man's dream can destroy another's - it was unavoidable that some of those dreams turned to dust. The fur traders brought disease and whiskey. The politicians in Ottawa sent administrators and surveyors with new and unjust rules and regulations. The railway brought more settlers and buffalo herds disappeared and people starved.

"I thought it would be dumb but it was good. My parents thought it would be OK but after they thought it was excellent. I really enjoyed doing it and I would love to do it again. We did great." - Tom Richards

Whatever happened to the 3R's? Why weren't these kids sitting in their desks, reading their books and writing in their notebooks? What do music and singing and acting have to do with school? Well, it's a lot more fun to learn about history by acting it out, by "being there", than it is to read about it in some stuffy old history book. And although there wasn't a lot of Math in this play, there was a great deal of reading and writing. The students helped to write the script and they certainly had to read it (and have it memorized) by May 1st.

"I thought it was great up until my part, but when I did do my part, it felt great. Just think, I made a lot of people laugh." - Ryan O'Grady

We've told you about the history but we've saved some of the fun and some surprises for the show.

"When the final moment came my heart was beating like a drum that made my hands get all sweaty, my skin tingle and my heart go pitter pat, as Alicia would say. We did Good!" - Rick Lawrence

By Carolyn Devan

On April fourth 1985, the students of Millbrook Intermediate and High School were entered in a Provincial Nutrition Contest by our Students' Council. The school was judged not only on the amount of work done to promote nutrition, but also by the amount of effort put into the project by the entire student body from grade six to grade thirteen.

The entries included the new fruit juice machine installed by the 1984/85 Student Council. Another factor which helped us in the competition was the hot lunch served in the school approximately every third week. These hot lunches were also nutritious.

During our winter carnival week this past February, we had a snow sculpturing competition between the houses. The object of this contest was to create a snow sculpture of something nutritious but recognizable. The turn out was fantastic. The sculpture, ranged from apples, to watermelons to cheese to corn on the cob.

Our orange and grapefruit campaign was also a large scale success as far as nutrition was concerned.

Prior to our entry into this particular competition created by the Health Units of Ontario, it was made known to us that if there were less than three competitors in our category we would be entered into a larger region. We were entered into a larger region which included Scarborough, Peterborough, and other Eastern Toronto Municipalities.

On Friday April 26 we received word from one of the judges that Millbrook had been awarded \$1,000.00 for first place in "The Food Fit Contest". As a result of winning our Region, we are now currently entered into the final Provincial Competition and are awaiting word of the results.

We would like to thank staff, students, parents and members of the community for their continued support in each of our most successful endeavors.

Happy Birthday Betty Thomas  
From the Bucks, the Stevens, the Teasdales  
and the Van Dams

**BURGER KING**

Aren't You Hungry?

**STUDENT CARD**

Use Your Student Card at Burger King and Receive:  
May '85

FREE APPLE PIE with the purchase of a Bacon Double Beef Cheese Burger and a Drink  
June '85

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## PONTYPOOL NEWS

### Rev. Bob Rumball to Speak at Anniversary Service

By Nettie Aiken

The coming of spring is welcome after what seems to be a long winter. Mothers, I hope you enjoyed your special day with your families.

Dale Hunt became a mother for the second time round on April 1. Don't be fooled by the date. Grayden Thomas weighed in at 8 lbs., 13 ozs., a healthy start. Russell will be happy to have a little brother to share his adventures.

#### Pontypool Play School

Quite an extensive report this month from the Pontypool Playschool. On April 16, a "teddy bears" picnic was held in school. Children were treated to cookies and juice, and brought their favourite teddy from home. On Tuesday, April 23, both groups had a visit to the Lindsay Fire Hall. They were given a royal welcome and thank yous go to all concerned, including moms for the extra time and help involved in these field trips.

May 30 will be the last day of the Playschool classes before the summer. This will therefore be "graduation" day. Present enrolment next year is about ten, and some more children can be accommodated. Just a reminder that next season, there will be classes on Tuesday and Thursday mornings only for all ages.

On May 16, an Assault Prevention Workshop will be held for the preschool children of the area from 1:00 p.m. to 2:00 p.m. For the registered school children, note a time change of 1:00 p.m. to 3:00 p.m. instead of the regular time.

This is according to a special arrangement, being the second part of a "Streetproofing" Workshop to be held at the Community Centre. Parents and guardians of preschool children will be shown a film on assault prevention and discussion will be encouraged after viewing. This parents' night is May 15 at 7:30 p.m. If you wish more information, please call Carol Sutch at 277-2071 or the Preschool Resource Centre at 328-

0468, the sponsoring organization in Lindsay. Babysitting will be provided for the parents' night.

#### Weight Group

The Pontypool Weight and Friendship Group has a very interesting series of meetings planned before the summer weigh-ins. This group is the "silver lining" to the collective "cloud" of weight problems. However, if you are new in the area and just want a weekly get-together with a group of great gals, you are invited and welcome also. For more information, please contact Gloria Dunford, 277-2982, Pam Molloy, 277-2078 or Nettie Aiken, 277-2718.

Bingo continues to be enjoyed by a good number of people in the neighbourhood. Present plans are to continue these evenings on alternate Wednesdays, until the end of June.

#### Church News

The United Church Women met on Wednesday, April 24 at the manse for a delicious luncheon buffet. Plans were made for the Ham and Salad Supper, held this year on Friday, May 10. This is an important annual fund raising project.

Just a repeat reminder of Pontypool's Anniversary Service, Sunday June 16, at 11:00 a.m. Honoured speaker for the occasion will be Rev. Bob Rumball, minister for the Church of the Deaf Congregation in Toronto. For the benefit of the hearing impaired, the service will be signed. Special music will also be provided, with a light lunch to follow.

A couple of items of interest to our Roman Catholic friends. At

the Easter Vigil Service was Confirmation and the following received first Communion: Darlene Mueller, Mary Houston, Gloria Johnson, Bridgitt Wieling (Millbrook). Following the service, the Catholic Women's League served lunch in celebration.

Communion Breakfast was held at the Rectory in Millbrook following 9:00 a.m. Mass on April 28. Thank you, Darlene for these notices.

On April 29, the Pontypool Residents' Association Committee met with Council over the subject of water rates for the subdivision, and a satisfactory and reasonable solution is hoped for. Surveyors have been at work on the Post Office Hill and also Hillside Avenue. At last plans have been made to make these trouble spots safer. It has come to your reporter's attention that the Association is looking for another member on the Committee. Please volunteer. Let's make this a village to be proud of to live and work in.

#### Youth Groups

Brownies have an overnight camping experience June 14-15 at the country estate of the Northey's in Pontypool West. Cubs had a dance on May 13 and Cub-Kar finals are on May 20. Billy Goulding is in third place in Modification Design. The fund raising "Trees for Canada" project took place May 4. This event has been sponsored by neighbours signing pledge cards.

The Girl Guides banquet is on June 6. Also, there is a rally in Oshawa on June 8th. The leaders are pleased to report that the girls were able to sell 28 cartons of cookies also. Guides, you deserve a lot of credit.

On April 22, the Pathfinders met with Cadets leader, Marg Harper. There was a practice camp at Luella Cail's home on the May 3-4 weekend. Test camp will be May 24, 25 and 26 at Emily Provincial Park.

Happy Birthday, Harold Wilson. His day of celebration was Sunday

April 28. Both he and Marie are happy to be well enough to stay in their own home, with assistance occasionally from family and friends.

Thanks to all who helped make the Keenagers Auction on a beautiful afternoon on Saturday, April 27, a great success. A special appreciation to: Charles McGill and Larry Currins, Auctioneers; John Mac Millan, Clerk; Grace Fallis, Financial Secretary (Treasurer); Toby Arbeau, Registration; and Dorothy Dewar, Lunch. Without you buyers, this project would not have gone over. Once again, thanks to all. Come again next year. Remember, don't throw things out.

The Parks Board is now selling their first 50/50 Draw tickets. Many thanks to those who have helped to spruce up the park, ready for another season of activities. There will be a lot of excitement at the baseball diamond, keeping in mind the tournaments mentioned in my April column.

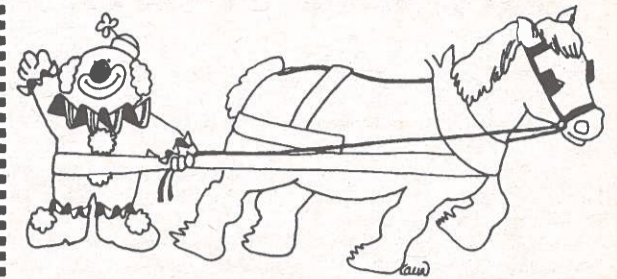
#### Pontypool People

There are a number of friends who are ill. Linda Rose is in Oshawa General Hospital. Ralph Hyland underwent surgery on Friday, April 26 at the Wellesley Hospital, Toronto. Fred Youngman, Dorothy Dewar, Lena Kellett and Betty Lou Preston

are recuperating at home. Roy Hamilton, Lise Pfeiffer and Beverly Bazinet all have had back problems. Please pray for these patients and their families.

Wed. May 15, 1985, The Highlighter

While we say farewell to the Hamiltons, we welcome to their former home, Steve and Lisa Bell, with their two children, hailing from Oshawa.



## Millbrook Fair

### Program of Events

#### FRIDAY - JUNE 7, 1985

9 a.m. - 1 p.m. Children's Day - An Agricultural Experience for Elementary School Children  
Spelling Bee  
4H Dairy and Jersey Show - Midway  
8 p.m. Demolition Derby

#### SATURDAY - JUNE 8, 1985

10 a.m. Pet Show - Western Horse Show - Pony Events  
11 a.m. Heavy Horse - Halter Classes - Commercial Pony  
12 Noon 4H Beef Show - Parade - Official Opening of Fair - Introduction of 1985 Sweetheart of the Fair  
1 p.m. Beef Cattle Show - Roadsters, Hackneys, Shetlands and Saddle Horses - Heavy Horse Hitches - Commercial Ponies  
4 p.m. Pony Pull  
6 p.m. Tractor Pull

#### SUNDAY - JUNE 9, 1985

1 p.m. Horse Pull - Hunter Show - Goat Show - Youth Horse Show  
1:30 p.m. Amateur Talent Contest  
Poultry Show on display in tent all afternoon  
Building open Friday, Saturday and Sunday displaying School Exhibits, Baking, needlecraft, flowers, handicrafts, snapshots and Women's Institute Displays, 4H Club Exhibits.  
Large Midway  
Petting Zoo

For more information call J. Saunders 799-5389

Municipality of  
**Cavan**



P.O. Box 189, MILLBROOK, Ontario LOA 1G0

### HELP WANTED

The Cavan Recreation Committee (in co-sponsorship with The Ministry of Tourism and Recreation) requires FOUR persons for the operation of a summer "Children and Youth Programme" (a part of the Ontario Youth Opportunities summer employment program, known as Experience '85). The program is a daily, 8 week activity program for children aged 4 to 7 and 8 to 12. It is to be held at the Cavan Hall, in Cavan, Ontario.

#### PERSONNEL REQUIRED:

**One Programme Supervisor - business experience**  
- organizational skills  
- experience with children  
- compatibility-communication skills  
- own transportation  
- TB test or verification of same  
- minimum age 18  
- references

**One Programme Co-ordinator - ECE first or second year preferred**  
- 18 to 24 years of age  
- own transportation  
- musical ability an asset  
- organizational skills  
- responsible and of good character  
- presentable appearance  
- playground experience an asset  
- references  
- TB test or verification of same

**Two Programme Co-workers - 15 to 24 years of age**  
- own transportation  
- desire to work with children  
- references  
- arts an asset  
- TB test or verification of same

Submit resume to TOWNSHIP OF CAVAN MUNICIPAL OFFICES, MILLBROOK, ONTARIO. LOA 1G0. Indicate on envelope JOB APPLICATION - SUMMER PROGRAM. Resume MUST be post-marked no later than June 7, 1985.

**Robert Deacon**  
Licensed Electrician

Prince Street  
Millbrook LOA 1G0

932-2722

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# Children's Events for the Millbrook Fair



Millbrook Fair Fri., June 7, Sat. June 8, & Sun., June 9, 1985. The school exhibit is sponsored by the Millbrook Agricultural Society with the cooperation of the Elementary School Teachers.

### Rules and Regulations

Contestants may be any boy or girl attending Public School in the Townships of Cavan, South Monaghan, Manvers, Hope, and the Village of Millbrook.

No entry fee will be charged. All exhibits must be the work of the Exhibitor and must have the certificate on the entry card signed by the Teacher or Parent who supervised the work.

All Exhibits, except Writing, Poster Contest, and Baking, must be delivered to the Exhibit Building on Wed., June 5, 1985 by 5:00 P.M. The baking to be delivered on Sat., June 8 before 9:30 a.m. Building to be closed from 10 A.M. to 12 noon to permit judging.

No Exhibitor may exhibit more than One Entry in any one class.

Please submit only the Two Best Entries in each class. Where grades of a school are grouped for a class, Two Entries may be submitted by each grade.

Please Use the School Exhibit Tags, turned under along the dotted line, so that Class No., Exhibit, Age, and Grade only are showing.

Prize money will be forwarded to the schools before the end of June.

### Prize List

Writing Prizes - \$.80 \$1.25 \$2.00	Ribbons - 4th, 5th, & 6th.
Writing in Pencil Class	Writing in Ink Class
21. Gr. 1-Printing 4-6 lines	25. Gr. 5- 12-16 lines
22. Gr. 2-Printing 8-10 lines	26. Gr. 6- 12-16 lines
23. Gr. 3-Writing 12-16 lines	27. Gr. 7- approx. 20 lines
24. Gr. 4-Writing 12-16 lines	28. Gr. 8- approx. 20 lines

Notes: Grade 1 & 2 Printing to be done on Primary Paper. All others on One page of foolscap. Name, Grade, School & twp. must be written on the back of sheet. Entry Card, properly folded, fastened to front of sheet.

Exhibits in Writing and the Poser Contests must be delivered or mailed to Millbrook High School, on or before May 23, 1985 so that judging may be completed before the Fair.

Poster Contests - Prizes \$5.00 \$4.00 \$3.00 \$2.00 \$1.00. Posters to be approx. 12" x 18" showing the Name, Place and Dates of the Fair. (Millbrook Fair, Millbrook, Ont. June 7, 8, 9, 1985.)

Jr. Poster Contest Gr. 1-4. Sr. Poster Contest Gr. 5-8  
Please note that Posters will not be returned as they will be put up for display.

Creative Art Display - Not Judged - Cash award.  
Each class is invited to exhibit a mounted display 6' wide by 4' high, using a variety of techniques with no more than two samples per student. An identification card should accompany the exhibit stating School & Gr. Display to be mounted in the allotted space before the Fair. Teachers - Reserve your Art space by phoning 944-5434, 932-5463, 932-5324, or 932-5344 before the end of May.

### Health, Science, or Social Studies Projects - 1 per pupil.

#### Rules

1. Project to be the work of the pupil. 2. Age and Grade, (NOT NAME) in full view. Suggestions for Projects - famous people, land transportation, flowers, etc.

Class 29 Grades 1-4 Prizes \$1.25 \$1.00 \$0.75  
Class 30 Grades 5 & 6  
Class 31 Grades 7 & 8

### Tree Leaf Collection - Prizes \$1.25 \$1.00 \$0.75

Suitably mounted and properly labelled on one sheet of cardboard approximately 22" x 28". One collection per pupil with exhibit tag properly folded.

Class 32. Gr. 1-4 Class 33. Gr. 5-8.

### Open Classes

Class Prizes \$1.25 \$1.00 \$0.75

34. A decorated bar of soap
35. A hand decorated stone
36. A small woven article using wool, scraps, etc.
37. A frig ornament eg. soft sculpture
38. A plant grown from a slip in 1985 & cared for by the exhibitor
39. A model using play dough or clay
40. Box Sculpture - not larger than 24" x 24"
41. Homemade doll's outfit
42. Latch hook work
43. Chocolate chip cookies - 1/2 doz. suitably wrapped (see bottom of Open Class)
44. No bake squares - 1/2 doz. suitably wrapped
45. Iced cup cakes - 5 suitably wrapped
46. Chocolate brownies - 1/2 doz. suitably wrapped
47. Muffins - 5 suitably wrapped
48. A loaf (not yeast) eg. lemon, apple, date, orange, etc. suitably wrapped.
49. A craft of your own choice - not included in any of the above classes. Age and Grade in full view.

(All work in the Open classes should be done by the pupil and not shown before.) (All baking classes above to be covered with either a transparent bag or saran wrap. Baking only to be delivered Sat. Morning.)

Special - Chocolate Cake - \$10.00 \$5.00 \$3.00

Prize donated by Calhoun I.G.A. Millbrook.

Spelling Match - Fri., June 7th, at Education Day

Schools with 50 or more pupils in a grade may send 2 pupils per grade. Schools with 49 or less may send 1 per grade. Each student to come supplied with his/her own tag which should include the person's name, school and grade.

Jr. Spelling Match - Gr. 3, 4, 5. Prizes \$5.00 \$3.00 \$2.00

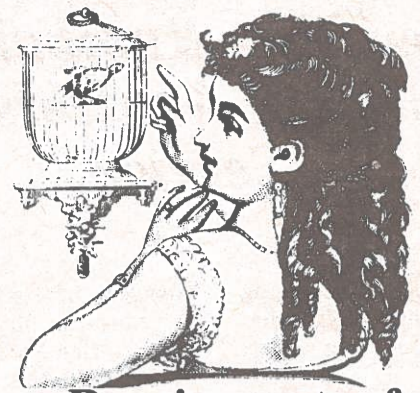
Donations - Victor Norman, Bailieboro W.I., Mount Pleasant W.I.

Sr. Spelling Match - Gr. 6, 7, 8. Prizes \$5.00 \$3.00 \$2.00

Donations - L.A. Hooton, Bethany W.I., Cavan W.I., Millbrook W.I.

Please note changes this year so that exhibits may be displayed for Education Day Fr., June 7, 1985. Baking only delivered Sat. morning June 8, 1985 before 9:30 a.m. Projects, Collections, & Open Class Exhibits on Wed., June 5 by 5:00 P.M. Writing & Poster Contests - Thurs. May 23, 1985.

## CRITTER TWITTER



## Dietary Requirements of a Caged Bird

By Deb Hancock

Is my bird a seed eater, omnivore or a carnivore? No bird fits exactly into any of these categories. The tendency for us to classify birds has led to considerable misunderstanding about the diet of caged birds. Be it a myna bird, budgie, cockatiel, parrot or canary, the secret of success is a varied diet selection, most of what can be found on your own table. Other than avoiding highly spiced meat, almost anything goes.

### Wide Variety

The diet must include whole grain products, fresh vegetables, leafy greens and protein sources such as beans, lentils or legumes.

Contrary to what many bird owners believe, sunflower seeds and other cereal grains should be avoided as should all fruit. From a nutritional standpoint fruit and grains are deficient in everything other than energy. Captive birds generally do better on a low energy diet.

Most of us are guilty of feeding our birds a prepared store-bought diet of seeds which has been advertised as being a "complete diet". Unfortunately this is not so. One just has to look at the feathers of wild birds and compare the quality of them to our caged birds. There is really no doubt as to the superior quality of the wild bird. Such shiny feathers are seldom seen in captive birds.

### Change Gradually

Getting the caged bird on to the right track takes

time and patience. An abrupt switch from seed to carrots, cheese and rye bread will not only be unsuccessful, but a large piece of unfamiliar food such as carrot may frighten the bird.

If you have just purchased a bird, let it get use to its new surroundings (about 3 weeks) before attempting to change his diet. Gradually add very small amounts of vegetables to the diet. For instance, a few beads from a broccoli floret or a single sliver of grated carrot will do for the first few times. If your bird does not accept the new food you may try to fool him by placing sweet or salty foods (crackers, chips, pound cake) into the seed. Work up from say, rye bread to vegetables to cheese etc. Then remove the bait food as it contains high levels of salt and sugar. One may be tempted to offer the bird celery or iceberg lettuce. This isn't a great idea because these vegetables do not supply vitamin A or trace minerals that are essential to the diet.

Some bird experts suggest offering two fifteen minute meals each day as preferable to free choice feeding. Limiting the bird to mealtimes will teach it to accept what is offered versus picking through the food. In addition it is felt that the bird will begin associating its feed times with a visit from the owner and this aids in the development of the pet-owner relationship. However, do whatever you feel comfortable with, and happy birding!

## A PASTOR'S PERSPECTIVE

# We Love Him Back

By Rev. Lorne I. Trimble

After Mother had finished one of her many tasks, she said to her little girl, "I have time for you now, come and see me, dear." The little girl replied, "I am so glad, for I have wanted to love you so much!" "But, I thought you were happy playing with your dolls", said her mother. "Yes Mother, I was; but I soon get tired of loving them, for they cannot love me back!"

There is profound wisdom in the answer the little girl gave. God could have stopped His crea-

tive work with His inanimate creation: but, no, He wanted to be loved back! And so He made man, and then He revealed to man His sacrificial love on the Cross, and sinful men who see that love trust God and love Him back! So God will have in Heaven: not mere 'puppets'; but, He will have redeemed men and women, boys and girls, who will love and serve Him for all He has done for them!

"We love Him, because He first loved us." 1st John ch. 4 vs.19

## Millbrook Christian Assembly

Rev. Lorne Trimble, pastor  
Rev. Larry Armstrong, youth pastor

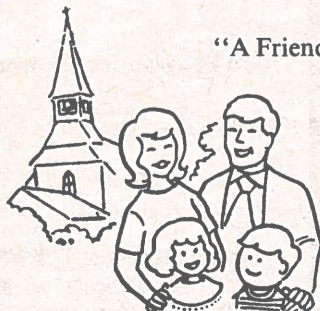
"A Friendly, Family Church"

### SUNDAY SERVICES

9:45 a.m. Sunday School  
11 a.m. Gospel Service  
7 p.m. Evening Worship

Everyone Welcome

"A friendly, Family Church"



## THE ROYAL CANADIAN LEGION BRANCH 402 MILLBROOK

Executive Meeting, Tuesday, June 4, 8 p.m.  
General Meeting, Monday, June 10, 8 p.m.  
Ladies Auxiliary Meeting, Tuesday, June 11 8 p.m.

### Birthday Party

Friday, June 14, 9 p.m.

### Bingo!

### Ladies Auxiliary

Thursday, May 23, 7:45 p.m.  
Thursday, June 6, 7:30 p.m.

### Junior Drum Corps

Thursday, May 16, 7:30 p.m.  
Thursday, May 30, 7:30 p.m.  
Thursday, June 13, 7:30 p.m.

Tulips are available from Legion Members

"Proud of Yesterday  
Preparing for Tomorrow"

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(705) 932-3154

## Millbrook - Cavan Pastoral Charge

**United Church of Canada**  
MINISTER: Rev. Douglas Mitchell  
WELCOME TO WORSHIP

Cavan United Church 9:45 a.m.  
St. Andrew's, Millbrook 11:15 a.m.

LEGION NEWS

# Great Day Spent at Zone Convention

By Ruth Farr

The Banjo Band has been very busy traveling from Port Hope to Peterborough and the nursing homes in between. They played for the Dinner in Port Hope and Omeme, and at Springdale Nursing Home, they were taped for the Telethon under the direction of Jim Flood. They are a great group of seniors to be going around making a bit of laughter and fun for many people to enjoy. Among their members are Walter Challice and his son Roger, Bob Carr, Jim Young, Jake VanDam, and Bill Brooks. As you will notice, most are in their seventies. We enjoyed them for our Honours and Awards night along with the singing of Nancy and Pat.

May 5 was the big day for the members of branch 402 to vote.

New members; we encourage you to offer your help around the branch at all times. We have run into a few problems and one member has lost his Legion privileges. Look over your shoulder once in awhile and tell the new members what is expected of them while in the lounge.

Three new F.A. were accepted - Victor Norman, Lorraine Corfe, and David Worr. Members transferred from other branches - Gord Harding, Doris McClure, and Jan Harding, and new ordinary; Bob Ridge, Harold Swan, and Hugh Foster.

Caroline Gaffney came first in public speaking and will go on to the District level. Second prize went to Cheryl Fallis.

Recent donations by the Legion include: - to M.I.H.S. to help with the U.N. Conference at the University of Toronto, \$100.

- to the Superbees - \$25.  
- to the Jr. Drum Corps - new pants, drums, and glockenspiels.

We are very sorry to report that our treasurer, Iva Reid, has resigned after two years of service. If you are interested in the position, please apply to the Secretary.

I spent a great Sunday at the zone convention in Norwood with Comrades Dorothy and Lloyd Slack, Brent Dawson, Bill Brooks, Marg Dew, and Gerry Martin. Our new zone commander will be Ewert Wannamaker from Bancroft. Deputies will be Lloyd Slack from Millbrook, and Angus Rupnow from Bancroft.

Br. 402 had a joint Honours & Awards night and a great turnout.

The year pins were presented from a five to forty years' service in the branch. The Certificates of Merit were presented to the following members: Harry Freelove (who received his in St. Joseph's hospital - why not send Harry a card as he cannot get out of bed and it does help pass the time), Betty Park, Bill Brooks, Debbie Martin, and Rod Dew. Medals and Bars - John Warnke and Wayne Raper. A special award was presented to the Ladies' Auxiliary from the members of Br. 402. The Ladies' Auxiliary presented an appreciation certificate to the Jr. Drum Corps. They also received one from the zone. The Banjo Band also received the same award. The Ladies' Auxiliary Certificates went to Helen Tomlinson, Marion Challice, and Fern Cook.

There were three life members to be awarded but they have not come from command as yet. They will go to Stella Sanderson, Edna Watson, and Phyllis Challice.

The Br. 402 will be having another awards night in the fall. This night is for all members to enjoy a night of fun. Thank-you to all the lovely people who were concerned about my health - to the Highlighter for their generous space in the paper, all the cards, flowers, and visitors, Pat and Jim for their generosity and kindness. All this put me on the road to recovery.

The winner of the Ladies' Auxiliary's first 50/50 draw was Milton Martin.

Tulip bulbs are available from Legion members until May 31.



"Working indoors on a lovely day like this—why don't you go out and dig the garden?"

# Bonnets & Hats from way back

By Doris Ingham

Millbrook-Cavan Historical Society learned a great deal about the history of ladies' hats at their meeting held April 22. They were the guests of Barbara Willows, owner of the "Bonnet Factory" in the hamlet of Ida. Barbara owns a terrific collection of more than 250 hats which were on display. She told how in 1819 there were settlers in Cavan before there were any in Peterborough. By the year 1847 there were 2800 living in the area. The Bonnet Factory in which the meeting was held had belonged to Helen Baptie in 1860. It was situated on the Middle Line which ran through Millbrook right to Port Hope to which centre farmers carried their grain in pioneer days.

In the early days just as small centres always had a blacksmith shop they also had a millinery establishment. A woman could have a hat made just for her, sometimes from the same material as that from which her dressmaker had made her gown.

Among the interesting things Barbara told about bonnets was that the ones worn by Quakers were always in either brown or gray with no trimming. Bonnets were also worn by women in mourning which was observed in various stages. For the first stage she must wear two crepe veils. For the second one crepe veil was sufficient. Bonnets were to be worn by married women only.

Hats were often elaborate and expensive. It was said that George Washington once paid \$500 for one for his wife, Martha. The wealthy often paid as much as \$125 for a hat in that period's much more valuable

money. Hats were sometimes left as bequests in wills.

Large hats were last popular in 1910. They were never so elaborate after that. Before, when hats were small my lady carried a parasol. She did not want to get any sun on her face to spoil her complexion or to make her look like a working woman. Pill box hats had been in vogue earlier and came back into favor in the 1960's and '70's because Jacqueline Kennedy wore them.

When straw making around the year 1875 became a home industry hats were made of that material. Pioneer women did not go out much; they were kept too busy at home. Consequently their hats lasted forever.

The demise of the hat came into effect when bouffant hair styles became the vogue. No one wanted to crush the hair-do she had just received in a beauty parlor.

Kay Fallis told how her husband's mother, nee Irene Raper, became a milliner's apprentice at the age of 15. She with others worked in a room on the upper floor of the building which now houses the offices of Darrel Kent's real estate offices. Once or twice a year they went to Toron-

to to see what was new in the trade, staying over at a hotel.

The "Bonnet Factory" in Ida is now a shop where you can buy hand crafted gifts, ice cream, cheeses and soft drinks. However on shelves along the walls still to be seen is this fabulous collection of hats, spanning many years in history.

Kathy Elton thanked the speaker for the society and presented a memento. Barbara was introduced by the president, Jocelyne Daw.

In the brief meeting which preceded the presentation it was announced that the society had been invited by the Peterborough Historical Society to attend a presentation at the Peterborough Public Library on Tuesday, May 21, at 7:30 p.m. on the Tweedsmuir histories of Ontario, the ones prepared by the Women's Institute.

The Millbrook-Cavan Society's annual meeting will be held on Monday, May 27, at the home of Kathy and Geoff Elton.

A letter was received expressing gratitude for the society's donation to the fund for the purchase of the old public school building.

Regret was expressed that Marie McMaster was leaving the community. She has been very active in the society, serving as secretary and vice president, and has arranged fine historical displays.

# Memo from Millbrook Manor

Arnold Armstrong

The youngest visitor to Millbrook Manor was Miss Candice McConnell, two week old daughter of Mr. and Mrs. Fred McConnell of this area. Candice was here to see her grandfather, Dick McConnell of this Manor.

Mr. and Mrs. Bill Thomas celebrated their 50th wedding anniversary in Millbrook Legion in a "do" arranged by their children. The Manor remembered the event, also.

A lifetime resident of Millbrook, Piercey Pitt, died recently in Springdale.

The Women's Institute entertained the tenants of Millbrook Manor, in an afternoon of skits, recitals and lunch recently. A feature was a demonstration of Austrian yodelling, which is usually an outdoor event, but in this case was performed indoors.

The lunch supplied by the institute was so plentiful that it took two days to eat it.

The banjo band was heard in a fund-raising musical from CHEX. As usual they sounded 100% - The Sweetest Music This Side.

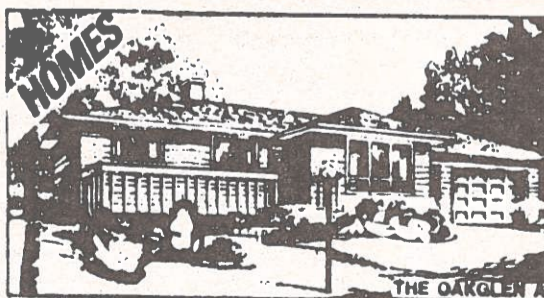
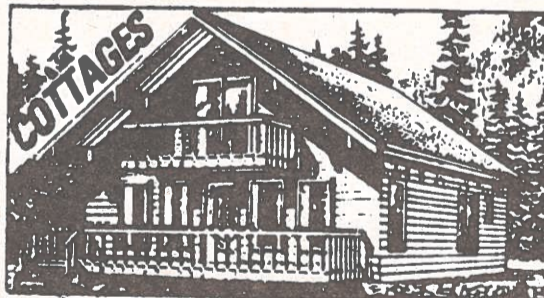
If you have been receiving the supplement from the income Security Branch you should have renewed it by the end of March. If you neglected this don't delay - send it in at once.

Spring is here and the Leafs are out.



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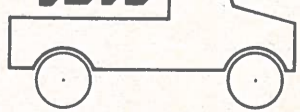
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Dr. Hobb's colleague, Dr. Turner

## HISTORIC CAVAN

## Reminiscences of a Country Doctor

(Continued from April issue, 1985)

A vital part of the practice was the telephone. Of course, the telephone is an essential part of our lives now, but it was different then. We did not have dials, we had operators. We also had nice little numbers. As I remember, the Burnham's had a number 1 and they went on up. As comparative late comers our number was 50 - I doubt that anyone got up to 100. It was the operators, though, who gave us so much invaluable help. Ada Atwooll Lancashire and Eva Howson by day and Cecil Sutton at night could be relied on as sources of information of all sorts. They could tell us during our early days which Fallis or Challice was which, or where people lived and numerous other things. If we had to be away from the house, they would keep the calls - it was the original telephone answering service and it was an efficient one! They

could also, if necessary, track me down by ringing the phones along the lines where I had gone, until they found someone who had seen me go by. There was one time when the telephone really was a matter of life and death. A woman in Bethany was stung by a bee and she was allergic to it. The reaction was very swift and she barely managed to get to the phone and pick up the receiver, when the operator said "number" she gasped "Dr. Hobbs" before collapsing unconscious on the floor. The operator called me and quickly explained that she was sure something was very wrong, since she had heard a crash and the receiver was still off the hook. I grabbed my bags and drove over at breakneck speed. Fortunately, I was in time - barely - to give the adrenalin which was the antidote. The next day the item appeared on the front

page of the Examiner, under the heading "Telephone Operator Saves Woman's Life". In the fine print, underneath, was the statement that the doctor had come etc. etc. I did not feel slighted in the least, because it was true. In these days of dial phones, that woman might very well have died.

When I first came to Millbrook there were a number of doctors in the area. Dr. Beatty was still in Garden Hill, Dr. Russell in Bailieboro and Dr. McNeill in Pontypool. These men were never replaced when they retired. I worked a great deal with Dr. Hamilton in Bethany and of course with Jack Wright here in Millbrook. He and I worked independently and with complete co-operation, covering for each other during any absence.

From the beginning I enjoyed the association with the Peterborough doctors. I was introduced early to the group at the Peterborough clinic. It was one of the first such establishments in the province and Peterborough has continued to be one of the best medical centres. I was able to have a consultation and to get help from any one of many well-trained and conscientious specialists - including Millbrook's own Willoughby Belch.

A medical practice in a village during these early days was a 24 hours a day, 7 days a week job. The surrounding area, as we all know, is a farming community. Farmers are very busy people and rightly enough - their crops and their animals had first priority. They came to see the doctor on rainy days, or Sundays, and after dark. The social centre of the community - especially in summer, was the main street on Saturday night. That was when almost everyone came to town. The babies would sleep in the cars, while the grown-ups visited and sometime or other they did their shopping and, if necessary, saw the doctor and got their pills. I have known Saturday evenings when my waiting room was full, as was the verandah, and there were people sitting on the stairs. During the war, when the government wanted to conserve energy a law was passed that the stores must close by 11 p.m. Up until then, they had been open until the last customer left, no matter when! Since my office did not come under that law, the result was that some people did their shopping and their visiting and then they came to see me. I recall one evening

when a well-known man from the country came to the door just as I was about to turn off the last of the lights. It was a bit after midnight - "were you going to bed, Doc?" he said with a loud laugh, as though I were doing some unusual and hilarious thing.

As time went on we began to feel that we were entitled to some time to call our own - I also realized that our children were growing up and I was seeing little of them. So, I let it be known that I was open on Sundays for emergencies only and I tried to limit the evening hours. I had cards printed, with the office hours on them. Like the moving of the office to the home, this brought mixed reactions from the prophets of doom. One man read the card, straightened himself to his full height and said with a decided sniff "Hmph! we're suppose to get sick at certain times now". I can honestly say that to the last day of my practice, I never refused anyone at any hour of the day or night - if it were an emergency. With very few exceptions, the people were most considerate and kind and thoughtful.

Linked with all of this was the introduction of a receptionist. Like any new thing it was greeted with mixed reactions. To some she was an obstacle. They wanted to speak to the doctor. They soon learned, however, how helpful the receptionist could be. Up until I started to have appointments it had been the custom for everyone to come as early as possible, hoping to be first. It meant, very often, waiting two or three hours on a busy day. It was trying, if there was a fussy baby or if someone was in a hurry but must wait their turn or if it were snowing and people got nervous about getting home. It sounds like past history now but the making of appointments was considered downright revolutionary on my part. Like other new things, it was soon greatly appreciated as people learned that barring some unforeseen emergency, they would have a very short time to wait.

I mentioned the fact that my reason for wanting to have Sundays free was to spend some time with our children. I would just like to put in a word here about them. They have all been very much interested to know that I was to give this talk. Judy mentioned, especially, her memories of sleigh rides in the early days.

The children were never allowed in the office when any patients were there. They learned as soon as

they could talk that it was off limits. I think perhaps they did, however, absorb something of the atmosphere. This was illustrated on the day when they and some friends were playing in the yard. One of the girls had two large bulges in the front of her t-shirt, she was probably about 7 or 8 at the time. When her mother asked "What have you got there?" she replied "Apples"! "We're raising our babies on apple juice!"

The roads were not kept open in winter, as they are today, and travel was precarious at any time. I drove my car when I could, having chains on, 100 pounds of sand in the trunk to give traction, and two shovels since anyone who came along would help me. Much of the time I had to go with a horse and sleigh. Allie Henderson and Ed Larmer had spirited steeds and they took turns driving me. The problem then was to keep warm. The insulated ski suits of today had not been invented. I wore long underwear, of course, and quite often moccasing, in

which I could put extra heavy socks. I had a wombat coat which an uncle had given me. It was impenetrable to cold - now the problem was to stand up, let alone walk with it on.

As time went on, the main roads at least were ploughed. I would then go as far as I could, and someone would meet me with a horse - or sometimes with a tractor. I remember well one time when I was called on Sunday evening to see a patient about four miles west of Millbrook. That road was solidly blocked so I drove around by Bethany and Pontypool. It was travelling more than three sides of a square but the lady was quite ill and did need help.

It was not only in dead of winter that problems could occur. The roads were not paved for some years after I came, and especially in the spring they could be very bad in some areas. One might easily slide off the road and in some ways mud is much worse than snow, if one is stuck in it.

Wed. May 15, 1985, The Highlighter

## Legion Auxiliary hires bus for Convention

By Doris Ingham

At the meeting of the auxiliary to the Royal Canadian Legion, Br. 402, held on Tuesday, April 16 at 1:30 p.m. it was decided to hire a bus to take all members wishing to attend the zone convention on May 19 in Hastings. All those planning to go were asked to let Vera Carr know by May 10.

Plans were made for catering to the Millbrook Orange Lodge Association dinner on Friday, April 19, in which three lodges were involved. Following the dinner the birthday party and dance honoring all those born in April took place in the Legion Hall.

The president, Bette Warnke, suggested that perhaps a microwave oven would be a great help to workers in the Legion kitchen. Helen Tomlinson was appointed to examine and price the various types of oven to see which would be most helpful and to report back.

It was announced that the first winner of the 50-50 monthly draws the auxiliary has initiated to

finance the annual Santa Claus parade which they sponsor would be drawn for and announced at the bingo in the Legion Hall on Thursday, April 18. (It turned out to be Milt Martin who became \$75 richer.)

Events recently passed have included on April 25 catering for a noon day dinner for the residents of Millbrook Manor, and on Saturday, April 27, for a wedding. On Friday, April 26, the auxiliary took part in an honors and awards night jointly with the branch.

Helen Bell, who has moved back to the village, was received back into auxiliary membership.

After the social hour members were treated to a little surprise. Alice Cooper of Bailieboro who had just had her garden dug, brought three large bags of parsnips unearthed in the process. She invited everyone present to help themselves.

The next meeting on May 21 will revert to the usual hour of 8 p.m.

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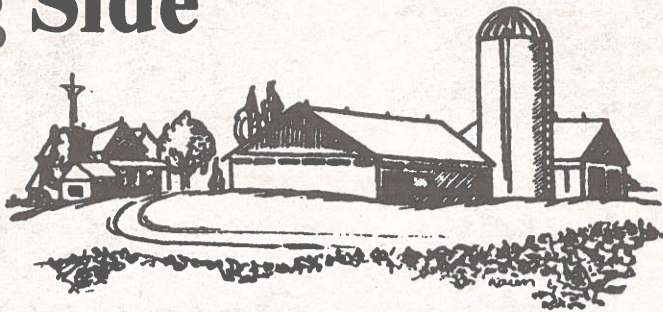
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**A FARMER'S VIEWPOINT**

# Wrong Side Up



By Ken Fallis

Sometime during the depression and the drought of the 1930's, a farm writer told the story that when the Indian first saw the rich, black prairie soil turned over by the settler's plow, his comment was "Ugh, wrong side up".

The writer, who may have made up the story to illustrate his point, agreed with the Indian. If the prairie had never been plowed the precious topsoil wouldn't have blown down to Montana, North Dakota, Minnesota. The prairie wool, the grass which fed the buffalo herds all the way from Manitoba to the Rockies would not have fed very many cattle; not enough to interest the new settlers who wanted to farm.

The fact is that if these hardy settlers had not broken the prairie sod we'd never have had Marquis wheat, (origin-Peterborough, development from Red Fife to Marquis-Winnipeg). Marquis wheat sold as Manitoba #1 Hard Red Spring became the world standard for quality bread wheat.

Through the twentieth century plant breeders made improvements on Marquis, incorporating stem rust resistance, and earlier maturity, to beat the fall frost, but always retaining the superb milling quality of the parent Marquis. So, while the name Marquis has been succeeded by such newcomers as Thatcher (no relation to Saskatchewan one-time premier, Ross Thatcher) Saunders, Selkirk, and Manitou, each variety retains the quality of the parent Marquis.

Technology, however, has made it possible to process acceptable bread flour from lower quality wheat. And in order to maintain off-shore markets at competitive prices, it became necessary for plant breeders to produce higher yielding wheats. This has resulted in a wide range of new bread wheat varieties with somewhat the same milling quality as our previous varieties. But Canada is jealous of her reputation of supplying the best hard red spring wheat in the world, and we can, in fact do, produce bread wheats

equivalent to Marquis.

A further string to the Indian's bow, strengthening his "wrong side up" conviction, is the traditional summer fallow. Another story, fact X fiction hybrid, partly explains the place that summer fallow came to occupy in Western crop systems.

During the Northwest Rebellion, 1885-1887, the rigors of a prairie winter dictated the sense of sitting beside the fire. Once spring arrived, hostilities began again. The farm boys went off to war without even planting the crops. Next year, however, having defeated the evil forces of Riel, the boys came home and planted their quarter and half sections. Harvests were great, yields beyond all previous experiences. Some farmers saw this as a just reward for service to King and Country. But some non-fighting neighbours said, "If it works for them it will work for us". And it did. So summer fallow became, and has remained an accepted way of life for many western farmers.

A more compelling reason, initially, was the time factor. Between harvest, in September and October, and freeze-up, the time span is not great. So the farmer, with 160 or 320 acres to plough with perhaps 2 teams of horses and a 2 bottom plow, must do most of the plowing in the spring. So when he gets half his acreage plowed and planted he decides it's a good idea to summer fallow the other half.

Men originally attributed the success of summer fallow to a build-up of soil moisture. It takes two years to gather enough moisture to grow one crop. I always had trouble with this explanation. Plants pump water out of the soil, convert it to plant tissues and transpire a bunch back into the atmosphere. But the evaporation from bare ground, cultivated several times to prevent weeds from using moisture or ripening seeds, must result in greater loss of moisture than a crop planted in May, providing ground cover in June,

July and August, and harvested in September.

In Eastern Canada, farm acreages, even before mechanization, were usually of more manageable size. But without lots of horsepower weeds became the number one excuse for summer fallow. After-harvest cultivation, in August, is great to retard twitch grass. But after-harvest cultivation in October is of no value in retarding twitch. So, until bigger tractors and multi-bottom plows became common, after-harvest cultivation remained an impractical control of twitch grass.

But corn atrazine for a couple of years did a number on the twitch and in fact, most other weeds. But the annual weeds foxtail, lambs quarters, and pigweed come back in corn without atrazine. So it's necessary to move to crops which can be sprayed with 24-D, or harvested before these annual weeds set seed. In Ontario, then, summer fallow is pretty much a thing of the past. Human nature and economics spelled the doom of this questionable practice. Land prices became sufficient to require every acre to bring forth good money, and farmers themselves found better ways to fill in the hours from planting to harvest time than cultivating a summer fallow every week.

Nature abhors bare ground. Nature generally helps us to grow corn and cereals, and grass and clover. But when we fail nature by not maintaining ground cover she steps in with a weed cover. Witness the bare earth, piles of mud from a new "development". The first vegetation to take over is ragweed. Most any farmer knows, when he digs a post hole, or a foundation, the bare earth, much of it subsoil, become covered with ragweed before the slower moving grass gets to take over. So, with much sympathy and respect for those victims of ragweed-induced hay-fever, I submit that ragweed most likely does us a service in forcing developers of great acreages

of land banks to do something about the human suffering these ragweed infested land holdings are causing to the hay-fever sufferers allergic to ragweed.

Getting back to rural Ontario, which we never should have left, we should acknowledge that economics and good soil management are complimentary. The corn crop makes good sense in terms of the numbers of cattle and hogs it will feed. But, in terms of input costs, is it becoming outpriced, e.g. herbicide, insecticide, fertilizer? With present prospects for hog prices, the answer has to be yes.

Economics, and soil capabilities dictate that while corn will feed more cattle and hogs per hectare than any other crop, if we become totally dependant on the chemical companies, (herbicides and insecticides) and the fertilizer companies for fertilizers, particularly nitrogen, then economics dictate lower yielding alternative crops, like barley or wheat. But, if corn is grown in rotation with some of these lower yielding crops, along with some nitrogen fixing legumes, then corn becomes a more profitable crop because of less input costs.

So it begins to look like full cycle. Our fathers grew wheat, oats and barley, maybe a field of peas. We have introduced corn into that system, dropped peas, maybe substituted soybeans. While our fathers used red clover and timothy to feed the horses and cows, maybe a few early innovators went for alfalfa.

But our ancestors never opted for the one best moneymaker. This shows they were smart. Because corn was a one-time best moneymaker recent generations put all their money, (read enterprise) on corn. Made a bundle, for a few years, but what with capital costs, corn machinery, corn herbicides, nitrogen fertilizers, these monoculturists found themselves locked in. They unlocked the door, at a price, and got into a rotation of crops which frustrated Northern Corn Rootworm, also reduced European Corn Borer, bettered a break-even price in the rotational crops, and took a more charitable look at their forebears' crop knowledge.

Since nature abhors a vacuum, whenever we turn soil wrong side up, let's plant it as soon as possible before nature fills it with weeds, or blows it away or floods it down the creek.

## Red Cross - Millbrook & District Annual Meeting

By Kathy MacGregor

We were most fortunate to have Mr. Earl Smith as our guest speaker. He joined with us April 5, 1985 at the Municipal Office in South Monaghan. Mr. Smith is President of Peterborough Red Cross and Chairman for the Blood donor clinic. He stirred up much enthusiasm, pointing out the personal dedication and great concern for others found in all volunteer workers. Did you know that through the Blood Donor Clinics in Peterborough County, the Red Cross hopes for more than enough donors to actually keep both local hospitals going. Think about it. Maybe you can personally help save a life with your donation of blood at the next clinic. A vote of thanks was moved to Mr. Smith, and the business meeting followed.

1984 was a busy year for the local Red Cross. Much credit is due to the support of our retiring President, Sadie McBain. To you Sadie - many thanks.

To mention local needs, we responded to 29 requests for sick room equipment, and we sponsored a first-aid course with seventeen participants receiving certificates of completion. All these people are in our community now better prepared to assist in an emergency. The Red Cross also ran a most successful campaign,

and donated many home-made articles to the A.I.D. (Assistance International and Domestic) Bazaar. Special thanks to all volunteers.

The state of officers for 1985 is as follows:  
 Past President - Sadie McBain  
 President - Betty Stewart  
 Vice President - Vilda Nurse  
 Secretary - Jean Jones  
 Treasurer - Gladys Johnston  
 A.I.D. Chairperson - Leone Carpenter  
 Emergency Services - Helen Tomlinson  
 Water Safety - Joanne Birnie  
 Financial Resource - Betty Fisher  
 Loan Cupboard - Fern Cook - Leo Fallis  
 Public Relations - Pauline Lyons - Kathy MacGregor  
 Social Convenors - Betty Fisher - Pauline Northey

The 1985 season is to start on a social note, with a Pot Luck supper Monday, May 27th at 6:30 p.m. at the home of our new President, Betty Stewart. Everyone is welcome. Come on out, join the fun, and participate in a most worthwhile organization.

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# Nursery School News

The children at Nursery School have been experimenting with growing vegetables this past month in preparation for planting a garden at home. As well, they enjoyed a nature hike on the property of Bill and Mary Margaret Boone, Jeff and Jenny. We wish to thank them for their hospitality.

Happy Birthday to our friends Nicole McMahon (May 12) and Michael Blewett (May 30).

On April 23 the famed "Murphy the Molar" came to visit. A wonder-

ful play was presented by the dental health people from the Peterborough Health unit. A very special thanks to them!

We are planning trips to a goat farm, dairy farm, and the zoo in the near future, and don't forget to look for our entry in the Millbrook Parade.

Registrations for next year are being accepted. If you wish to enroll your child, contact Merla McGill (277-2402) - Subsidy available!



## Musical Notes

By George Ingham

This month I should like to discuss Handel's choral masterpiece, "The Messiah". Many people associate Messiah performances with the Christmas season, but in point of fact the very first performance of this work occurred in Dublin on April 13, 1742, so a discussion of this work in connection with the Easter season is by no means inappropriate.

Many people associate this oratorio with a profound religious experience, and indeed such words as "He was despised and rejected of men--a man of sorrows and acquainted with grief" and "Hallelujah" are hard to take lightly. At the same time it is worth noting that the first performances of the "Messiah" were not held in churches but in secular theatres with the idea of turning a profit. The singers "hocketed" (made sudden unexpected rests) and showily ornamented the musical text in such a way as to engender a feeling of fun if not outright amusement. The tempos were brisk and lively, and there was no feeling of heavy sentimentality or over-purple religiosity.

(Later there were church performances, and extreme sentimentality followed apace.) One culprit in this activity was none other than Wolfgang Amadeus Mozart, who at the behest of Baron Von Swieten--the same patron who ordered string arrangements of excerpts from Bach's well tempered Clavichord from this composer - "arranged", improved" and generally "brought up to

date" Handel's "inadequate" efforts. There is perhaps irony in the fact that Bethoven later "excused" some of Mozart's "shortcomings" in other works by explaining that in Mozart's time music was not yet, after all, "very well developed". Each succeeding age thus rebels and sees as old fashioned the works of each previous age. It takes further centuries of time to see things in their true perspective and to right the injustices done to the earlier composer.

By the age of fourteen I had experienced so many performances of Handel's Messiah that I swore I would never endure another. I much preferred the more mystical utterances of Bach. Fortunately the annual ubiquitous performances of this work penetrated even my thick hide, and I derived benefit from them. But my general attitude toward the work remained the same, only to be broken in 1965 and after when the "new" (actually the old) way of performing Handel--the "light and bright" approach came back into fashion. Editors removed Mozarts heavy accompaniments, smaller performance groups were employed as were faster tempos. Gone were the heavy plodding performances, and the work breathed "new" life in its now restored form.

I now listen eagerly to each new performance of this masterpiece just to see what the conductor will "do" with it. And as a matter of fact I even endure joyously the "old fashioned" Mozart version now that my interest has been rekindled.



## Contest Lures Ontario's Anglers

Get out your rod and reel, put film in your camera, and let's go fishing -- the 27th annual "Molson" Big Fish Contest, operated by the Ontario Federation of Anglers and Hunters, is underway!

Over \$40,000 in cash and prizes is up for grabs in this year's "Molson Big Fish Contest" which runs from April 15 to November 30, 1985. Nine species of fish qualify for the Live Release and Catch and Keep categories. Anglers across the province have an opportunity to win Evinrude trolling motors, Mitchell rods and reels, and cash prizes. Every competitor whose fish meets the minimum size will receive a personalized award certificate and a handsome print of a largemouth bass by renowned Canadian wildlife artist, Michael Dumas. In addition, one angler will be awarded the title "Ontario Angler of the Year" and a 9.9 h.p. Evinrude outboard

motor.

Participation in the contest is easy. Just photograph the fish and carefully measure its length and girth. To enter the Catch and Keep category, fish must be weighed on a government-inspected scale. Fish to be live released must be carefully returned to the water so they will be able to spawn again to replenish Ontario's fisheries.

The "Molson Big Fish Contest", Ontario's largest and most prestigious provincial fishing contest, is open to all anglers catching fish in Ontario waters during open seasons. All fish must be entered within thirty days of being caught. For complete rules, pick up an entry form at sporting goods stores, bait and tackle shops, taxidermists, lodges, resorts, Evinrude dealerships, or directly from the Ontario Federation of Anglers and Hunters, Box 28, Peterborough, K9J 6Y5.

### CORRECTION

Village of Millbrook Consolidated Statement of Operations Published April '85 Edition Should have read:

Sources Of Financing	Reserves Actual	1984	1983
		Total Actual	Total Actual
Investment Income	\$ --	\$ 16,755	\$ 11,414
<b>Expenditures</b>			
Environmental Services	--	134,334	136,446

## WATER

Wells • Cisterns • Pools

932-2793

CLARK

MILLBROOK

### TOWNSHIP OF SOUTH MONAGHAN



#### NOTICE TO RESIDENTS

Council for the Township of South Monaghan wishes to announce that, effective May 7, 1985

Small Animal Control Officers have been appointed.

The new Small Animal Control Officers are

*Tony & Angela Lloyd*

They may be reached at

939-6967

Kathleen M. Alexander  
Clerk-Treasurer/Administrator

## Municipality of Cavan



P.O. Box 189, MILLBROOK, Ontario

#### CAVAN TOWNSHIP COUNCIL ACCEPTING APPLICATIONS FOR THE POSITION OF JANITOR

Cavan Township Council is accepting applications for the position of janitor at the Cavan Community Hall, Cavan. Duties would commence July 1, 1985. Salary will be discussed at the time of interviews, and is negotiable.

Applications should be delivered to the undersigned by May 31, 1985 - 5 p.m. Envelopes should be clearly marked "Application for Janitor".

Christine Wright,  
Clerk - Treasurer

## Municipality of Cavan



P.O. Box 189, MILLBROOK, Ontario

#### NOTICE TO RESIDENTS TOWNSHIP OF CAVAN

An interim bill based on approximately 1/2 of 1984 taxes was mailed in February and divided into 2 installments. The second installment of this bill is due May 31.

Once the mill rate has been struck, a final bill will be sent out with two installments - one due August 30 and the last - November 29.

Interest charged on overdue taxes shall be at the rate of 1 1/4% per month on the 1st day of default and each succeeding month thereafter.

Christine Wright,  
Clerk - Treasurer

## Cattlemen's Spring Sale

The Annual Peterborough-Victoria County Cattlemen's Spring Sale held Wednesday, May 1st met with strong demand for approximately 1300 head of good condition and quality cattle offered at the Lindsay Community Sale Barn.

#### STEERS

LFL 800 lb. & up	79¢-87¢ with high of 89.10¢
600 - 800 lb.	85¢-101¢ with high of 105 1/2¢
MFL 600 - 800 lb.	84¢-103¢ with high of 106¢
Steers 600 lbs. & under	91¢-106¢ with high of 106 3/4¢

#### HEIFERS

LFL 500 - 700 lb.	82¢-88¢ with high of 90 1/4¢
MFL 500 - 700 lb.	76¢-88¢ with high of 89 1/2¢
LFL 500 lbs. & under	82¢-91¢ with high of 95 1/4¢
MFL 500 and under	81¢-89¢ with high of 94 1/2¢

# Classified

## COMING EVENTS

**GIANT FLEA MARKET.** Saturday May 27, Millbrook Arena. Sponsored by St. Thomas Anglican Church Men's Group. Book your booth now by calling Clarke Mayhew at 932-5218.

**FILM NIGHT - Friday, May 24th at 7:30 p.m.** featuring "TANGLEWOOD'S SECRET" (80 min.) Millbrook Christian Assembly, King Street West. Free-will offering only. Bring the whole family! Refreshments to follow. Everyone welcome!

**OPEN HOUSE, Friday May 19, 2 - 4 p.m.** for Alvin Olan's 80th birthday at the home of Fred and Kay Youngman, 39 - 2nd line of Cavan at Bailieboro. Best wishes only please.

**YARD & CRAFT SALE - 3 families - 18 Anne Street - Sat. May 18 and Sun. May 19 at 9 a.m. til dusk.** Clothing from infants to adults, toys, dishes, carriage, stroller, and lots more. A special selection of new craft items.

## THANKS

**CARD OF THANKS - I would like to thank my family, friends, and relatives for all their lovely gifts, cards and visits in the afternoon on my 70th birthday.** And too, my family for a lovely supper. This day will never be forgotten. Thanks to all. Marjorie Hawkins.

**I wish to express THANKS to my family, friends, neighbours and U.C.W. for phone calls, visits, cards, and gifts while I was in hospital in Toronto.** Grace Fallis.

## SERVICES

**ANTIQUES, furniture, china, books, postcards, wooden duck decoys and carvings.** Top prices paid. Days 932-3026. Evenings 932-2125.

**ATTENTION: Grass Cutting, Raking Leaves, Odd Jobs. FREE ESTIMATES.** Ask for JOEY EDGERTON. Phone 742-7694.

**HOUGH 'N SONS SAYS "We Make Home Improvements Affordable".** Renovations and Repairs to almost anything. Additions, siding, roofs, patios, etc. Quality workmanship guaranteed. Good rates. For free estimates call 939-6821.

## FOUND

**2 JACKETS left at the Arena on the 28th of April at the Awards presentations.** Contact Ben Koropatwa, 932-5501.

## ANTIQUES

**ANTIQUES - collectibles, old books.** We buy and sell. Come in and browse. We also sell knitting yarn and accessories. Past and Present, King St. E., Millbrook 932-3026.

**ANTIQUES Bought and sold.** Books, furniture, postcards, china, etc. Annex - Antiques, King St. Millbrook. Telephone 932-3171.

## BIRTHS

**TWINS - LAKE: Philip and Helen of Bethany are pleased to announce the arrival of their daughters on April 15th,** Kristen Margaret 4 lbs. 2 oz., and Shannon Marie 4 lbs. 1 oz. Sisters for Philip Jr. Granddaughters for Mr. & Mrs. Harry Van Beek of Millbrook and Mrs. Margaret Lake of Briyham, Devonshire, England. Special thanks to doctors and staff of Civic Hospital, Peterborough.

## HELP WANTED

**MATURE, QUALIFIED HOME-MAKERS needed in the Highlighter coverage area, for both weekend live-in and daily cases.** Please call 378 Aylmer St. Peterborough, Upper, 876-1332.

**"Kawartha Health Care"**

**WANTED Responsible teenager to care for 2 small children in my home two days a week during summer months.** References required. 932-5221.

## ANNIVERSARY

**The family of GEORGE & ISOBEL WILSON invite you to help celebrate their parents 40th Wedding Anniversary on June 15th, 1985.** Dance at Omeme Legion 8:30 - 1:00. Best wishes only. Surprise Please!

## WEDDING

**Mel & Barb Hawkins announce the marriage of Mark Trick to Wendy Plunkett daughter of Ron & Doris Plunkett on May 3, 1985.**

## FOR SALE

**CHAROLAIS BULLS for sale.** Poled and horned. Call NZL Farms 705-932-5359.

**1980 FORD LTD WAGON VERY GOOD CONDITION.** Small 8 certified 932-2885.

**MUSICAL INSTRUMENTS FOR SALE: a \$4000. Cordovox 3 unit system - Bargain at \$1100. Also electric guitar & amplifier \$90.00 and Kentucky Style Dulcimer \$75. with instruction book. Like new. A non-electric guitar & new case \$80. Phone Millbrook 932-3274.**

**GRASS CUTTING, Odd Jobs, in Millbrook.** Call Mark Sanderson after 3:30 - 932-2740.

## Memo From Millbrook Manor

By Arnold Armstrong

On April 20th Donald Fleming, who was Minister of Finance in John Diefenbaker's Cabinet, was one of the two guests. His father taught school in Millbrook. Don't ask in which year because the research department is out trout fishing. This was on Front Page Challenge.

The 79 year old Lord's Day Act was this week struck down by the Supreme Court of

Canada. One of the movers who put this legislation before the Government was the secretary of the Lord's Day Alliance, Dr. William D. Armstrong. He was born on the fourth line of Cavan in 1846. For 26 years he was minister of St. Pauls' church, principal of Ottawa Ladies College, and Moderator of the General Assembly. He died in 1915. His grand nephew, Arnold, did not follow in his footsteps.

A paper dated 1983 says "Robt. Edmunds, of Millbrook's W.S. Pickup establishment, went to Toronto to fill his position with the Cobourg team on their

competition with the Dukes of Toronto for the championship of Canada.

The year was 1913 - and a local paper, "there were two of them then," said "Quaint costumes, odd speeches, funny gestures, and a large cast of grotesquely ludicrous performers will tickle your funnyspot for two hours. Price 25¢.

A local jeweller offered a cut-glass berry dish for the best spring turkey at the Millbrook Central Exhibition. Prize turkey to go to donor.

Still in 1913 - a writer in the Port Hope Times is looking forward to the day when the town will have a population of 25,000. The Orillia Packet commented "There is nothing nearsighted about that chap."

1967 - A request was received from Mrs. Richard Thomas of Port Colborne (the former Patsy Richards) for a membership form to join the Auxiliary in Millbrook. Her mother and two sisters are past presidents of the Millbrook group.

Miss Frances Turner, daughter of Dr. and Mrs. H. A. Turner headed her class at the University of Toronto.

The Mirror-Reporter gave this definition of bridge - a game during which two gentlemen look peeved while two ladies converse.

## Thank You

A note of thanks to my neighbours, friends, and the Millbrook Cavan Fire Department who all helped in controlling and extinguishing the grass fire at 10 Bank Street on Sunday, April 21, 1985. It was a lesson well learned, and free advice now given regarding outdoor fires and control of same.

Harry

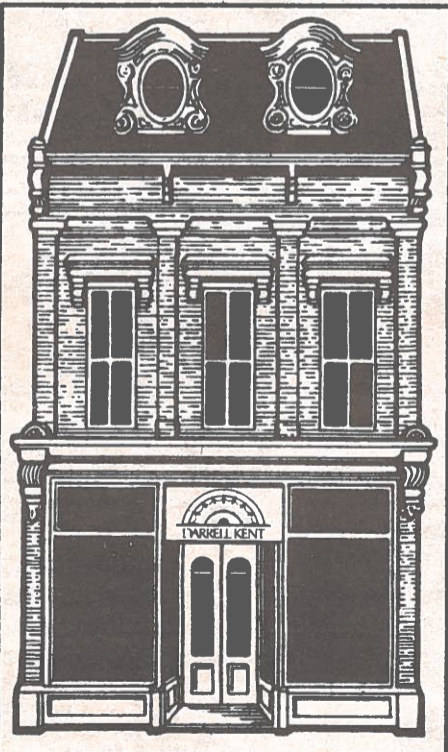
## HIGHLIGHTER CLASSIFIEDS

26 WORDS - \$2.50  
EACH ADDITIONAL WORD - .10¢  
CALL 932-5436  
OR 932-3128

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CLASSIFIEDS  
AFTER  
YOUR  
SPRING  
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"we love to talk real estate."

**NEW BUNGALOWS - Village of Millbrook - your choice of quality built homes.** Fully serviced. 3 bedrooms. Brick. For less than \$60,000!!! For competent service call Brian Thomson (705) 742-2749.

**BUNGALOW ON 4 ACRES - 4 bedroom home, plus a two car garage, and a shop 32x60, move in condition call Barb Scriver (705) 932-2890.**

**VILLAGE OF MILLBROOK - West End \$50's vendors anxious.** Call Ron Maksymetz (705) 932-2890.

**WE HAVE BUYERS.** Now may be the perfect time to consider selling your home. For a confidential evaluation of your home, call one of the following agents.

- Ivy Matwey ..... 939-6947
- Brian Thomson ..... 742-2749
- Ron Maksymetz ..... 932-2890
- Barb Scriver ..... 939-6106
- Nancy Armstrong .... 932-2939
- Maggie Edgerton ..... 939-6812
- Sue Matwey ..... 745-1115

We offer a fully computerized  
MLS service to meet your needs.

## THE MILLBROOK HIGHLIGHTER

Next Issue - June 19, 1985  
TO ADVERTISE OR  
SUBMIT NEWS  
CALL  
932-3022

Deadline to reserve ad space June 7  
News deadline June 3

# at home or away shop

CHECK YOUR LOCAL IGA FOR HOLIDAY STORE HOURS



ASSORTED FLAVORS  
**Canada Dry Soft Drinks**  
750 mL BTL. **.39**  
PLUS .30 DEP. PER BTL.

POPULAR CANADIAN BRANDS, REGULAR OR KING SIZE  
**Cigarettes**  
**13.99** CTN. OF 200  
WARNING: HEALTH AND WELFARE CANADA ADVISES THAT DANGER TO HEALTH INCREASES WITH AMOUNT SMOKED - AVOID INHALING

BONUS, SLICED  
**100% Whole Wheat Bread**  
675 g LOAF **.59**

FROZEN, CONCENTRATED, CLEAR OR PINK  
**Sun Squeeze Lemonade**  
12.5-FL. OZ. TIN **.29**

ASSORTED VARIETIES  
**Humpty Dumpty Potato Chips**  
200 g PKG. **.99**

ASSORTED FLAVORS, MEADOWGOLD  
**Ice Cream**  
**1.49** 2 L CTN.

ASSORTED COLORS, WHITE SWAN  
**Paper Towels**  
2-ROLL PKG. **.89**

ASSORTED COLORS, WHITE SWAN  
**Facial Tissue**  
PKG. OF 200 **.89**

PRODUCT OF U.S.A., CALIFORNIA GROWN  
**Strawberries**  
PINT **.69**

PLAIN OR WITH MEAT 28-FL. OZ. JAR **1.59**  
**Prego Spaghetti Sauce**  
SMOOTH OR CRUNCHY 750 g JAR **2.39**  
**Kraft Peanut Butter**  
ASSORTED FLAVORS, FLAVORED DRINK MIX CRYSTALS 6 8g ENVS. **1.**  
**Kool-Aid**  
ASSORTED FLAVORS SLEEVE OF 4x5-OZ. TINS **1.59**  
**Del Monte Pudding Cups**  
100% PURE SOYA OIL, BLUE BONNET 1 lb. BOWL **.99**  
**Soft Margarine**

BOURBON CREME, ASSORTED CREME, FRUIT CREME OR FAMILY DIGESTIVE  
**Peek Freans Biscuits** 400 g PKG. **1.89**  
ZION **Fig Bars** 600 g PKG. **1.69**  
KRAFT, PLAIN OR FRUIT FLAVORED  
**Jet Puff Marshmallows** 250 g PKG. **.69**  
BONUS PACK, FLAMINGO  
**Butter Tarts** PKG. OF 12 **1.49**

ASSORTED COLORS, WHITE SWAN 4 ROLL PKG. **1.39**  
**Bathroom Tissue**  
CHEF, 12-INCH 25-FOOT ROLL BOX **.99**  
**Aluminum Foil**  
APPLEFORD, FOOD SAVER 30 m ROLL BOX **1.39**  
**Waxed Paper**  
LIQUID CLEANER 1 L BTL. **2.49**  
**Mr. Clean**  
POWDERED 6 L BOX **3.79**  
**Sunlight Detergent**

PRODUCT OF SOUTH AFRICA, CANADA FANCY GRADE  
**Granny Smith Apples**  
**1.52 / .69** /kg / lb.

CANADA GRADE A  
**Fresh! Chickens**  
1.4 kg 3 lb. Avg. **1.96 / .89** /kg / lb.  
LIMIT 3 BIRDS PER FAMILY

**Fresh! WHOLE Cut-Up Chicken**  
**2.18 / .99** /kg / lb.

PRODUCT OF U.S.A.  
**Bunch Carrots** BUNCH **.59**  
PRODUCT OF U.S.A., CANADA NO. 1 GRADE  
**Lettuce** EA. **.79**  
PRODUCT OF U.S.A.  
**Green Onions** 4 FOR **.99**  
PRODUCT OF U.S.A.  
**Cello Radish** 3 170 g 6-OZ. PKGS. **.99**  
PRODUCT OF ONTARIO, CANADA FANCY GRADE  
**Ida Red Apples** 1.26 kg 3 lb. BAG **1.79**

PRODUCT OF MEXICO EA. **.99**  
**Mangoes**  
PRODUCT OF U.S.A.  
**Fresh Limes** 6 FOR **.99**  
PRODUCT OF U.S.A., CANADA NO. 1 GRADE, FOIL WRAPPED  
**Baking Potatoes** PKG. OF 3 **.99**  
FOR A BEAUTIFUL SPRING GARDEN 8.9 cm - 3 1/2" POT **.99**  
**Geraniums** TRAY OF 18 POTS **16.88**  
**Garden Mums** 8.9 cm - 3 1/2" POT TRAY OF 18 POTS **16.88**

CANADIAN QUEEN, SLICED, SELECTED POPULAR VARIETIES  
**Sandwich Meats**  
175 g PKG. **.49**

FEARMAN'S, COOKED, BONE IN, WHOLE OR HALF, "HOCK, RIND & EXCESS FAT REMOVED"  
**Smoked Ham**  
**3.06 / 1.39** /kg / lb.

**Fresh! VEAL**  
**Veal Shoulder Chops** 3.51 /kg 1.59 /lb.  
**Veal Loin Chops** 6.59 /kg 2.99 /lb.  
BONE IN LEG  
**Veal Cutlets** 8.14 /kg 3.69 /lb.  
**Veal Sirloin Chops** 6.59 /kg 2.99 /lb.

SMALL 66", LARGE 36", LARGE PLUS 32", MEDIUM 48", REGULAR 72", SUPER 54" or TODDLER 48"  
**Luv's or Pampers Diapers** PKG. **10.19**  
REGULAR OR SUPER  
**Tampax Maxithins** PKG. OF 12 **1.89**  
**Aim Toothpaste** 100 mL TUBE **.89**  
KINGSFORD  
**Charcoal Briquets** 10 lb. BAG **2.99**  
HOUSE & GARDEN  
**Black Flag Insecticide** 400 g AEROSOL TIN **3.99**  
SCOTCH BRITE, BATHROOM  
**Scouring Sponge** EACH PKG. **.55**  
FROZEN, FANCY GRADE, STRAIGHT OR CRINKLE CUTS  
**Superman French Fries** 1 kg POLY BAG **1.19**  
FROZEN, CHOCOLATE, STRAWBERRY OR VANILLA  
**Sara Lee Layer Cakes** 13-OZ. PKG. **1.39**

PROCESS CHEESE FOOD, SINGLES (16 PACK), KRAFT  
**Velveeta Cheese Slices** 500 g PKG. **2.79**

**Fresh! Pork Back Ribs** 6.59 / 2.99

**Fresh! Pork Tenderloin** 8.36 / 3.79

OLD WISCONSIN, 11 PER PKG. 158 g PKG. **1.89**  
**Beef Sticks**  
MAPLE LEAF, BRICK, FARMERS OR COLBY  
**Family Pack Cheese** 1 kg AVG. **6.59 / 2.99** /kg / lb.

ASSORTED VARIETIES  
**Barbecue Sauces** 455 mL BTL. **.99**  
FEATURE PRICE WITHOUT COUPON \$1.19  
LIMIT ONE COUPON PER FAMILY, ONE BTL. PER COUPON  
COUPON VALID AT IGA UNTIL CLOSING SAT., MAY 18TH, 1985

**Fine porcelain china...** FROM CHINA  
2 WEEKS LEFT TO COMPLETE YOUR DINNERWARE PIECES  
OFFER ENDS SAT., JUNE 1, 1985

DAVERN FARMS 450 g PKG. **.99**  
**Wieners**

ASSORTED VARIETIES 500 g TUB **.99**  
**Shopsy's Salads**

MARY MILES, SLICED 500 g PKG. **2.19**  
**Side Bacon**  
DAVERN FARMS, PORK & BEEF, STORE PACKED  
**Breakfast Sausages** 3.06 / 1.39 /kg / lb.

COUPON VALUE **20c** WITH THIS IGA COUPON COUPON VALUE **20c**  
**KRAFT ASSORTED VARIETIES Barbecue Sauces** ONLY **.99**  
LIMIT ONE COUPON PER FAMILY, ONE BTL. PER COUPON  
COUPON VALID AT IGA UNTIL CLOSING SAT., MAY 18TH, 1985

BUDDIG, "THIN" 71 g PKG. **.75**  
**Sliced Smoked Meats**

J.M. SCHNEIDER'S, CUT-UP 900 g BUCKET **5.99**  
**Fried Chicken** PLUS \$1.00 OFF WITH COUPON IN THIS AD

DELIVERY SERVICE  
**From Our Deli**  
AVAILABLE AT MOST STORES  
DELI STYLE, SLICED **Cooked Ham** .44 /100 g 1.99 /lb.  
SCHNEIDER'S, BLUE RIBBON OR BEEF **Bologna** .44 /100 g 1.99 /lb.

COUPON VALUE **1.00** WITH THIS IGA COUPON COUPON VALUE **1.00**  
**SAVE \$1.00** ON THE PURCHASE OF ANY VARIETY OF **SCHNEIDER'S BUCKET CHICKEN**  
LIMIT 1 COUPON PER PURCHASE  
COUPON VALID AT IGA UNTIL CLOSING SAT., MAY 18, 1985. 1114781r

COUPON VALUE **20c** WITH THIS IGA COUPON COUPON VALUE **20c**  
**KRAFT ASSORTED VARIETIES Barbecue Sauces** ONLY **.99**  
LIMIT ONE COUPON PER FAMILY, ONE BTL. PER COUPON  
COUPON VALID AT IGA UNTIL CLOSING SAT., MAY 18TH, 1985 3840900r

PRICES EFFECTIVE WED., MAY 15 TO SAT., MAY 18, 1985 WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**CALHOUN'S IGA** CENTRE ST., MILLBROOK FREE PARKING OPEN THURS. & FRI. TILL 9 p.m. **IGA**