

THE MILLBROOK HIGHLIGHTER

Vol. 3 No. 7

Millbrook, Ontario, Wednesday, March 20, 1985

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By Fran Fearnley

Don Mikel, Chairman of the Local Architectural Conservation Advisory Committee (LACAC), was invited to give a presentation to Chamber of Commerce members at their February 28th meeting. Mikel explained the advantages to be realized by LACAC and the Chamber co-ordinating a downtown restoration program. LACAC, he advised, is prepared to act as a liaison between the Chamber and the Ontario Heritage Foundation to obtain grants for this purpose.

The proposal was greeted enthusiastically by the thirty members in attendance. A committee headed by Brian Bulger, newly appointed Chamber Vice-President, was set up to find out how many businesses and building owners would be interested in participating in the project.

Since all of Millbrook's commercially zoned area

is in the flood plain of a building is torn down it cannot be replaced. Mikel commented, "This means we really only have one option - to restore and renovate what's here already. Through the joint efforts of LACAC and the Chamber a project of this kind will improve the market value of these buildings and give Millbrook a more attractive commercial area. Everyone stands to benefit."

In order for the program to be successful detailed planning is essential. The project would be phased over several years. The first step, Mikel suggested, would be to hire a student in the summer who would complete basic research and lay the groundwork. Millbrook Council agreed to provide \$500.00 towards these costs at their March 5th meeting. The group hopes Council will continue to co-operate with their restoration plans.

Restoration planned for Millbrook's main street



Photo by Huntley Brown

C.W.Y. to return to Community this summer

Paul Shay, regional organizer for Canada World Youth (C.W.Y.), announced on March 15th that a second Sri Lankan exchange is scheduled to run in the community this summer. The decision was

reached as a result of positive feedback from residents involved in last year's program and from C.W.Y. representatives' assessment that the exchange had been a great success.

C.W.Y. is a private, non-profit organization primarily funded by the Canadian International Development Agency. The principal focus of the program is on sharing experiences, lifestyles and cultures between youth participants and the host community. Seven Sri Lankans and seven Canadians and their respective group leaders will be staying with us from mid July to the beginning of October.

An introductory public meeting is being held on Thursday, March 28th at

7:30 p.m. at the Cavan Township Municipal Offices. Paul Shay hopes that all interested will attend. Whether you are simply curious about the program, are considering offering billeting, have ideas for work projects or wish to offer support as a volunteer on the Steering Committee, you are invited to attend the open-forum discussion. This year's program is to be called the Cavan/Millbrook Exchange, to more properly reflect the participation of township and village residents.

Sub-division draft plan approved

By Celia Hunter

Draft plan approval was given March 5 by Millbrook Council to the sub-division project proposed by Mr. S. Mednick of Toronto.

Construction of the first phase of the project could begin in early June, and sub-division planners are aiming at completion of a 40-unit apartment building by late fall of

1985.

The sub-division will be located to the south of Millbrook Intermediate and High School (MIHS). A copy of the draft plan can be viewed at the Millbrook Municipal Office.

A motion was also passed at the meeting to sign over land adjacent to MIHS to school to allow for its future expansion.

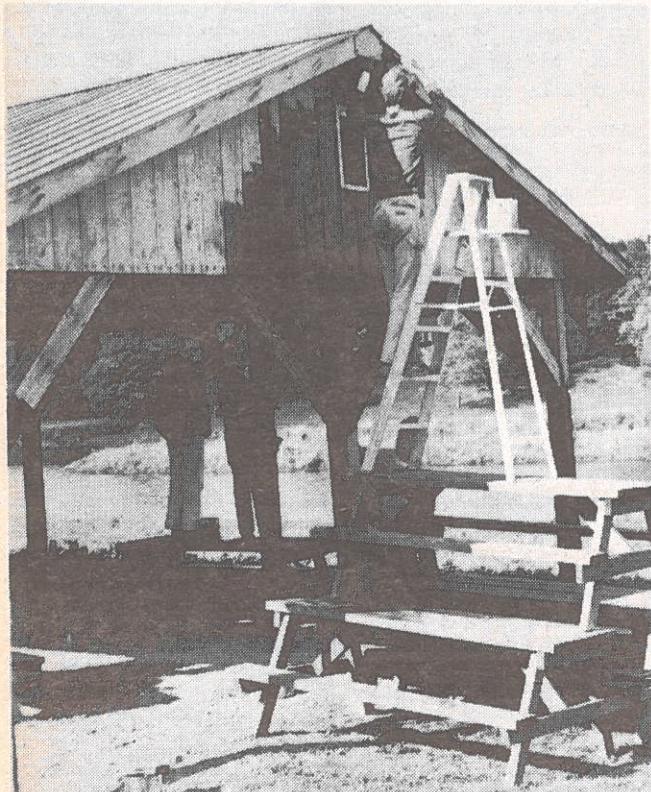
The Toronto Dominion Bank is made aware of the Community's feelings

By Fran Fearnley

A petition, organized by the Chamber of Commerce, concerning levels of service at Millbrook's branch drew over 330 signatures. The Chamber in response to a number of verbal complaints about the Millbrook T.D. Bank, ran an ad in the February issue of the Highlighter requesting people to put their beefs on paper. "When we realized that few people were prepared to put their comments in writing," said President, Patrick Conlon, "the Chamber decided on another approach."

The petition, circulated in Millbrook's stores, read: "We the undersigned strongly feel that the Millbrook Branch of

the Toronto Dominion Bank should be restored to full-service status, in order to be consistent with the community's needs and expectations." Head office in Toronto has been contacted and a meeting is being set up between the Chamber's Executive and representatives from the bank. A senior officer from the department of Personal Banking Sales at Toronto's head office, Gord Regts from the T.D. Bank at Lansdowne Place and Beverly Sedore, Millbrook's Branch Manager, are expected to attend. When contacted Beverly Sedore explained that the bank's policy prevented her from making any comment on the situation.



Last year's C.W.Y. group working on the picnic shelter in Mountainview Park. Just one of the many ways in which the community benefited from the exchange.

Cavan Council offers assistance for Fair to stay in Millbrook

By Vic Norman

The Council is pleased to report that the tax arrears for the Township have been greatly reduced from last year, and now stand at only 9%. The auditors are coming to the Township this month and hopefully, they will have a report by the end of April.

We have now hired a new Dog Control Officer - Jane McCubbin, and Council was impressed that we had over 75 applications for the position. Rates for dog licenses are the same as last year, and are available from the Township office or the Dog Control Officer.

Council is presently working on a by-law for the licensing of businesses within the Township to allow for some form of control by the Township.

The Road Department have carried out their duties extremely well this winter, and a lot of credit should go to the Road Superintendent, Howard Robinson.

Council has just denied an application for an amendment to our Official Plan to allow a truck transport terminal off Highway 28 and the 11th line. The ratepayers affected presented some very good objections and Council had no alternative but to deny the application. Council, however, would like to encourage development within the Township that will produce jobs and help

in our assessment.

Councillor Ben Olan is presently in charge of our project to name and sign all the roads in the Township this year. He will also oversee the numbering of all residences and properties within the Township to provide a more effective means of locating properties, in case of an emergency.

The Cavan Recreation Committee has been quietly working at plans to improve Cavan Maple Leaf Park, and plan a special opening this year, so, be prepared to attend.

The Millbrook Fair Board has been contemplating moving the Fair to Cavan Maple Leaf Park to allow for expansion in the future. Cavan Council showed our concern in making such a major move, and offered assistance for the Fair to remain where it is; but is not against having the Fair in our park, if they really feel that the move is necessary.

Speaking personally, I am proud to be Warden of Peterborough County, and really appreciate the good wishes that have been extended to me from all the ratepayers in Cavan and Millbrook. I feel that being Warden has created more of an awareness of our townships within the County, and a feeling of pride has developed among us all, for living within these municipalities.



Color Party enters St. Thomas Church for Thinking Day Service. Photo by Peter Ross

Scout Week celebrated

By Ken Prentice

February 22 marked the birthday of Lord Baden-Powell, founder of the Scouting movement. To recognize his contributions to young people around the world, the week of February 17 to 24 was designated as Scout Week. This is a time for all groups in the Scouting movement to plan special activities to show to the community what Scouting entails.

Sunday, February 24 saw the culmination of Scout Week in the form of a special church service. This day is known as 'Thinking Day', and is a time for those involved in Scouting to honour Lord

Baden-Powell and recognize the contributions of leaders and people involved in the organizations that support Scouts. It is a time also for the Scouts themselves to renew their promise.

St. Thomas Anglican Church holds the sponsorship of the Millbrook Group Committee. The group committee oversees the affairs of the Scouts, Guides, Cubs, Brownies, and Beavers. They are responsible also for the approval and training of leaders and assist with running the groups.

This year so far the Scouts have visited the Ontario Robotics Centre in Peterborough, the

Maple Leaf Park to open this spring

By Jocelyne Daw

This summer will see the first large scale use of Maple Leaf Park in Cavan by local residents. Registration was held in early March to establish soccer and baseball teams for youth (5 years and up) and the field will be used for both practises and games. The soccer teams will participate in the Peterborough Lions Club Soccer League and the baseball teams will play in a house league as well as with teams from nearby communities.

The Cavan Township summer daycamp programme will also make

use of the Park. The programme originates from the Cavan Hall, but outside activities will be held at the Maple Leaf Park.

The Parks/Sports Subcommittee are in the process of raising funds to purchase equipment for use in the park. They hope to have enough funds for soccer posts, bleachers and playground equipment.

An official opening of the Park is planned for sometime this spring. Watch the Highlighter for details.

Zone Commander pays official visit

By Doris Ingham

Oshawa Archery Club in Bowmanville, and Stuff-'n'-Such Taxidermy here in Millbrook. They have also participated in both cross-country and downhill skiing, a floor hockey tournament, and a hike/cookout.

Future plans include many exciting things, two of which are a river raft race in Bobcaygeon and an overnight camping expedition.

General Scouting meetings are held upstairs in Cavan Township Hall on Tuesdays between 6:30 and 8:30 p.m. New members ages 11 to 14 are welcome. For further information contact Peter Kennedy at 932-2653 or Ken Prentice at 932-2966.

Jean Murney, Zone Commander, paid her official visit to the auxiliary to the Royal Canadian Legion, Branch 402 on February 19. She congratulated the members on their good work, and encouraged them to continue support of the students' bursary program. She stressed the comradeship. She announced that this year the zone convention will be held in Hastings on May 19.

Bette Warnke, the president was in the chair and 22 members answered roll call. The president said the auxiliary would be supplying refreshments for the Zone public speaking contests to be held in Millbrook on Sunday, March 24. Some contestants and their drivers and supporters come from a distance, such as from Bancroft, and require lunch. Registration is at 12:30 noon. Bette reported that the euchre parties held every Wednesday afternoon were very popular and would continue as would the bingos every second Thursday evening. Otherwise the auxiliary would not be too busy until May when there would be many banquets to be catered. The March meeting on the 18 was again held at the special time of 1:30 p.m. but reverts to the usual evening time in April. On April 26 the auxiliary will be holding a joint Honors and Awards Night with the branch.

Vera Carr, sports officer, reported that the bowling team of Marion Guthrie, Linda Jessup, Jane Koetstra, Vera Gillis, Helga Guthrie, and Stella Sanderson would be competing in zone finals in Oshawa on March 9th. The afternoon concluded with a social time.

Nine more designations approved

By Celia Hunter

Millbrook Council accepted for historic designation nine more properties at its regular meeting of March 5, and voted \$1,500 to the Local Architectural Conservation Advisory Committee (LACAC) for its 1985 budget.

In addition, Council agreed to turn over the remainder of LACAC's budget of last year, which was frozen at year-end. LACAC has pledged the balance, a sum of \$440, to the Friends of the Public School purchase fund.

Under an Experience '85 program, LACAC plans to employ a student for the summer to work in conjunction with the Chamber of Commerce on downtown improvements, among other duties. The terms of the grant require \$600 be paid out by the grant applicant, LACAC. An additional \$400 has been budgeted for transportation costs. The remainder of the 1985 budget - \$500 - has been allotted to operating expenses.

Please attend!

By Doris Ingham

The members of St. Andrew's UCW are sponsoring their Spring Fantasy Luncheon on Thursday, March 21st, from 11:30 a.m. to 1:30 p.m. in

the lower church hall. The price is \$4 and tickets by advance sale only are available from Lola Thexton (932-5463), Bernice Lang (932-5453) or Bertha Elliott (932-2857).

Millbrook's Official Plan adopted

By Celia Hunter

Millbrook Council, at its meeting of March 5, adopted as prepared the Official Plan, before considering recommended amendments, in order to qualify for the Ontario Neighbourhood Improvement Program. The deadline for grant applications was March 13, 1985.

Comments from the Ministry of Housing, one of the agencies that has reviewed Millbrook's Official Plan proposal, urge inclusion of Community Improvement policies in the Plan. At planner Judy Coward's suggestion, Council agreed that they will amend the adopted plan to include these policies.



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CLUB NEWS



Photo by Lianne Landry
Heather Eastwood, Sara Graham and Cheryl Dunkley receive All Round Cords.

Thinking Day party a great success

By Lianne Landry

On February 1st P.A. day from school, the 1st Millbrook Guides took advantage of the winter weather to get in some winter sports. They met at South Monaghan Public School and had a great day of tobogganing, skiing and skating. The afternoon included a game of skooter board soccer and ended with more eating at the Eastwood home.

The girls have been working on their Citizen Badge and attended a recent meeting of Millbrook Village Council, along with some of their parents.

The 3rd week of February was Guide-Scout week, a time to honour the founder of the movement and his wife, Lord and

Lady Baden-Powell. The girls began their meeting with a skit by the older Guides: "What the Promise and Law Mean to Me".

Next came the presentation of All-Round Cords. Heather Eastwood, Sara Graham and Cheryl Dunkley all completed an interesting array of work to qualify for their cords. All three girls have attended the Central Area Camp at Haliburton for a week 2 consecutive summers.

The meeting ended with a Thinking Day Party, remembering Guides and their Leaders all over the world, and Lord and Lady Baden Powell. Cake, campfire and games a good way to end any party!

La Leche League helps breastfeeding mothers

By Melisande Neal

The Pontypool group of the La Leche League will present the following topics as part of its continuing series of informal meetings, open to all women interested in breastfeeding.

1. Advantages of Breastfeeding to Mother and Baby - March 21.
2. Baby Arrives; The Family and the Breastfed Baby - April 18.
3. Art of Breastfeeding and Overcoming Dif-

ficulties - May 16.

4. Nutrition and Weaning - June 20.

All meeting will be held at 8 p.m. in the Pontypool Subdivision. Call Melisande Neal at 277-2480 or Rosina Arsenault at 277-2564 for further information.

Babies are always welcome. At any time a mother may call La Leche League for breastfeeding help, or to request a copy of The Womanly Art of Breastfeeding. Loan copies are available.

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The children of Bill & Eve Thomas would like to invite friends and neighbours to a Tea to help celebrate their parents' fiftieth Wedding Anniversary. At the Millbrook Legion, March 23rd, 1:30 to 4 p.m. Best Wishes Only.

John Wiseman to talk at March 25 Historical Society meeting

By Doris Ingham

John Wiseman, chief librarian at Trent University, will be the special speaker at the meeting of the Millbrook-Cavan Historical Society on Monday, March 25, in Cavan Township Hall. He will trace the history of mechanic institutes in Ontario. These institutes were the fore-runners of public libraries. David Hampton, school principal, is credited with starting the one in Millbrook.

The meeting commences at 8 p.m. and everyone is welcome.

Cavan W.I. discuss telecommunications for the handicapped

Our first meeting of 1985 was held on a frosty January 15 at Cavan Hall. A group of "hardy ladies" turned out despite the sub zero temperature. Roll call for the evening was "an old post card" and some old ones we did indeed have, dating back to 1893.

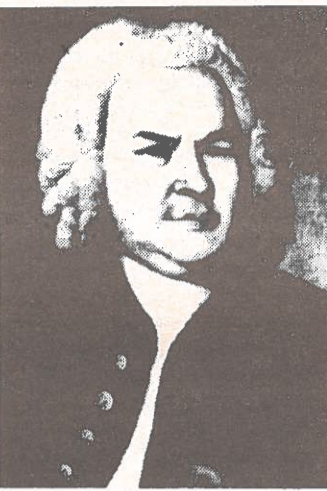
A warm welcome was extended to Mrs. Claire and her family from Australia, who are with us in Cavan for a year on a teaching exchange.

The program "Telecommunications Centre for Special Needs" was presented by Janet Kennedy, W.I. member. Janet has been employed by Bell Canada in Sudbury, Toronto and now Peterborough for the past 11 years.

In 1979 Bell Canada undertook into the telephone needs of the handicapped. As a result of the study, Bell set up two Telecommunication Centres for Special Needs one in Toronto and one in Montreal. The centres are staffed by trained

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representatives who deal with people who have a special telephone need. Many of them are deaf, blind, or paraplegic. As a result of the Centre and the special equipment available, many people are able to make and receive telephone calls who would otherwise be dependant on others.

A Bell Canada film about the Toronto Centre was shown.

The next meeting took place on February 19 at Cavan Hall.

On December 11 Marg Heeney graciously opened her home to us for our Christmas meeting. The cheery farm house was "a glitter" with Christmas finery.


Mrs. Muriel Staples was honoured with a life time membership in the Womens Institute for her many years of devotion and hard work. We all wished our best to Mrs. Maryanne Staples who, with her family, left for a year to Australia on a teaching exchange.

The program for the evening was to decorate and fill gift boxes for our "shut-ins" at Christmas. Needless to say we all put our artistic talents to work and had a joyful evening.

For more club news please see Page 5

Millbrook Figure Skating Club
presents

CARNIVAL '85



Sunday, March 31st
2 - 4 P.M.

Featuring Guest Skater
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Sanctioned by CFSA
Draw Tickets for Side of Beef Available from all Skaters.

Millbrook W.I. plan summer activities

By Jessie Powell

The roll call 'Why I belong to the Institute' was answered by 11 members and one visitor at the February meeting of the Millbrook Women's Institute held at the Municipal Office on February 26.

Mrs. Albert Olan took the chair in the absence of the President, while Mrs. Stephen Doyle announced there would be a Food Forum; "Favourites from your Freezer" at Maple Grove on May 27 at 7:30 p.m. Papers for the different conveners were given out to be ready for the annual meeting in April. A list of the district conveners to be chosen was also made known.

The draw for the tablecloth will be made at the Millbrook Fair on June 8 at 4 p.m. Twenty-five cents a kilometer is to be paid for transportation to anything in connection with W.I. work, while each member will pay \$1 to the district in lieu of donations. The members were reminded of the Flea

Market on May 25, when they will be having a bake sale. Mrs. Bob Hopkinson and Mrs. Gerald Deyell were chosen as the nominating committee for the annual meeting. Millbrook Manor will be host for the March meeting. Mrs. Albert Olan and Mrs. Gordon Davidson are to look after the programme.

Summary Day for the Rug Braiding Course will be held March 25 at Orono, when all the items made will be on display.

"Resolutions" was the topic chosen by Mrs. J. Kennedy, who said that too many in the world think too much of their rights and too little of their responsibilities. Every man, woman and child has rights. We are privileged to have the rights of education, language, and speech, the right to travel, to freedom of religion in a free society, and many, many more. Our country has passed legislation for us to have these rights.

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THE MILLBROOK HIGHLIGHTER

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Letters to the editor are welcome by the Highlighter and should be on topics of community interest.

The editors reserve the right to edit letters for length, grammar, clarity and libel. Letters judged unsuitable cannot be acknowledged or returned.

Letters must be a good taste and bear the name and address of the writer. Anonymous letters will not be published.

Address letters to: The Editor, Millbrook Highlighter, P.O. Box 118, Millbrook, Ontario L0A 1G0.

EDITORIAL

Who are they?

Throughout our area there is a special breed of individual at work, making an effort to meet the social needs of the community. In an era when everyone is only too well aware of the value of a 'buck', it is both extraordinary and inspiring to recognize that all these people, volunteers and contributors to organizations large and small, are out there willingly 'giving something for nothing'.

These volunteers are, by and large, ordinary people in almost every way. What sets them apart is their sense of commitment to an ideal. These are people who will give us some of their spare time, so often hoarded as being too precious to share, to get together with a few others to help out a softball team, organize a fund-raising event, or canvass door-to-door on behalf of a larger organization. Some groups focus on social issues in the community, others concentrate on providing a worthwhile service to a segment of local society, and still others direct their efforts towards the global problems of disease, relief, and health care. Service clubs, church groups, and independent committees and organizations together provide a network of social agencies that greatly enhances the quality of our lives right here at home.

What makes every one of these groups special is that all members are there because they want to be. Perhaps it's a natural instinct of humankind to want to help a neighbour or support a friend. It is an instinct that has already been accused of having been stifled and smothered in this selfish, consumer-oriented age of the 'me' generation. However, it is surely still alive in our communities where valuable traditions such as this have a better chance of survival. There is still an enthusiasm and an eagerness to reach out, and to achieve positive results. There is something for everyone too; with such a broad spectrum of volunteer groups and agencies, there is always a place for anyone in the community who wants to help out.

Are these people though really giving something for nothing? The stimulation of being involved in a worthwhile project, the sense of community created by working with others towards a common goal, and the satisfaction of seeing a job done that's well worth doing are surely all rewards to be valued. In these gray days of March when morale sags and ambition dwindles, it is knowing that the spirit of altruism is so much alive that restores confidence in the future and boosts esteem for fellow human beings.



Letters to the Editor

Understanding Alcoholism

Does society as a whole accept the female alcoholic? Do men accept the female alcoholic? The answer to both questions is no. Alcoholism in a female is something that society has only tolerated. Why is it tolerated? Well women are a necessary part of society, as well as being the backbone of the family. We no longer live in an era where women wear gingham and frilly lace aprons. Women can and do go to places, that men only used to frequent. Therefore with drink for women being acceptable in society and in some cases being a

necessary part of that socialization, we have the potential woman alcoholic. Some women cannot socialize freely without alcohol. The reasons are many, but I would like to speak of a few.

Women whose husbands travel alot are candidates, as loneliness and isolation play large roles. Jealousy of the husbands freedom, and resentment play major roles also. But I would like you to understand that any woman can become a member, as alcoholism is not prejudiced. From suburbia to rural life, from the

poor illiterate to the intellectual. It happens to women of all social standings. From the atheist to the most God fearing alcoholism will accept and embrace everyone. The only requirements for alcoholism is a need and desire to continue drinking. Therefore you must believe me when I say no woman or man for that matter starts drinking with alcoholism as the goal. You see, alcoholism is a slow process. Drinking is a defense mechanism, a way of getting through or around a task or problem. If the problem is not resolved with open lines of communication, this problem like any, will magnify. With a drink or two most problems seem quite small and unimportant. Therefore for the woman who is isolated physically, as in the rural setting the potentials are much greater, as depression, resentment, and alas, good old self pity set in. This is not something that comes on all of a sudden, but builds up over a period of time. So if women know there is a potential problem, why do they drink? Well, let's say that Judy, the housewife, who has two little children to look after, Hubby Jim goes to work all day, decides that her life might be more tolerable after a drink or

two. After all, Hubby is so cheerful and witty after a couple of drinks. So the housewife goes to the store and buys a small bottle of booze, after all the 40 ozs are too expensive and she'll never drink all that in a month of Sundays, or will she? After a few drinks everything is very rosy. It was so funny when little Judy poured 20 lbs. of flour over little Jimmy, who happened to be in the bath at the time. Our little housewife is not really seeing things too clearly. She is beginning to become aggressive, and she feels resentment towards the kids. She may even start hating Hubby. Don't forget she has a lot of self pity, our little housewife needs some way of justifying her drinking, so she may start going out with the girls, but only those that drink. Jane, her friend of twenty years doesn't drink, so our little housewife sees Jane as antisocial, an outcast, you can't go out and have a good time with her. Remember now our little housewife is an alcoholic. Those headaches in the morning, and the upset stomach are caused by something she ate the night before. As for her memory, well she is 37 years old! Therefore in her alcoholic haze she sees, but does not accept responsibility for the deterioration of the family

life. Remember the 40 ozs she said she couldn't drink in a month of Sundays, well that's a daily thing now. Our little housewife can find excuses for everything, from the sun not shining, to the hole in the garage door. A good answer to this is, the car jumped into drive all by itself! So it hit the back wall on it's way through the door, well there are poltergeists you know.

When an alcoholic has reached his or her own hellish bottom, they will seek help. Some get help only to start drinking again. Or they try to become social drinkers. Ha! Social drinkers are what they started out to be - this was their start on a down hill climb. Staying sober for a woman is not easy. There may be a binge or two from time to time. With this there is guilt and anger. Anger because the bottle won, and guilt because she did it all by herself. Booze may have won round one, but if she really wants sobriety the winning of the war is hers. Women must change their life styles. Women more than men need safety valves, an outlet. We have the first hand knowledge of what alcohol can do, and has done to us. We are, and should be intelligent enough to utilize that knowledge.

Alcohol does not make

us beautiful, sexy, passionate lovers nor witty conversationalists. Alcohol only alienates us in a society that only tolerates female alcoholics, but will not accept them.

I know, I've been there.

Sincerely Shirli

Highlighter leaves Darrell Kent Office

Yes, we are on the move again...Contrary to popular belief Darrell Kent staff did not evict us for unruly behaviour or making too many photocopies. They did, however, ask us (very politely) to look for new space as they plan to expand in the next few months and need the extra room. Until we know where our next home will be please sent all material to P.O. Box 118.

We'd like to take this opportunity to thank the Darrell Kent staff for their patience and good humour. They were perfect landlords! It also seems like a good time to wish them a happy birthday. They are celebrating their first anniversary in the village this month. Ivy doesn't look any older, does she?



Photo by Harald Glass

The idea for forming a Millbrook People for Peace group began at this Peace Walk in Peterborough.

Peace Group Plans Second Year

By Joanne Rowland

A planning meeting of Millbrook People For Peace was held Tuesday, March 5. A group of 15 people held lively discussions on four major areas concerning nuclear disarmament: - education for high school students; - political effectiveness; - church involvement; - public education through the media.

Three possible education ideas were presented. Pioneering in this field has been done by groups in Cambridge, Mass. and in Toronto, and their work is being looked into by members of our group. Feedback from a grade 13 student attending the meeting was most helpful.

Even though the peace movement across Canada embraces more than 1,000 organizations claiming 300,000 members, it appears as if the movement has had little influence on government policy such as cruise missile testing. At a point when Prime Minister Mulroney and President Reagan are meeting to sign an accord to update the Distant Early Warning (DEW) line, there is speculation that the change would open the door to Canada's further involvement in the nuclear arms race. It was agreed that it is more important than ever that we in the Peace movement make an effort to be more effective in putting our views to the politicians. It was noted that in Canada, the N.D.P. and Green

Party embrace the ideologies of the Peace movement and it was suggested that affiliation with either might be effective. However, the Millbrook group has made it as policy *not* to affiliate itself with any one political or religious group. In April there will be a meeting of peace representatives in Vancouver to try to form a National Peace organization, to which the Millbrook group would probably belong. Perhaps working nationally, the whole movement will be more effective.

It was noted that in major cities in Canada, the Churches are taking a leading role in the nuclear disarmament issue. It is seen as a moral question, and therefore worthy of active involvement. Two people in the group agreed to find specific actions in which churches are involved. It was also noted

that priests and ministers are extremely busy and that perhaps it is more up to individuals within the various church communities to try to raise awareness of these issues in their own congregations.

Finally, it was agreed that the Millbrook group should try to organize two or three major speakers or events during the year and to draw great public awareness to these events. Other areas of public education were discussed such as the local paper, community T.V., and C.B.C. radio coverage.

Anyone who has any further suggestions or comments regarding these four areas discussed at the meeting could contact Grace Glass 932-5409 or Joanne Rowland 932-3214.

The next meeting of Millbrook People for Peace will be Monday, April 1, 8 p.m. at 36 King St. W.

Missionettes plan for spring

By Carolyn Trimble

Another successful year for Wee College and Missionettes, held each Tuesday evening from 7 p.m. to 8:30 p.m. at Millbrook Christian Assembly, is well under way.

The year has been active, full and rewarding as 28 boys and girls have registered in the program.

Aside from their regular weekly activities, the group went swimming at Sir Sandford College and had a Halloween Party in October.

In November, the girls worked on their first badge. In December the group practised and put on a Christmas program

at Millbrook Manor and made a gift to be presented to each person present. It was an evening long to be remembered as they shared with each other.

In January, the girls worked on their skills e.g.: knitting, crocheting, quilting and braiding.

In February, the group went to Peterborough for a night of bowling and a trip to Burger King. An open house was also held on February 19 when parents, friends and family were invited to see their children receive their first set of bars, chevrons and badges.

With spring coming, maple syrup time is just around the corner. The girls will also be working on their safety badge under the direction of Constable James Coe.

The final awards and the conclusion of the 1984-1985 season will be

on May 28.

Wee College is for boys and girls up to the age of 7. When the boys turn 7, they go into Crusaders. The girls enter the Missionette program, ages 7-15. Please feel free to call 932-3187 for any enquiries. New members are welcome anytime.

MARCH IS RED CROSS MONTH

By Melisande Neal

The Red Cross of Manvers is having an annual meeting on Thursday, March 28 at 8 P.M. at the Pontypool Community Centre. The public is urged to go and support the Red Cross. There will be a speaker and refreshments. All Welcome.

During March, Canvassers will be out - Please give them your support.

There are 3,500 reasons why the Millbrook Highlighter is celebrating its second birthday. Please show us you're one of them.

With this issue, the Highlighter is two years old. Thanks to you, we've grown into a newspaper that speaks for the community and it's estimated that about 3,500 of you now read us regularly.

But as we head for our third birthday we want to renew our promise to improve the content and the quality of the Highlighter.

It'll take more than commitment and hard work to deliver a better newspaper. It'll also take money.

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We will be publishing a list of voluntary subscribers in the April issue of the Highlighter.

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Photo by Nick Webb

The Hunts' home is just one of many beautiful historic properties in Millbrook.

HERITAGE CONSERVATION

Let's Talk Dollars & Sense

By Don Mikel

Growing unemployment, uncertain interest rates and high prices no one can deny that we are living in hard times. Gone are the salad days of the late 60's and early 70's when governments had copious amounts of money to spend on social and cultural programs. Now, in these austere times our society must put aside frivolity and address the serious economic issues. But how will tiny Millbrook fare in uncertain times? We have no industry a small tax base and some expensive commitments. The immediate future holds some promise of a greater tax base when the new subdivision is completed. But what about new industry? Realistically it is highly unlikely that Millbrook will obtain any new industry or at least the type that will provide many

jobs and lucrative taxes. Transportation to the village is not good for commercial purposes and once the subdivision is built the village will have come to the end of its available water service. This means that any new developer or industry would have to provide its own water at incredible expense before they could locate. The flood plain regulations also make the location of new projects difficult.

Judy Coward, a planner for Greer Galloway in Peterborough, says small centres hold out promise for industry because a solid manufacturing base in a little centre would tend to solve economic problems. However, because new industry is highly unlikely to appear communities should be looking in other directions and at the resources they already have. But if in-

dustry is not likely to be available to generate jobs and tax revenue what other directions are there - what does Millbrook have to offer?

Clearly the two things which distinguish Millbrook from other smaller centres are its remarkable 19th century buildings and its beautiful natural environment. But those things have nothing to do with economics or do they? A review of many of the existing heritage and conservation programmes show that they are sponsored by Heritage agencies but are in fact funded by economic and industrial development agencies. For example the Heritage Branch of the Ontario Ministry of Citizenship and Culture administers the Building which provides the money to restore heritage properties. The actual funds for

the programme come from BILD which is the Board of Industrial and Labour Development. But what does this mean? It means that much of the money that the government has allocated to job creation and economic development is channeled through heritage programmes in order to stimulate economic activity in smaller centres and also help communities restore buildings and reduce unemployment. It also means that if Millbrook doesn't hustle after it's share the money simply goes to some other more enterprising community.

Whether one appreciated the cultural and environmental aspects of conservation projects no one can deny that there have been sound economic benefits in Millbrook. The programmes that come to mind like the Save the Mill Project and the work ORCA has done on the pond and camp grounds have brought outside funding to this village which has provided jobs, purchased materials and improved the village making it more attractive to outsiders and to residents. All this at no cost to the village. The grants administered by the LACAC programme are intended not only to restore and maintain properties but to provide work for tradesmen and contractors. There will soon be 25 designated properties in this village and collectively these property owners have the potential to use \$100,000 in matched grants for restoring their properties in the next two years. This does not include other special grants like corporate grants for businesses that can also be obtained through this programme. Because of the excellent commitment to building conservation Millbrook has shown in

the last few years the village has become eligible for "revolving funds" made available by the Ontario Heritage Branch. A Community Heritage Fund has been set up and the Friends of the Millbrook Public School will be able to obtain a \$30,000 grant from the heritage Branch through this fund in order to purchase the Old Millbrook Public School. This in turn may lead to a \$26,000 Canada Works Program for 1985 which will provide jobs and purchase materials as well as fix up the school. The Community Heritage Fund will have many uses in the future and annual approved projects obtain matched grants of \$2 for every \$1 raised by the organization.

Projects could include activities as diverse as restoration of the main street or preservation of the firehall. Outright grants from the Ontario Heritage Foundation are available on top of this. The more projects a community completes the more likely it is to receive further funding. Clearly Heritage conservation can be a wide reaching and diverse program with many direct and indirect benefits.

But what can this mean for Millbrook over the long term? It means that so long as the grants are possible jobs can be created (sometimes reducing costly welfare roles), materials will be purchased locally and costly repairs to homes and other properties will be subsidized tax free. It means larger projects like the Mill Project (which to date has received over \$100,000 in grants) and the save the Old Public School project will be possible and may attract more money of a more permanent nature to the village. For example the Ontario College of Art has

Wed. March 20, 1984, The Highlighter

made a conditional commitment to lease the Old School beginning this year. This will bring students and teachers who require food and accommodation to the village and will bring the additional necessary revenue through rent to pay for the preservation and upgrading of the facility. The Mill and conservation area as well as the restoration of buildings make the vicinity attractive to tourists. More importantly the Provincial and Federal Heritage agencies say that the more a community puts into architectural, cultural and environmental conservation the more money they will channel into the community and the Ontario Municipal Board is fully in support of the same programmes.

Recently Larry Keates, a village councillor criticized the money the village has spent on heritage designations noting that \$1,400 has been spent. Further criticism has been leveled at the various programmes by council as not attracting 'A lot' of business or 'a lot' of tourists. These criticisms show a lack of foresight. Rome wasn't built in a day and Millbrook won't be rebuilt in a year, but what has occurred in the last several years has been remarkable and substantial and has helped to lay the basis for economic improvement. The \$1,400 price tag so far seems miniscule in view of the funds which heritage has provided and could continue to provide.

One cannot expect each project to bring complete economic prosperity to the village nor can one even expect the sum of these projects to place the village on easy street, but each project is an economic as well as a social and cultural contribution and each project leads to more projects.

Memo from Millbrook Manor

By Arnold Armstrong

On February 27, three car loads from Millbrook Manor were guests of the Golden Stars of Bethany. They were jointly enter-

tained by the songsters from Activity Haven of Peterborough. On Tuesday March 5, a pot luck dinner was held, followed by a bingo game. On March 18 a euchre

game was slated, and on the 26 of this month the Womens Institute of the village will entertain with music, skits and lunch.

The matter of sports pages in the Highlighter prompts this discursive lesson in curling. It can be scientifically proven that sweeping can make a difference of twenty feet. In some quarters it is believed that sweeping behind a rock will retard its progress. It won't, but tobacco juice spattered in front will.

A few definitions will be

in order - a long guard isn't a tall guy up on the hill, but a stone placed well out in front protecting what may be shot rock. A quiet take-out is not a clandestine affair with your neighbour's wife but a gentle removal of a rock that is against you.

If your skip says "crack an egg on it" he hasn't flipped his lid and he doesn't mean for you to pelt it with a cackleberry. He means to snuggle up to it with the same force you would use in cracking an egg. Draw the port - the skip's instruction doesn't mean decant the wine but thread your way through the opponents' rocks. "Make a pair of pants out of it". When you can do this you have arrived. It means taking out two of your opponents' rocks while maintaining the symmetry of a pair of pants.



THE ROYAL CANADIAN LEGION
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Executive Meeting, Tuesday, April 1, 8 p.m.
General Meeting, Monday, April 8, 8 p.m.
Ladies Auxiliary Meeting, Tuesday, April 9, 8 p.m.

Birthday Party

Friday, April 12, 9 p.m.

Bingo!

Ladies Auxiliary

Thursday, March 28, 7:45 p.m.
Thursday, April 11, 7:45 p.m.

Junior Drum Corps

Thursday, March 21, 7:30 p.m.
Thursday, April 4, 7:30 p.m.

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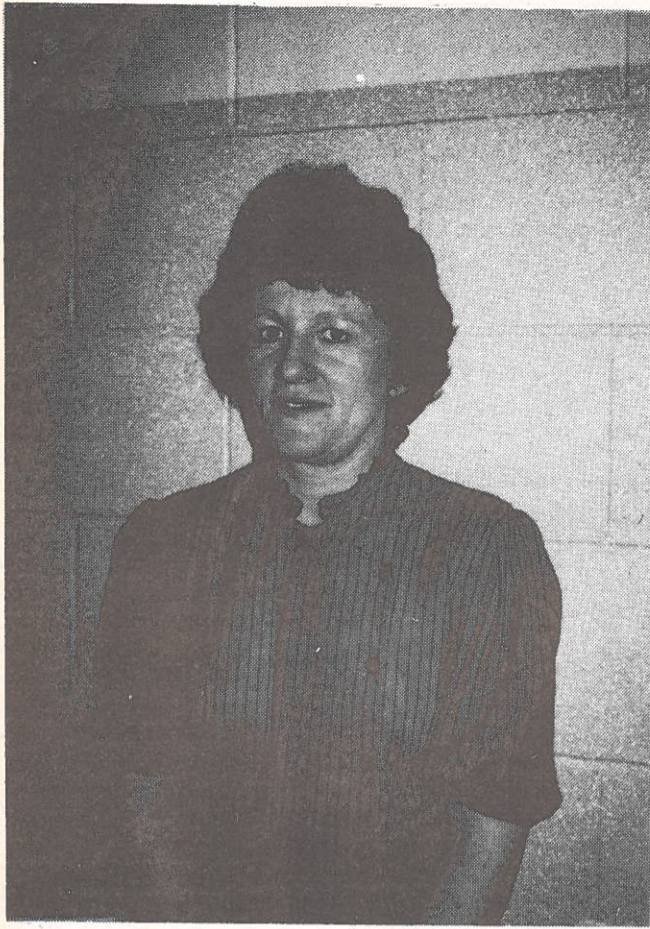
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Worship - 11 a.m.
Gospel Service - 7 p.m.

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Pat Armstrong

By Clayton W. Thexton

Mrs. Pat Armstrong is a most accomplished lady whose vitality, caring, and expertise has contributed much to the enrichment of our community.

Pat was raised on a farm in South Monaghan Township, and attended school at S.G. #4 Bensfort. This was a one room school which had all eight grades.

Kenner Collegiate was the next step in her education, and following this Pat decided to prepare herself for the business world. After spending a year at Peterborough Business College she became employed by Mr. Bruce Sargent of Irwin Sargent and Lowes Real Estate, Limited with offices on Brock Street in Peterborough.

It was about this time Pat became aware that Cupid was aiming his arrows in her direction. Cupid, of course, was taking direction from Roger, who very soon invited her to become Mrs. Armstrong. This she agreed to, and they made a handsome and devoted couple.

Their marriage was blessed with three children, two daughters, Kristine and Karie and a son Karl. Pat left her job to devote full time to the needs of her family.

Cavan welcomed her in 1974 as secretary. Here, Pat tells, she had the privilege of working with such great principals as Wayne Grennley, Al Ross, Wayne McLellan, and currently with Graham Nie.

This position Pat filled most admirably. Her proficiency, her personality, - always charming and never without her smile, has won her the admiration and respect of everyone. The one low spot which she refers to as having 'lived through', was the final closing of Millbrook Public School, and the move to portables at the High School and South Cavan. This was a move made more tolerable by her positive outlook, sense of humour, and optimism. Indeed, her upbeat attitude was a source of strength to all her associates. Life does go on!

For two years Pat was intermediate secretary at M.I.H.S. and is currently secretary at South Cavan. This year Pat accepted a position as teacher's aide for twenty-four Junior Kindergarten students at Maple Grove School, a task she finds most rewarding, and which presents a wonderful challenge.

Pat is secretary of Millbrook and District Minor Hockey Association, as well as secretary-treasurer for the Millbrook Oldtimers. Many areas benefit from Pat's liberal sharing of her secretarial talent.

For hobbies Pat loves to curl, and enjoys watching a good game of ball or hockey. And with her wide range of interests and activities, she manages to find time for her favourite hobby, cooking. "I love

to cook!" she confided, watching out of one eye as her daughter added the finishing touches to a savoury dish of chili. Not only does Pat love her cooking and baking, but is most willing to share and contribute her recipes, which are much prized in the compilation of cook-books and collections. The product of her oven has been the delight of many a social hour.

Of the children, Kristine is in her second year of the Concurrent Education Program at Queen's University. Karie is in first year of a Bachelor of Physical Education Program also at Queen's. Karl is attending M.I.H.S. and is in Grade 10.

So it would appear, with the unfolding of things, that there has been, and is yet to be, the realization of many glorious and wonderful things for Pat and her family. No one could be more deserving.

Legion news

By Ruth Farr

The legion Banjo Band has been very active, leader Jim Flood reports that the band has travelled to the following nursing homes: Golden Plough, Cobourg, Springdale, Riverside, Peterborough, Trinity Church, Peterborough. This Band will also be taped this month for the CHEX T.V. Easter

Telethon. The Banjo band is sponsored by Branch 402 as is the Jr. Drum Corps under the direction of Bill Brooks and Vic Norsworthy. The bands try to be self sufficient. The Jr. Drum Corp bingo is run by Betty Park and Marg Baker and they depend on the Mothers for their help. Volunteers would be welcomed.

This will be our election year. Nominations will be at the general meeting April 8th and the elections will be May 5th Sunday at 1:30 P.M.

Our voting strength is 237 with the arrival of our newest member, Judy Iso-max. It would certainly be to your advantage to come out and vote for the candidate of your choice. This is your chance to prove that you are saying, "Pride in our Past", "Faith in our Future" only your vote can do the job.

The Zone F-5 Spring Convention is to be held on Sunday, April 21st. Zone Council starts at 10 A.M. and the nominations and elections at 1 P.M. George Hees Minister of Veterans Affairs will be the Guest Speaker. Everyone should turn out for this Zone event. Let the secretary know in lots of time.

Tulips-Blood Red from Holland are available to plant in September but you must order before May 31st. Don't let us down. We need your sup-

port for our Diamond Jubilee. Just think of all those red tulips blooming from the east coast to the west coast. Millbrook will be proud to plant our tulips so let us all buy a dozen for three dollars and if you can not plant them, give them to someone. Phone Vera Carr 932-2748 - Betty Warnke 743-7979 - Buck Raper 932-2674 - Ruth Farr - 932-5507.

Master Corporal Mike Lunn won the overall competition in Norway. Mike Lunn is the top Master Corporal Platoon-drill M-Corp. Canadian in the world. Mike has returned to Gagetown, where he has started a new physical training instructor course. We are all routing for you to top this class Mike. Good Luck!

Paul Corfe has finished his course as a flight Programmer and on this course he came second but it was a very close second. The old home town congratulates Paul and Mike.

Dale Challice, has left Canada for another stint in Germany. Dale is also in the armed forces and has travelled many miles across Canada and overseas. At the end of January, Dale started his nineteenth year in the army. Dale is the son of Walter and Phyllis Challice. His father served in the Royal Canadian Navy, during the second world war.

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Photo by Celia Hunter

Happy Birthday Mrs. Zella May Bentley

By Clayton W. Thexton

Like a spring bubbling with sparkling reflections, her memory turns back the years as she shares her accomplishments, and fondly reminisces on the past. At ninety-eight years of age Mrs. Zella May Bentley gives little quarter to the passage of time. With a memory that would be exceptional for one thirty years her junior, she talks easily and accurately of things too precious to forget.

Mrs. Bentley was born Zella May Morden, in Prince Edward County on March 5, 1877 at 11:00 a.m. of a cold and blustery Saturday. When fifteen her parents moved to Picton where she attended school and joined the Methodist Church. Here a few years later, she met her husband-to-be, Percy I. Bentley, who was employed as a salesman in a hardware store operated by H.M. Moxon.

In 1908 their marriage was solemnized by Rev. S.C. Moore of Trenton, and here the bride adds an interesting highlight of the occasion: Mr. Bentley met his cousin, Harry Scott some time before the chosen day, and in their conversation each learned the other was preparing for wedding bells in the near future. Why not a double wedding? Indeed, why not! Each consulted with his bride-in-waiting. Approval was mutual. A double wedding it was, after which the happy couple honeymooned in Picton, Toronto and Niagara Falls, then returned to Picton and the hardware store.

As behooves most salesmen of vision, Mr. Bentley yearned to own and operate his own business. Inquiries were made. Prospects discussed and decisions were made. Millbrook was the choice, considered to be the better because of its inland location, thus, hopefully, drawing customers from a greater radius than a lakeshore location where customers existed on only three sides and must be shared by several retailers in the same line of endeavour.

Their business prospered under their capable and friendly management. Side by side, they worked to please and satisfy a multitude of customers, and in doing so found pleasure and satisfaction themselves. In 1925 they purchased a home on Cavan St. where Mrs. Bentley lives today. It is a spacious, pleasant home, tastefully furnished, with a beautiful view.

In 1944 Mr. Bentley fell prey to an old heart ailment, and under professional advice to 'take it easy' sold the business in August 1944 to Coulter Brothers. Not wishing

to be totally incapacitated, Mr. Bentley accepted the position of Clerk Treasurer of Cavan Township. In 1949 he became hospitalized for eleven weeks, during which time Mrs. Bentley filled in for him. When he returned, he resumed his position, and with Mrs. Bentley's assistance, continued until 1952, when he was stricken by a fatal heart attack while watching a ball game.

Mrs. Bentley, somewhat surprised, now found herself being offered the job of Township Clerk. She was reluctant to accept. She countered with the suggestion that they have a more qualified person, someone with formal training, and preferably with experience, and most preferably, male. And, to bolster her reluctance, she reminded them she was sixty-four! They insisted. They implored. The compromised: She would accept on a temporary basis. But they must surely seek the services of someone, and that right soon! But the satisfaction imparted by her diligence and warm, friendly manner, apparently dulled their interest in the search. She remained at her post for sixteen years, when eighty years young, she retired. "I enjoyed it so" she sighs. "Meeting so many people. Making friends and sharing problems. Such wonderful experiences!" She mentions a few, and her eyes twinkle delightfully as she talks. Then her voice trembles and she looks toward the window and beyond. For a moment we are silent, and you wonder what she sees behind the mist that seems to have gathered. Then, in tones stronger even than before, she resumes her story from exactly the point where she paused, and holds you spellbound until she finishes.

To recount her many accomplishments is an invitation to error, and a lesson in dedication.

Mrs. Bentley was Secretary of the Agricultural Society until 1968.

She is a Life Member of the U.C.W. and was President for eleven years.

She is a Life Elder of the United Church.

She was a Member of Peterborough Presbytery and President for one year. (1949)

Mrs. Bentley became a member of the Rebecca Golden Sheaf Lodge in 1915.

In 1917 she was organizer of Golden Sheaf in Millbrook, which flourished for fifty years, when the charter went to Peterborough.

She received the Degree of Chivalry, the highest degree the Order bestows and was awarded her sixty year jewel.

She mentions the Echo Club and Ladies Auxiliary Patriarch Militant, which meets monthly at members' homes. Once a year the meeting is in Millbrook. Her total term of membership is seventy years. "They are a very worthwhile organization, helping in times of sickness or distress." She holds their tenets very high and her membership very dear.

Mrs. Bentley has taken many trips, loves to travel, enjoys new foods, new sights and enters easily into the spirit of every occasion. She enjoys euchre parties and "anything where there's people". Words like these express an attitude which has probably contributed in so small way to the celebrating of her ninety-eighth birthday!

We wish you many more such happy days!

United Church Women's annual meeting well attended

By Jean Northey

One hundred and eighty-eight United Church Women of Peterborough Presbyterial met at Knox United Church for the twenty second annual meeting on Feb. 5, 1985. President Gwen Walton chaired the meeting.

Rev. Frank and Mrs. Whitely led the singing for the day.

The theme for the 1984-85 year has been "Living Our Faith" and Mrs. Jessie Stockton, diaconal minister at George St. United Church led the service. Rev. Bill Peacock of Knox United Church favoured the group with two solos.

During the afternoon, Rev. Jim Stockton joined his wife in presenting slides of Zambia where they had spent

Wed. March 20, 1984, The Highlighter
ten years as missionaries in the United Church of Zambia.

Zambia is a land-locked nation located in South Central Africa, which won its independence in 1964.

Zambia is famous for Victoria Falls, on the Zambesi River, which is three times as high and wide as Niagara Falls. Copper mining is carried on extensively. With the advice of agriculturalists and proper use of land, Zambia has the potential to become the bread basket of Africa. Animal husbandry has been introduced by the Congregational Church of Australia and there are many herds of both beef and dairy cows.

Following a meaningful memorial service conducted by Irene Bullock and Edith Delahey, the installation of the slate of officers for 1985-86 was conducted by Rev. Marion Davis, Chairman of the Peterborough Presbytery.

UNITED CHURCH WOMEN PRESBYTERIAL EXECUTIVE - 1985

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Peterborough North Mrs. Margary Robinson,
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Peterborough West Mrs. Marilyn Hutchinson,
R.R. 1, Cavan
Peterborough East Mrs. Eleanor Brown,
R.R. 2, Havelock

RED CROSS HOLDS ANNUAL MEETING

By Pauline Lyons

Mr. Earl Smith was the guest speaker at the annual meeting of the Cavan, Millbrook and District Branch of the Red Cross Society. Mr. Smith, who is the Blood Donor Chairman of the Peterborough Branch of the Red Cross Society spoke on "Volunteerism".

The meeting was held on Monday, March 15 in the South Monaghan Council Chambers on Highway 28.

A pot luck luncheon

meeting was recently held at the home of Mrs. Gladys Johnston and was thoroughly enjoyed by the local members. The luncheon was followed by a quilting bee. When finished, the quilt will be placed in our loan cupboard to be used in emergencies. Also on loan for up to three months duration are crutches, wheelchairs and walkers. To apply for their loan contact Mrs. Fern Cook 932-3105 or Mr. Leo Fallis 932-2795.



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STONE SOUP

*Dear Stone Soup,
I have a problem...*

By Evelyn Raab

From time to time I get letters from readers. I am always happy to respond to the special problems you might be facing in your daily culinary battles. Ann Landers has really been neglecting this very vital problem area and I feel it is my duty to give any assistance that I can to those who are in need.

Dear Stone Soup:

Next week my french poodle, Snookie, will be celebrating her eighth birthday. She would be absolutely tickled to have a party with all her friends -- but good grief, what's a birthday party without a cake? Can you suggest anything? I am desperate, Snookie has an awful little temper, I would hate to disappoint her.

Velma T. Wiltfang

Dear Velma:

Have no fear, Snookie will be just delighted with her birthday cake. May I also suggest you provide the guests each with little packages containing a dog

biscuit, a squeaky toy and a funny hat. I strongly advise against inviting any cats. Perhaps you could arrange to have Snookie's feline friends over for lunch some other time.

Bow Wow Gateau

1 lb. hamburger
1 lb. ground beef heart
½ lb. ground liver
2 eggs, lightly beaten
1 T kelp powder
1 t garlic powder
1 C milk

¼ C bacon fat

- Mix all together and pat into two 8" layer cake pans.

- Bake at 350° for 45 minutes, or until firm in center.

-Let cool, then fill and frost layers with Creamy Liver Frosting. Decorate cake with Snookie's name spelled out in milk bones, or simply a tasteful arrangement of kibbles.

Creamy Liver Frosting

Cook 1 lb. liver until tender. Puree in blender until completely smooth, adding enough bacon (or other solid) fat to make a spreading consistency.

Dear Stone Soup:

My obnoxious cousin

Louise and her husband Herbie are coming over for dinner. What do you suppose I might serve in order to encourage them never to darken my doorstep again?

Name Withheld

Dear Name:

It isn't difficult to create a very special menu for an important occasion such as yours. In fact, I have done that very thing (unfortunately inadvertently) the time I had Harry the Chef over for dinner (but that's another story).

You might consider a menu along the lines of Nouvelle Cuisine, which would allow you to be "creative" with rather, er, "unorthodox" combinations of foods. For starters, if the current brewery situation continues you might want to offer Mock Beer (soda water, old coffee and dishwashing liquid) to accompany your appetizer of Curried Chocolate Pudding Dip with an assortment of raw vegetables. Follow with Cream of Pablum Soup garnished with chopped green onion. For the main course, may I suggest something from my insect repertoire -- perhaps Earthworm Patties Supreme (recipe on request). You can keep dessert quite simple. Possibly Spanish Peanut Shredded Wheat Jello Parfaits with Garlic Whipped Cream.

Louise and Herbie won't be back.

Dear Stone Soup:

I have this dreadful problem. We have recently redecorated our dining room and now I can't find a thing to serve that will co-ordinate nicely with our decor. It used to be done in browns and greens which went so nicely with roast beef and salad, but now that the dining room is done in shades of blue and mauve I am simply frantic! Can you help me?

Mrs. Zelda Picasso

Dear Zelda:

Well, although you have certainly made your menu planning more of a challenge, it is by no means an impossible situation. Consider serving only white foods from now on (very elegant!), for example, chicken (breasts only), potatoes, pasta with cream sauce, cauliflower, parsnips, etc. Fortunately dessert would allow a touch of color, although you would be wise to purchase a case of blueberries, because you will be using a lot of them. You realize, of course, this change in diet will take some getting used to and if you simply must have a salad (or, heaven forbid, a pizza) please eat it in the kitchen! There is nothing worse than a meal that clashes with your wallpaper.

Dear Stone Soup:

Does liver swim in the pond?

Dustin Raab (age 2½)

Dear Dustin:

Yes.

Legion sponsors speaking contest

By Doris Ingham

Public speaking contests sponsored by Br. 402 of the Royal Canadian Legion and held in the Legion Hall on Friday, February 22 attracted 28 contestants. There was great variety in the subjects chosen, from pet dogs and trips to Florida to much weightier topics such as "Abortion" and "Child Abuse". Thirteen were competing in the Grades 4 to 6 class, 10 in Grades 7 and 8, four from Grades 9 and 10, and only one entry from Grades 11, 12, and 13.

Judges were Paul Sweeney, Michael Sweeney, and Paul Scott. All three are instructors in the Christopher leadership course in Peterborough. In his comments on the contests Paul Sweeney said Millbrook was to be complimented on the high quality of the speeches and on the numbers of those taking part. One important point overlooked by some contestants was timing. Time

Limits for the elementary school students is a minimum of three minutes and a maximum of five; for secondary school ones, a minimum of five minutes and a maximum of seven. Failure to observe these limits deducts as much as five marks which in a close contest may mean the difference between winning and losing. More often the tendency is on the side of being too lengthy.

Iva Reid, branch education officer, assisted by Margaret Dew, registered the contestants as they entered. Lloyd Slack, branch president, conducted the opening and closing ceremonies. He was assisted in making the presentations by Mrs. Reid, and he also acted as one of the timekeepers. Doris Ingham was chairperson. Ruth Farr was the other timekeeper. Bette Warnke, auxiliary president, served coffee and cookies with cold drinks for the children at intermission.

This year Zone public speaking contests will be held in Millbrook. They take place in the Legion Hall on Sunday, March 24, commencing at 1 p.m., with registration taking place a half hour earlier. First place winners in all branches from Zone-Five F will be heard then, among them Michele Carchidi, Meher Kour Soligo, Caroline Gaffney and Cheryl Fallis from Branch 402. The public is invited to hear these fine speakers.

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... To This



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SCHOOL NEWS

EDITORIAL:

SPRING BLUES? YOU TOO?

By Christine Domina

Everything is a drag! Not everybody gets this disease, better known as "spring fever", but for those of us that do, everybody else suffers for it.

You become frustrated with everything you usually do, even if you took pleasure in it before and you become angry because of the frustration. Every possible action irritates you. Nothing can make you smile. Suggestions from sympathetic friends, well, you can always find an excuse why you can't follow them through.

You become sick of your daily routine and your friends, that used to be able to make you laugh, and your family that you're so close to and just about everything.

Depression is the worst.

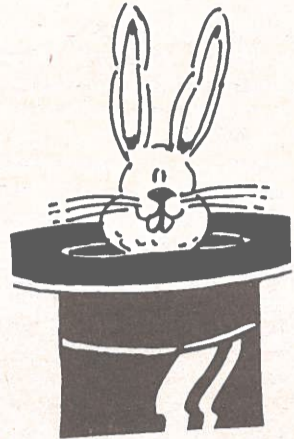
So what do you do? Well, you can do something that you've always wanted to do but have never found the time for. It will make you feel better even if you sacrifice a day of work or school. What's one day to a week of being miserable?

Or you can look forward to something you're going to be doing in the near future. Make plans and get the arrangements made. It is more definite and reassuring that way.

Make a new friend, read a good book, write a poem. Call up a very old and dear friend long distance. The possibilities are endless.

Or read this article and realize just what is happening to you and overcome it. I did! I detest spring.

But Always Remember: Self pity brings tears to the eyes quicker than anything else.



port you, but make sure you ask them first. It isn't wise to list relatives.

4) Include a few letters of reference or character references in writing with permission to call if more information is needed. Employers don't want to make a half a dozen costly long distance phone calls to check out an employee's reliability.

5) Tell them what you plan to do when you have finished your time there or why you want the job in the first place. Even if it's because it's the highest paying job you were offered, tell them. Employers are hiring more and more students who are working summers to put themselves through college or university.

Well, away you go. Just don't put it off because there are others that won't and by the time you get around to it, all the jobs will be snatched.

Good Luck!

Millbrook's success in public Speaking

On February 15th Millbrook Intermediate and High School held its public speaking contest. The nine speakers made their speeches in the library, in front of the high school students and staff. The judges were Mr. Harry Williams, Mrs. Celia Hunter, and Mr. Cummings.

For the grade 12 speakers, Donna Marshall placed first and Cheryl Fallis placed second. For the grade nine and ten speakers, Martin Hawker placed first, Caroline Gaffney placed second, and Luanne McKinley, third. Other speakers, who had very good speeches but did not place were Karen Armstrong, Gr. 10, Lisa

Westheuser Gr. 10, Eydie Braat Gr. 9, and Scott McDowell Gr. 9.

The next public speaking contest was held on February 22nd at the Royal Canadian Legion. Speakers ranged from grade 6 to grade 12. The speakers were Ann Loucks gr. 6, Heather Bennett gr. 6, Marci Hopkins gr. 6, and Joanne Rowsell gr. 6, who placed 3rd out of 14 others.

Others speakers were Travis Clarke gr. 7, Tracey Gaffney gr. 8, Luanne McKinley gr. 10, Caroline Gaffney gr. 10 and Cheryl Fallis gr. 12.

At the Peterborough County Board Competition on February 26 and 27, one student from each division was chosen.

From grade 6 Joanne Rowsell spoke, from grade 7 Travis Clarke, from grade 8, Tracey Gaffney and from the high school, Martin Hawker spoke. All speakers did very well but only the first

Wed. March 20, 1984, The Highlighter

two were chosen:

The last contest was held at the Millbrook Lions Club. It took place on March 5th at 6:30 p.m. There was a dinner and then speeches.

Only one person was chosen from the speakers to go on to a District meet in Lakefield on March 23rd.

From grade nine, Scott McDowell spoke and won \$5.00. From grade ten, the speakers were Karen Armstrong, Lisa Westheuser and Caroline Gaffney, who all won \$5.00. From grade twelve, Linda Coulter spoke and Cheryl Fallis spoke and they also won \$5.00.

Also from grade twelve Donna Marshall spoke and won the competition and \$10.00 and was chosen to go to the District meet.

All in all the students had good speeches and represented our school very well. Congratulations Everyone!!

AMBITIONS

I want to live
I want to be free
I want to see things;
but alone,
Through my own eyes
So that I will form
my own opinion,
Not to be influenced by
the protective guard of loving
parents.
I want to learn
About others; I know enough
about myself and my ways
I want to be worldly and
knowledgeable.
I want to be wise and profound
but not judging.
I want to have insight
Even about subjects that
I'm not overly familiar with.
I want to be wanted
constantly,
Not now and then, when a
relationship is running
smoothly.
I want to quench my
ambition momentarily,
in order to soothe my frustration
that I'm feeling now.
I want to burst free and
open doors along the
corridors of imagination I have
formed in my mind.
It just seems sometimes that
I can't see and learn enough
I always want more
But no amount satisfies me.
The continual frustration because
of the world around me.
I can never learn enough.

Hints for summer jobs

By Christine Domina

Most students, like me, would like the best, highest paid job they can get for the summer. Either to earn the money for future and further education or to buy a car or whatever. You also, if possible, would like a job that you would enjoy and one that hopefully is related to your career goals.

Here are some helpful hints to aid you in your search.

1. Send your ap-

plication for your summer job early. At least, before the end of April. Most employers of businesses and companies, where the money and experience is the best, have hired all their summer help before the end of March or April.

2) Remember to tell them on your application or resume the date which you will be available to start work.

3) Give the future employer good, solid references that will sup-

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Attention Adults

Looking for something to do this Spring? Why not register for one of the 60 courses being offered by the P.C.B.E. commencing the week of March 26th.

Programs include high school credit courses, heritage language courses, adult basic literacy cour-

ses, fitness courses and general interest courses. See our advertisement in the March 6th edition of the Peterborough Examiner or 'phone Eleanor Henry/Tom Davis at 743-7431, Ext. 333/372.

Don't wait! Register early!

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PONTYPOOL NEWS

Pontypool gears up for spring

By Nettie Aiken

This month is a big one for our friends from Ireland. On the seventeenth, the true green lovers dress appropriately, wish each other "top of the morning" and remember St. Patrick, the one who brought Christianity to that fair isle. Many early settlers in our region of the country originated in Ireland.

One lucky couple, the Roger Clarkes, are going to be near there as this column is being written. They left on Thursday, February 28, and are visiting a trio of big cities; London, Paris and Rome, returning March 16. It is a company incentive trip, that is, a reward for top sales. Wish we could all stow away in their luggage!

There seems to be a real estate boom now, and it is to be hoped that our new neighbours will join the Pontypool Residents' Association, and add your ideas about having a village in which we are proud to live. Send comments and membership fee of \$5.00 per year per family, to Box 323, Pontypool Post Office, L0A 1K0. We would certainly appreciate such action.

Discussion has been raised in the executive of the Association, as to the possibility of resurrecting Summerfest. It was enjoyed for many years, and was a good money raising project. If anyone is interested in working on this, please contact Melisande Neal at 277-2480.

Lila Kerr celebrated her ninety-ninth birthday on Friday, February 22. Her many friends in both Pontypool and Bethany wish her well, with the hopes that perhaps she will enjoy reaching the century mark next year.

Pathfinders have a camp scheduled for some time in May. They are

now in the process of planning meetings for the rest of the season. Kristine and Kim, daughters of Toby and Freeman Arbeau, were both enrolled in Guides on Wednesday, February 13th.

On Sunday, February 24th, there was a "Thinking Day" service at Grandview School for both Pontypool and Bethany. The turnout was very gratifying, with the gymnasium being filled. There were not enough seats reserved for all the boys and girls and leaders at the front, as was discovered during the processional hymn. Rev. Lindsay said that this was a problem he would like to face more often in the two congregations of the Pastoral Charge, for Sunday morning worship. Rev. Lindsay was presented with a ministerial stole by the young people, in thanks for being a sponsoring church leader. In response, Beavers, Brownies, Cubs, Guides, Scouts, and Pathfinders gave their own reasons for liking to belong to the organization concerned. Promises, Laws, and Mottos were repeated, with a leader speaking into the microphone, so all could hear. Anthems were sung by the young people and a combined Bethany-Pontypool congregational choir. A pageant on stage was very effective while the offering was being taken up. Of course the flags made a colourful scene and the congregation waited until these were taken out before leaving the auditorium themselves. There were interesting displays to be seen both before and after the service, and refreshments were served.

Yvonne Fallis informed your reporter that a couple of neighbours from Ballyduff, known to

many, are in hospital at time of writing. Gordon Britton is in Oshawa, and Nellie McCullough is in Peterborough Civic. Those mentioned in our sick list in the February issue, are recovering nicely. Please continue praying for those who are sick and for their families.

Frank Stacey reports that the Pastoral Relations Committee is busy interviewing prospective ministers, and prospects are very promising. We are certainly glad to have this news.

With regard to the Playschool, registration for the fall will be held on March 28, from 1 - 2 p.m. The afternoon group travelled to the Lindsay Public Library on February 20. It was a fun time, filled with stories, songs, finger plays, and a movie. St. Patrick's Day was celebrated on March 7, as the day itself fell on the last Sunday of the March break. Playschool was closed for that week, March 11 to 15.

There is an organization working out of Lindsay, called the Victoria County Preschool Resource Van. It serves children of age 0 to 5 and their parents. Toys and books are rented out, a month at a time, subject to renewal. Sixteen different communities are visited, at approximately the same time every month. Car seats and snuglies are also available for rent. There is a yearly fee of \$3.00 per family, or \$5.00 for a regular non-family baby sitter. The car seats are rented for \$20.00 for seven months, or \$5.00 per month, plus tax, and snuglies for \$15.00 for five to seven months. Please watch for notices and make use of this service. It is worthy of your support. There is a wide appeal for

today's educational and family safety aids.

It gives me pleasure to report continued progress in our Pontypool Weight and Friendship Club. We are achieving both our objectives and having fun and enjoying fellowship in our meetings. Recently, we had a surprise baby shower to honour Pam Molloy and little Brendan Patrick. He is sure to be born lucky, with that arrangement of names! We also were able to get a couple of lanes for bowling at Millbrook. All along, our members share ideas and delicious recipes.

The Bingo meetings held in February have been exciting. On February 13, the jackpot was given out, and on February 27, many of the games had multiple winners. Of course, having different callers also gives variety. Those responsible are pleased with the turnout for these events. And while still speaking about winners, Marie and Harold Wilson were fortunate to be holders of the first prize lottery ticket drawn recently by the Canadian Diabetic Association, Peterborough Branch. It pays sometimes to be generous! They bought a whole book to help out that organization, and their neighbour, your reporter.

The World Day of Prayer service was held on Friday, March 1, at 1:00 p.m. in Pontypool Church. There was an attendance of between forty and fifty, a good number for any early spring-like day. Rev. Fred Swan of Ballyduff Presbyterian Church was the guest speaker. Represented were Pontypool United Church, St. Thomas More Parish, Ballyduff Presbyterian Church, Bethany United Church and Bethany Anglican Church. Members of each congregation shared in the

service, which was led by Dorothy Dewar as President of the Pontypool United Church Women. Special music was provided by Vicki Campbell, Debbie Overy and Dorothy Bowins. At the end of the service, Kay Youngman, who served as President for four years, was presented a Life Membership pin.

The April meeting of the United Church Women will be held at the manse in Bethany, with Cheryl Lindsay being hostess. This will be a meeting to look forward to. We do wish our present minister and his family every success in their future charges.

Just a repeat announcement from the women of the St. Thomas More Parish. The Pot Luck Meal will take place on Sunday, March 24, between the hours of 3:00 p.m. and 6:00 p.m. at the Pontypool Community Centre.

I would like to thank Larry Walker, on the fifth line, for giving assistance to me, your reporter, upon the occasion of an emergency trip into Toronto, to attend the memorial service for one of the former missionaries to China, in the same generation as my parents. It is just such consideration that makes Pontypool a wonderful place in which to live and serve.

April is the month that the Canadian Cancer Society chooses to run their annual appeal for funds. Perhaps their biggest service locally is to patients, providing transportation back and forth to Princess Margaret Hospital for those requiring treatment there,

and providing dressings and drugs for those who cannot afford to buy them. Then, of course, there is education via films and pamphlets. Also important is ongoing research working towards a cure. Their motto: Cancer Can Be Beaten. Please be prepared to greet your canvasser kindly and give generously.

Jane Guthenberg was entertained by Toby Arbeau and Helen Erickson on Wednesday, February 20th. On the next evening, Yvonne Fallis had a reading, there was a decorated cake, and also a gift, combined from Pontypool Community Centre and Keenagers. She was considered by the Keenagers as a "mascot". The Guthenbergs are moving to Whitby, but she will continue to come back for the rest of the bowling season in Millbrook. We will welcome any other visits back to see your friends at any time.

Terry Fisk, Lorraine, and the two girls, Robin and Kerri-Lynn, returned from Florida on February 24th. They enjoyed the holiday very much. Jessie Fisk took over the care of their residence, and the needs of the dog. Jessie was happy to renew village acquaintances during this time.

The sympathy of the community is extended to the Gaynor family on the death suddenly, in Florida, of Roy's mother, on Friday, February 22nd. The funeral took place on Wednesday, February 27th in Fenelon Falls.

To close, Millbrook Highlighter will be asking for voluntary subscriptions. Please see their ad on page 5 and show your appreciation.

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TO OUR FRIENDS of the Church and Community:

In deep Appreciation. We cannot express in word or action the very deep and heart-felt gratitude that so needs to be expressed to all who have been so kind to us during these past days and particularly in the month of February, which for us was known as 'retirement month'. We are most grateful to those who planned the retirement dinner and to all those who came to share in this evening arranged for us. The service at St. Thomas' Church was most meaningful for us as we gathered to offer our thanks for the ministry of the Church which God provides for us. To see the Church filled was a tremendous experience. This was followed by the Reception at the Royal Canadian Legion. To all who came to the service and attended the reception we express our gratitude and thanks. Along with all of this there came to our home, good wishes, and blessings shown in the form of beautiful and meaningful cards as well as the many gifts that became a part of this retirement. Yet equal to all of this and which we cherish most dearly, is the friendship and all the concern shown to us in our ministry in the Churches and Community where we have been privileged to serve. It has all been very overwhelming for us, and we want to express our sincere thanks to each and every one who made it such a meaningful experience to 'retire'. May God's richest Blessings be with you and yours always, as we continue in that faith and belief in God through our Lord, and in the ministry that each one of us has.

In Christian love,

Ina and Walter Dyer

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A FARMER'S VIEWPOINT



Can Spring be far behind?



By Ken Fallis

March is that magic month when the snow starts to melt and little green patches show up in the lawns, meadows and wheat fields. That's when we look hopefully at the thermostat and wonder if we couldn't safely turn it down a couple of Celsius degrees. And the much diminished woodpile; will there be enough to feed the air-tight stove till the end of May?

Then it snows again, maybe eight or ten centimeters. Winter has returned. But day after tomorrow the snow starts to melt, the green patches return bigger and greener. This is when the sap starts to rise in the maples, and the steam starts to rise from the sugar shanties.

March is the month of the spring breakup. The ice goes out of the rivers and streams, the streams start to flow, increased in volume by the snow melt. Most of us can recall a few occasions when volume exceeded capacity of the stream, and for example, Millbrook Pond overflowed its banks. With the new island occupying about 1/3 the cubic volume of storage area of the pond and unless the restructured dam is operated effectively we can anticipate varying degrees of floods, severity depending on snow volume and spring rains.

Since much of the winter's snow is still with us in March, a word about snow. Snow is nature's way of refrigerating water so it can be released when it can be best used. Ask a prairie farmer about snow. It melts in spring, soaks into the rich prairie soil, and irrigates the current crop. In any given climatic area, total annual precipitation remains fairly constant. If a lot of that annual precipitation comes as winter snow it is utilized by newly seeded grain, perennial forage crops, and winter cereals. If, however, it came as spring rain, it created flooding, late seeding, midsummer drought, and poor crops.

So, while I don't like shovelling snow, don't like paying taxes for snow plowing on our roads and highways, I've overcome the temptation to comment on winter rain. Well, you don't have to shovel it. Many of us have learned to love winter, with skis, snowmobiles and or a fish hut on Lake Simcoe.

But March is not the time to get sentimental about the pleasures of winter; March is the beginning of a new season, the first robin proves it. Soon the tractors will be heard and their lights seen all night as plowing, discing, fertilizing, seeding rushes on to beat the deadline plan-

ting date. Word got around several years ago that for every day later than the optimum planting date, corn yields dropped by one bushel per acre. Because optimum planting dates vary from place to place and year to year, and nobody much believed it anyway, the one bushel per acre was never publicized as tonnes per hectare. However, the latest planting date for this area is May 15. The penalty of one bushel per acre per day after this date may or may not happen, depending on the planting conditions on May 15, and temperatures the following month. We all like planting as early as we can, let's give the crop the longest growing season possible and get the planting finished so we can get on with the next job. But for you corn growers whose planting is delayed beyond the optimum date, a work of comfort. Corn planted May 20 in warm soil had a better chance of a good yield than corn planted May 10 in cold, wet soil.

March is also a time of decision. Which ones of the many corn hybrids for my area should I plant this year? Certainly two or three with slightly different maturities. Was that lodging last year due to rootworm or did it just happen? Maybe I should just move the corn to

some of last year's grain fields. But that won't do, last year's corn fields have too much atrazine to grow oats or barley. Guess I'll have to use furadan or one of those insecticides that go on with a planter attachment. Maybe I won't use any atrazine this year so I can rotate the corn with cereal crops.

Funny thing about Atrazine. First time you use it, you can get just about 100% weed control. You'd think in ten years of continuous use there'd be no viable weed seeds left. Don't you believe it. Don't use any weed killer for one or two years and you'll find ragweed, pigweed, thistles and lambsquarters, plus annual grasses like fixtail. Then there are the weeks that have adapted, and milkweed which never were controlled effectively by corn herbicides, atrazine or the rest of them.

But in cereal crops, the milkweed is cut down before it can ripen seed. If the grain crop is seeded down, next year the hay is cut in June, August, and October. If I'd said September, my professional association would have refunded by fees, and asked for my resignation. We don't recommend harvesting forage legumes in September. Anyway, as long as we're growing cereals, forage and corn crops in reasonable rotation, milkweed and other weeds don't threaten the whole system.

March may just be the month to think about

some modifications to the cropping system. As you go about your daily chores here are some points to remember:

1) An acre of corn will feed more beef and hogs than any other crop you can grow on that acre.

2) But the net return from an acre of corn at average prices is less than the net from an acre of wheat, soybeans, or barley. Only oats have a lower net return, but if you can get good yields from high quality milling oats they come to the top of the list.

It's the input costs that make corn a marginal crop, profit-wise. Fertilizer, herbicide, insecticide, all high priced commodities make corn's break-even point most years yields of 100 bushels per acre.

3) I'm going to grow corn but I'm going to cut costs. Only one year corn in three years. That should reduce soil erosion, and eliminate the root-worm insecticide.

4) I'm going to cut nitrogen costs by growing more clover, red clover I guess. Don't want to get into the business of making hay, but I'd sure like to get some return on the land when it's not giving a saleable crop.

Well, if I've got one or two farmers even thinking about soil improvement, crop improvement and profitability improvement, I'm sure my editors won't charge me too much for the space.

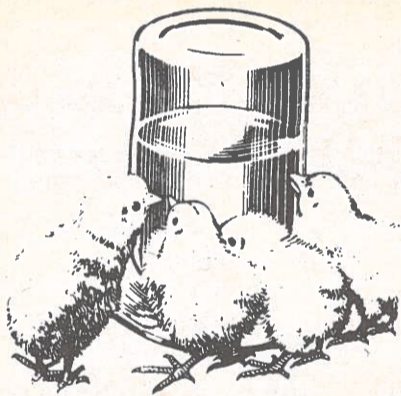
About that red clover.

It could be seeded on winter wheat, in March, right on top of a fresh snowfall. Or in April, when the ground is frozen, early morning. The intangible benefits. Year one ground cover, winter wheat. Year two ground cover, red clover. Year three, plow down of red clover, low cost nitrogen, and if you want, go back into corn with no root-worm problem. There could be another tangible benefit, red clover seed. Use double cut red clover, it's more saleable and more hardy. Don't plant too thick, seven or eight pounds per acre. Rotary mow it in early June or not later than the first appearance of buds. Leave the clippings on the field. Hope for a seed set in August or early September. Maybe in time to get wheat planted. If not, don't plow til spring.

Red clover seed is not a sure crop. Bees help, but bumble bees are still scarce, our clean fence rows and crop kinds have starved them out. So if you have a been yard less than a quarter mile away it will help. Some growers even located hives in the fields, about one for every four acres, but it didn't seem to help much.

So -- good luck with your seed crop. If it works, it can be quite profitable, well maybe a gross of \$400. - \$500. an acre. If it doesn't set seed, well, it's still profitable in terms of soft soil improvement, and some very low cost nitrogen.

Wed. March 20, 1984, The Highlighter



POULTRY

- meat type chicks
- brown egg layers
- white egg layers
- started pullets
- turkeys
- ducks
- goslings



EQUIPMENT

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Hunting on the Ski Trails!



By Bev Stephenson

Members of the Bethany Hills Hunt recently enjoyed a family day of wintertime outdoor activities, at the farm of Ann and Jim Fenton of Campbellcroft.

Taking advantage of the winter wonderland conditions, the members of the Bethany Hills Hunt and their families took to the cross-country ski trails to 'walk the hounds'. The Huntsman, Master of Fox Hounds, and Whipper-in directed the event. Some chose toboggans or snowshoes over skis, and a few avid anglers in the group tried their luck fishing through the ice on the pond.

The hounds of the Bethany Hills Hunt do not "work" through the winter, but still require regular exercise. Puppies old enough to join the pack are also exercised and trained. The pups must learn to respect the Huntsman's calls from the horn, become accustomed to the loud crack of the hunting whip and become working members of the pack. Usually older hounds are taken out so that the young ones learn by example.

The hounds learn to love and trust the Huntsman and a mutual bond exists between them. A great deal of time and care is spent to ensure that the hounds are healthy and happy. Without the Foxhounds, there would be no chase! (The hounds of the Bethany Hills Hunt do not actually hunt live foxes, but follow a "drag" or artificial scent instead.)

After a good outing for all, the Fentons opened their home to rosy cheeks and hearty appetites. The "Hunter's Pot", an interesting dish, was waiting for them. The stew had been started by Ann, then

each member added an ingredient to the simmering pot before taking to the out-of-doors. How welcome and delicious it was!

All in all, a fine way to keep hounds and riders fit while awaiting the spring foxhunting season when again they will dash after the elusive "fox".

The Bethany Hills Hunt welcomes new members; if you are interested, further information may be obtained from: Lindsay area - Mrs. Donna Clarke (705) 324-4414; Peterborough area - Mrs. Beverly Stephenson (705) 654-3775; Oshawa area - Mrs. Carol Rhoads (416) 263-8170; Port Hope area - Mrs. Carol Retallick (416) 885-4636.

LET'S SEE YOU DO IT!

PARTICIPACTION

Two silver medals won

By Wendy Brown

Two Millbrook athletes each captured a silver medal in the Ontario Indoor Track and Field Championships held in Windsor, Ont. on Sunday, March 3. The meet held in the impressive University of Windsor Field House, attracted some of the best athletes from Ontario and from nearby Michigan.

Brian Brown, a juvenile athlete, won second in the 400M run with a time of 53.35 seconds. Garth Carlson, also a juvenile, captured a second in the triple jump with a personal jump of 12.40 meters. Carlson also placed 5th in the shot put.

The Millbrook athletes agreed that the most exciting race was the race against the snow storm on the way home that night!

Atom 'A' Round Robin play-off scores

Feb. 7: Bewdley 3; Millbrook 2 - Steven Hogg, Briane Thompson.

Feb. 10 - Orono 2; Millbrook 4 - Mark McFadden, 2 goals; Steven Hogg, 2 goals.

Home Game - Feb. 10 -- Orono 2; Millbrook 4 - Mark McFadden, 2 goals; Steven Hogg, 2 goals.

Home Game - Feb. 17 -- Bobcaygeon 2; Millbrook 10; Steven Hogg, 3 goals; Daniel Hogan, 2 goals;

Jason Thorne, Mark Farrow, Briane Thompson, Mark McFadden, John Mifsud.

Feb. 23 -- Orono 3; Millbrook 4 - Briane Thompson, 1 goal; Steven Hogg, 1 goal; Daniel Hogan, 1 goal; Jeff Gillis, 1 goal.

Home Game - Feb. 24 - Little Britain 4; Millbrook 2, Steven Hogg, 1 goal; Briane Thompson, 1 goal.

Mar. 2 - Minden 1; Millbrook 5 - Mark McFadden, 2 goals; Steven Hogg, 1 goal; Daniel Hogan, 1 goal; Jason Thorne, 1 goal; Briane Thompson, 1 goal.

Home Game - Mar. 3 -- Minden 0; Millbrook 6 - Mark McFadden, 2 goals; Jeff Gillis, 1 goal; Briane Thompson, 1 goal; John Doig, 1 goal; Colin Winslow, 1 goal.

Millbrook advances into semi finals with the best of 2 out of 3 against Little Britain.

Hockey scores for February 1985

ATOM B -- February 10

Ennismore 1; Millbrook 2 - Jed Wylie, Mike MacKenzie.

PEE WEE B -- February 11

Ops 1; Millbrook 6 - Mike Newman (2), Andrew Cooper, Mike Zralko, Randy Szusz, Jamie McCoy.

February 18
Lindsay 5; Millbrook 1 - Mike Newman.

JUVENILE - February 7
Omeme 1; Millbrook 0.

February 14
Omeme 1; Millbrook 5 - Jeff Sanderson (2), Blair Smith (2), Randy Farrow.

February 21
Omeme 4; Millbrook 6

- Rob Monroe (2), Jeff Sanderson (2), Paul Burnett, Dwayne Dunlop.

Final game was played in Omeme on Monday, Feb. 25. Omeme 6;

Millbrook 4 - Paul Burnett, Mike Corfe, Robbie Munroe, Jeff Sanderson.

BANTAM B -- February 7
Lakefield 3; Millbrook 10 - Drew Hoard (3), Scott McDowell (3), Mark Sanderson (4).

Millbrook wins first round of playoffs two straight.

February 18
Campbellford 2; Millbrook 5 - Scott McDowell, Drew Hoard (2), Jeff Thompson, Bill Miller.

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Licensed Electrician

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Results of Victoria South Inter Club Competition

Beginner I Ladies: Gold - Kerri Ann Hodgson, Little Britain; Silver - Shannon Cameron, Manvers; Bronze - Tracy McLaughlin, Manvers.

Beginner I Men: Gold - Philip Rigby, Ops; Silver - Steven Vandermeer, Millbrook; Bronze - Andrew Calhoun, Millbrook.

Beginner II Ladies: Gold - Michelle Rigby, Ops; Silver - Melanie Jackson, Manvers; Bronze - Kim Moore, Ops.

Pre Preliminary Ladies: Gold - Christina Jeffrey, Manvers; Silver - Stacey Gonder, Manvers; Bronze - Leeanna Sutch, Manvers.

Pre Preliminary Men: Gold - J.C. Gonder, Manvers; Silver - Shane Thurston, Ops; Bronze - Devil campall - Little Britain.

Preliminary I Ladies: Gold - Lorianne Quirk, Manvers, Silver - Melissa Lynch, Ops; Bronze - Alicia Lynch, Ops.

Preliminary II Ladies: Gold - Carla Davis, Manvers; Silver - Bev Fieldhouse, Little Britain; Bronze - Angela Cornacchia, Little Britain.

Pre Juvenile Ladies: Gold - Andra Thompson, Millbrook; Silver - Kim McPherson, Ops; Bronze - Renee Ellis, Millbrook.

Juvenile I Ladies: Gold - Jennifer Lynch, Ops; Silver - Wendy Luther, Millbrook; Bronze - Nicole Kelly, Millbrook.

Juvenile II Ladies: Gold - Jocelyn Wylie, Millbrook; Silver - Jennifer Reeds, Millbrook; Bronze - Susan Anthony, Millbrook.

Pre Novice Ladies: Gold - Andrea Luther, Millbrook; Silver - Karen Armstrong, Millbrook; Bronze - Bonnie Thompson, Millbrook.

Novice Ladies: Gold - Leslie Dickinson, Millbrook; Silver - Diane Thompson, Millbrook.

Millbrook; Silver - Barbra Preliminary Similar Dance: Gold - Brenda Bendall, Darlene Farrow, Millbrook; Silver - Kim McPherson, Beth Smiley, Ops; Bronze - Michelle Corchidi, Arlene Davis, Manvers.

Juvenile Similar Dance: Gold - Terry Grills, Christine Hennekam, Ops; Silver - Janet Trull, Denise Glasbergen, Manvers; Bronze - Jennifer Reeds, Jeannette Verbik, Ops.

Novice Similar Dance: Gold - Bonnie Thompson, Brenda Larmer, Millbrook; Silver - Jennifer Luloff, Janet Pearson, Ops; Bronze - Kim Smith, Viki Pearce, Manvers.

Preliminary Mixed Pairs: Gold - Chris Luloff, Jennifer Lynch, Ops; Silver - J.C. Gonder, Stacey Gonder, Manvers.

Preliminary Similar Pairs: Gold - Kim McPherson, Beth Smiley, Ops; Silver - Heather Smith, Michelle Carachidi, Manvers; Bronze - Janet Trull, Arlene Davis, Manvers.

Bronze Similar Pairs: Gold - Lisa Little, Darlene Farrow, Millbrook; Silver - Terry Grills, Christine Hennekam, Ops; Bronze - Kelly McLaughlin, Viki Pearce, Manvers.

Bronze Interpretive: Gold - Janet Trull, Manvers; Silver - Lisa Anthony, Millbrook; Bronze - Arlene Davis, Manvers.

Silver Interpretive: Gold - Lisa Little, Millbrook; Silver - Diahne Dunlope, Millbrook; Bronze - Janet Pearson, Ops.

Gold Interpretive: Gold - Jill Thomson, Little Britain; Silver - Leslie Dickinson, Millbrook; Bronze - Diane Thompson, Millbrook.

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The Venerable Archdeacon Thomas W. Allen (centre) and the Rev. Canon Wm. Cartwright Allen (tall, at left).

HISTORIC CAVAN

Two Ministers serve 75 years

By Jocelyne Daw

The Anglican Parish of Cavan dates back to 1819 when the first Protestant minister, Rev. Joseph Thompson built a log church in Ida and organized Anglican services in other locations throughout the Township. During the past 166 years of Anglican worship, many ministers have dedicated themselves to this parish and its parishioners. But two ministers, a father and a son, stand out as exceptional and noteworthy examples of that dedication, the Venerable Archdeacon Thomas W. Allen who served as Rector from 1853-1905 and his son Rev. Canon Wm. Cartwright Allen, his father's curate from 1884-1905 and Rector from 1905-1928. The two served for a remarkable 75 consecutive years, ministering to well over two generations, a fact that is probably without parallel in Canadian Church History.

Thomas William Allen was born in Sligo, Ireland in 1821 and was educated at the High School in Sligo and at St. Paul's College, Long Island. He passed through the Divinity College at Cobourg under Dr. Bethune and was ordained Deacon in 1848 and Priest in 1849 by Bishop Strachan. He was appointed as a travelling missionary in what is now the Diocese of Ontario in the neighbourhood of Kingston. In 1852 Rev. Allen became the incumbent of St. John's, Portsmouth and in the following year moved to the Rectory of Cavan. It was at this place that he remained for the rest of his life, building up the parish into a model organization, and free of debt.

Rev. Allen was appointed Rural Dean of Durham in 1867 and Archdeacon of Peterborough in 1891. He received from Trinity University, Toron-

to, the degree of B.A. in 1861; M.A. in 1899 and D.C.L. Honor in Causa in 1902. Rev. Allen was described by the Bishop in his obituary notice as "Physically and intellectually, a strong and vigorous man, he was endowed with the warm temperament, keen wit and fluent speech of the Celtic race, qualities which made him in Committee and in the Synod a prominent and ever respected and loved personality. All the duties of the various offices which he held as well as his pastorate, were discharged with an activity which never flagged, a geniality which won all hearts and an earnestness which placed the interests of the Church and the Cause of His Master before all other considerations."

The Allens' had eight sons, all who continued on to become professional men in their chosen fields. Their house was located on the hill overlooking Millbrook, today where

the water tower stands. It was aid that Archdeacon Allen came to Millbrook before his appointment and was so enamoured of the area that he determined to settle here. Thomas Allen was a very active member of Millbrook society and a respected leader, in addition to his work in the church. It was he who started the first High School in Millbrook. He wished his sons to have the advantage of a High School education, so he organized a school which was located on the main street and had over 12 pupils in it.

Archdeacon Allen worked until a few days before his death on Nov. 11, 1905 at the age of 83 and after 57 years of ministerial life, 63 of which were continuous service in the Cavan parish. One of his sons, who had assisted him, William Cartwright Allen took over his work to become the fourth Rector of Cavan.

William Cartwright Allen was the second of the eight sons of the Venerable Archdeacon Thomas W. Allen. Born in Millbrook in 1852, William Cartwright received his early public and high school education at his home town, then in Lindsay, Omeme and afterwards attended Trinity



ANIMAL CONTROL OFFICER

The Township of South Monaghan invites applications for the position of Part-time Animal Control Officer.

This position needs someone who is capable of working flexible hours and is able to supply their own vehicle. Duties will include answering dog complaints, picking up dogs running at large and transporting said dogs to the Peterborough Humane Society.

Salary negotiable, plus mileage.

Letters of application should be received in the Municipal Office in Bailieboro no later than 5:00 p.m. on March 29, 1985.

Please state in your letter if you can commence duties immediately.

Kathleen M. Alexander, Clerk,
Township of South Monaghan,
Bailieboro, Ontario.
K0L 1B0

College School, Port Hope, winning the first scholarship of his year, 1869. Later as an undergraduate of Trinity College, Toronto, he won both classical and divinity prizes. He completed his B.A. in 1874 and his M.A. in 1877. His ordination to the Diaconate took place in the following year and to the priesthood in 1879.

Mr. Allen's first curacy was at St. John's Church, Peterborough where he remained for two year going then to Port Hope as Assistant Master of Trinity College, School, a position he held until 1881 when he went to England engaging in missionary work in which considerable travelling was involved. Later he toured Europe and Palestine and upon his return to England was appointed to a curacy at Shenley, Hertfordshire where he met a lady, who became his wife, Mary Linnecar, daughter of the prominent physician, Dr. Linnecar. Mrs. Allen proved herself an exceptional help mate, devoting herself, with her husband, to the work of the Church.

Rev. Allen returned to

Ontario in 1884, when at the expressed desire of the parishioners of Cavan he became assistant to this father Arch-deacon Allen. Upon his father's death in 1905 he succeeded him as rector filling the position for twenty-three years. In 1909 he was honoured by his Bishop who made him a Canon of St. Alban's Cathedral, Toronto.

When Rev. Canon Allen retired, owing to poor health in 1928 he completed 44 years of service to the Parish of Cavan. Canon Allen died in 1930 at his home, Shenley (now occupied by the Raabs), a home which he and his wife built and named after the town in England where his wife was born. In his obituary, the writer pays tribute to the outstanding job done by Canon Allen in the Cavan Parish "If you wish to see my memorial look around you." I think we might do this in the case of Canon Allen who was universally respected at Synod and elsewhere, loved by his parishioners, and left behind him such a well ordered parish, after so many years of service. One thing of his

reputation I know from sources far from Cavan. At one time, the people of Oshawa were determined to have him as their Rector, but the people of Cavan did not intend losing their faithful Clergyman and made strenuous protest."

Today at St. Thomas', two memorials to these ministers can be found, in the form of a large stained glass window over the chancel for the Venerable Archdeacon Allen and a bronze plaque hangs as a remembrance of Canon Allen. Their legacy lives on in memory and through their family. Canon Allen's grandson Clare Winslow and Clare's sons Don and Philip and their families are all active members of the Parish of Cavan. Clare acted as a lay-reader for years and was always a popular speaker. Today, his son Philip continues to tradition of lay-reading. Philip and Clare's natural talents and affinity for lay-reading continue the long-standing tradition of religious leadership and contribution to the church started by their ancestors over 130 years ago.

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SOUTH MONAGHAN

COMMUNITY CENTRE

TO THE MEMBERS OF
THE CAVAN, MILLBROOK SOUTH MONAGHAN,
COMMUNITY CENTRE COMMITTEE:

We have examined the balance sheet of the Cavan, Millbrook, South Monaghan, Community Centre as at December 31, 1984 and the statements of revenue and expenditure for the year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances, except that our examination of operating revenues was limited to accounting for amounts so recorded.

In our opinion, except for such adjustments as might have resulted had we been able to verify the item noted in the preceding paragraph, these financial statements present fairly the financial position of the Community Centre as at December 31, 1984 and the results of its operations for the year then ended in accordance with generally accepted accounting principles for Ontario Municipalities.

Peterborough, Ontario
January 4, 1984

Chartered Accountants

CAVAN, MILLBROOK, SOUTH MONAGHAN COMMUNITY CENTRE BALANCE SHEET AS AT DECEMBER 31, 1984

ASSETS		1984	1983
Accounts receivable - other		\$ 11,558	\$ 9,056
Due from municipalities		30,651	8,276
		\$ 42,209	\$ 17,332
LIABILITIES			
Bank overdraft		\$ 32,803	\$ 8,939
Accounts payable - municipal		2,000	2,000
-other		5,281	3,751
		40,084	14,690
Reserve for future capital		2,125	-
ACCUMULATED NET REVENUE		-	2,642
		\$ 42,209	\$ 17,332

OPERATING ACCOUNT STATEMENT OF REVENUE AND EXPENDITURE FOR THE YEAR ENDED DECEMBER 31, 1984

	1984	1983
ACCUMULATED NET REVENUE, January 1	\$ 2,642	\$ -
OPERATING REVENUES		
Ice rentals	62,051	62,033
Arena and auditorium rentals	3,381	7,626
Public admissions	1,965	991
Canteen sales	8,705	14,351
Other	3,654	7,080
	79,756	92,081
OPERATING EXPENDITURES		
Salaries and benefits	37,071	46,786
Repairs and maintenance	10,339	11,148
Operating supplies	5,022	1,937
Utilities	26,017	19,861
Insurance	5,424	5,399
Telephone	874	912
Advertising	1,006	560
Office expenses and travel	3,563	3,657
Other expenses - public events etc.	8,041	4,104
Transfer to reserve	2,125	-
	99,482	94,364
OPERATING DEFICIT	17,084	13,135
CAPITAL EXPENDITURE OUT OF REVENUE	13,567	-
TOTAL DEFICIT FOR YEAR	30,651	13,135
MUNICIPAL CONTRIBUTION		
Township of Cavan	12,260	6,311
Village of Millbrook	12,260	6,311
Township of South Monaghan	6,131	3,155
	30,651	15,777
ACCUMULATED NET REVENUE, December 31	\$ -	\$ 2,642

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Nothing ...

By Rev. Lorne I. Trimble

The big 'NOTHING' in our lives does make an important difference! Some might ignore the little word 'nothing'; figuring it is rather unimportant; yet, 'nothing' can mean life or death; success or failure; joy or sorrow. As examples - Mountain climbers have died when they have stepped out on 'nothing'! A parachutist despairs when he pulls the rip cord amid space and find that 'nothing' happens! Farmers have lost their farms when their lands produce it! Hockey players are soon removed from the team when they have scored it! And, some people have lost their jobs and waited in unemployment lines when the sum total of their labour was 'nothing'!

'Nothing' gives you a very good reason to rejoice, be happy, and contented when, after adding up all your debts, IT becomes the total! Also, it is what you earn when you do 'nothing'! If you save 'nothing', that is what you will have in your bank account!

'Nothing' is often the topic of discussion at meetings; and often arguments and divisions begin over 'nothing'. It can be found in a person's life. I hope it's not there in your life and mine!

It's incredible - the Bible says in Job ch. 26 vs. 7 'the earth hangs upon nothing'. In Luke's gospel, the Angel came and visited Mary and declared to her the birth of Jesus. The Angel made

this positive statement, giving credibility to the Virgin Birth - "For with God, NOTHING shall be impossible!"

The secret for contentment and peace in our lives is given by the apostle Paul in Philippians ch. 4 vs. 4 to 6, "Rejoice, in the Lord always - be gentle unto all men - be anxious for 'nothing', but in everything by prayer and supplication, with thanksgiving, let our requests be made known unto God." What wealth!

"Nothing" in your life has made a difference! It can be a thief to steal and bring you to nothing; or it can bring you to reach out, touch God, and excel with your life. It's just a little word, but not so insignificant that it can't change your life!

THERE WILL BE A CANINE INFORMATION NIGHT

Thursday, March 24 7-9 P.M.

at
SIR SANDFORD FLEMING COLLEGE
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Sing!

"Make a Joyful Noise Unto the Lord". So says the Psalmist and so says Ruth Warburton in a call for new members for the junior choir at St. Thomas Anglican Church. This lively group of youngsters has a past record of annual shows, sing-outs and a recording. Due to the natural progression of long-time junior choir members into the senior choir, it is now time to put out an SOS for fresh young talent. Any child with a natural singing ability, a love of music both sacred and secular, able to sit for instruction, fun

and discipline, and over 8 years of age would be more than welcome.

For further information, please call Ruth Warburton at 745-8075.

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The Village of Millbrook will be pleased to receive names for appointment to the Millbrook Recreation Committee.

Any interested citizen should be an eligible elector of the Village of Millbrook.

If you are interested in serving on the Recreation Committee, please submit your name in writing to the undersigned by 4:00 p.m., March 19, 1985.



Gail Empey,

Clerk, Box 58

Millbrook, Ontario

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WEDDING

MARTHA PALMQUIST, Princess and Robert Maxwell are pleased to announce the forthcoming marriage of their children Sherry Ann and Donald Malcolm on Saturday, March 23, 1985 at 2 p.m. at Trinity United Church, 360 Reid Street, Peterborough.

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COMING EVENTS

WAYNE and LINDA WARD-DELL and family are returning to Millbrook this Sunday, March 24th, bringing special music and speaking at the 11 a.m. and 7 p.m. Anniversary services at Millbrook Christian Assembly, King Street, West. Everyone Welcome!

THANKS

We would like to thank our friends, neighbours, and relatives for a wonderful day, for cards and gifts received on the occasion of our 50th wedding Anniversary. Also we'd like to thank our family for the afternoon tea, the family dinner and the dance in the evening. Marshall and Grace Fallis.

We wish to express our sincere thanks to our family, friends, neighbours, Grace Presbyterian & Christian Assembly Churches, Tuesday Morning & Wednesday Evening Bible Study Groups for their prayers, words of comfort, flowers, cards, memorial donations. Your kindness shown to us during this time of sorrow in the loss of our daughter Temple, will always be remembered. In Christian Love, Ray and Opal Nelson.

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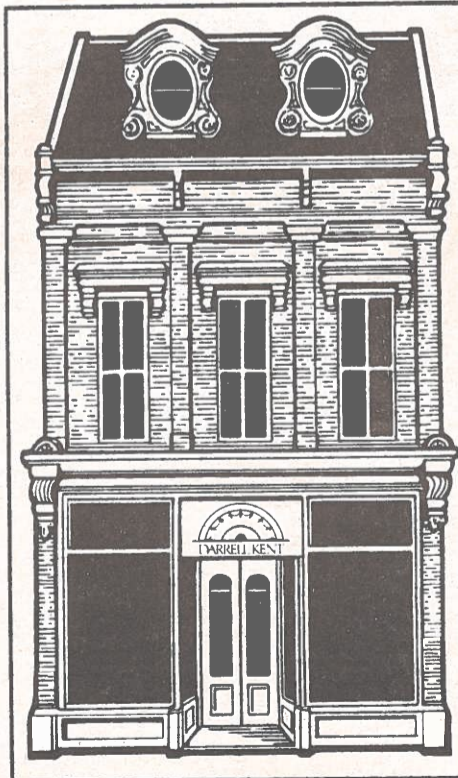
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LOTS TO SPARE: Older 2 storey aluminum and wood frame home with ample privacy. Package includes 3 separate serviced building lots in Millbrook. Priced at \$38,900. Call Ron Maksymetz, 705-932-2890.

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Beautiful century home on .44 acres, village of Millbrook, 5 bedrooms, large kitchen, double car garage and much more. Barbara Scriver, 705-932-5448.

JUST LISTED: Brick bungalow, \$55,900. Well kept, garage, fenced yard, exclusive. This won't last long. Call Brian Thomson, 705-742-2749.

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NEW LISTING: 100 acre Farm, stream, hardwood bush, Century brick house. Barb Scriver. Office 932-3007. Home 932-5448.

THE MILLBROOK HIGHLIGHTER

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Camation

Evaporated Milk 385 mL TIN **.69**

ASSORTED VARIETIES, PURINA

Tender Vittles Cat Food 500 g BOX **1.39**

SOFT MOIST, PURINA

Happy Cat Cat Food 500 g BAG **1.29**

GOURMET OR REGULAR

Purina Cat Chow 1 kg BOX **1.69**

Purina Dog Chow 8 kg BAG **7.99**

KRAFT

Mayonnaise 750 mL JAR **2.59**

FREEZE DRIED, REGULAR OR DECAFFEINATED

Taster's Choice Instant Coffee 198 g JAR **5.99**

ASSORTED VARIETIES

Nestlé Mini Puddings SLEEVE OF 4x5-OZ. TINS **1.49**

ASSORTED VARIETIES

Humpty Dumpty Potato Chips 200 g PKG. **1.25**

KELLOGG'S

Special 'K' Cereal 475 g BOX **2.39**

MFG. PRE-PRICED \$2.35, LIQUID

Sunlight Detergent 1 L BTL. **1.99**

PRODUCT OF ONTARIO

Fresh Mushrooms

227 g 8-OZ. PKG. **.99**

PRODUCT OF ISRAEL

Jaffa Oranges

SIZE 123's DOZ. **1.99**

CUT FROM CANADA GRADE A BEEF, SEMI BONELESS

Blade OR CHUCK Short Rib Roasts

3.28 /kg / 1.49 lb.

Fresh!

Pork Side Rib

3.51 /kg / 1.59 lb.

PRODUCT OF U.S.A., CANADA NO. 1 GRADE

Lettuce EA. **.89**

PRODUCT OF ONTARIO, CANADA FANCY GRADE

McIntosh Apples 1.36 kg 3 lb. BAG **1.79**

PRODUCT OF U.S.A.

Fresh Bunch Carrots EA. **.59**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Cooking Onions 2 907 g 2 lb. BAGS. **.79**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Rutabagas .42/kg **.19**

PRODUCT OF MEXICO, CANADA NO. 1 GRADE

Brussels Sprouts **1.96/kg .89**

PRODUCT OF MEXICO.

Watermelon **1.08/kg .49**

PRODUCT OF CANADA

Peanut Brittle **4.39/kg 1.99**

PRODUCT OF ONTARIO

Tofu (SOYA BEAN CURD) 500 g PKG. **.99**

CUT FROM CANADA GRADE A BEEF,

Cross Rib or Boneless Shoulder Roasts

4.17 /kg / 1.89 lb.

TOWN CLUB, SLICED

Side Bacon

500 g PKG. **1.89**

PREVIOUSLY FROZEN

Turkey Drumsticks

1.30 /kg .59 lb.

FLAMINGO

Butter Tarts PKG. OF 10 **1.39**

DARE

Ju Jubes or Gums 300 g PKG. **.89**

DAYTIME 48'S OR TODDLER 33'S, KLEENEX

Huggies Diapers EACH PKG. **9.99**

ASSORTED VARIETIES, SHAMPOO OR CONDITIONER

Revlon Flex Juice 450 mL BTL. **2.79**

FROZEN, CONCENTRATED

McCain Orange Juice 12 1/2-FL. OZ. TIN **1.29**

FROZEN, FANCY GRADE, FRASER VALE

Whole Kernel Corn or Mixed Vegetables 1 kg POLY BAG **1.69**

FROZEN, FANCY GRADE, BEEFEATER, STRAIGHT, SHOESTRING OR CRINKLE CUTS

McCain French Fries 1 kg POLY BAG **1.29**

FROZEN, BLUE WATER

Haddock Fish & Chips or Fish Fries 8-10 OZ. PKG. **1.59**

100% PURE SOYA OIL, BLUE BONNET

Soft Margarine 2 lb. BOWL **2.19**

HERBAL OR SPRING FRAGRANCES, WIZARD, RUG & ROOM

Carpet Deodorizers 400 g CONT. **1.99**

ECONO

Garbage Bags PKG. OF 10 **.79**

"BONELESS & LEAN"

Stewing Beef

4.17 /kg / 1.89 lb.

TOWN CLUB, BY THE PIECE

Bologna

1.96 /kg .89 lb.

STORE PACKED, FROZEN

Cod Fillets

3.73 /kg / 1.69 lb.

CUT FROM CANADA GRADE A BEEF

Blade Steaks 3.73/kg **1.69**

CUT FROM CANADA GRADE A BEEF

Cross Rib Steaks 4.39/kg **1.99**

TOWN CLUB, COOKED, SMOKED, "BONELESS"

Dinner Hams 5.49/kg **2.49**

From Our Deli AVAILABLE AT MOST STORES

PILLER'S, COIL

Kolbassa .66/100g **2.99**

MAPLE LEAF, "BAKED",

Meat Loaves .53/100g **2.39**

TOWN CLUB

Wieners 450 g PKG. **1.49**

TOWN CLUB, STORE PACKED

Pork Sausages **3.28/kg 1.49**

PILLER'S, SLICED

Salamis 125 g PKG. **1.25**

BUDDIG, "THIN"

Sliced Smoked Meats 71 g PKG. **.69**

COUPON VALUE **1.20** WITH THIS IGA COUPON COUPON VALUE **1.20**

ORANGE PEKOE, Lipton, FLO-THRU Tea Bags ONLY **1.79** PKG. OF 100

HERBERT A. WATTS BOX 2140 STATION A TORONTO, ONT. M5W 1H1

FEATURE PRICE WITHOUT COUPON \$2.99

LIMIT ONE COUPON PER FAMILY, ONE PKG. PER COUPON

COUPON VALID AT IGA UNTIL CLOSING SAT., MAR. 23RD, 1985

625

Fine porcelain china...

FROM CHINA

COLLECT YOUR SET THE EASY PIECE-A-WEEK WAY.

FEATURED MAR. 20 TO MAR. 26, 1985

ONLY **Saucer 99**

WITH EVERY \$5.00 PURCHASE SEE STORE DISPLAY FOR COMPLETE DETAILS.

PRICES EFFECTIVE WED., MAR. 20 TO SAT., MAR. 23, 1985

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

CALHOUN'S IGA

CENTRE ST., MILLBROOK
FREE PARKING OPEN THURS. & FRI. TILL 9 p.m.

