

THE MILLBROOK HIGHLIGHTER

Volume 3, Number 1

Millbrook, Ontario, Wednesday, September 19, 1984

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Fate of Public School Still Undecided

By Celia Hunter

Cavan Township Council has added its support to Millbrook Council's efforts to save the former Millbrook Public School for community use. A copy of Cavan Council's resolution has been forwarded to the Peterborough County Board of Education (PCBE), stating that the school buildings should be sold to the community at a nominal sum, and should not become a burden to the taxpayer.

The old school building, a village landmark, is presently the property of PCBE, and is slated to be put up for sale by them on October 1 if Millbrook Council fails to purchase it by that date.

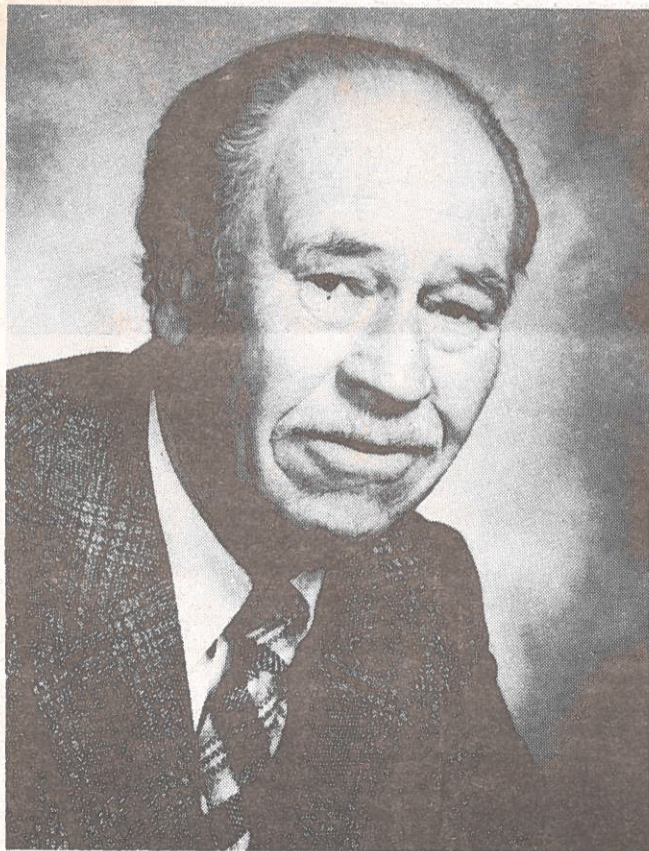
The Ontario College of Art, based in Toronto, has shown interest in buying

the building, and their decision is expected imminently. Should they decide against using the building, and it is sold to a private concern or developer, Council is powerless to prevent the new owner from levelling the historic structure.

Don Mikel, chairman of LACAC, in a representation made to Millbrook Council in support of the Public School, described grants available through the Ontario Heritage Foundation. These grants would make possible the restoration of the building, and Mikel assured councillors of the Foundation's interest in the building. Cobourg's Town Hall has recently been restored through funds from the Heritage Foundation.



Photo by Don Lawrence



Kenneth E. Fallis

Fallis Honoured by Environment Canada

By Fran Fearnley

Ken Fallis was awarded a Certificate of Achievement by Environment Canada on Tuesday, September 11. The certificate and a decorative indoor weather station were presented in appreciation of Fallis' volunteer work as a weather observer for the

Atmospheric Environment Service (A.E.S.) Steve Hardaker, of A.E.S., who officiated at the small ceremony at the Fallis' home on the 6th line of Cavan, explains, "The Achievement Certificate recognizes the quality of Mr. Fallis' observations and the prom-

ptness with which data has been transmitted to us." Fallis says climatology has held its interest since 1964. "It's been an academic rather than a scientific interest." He adds, with reference to the earlier days, "I was fascinated by how much information you could get from a calendar and a little tin can."

The equipment is more sophisticated now but volunteer precipitation recorders like Fallis, must still be prepared to take two measurements daily, morning and evening, whenever it rains. Temperature readings are also collected by volunteer weather observers from which records are compiled monthly by A.E.S.

Some 2,000 people across Canada record weather facts and figures on a volunteer basis. Environment Canada states, "Their regular, precise observations form the solid backbone of Canada's climate data base. Their ranks include farmers, housewives, doctors, teachers and pensioners - people from all walks of life and in all age groups."

In Ontario alone, Hardaker states, A.E.S. received some 40,000 enquiries last year on the data which was assembled from these voluntary recordings. "The questions come from a number of sources," he

explains, "municipalities gauging sewer capacity, home heating companies, students, insurance companies, engineers and farmers."

Farmers use the information to compute corn heat units, irrigation and pest controls. Fallis says that corn is a particularly sensitive crop and through a more precise understanding of regional weather patterns farmers are better able to select the strain which best suits their particular climate.

Climatological reports can also play a part in the law courts. Data is sometimes requested in legal cases, where precise weather information forms part of the supporting evidence.

Those interested in the volunteer weather observation program are requested to contact Steve Hardaker, at the regional headquarters of A.E.S. in Toronto. (416) 966-5822.

Permanent Fair Building Planned

By Celia Hunter

The Millbrook Agricultural Society plans to add a red and white pole-type steel Exhibition Building to the Fair Grounds in time for next year's Agricultural Fair.

The structure will replace the tent used in previous years for booths and displays, and will be located between the horse ring and the secretary's office. The existing building at the main gate to the grounds will be retained.

The new structure which will cost \$30,000 is being partially financed through both federal and provincial grants. Federal grants are available to the Fair Board for the first time as a result of the reclassification of the Millbrook Fair to Type "B" from Type "C". A total of

\$10,000 will be made available through these grants. A further \$5,000 has been awarded to the Fair Board by Cavan Council. Millbrook Council has also expressed its intention to award a grant in the upcoming year.

The Fair Board expects the structure to be closed in by this winter, with finishing work continuing in the spring. Don Winslow, spokesman for the Board, appearing before Millbrook Council, explained that the Fair Board hopes to have a full or partial concrete floor poured, and agreed that the building would be available for other events held at the grounds such as the Firemen's Field Day.

Public Input Sought for Official Plan

A public meeting is being held on Thursday, September 27 as a step towards the adoption of an Official Plan for the village of Millbrook. The meeting will take place at the Community Arena beginning at 7 p.m. The doors will be open from 5 p.m. and the village planner Judy Coward of the Greer Galloway Group will be on hand to answer queries.

The Official Plan being drafted for Millbrook helps to determine future development, identify trends and establish the character of the village. Copies of the draft Official Plan can be studied at the Millbrook Municipal Office and a draft map of the village indicating zoning designations is also on display.

Residents of Millbrook

are encouraged to attend the public meeting which is held specifically in order to inform the villagers and to hear suggestions and objections. Unless major amendments are required, this will be the only chance for public input into the Official Plan, which is scheduled for completion and adoption by the end of this year.

Millbrook's Bicentennial Celebrations

By Sarah Whitehead and Glenda Hoderek

On Saturday, August 25th, Millbrook celebrated Ontario's Bicentennial with a parade arranged by the Bi-Centennial Committee.

Darrell Kent Real Estate, Millbrook Correctional Institute, and many brass marching bands were among those who participated by making colourful floats.

There were antique cars and horse-drawn wagons from the beginning of the century along with period costumes to match.

Baton twirlers, naval cadets, Canada World Youth exchange students

and Bobo the clown walked along the streets waving and entertaining the spectators with songs.

The Parade left the Medical Centre at 12 pm, instead of 11:30 am as planned, and wound its way through the town, passing the Millbrook Manor and ending at the newly-opened Needler's Mill.

The contest winners for best in their category are as follows:

Best Float: Millbrook Manor, \$30.

Best Horse Team: George Windsor, Cavan, \$15.

Best Buggy: Milt Lacey, Peterborough, \$15.

Best Bicycle: 1st - Tanya McMaster, Fraserville, \$10; 2nd - Emily Cookson, Millbrook, \$5; 3rd - Melanie Hedlund, Millbrook, \$2.

Best Clown: 1st - Caleb and Eli Robinson, \$10; 2nd - Rachel Robinson, \$5.

Best Costume: 1st - Dorothy and Lyn Cury, Orono, \$15; 2nd - Marie McMaster, Fraserville, \$10.

Best Rider and Horse: 1st - Sherry Stanus, \$15; 2nd - Ralph Nelson, \$10.



Preparing for one of the canoe races.

Photo by Ralph Victor

Canada World Youth active in Community Project

By Celia Hunter

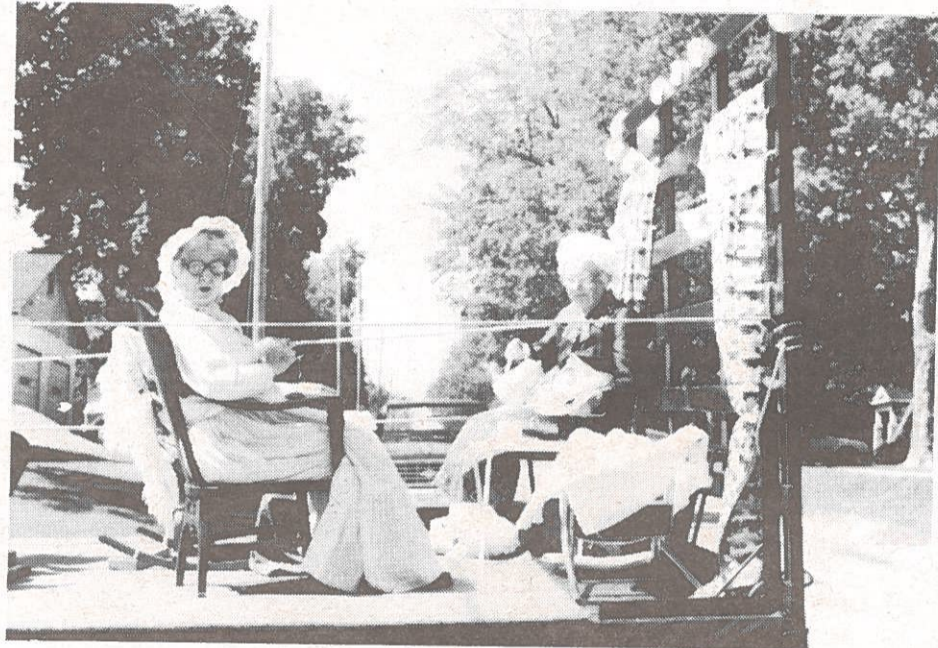
The members of the Canada World Youth group billeting in the Cavan-Millbrook area have been active in the further development of Mountainview Park in Millbrook under the

supervision of Mr. Allan Earle.

The group has brushed out the main trail, cleaned up debris in the field, and built a picnic shelter. The Otonabee Region Conservation Authority (ORCA) has donated paint for the shelter. Tools used by the

group have been loaned by Allan Earle, Cliff Larmer and Harry Williams.

A tree plantation is also being tentatively planned for part of the Mountainview Park area, under the auspices of the Committee on Environmental Awareness.



Alma Pudsey, left, Thelma Wade right on Millbrook Manor's winning float.

Photo by Ralph Victor



Working in Mountainview Park.

Photo by Greg Daily

In the afternoon, canoe races were held at the pond above the Mill. Although only three canoes participated in the races, enough fun and excitement was provided to keep the spectators entertained for a good hour and a half. Some of the more unusual races were the Mystery Race, in which all paddlers wore paper bags over their

heads (one canoe ran into the island, and one came perilously close to the dam); the Paddle-less Race (a little slower than the others!); and the One-Man-in-the-Bow (some very zig-zagging courses were run!).

The winners were: 2-man race, Bob Stevens and Hugurumague Magne; 50-50 (half running, half paddling) Bob Stevens and

Hugurumague Magne, Round-the-Island, Doug Shepherd and Rob Wilmshurst; Mystery Race, Doug Shepherd and Rob Wilmshurst; Paddle-less Race, Doug Shepherd and Rob Wilmshurst; Tug-of-War, Doug Shepherd, Rob Wilmshurst, and Maurice Micacchi; One-Man-in-the-Bow, Bob Stevens. All winners were presented with Bi-centennial trophies.



Village of Millbrook

PUBLIC MEETING CONCERNING A PROPOSED OFFICIAL PLAN FOR THE VILLAGE OF MILLBROOK

TAKE NOTICE that the Council of the Corporation of the Village of Millbrook will hold a public meeting on Thursday, September 27, 1984 at the Millbrook-Cavan-South Monaghan Community Centre to consider a proposed official plan for the Village of Millbrook under Section 17 of the Planning Act S.O., 1983. Doors will open at 5:00 p.m. with the Village Planner in attendance to answer any questions and the meeting will commence at 7:00 p.m.

The proposed official plan is a document containing objectives and policies established primarily to provide guidance for the future physical development of the Village of Millbrook having regard to relevant social, economic and environmental matters.

ANY PERSON may attend the public meeting and/or make written or verbal representation either in support of or in opposition to the proposed official plan.

ADDITIONAL INFORMATION relating to the proposed official plan is available for inspection at the Village of Millbrook Municipal Office, Millbrook, after September 12, 1984 during regular office hours.

DATED at the Village of Millbrook this 21st day of August, 1984.

Gail Empey,
Clerk,
Village of Millbrook,
Millbrook, Ontario
L0A 1G0



AS YOU LOOK OVER YOUR FIELDS OF CORN AND BEGIN TO THINK OF WHICH HYBRIDS TO PLANT NEXT YEAR, GIVE US A CALL, THAT WE MIGHT ORDER EARLY AND ASSURE YOU OF GETTING THE FUNK'S HYBRID YOU WANT.

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Diana Carpenter - 932-3246
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Merla McGill - 277-2402
Brenda Hudson - 944-5526

CLUB NEWS



Junior Drum Corps Leader Resigns

By Ruth Farr

The Junior Drum Corps leader Ted Fullager has resigned. Ted did a wonderful job teaching our kids all about the drums and glockenspiel. They played in the Millbrook Bicentennial parade August 25, 1984 and will be receiving a cheque from the committee.

On Sunday, August 26, 1984 this small drum corps went to the opening of the Mount Pleasant Fire Hall. They played a few selections before the opening remarks given by Victor Norman, Reeve of Cavan Township and as the flags were raised in place by John Turner M.P.P., they played a selection of John Peel. They enjoyed their part in this ceremony and the people enjoyed this unique band. Their closing selection was Oh' Canada.

On September 16, 1984 they were on parade with the legion members to open the Royal Canadian Legion "Legion Week".

On Sunday, July 29, 1984 the junior Drum Corps presented the Stars and Stripes and a small flag from the town of Lawrence Park where the band played, to president Lloyd Slack. The presentation was made by Kelly Baker and Pam Lorette, and a lunch was served by the Legion Auxiliary. The flags may be seen in our show case. There is a lot of history in the show cases.

Members of the Jr. Drum Corps are: Kelly Baker, James Park, Victor Norseworthy, Rob Norseworthy, Tanya Walker, Crystal Corfe, Daniel Corfe, Erin Buck, Thomas Richards, Sandy Olan, Heather Lunn, Darlene McCrimmon, Krista McCue, Kirs Sheppard, Kerri Raper, Sherri Windover, Debbie Branscombe, Christine McChestney and Susan Anthony.

The Corps needs a banner. Anyone interested in supplying one or any suggestions will be appreciated.

To the children of all schools, the Poetry and Essay plus posters will be under way in September.

The August birthday night was for a special event "The Cat Scan". The branch sent two hundred dollars. Doreen Taylor of Ways and Means made this possible with entertainment by Jeremy Parkin.

Branch 402 has donated to the community \$6,322.19. A small branch but a Big Heart. The ladies will travel by bus to

Niagara for the opening of the provincial convention. This is sponsored by the branch, so Auxiliary members 'turn out' and enjoy the day at the Falls. Our delegates are comrades Stella Sander-son and Vera Gilles.

Millbrook; did you know that all the Legion Bingo monies return to the community?

The Legion would like to welcome the new people to the village and hope they succeed in their new ventures and their homes.

Our pub night is open to all over eighteen. The trio is from the city of Toronto, cabbage rolls for sure!

Historical Society plans year's events

By Doris Ingham

A most interesting season was planned when the executive of Millbrook-Cavan Historical Society met at the home of the president, Jocelyne Daw. The first meeting of the season will take place in the Cavan township hall on Monday, September 24th, commencing at 8 o'clock. Although visitors and prospective members are always welcome this will be a special membership night. A social time will follow the meeting.

At the October meeting Jocelyne will show old pictures she has collected of Cavan, and its people, as it used to be. These will be included in the book she is writing. Tentatively the book has been entitled "Blazing Ontario -- A History of Cavan Township". Jocelyne reports that some of these old pictures are simply superb.

In November Mike Peterson, professor of English at Trent University

will be the guest speaker. He will discuss pioneers Catherine Parr Trail and Susannah Moodie and their books on early Canada.

For December the usual Christmas party will be the order of the day.

To look a little further into the future, in January the executive are considering devoting the evening to a study of early libraries. At first these were known as "mechanical institutes". The one in Millbrook was started by David Hampton, principal of the school here.

Millbrook - Cavan Pastoral Charge

United Church of Canada
MINISTER: Rev. Douglas Mitchell
WELCOME TO WORSHIP
 Cavan United Church 9:45 a.m.
 St. Andrew's, Millbrook 11:15 a.m.

Millbrook Christian Assembly

Rev. L. Trimble, Pastor
 Larry Armstrong, Youth Pastor

Sunday School - 9:45 a.m.
 Worship - 11 a.m.
 Gospel Service - 7 p.m.

Everyone Welcome



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September is

"ARTHRITIS MONTH"

We give 10% OFF every purchase of Arthritis Remedy

Just say "It is for arthritis"

(good between now & end of Sept.)

Statistics Canada: More than 3.2 million Canadians have a problem with arthritis.

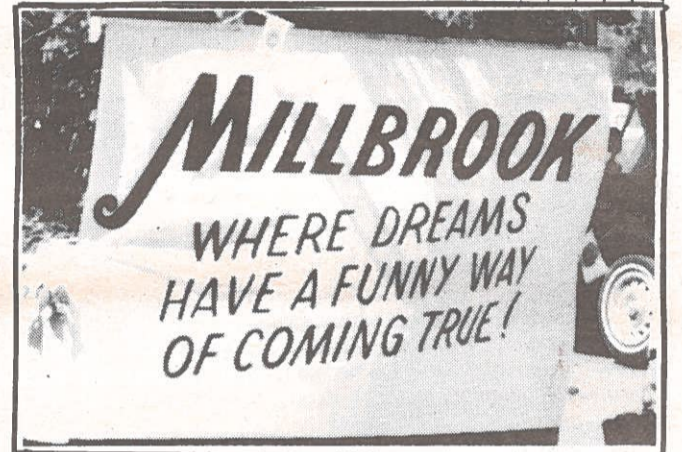
Busy Summer for 4-H Club

By Karen Armstrong

The Peterborough West Dairy Club held its fourth and final meeting on August 6 at the farm of Matthew Sargent. The meeting was opened with the 4-H pledge. Highlights from the business included discussion of Junior Day on August 16 at the Peterborough Ex, Showmanship and Preparation Day on August 7 and Judging Day on August 9. Two visitors from Canada World Youth were present, and plans were made for working on the Exhibit Board for the Peterborough Ex.

After the business was taken care of, we then judged a class of Jersey cows which was a challenge for some. We were shown some calves with faults, and were told what to do if our 4-H calf had any of these. Our leader showed us how to clip our calf for Achievement Day.

Following a quiz we enjoyed a delicious lunch set out by Mrs. Sargent, and plans were made to hold a pool party at Karen Seymours' on August 26 to round off another year of 4-H. Thanks go from all members of the Peterborough West Dairy Club to Jim Sargent and John Heeringa for being our leaders.



So reads the banner gracing the Darrell Kent Real Estate Float entered in the Bi-Centennial Parade. Photos courtesy of Darrell Kent Real Estate

SCOUT NEWS

Season soon to start

By Peter Ross

Beavers, Cubs, and Scouts will be starting soon. Registration dates and places are as follows:

Beavers (age 5-7)
 6:30 P.M. to 7:30 P.M.
 South Cavan School
 Thursday, September 20

Cubs (age 7-10)
 6:30 P.M. to 8:00 P.M.
 South Cavan School
 Wednesday, September 19

Scouts (age 11-14)
 6:30 P.M. to 8:30 P.M.
 Township Hall in Millbrook
 Tuesday, September 18

NOTE: These are the first meetings of the year for these groups and it is planned that the meetings during the year will be in the same place and time.

Further information call: Beaver leader Mr. D. Pollock 932-5286; Group Committee Secretary Mr. P. Ross 932-2820.

*We knew you were coming
 so we baked a cake.
 And some muffins and
 butter tarts and scones and
 tea biscuits and pies.*

Come and get 'em:
 fresh baked goods are now for sale
 at Tea & Company on a first-come,
 first-served basis.



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 11 to 8 Wednesday to Sunday
 932-3171

CORRECTION

PINE RIDGE
 KAWARTHA
 APARIES

HONEY

FALL HONEY
 from September 21st

not Sept. 17 as printed
 in last month's issue.
 Sorry for any inconvenience.

THE MILLBROOK HIGHLIGHTER

Established 1983
Published monthly by Millbrook Intermediate and High School Students Council, Millbrook, Ontario

Celia Hunter.....General Manager
Caroline Gaffney.....Business Manager
Lianne Landry.....Advertising Manager
Evelyn Raab.....Art Director
Debbie Luchuk.....Editor in Chief
Clayton Thexton.....Circulation Manager
Fran Fearnley.....Production Manager
Wendy Brown.....Sports Editor

Opinions expressed in this publication are those of the writers and not necessarily those of the staff of the paper, the staff of Millbrook Intermediate and High School or the Peterborough County Board of Education. The Highlighter is a self-supporting non-profit publication.

Advertisers in the Highlighter agree that the publisher shall not be liable for damages arising out of errors in advertisements, however caused and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement.

Letters to the editor are welcome by the Highlighter and should be on topics of community interest. The editors reserve the right to edit letters for length, grammar, clarity and libel. Letters judged unsuitable cannot be acknowledged or returned.

Letters must be in good taste and bear the name and address of the writer. Anonymous letters will not be published.

Address letters to: The Editor, Millbrook Highlighter, P.O. Box 220, Millbrook, Ontario L0A 1G0.

EDITORIAL

Government by the People

We have all just been through a period of excitement and anticipation, a summer of debates and decision-making, peaking in the federal election at the beginning of this past month. The interest shown was high, involvement was widespread.

Now the choice has been made. The excitement is over, and interest will flag. Typically we will all relax, sit back, and trust that our elected officials will do what's best both for the country and for us. And indeed it is the responsibility of the elected to fulfill their election promises. However, it is equally the responsibility of the electors to make sure they do.

Every taxpayer owes it to himself and herself to keep in touch with what goes on at every level of government. Each of us pays for government representation at the federal, provincial, and the municipal level, and the actions of our elected members affects our lifestyles and the quality of life.

It is up to you, the elector, to let your various representatives know of your concerns. Federal M.P.s can be addressed through letters sent to The House of Commons, Ottawa. No stamp is necessary. For most of us, Allan Lawrence is the man to write to. Provincially, our M.P.P. is John Turner who can be contacted through his constituency office in Peterborough.

Most accessible of all, are our municipal representatives. These men and women depend on our input in order to decide on direction and make decisions. Our reeves and councillors do not run for office on party platforms and promises. It is therefore up to us to let them know where we stand on issues that affect us. Those who speak up are heard; those who remain silent cannot be properly represented. Find out what's going on! After all, they are your tax dollars; make sure they are going to good use.

Letters to the Editor

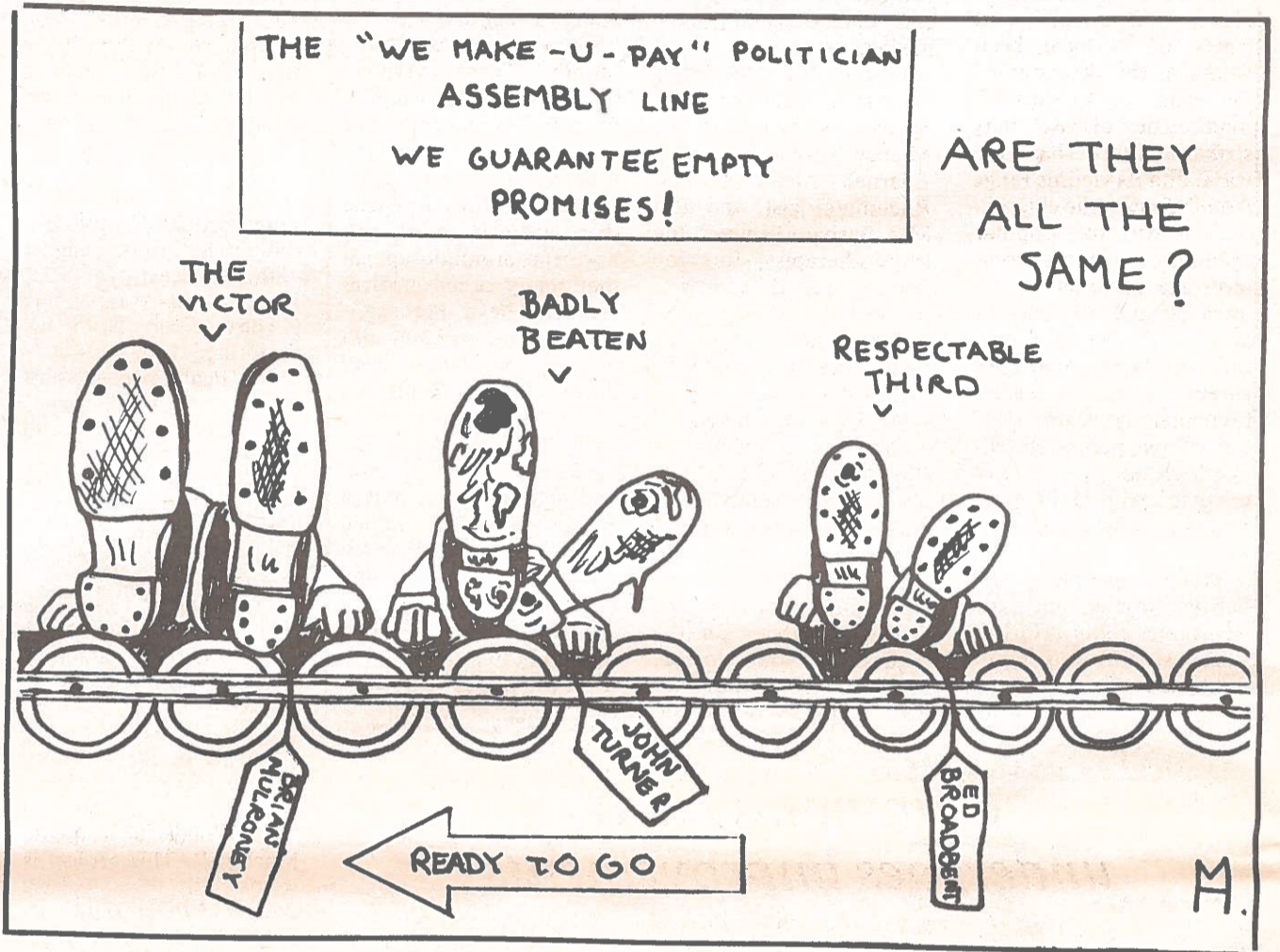
Public School should be designated

Millbrook Public School is a costly lesson to all trustees of public property. Never give up title to another elected body without formal agreement for due compensation. Peterborough County Board of Education decided in its wisdom to close MPS in favour of "more efficient, more economical" portable units located on the campuses of the Millbrook High School and South Cavan Public School. Incidentally, the terms "efficiency" and "economy" are P.C.B.E.'s rendition of the progress theme song. Those of us whose ancestors built and paid for the building, its maintenance, and its operation may be pardoned if we question both the efficiency and economy of the purchase, maintenance and operation of the portable units.

Coming from the north into Millbrook, on County Road 10, at the top of Dawson's Hill, MPS stands out like a medieval castle, a landmark to

Millbrook, a monument to our ancestors who had the will and wisdom to create, maintain, and staff this seat of learning for almost a century. But sentiment can no longer be the deciding factor in retaining historic sites or buildings. In this bureaucratic ear, every building which bringeth not forth good dollars must be hewn down and cast into the fire. I am told that P.C.B.E. denied designating MPS as an historic site. "Designation" simply means that the exterior must be maintained in its original architectural integrity. The interior may be converted to whatever purpose the owner desires. But P.C.B.E. felt that a potential high bidder, restricted from making a parking lot, or a supermarket, or apartment building, might detract from its market value.

What with deficit budgets, high taxes and all that, even historic sites must at least partly pay their way. The lead editorial in Aug. 15



Highlighter notes that Ontario College of Art were prospective purchasers "with plans to open a campus here in Millbrook". The best end use of MPS is as an educational facility and the interests of O.C.A. should be vigorously pursued. Cannot the Board which acquired MPS for nothing accept a reasonable price, cannot the Arts Council or those numerous government bodies which exist solely to give dollars to worthy causes, see the merit in establishing O.C.A. in this facility in Millbrook?

Finally, Millbrook and Cavan Communities can only benefit in prestige and revenue, from having a college in the community.

But should the deal with OCA fall through there remain numerous other uses which would enable the old school to maintain itself and continue serving the community. The three National Leaders, in their debate on Women's Issues, all agreed that Day Care Centres were desirable. Even if this should happen, it won't be immediate, but MPS would provide a much superior facility than an additional portable unit.

Community Colleges are reaching out to communities. MPS would lend itself admirably to adult education courses.

Numerous other meaningful uses for this school and playground will undoubtedly be suggested. Let's declare a moratorium on deadlines to permit an unbiased look at the potential community service that we should expect from MPS. Before the property becomes a factory site, or a used car lot, let's select the best alternative.

Ken Fallis

A fine landmark

The Millbrook Public School is a fine old building, beautifully situated overlooking the pond, with land now adjacent to Mountain View Park. It is an imposing landmark as one enters the village from the Cavan road. The community worked hard to erect this substantial building almost one hundred years ago, and if we are going to retain the unique character of Millbrook, we must have a sense of appreciation for the responsibility to such important buildings still in existence. We have much to learn from these legacies of the past, a sense of beauty of line, space and mass, a feeling for ornamentation and a pride in workmanship and engineering.

It is not impossible to embrace the old and the new. If we can encourage an appreciation and a

cooperative spirit for both aspects of our village, a far sighted and challenging view to the future, then I am confident we will have great community support in returning this building to a functioning part of Millbrook.

Sincerely
Grace Glass

L.A.C.A.C. to assist Council

I am writing on behalf of the Millbrook LACAC offering our support in saving the old Public School. This building is important architecturally and historically and has long been a community focal point and we hope the Village Council will do whatever they can to save the building. The LACAC group are willing to assist council in having the building designated as a heritage property and to negotiate with the Ontario Heritage Foundation for restoration grants if the school can be obtained.

Sincerely,

Don Mikel, Chairman

MEMBERS: Sue Riches - Secretary; Dave Tong - Treasurer; Huntley Brown, Pauline Lyons, Hans Grieger, Harry Williams, George Raab, Polly Hurley, Pat Riches.

Looking for Relatives

I am writing to your paper in hopes I can get some information regarding some of my relatives.

I was born about one mile east of Millbrook at the home of my maternal grandfather David Robinson on November 15, 1917. I had a brother who died when he was one day old and is buried at the Presbyterian Cemetery there. I have the deed to his lot.

Ten years ago my sister and her late husband Jack Peebles stayed with people in Millbrook (she, the hostess had been a Robinson), they had attended the 25th anniversary of Mr. and Mrs. Stan Rylott, Peterborough. My sister cannot recall their last name and I am hoping they will read your paper and reply to my letter. Also I should appreciate it if the lady who keeps the records for the Presbyterian Cemetery could do likewise. The reason for my search is I am compiling, or trying to compile, my family history.

I have discovered several relatives through letters to editors and clerks of towns and villages. I shall appreciate any assistance you can give me.

Mrs. Minnie Noakes
Hensall, Ontario



Find Out More About Arthritis

By Arleigh Carew

A Public Meeting is planned for September 20th, 7:30 p.m. at South Cavan Public School for area residents to learn more about their arthritis problems. There is no admission charge.

Arthritis is mankind's oldest affliction, and traces of it have been found in the skeletons of dinosaurs and prehistoric man. The disease may strike in more than 115 ways, and its victims range from infant to the elderly.

Contrary to popular opinion, the most common age of onset is between 30 and 40 years of age, usually when its victim is in the prime of their career or busiest homemaking years. Nine out of ten people in this age group will have enough arthritis in their bodies to show up on an x-ray.

Many people still believe myths and old wives tales about arthritis, such as, "if you don't think about it, it will go away." or "you can drink

parsley water or cider vinegar with honey to get rid of it."

The National Arthritis Society's communications programme exists to inform and educate people about arthritis, and to encourage people to get an early diagnosis and proper medical care.

Under the education programme, the Arthritis Society is bringing Dr. Michael Surgai, Doctor of Internal Medicine and Rheumatologist, and also Mrs. Barbara Rimmer, the Physiotherapist for the Society, for this district, to explain the nature, treatment and the research being done in the field of arthritis.

Dr. Surgai has taken his training as a Rheumatic Disease Unit with further studies at Sunnybrook Hospital in the same area.

Mrs. Rimmer is known to several in Millbrook, Cavan, and the Bailieboro area. On the request of your doctor, Mrs. Rimmer comes into your home to direct and

supervise your exercise programme to keep you as mobile as possible, by strengthening muscles, but at the same time making sure you do not aggravate your condition by exercising when a joint is already inflamed, thus doing further damage.

September is "Arthritis Month." There is very little government funding for arthritis research, nor is there specialized training for doctors in the field of arthritis. It is true that arthritis does not have the dramatic appeal that many other medical problems have, because it is a chronic problem and in the past has been dismissed as "It's just arthritis". But, for those who have to carry the burden of constant pain and aching joints, it is a cause deserving much more study and research into its treatment and cure.

Please - give more than a thought to arthritis. Join us at the important public meeting on September 20.

Bowins as described in the August column. Their regular season will be starting September 6th with meeting and euchres, every other Thursday, at the hall.

One member who will be sadly missed is Ralph Holtby. Sympathy goes to his wife Anne and family, on his sudden passing Friday, August 17th. A happy memory will be a visit to their daughter and family in Sudbury before his death.

Eight of our firefighters have successfully completed the course in Basic Cardiac Life Support in order to be prepared for such emergencies as this. If the fire hall is called, someone can be on hand in a few minutes to be of assistance.

Also sympathy goes to the family and friends of Bill Strong, who died in Peterborough Civic Hospital on Saturday, August 18th. At least, for Bill, it was a blessed relief. He is now freed from his suffering.

Ken Benford spent a part of his vacation on a honeymoon. He and Doreen were married in Peterborough at the City Hall on Friday, August 10th. We hope both of you have many years of happiness together.

On August 14th, the shelter at Pontypool Park was filled for a rare type of entertainment. The audience was mostly children. Station 15, the apprentice company of the Cobourg Summer Festival, presented a delightful play entitled "The Wonderful Nonsense Machine". This project is funded by the federal government through its Summer Canada Program for Students. The players ranged in age from 15 to 24. They are people who have an interest in theatre and had to audition for their jobs. They have performed in high school and college shows. This type of summer employment is valuable because of the students' interest in theatre or public relations or personnel careers.

A new little baby has arrived to give pleasure to Donna and Alan Fallis. Hayley Marie was born on Monday, August 6th, in Mount Sinai Hospital, Toronto. Proud grandparents for the eighth time round, are Cliff and Yvonne Fallis.

We wish to thank all

those who worshipped in Pontypool Church during the summer months and encouraged our guest preachers by your financial support and by attending. There will be a news bulletin early in September to acquaint you with plans for the fall season as far as they affect our local church.

Pontypool Residents' Association Report

By Nettie Aiken

At the last council meeting, two petitions were presented to the members, which asked that the water rates established for Pine-wood Estates be reviewed and the charge made more realistic, and the second which asked that the derelict building opposite the fire hall in Pontypool be condemned and removed. An overwhelming majority of the local residents signed these petitions.

Council agreed to take both petitions under review and would let the Association know their decisions on both these matters.

To date, the Association executive has presented briefs at most of the council meetings this year. Unfortunately it would seem that our elected members do not wish to hear the opinions of their constituents any further as we are having great difficulty in getting an appointment at the next meeting.

Promotion



Master Corporal M.J. Lunn

Michael J. Lunn son of Mr. & Mrs. Ralph Lunn of Millbrook, was recently promoted to the Rank of "Master Corporal" at ceremonies held August 9, 1984 at C.F.B. Petawawa, Ontario. Michael is now temporarily stationed at C.F.B. Gagetown, New Brunswick.

Perhaps our individual members could let their elected councillor know how they feel about this situation.

The Association is happy to be able to report that the promised extension to the sidewalk on the Post Office Hill is now under construction and will be paved shortly. Our thanks to councillor Bob Brown, for his efforts in this regard. Also a sign was erected at the junction of Highway #35 and the

Continued on Pg. 2

PONTYPOOL NEWS

Community hall undergoes improvements

By Nettie Aiken

The leisurely pace of the summer has gone and fall activities are starting up. This column will attempt to wrap up news items of one season and introduce you to the next.

Dora Duncan is now in Scotland for a holiday with her people. When your reporter was talking to her, she was looking forward to the trip. The Ratcliffe family enjoyed three weeks recently discovering the Maritime Provinces and Newfoundland, and fully appreciated both the scenery and the people. On a break for a few days in the Gananoque district, your reporter and her husband met the entourage accompanying Steve Fonyo on his cross Canada walk, following in the footsteps of Terry Fox.

Travel can be very educational. Tom and I, on the trip mentioned in the previous paragraph, learned about an industrial use

for talc. Besides being a cosmetic, it is a component of fibreglass. The talc manufacture and distribution is a livelihood for people in the Marmora region of Central Ontario.

During the summer, the Community Hall has had some improvements made to it. One of the things to help pay for this was the rental, once again, of the beer tent. Curtis McKay had plenty of help in hauling it out on the lawn for repair and back in for storage until it was needed. Please give the hall your support by attending Bingos, dance and by renting it for special occasions. To book, phone Dorothy Bowins at 277-2347.

Nursery School will be starting again on September 6th, with a new teacher. There will be a morning class and an afternoon class. We wish the little ones, the staff and the mothers, who are also vol-

unteer helpers, a good year.

Carol Sutch and the committee responsible for the fund raising Salad Bar luncheon to benefit the Victoria County Pre-School Resource Van would like to thank all who made this event a success on Tuesday, August 21st. The quality of food was on a par with what is offered in restaurants, only on a smaller scale.

Youth groups will be registering during the month of September. I hope to be able to summarize meeting times in the October column.

The Keenagers are to be congratulated for providing fun with horseshoes throughout the summer at Mervin and Dorothy

Do you suffer from Arthritis?

The Canadian Arthritis Society

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(Rain date September 29 & 30)

The Fire Hall Present and Future



Millbrook Council applied for designation of the firehall at their September 4th meeting.

By Ken Fallis

A saw off was reached by mutual consent between Cavan and Millbrook. I am not privy to the details, but the bottom line is Cavan gets the Hall, with Council Chambers, Administrative Offices and Auditorium. In case of insurrection I think there are still some lock-up cells in the basement but of this I'm not sure.

Millbrook gets the firehall. A very historic building, architecturally significant, I'm told. I only recognize it as a pleasing picture, a link with the past which should be retained for the future. But how? Old buildings, new ones too, require maintenance, and maintenance costs money. So some way the old building must generate some cash, otherwise it may fall down, be torn down, or remodelled in such a way that the historic significance is lost. In the case of the firehall this fate could be avoided if the building were designated as being historically significant.

Which brings up the subject of LACAC. I like the name, because it sounds like lactic acid, associated with dairy products like cheese, yogurt and buttermilk. But of course it isn't at all. LACAC is the short form for Local Architectural Conservation Advisory Committee. Perhaps the key word in LACAC is the last A, Advisory. LACAC advises council which structures should be designated as historical buildings. Council, if they agree, contacts the

owner of the building to obtain his agreement. There may, or may not, be grant incentives for the owner to maintain the exterior condition of the building. But the exterior must not be remodelled, added to, or subtracted from its original design. However, the owner may revise the interior for any purpose he desires.

So what has this got to do with the Millbrook Firehall? Millbrook owns it, so they don't have to ask anybody's permission to designate it historical - but even an unused building requires maintenance if it is not to moulder away. So how can the unused firehall generate enough cost flow for even minimum maintenance?

If the firehall were for sale to the highest bidder, may I respectfully suggest to prospective owners a profitable use for the building. Millbrook has a liquor store where, a traveller can buy any quantity of take-out booze. But it presently doesn't have any place where you can buy one drink with lunch or dinner. So to some entrepreneur, with a few hundred thousand, I suggest the firehall, call it the Tower Tavern.

Not so crazy as it seems. The tower could be divided into about four intimate cubicles for four to six people. Service could be via semi-automatic elevators, and an emergency exit via the time honored brass pole which firemen were supposed to slide down when the firebell sounded.

We make so bold as to suggest that the usual orders of rye and ginger, gin and tonic, etc., should have priority, but a wine list should be expanded to include some fancy named cocktails e.g. there is a window at the top of the tower overlooking some of the surrounding village. Why not name one drink the Look Out, the idea being that after one drink, Look Out. This could be 1/3 screech, 1/3 rye, and 1/3 beer. Since the idea is to retain and enhance the image of the firehall, we would name one drink the Fire Extinguisher. This should be half ginger ale and half water. The management should make a profit on this one.

The bell which used to hang in the tower's belfry was stolen from a Saskatchewan town called Batoche during the Riel Rebellion, by Millbrook Militiamen. It is now safely esconced in the lobby of the Millbrook Legion, but I suggest, that it deserved recognition with a drink called Riel Bell. This should consist of 1/2 Irish Whiskey in memory of the Irish protestants who put down the rebellion and 1/2 iron oxide water from the adjacent artesian well. I could go on, but why waste space in the Highlighter.

Some know-it-all tells me you must serve food to operate a tavern. And if you just sell beer, you must have at least one room to rent. O.K. I go for the food thing. Can't see furnishing a room for somebody who'd just as leave sleep in his car.

So why not hot dogs? Easy prepared, use Canadian beef, catsup, pickles and mustard. But don't call them hot dogs. Call them Dalmations. You know, the black and white spotted dogs that used to run with the horse-drawn fire engines. And, if a hot dog sells for \$1.00, a Dalmatian should bring at least \$1.75.

If anybody's interested in the firehall, come around and see me. I'm not giving away all the possibilities in the Highlighter. But there are lots of ways the firehall could be self-sustaining. It makes me sad to see buildings condemned to self destruction by disuse and neglect like the Millbrook Public School, no, Continuation School where I was first introduced to Shakespeare, algebra, physics and chemistry. With no sentiment, or sentimentality, do these buildings have to be replaced by mass produced protable units?

P.S. As I finished writing this, I heard a radio announcement that the GM Oshawa's expansion will be backed to the extent of 22 million dollars by the Government of Canada. So why shouldn't somebody with limited capital get an interest free loan to make a historic building a paying enterprise? See your friendly M.P.

TO THE TALL SHIPS

By Clayton Thexton

The day the tall ships graced our bays,
We skipped a stitch in time,
And saw the ways of other days
Enhanced with grace and rhyme.

Stately, serene and tall they stood,
With magic in their sails.
Their days of romance, wrought in wood,
We glimpsed through mystic veils.

They told their tale of courage, great
As those who came before,
At distant date, in league with fate,
Their quest, a friendly shore.

The day the tall ships anchored fast,
They held us in their spell,
With snails clear cast, the stalwart mast,
Their sway to toss and swell.

As mariners of other days
They boldly laid their course,
With sea-born lays and ancient ways,
The wind their guiding force.

The day the tall ships sailed away,
We felt included in
A special day in history.
With olden things akin.

Then as they sailed beyond our view,
With crew of young and brave,
We cheered them to their well earned due,
Their heritage, the wave.

Bible School a Success

By Lorne Trimble

Vacation Bible School in Millbrook, sponsored by the Millbrook Christian Assembly, was a success again this year with 161 boys and girls registered for the five day program in August. The theme for the week was "God Loves Me". The mornings began with lively singing, the learning of Bible verses, adventure movies with the Goosehill Gang, games, stories, crafts and treats.

Featured throughout the week were two young college students, Les Burton from Peterborough and Darin Latham from London, playing guitar and giving illustrated chalk talks. Many awards were earned by the children. As attendance grew every day, it was evident the children enjoyed a time of excitement and learning.

The teenagers had a great time in the evenings with Les and Darin, as throughout the week the activities varied from 'A Talk on Rock' to swim-

ming and a corn roast. On Friday, the boys went camping at Bracebridge and the girls enjoyed an overnight party at the home of Josselyn Armstrong.

An ongoing program for boys and girls, and teenagers, is offered weekly through sponsorship of the Christian Assembly in Millbrook. Wee College, for ages 5 to 7 years, and Missionette girls, for ages 8 to 12 years meet on Tuesday nights at 7 o'clock in the lower auditorium of the church.

Crusader boys, for ages 7 to 12 years, meet on the same evening at the South Cavan School Gym. Registration is open throughout the month of September and information can be obtained by phoning 932-3187. Teens meet at the church on Friday nights at 7:30 for a variety of activities under the leadership of Mr. Larry Armstrong. These excellent programs are available to all youth of the Millbrook area.

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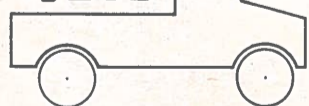
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HISTORIC CAVAN



Fairmount Public School, 12th line quarter line 1880's

How I Spent My Summer Vacation

By Jocelyne Daw

Memories are what history is made of, and this past summer I have spent many interesting hours listening to old time residents relate their stories of life in Cavan Twp. Their memories, along with the many photographs I have collected will form the basis for the book, *Blazing Ontario: Life In Early Cavan Twp.* which will be produced by the Millbrook Press. In this month's *Historic Cavan*, I wanted to share with you and give you a sneak preview of some of these reminiscences from the people who lived them.

Cavan Twp., as you likely know was settled by Protestants from County Cavan Ireland—a hearty bunch of staunch Orange Irish. Roman Catholics were few and far between in Cavan's early years. Art Thorne recalls doing the 1921 Census, listing all Cavan residents, their religion, home, occupation etc. "When I did that census, there were only three Roman

Catholics in the whole twp., and at that time there would have been a good number of people living here."

Bernice (Smith) Macdonald, whose father owned the first garage in Millbrook recalls when one of the widowers married a Roman Catholic from Keene, there wasn't a Catholic Church anywhere in Cavan and "she would only be able to get to church in Peterborough in the summer when the traveling was good. So in the winter, my mother would let her listen to the Catholic Church service on our radio on Sundays."

Unlike today, at one time Millbrook had a train coming through the village five times a day. It serviced the local residents with transportation to Peterborough and Port Hope. Completed in 1854, the railway station was the hub of life in the village and surrounding area. "There was a grain elevator and a hog yard at the

Millbrook station", recalls Ken Fallis, "We used to take our extra grain there and sell it. Things looked really booming back then."

Art Thorne recalls watching the trains coming out of the village going towards Port Hope. "It was quite a grade and we used to sit as kids and watch the old freight trains, with about a dozen cars go up it and when the old machine got stuck and gave its last grunt, they would cut it in two and take half to the top and then come down and get the other half. That was an outing for us to watch the trains, a good summer's night out."

Of course when there was the threat of closing the train down (which eventually happened in the 1950's) a delegation from Millbrook went to a meeting in Port Hope. "And when the meeting was over, one of the officials said, well you just have enough time to catch the last train to

Millbrook" recounts Ken Fallis "But they said no, we have lots of time, we all came down in our cars. Well that blew it for the village."

Millbrook was a thriving little community around the turn of the century and earlier. "They had everthing you could possibly want" according to Art Thorne, even the best whiskey in the area. "The Millbrook Distillery was run by Mr. Sowden down by the creek. That's when they used to have whiskey the same price as wheat. I can remember hearing talk of a trail blazed from Orono to Millbrook to get to the distillery. It was gone long before I was around. They had only whiskey but my god it was the very best."

In the days before electricity and refrigerators, people from the village and surrounding area would pay to cut ice out of the millpond in Millbrook. Velma Fallis recalls having to keep their butchered meat in Millbrook at the Ice House and they came into town once a week to get enough meat to last them until the next pick-up.

"We also used to come into Millbrook once a week to get our grain ground at the Mill. We would bring in just enough to last us a week. I used to love coming in reminisces Ken Fallis "Because while we were waiting for the grain I would go and play pool in the pool room."

Agriculture formed the basis of the local economy in the early 1900's. The Fallis family were always excellent farmers and very typical of the Cavan farmers. "Winter wheat was our cash crop. It was mainly mixed farming we did" tells Ken Fallis. "There were no cash farmers in those days. We did a little bit of everything. Even the beef cattle were so called dual purpose short horns. The cows were milked and the steers were the beef of the operation. Everybody did a little bit of everything."

"I got my first tractor, a used one in 1955. Until then I used work horses" recalls Art Thorne.

Along with the remin-

iscences, I have collected numerous articles and other material on the history of the twp. which will form a large part of the book. As well, people from all over Cavan twp and outside the area, have lent me their valuable treasures, photographs and memorabilia. My official photographer, the talented Geoff Elton is in the process of rephotographing this collection for me. (I plan to show these photographs at a meeting of the Historical Society in the Fall-watch for announcements.) The photographs are a marvelous visual remembrance of life in the twp.

in the early years. So far I have collected photographs ranging from the 1923 Old Boys and Old Girls Reunion in Millbrook, to the aftermath of the 1875 fire which changed Millbrook's main street from north/south Tupper St. to east/west King St. to farmers threshing in the fields to old class photographs from many one room schools from around the twp.

Slowly the book is starting to take shape, but of course there is much work left to do yet. I look forward to interviewing many, many more local and former residents and to collecting other photographs from earlier days. If you have any photographs, memorabilia or other reminiscences, I hope you will feel free to contact me, because it is these elements and your help which will make this book on Cavan twp. a success. Last of all, a huge thank you to all those people who have to date been of so much assistance in my quest to record, visually and orally the fascinating history of this area.

Residents' Assoc. Cont. from Pg. 5

4th concession to mark the turn better. We are now seeking a sign on the west side as well. Paving is taking place in the north end of the Pinewood Estates subdivision which will alleviate the dust problems.

We would like to take this opportunity to ask all residents of Pontypool to give your utmost support to the new Pinewood Park Board. Remember this park is for all of us and any assistance both financially and bodily would be most appreciated. (call 277-2048).

Council's decision on our petitions will be communicated to you, as soon as it becomes known. We are hoping for a favourable outcome.

If you have any concerns or ideas about our community, please share them with us. Memberships are available at a cost of \$5.00 per year. Call 277-2249 for details. Thank you for your continued support.

Mary Sutch has been in Bowmanville Hospital as the result of a car accident. Linda Rose and Bernard Neals are both home now, doing quite well, for which we are thankful. This relieves Jessie to a big extent. Please remember all of those in your prayers.

A lovely bridal shower took place in the Community Hall on Monday, August 27th. It was given for Karen Jenkins (nee Neals) who was married on August 3rd. It was a lovely evening and the turnout was good.

To close, the season is coming up for the fall fairs. One which is exceptionally good, for the size of the town, is Lindsay Fair. It runs most of the week, from September 23rd to September 28th. Also, some of you may wish to participate in the continuing education classes offered by the different boards of education and the community colleges.

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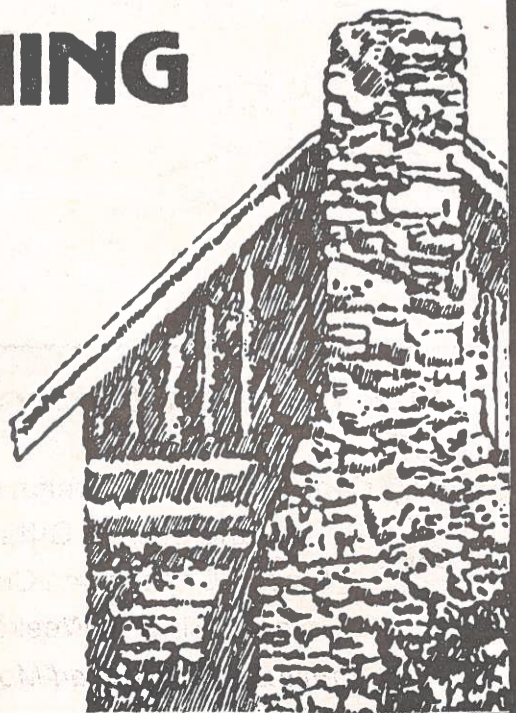
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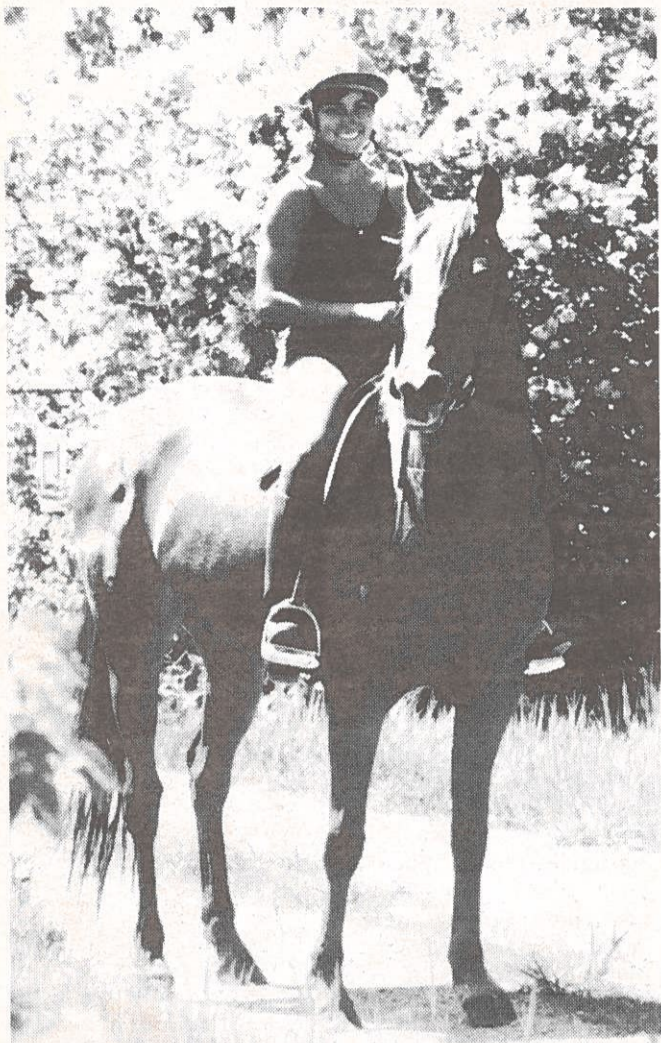
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SPORTS & FITNESS



Edie Tarves and Mandrake

Photo by Grace Glass

Local Equestrian Makes Fine Showing at 1984 Olympics

By Wendy Brown

Fraserville's Edie Tarves made a fine showing for Canada in her Olympic debut in Los Angeles. Competing in the gruelling Three Day event, Tarves was pleased with her performance, calling it "a very good start" for her Olympic career.

The Three Day Event has a very complicated marking system. The dressage phase is the only event for which a horse and rider

are judged and given marks. Tarves scored well in the dressage, placing amongst the top half of the competitors. The very tough cross-country course is scored using a penalty point system involving both penalties and time. In this part of the event, Tarves and Mandrake had a problem at the hardest and most complex jump on the course, but were clean at all of the other jumps, a very good showing for a

Pontypool League Pitches a Few

South Monaghan young people were involved in a variety of teams this summer in the Pontypool District Softball League. The South Monaghan Junior girls team won their semi-finals, losing to Bethany in the deciding fifth game of the finals.

The Pee-wee boys won their quarter and semi finals and are now playing the finals against Yelverton.

The mixed Mite team won their semi-final versus Pontypool, and is currently playing Millbrook in the 2 out of 3 game finals.

The Bantam boys team, coached by Roy Watson won this league.

In T-ball, the 5 to 10 year old players, composed of 2 teams of South Monaghan students competed with each other.

In this way they learned about baseball, team spirit, and had a lot of fun. As a season ender for the T-ballers, a Coach vs. children game was played, and the children won!

first Olympic performance. Tarves's stadium jump phase was not only clean, but attractive. She and Mandrake helped Canada to attain her final 10th place standing.

Tarves felt that her inexperience as a rider showed (she was competing against riders who have been riding competitively for over 20 years) but said the experience proved to her that she could do it, that all the years spent working towards this goal were worth it. "It will not be my last Olympics" she vowed.

Tarves and Mandrake will be working towards their next goal, the World Cup, to be held in Australia in 1986. Whether it be with Mandrake or with one of the other two horses she is presently training, Tarves is determined to be a member of Canada's 1988 Equestrian team in Korea. With such a good start she will be hard to beat.

Millbrook Red Cross Swim Program Declared a Fun Learning Experience

By Joanne Birnie

Summer is over and for many of the children in Millbrook who enjoyed the Red Cross Swim Program it was a fun learning experience.

"On behalf of the Millbrook Recreation Committee, Bill Thomas states that we are very pleased and happy to know that so many children have attended and enjoyed themselves."

Madeline and I are extremely pleased that this program was a safe and enjoyable one for all the kids so that future Red Cross swimming programs for Millbrook will continue next year. I would like to thank Madeleine for her assistance and dedication and also Larry and Diane Keates, without whose pool facility this whole program would not have taken place. Also, Dan Barclay for his help

in locating a facility and of course the co-operation of every parent whose child participated.

May I take this opportunity to enquire if there are any qualified Red Cross Swimming Instructors (students preferred) who would like to perhaps participate in this program next year. If so please get in contact with me at 745-1391.

The following is the list of participants in the Millbrook Recreation Red Cross Swim Program:

Yellow Group: Joey Sorensen, Ryan Koetstra, Michael Koetstra, Andrew Powell, Christine Chapman, Erin Hawker, Arron Fallis, Janet Moore, Rick Moore.

Orange Group: Amy Lunn, Derek Woodward, Michael Traynor, Bradley Fallis, Danny Corfe, Stacey Doig, Dana

Maclean, Cameron Maclean, Michele Patton, Jason McGann.

Red Group: Becky Simpson, Shannon McDowell, Ken Guthrie, Nicole Lunn, Darla Clarke, Jennifer Guthrie, Emily Cookson, Crystal Corfe.

Maroon Group: Douglas Simpson, Clinton McGann, Travis Clarke, John Doig, Michael Patton.

Blue Group: Scott Mocon, Derek McDowell, Bobby Hall.

Green Group: Danny Hogan.

Grey Level: Danny Simpson, Scott McDowell, Ann Loucks, Shaun Lawson, Tracey Lawson, Kerri Gilmour.

White Level: Chris Hogan

See you next year!

Soccer Still in Season

By Jim Liston

As happened in 1983 the soccer season apparently went out with a whimper not a bang. As July turned into August with the heat and the holidays taking their toll, fewer and fewer players arrived at the 7:00 p.m. Monday night game behind the Millbrook High School. Soon no-one was showing up and the season was presumed over for another year - but wait - not so fast. A glimmer of light appeared after a few phone calls and phoenix-like the team rises again to play in the more temperate evenings of the fall. In fact the apparent

demise is just that, apparent and not a fact. So again the plea goes out (this guy just doesn't quit) to any interested parties.

Interest comes from Millbrook in the persons of Bob Bendall, George Raab, Hans Grieger, Ken Heaton and his son David, as well as many Cavanites (now there's a new one for you) Bob Graham, Steve Lakatos, David Van Loon, Michael Jackson and Ed Milson. Some weeks ten to fifteen players arrived while on others as few as six or seven. Obviously a turnout of ten or so is necessary to have

any semblance of a game. Further ventures into exhibitions against senior teams from Peterborough or tours of the continent depend on the interest of those participating. As reported before no skills are required, dress is casual, though due to the nature of the game cleats do help, and the time required is brief, especially with the evenings shortening up. I hope you can join us Mondays at seven p.m. behind the high school, as the soccer team can be more enjoyment for all if enough players partake in it.

Locals win big at Arborough Games

By Carrie Hogg

Carrie Hogg, Nichole Hordyk and Clark McChesney went to the Arborough Games to run on August 10th and came back on the 12th.

The Arborough Games are held to promote friendship and cultural exchange between Ann Arbor and the Peterborough area and there were 1000 athletes in total. To take the Peterborough

participants down to Ann Arbor there were 10 buses for them.

There were 10 different events going on; baseball, softball, field hockey, track and field, basketball, volleyball, soccer, golf, tennis and swimming.

Our first practise was on May 28th and our last practise was on August 8th. Our practises were 3

days a week and about an hour and a half long.

Carrie came 1st in the 1500 and in the 800 and in the high jump she came 2nd. Nicole came 3rd in the running long and 4th in the 100m. Clarke came 4th in the 800 m and 5th in the 1500 m.

Our coach was Gregg Martyn from Peterborough.

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Big Fish Contest Offers Big Prizes

Competition remains strong for the \$38,000 in prizes offered in the 1984 "Molson" Big Fish Contest operated by the Ontario Federation of Anglers and Hunters.

Though only four months into the contest, entries to date have surpassed last year at this time in the "Catch and Keep" divisions of largemouth bass, maskinonge, and northern pike. Prize winning spots remain unfilled as yet in the salmon division.

This year is the 26th anniversary of the "Molson" Big Fish Contest, and marks the second year for the "Live Release" category. Live Release was added to take advantage of an opportunity to conserve our fish resources while encouraging the great sport of recreational fishing. Anglers are urged to enter live released largemouth bass, maskinonge, salmon, brook trout, and lake trout to insure all prizes in the "Live Release" category are claimed when the contest closes on December 7.

The first place entry in each of the 18 divisions wins \$150 in cash from

Molson's, an Evinrude Electric Trolling Motor, and a Mitchell 2230 RD reel and matching rod. Second and third place winners receive \$100 and \$50 respectively, plus the Mitchell rod and reel. Fourth to fifteenth places win the Mitchell rod and reel. A personalized award certificate and a handsome print of a rainbow trout by Michael Dumas, the internationally famous wildlife artist, go to every entry meeting the minimum weight or length standards.

The contest is open to all anglers catching fish in Ontario waters between April 15 and November 30, 1984. All fish must be entered within thirty days of being caught. For complete "Molson" Big Fish Contest rules, refer to the contest entry form available at most tackle shops, lodges, taxidermists, or directly from the Ontario Federation of Anglers and Hunters, Box 28, Peterborough, K9J 6Y5.

Remember to include a photograph of your fish and to have your witnesses verify the catch. Fish often and enter your catches in this year's "Molson" Big Fish Contest.

Minimum weights and lengths are as follows:

Fish Species	Catch & Keep Weight	Live Release Fork Length
Largemouth Bass	5 lbs (2.3 kg) or over	20" (51 cm)
Smallmouth Bass	4 lbs (1.8 kg) or over	19" (48 cm)
Northern Pike	15 lbs (6.8 kg) or over	39" (99 cm)
Maskinonge	20 lbs (9.1 kg) or over	45" (114 cm)
Walleye (Pickerel)	8 lbs (3.6 kg) or over	28" (71 cm)
Lake Trout	15 lbs (6.8 kg) or over	32" (81 cm)
Rainbow Trout	6 lbs (2.7 kg) or over	24" (61 cm)
Speckled (Brook) Trout	3 lbs (1.4 kg) or over	18" (46 cm)
Salmon	12 lbs (5.4 kg) or over	29" (74 cm)

Bethany Midgets Fourth at O.A.S.A. Championships

By Nettie Aiken

The Bethany O.A.S.A. "B" Division Midgets, coached by Matt Muller and Walter Bryant, enjoyed a successful weekend in Owen Sound, finishing 4th in the Championships. Bethany's first game on August 25th was against Elliot Lake, and Bethany won 5 - 4 with Paul Stewart going the distance on the mound. Saturday's second game was against the top team, St. Mary's. Defence was superb on both teams with only one error. Glen Fisher threw a four-hitter as did the St. Mary's pitcher. Scoreless through four innings, St. Mary's scored on successive hits. Final score was 2 - 0 for St. Mary's. Bethany's third game of the day was again against Elliot Lake. There was no contest as Bethany won 4 - 1, Glen Fisher throwing a one-hitter. This win put Bethany into the quarter finals on Sunday morning. This game, against Kirkland Lake, got off to a bad start with Bethany falling behind

2 - 0 in the first. By the fourth, it was 4 - 3 and then nothing connected as Kirkland Lake took the game 10 - 3.

This being Bethany's first year in O.A.S.A., and with several regular players absent, this fourth place finish is a super effort. Thanks to Glen Fisher for super organizing and to Dick Schlobms for having faith in these boys. Team members at the Championship were: Danny Bazinet, Jeff Muller, Kevin Muller, Danny Smelt, Kevin Bryant, Glen Fisher, Paul Stewart, Jim Dwyer, Dwayne Medd, Tim Stanley.

The Bethany and District Monday Evening League (ladies), many of whom are from Pontypool, are all set for a new season starting at 1:00 p.m. on September 10th. There are six eager teams and a lot of fun and friendly competition for the next few months. Price is the same as last year.

Frustrated Gretskys

Have you ever wished you could play hockey but lack the skills — such a skating or knowledge of the game?

A group of "Mature People" are getting together from 11 p.m. to

12 p.m. Thursday nights. Just for Fun and Relaxation and Exercise.

If interested call Ken Heaton 932-2838. Open to Men or Women. Full hockey & protective equipment must be worn.



Brian Brown

Photo by Nick Webb

Brown wins Gold and Bronze at National Track Meet

By Melinda Brown

On August 9th, Brian Brown went to Halifax for the 1984 Track and Field National Competition. He qualified at an earlier meet and was chosen to run in the 400 meter hurdles and the medley relay. The medley relay consists of four distances, the 400m, two 200m, and an 800m. Brown ran the 400m leg of the gold medal winning race. Brown placed third in the 400m hurdles, running it in 56.4 seconds.

The competition took two of the 6 day visit. The athletes spent the remaining days training and sight-seeing. They saw

Peggy's Cove, the Citadel and a tour of the harbour.

"The day started at 6am with breakfast and two hours of training. After lunch we trained some more and were given the afternoon to see the attractions and attend the other events organised for us like dances and games" Brown said.

Seven hundred athletes attended which made the competition stiff but the atmosphere was friendly. Brown even found a few breakdancing partners!

"The only think I could complain about was the food!" said Brown. "It was a really fun week".

Exercise Classes and Ballet included in Fall activities at Cavan Hall

The Cavan Hall is gearing up for an active season this fall. Exercise classes will be held on Monday and Wednesday evening from 7:30 to 9:00 p.m.; and on Thursday morning from 9:30 to 11:00 a.m. Brownies will be holding their meetings at the Hall on Tuesday evenings from 6:30 to 8:00 p.m. The first class for Ballet will be held on September 13, 1984 at 4:00 to 6:00 p.m. If you wish any further information, please contact Eileen

Bryan at 932-5599. The Nursery School will be operating again this year. For further information, contact Diana Carpenter at 932-3246. The Hall is available for rental with or without kitchen facilities. For information or booking call Wayne Walker at 944-5659.

The public is welcome if you are interested in attending any of the Cavan Recreation Committee meetings. Our next meeting will be held at the

Cavan Municipal Hall in Millbrook on Tuesday, October 9, 1984, at 7:30 p.m.

Our current members and associate members are as follows: Steve Bernath (Chairman); Shirli Allison (Vice-Chairman); Donna Whatley (Secretary); John Pritchard (Treasurer); Vic Norman, Kathy McGregor, Brian Mitchell, Mary Anne Staples, Beverley Gleibs, Bob Aldred, Ruth Scott, Diana Carpenter, Louise Brown, Barbara Hulcoop.



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Round Roasts **5.18** /kg
2.35 lb.

Sirloin Steaks **7.25** /kg
3.29 lb.

Rump Roasts **5.27** /kg
2.39 lb.

"BONELESS", INSIDE **Fast Fry Round Steaks** **6.59** /kg
2.99 lb.

"BONELESS" FULL OR OUTSIDE CUT **Round Steaks** **5.40** /kg
2.45 lb.

"BONELESS", ROUND OR SHOULDER **Tenderized Cube Steaks** **6.59** /kg
2.99 lb.

Boneless Rump Roasts **5.71** /kg
2.59 lb.

"BONELESS" **Sirloin Tip Steaks** **6.37** /kg
2.89 lb.

"TAIL REMOVED" **T-Bone Steaks** **7.69** /kg
3.49 lb.

"TAIL REMOVED" **Fast Fry T-Bone or Wing Steaks** **8.13** /kg
3.69 lb.

"BONELESS" **Sirloin Tip Roasts** **6.06** /kg
2.75 lb.

"BONELESS & LEAN" **Stewing Beef** **4.08** /kg
1.85 lb.

"BONELESS" **Inside Round Steaks** **5.62** /kg
2.55 lb.

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175 g PKG. **.49**

MAPLE LEAF, MARBLED, Cheddar Cheese BY THE PIECE **6.59** /kg
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200 g - 7 OZ. INDIVIDUALLY FROZEN, **Cooked Lobsters** EA. **2.79**

MARY MILES, COOKED, BONELESS **Lean-N-Ezy Hams** 1.4 kg 3 lb. Avg. **5.71** /kg
2.59 lb.

MARY MILES, SLICED **Side Bacon** 500 g PKG. **2.69**

MARY MILES, **Wieners** 450 g PKG. **1.69**

MARY MILES, **Pork Sausages** 500 g PKG. **1.89**

MARY MILES, **Headcheese** 700 g TIN **2.49**

WONG WING **Egg Rolls** (10 Per Pkg.) 567 g PKG. **2.69**

BRIGHT'S CHOICE **Pure Apple Juice** 48-FL. OZ. TIN **.99**

Tide POWDERED DETERGENT 6 L BOX **3.99**

BONUS, SLICED **100% Whole Wheat Bread** 675 g LOAF **.59**

ASSORTED VARIETIES OF **Monarch Cake Mixes** 520 g BOX **.79**

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EXTRA OR FOUR STAR **Whole Mushrooms** 10-FL. OZ. TIN **.79**

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REGULAR ONLY, SPRITE OR **Coca-Cola** CASE OF 24x280 mL TINS **5.99**

MOZZARELLA, HAVARTI, COLBY OR FARMERS **Baden XXX Natural Cheese** 227 g PKG. **1.49**
100% PURE VEGETABLE OIL, MONARCH SLEEVE OF 2x8-OZ. TUBS **Soft Margarine** **.99**

DELSEY, ASSORTED COLORS, 2-PLY **Bathroom Tissue** 4-ROLL PKG. **1.59**

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PRODUCT OF ONTARIO, CANADA NO. 1 GRADE **Cello Carrots** 2.27 kg 5 lb. BAG **.99**
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KLEENEX, BOUTIQUE **Paper Napkins** PKG. OF 75 **.99**
ALL VARIETIES OF TAB, SPRITE OR **Coca-Cola** 750 mL BTL. PLUS .30 DEP. PER BTL. **.49**
FLAVORED, DRINK MIX CRYSTALS POLY BAG OF 4x92 g ENVLS. **Tang Orange** **1.49**
CHOICE **Alymer Tomatoes** 28-FL. OZ. TIN **.99**
IN OIL, TOMATO SAUCE OR MUSTARD **Brunswick Sardines** 100 g TIN **.39**
REGULAR, CONCENTRATED **Similac Baby Formula** CASE OF 24x425 mL TINS **33.99**
OR \$1.49 PER TIN
ORANGE PEKOE **Tetley Tea Bags** PKG. OF 72 **1.99**
"NEW", CHERRY, LIME, ORANGE, RASPBERRY OR STRAWBERRY FLAVORED **Jell-O Light Jelly Powders** 10 g PKG. **.39**
SCENTED OR UNSCENTED **Bounce Fabric Softener** PKG. OF 40 SHEETS **3.59**
DOUBLE CHOCOLATE, CHOCOLATE OR CARAMEL **McCormicks Wagon Wheels** 350 g PKG. **1.49**
ASSORTED VARIETIES, **Frito Lay Potato Chips** 200 g PKG. **1.19**

HI DRI, ASSORTED COLORS **Paper Towels** 2-ROLL PKG. **.99**
KELLOGG'S CEREAL, **Corn Flakes** 675 g BOX **1.79**
WHEAT THIN, TOASTED WHEAT SESAME, CREAM, SALTED CREAM, WATER OR BISCUITS FOR CHEESE **Peek Freans Crackers** 225 g TO 300 g PKG. **.99**
Bassetts Licorice Allsorts 350 g PKG. **1.29**
ASSORTED VARIETIES, WHEAT GERM & HONEY OR BALSAM & PROTEIN **Classique Conditioner or Shampoo** 450 mL TO 500 mL BTL. **.99**
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ASSORTED VARIETIES, GILLETTE **Foamy Shave Cream** 300 mL AERO TIN **2.29**
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FROZEN, INDIVIDUALLY WRAPPED, HIGH LINER **Boston Bluefish Fillets or Haddock In Batter** 350 g TO 397 g PKG. **2.39**
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BUDDIG, THIN SLICED

Smoked Luncheon Meats



71 g
PKG.

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Saturday, September 22nd

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2% Cottage Cheese



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JOS & LOUIS, FLAKY JAM, BLACK JACK OR VANILLA HALF MOON
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PKG. OF 6 **1.49** SAVE .60

CATELLI **Macaroni & Cheese Dinner**

225 g PKG. **.39** SAVE .38

V-8 Vegetable Juice Cocktail

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Champions of Yesteryear



By Arnold H. Armstrong

Baseball: Robert H. Edmonds

Bob Edmonds played second base for Cobourg when they won the championship of Canada from Vancouver. It was in this series that a left fielder juggled the ball from one hand to another until he was within easy throwing distance of home plate before he had "firm possession of the ball". In other words, before completing the catch. Now the rule, quite sensibly, is that you can take off as soon as the ball touches the glove. Confidentially, if you see the umpires watching the catch you can take off at least a step before the catch. There is no rule unless you get caught. "All's fair in love and other types of warfare" but it works and is the basis for some beautiful arguments with the other team. Ever see an umpire admit he was wrong?

Edmonds was, with a pick-up rink, a frequent visitor to the Granite Club, in Toronto, and brought back plenty of silverware.

Arthur "Mickey" Collins - "Mickey" later "Rip" Collins moved from the States to Millbrook and his family was one of the most colourful to spend many years in the village. Mickey had a sister "Inky" and a brother "Toot". Mickey was 'baseball crazy' and he early discovered that a cut-out from a geography textbook was just the right size to fit Spalding's "How To Run Bases" or "How To Bunt" and while the teacher thought that he was deeply engrossed with geography he was, in fact, improving his knowledge of baseball. He left the village for Florida where his father went into the real estate business with that baseball Hall of Famer "Dazy" Vance. Under his aegis Rip signed with Brooklyn and was farmed out to Buffalo in the International League where he hit .400 an out-of-this-

world percentage for a pitcher. Unfortunately, his health ended his career as a ballplayer. Rip settled in Ohio where the Tafts, then big in national politics, looked after him.

Equestrianism - if there is such a word.

Doctor Henry E. Ellis

Riding a horse whether on the flat or hurdles "just keep 'em between your knees." Such was the advice of Doc who drove a Ford runabout - f.o.b. Ford City, now Windsor, \$475.00, and has passed through the stages of roadster, complete with rumble seat, convertible, and topless model. The first one, had three pedals on floor, a clutch, reverse and brake. In an emergency any one or all three would slow the car. What happened to the innards is anyone's guess. Dr. Ellis married Janet Semple who was a cousin of Amy Semple McPherson, forerunner of the present crop of evangelists.

Football:
Russ Smith

Russ was the oldest living Argo a few years ago and the team had arranged a dinner for him. Ill health intervened and it never took place. Beside an Argo national championship there was a cricket team that he played on that claimed the title. Russ's father was president of Toronto General Trust.

There are several others, including a worlds champion, that lived within a couple of miles of Millbrook that are entitled to a mention, in a future issue. We'll try to arrange it.

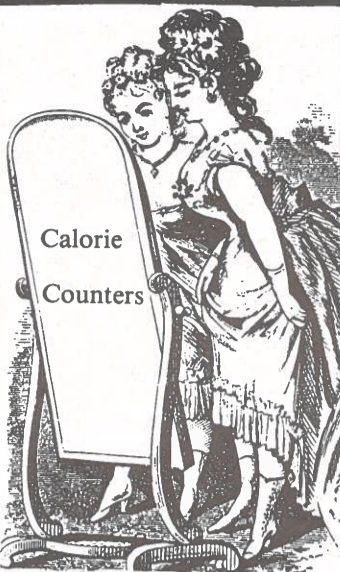
Hockey
Dr. Lloyd J. "Hod" Stuart

The nickname Hod came from a former hockey player, whose father carried the hod for a bricklayer. He broke his neck while attempting a dive somewhere around Kingston. The Peterborough Hod played goal

Mini-Minors boast highest per capita in Weight loss in Canada

By Lianne Landry

Have you ever driven past the Cavan Township Hall in Millbrook early on a Wednesday evening, seen the lights on upstairs and wondered just what was going on? It's the Millbrook Mini-Minors' regular weekly meeting. Mini-Minors is a branch of Canadian Calorie Counters, "a national, non-profit, self-help organization with membership limited to persons having an excess weight problem and a desire to correct it" according to their official publication, Newsleaf. Meetings, held in halls and churches from coast to coast, begin with a compulsory weigh-in and progress through roll call, weight reports, discussion of menus and cooking, to a sharing of ways to reduce calories in one's diet with one thing in mind: the loss of excess weight. Unlike fad diets, pills, and some fancy clinics, Calorie Counters is well within everyone's pocketbook and recognizes that the only way to lose weight and keep it off is by changing one's eating habits. Armed with a weight goal and daily calorie count agreed on by you and your doctor, members meet



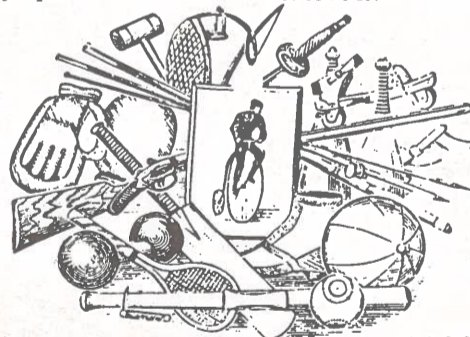
weekly to compare notes and encourage one another.

The local group has been active since March 1983 and has approximately 25 members. At last spring's convention in Ottawa, it was honoured as the group with the highest per capita weight loss in the country, with an average loss of 8½ pounds per member. Occasional contests like the "Bikini" contest or the ever popular "who can lose the most inches" contest, help to keep things interesting and fun. Penny sales, awards, prizes and guest speakers all add a little variety to the program.

If you have a weight problem and a genuine wish to do something about it, why not go and look them over next Wednesday at 7:15 at the Cavan Hall on King Street in Millbrook. They use the back door, so chances are, not even your neighbours will know the secret of the "new you".

for the Senior Dents and would have gone to the Olympic games with the Varsity Grads except that his opposition for goal was Joe Sullivan and Jack Langtry. Varsity Grads had the opportunity of turning pro. As a team when they returned from the Olympics. He remem-

bered the advice given him at Dental College although he never acted on it - "if he looks poor charge him a dollar and pull the tooth, if he is semi-prosperous charge him two dollars and extract it, if he is rich charge him five and surgically remove it."



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The Game

By Clayton Thexton

I had the pleasure of being involved in a new game last weekend, and found it so hilarious that I would like to share it with you. It is called Haki Sak. Do not be misled by the spelling. It is not, I am told, indicative of its origin. In fact, no one I asked seemed certain of its birthplace, but it was confided to me that it probably originated around the evening cooking fires of the almost forgotten Ohgo Wanbak tribe, who, as you may or may not be aware, were the first to bake and serve the common patoto. It was no doubt the difficulty in serving this tasty tuber, piping hot, gave birth to the idea of the great game of Haki Sak. Other less imaginative souls claim the name to be simply a crude form of describing its purpose to Hack the Sack. I also learned that it may be spelled Hacky Sacky. Either way however, you must be careful to pronounce it the same. Otherwise its just no fun.

Haki Sak is played with a sack about the size and consistency of a kumquat. Its covering is of the softest material imagineable. It is also of the toughest. Probably leather, but the softest of leathers it must be, for I have never known of one to split, and when it comes in contact with ones skin, it may be likened to the gentle caress of your favourite pussy cat.

So the game of Haki Sak is notably injury free. The innards, I'm told are simply dried beans. In some cases dried peas are used, but the superiority of the former is stoutly claimed by those more proficient at the game.

But never let this deter you. The point in progress at which this superiority is noticeable has never met with any agreement. Whatever the filling, play on!

The players: There must be at least two and as many more as dare. They are positioned in two rows 6-10 feet apart, with equal number in each row, and facing each other. They should be 3 to 5 feet apart in the row. The player to begin takes the sack in hand and lobs it in a high arc to the player opposite. N.B. - this is the only time the sack may be touched with the hands, and the only hard and fast rule of the game. Further contact results in the luckless one being retired from the game. Which I've found, has its own compensations about which I will tell you later. Oh, one more rule, - you must never say 'Sorry'. The penalty for which is the same as rule #1.

The object: The player to whom the ball is served must direct it to the player opposite, using his toe, instep, heel, ankle, shin, knee, thigh or shoulder. Players are free to move as necessity dictates. The game continues until the end of the line is reached, or all are eliminated, or walk off in disgust. As you have probably guessed, this game does demand more than an average amount of skill, concentration, dexterity, co-ordination, and the desire to reveal your athletic ability.

However, should you not make any great success of the game, it is almost as much fun to stand on the sidelines and explain the action to the passing curious. Also, many have found humour in simply watching the turning heads of the puzzled onlookers, as their eyes endeavour to follow that crazy little bean sack on its unpredictable course.

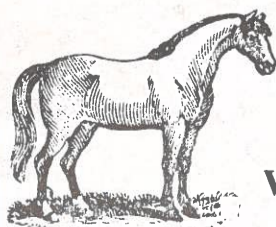
As you see, these are only a few of the ways that Haki Sak is fun. No doubt you will discover others. Enjoy the game and have a Saki Day!

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Ladies Fitness Program

Starting Tuesday September 4, 1984

This is a program designed for Women who wish to improve their fitness level. This will be done by exercise to music, containing a warm-up, flexibility, aerobics, muscular strenght, and a cool down.

Cost: \$25.00 for a 10 week term

or \$3.00 each time you come

Dates: Every Tuesday

Time: 7 P.M. to 8 P.M.

Instructor: Kathy Lowery

Location: Millbrook Arena Upstairs

(Please Bring Your Own Mats).

If you have any question please contact me at home after 5 P.M.
932-5500

STONE SOUP



**Small Game Hunting
in
Ottawa or?**

By Rose Orach-Silverman

When my friend Evelyn wired me asking if I would be a guest writer during her period of confinement, I was delighted. It is not often that I am able to share one of the greatest seasons of the year here in the Nation's Capital. This is the time of year when the Native Ottawa Male makes his temporary return to the primitive state from which he came - The Small Game Hunter.

The beginning of this season is marked by certain physical and psychological changes. First, he develops a heavier growth of chest hair, followed by a deepening of the voice. Later, he will begin beating his breast at sunrise and howling at the full moon. When all of these symptoms have manifested themselves, preparation for the hunt will begin.

The three piece suit (common Ottawa attire) is discarded and replaced by blue jeans, red flannel shirt, wool toque, and Kodiaks. The usual weapons consist of sling shots, pea shooters, and small clubs. The men take great pride in making their own weapons and the night before the hunt they gather in small groups to

display their weapons and share stories of past hunts.

While these pre-hunt preparations are taking place the women are also making preparations of their own. It is their job to help retain the, "spirit of the hunt" when the men return with their plunder. The most common custom, is to build a small campsite in the backyard, complete with fire pit, spit, and a small lean-to. Of course, certain areas have fire regulations which will not permit cooking on open fires. Therefore the food is often prepared indoors and eaten outside under the lean-to.

Most hunting is done around Parliament Hill, where the common game is, pigeons, gray squirrels, muskrats, and the occasional English sparrow.

Stuffed Grey Squirrel

A favourite in the Nations' Capital, mainly because you don't even have to leave home to catch them. Many of us fatten up these little critters during the summer months. They usually become quite domesticated after being hand fed and are rather easy to capture. Not very sporting, I know, but...

Preheat oven to 450
Two skinned grey squirrels
1/2 cup seasoned oil for

baasting
They may be stuffed with:
1 cup of cooked wild rice
or
A bread dressing
Brush with oil. Dredge in flour. Place the squirrels, uncovered in the oven. Reduce the heat at once to 350 and roast until tender, 45 minutes or more if stuffed, about 30 minute if not. They may be basted while cooking. Make a pan gravy with mushrooms.

Pigeon
Another Capital City delicacy. The most succulent ones can be found lounging around the House of Commons Restaurant nibbling on the M.P.s' tasty leftovers.

Potted Pigeons
Preheat oven to 350
Cut into pieces or leave whole:
4 large pigeons
Dredge them with:
seasoned flour
Melt:
1/4 cup butter

Saute the birds slowly in the butter until they are just seared. Place them in a casserole. Add to the fat in the pan:
1/4 cup chopped onion
1 diced carrot
1/4 cup chopped celery
Stir these ingredients for about 3 minutes.

Add:
1 cup boiling chicken stock or water

Pour this over the birds. Cover them closely. Roast them until they are tender, about 45 to 60 minutes. You may add for the last 1/2 hour:

1 cup sliced mushrooms
Do not permit the birds to become dry. If they do, add more stock or water. Make a pan gravy to which you may add:
Cultured sour cream

Serve the pigeons in a border of rice.

Broiled English Sparrow

Not a native to this city, but, they have managed to wing their way to our tummies. Although they do not have much flesh to speak of what they do have is very succulent and tasty. Try this one at your next cocktail.

Preheat broiler
Prepare for cooking:
6 birds
Place them on a broiler.

Cook them from 12 to 20 minutes, according to size. Turn frequently. They may be basted with melted butter. Add the juice of 1 lemon. Serve the birds on fried toasts. Serves 2.

**Development of
Maple Leaf Park
Nears Stage Two**

On September 13, 1984, Cavan Council was invited on a walking tour of Maple Leaf Park to view the progress of the work to date. Stage 1 development is expected to be completed this year in anticipation of 1985 usage by our sports committees. Stage II will be commencing in the spring of 1985 pending receipt of government grant funds.

The Cavan Recreation Committee sponsored a Children and Youth Summer Programme this summer, which ran from July 9 to August 31, 1984 at the Cavan Hall for area children. From comments received by the Committee, it was well received and supported. Due to the efforts of the Supervisor, Mrs. Pat Sutton, a complete and varied instructive, entertaining and educational programme of activities, field trips and crafts was organized and instituted with the help of the Co-Ordinator, Cheryl Chevalier, and two co-workers, Sandra Hall and Barbara Bonner. The Committee would like to extend a special thank you to all these ladies for their enthusiastic and extensive efforts on behalf of our children. The Committee welcomes feedback and opinions with respect to the programme to assist the Committee in consideration of presenting future programmes.

**Cavan Summer Program hailed
as Great Success by Organisers
and Participants**

By Pat Sutton

July 9, 1984 was the beginning of a very active, but enjoyable summer for many Cavan and area children. At no cost to the community, an eight week programme was organized to help keep the children of the area involved in a productive, and active summer. With the aid of a grant from the Ministry of Tourism and Recreation the Cavan Recreation Committee hired four people (Pat Sutton - Supervisor, Cheryl Chevalier - Co-ordinator, Sandra Hall and Barb Bonner - Co-workers) for the summer, to run a programme of activities, geared for children in the age bracket of 4 - 12. These activities included crafts, music, drama, organized games (indoor and out), reading, painting, nature hikes through the Cavan Maple Leaf Park, located in the village of Cavan and farm trips. Attendance ratio was one adult to five children and nutritional snacks were provided.

The hours were 9:00 a.m. to 11:30 a.m. and 1:00 p.m. to 3:30 p.m. with the younger children attending in the mornings.

Each week ran with a different theme Nature, puppetry, Nationalities,

Animals, Music and Sports, Creativity and Leadership. We held our own Mini Olympics and all the children received ribbons.

The location of the programme was in Cavan, at the Cavan Community Hall, which is the home of the Cavan - Millbrook Nursery School. We were able to utilize their facilities and equipment, which included a fenced yard with several pieces of play equipment. Several of the children attended all four sessions and at the end of the programme remarked "see you again next year". Friendships were formed and memories made.

I would like to thank the parents for their support of the programme, the children who for the best part were great, Cheryl who made my job so much easier, Sandra and Barb. These girls worked very hard to make

this programme a success, and I enjoyed working with them. Thanks also go to the Cavan Recreation Committee for putting their support behind such a programme. Mary Ann Staples, Bev Gleibs and the Cavan - Millbrook Nursery School.



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October 2, 8 p.m.
General Meeting, Monday,
September 8, 8 p.m.
Ladies Auxiliary General Meeting,
Tuesday, October 16, 8 p.m.

Birthday Party

FRIDAY, OCTOBER 12

Thursday, Sept. 27, 7:45 p.m.
Thursday, Oct. 11, 7:45 p.m.

JUNIOR DRUM CORPS

Thursday, Sept. 20, 7:45 p.m.
Thursday, Oct. 4, 7:30 p.m.

UPCOMING EVENTS

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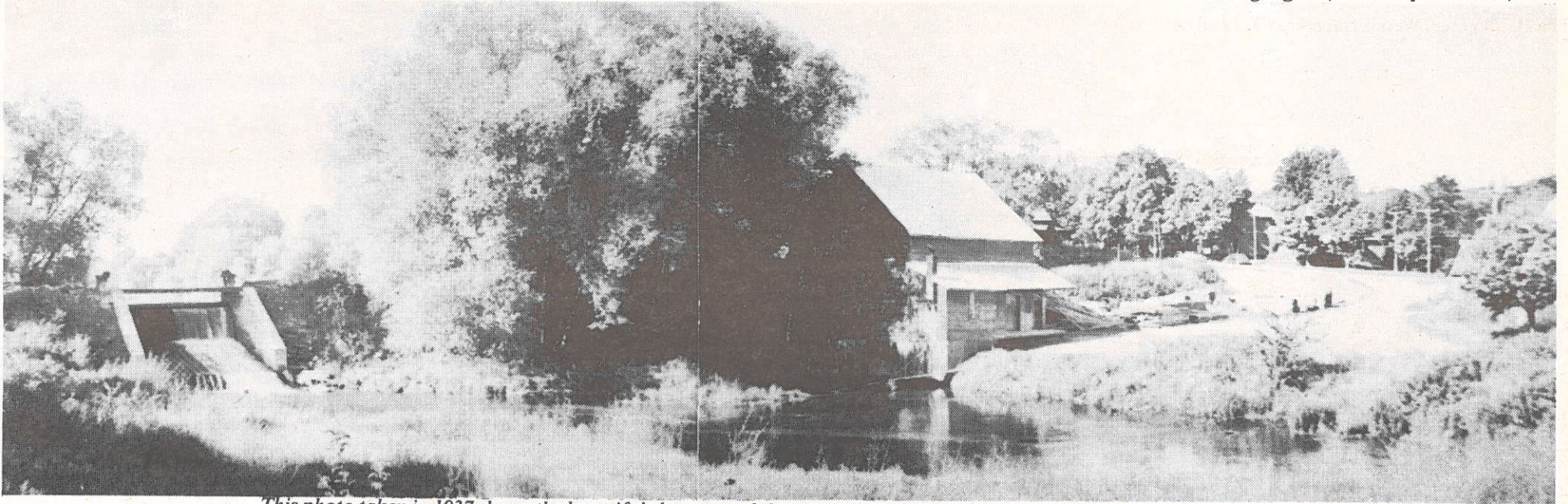
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This photo taken in 1937 shows the beautiful elms around the pond. The Mill Committee would like to see these replaced.
Photo by Betty (caveth) Peterson

Putting the Mill Back into

Compiled by Fran Fearnley from the comprehensive records kept by Kay Fallis

Rather like *War & Peace* this is a history of a people. It too spans several generations and is not without its share of struggles and heartache. Hundreds of names could be linked to the events, however, fortunately unlike the famous Russian epic they are easy to pronounce. What follows is not the full account but rather a 'Reader's Digest' version.

Our story begins 160 years ago. It was then that the mill, which gave Millbrook its name, was erected by John Deyell, whose favourite motto was, "old live and let live." A monument to his brother James,

one of the village founders, is located on the hill overlooking the newly restored mill. The building no longer bears the Deyell name as in 1857, only 33 years after its construction, the mill was burned down and the land sold to William Needler. The new owner built a fine, three storey mill on the original site and appropriately enough it became known as Needler's Mill.

In 1909 the mill was once again destroyed by fire but undeterred Needler brought the top storey of the Slabtown mill, which he also owned, to the Millbrook site. Once again he was back in business servicing the community by milling flour and chop from local grains. Kay Fallis, secretary of the Mill Committee explains the crucial role mills have played in community development. "Early settlements depend on establishing a mill. They were our first machines and were used for over 2,000 years to produce energy for man's vital needs; flour for food, lumber for shelter, and later cloth for clothing. They used water for power which is, of course, a renewable and non-pollutive energy source".

Ten years after the fire Needler sold out to Mr. Attwooll and once again the business name was changed. Attwooll and Sheppard, who now operated the mill, decided in 1922 to make an addition. A sawmill was constructed and for many years it converted local timber into high grade lumber.

Following World War II the Millbrook Mill, like many others became a less than viable business proposition. More and more farmers were processing their own grains and livestock feed. Timber became more scarce and the sawmill did not operate to capacity. It continued, however, to function as a mill under the Sheppard family until 1974, although the Otonabee Region Conservation Authority (O.R.C.A.) had bought the property in 1968.

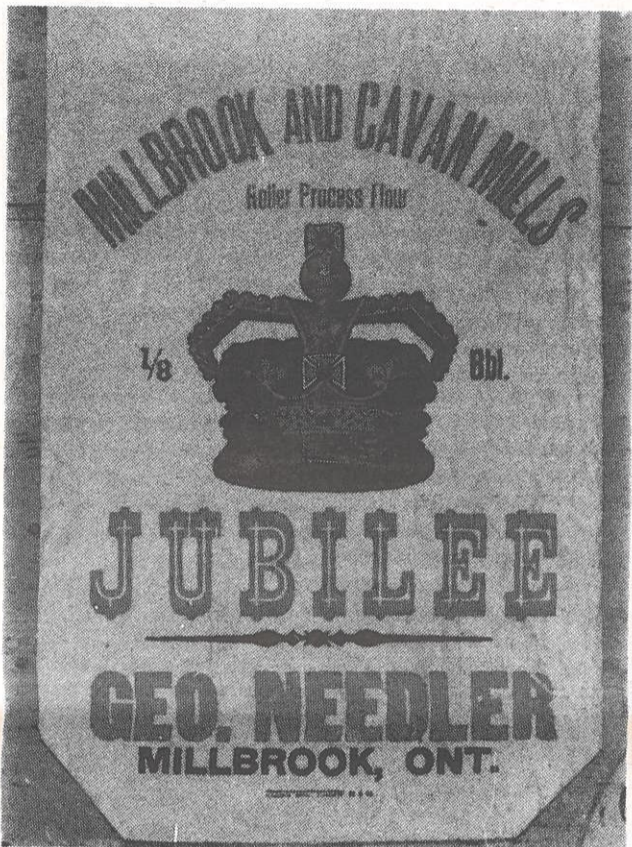
The Authority had no plans for its use so, once milling activities ceased, it was leased to Art Manley and became the headquarters for Art's Building Centre. When Manley's new building was opened in 1978 the mill appeared to have outlived its usefulness and O.R.C.A. was determined to demolish it. A fiesty group of Millbrook and area residents said

"no" and then undertook the challenge of restoring the mill to its former glory.

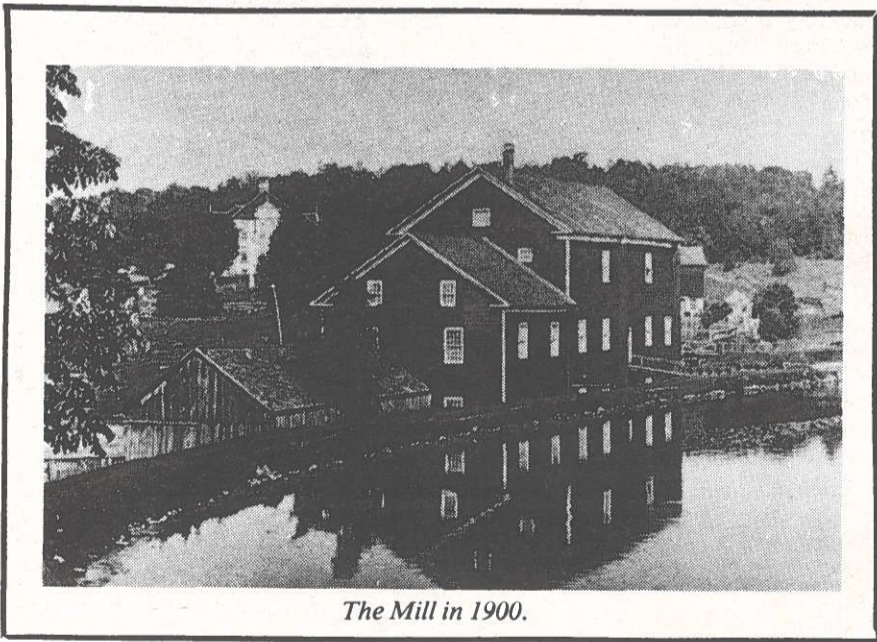
A plebiscite was conducted in the fall of 1978. The majority of those who responded voted to save the mill from destruction. As a result the Millbrook Council made enquiries of the Ministry of Recreation and Culture to see what funds might be made available for the project. In order to ensure that the mill could not be torn down a Local Architectural Conservation Advisory Committee (L.A.C.A.C.) was formed, so that the building could be designated.

As costs for the restoration plans began to be assembled, Millbrook Council hesitated over applying for designation. Up to \$100,000 was the figure quoted for complete renovation. A public meeting was held on March 25, 1980 and two options were discussed. A restoration plan, which would entail massive fund raising efforts; or taking the mill down and using the material to develop the site as a commemorative park. The latter was obviously a far less expensive alternative.

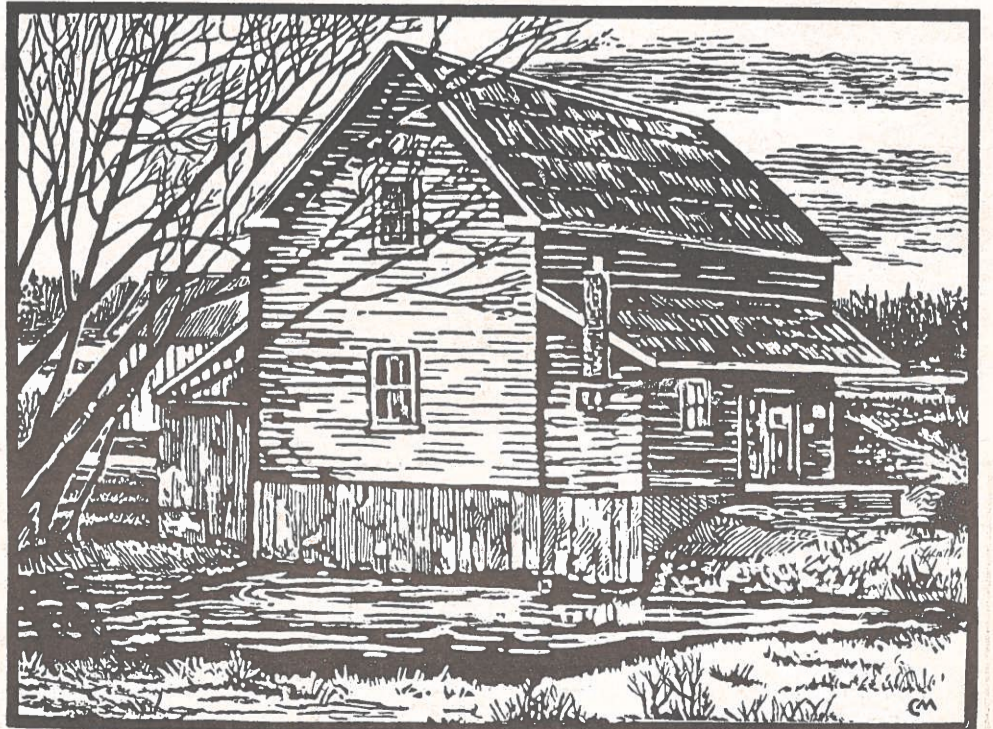
With the characteristic determination of those interested in preserving our



A flour bag, celebrating Queen Victoria's Jubilee.
Photo by Geoff Elton



The Mill in 1900.



Carl Martin's Wood cut of the mill was adopted as the village logo.

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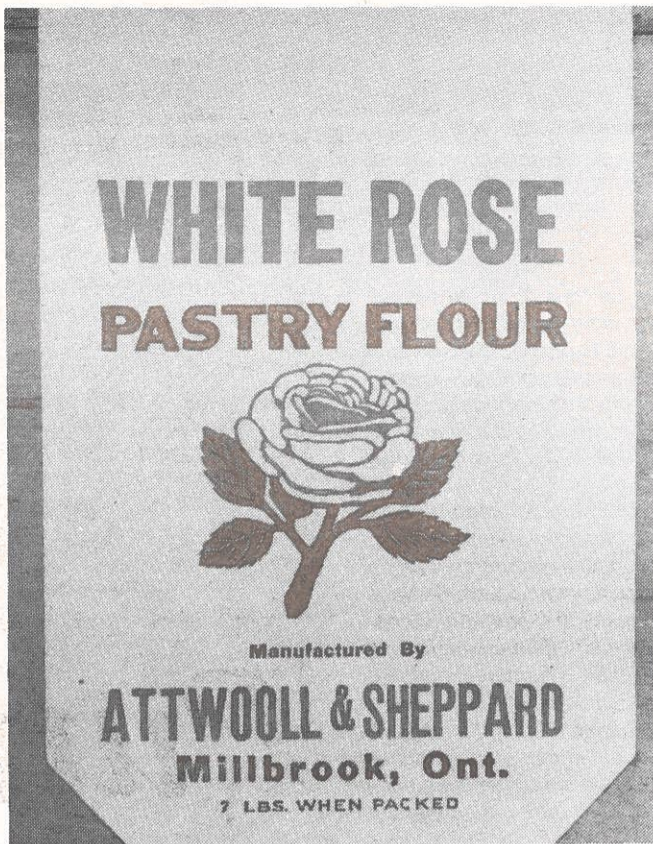
CLOSED
MONDAY & THURSDAY

King St., Millbrook



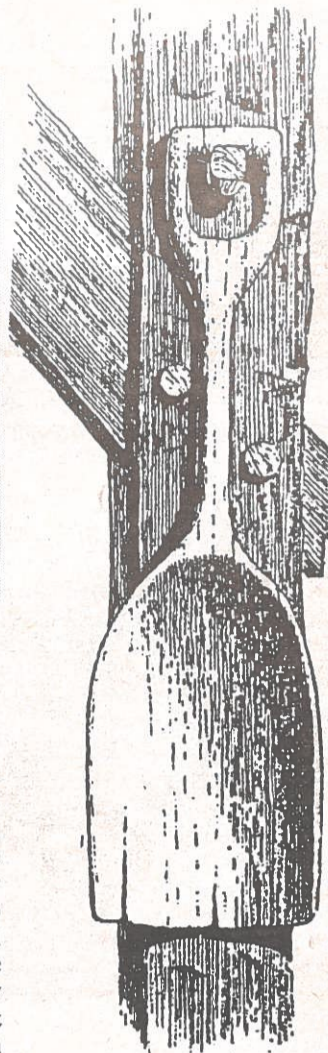
Needler's Mill September 1984, almost completed.

Photo by Bent Reinert



Sheppard used the mill until 1974.

Photo by Geoff Elton



Millbrook

heritage, the former choice was made. A Mill Committee was formed and a dedicated group of concerned residents started their campaign. O.R.C.A. seemed unenthusiastic. They gave the Committee a deadline of December 31, 1980 to raise \$10,000 and show their serious commitment to the project.

A *Peterborough Examiner* article dated June 6, 1980 opens with, "The sign on the front porch of the old wooden mill says 'Save Me' and it's beginning to look as though someone will." It prefaces the story of an auction organized by the Mill Committee. It was just one of many fund raising activities from bake sales

to raffles, which took place in Millbrook that year.

The building was put on a solid footing, given a coat of paint and given back its name - Needler's Mill. Encouraged by this success the village dredged the pond and landscaped its banks. By the summer of 1981 Millbrook was beginning to attract more attention from the media. The *Kawartha Sun* gave this glowing recommendation. "One of the prettiest villages in the Kawarthas is Millbrook. In prehistoric times the area was submerged under glacial Lake Peterborough but the geography has been tamed now. Baxter Creek struggles down from the drumlins and straggles through

the village. Just behind the downtown stands the sleepy recipient of conservation ardour, the old wood mill. The mill and the brook. Millbrook. Not an especially imaginative name, but an awfully nice place to visit."

In the fall of 1982 the Committee applied for and received a Canada Community Development Project Grant for the following year. This year they were successful in obtaining a Canada Works Grant. Both are federally backed programs.

The activity down by the mill pond began to take on a sense of urgency and excitement. Chris Farr, Project Manager comments, "It's really interesting work. People

come by and ask questions and I usually end up giving them a tour and explain how everything works." Farr says that the 4 of them working on the mill renovation are enthusiastic and enjoy their work. This is his second year so he's learned a good deal. And if there are any questions? "If I don't know the answer I go to the library and look it up." It's that kind of attention to detail that makes one appreciate the quality of the group's workmanship.

There have been two open houses, one last October and one in June of this year. Both were well attended. Even the sceptics were impressed by the progress. Many visitors purchased a copy of "A Walking Tour of Millbrook", a beautifully presented booklet with illustrations and historical profiles of 25 properties of architectural significance in the village. The tour book was yet another enterprise undertaken by the Mill Committee to generate money for their cause.

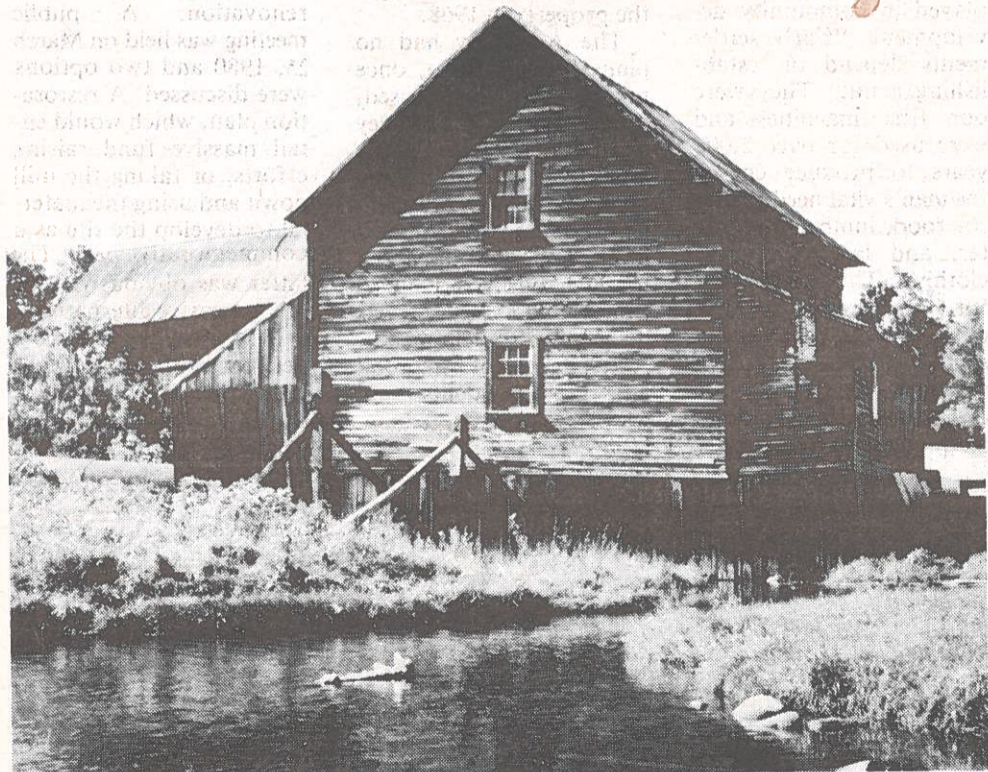
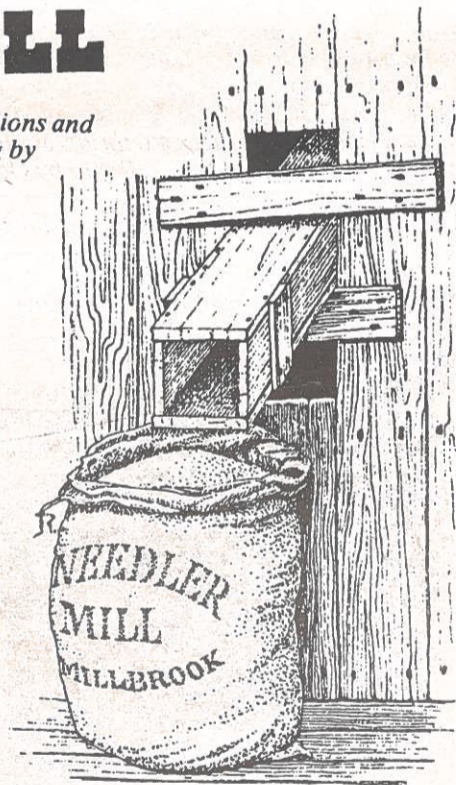
And what of the future? An Apple Cider Festival is planned for this Thanksgiving and next spring Needler's Mill will be officially opened. There's even talk of ... well maybe we should save some surprises!

The revival of the mill and the opening of Mountain View Park, are not only tributes to our heritage they also symbolize a significant step towards the future. They give us pleasure and pride in our community. As George Raab explained in a

letter to the *Peterborough Examiner*, "We are convinced our grandchildren deserve more than a plaque to remind them of their history." To all those who helped achieve this goal thank you. You too deserve a place in the history books along with John & James Deyell and William Needler. They helped build this village and you gave Millbrook back its name.

NEEDLER'S MILL


Illustrations and lettering by Bent Reinert



Needler's Mill in 1976, rapidly deteriorating and with an uncertain future. Photo by Bent Reinert.

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PROFILES

If the Shoe Fits

By Deb Hancock

Maggie sports a mottled grey fur coat and some say she's a little overweight. But at 1200 pounds she's just about right. Maggie may wear a size three or four shoe. If her feet are not in top shape she tends to stand around all day eating or napping, instead of joining her owner for a romp through the countryside. Waiting months for sore feet to improve makes one appreciate the old saying that "a horse is its feet".

The blacksmith or ferrier is the person we need to keep our equine friends mobile. The craft of blacksmithing dates back more than 900 years. Even cultures existing before the eleventh century outfitted their horses with sandal-like "shoes" made of woven grasses and reeds. Some even used leather boots to protect their animals' feet while travelling over rough terrain. As travel and the use of the horse as a war animal increased, so did the need for an iron shoe.

The blacksmith shop of Earl Collins is situated a few miles outside Millbrook. Collins is a burly man, quick with a joke, but continually watching your horse as he talks. He is held in high esteem by horseowners in this area. Practising the dying art of the ferrier, he is one of a disappearing breed. Collins takes pride in his work and strives to do his best for both horse and owner.

In his cluttered but comfortable shop (complete with an overstuffed armchair for the waiting owner), Collins begins to tell us a little about himself. His voice is slow and gentle; it is the voice the horses find so soothing.

"I've had five heart attacks and I'm still in the business" says Collins. "Shoeing horses, helping keep them sound, it's my life. I've had to slow down a bit in the past year or so. I do as many horses as I can in my shop. But I still put in a 10 hour day. I've been shoeing horses 35 of my 54 years and I guess you could say I come by my appreciation of horseflesh quite naturally. I grew up in an atmosphere of horses and horse people. My dad was also a blacksmith who raised and trained trotting horses."

Collins eases his way slowly around the young chestnut mare he is preparing to shoe. "It is my opinion that many of today's blacksmiths lack practical experience. Anybody can call himself a blacksmith. Even if he has only taken a course for 8 weeks he can set up shop as a ferrier specializing in corrective shoeing. The victim of incompetence the profession is the horse itself."

He runs a gentle hand down the flank of the young mare as he proceeds to lift a hind foot up with the care one would expect of a mother tending to her child. Collins continues: "To protect the public and their horses I am definitely in favour of licensing or apprenticeship programs for the would-be blacksmiths out there. One reason there are so many unsound horses around today is due to the fact the 80 per cent of the so-called blacksmiths today do not ride or drive horses and consequently they do not understand the type of foot the animal needs to complete the task required of him and remain sound."

Collins lowers the foot of the mare and leans over to stoke up the forge. The shoe he is preparing glows a brilliant orange red. The powerful arms begin to shape the shoe on the anvil. "My typical day begins at 5:30 in the morning. I'm up to tend to my own stable of standard bred horses, then I'm off on my first call. A good day for me would ideally involve trimming, setting on new shoes and resetting old shoes on seven to ten horses, but often I arrive at a barn and I'm asked to look at, say, the pony with a sore hind foot and a big bay gelding a few stalls down from the pony. Of course I'll look at them, so I add them to the 10 horses already scheduled for the day."

The newly-formed shoe hisses and spits as it cools in a bucket of water. The young mare fusses a bit at this new sound. Collins continues to explain that the average trim (where the horse's foot is evened out and levelled) takes about twenty minutes if the animal is well mannered. If the same trim is done on an animal whose manners are not



Earl Collins at work.

Photo by Deb Hancock

up to snuff, the same trim could take up to an hour and a half. In the case of an unruly horse, the gentler methods of restraint are tried first.

As he rummages through his nail box Collins elaborates. "Never have I had to resort to tranquilizers with a horse. They make a high-strung horse unpredictable and 1200 pounds of upset horseflesh is just too dangerous to be around. Believe me, it's a tough way to make a living, considering that the ferrier is paid by the horse and not by the hour."

"I do a lot of saddle horse barns where I'll likely have eight to ten horses to shoe and three or four to trim. A major foot problem I see in many barns is thrush." Simply put, thrush is a foul smelling fungal infection in

The Highlighter, Wed. September 19, 1984

the sole of the foot. It is primarily caused by damp and dirty stalls. On the opposite side of the coin is the barn that is kept too clean. In those barns you will see horses with hard feet. So many horses suffer from hard feet because they are mainly kept inside standing around on wood shavings. The shavings tend to draw the moisture out of the foot.

"Personally, my own remedy for hard feet is good old cow manure. Try explaining that one to someone with two Cadillacs in the driveway. It is so simple and cheap they think it couldn't possibly work. You just gather a bunch of it up, make sure it's good and sloppy, then stand your horse in it for a few minutes every day. Really, I should package it up all nice and fancy and sell it for 20 dollars a pound. I bet I could make enough to retire on." Collins face breaks into a big grin as he contemplates the idea.

"Getting back to the saddle horses, I'd say that on the average I shoe them every six to eight weeks on the front feet only. Of course, those that are being used in competition, or shown in halter classes, will wear shoes on all four feet. A horse that is not set up properly on his shoes may have his conformation or his overall look distorted to his disadvantage. The same could work in reverse. If his toes point in or out, this may be corrected temporarily by your blacksmith and the horse could go on to win his class."

The tap-tap of the hammer as it drives the expertly placed nails into the young mare's hoof is a distinct, precise sound. The ears of the young mare flick back and forth. "I can't stress enough," says Collins, "that a good ferrier will trim or shoe the horse to suit that horse, rather than what the owner figures is in vogue for the moment. It has been my experience that a properly shod saddle horse is a happier working animal. The owners will vouch for that. If you are genuinely interested in what is happening to your horse's feet, by all means ask your blacksmith what he is doing. A good blacksmith would be honoured to answer your questions and show you what he is doing to help your horse."

Another aspect of Collins' business is the trotting horse industry. Most Standardbred (trotters and pacers) are easier to handle than the average saddle horse. Standardbreds are not just pets to their owners but they represent a great financial investment and in many cases a means of livelihood.

"I generally shoe a standardbred every three weeks," Collins explains, "because he is required to endure a great deal of training and he wears his shoes out more quickly than a saddle horse. Generally, the type of shoe I put on a standard bred will depend on the individual horse. He may sport a classy lightweight aluminum shoe or perhaps a heavier steel shoe. He may even wear a plastic shoe. The owners or trainers of these horses can pretty well tell me what problem that particular horse has. Occasionally, I'll drive a horse to get a feel of what is wrong. From my observation point in the driver's seat, I can watch and get a sense of the animal's way of going. Unfortunately, most of the business I encounter in a standardbred barn is related to lameness."

The chestnut mare obligingly lifts another hoof for Collins to begin work on. She is quite settled and seems to listen with rapt attention to the conversation. "A sharp fellow can often pick up clues to a horse's problem by looking at the worn shoe of the horse. I refer to this as reading the shoe. Even before I remove the shoe, I am looking for clues that will enable me to shoe the horse better the next time. When the shoe is off, I then check to see that the shoe was strong and hard enough for that animal or if I need to alter the shoe slightly to accommodate the flight and use of the horse's leg. When I see a shoe that curves in tightly, that may indicate a foot that needs more support to prevent further spreading. If I find that a front shoe resembles a back shoe, that is to say that it is narrower than it is long, then we are dealing with a horse that has a steep walled foot. This type of foot will transmit shock to the supporting structures and will frequently cause sore joints."

The fire in the forge is burning brightly and gives the shop a special warm feeling enhanced by the smell of horses. Collins straightens up and runs a hand over the chestnut withers. "You know, the harness horse is a complex horse to shoe. He is an animal that requires both traction and precise leg movement to allow for high speed work. The horse may require several sets and resets of his shoes before the desired result is achieved. If you have the time with a horse that is interfering or hitting himself, your best bet is to shoe him, wait till he wears his shoes out, then read them. You'll learn a lot and hopefully solve his problem."

As he rummages through his array of tools Collins goes on, "The trotting horse is usually shod heavier in the front and lighter behind to help give him traction."

A pacer is shod evenly all the way around, unless there is a special problem. Then the skill of the ferrier is used to correct the difficulty."

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Earl Collins

Photo by Deb Hancock

As Collins puts the finishing touches to the mare's feet, he sums up his ideas of horses, their owners and the blacksmith. "It is very important for the horse owners to consider their horses and themselves as partners with a common goal. Think of your horse's foot care as an investment in a sound healthy animal. When you are considering whether or not to shoe, decide at what level of activity your horse will be performing. Ask yourself, does his activity level require a lot of quick moving, sudden stops and turns? On what type of surface will he be working — concrete or grass? Remember that every horse whether he be barefoot or shod, will still require regular trimming to maintain his hoof balance."

Collins urges us to "Communicate with your blacksmith, explain what you plan to use your horse for and ask his advice as to what would best suit your animal for your particular activity. Your blacksmith is a professional person. I firmly believe that a person should take pride in what he is doing. There is no room for mediocre work. Be the best you can be, no matter what your profession. A good blacksmith won't have to advertise. People just know about him."

The chestnut mare is finished. She stands comfortably on her new shoes. Her owner leads her out to the waiting horse trailer. Collins closes the door to his shop. She is just one of many horses who will remain sound and healthy thanks to the dedication and professionalism of Earl Collins.

A PASTOR'S PERSPECTIVE

Forbid them not ...

By Rev. Lorne Trimble

Jesus set the Example. He called children unto Himself and He blessed them. Further, He cautioned us against neglecting them! A Baby Shoe manufacturing company has this slogan: "The shoe of the baby determines the foot of the adult!" That slogan holds true in more than the physical. May I restate by saying: "A person's character is shaped in the years of childhood!"

Our attitudes, our ambitions, our appetites and our activities are largely formed and developed when we are young. What great responsibility rests upon us as parents, as ministers, and as church and community leaders — the responsibility for the destiny and eternal welfare of our children! I quote Dwight D. Eisenhower in saying: "Unless there is a moral and spiritual regeneration in America, we shall all someday disappear in the mist of an atomic explosion. It is the business of the church to bring out this regeneration." If our churches are to reach and affect our

community, the children must be won. The continuing spiritual influence in our community rests with our children. Spiritually neglected children will bring us a legacy of delinquency and shame. Our Sunday Schools are so vitally important to the spiritual development of the community. How much does your Sunday School cost your church? A better question I ask is: "How much does it cost NOT to have Sunday School?"

Some of the most depressing aspects around us are directly related to a decline in the emphasis on Bible training - an emphasis that once prevailed in almost every Canadian community. Now a whole

CRITTER TWITTER



Cat Care - Some of the Whys and Wherefores

By Deb Hancock

Does my cat need to sharpen his claws?

The claws of the cat are used to grip in climbing as well as for defense and prey holding. The cat's claws can be retracted into the paw to prevent unnecessary dulling when they are not in use. The claws are made of much the same material as our human fingernails and grow continuously.

Many cats use a tree trunk or post for scratching. As well as sharpening the nails the act serves to mark the territory by applying scent from the pads to intimidate any would-be trespassers. Claw sharpening and subsequent territorial marking are very natural for you cat. Unfortunately some cats will choose the furniture

generation is growing up without even a rudimentary knowledge of the Bible. Once the salty presence of early Bible training flavoured all of our community life.

If the church first loses the zeal for its Sunday School, it then will lose its spiritual vision and the vision of its mission. Finally there will be little reason to have church at all. Look at the statistics of divorce, drugs, crime and permissiveness in Canadian life today. The cost of not having Sunday School is appalling!

No human institution is perfect, but Sunday School is certainly doing a lot of important things for us with minimum investment. It trains our children, and provides an environment for producing all the virtues we prize most. Maybe our question really should be: "If we invest a little more in time, money, and energy, can we make it better?"

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exercise. A warm room is sometimes enough to induce your cat to slumber.

Because cats are mainly creatures of the night their sleeping patterns often don't coincide with ours.

Is the cat's sense of hearing sharper than our own?

Compared to humans, cats have a more acute level of hearing and then can produce and detect ultrasonic sound levels. The human ear can pick up sounds up to 20KHz, a cat can hear up to 65KHz. As is the case with many of us, the cat's level of hearing diminished as he grows older. Some old cats are almost completely deaf.

Does my cat have a good sense of smell?

Compared to we humans our cats have a excellent sense of smell. In relation to total brain size, the part of the brain concerned with smell is larger in the cat than in man. This heightened sense of smell enables the cat to identify individuals and detect the presence of other animals in his area.

Why is my cat attracted to catnip?

The catnip plant contains a substance which is attractive to all members of the feline family. About two thirds of all cats find themselves attracted to catnip. The cat will typically sniff at the plant and then chew or lick the leaves. Reaction to the plant varies from cat to cat. the effects usually

lasts 5-15 minutes but the cat, once this level of euphoria is achieved cannot get "high" again for an hour or more.

MUSICAL NOTES

By George Ingham



There is an old musical saying: "The self-taught man has a fool for his teacher". The British composer, Sir Edward Elgar, was one strong example to refute this argument. Pretty much on his own he mastered the intricate discipline of violin playing, harmony, counterpoint, fugue and orchestration. Yet another strong example of a self-taught composer was another Briton, Havergal Brian. Brian wrote 32 symphonies in all, and at that, these were all written between the ages of 70 and 82!

Beethoven had many teachers, some of whom he quarrelled with. There is perhaps some truth however in his dictum in middle life: "Alas, I have not studied enough!"

Teachers can at least codify musical materials (scales, chords, and arpeggios) and present musical problems in such a way as to increase our efficiency, and save us time.



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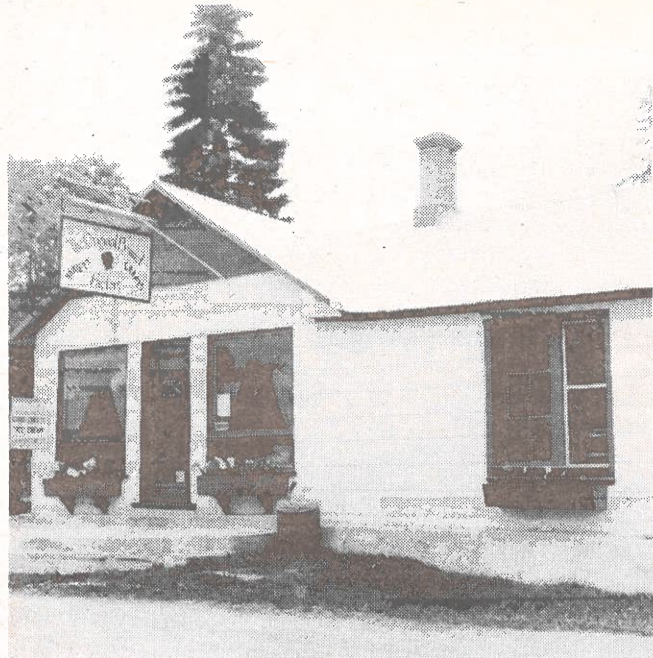
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Ida's Bonnet Factory.

Photo by Nick Webb

The Bonnet Factory in Ida has a New Face with a Long Tradition

In May 1984 the former General Store in Ida was purchased by Sterling and Barbara Willows. Many neighbours, proud of the local history, pointed out to the new owners that the store had originally been a bonnet shop, where ladies' bonnets were bought and sold. It seemed only appropriate that it should be re-named The Bonnet Factory.

The Willows asked Margaret Kinnery if she could trace some history on how the store had served its role in the community. Kinnery in turn asked the assistance of Annie Sharpe, who had in 1980 along with members of the local Women's Institute, followed the following account.

By Annie Sharpe

I am very grateful to the following people whose information has been invaluable in compiling this story. Elgin McCamus, Margaret Hall, Joy and Harry McCamus, Muriel and Hilbert Allen and George Allen.

Our story dates back to the 1800's when Alexander Baptie and his wife, formerly Helen Richardson, came to Canada from Roxboroughshire in Scotland and settled at Ida, we believe where Roy Best now lives. The Bapties were farmers who owned a great deal of property - the Lough Ranch, one hundred acres on the 13th, etc. Alexander Baptie was born in 1806 and died in 1850, at the age of forty-four, just two weeks before Mrs. Elgin McCamus' mother was born. In order to keep things going Mrs. Baptie opened a bonnet shop in the present location of the newly opened Bonnet Factory. There she designed, made and sold bonnets.

There was a family of brothers by the name of Lough in the community who farmed at one time on the Rodwell place where Allen McCamus now lives. There were several boys in the family. William Howe born 1845 died 1927; David George who went to the Klondike born 1852 died 1914; a son of David George, Alfred at one time was a dentist in Millbrook; Thomas Lough was born 1854 and died 1925.

A different David Lough, a relative, married Margaret Weir. David died Dec. 29, 1895 at the age of seventy-six and his wife died July 5, 1900, at the age of seventy-seven. A story was told by Margaret that her sister came to visit her bringing a basket of apples but sadly was killed by their pet deer.

A son, William - 1845-1927, was born to David and Margaret. When he reached manhood he married Helen Agnes Baptie 1849-1921. At one time Helen attended school in New York as her uncle lived there. At the time of his marriage William took the store over. William and Helen had five children - Helen, Roy, Vivian, Jean and Elgin.

Helen became a teacher and taught in Ottawa. She took elocution lessons in Philadelphia. She died on June 27, 1948.

Vivian taught school and then went into secretarial work. She worked in the office of Religious Education of the Anglican Church. In 1937 or '38 she married Archdeacon William Simpson. She died on Aug. 21, 1946.

Jean trained as a nurse in Ottawa General Hospital. There she became a great friend of Laura MacDermid whom Roy later married.

Elgin trained and worked as a nurse. She married Robert McCamus. They were stalwart workers in the community and St. John's Church. Elgin served in the choir for many years delighting everyone with her beautiful alto voice. They lived on a farm on the twelfth line but when they retired they built a lovely small home in the village of Ida into which they moved early in 1946. Robert died shortly afterwards. Elgin remained in her home until 1980, when she moved to Fairhaven.

In olden days if a baby were named after a friend it was the custom for that friend to give the baby a setting of her best dishes. Elgin was named Elgin Sutton Lough after her mother's friend. She received a beautiful setting of pearly white china trimmed with pink. Margaret Hall has that setting now which she cherishes. She also has a lamp that was first used as a candle holder in the store. Then when coal oil became popular it was fitted up as a coal oil lamp. When electricity was installed the same brass candle holder was made into an electric lamp.

Roy, the only son, attended Guelph College for a year or two. Later he became interested in bookkeeping. He kept the bees in the little barn at home. He also helped his father in the store until his father's death. He kept a couple of horses and a cow as everyone in the village had a cow.

When Roy's father William, died Roy took over the store by this time a general store and post office. There were two mail routes - R.R. #1, Ida, and R.R. #2, which took in Mount Pleasant area. The mail first came to Cavan Station by train. Creighton Carr drew it to Ida, then William Davidson took over. Later the mail was delivered to Ida by truck.

Mr. Beatty Pee drew the mail for R. R. #2. When he retired George and Isobel Wilson took it over. George and Isobel are still faithful mail carriers. Roy drove the mail route of R.R. #1. Roy generally drove a horse and buggy in summer and a cutter in winter. On his buggy he had a big box on the back for groceries and a box beside him for the mail. Even on Christmas and New Year's the mail used to be delivered. Tom McCamus and Roy divided the route. They would start after their Christmas dinner and by dark the mail was delivered.

Supplies for the store first came by train to Cavan Station. The farmers used to take their pigs enclosed in a pig rack on wagon or sleigh to Cavan Station where they were paid by Howard Kingan. The story is told that Mrs. Wm. Lough always liked "Pig Day" as the farmers called at the store on their way home to settle their bills and purchase a good supply of groceries. A shed was located at the north end of the store where farmers could tie their horses. There are still rings in the step to which horses used to be tied. The farmers always carried oats to feed their horses. The higher class farmers had nose bags from which the horses could eat oats. Others just had sacks with two portions of oats divided by a binder cord tied in the sack. Each portion would be put on the ground in front of the horses so that they could enjoy a feed and a rest while the farmers did business and visited in the store.

Ida Store contained and sold everything that the community might need - rubber boots, hardware, overalls, groceries, drugs which were purchased from Charles and William Lynch, Peterborough, thread, soap, bluing, coal oil, etc. The coal oil was kept in a drum in a shed at the north side. The customer brought his container and it was measured by a quart or gallon measure.

Roy delivered groceries when he brought the mail around. The housewife would phone her order in and it was delivered to the mailbox. Roy also grafted wild apple trees on his route and even today people may pick the luscious fruit along the fences in the fall. Bills were sometimes paid once a month but more often when the farmer sold pigs or cattle.

When the first cars came, Roy had drums to hold the gasoline and served it from a tap. At first it was delivered to the store by horse and wagon. Then Roy installed a gas pump and a gallon could be wound up at a time. Then he had a globe at the top of the pump which held ten gallons. It had to be cranked back and forth. Usually about a quart was left in the hose.

Roy married Laura Belle MacDermid in January of 1933. She was a great helpmate to him in the home and store. At the time of his marriage an addition was made to the house so that two families could live entirely apart.

The clerks who served in the store were Vivian Lough, Mrs. Reg Sutton, Mrs. Roy Lough, and for a short time Eleanore Downs.

Roy sold the store in 1954 and retired. His wife died in 1956 and Roy died in 1969. Since then a niece, Margaret Heaney, resides in the beautiful and gracious home. She, too, is a wonderful asset to our community.

Mr. & Mrs. Hilbert Allen bought Ida store from Roy Lough in June, 1954. They lived in a small white house on the corner (formerly Roy Lough's ranch) almost across from the store. Mr. Lough had this house built so whoever might buy the store would have some place to live.

Hilbert and Muriel have always been friendly and have served the community well. Ida store has always been the hub of the community. Hilbert and Muriel built a beautiful new home in the village and in February 1959, they with their two sons, Arnold and Bob, moved into it.

In 1968 the post office was taken from Ida and moved to Cavan. From there the rural mail continues to be delivered. Hilbert Allen continued to deliver mail until his retirement on December 31, 1979. On January 1, 1980, Mrs. Gallagher was hired to replace Hilbert. She, too, is conscientious.

In November, 1971, Hilbert and Muriel sold their store to Mr. Art Coatham who left in 1973. It was then rented to Mrs. George Wilson for one year. During that year the gas pump was struck by lightning. The gas line in the ground was broken and gasoline seeped into the ground. Mr. Coatham sold the store to a friend of his in Toronto by the name of Lucas and Mrs. Wilson continued to run the store but quit as Mr. Lucas died shortly after he bought it.

In 1974 the store was sold to Mrs. Curtis who paid the mortgage off to Mr. Allen. She had a well dug and a holding tank installed but kept the store for only a short time - May 1 to September 1. She then sold it to Mr. Gorman from Pigeon Lake.

The store then became vacant standing desolate and lonely. However, in 1980, Neil Clarke, who resides in the former Touchburn residence, bought it. He made renovations - papered and painted the interior.

For almost one hundred and thirty years Ida General Store was the focal point of our community. Those in charge of it served the public faithfully, cheerfully and well.

The Bonnet Factory of 1984 offers hand crafted gifts, Empire cheese and curds, ice cream and on weekends home-baking. Residents are delighted by the re-birth of the store and welcome its presence in their community.



DO YOU REMEMBER?

Propane Gas Explosion of '75 Demolishes Home

By Arnold Armstrong

The Dec. 11th, 1975 issue of The Chronicle, reported, as follows - "The awesome power of propane gas was demonstrated at 4:00 a.m. Thursday morning when an explosion in the Distillery Street home of Mrs. Muriel Steenburgh literally "blew it to smithereens". Veteran investigators are quoted as saying that they had never

before seen a building so completely demolished".

It is interesting to note that it was 100 years ago that the "most fearful conflagration that ever visited the Village of Millbrook was sadly recorded". 33 places of business were burned out. Loss estimated at \$100,000. Estimate of damage by explosion 2,000,000.

Federal Candidates Visit Springdale Nursing Home

During this summer's Election Campaign, the residents of Springdale Nursing Home, on Highway 28 behind the Fireside Restaurant and Tavern, were treated to a visit by two of Peterborough Riding's candidates. On September 4th, incumbent Bill Domm and candidate Linda Slavin visited the home to chat with the residents about their concerns for the riding and

the country. Since the residents are rarely able to leave the home to attend meetings and meet the candidates, the visit was greatly appreciated. According to A. Breadman president of the Residents' Council, it was a very informative meeting, which gave the residents a rare opportunity to personally meet the candidates. Thanks to them for taking the time from a busy schedule to talk with us.



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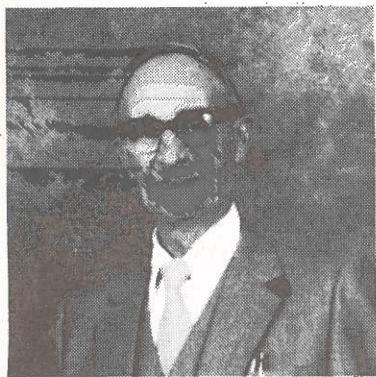
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BILL THOMAS

By Lianne Landry

Millbrook Manor, our apartment complex for senior citizens, is home to some very interesting and energetic people. Probably one of the best known of them is Wilson Thomas, Bill to most people. Born in Pudsey, Yorkshire, England 71 years ago, Bill came to Canada in 1930, the year of the Great Depression, to seek his fortune.

Working on farms

around Roseneath, Cobourg and Trenton, Bill met and married his wife, Eve, fifty years ago next April. Settling into a job at Outboard Marine, where Bill stayed for 28 years, the Thomases eventually decided that Millbrook was a good place to live with their children.

For most people, work, raising a family of 7 children and occasionally helping out in your wife's restaurant on King Street

would have been enough: not Bill. Over the years Bill has established himself as a concerned citizen and valuable asset to the community. To begin with, he served 4 years in the Royal Canadian Artillery. Civilian life has probably been more demanding. A member of Council for the Village of Millbrook for 4 years, Bill sat on the Medical Center Board for 4 years and the Recreation Committee for 6 years, the last 3 as Chairman. Bill has taken a turn as chairman of the Red Cross and the Chamber of Commerce, a job which lasted 10 years. He also coached softball.

Interested in the progress of the community, Bill helped, through the Chamber of Commerce, to organize the first bus tour of the Senior Citizen apartments in Orono with the goal in mind of eventually building our own. He is now chairman of the Seniors Activity Council at Millbrook Manor.

Bill's interest in recreation and the

promotion of local resources has helped to plan summer day camps and the swimming lessons, both of which he hopes will be carried on in the future. One of the most interesting and fun events Bill helped organize was the old "Frontier Days". This was a week long festival on a western theme which included shoot-outs, horse events, saloons, parades and much more. The celebration took place both downtown and at the fairgrounds in the late sixties and early seventies, and was lots of fun for young and not so young alike.

This year's Bicentennial events, including the erection of a sign "Visit Historic Millbrook" on Highway 115, the parade and canoe races all were aided by Bill's capable hands as chairman of the Bicentennial Committee.

One would suspect that having spent such a busy life Bill would be ready to settle down and enjoy his retirement. He can, and does, visit his seven children, ten grandchildren and five great-grandchildren. He still chairs the Recreation Committee and Chamber of Commerce. That should be enough to keep anyone busy, right? Well politicians beware! Bill says that as long as his health remains good, he just may run for council again next year. You can't keep a good man down!

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CARD OF THANKS

A BIG THANK YOU to everyone in Millbrook area for the wonderful support and encouragement given to us before the Olympics. Edie and Mandrake.

WE WOULD LIKE to take this opportunity to say thank you and good-bye to all our relatives, friends and neighbours, and to anyone else, who in some way has touched our lives during the many years we have lived in this area. You will all be greatly missed, and we would love to have you come up to Exeter and have a visit with us, should you ever be in the London area. Good-bye once again from Beatrix, Robert, Angela and Jennifer Crowe.

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COMING EVENTS

HARVEST LUNCHEON: Thursday Sept. 20, Serving from 11:30 till 1:00. \$4.00 per ticket at the door. St. Thomas Anglican Church, Millbrook. Proceeds to the Centennial Committee.

Bus to INTERNATIONAL PLOUGHING MATCH, Orangeville, Friday September 28. Contact Bob Hall 932-5347.

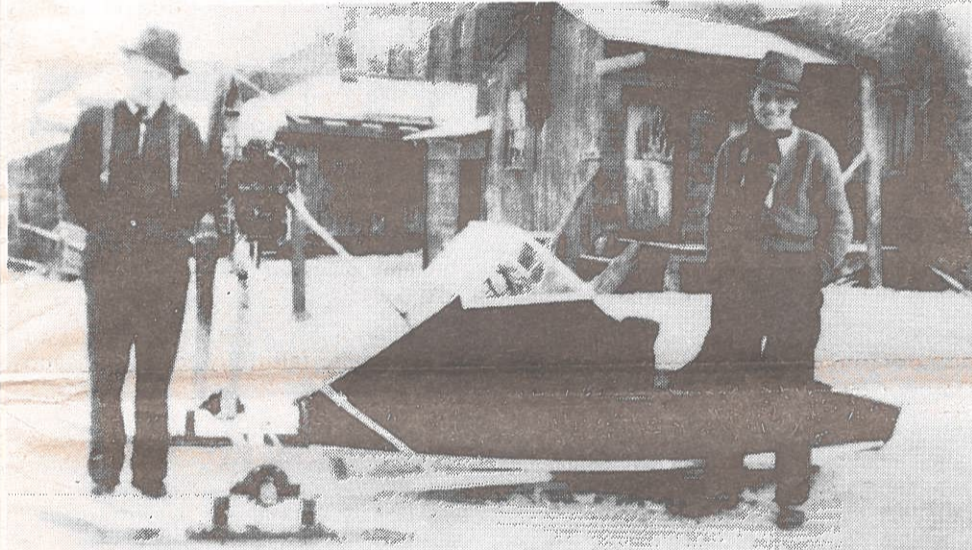
Friday is "YOUTH NIGHT" at 7:30! A balanced program for teenagers from Millbrook and areas, sponsored, and held at the Christian assembly, King Street in Millbrook. All teenagers are welcome.

CRAFT & BAKE SALE Saturday, Oct. 20, St. Thomas Anglican Parish Hall. Proceeds to Centennial Committee. To rent table space, call 932-5436.

HAVE YOU LOST WEIGHT? I am compiling information on successful weight-loss programmes for a new health/fitness magazine. If you have lost weight and managed to keep the pounds off and are willing to answer some questions, please call: Fran Fearnley 932-3128.

SUPPORT OUR ADVERTISERS

Built Snowmobile but missed the boat



Ross Armstrong (left) and Allan Dawson pose with the prototype.

The following is reprinted from an issue of The Peterborough Examiner December, 1982.

By Doris Ingham

Way back in 1932, long before the present snowmobile craze, a Millbrook man built his own machine. Ernest Powell, then 18, thinks that now he might be a millionaire if he had continued to produce, patent and perfect his product, and if he had the necessary financial backing.

As it was, his machine was clocked at 50 m.p.h. driven over the ice of Rice Lake.

His workshop was on Millbrook's main street over the Massey-Harris implement building owned by W.E. Ball and later used as a furniture store.

The machine was a two seater. Its steel frame originally served as the tower of a windmill.

The body was made of quarter-inch basswood and the propeller of spruce. It was powered by a Harley-Davidson air-cooled motor from a motorcycle. The windshield was of celluloid. It boasted brakes made from the hand brake of a Model-T Ford. The brake had long steel spikes that

dug into the earth and snow when the handle was pulled. Eighteen-year-old Ernest built everything, including the skis on which the snow machine ran. The body was painted red, and the frame with aluminum paint.

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Bill Thomas
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George Branscombe
David Tong
Kim Heaton

would like to thank the Village Council businesses and all those who generously gave of their time and resources to erect the sign on Hwy 115 and to make the August 25th Bicentennial Celebrations such a success.

Wilson Thomas, Chairman
Kim Heaton, Secretary



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PEACE PETITION CARAVAN CAMPAIGN

Millbrook People for Peace

• 36 King Street West

• Millbrook

Peace Petition Caravan Campaign will be conducted in the Millbrook area in the form of a door to door canvas - October 1st - 14th

The Petition will read:

- We ask that the Parliament of Canada act to refuse the testing of the Cruise missile in Canada, and to reject research production testing and transport of any nuclear weapons, their delivery systems, or components, in Canada.
- We ask that Canada be declared a Nuclear-Weapons-Free Zone in accord with similar initiatives by other nations, and become actively involved in working for the multi-lateral de-escalation of the arms race.
- We further ask that wasteful spending on the arms race be diverted to fund human needs, so as to insure prosperity through peace.
- Finally we ask that the above stated objectives be subject to ratification through a "free vote" in the Parliament of Canada.

Results of the Petition will be presented in Ottawa, October 20th

To give residents more information on the Campaign, a free showing of the films "Sign Up for Peace", and "The Nuclear Winter" will be held Thursday, Sept. 27, in the Cavan Township Building, downtown Millbrook - 4 showings - 6, 7, 8 and 9 P.M.



Explaining the Point of the Peace Petition Caravan Campaign

Point 1

- Cruise Missile Testing
The Cruise is very small, (6 metres or 18 feet in length) so could be easily hidden and transported. Development of them makes it more difficult to count what each side has. Therefore, a freeze and reduction of weapons is harder to control.

The Cruise is an American strategic weapon, solely under U.S. command and control; it is *not* a NATO weapon. Canada is *not* required to test this weapon as a member of NATO.

Because of its high degree of accuracy and low detectability, it appears that this weapon was developed by the U.S. as a war-fighting weapon. At a time when the possibility of nuclear war may lead to the annihilation of mankind, it is horrific enough to have nuclear defence weapons. It appears as if our testing of

the cruise missile for the U.S. makes us part of the development of an **offensive** nuclear weapon.

Point 2

- Nuclear Weapons-Free Zones

NWFZ means that an area has renounced nuclear weapons and has ended the research, production, testing and transport of these weapons or components.

140 local authorities in Britain, 40 towns and cities in the U.S., 50 in Canada including Toronto, Vancouver and Regina have been declared NWFZ. Just recently New Zealand has taken a stand not to allow U.S. nuclear warships in its waters.

Canada does participate in the race for nuclear arms 1) by manufacturing parts for such nuclear weapons systems as the MX, the cruise and Lance Missiles, and most nuclear capable U.S. aircraft;
2) U.S. naval vessels

which are normally nuclear-armed, call at Canadian ports such as Halifax, Vancouver and Victoria.

There would be a significant impact worldwide if Canada broke ranks with the superpower arms race to destruction. It would enable us to really speak out for peace and sanity in the international arena if we show we are prepared to take the first step ourselves.

Point 3

- Military Spending

The world spends \$600 billion every year or more than \$100 million per minute on armament. Increases in military spending mean cuts in public services, unless we are prepared to pay more taxes.

Between 20 and 25 percent of North America's highly qualified engineers, scientists and mathematicians are directly or indirectly tied to jobs depending on

jobs depending on military contracts. This "brain power" could make the difference in solving some of the many problems facing mankind

such as energy and food production.

Point 4

Free Vote in Parliament
...Self-explanatory

Information is taken from publications produced by the National Office of P.P.C.C. and Project Ploughshares.

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