

# THE MILLBROOK HIGHLIGHTER

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Millbrook, Ontario, Wednesday August 15, 1984

25c



The Canada World Youth participants pose for a group shot.

Photo by Valerie Medway-Welsh

## Canada World Youth welcomed to the

By Lynn McDonald

Many of you have seen the posters around town and have read that Millbrook is hosting a group of young people from the Canada World Youth programme. Perhaps you saw the photo of Christina Peacock and read the article that appeared in a previous issue of this newspaper. On Wednesday, July 18, a pot-luck supper was held at St. Thomas' Church Hall to welcome the group to our community. This was initiated by a steering committee who have helped to integrate the programme in this area, to enable the billeting families to meet the participants. After the delicious supper, Larry Keates made a speech welcoming the participants

on behalf of the community and outlined a project they will be working on for the two weeks that they are in the Village, namely building a covered picnic shelter at Mountain View Park.

The group consists of three girls and four boys from Sri Lanka plus M.H. Wimala, their leader. The Canadian group came from different parts of the country, three are French Canadians. Again there are three girls and four boys and their group leader Christina Peacock.

For those who are not familiar, Sri Lanka is an island in the Indian Ocean, off the coast of India. It was formerly called Ceylon, but the name was changed

when they became an independent country in 1948. The island is 272 miles long and 140 miles wide (25,332 square miles) and has a population of approximately 15 million. The main produce is tea, but they also produce rubber, rice and cocoanut.

I found the young people to be polite and very warm and friendly: some a little shy. I hope if you have a chance to meet them, or see them on the street, you will give them a warm welcome to our part of the world. The word in french for welcome is "bienvenue" and in Senhalise it is "sadarayen piliganimu". We will keep you up to date with their activities and hopefully there will be

some cultural exchange activities organized in the future that you will be able to attend.

At the time of writing the group are being billeted in the Village, the girls in St. Thomas' Church Hall, and the boys in the Presbyterian Church Hall, for two weeks, in order to get to know one another better and to work on the community project. At the end of the two weeks they will join their billeting families, one Canadian and one Sri Lankan to each family. They will meet together twice a week for work projects and education days.

Welcome .. Bienvenue .. Sadarayen Piliganimu - Canada World Youth.

## Millbrook Sub-division to follow English Village concept

By Celia Hunter

Plans for a sub-division to be built west of Tupper Street and south of Millbrook Intermediate and High School were submitted to village Council on August 7 by representatives for the developer, Mr. S. Mednick.

The plan, described by designer Hal Lippert as embracing the English village concept, includes 84 single family dwellings, a block of low-rise apartments, and a Senior Citizens apartment approximately 30 acres covered by the sub-division, 5 per cent will be parkland as required, and the area will include several cul-de-sacs and two access routes.

Homes developed on the lots, which have a 60 foot frontage, will range between \$85,000 and

\$95,000 according to Lippert. RealEstate agent Ivy Matwey, present at the meeting, urged Council to come to an agreement with the developer, stating that "if Millbrook is to continue to expand as it has since February, we must get on with this sub-division". In Matwey's opinion, the homes would move at the price quoted.

The sub-division is to be developed in phases over a period of approximately five years according to Mr. Mednick, who stated early as this fall stated Lippert.

The next meeting between representatives of the developer and village Council is scheduled for August 21 at 7 p.m. A copy of the sub-division plan can be seen at the Millbrook Municipal Building.



Brian Brown

Photo by Nick Webb

## Brian Brown to participate in National Track competition

Local athlete Brian Brown will represent the Ontario Command, Royal Canadian Legion at the 8th annual Dominion Track and Field Championships to be held this year in Halifax, Nova Scotia. Brown, 16, earned his place in the Provincial team by capturing first place in the 400 metre hurdles at the Ontario

Championships held in Burlington, July 13 and 14, with a time of 57.2 seconds.

Brown will participate in this event during the National competition and athletic camp to be held at St. Mary's University, Halifax, from August 9th to August 16th. He will also compete in a relay event. Good luck Brian!

## Council supports Consumers' Gas

By Celia Hunter

Consumers' Gas plans to both begin and complete installation of mains bringing natural gas into Millbrook by this year's frost according to Kawartha Area Manager Gordon S. Madge, appearing before village Council on August 7.

At present, natural gas mains extend to the Master Feeds plant. Consumers' Gas plans to bring the mains down County Road 10, and up

both the east and west sides of King Street, reaching the Correctional Centre to the far west. According to Madge, most streets in the village would be serviced, as demand warrants.

Madge quoted a savings figure of \$40,000 per year in fuel costs as a result of conversion to natural gas at the Correctional Centre, stating that gas is estimated 25 to 30 per cent less costly than oil, and can be as much as 40 per cent cheaper using ventless equipment. In the case of businesses such as the

laudromat and any restaurants using propane, he quoted savings figures of 40 to 50 per cent.

A one-time grant of up to \$800 is available to homeowners wishing to convert oil furnaces to gas. According to a survey conducted three years ago, approximately 25 per cent of Millbrook homeowners expressed interest in converting to natural gas.

The \$600,000 project being undertaken by Consumers' Gas is to be aided by the government through the Distribution System Expansion

Program. Following Ontario Energy Board approval which may take up to two months, Madge states that the line can be laid in three weeks.

Rates charged to users will be identical to those charged in Peterborough, Toronto, and all other centres serviced by Consumers' Gas in southern Ontario. Madge advised that homeowners would be informed of progress and rate through the media, and possibly through the establishing of an information centre in the village.

# Former Cobourg Editor and Publisher Guest Speaker At Special Conventicle Service In Millbrook

"What better place to make mental imprints of the past than from the office of the old Millbrook Reporter," said guest speaker Foster M. Russell, former Cobourg editor and publisher, at Grace Presbyterian Church, Millbrook, Sunday, June 24, 1984.

The special "conventicle service", typical of worship in the mid-1800s, commemorated 150 years of Presbyterianism in Millbrook and Cavan Township.

"The old editor, W.S. Given," Mr. Russell pointed out, "had an abiding Presbyterian faith. His obituaries were masterpieces of flowing words, colorful and emotional. Before the old box stove he sat in the printing office, pad on knee, pencil at work.

"My father handset the result from the California type job case. Soon the words were printed by the ancient Hoe press, turned by hand in the era before electric motors; and village people were absorbed in the printed word, reading especially about the 'angel of death' arriving at a home.

"W.S. Given's writings affected my young vision. The seed had been sown."

In tracing Presbyterianism in Canada, Mr. Russell said that early settlers had limited education. The "Kirk" on

Sunday was not only their faith but their fount of learning. In 1834, the first Presbyterian Church for Millbrook and Cavan Township was on the site where Grace Cemetery is located.

"Sacred to the memory of Grace Cemetery," said Mr. Russell, "with its genteel name, high on a hill; in sight and sound of laughter and play from the school beyond, with the clarion message that life goes on while voices are still, beneath the sacred sod."

A preacher in 1832 said in addressing young people:

"Spring is the seed time of humanity. Right principles will now take root withering the heart; for in the Spring there are fewer noxious weeds to impede growth and retard progress."

One hundred years ago a minister was a member of the Millbrook Cricket Team. He was still batting a good game on a Sunday morning. When he read the scripture at the pulpit, he said:

"Here endeth the first inning!"

At the turn of the century, Preacher William Johnston served all denominations. His Presbyterian outlook was enhanced by his ecumenical spirit. On occasion he would put this point across from the pulpit:

"Any 'fesh' can go down the stream but it takes a live 'fesh' to go

up the stream."

Millbrook boasted five teams, Presbyterian, Anglican, Methodist, Independents, and a ladies' team.

With tongue in cheek, the Newcastle newspaper commented:

"Millbrook boasts of having five baseball teams, the last one being confined to the ladies; while the composition of the other teams seems to depend on the religious persuasion of the members. The question in some minds is whether religion will get the better of the game or the game the better of the religion. We await reports from respective pastors," concluded the Newcastle newspaper.

Mr. Russell read the names of those buried in Grace Cemetery from 1846 to 1900, and he commented:

"The message is clairvoyant. Names are enshrined on tablets. These names transmit an ethereal feeling that rises above the mundane. They speak from these graves of a soul and hereafter. They motivate us and challenge us.

"Faith does move mountains. The 1984 General Assembly of the Presbyterian Church held in Peterborough, adopted LIVING FAITH as a challenge.

"I thought," concluded Mr. Russell, "in these economic times, business corporations are consolidating to remain solvent. Would it not be a tremendous

tribute to unity and a bastion of strength if Grace Presbyterian Church, Millbrook, and Centreville Presbyterian Church joined forces. Grace Presbyterian Church is historically situated and well appointed. What a heritage there is of 150 years gone before, to be carried forward in love, charity, faith and hope for another 150 years."

Prior to service a commemorative tree was planted by Mrs. K. Moncrief at Grace Cemetery. Student minister, Bruce Cossar of Peterborough, presided for the church service. Hymns were sung without instrumental accompaniment; the early Presbyterian custom.

More special commemorative services are scheduled for September 22, 26, and November 4.

## Cable T.V. comes to Millbrook

By Fran Fearnley

Roger Gallimore, Marketing Manager for Trillium Cable Communications, reports that the cable T.V. line into Millbrook will be ready for viewers by the end of August. Most of the construction work has been completed and once the

## Expansion of Millbrook Manor being considered

The Senior Citizen's Complex, opened last summer in Millbrook, is to be named Millbrook Manor. A competition was held to select a name for the residence, with Mrs. Doris Ingham submitting the winning suggestion.

The Manor includes 24 apartments at the moment, as well as a recreation room and laundry facilities. Expansion of the complex is now being considered, and anyone interested in moving into Millbrook Manor in the near future is asked to contact the Village of Millbrook Municipal Office.

tower is erected only minimal balancing will be necessary.

Trillium are developing a special introductory installation offer, which they hope will attract 60% - 75% of Millbrook residents to come on service right away. Cable viewers will have a selection of 16 channels plus First Choice /Super Channel Pay T.V. Gallimore points out that another advantage of going on cable is that one space will be left open for local programming. "What it amounts to is a local station which can be used for promoting community events and projects. It won't be available immediately but it's something for Millbrook residents to look forward to". The facility is provided at no cost to the community.

Salesmen will be visiting Millbrook homes in the next few weeks to explain the available Trillium services.



## New Sub-division constructed in Cavan Township without building permits

Eight houses were recently completed in secrecy on un-subdivided land in Cavan township. The builder Mr. Peter Ross commented that "he didn't feel that the laws applied to him." He also admitted that the plumbing and electrical service to these houses was inadequate but that the buyers wouldn't be likely to complain because the "price would be right". The location of this development is on the seventh line of Cavan in Ross's workshop where he recently put the finishing touches on eight dolls' houses that he plans to sell this Christmas.

## Public Farm Auction for Glen Manley

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### NOTICE TO RESIDENTS TOWNSHIP OF CAVAN

On behalf of the Council for the Township of Cavan, you are cordially invited

to attend the Official Opening of the Mount Pleasant Firehall.

Date: August 26, 1984

Time: 1:00 p.m.

Place: Mount Pleasant Firehall,

Cavan Township 14th line (Sherbrooke St. West).

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# CLUB NEWS



## Art Raffle raises funds for Peace Petition Caravan

By Grace Glass

Millbrook people for Peace held the draw for its first Art Raffle at Tea & Company on July 22nd, Jeff Korda of Toronto won the etching by George Raab and Gary Joffre - Clark of Youngs Point won the ceramic bowl by Bill Rowland.

The Peace organization would like to thank these two local artists for their generous donations, the businesses and individuals who helped sell tickets, all those who supported the raffle by purchasing tickets and Jim O'Neil of Tea & Company for providing a display space for the art

works.

The raffle money will be used for educational activities and canvassing for Millbrook People for Peace. A Peace Petition Caravan campaign is planned for the area. This will entail door to door canvassing in Cavan Township to explain the Caravan's objectives. The three major areas of concern are:

- to stop testing cruise missiles in Canada
- to have Canada declared a nuclear-free zone
- to redirect wasteful spending on the arms race to fund human needs and ensure prosperity through peace.

## CAVAN WOMEN'S INSTITUTE CELEBRATES 70th ANNIVERSARY

By Mary Anne Staples

The June meeting of the Cavan Women's Institute was held on June 19th at the home of Mrs. Eleanor Brooks, with 38 members and visitors attending. This was a birthday party for the Branch because on June 11, 1984, the Branch was 70 years old. The Roll Call, appropriately, was "bring something old" and the members exhibited articles ranging from post-cards and jewellery to hair curlers (which were heated over the oil lamp chimneys) to period costume (we even had a pair of bloomers modelled for us). The Programme consisted of a short history of contributions by the Branch from its inception to the present day and excerpts from the Minute Books were read.

The members were given a report from Annie Sharpe of her attendance at the Officers' Conference Area Convention and from Nora Hare, our representative for the District Annual. As part of the business portion of our meeting, the Branch voted unanimously in favour of a donation to the CAT scan. After the formal portion of the meeting was concluded, we all enjoyed birthday cake and ice cream and admired the variety of articles which our membership had brought for the occasion.

With summer on the wane, it's time to think of school, September, and budgets for the winter ahead. The next meeting of the Cavan Women's Institute will be held on September 18, 1984 at 8:00 p.m. at the home of Louise Brown. There will be a panel presentation of homemade versus pre-packaged foods and a sampling of the products as well. It should prove interesting and sharpen our awareness as concerned consumers. All our meetings are open to the general public. Come and exchange hints and ideas with us.

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The Honour Guard makes a presentation

## Millbrook's Junior Drum Corps takes Third Place

By Ruth Farr

The Millbrook Legion waved a fond farewell to 23 members on the Junior Drum Corp, nine adult chaperones and the band master, as they set off for Erie Pennsylvania. The 4th July Independence Day Parade was four miles long and our band was warmly greeted by the spectators along the route. Reg was the head counter and looked after the band's instruments. They went to Elk's Lodge in Millcreek where the drum corp was honoured by General Ellis who presented the American flag to our bandmaster Ted Fullager. In

return Pam Lorette presented the Canadian Flag to General Ellis. General Ellis made Pam feel at ease by telling her that he didn't know how a dedication should be done.

The Honour Guard for the presentations consisted of Ted Fullager, Bob Carr, Marg Baker, Pam Lorette and Dorothy Slack. They all watched a huge firework display on the evening of the 4th and returned home on the 5th of July. On the journey home they took a welcome stop to look at the Falls in Niagara. They arrived at the Millbrook Legion

Hall a little after 10 p.m. The Junior Drum Corp came in third out of 36 bands. Our Legion is very proud of their efforts and we hope the community is also. Thank you kids.

Branch 402 will be entering a float for the big bi-centennial parade. Other activities include the Blood Donor's Clinic on August 8th at the Legion Hall from 2 - 8 p.m. On Sunday, August 12th members are invited to attend the Drumhead service at Bancroft. If you need a ride please call the president Lloyd at 743-9020. On August 19th from noon until dusk we will once again have our annual picnic at the Haven. Our hostess Mrs. Edna Watson welcomes everyone.

## Red Cross active in the community

By Kathy McGregor

The Red Cross Society sponsored a most successful Emergency First Aid Course. This was led by Ann Munro of the Peterborough Red Cross and held in the Cavan Hall. There were 17 participants with 16 completing and receiving their Red Cross Emergency First Aid Certificates.

Congratulations ladies. If there is enough interest shown a similar course will be run again this Fall. There is a fee of \$12.00 - however the Certificate is worthwhile and the knowledge learned always useful. How about a group of High School Students? A special interest course for all conscientious baby sitters. For more information call Sadie McBain at 745-5103 or Leona Carpenter at 939-6667.

The Red Cross campaign for funds has been underway in the area. Hopefully we will meet or better last year's collection. A special thanks to Grades 3 & 4 at North Cavan School who raised \$175.48 from their Red Cross Spell-a-thon.

The local members have made and contributed 17 articles to the Red Cross A.I.D. (Assistance International and Domestic) campaign. These articles are sold and every dollar is matched by the Canadian Government for overseas work.

The quilt draw was made by Leo Fallis, a faithful member, with the lucky ticket winner being Ben Olan - a Councillor for Cavan Township.

A first for Millbrook is the Red Cross Blood Clinic. One day only, Wednesday August 8th at the Legion Hall from 2 - 8p.m. We need at least 150 donors so mark your calendar and join us. Let's show them we have lots of good red blood right here locally. The next regular meeting will be Monday, Sept. 17 at the home of Leona Carpenter in South Monaghan. It will be at 11:30a.m. in the form of a pot luck luncheon. Bring your silver, plate and luncheon dish and join with us. Everyone is welcome.

### Millbrook People For Peace

Canvassers needed for Peace Petition • Caravan Campaign

Contact: Joanne Rowland 932-3214 or Grace Glass 932-5409

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# THE MILLBROOK HIGHLIGHTER

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Advertisers in the Highlighter agree that the publisher shall not be liable for damages arising out of errors in advertisements, however caused and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement.

Letters to the editor are welcome by the Highlighter and should be on topics of community interest. The editors reserve the right to edit letters for length, grammar, clarity and libel. Letters judged unsuitable cannot be acknowledged or returned.

Letters must be in good taste and bear the name and address of the writer. Anonymous letters will not be published.

Address letters to: The Editor, Millbrook Highlighter, P.O. Box 220, Millbrook, Ontario L0A 1G0.

## EDITORIAL

Millbrook's High School is gearing up for the beginning of a new school year. Twelve months ago it seemed possible of more accurately probable, that 1985 would be its swan song. Instead there are plans for new courses and projects and the school is happily assured of its future in our community. We all had and continue to have a cause for celebration. The reason for rejoicing goes beyond the victory itself. It demonstrated how a strong, unified communal effort could achieve results that might initially have seemed out of our control.

Now that the future of our children's education is secure we should take a look back over our shoulders and reflect on the past. Millbrook's old Public School has been vacant for more than two years. It stands proudly as a dominant and gracious landmark overlooking the restored Needler's Mill and the newly opened Mountain View Park. Its destiny is uncertain. The Ontario College of Art were prospective purchasers with plans to open a campus here in Millbrook. Now, due to lack of funds, this seems unlikely.

The Millbrook Council and Friends of the Public School are working together to try and re-ignite their interest but clearly other alternatives must be addressed. Due to the quirks of administration the Peterborough County Board of Education has become title holder, although the building has been paid for out of Millbrook taxes. On September 30th P.C.B.E. plan to put the old school on the market, unless an acceptable arrangement has been reached. Millbrook and Cavan Councils have agreed to cooperate with one another to try and keep the building for the community.

It has the potential to be a vibrant centre with many recreational and educational uses. If we proved ourselves equal to the task of saving our high school then we can also ensure that this important part of our heritage is preserved for the generations who follow. Show your support. Write to Friends of the Public School c/o The Millbrook Highlighter.

## For ours is the power

The issue has urgently, horrifyingly, come of age. The subject of nuclear disarmament no longer just crops up thanks to demonstrations and occasional marches. It has become an issue that is always there, day after day, week after week, just as the danger is there, present and growing.

After a surprise election victory, New Zealand's new prime minister has announced plans to declare his country a nuclear-free zone. Japan, of course, has long been nuclear-free. They've already seen the preview; they know what it is all about.

It isn't a question of national defense. Nations fight; it is sadly a fact of life and history that the human race seems unable as yet to be peaceable. So, conventional weaponry continues to be developed, and armed forces continue to train, in order to safeguard our birthright. So be it.

It is becoming all too obvious though that nuclear weapons can never win a war for anyone. The effects of a nuclear blast cannot be contained within the borders of any chosen adversary. The effects will be devastating and disastrous.

Recently, Council for the Village of Millbrook wholeheartedly endorsed the Peace Petition Caravan Campaign as presented by Millbrook People for Peace. The Campaign objectives are threefold: to stop the testing of the Cruise missiles in Canada; to have Canada officially declared a Nuclear-Weapons-Free Zone; and to redirect the wasteful spending on the arms race so as to fund human needs and ensure prosperity through peace.

The Cruise has become a household word. It crops up a lot nowadays. Does everyone know what the Cruise does though, and just how many there are? In fact, no one knows how many; the size and dispersion of this type of weaponry makes surveillance impossible. Could it all be getting out of hand?

This is the issue of our time. The ultimate issue, for now, exclusively ours within the span of human history, is the power to destroy it all. It is time to address the issue, and take a stand. The information has been made available; it warrants scrutiny.



It has the potential to be a vibrant community centre

Photo by Nick Webb

## Dog Days

These are the so-called "dog days" of summer, a final sigh before Labour Day plunges the world into autumn's intoxicating frenzy.

They're called the dog days, we're told, because dogs tend to turn languid and unproductive when the days of the same name are upon them. It's said they lie around the house or hobble down the street in a state of aggressive stupidity, rallying only for meals or the odd biscuit that looks like a bone but which actually smells like wet wood chips.

Conventional wisdom also has it that their tongues hang out and their eyes glaze with a sort of euphoric pleasure that makes clergymen and little old ladies panic.

It is not a good time to be a dog.

Perhaps that's why there was an unusual meeting last week of the Millbrook Association of Dogs (MAD), a newly-formed group of activist canines. MAD met one cool evening behind the Post Office (Diane Corfe, take note!) and its 97 members voted unanimously to take urgent counter-action against all the bad press they endure every year at this time.

In a united effort to launder its image, the group prepared a tract which was delivered to this newspaper (by paw) and which frankly challenges our mandate to provide these pages with a fair forum for local views. It is an angry document, full of negative rhetoric and anti-human vitriol. It also makes some libelous accusations.

This newspaper, for instance, has never claimed that "no Millbrook pant cuff is safe during the last two weeks of August". MAD will hear from our lawyer on that one.

But what most alarms us is the group's intention to stage a major protest rally outside McCoy Pro Hardware at noon on the last Friday of the month. With tails swinging and tongues lolling, MAD's membership promises to demolish the myth that humans behave any more sensibly than dogs during these final few dances with high humidity.

But there's hope. Noel Coward once wrote that, "only mad dogs and Englishmen go out in the mid-day sun".

He may be only half right this time. With luck and some persuasion, we may be able to coax the good Englishmen of our acquaintance to stay home that day.

If the cynics are correct and Millbrook's going to the dogs, the least the rest of us can do is make sure nobody watches.

Out of sight, out of mind.

## September 4 is Election Day Your Vote Counts

All voters will receive a mailed card indicating where they are to vote. Contact your enumerator in the event of any problems or questions.

### SUMMER IN THE KAWARTHAS

By Clayton Thexton

The summer heat lies heavy on the golden harvest land,  
While farmers toil from dawn to dark as weather takes command.

First the clover then the grain,  
Bins and barns are filled again,  
While a harvest moon looks down on the Kawarthas.

Boats flash along the waterways and toss a silver spray,  
Making rainbows in the sunshine that rise and fall away.

Swimmers swim in sheltered coves,  
Beaches throng with happy droves,  
While the summer sun shines warm on the Kawarthas.

Where at night along the shoreline campfires like  
beacons blaze,  
For barbecues and cook-outs are the rule on summer days.

Sweethearts share the twilight's spell,  
Day is done and all is well,  
As the night falls soft and dark on the Kawarthas.

# HISTORIC CAVAN

## Peterborough Dental Society MINIMUM SCALE OF FEES

(As accepted by Dentists Government and Department of Veterans Affairs)

<b>TREATMENTS --</b>		<b>BRIDGES --</b>	
Prophylaxis	\$2.00	Abutments (See per substitute for Inlays and Crowns)	
Periodontal	2.00	Pontics -- gold	\$7.00
Vincents	2.00	Gold and porcelain	8.00
Emergency (Palliative)	2.00	Repairs --	
Pulp Cap	1.00	Replace Porcelain Facings (Steeles)	3.00
<b>X-RAYS AND DIAGNOSIS --</b>		Recementing (Each abutment)	1.00
Single Intra-oral Film	\$2.00	<b>DENTURES -- PARTIALS --</b>	
Upper or Lower Jaw	5.00	(Attachments as below)	
Complete Mouth (14 Films)	10.00	Partial Dentures	
<b>EXTRACTIONS --</b>		Vulcanite	\$25.00
One Tooth (Local Anaesthetic)	\$2.00	Acrylic	30.00
Additional Extractions, per tooth	1.00	Double Arm Gold Clasp and Rest (Wrought)	4.00
General Anaesthesia	5.00	Cast Gold Clasp with Rest	5.00
<b>FILLINGS --</b>		Lingual Bar Wrought Gold	10.00
Amalgam (One surface)	\$2.00	Lingual Bar Cast Gold	14.00
Amalgam (Two surfaces)	3.00	<b>DENTURES -- COMPLETE --</b>	
Amalgam (Three surfaces)	4.00	Upper or Lower Vulcanite	\$30.00
Silicate	3.00	Upper or Lower Acrylic	40.00
Gold Inlay (One surface)	6.00	Complete Denture (Using teeth of present dentures)	
Gold Inlay (Two surfaces)	9.00	Vulcanite	25.00
Gold Inlay (Three surfaces)	12.00	Acrylic	35.00
<b>CROWNS --</b>		Partial Dentures (Using teeth and attachments of present dentures)	
Gold Crown (Cast Occlusal)	\$12.00	Vulcanite	20.00
Gold Crown (Swaged anterior or bicuspid)	10.00	Acrylic	25.00
Gold Crown (Swaged molar)	12.00	<b>DENTURE REPAIRS --</b>	
Gold Crown Repair	5.00	Re-line -- Vulcanite (Complete or Partial)	\$10.00
Porcelain Jacket	30.00	Re-line -- Acrylic (Complete or Partial)	15.00
		Repair -- Vulcanite (Base Only)	3.00
		Repair -- Acrylic (Base Only)	4.00
		For each tooth replaced	1.00

CHILDREN'S DENTISTRY -- Fees based on above rates but adjusted according to time found necessary for treatment.

## Dr. Stuart provided dental service for 42 years

By Jocelyne Daw

The Millbrook area has always had a long tradition of outstanding medical professionals, whose commitment has greatly enhanced the quality of life here. Dr. Lloyd (Hod) Stuart, who practised dentistry in the village was no exception, he provided prompt quality service 24 hours a day for over 42 years.

Dr. Stuart was born in Peterborough in 1895 and spent his youth in that city. As a young man he participated in W.W.I. before studying dentistry at the University of Toronto. After he graduated in 1923, Dr. Stuart set up practice in Millbrook with his office located over top of the Drug Store on King Street. At that time, there was only one other dentist in Millbrook, Dr. Jemison whose office was situated over the Burnham store (Past And Present Shop today). Although the two men were friends, they had to compete for patients. In an advertisement in the Millbrook Reporter of the time, Dr. Stuart announced himself as "an honours graduate of Dentistry, University of Toronto". In the very next edition, Dr. Jemison's ad stated "also an honours grad-

uate". But both doctors covered a large territory and they had plenty of patients to keep them busy and to enable them to build up busy practises.

As well, in the early years of his practice, Dr. Stuart maintained an office in Peterborough on Hunter Street. But he found his

commitment in Millbrook, especially after Dr. Jemison retired and he was the only dentist (save for a few years when Dr. Hobb's brother practiced here), was too great to keep up both offices and he opted for the serene pace of life in Millbrook.

Before the second world

doors. DO NOT take it indoors except for storage. Charcoal or similar fuel used in a barbeque produces carbon monoxide—NEVER use these inside any building, boat, recreational vehicle, or other enclosed area.

NEVER place a barbeque on a wooden picnic table. It could char the wood. Place barbeque on the ground or on a flat stone instead.

### Explosive Fuels

Many people do not realize that gasoline is a potentially explosive fuel when improperly stored or handled. Here are some points to remember:

1. Never fill a gasoline container to the top. Leave room for the fuel to expand. Otherwise, the gasoline could spill over and possible cause an explosion.

2. Fill the container outdoors to allow the fumes to disperse. Transfer to engine tanks outdoors for the same reason.

3. Store gasoline in an approved safety container which bears the label of a recognized certification agency such as C.S.A. or U.L.C.

4. Keep container in a well ventilated area; preferably in a detached garage away from any ignition source. Remember that the spark of a switch of the lighting of a cigarette can ignite gasoline fumes.

part of these celebrations, and one that is looked forward to by all (especially the young people) is the fireworks that usually mark the conclusion of the ceremonies.

Fireworks are beautiful and colorful, fun to watch and exciting but they also can be extremely dangerous to life and limb and should be handled with the utmost caution. Severe burns, blindness, and even death, can result from careless handling.

A fireworks display should be under the care and control of a well qualified person or persons and the less people involved the better. They should be let off in an open area, clear of all combustible material and spectators should be kept at a safe distance from the centre of operations. A fire extinguisher should be kept hand as well as a shovel, and few pails of sand in case of malfunctions.

Children should not be allowed to play with fireworks unsupervised and should not be allowed to purchase fireworks on their own. Lets keep our summer celebrations safe and happy occasions observing every caution in the handling of fireworks.

If you need someone to supervise your fireworks displays, try member of your Fire Department.

war, Dr. Stuart boarded at the Armstrong's home, across from the Shell Station. It was there that he met his future wife, school teacher Elizabeth Montgomery, who also boarded there for several years.

In his early years of practice, Dr. Stuart kept office hours from 8:30a.m. until the last patient was seen that day. As far as Mrs. Stuart recalls, he always had appointments (not on a first come, first serve basis) and kept strictly to the time allotted. He was paid cash for his work, and rarely accepted barter items. Mrs. Stuart remembers him as a very prompt and routine person. He worked Mon.-Sat. and took Thursday afternoon off. Dr. Stuart never charged his patients for a check-up, both before and after the war and his prices were competitive with those of the Peterborough Dental fraternity.

In 1940, Dr. Stuart joined the Canadian Dental Corp as a major and was stationed in Kingston, then later in Deberet, N.S. and again back to Kingston. In 1942, he married Betty Montgomery and they set up home on the army base. Finally in 1943 he was reassigned to Barryfield, Ontario where he was placed in charge of the dental clinic at the base. This was a great responsibility with 10 chairs and numerous dentists to supervise, but something he thoroughly enjoyed and he took great pride in his contribution

to the Canadian war effort.

After the war, the Stuarts returned to Millbrook with their small son and purchased the house where Mrs. Stuart continues to reside to this day. The housing situation after the war was tight and Mrs. Stuart recalls how they paid \$3,000 for the house that had the year before been sold for \$2,000.

Dr. Stuart set up practice in the front room of their new home and hung out his brass sign on the front door, DR. STUART, DENTIST, where it remains today. Although Dr. Stuart arranged appointments he was still available at all times of the day and night for his patients.

"All his patients would just ring the bell at the front door and then walk in, no matter what time of the day or night," recalls Mrs. Stuart. "He was a very obliging and well respected dentist."

Ken Fallis attests to this saying, "I would always come back to Millbrook to get my dental work done under the capable hands of Dr. Stuart."

Mrs. Stuart helped Dr.

Stuart in their first years in practice at the house, since he never had a dental assistant. All of his equipment, including an x-ray machine was up-to-date and supplied by the Dental Supply Company. His fees as before the war were in accordance with those charged in Peterborough. In a post W.W. II list of Dental charges, the prices ranged from \$2.00 for an extraction, with each additional extraction \$1.00. Dentures could be had for \$35.00

As well as his regular practice Dr. Stuart did all the dental work at the Millbrook Reformatory.

In 1966, at the age of 70, Dr. Stuart retired from his practice. For a while, Millbrook and area went without a dentist, forcing area residents to travel to Peterborough for their dental care.

Dr. Stuart provided a valuable service to the local residents. His skill, willingness and commitment to his profession will always be remembered and appreciated immensely by the residents of the Millbrook area.

## NIGHT LEAGUE

Starts Sept. 20th

## Public Bowling Starting Sept. 01

Fri. Evenings 7 o'clock - 11:00  
Sat. Evenings 7 o'clock - 11:00  
Sun. Afternoons 1 o'clock - 4:30  
(Call ahead for reservations)

## District

District

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## MILLBROOK BICENTENNIAL CELEBRATIONS SATURDAY, AUGUST 25th

11:30 A.M. — BIGGEST PARADE EVER

Immediately followed by

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2:00 P.M. — CANOE RACES

9:00 P.M. — HARVEST FEST DANCE At the Arena

Sponsored by Lions Club

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- Best Dressed Pet
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- Best Bicentennial Costume

Parade Assembles 10:30  
at the Medical Centre



### CANOE RACE CATEGORIES

- 1 Person Race
- 2 Person Race
- Crab Race
- No Paddle Race
- 50/50 Race
- Mystery Race
- Tug of War
- Millbrook Challenges

Bring Your Canoe to the Millbrook Pond  
Registration 2 p.m.

This project has received financial assistance from the Department of the Secretary of State of Canada to mark the Bicentennial of Ontario.

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**PONTYPOOL NEWS**

# Parks Board established in Pontypool

By Nettie Aiken

Once again, greetings to you all. When this column is out, we will be at the middle of August. Many of you will have had your vacation and others will be looking forward to them.

If you are in the area, there are still things to do. For example, there is going to be an "All You Can Eat" salad bar at the Pontypool Community Hall on August 21st. This luncheon, held between 11:30a.m. and 1:30p.m. is to raise money for the Pre-School Resource Van. Mothers with young children will know about their service. You may get your books and toys at one end of the hall and then take a break from cooking or putting together a noon meal. Price for adults is \$2.50 and for children under 12 is \$1.00. Everyone is welcome.

For those of you who are a little older, the Keenagers are providing a fun activity, Thursday evening. The first of these is ragweed. Many people are allergic to ragweed pollen, airborne from about mid-August till the first killing frost sometime about mid-September. People affected with an allergy to ragweed develop hayfever, sneezing, runny nose, runny eyes, and general discomfort. One way ragweed allergic people can avoid or reduce the symptoms is to take a month's vacation in Northern Ontario. The shorter frost-free periods north of the Severn River substantially reduces the concentration of ragweed pollen in the air, and about the latitude of New Liskeard there is virtually no ragweed. This column does not presume to offer medical advice, but for those sufferers who must survive in Southern

shoe" pits, a long one for the men and a somewhat shorter one for the ladies. It is great for participants and spectators alike. Light refreshments are available. Please bring your own lawn chairs. Twenty were in attendance on opening night, July 12th.

There are many people from the Pontypool area travelling, as was mentioned in the July column. The Holtbys enjoyed a holiday week with friends in Waterloo. Reta and Curtis McKay spent a recent summer weekend with their son in Owen Sound. Your reporter and her husband are enjoying several short trips to see friends and relatives and note different beauty spots.

This brings me to mention the trip to Switzerland of our fortunate Pathfinders girls. The mountains are very much like the type seen in Western Canada. For Kim Medd, the experience will

distance travelled are Douglas and Margaret Murphy. There will be many memories from their trip to Australia. We are hoping to see some interesting souvenirs and pictures from all our travellers later this fall.

Stephanie and Merle Timbers are delighted to have a little girl born early Saturday morning (nine minutes after midnight) on July 21st. Tammy Lynne Mary Timbers weighed in at 7 lbs. 12 oz. and is a sister for Tiffany. Mother and daughter are both fine.

Sharon Harrington, daughter of Ralph and Ann Holtby, was married to Keith Fee on Saturday, June 30th with Rev. John Lindsay conducting the ceremony. Soloist was Frank Stacey and organist was Les Fairhurst. There was a supper and dance at the Pontypool Community Hall with the United Church Women catering. Guests came from Sudbury, themawa, Port Colborne, inceatypool, Port Perry, berr, Catharines, Leskard, treesitby and Orono. The are ple will be residing in Bucklard.

is toympathy is extended to oats family and friends of thoreph and Betty Fielding, tanceaved by the death of and ies Machie on Saturday, spory 14th.

fact'eter Bolton has been tion epted at the University do Toronto. Also, he is the happy recipient of an award for being the most improved English student. Of course we congratulate him in this achievement. Dad, Bob Bolton, is proud too.

In the fall, Bingo is being changed to Wednesdays. It is hoped for better attendance in not competing with Janetville. In order to save the tables in the hall, which have been given a facelift, Dorothy and Mervin Bowins are using some of their spare time making and painting Bingo card tack boards, which will be available

before each game for the benefit of those who wish to secure their cards. Opening date is September 12th. Kennagers begin the fall season on the sixth of September.

The premises of Peggy Jo's Country Diner has changed a little. In place of the video game machines, the north side is now a bake shop. There is an air conditioner installed to keep the food cool. There is also a refrigerated section for pop and milk. Peggy has established herself as an excellent cook and baker. It is very nice to treat the family to a fruit pie without making your kitchen feel like a furnace! Prices are reasonable and we wish Peggy and Martin every success in this new venture.

While we are on the subject of meals, please take a few minutes to read the "Fire Safety Tips" elsewhere in this paper. There is one section in that on being safe with your propane barbeque.

On July 22nd, Don Genge, no stranger to our Pontypool congregation, spoke about the most helpful characteristic of Christ, in his opinion, was his humanity. There is nothing anyone can face, even sorrows and temptations, that Christ has not experienced, and with His help, victory is possible to overcome all the rough spots in our daily walk of life. Oat breeders have devoted a great variety of oat varieties and the kicker is that to few variety of oats may be going on, rust strains Gleaves, producing new oat varieties which have been given your farmers and the practical way is to eliminate as

erke? It may be a shrub that may be a small tree, Ttump. The leaves are scular veining, starting likical path to end up at ar the tree, (monoecious) arthe berries, about the Td very bitter tasting. vertica. Cathartica will geacist but unless you more than one or two Fi de hang on to their thther deciduous trees

Ball Tournament. An account of this will appear on the Sports Page. I would just like to mention a bit of human interest. Stewart Walker of the subdivision climbed a couple of the light poles to repair a couple of burnt out bulbs. The person who does this on a regular basis is presently in hospital. This was indeed being a good Samaritan. This act will be very much appreciated by those who use the ball diamond after sunset. Walter Bryant also climbed a couple of poles.

I would also like to thank all of you who have worked hard on a voluntary basis to get the park in neat and in recreational condition. Each person is valued for his or her individual contribution to the cause.

A public meeting of the Pontypool Residents' Association was held on July 23, 1984 at 7:30 p.m. in the Community Hall. There was a good attendance at the meeting considering the holiday period.

The main objective of the meeting was to establish a parks board for the two parks in the subdivision. Seven names stood to form a parks board. A vote was taken by the membership and the names were elected unanimously. The people who will form the parks board are Al Terry, Clayton Emery, Ray Harrison, Jerry Gault, Ray Collins and Vern Hamilton. The elected board will decide upon their officers to import and plant the stuff.

climate in 1984 with all our present if our forefathers just weren't and warm to take the time to plant

But buckthorn is another stone mile you can find some buckthorn the stuff. But it is in a sort of happy it has been spread by birds and hydro wires, fence wires. Nature seed coating technology. An insect from a berry is released coated with ous and potassium, plus an anti-diseases. No wonder birds are so the seeds they like to eat!

But for the bird lovers who may a barberry or a buckthorn, let me capable of adapting to different die berry, no buckthorn, birds would choke cherries, just as attractive.

The survival of the human race person race) is highly dependent o huperson plants and animals. Sur-ties for Beavers are: allowe'en party, Theater mild outing, Farm excursion, Tree planting, Fire-ll visit, Beaverree (a day activities between colon-), Millbrook fair.

A newsletter will be circulated before the October meeting to keep all residents up to date on any further progress.

The committee wishes to thank you for your continued support. Any concerns can be sent to the Pontypool Residents' Association, Box 323, Pontypool. Your membership fees of \$5.00 will still be welcome and may be sent to the above address.

We are concerned to make Pontypool as a whole a stronger community and a member from the Village would be valued on the committee to get away from the Village/Subdivision terms of reference.

Horace Peck, a former resident, was the luncheon guest of your reporter and her husband on July 26th. We had a very happy visit and wish him the best of health and pleasure for the future.

Decoration Day for Pontypool Cemetery, as mentioned in my last column, will be on August 19th, at 2:30 p.m. This is a time to not only honour and respect your deceased loved ones, but also to meet with friends and relatives and make your donation towards the upkeep of the grounds. My husband, Tom, is doing a good job of the caretaking.

Please remember in your prayers three local residents in hospitals. Their families also need support. Bill Strong is in Princess Margaret Hospital in Toronto, Gerald Fisk in St. Joseph's Hospital in Peterborough, and Linda Rose in Oshawa General Hospital.

## Millbrook Scouting Activities

by Peter Ross

The scout movement in Millbrook consists of a colony of Beavers, a Pack Cubs and a Troop of Scouts. Beavers is for boys 7½ years old. Cubs is for boys 8 - 10 years old. Scouts is for boys 11 - 14 years old. Some of the activities for Beavers are: allowe'en party, Theater mild outing, Farm excursion, Tree planting, Fire-ll visit, Beaverree (a day activities between colon-), Millbrook fair.

Some of the activities for Cubs are: Halowe'en party, parent/son fun nights, parade participation, Farm excursions, Winter outings, snowshoe and toboggan, car rally, tree planting, Millbrook fair.

Some of the activities for Scouts are: Camp weekend, Tree planting, Fishing trip, Camping, etc., Millbrook fair.

The above groups as well as a possible Venturer group plan to be active in the fall. Each group meets one night a week between October and May. Registration night will be in the late half of September or early October and will be announced in the next bulletins, in area bulletins, and of course, the highlighter.

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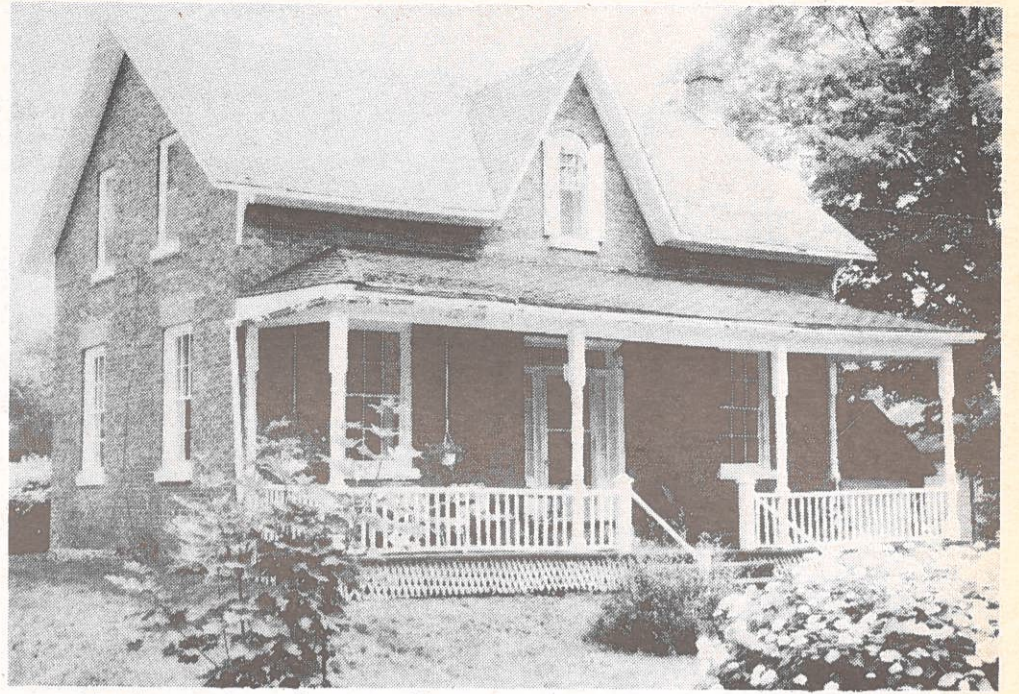
Proceeds to Peterborough Region Cat Scan Fund



Above Millbrook Delicatessen on King St. Photo by Nick Webb



The one and a half storey Regency Cottage on Bank St. Photo by Nick Webb



The Nattress home features a Victorian porch with posts turned on a lathe Photo by Nick Webb

# Preserving

By Doris Ingham

In the past Millbrook residents have often been heard to speak with pride of the "fine old homes" to be found in the village. Now, with a very active LACAC in operation they will be able to learn just how rich this heritage is, and what can be done to preserve it.

In case you wonder what the letters LACAC stand for, the complete title is "Local Architectural Conservation Advisory Committee." Don Mikel serves as chairman and other members are Huntley Brown, Hans Greiger, Peter and Betty Horton, Murray Carew, Rolly Hurley, Harry Williams, George Raab, David Tong, Pauline Lyons, and Patrick and Susan Riches. The first step in the preservation of old interesting buildings is to have them designated as being of historic or architectural interest. Property owners thinking of designation should contact the village office. LACAC will carry on the research and then will recommend to council whether or not designation should be carried out. The chairman tells me that while grants for restoration are available, the main purpose of the project is to have buildings preserved as nearly as possible to their original state, for the benefit of future generations.

When one owner was told about the program she said, "Oh, my house is in excellent shape now. I don't need any grant money." LACAC tried to explain that designation is mainly for the preservation of a building so that it will be kept in its original state over time.

All buildings including public structures, businesses and private residences are eligible for grants. Two of three students hired by LACAC for the summer are carrying out research on buildings. Susan Ramey and Kathy Barclay consult the registry office in Port Hope, the library, old maps, pictures, and directories, as well as books on architecture. They tell me

grants are available even for old barns.

The grants are on a dollar for dollar basis. The owner receives one dollar in grant money for every dollar of his own he spends. Up to \$2,000 a year in grants can be obtained until the year 1986 when the grant program will be reviewed. The grant will include any structural work that might threaten the survival of a heritage building such as repairs to its foundation, but the primary purpose is the restoration of heritage features of buildings. In the case of public buildings such as Millbrook's old fire hall a feasibility study would have to be made before a restoration grant would be given. However, here again the heritage branch of the Ministry of Culture and Citizenship would match dollar for dollar the cost of the study as well as the actual work. A corporate grant for a designated commercial building, which includes apartments as well as business concerns, can spend up to \$10,000 or more for the length of the project up to a maximum of \$90,000 over the required time.

At the time of writing only one building in the village has been submitted to council by LACAC for designation. It is the home now owned by Patrick and Susan Riches on Bank Street, "Forty years ago when we moved to the village and probably for many years before that, it was owned by Jesse Byam. At one time the Nortons operated an antique business there." It is a one and one half storey Regency Cottage, so named because the style became popular during the regency of King George the Fourth of England. This style was brought to Canada by British army officers who had served in warmer climates such as India or Africa where verandahs were very popular. Other features include fancy chimneys and a low hip roof. The style retains the symmetrical appearance

and central hall plan of the earlier Georgian style. This particular cottage was built in 1835, one of the earliest structures in Millbrook. For these houses a picturesque setting was always chosen. This one in Millbrook looks out over a ravine. A picture of it appears in "Our Ancestral Roof" as a good example of the "Ontario Cottage". This book is considered to be the definitive study of Ontario architecture.

By the time this goes to press nine other buildings in the village will have been recommended to council for designation. They are ones owned by Elaine Nattress, Jim and Elsie McMaster, Peter and Betty Horton, George and Evelyn Raab, Patrick Conlon for both his business, "The Millbrook Press" and his home, Darrel Kent for his real estate office building, Don and Dianne Hedlunds' and Ron and Marianne Hunts' homes. Other owners who have expressed interest are Clifford Larmer for the former Presbyterian manse, Prentices (who now own the former Papa's Pizza) Durham Telephones, Gerry Jones (present owner of Millbrook Apartments and the Armstrong house on Union St.), St. Andrew's and St. Thomas' churches.

After studying the possibilities I have wondered about having our home designated. Its one claim to fame is that one of the three men, Ira Nattress, who climbed the tower of an Indian mission in Saskatchewan during the Northwest Rebellion to bring the bell home to Millbrook, lived here. All but the tower of the church had been destroyed. The men, so the story goes, hid the bell in blankets, brought it home and presented it to the village fathers to be used as a fire bell. For many years it hung atop the old fire hall. In recent years men fearing for its safety -- Saskatchewan has tried repeatedly to retrieve it -- placed the bell in a glass case in the legion hall window. Soon after Gwynneth Cutmore started

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MILLBROOK CHRISTIAN ASSEMBLY



Ron and Marianne Hunt's house was built by John Deyell

Photo by Nick Webb



The McMaster property on Prince Street overlooks the Mill Pond

Photo by Nick Webb

# Our Heritage

up Fairweather Nursing Home she held an open house. Peg Hobbs and I were among the visitors. When we came to one room Peg said, "Here's someone you would be interested in, Doris." It was Mrs. Ira Nattress, now very elderly, who died soon afterwards. On meeting me she said, "The house in which you live was built for me as a bride. You and I are the only two women who have ever lived there. I hope you will be as happy there as I was."

The students who are doing the research for LACAC have promised me that they will look for the date when the house was built in the Port Hope registry office. The house is very ordinary, built in the old style of farm homes, where on the second floor the bedrooms open off a large landing room.

Don Mikel stresses that houses do not need to be large or elaborate to be worthy of designation, nor do they need to be falling apart. Designation does not mean that you are required to restore the building, only that future alterations must be in the nature of restorations.

The Hunt residence was built by Robert Deyell, one of the five sons of John Deyell, first settler in Cavan township. It is built in a variation of the Queen Anne style, called the "stick style", which was very popular in the United States in the 1880's. It is so called because it is built of smaller timbers suggestive of sticks. This made it possible to include small gables and other details like bay windows and a tower. The focus of the

builders of these houses was on structural features like windows, doors and porches put together in a non-symmetrical design.

Elaine Nattress' house is a typical Ontario rural home. It is built on a symmetrical centre hall plan which was carried over from the earlier Georgian period. It is of one and one-half storeys in order to avoid the tax which was charged on two-storey houses. It features a Victorian porch with posts that were turned on a lathe. It contributes to the environment by reflecting the styles of other houses found on the street. It was a style people had found pleasing.

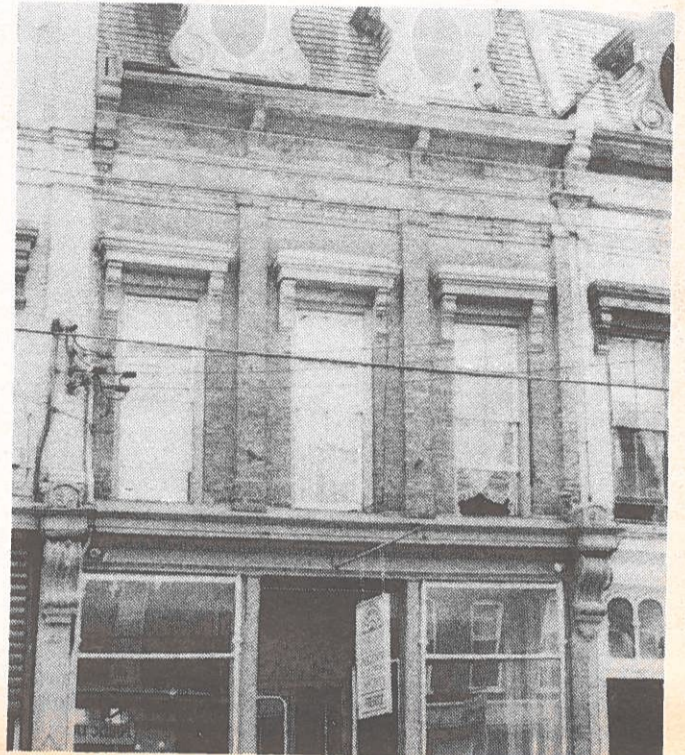
The house which has

come to be known as the "Needler Mill House" now owned by Peter and Betty Horton was built about 1850. It too, is of an early rural, comfortable type. This house and the one owned by Elaine Nattress can be called "vernacular" or "folk" houses because the style is common and popular in the area, and the building materials used in their construction were also obtained locally.

The block comprising "The Millbrook Press", Millbrook Deli, Darrell Kent's real estate office and the Prentice building (formerly Papa's Pizza) are of French Second Empire design. The mansard roof and classical windows

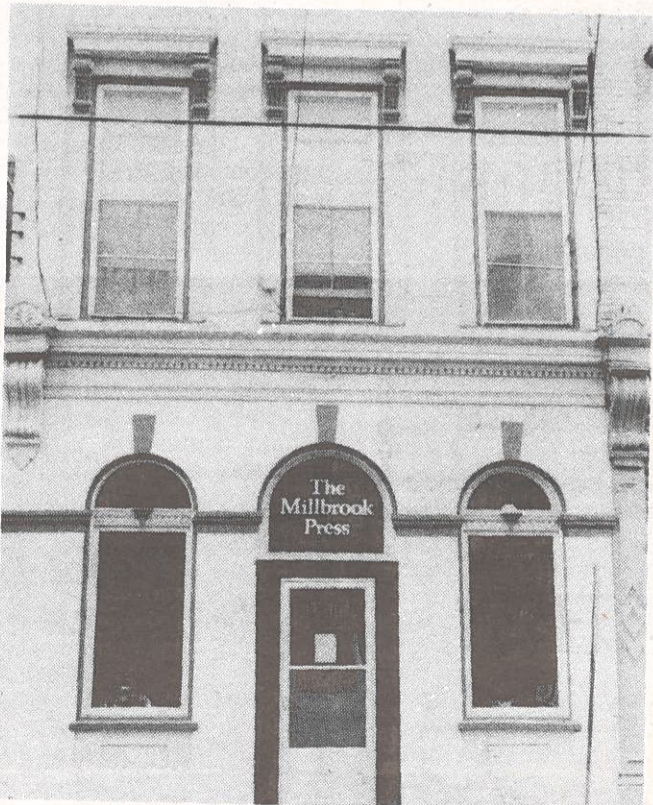
are in French baroque style of the 17th century. The empire style of 1860-1875 was derived from the earlier baroque style of the 17th century.

For the sake of preserving local history these studies and designations are important. In addition they are also of advantage to the village as they attract tourists. There are many fine examples of various types of architecture to be found here.



Darrell Kent's office on King St. has already undergone interior restoration

Photo by Nick Webb



The Millbrook Press building on King Street

Photo by Nick Webb

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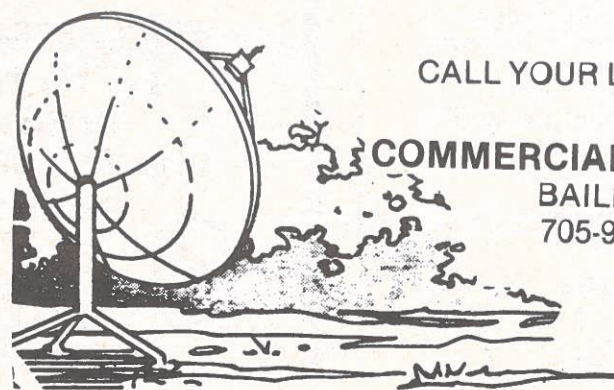
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# SPORTS & FITNESS

## SPORTS EDITORIAL

Here we are, most of the way through the summer - the season for softball, hardball, fastball and lob ball, not to mention half a dozen other sports - and what does The Highlighter have to offer? One measly page of sports. Considerably less when you take away the advertising and the photo.

Why? You may well ask. A three page commitment to sports would be fair; that's what we aim for. Sports involves people, and it's healthy. It is worth supporting and publicizing. So where's the news? Who did what, and what was the score?

Remember Pete Mitchell's great coverage of minor hockey last winter? Have you noticed the consistent coverage by Jim Liston of first hockey, and now soccer? See the Swim Program write-up and the Pontypool sports? All these articles are sent in, unsolicited, to us at the Highlighter, and they are indeed most gratefully received.

We are committed to printing the news in Sports. You who are involved are our reporters. Please let us know what's going on!

## Millbrook Swim Program Makes Big Splash

By Madeline Mocon

With an enrolment of 42 students, the swim programme is progressing extremely well. The students range from ages 6 to 16 and all are eager beavers in the water. All of the students are striving towards attaining a Red Cross swim badge, and by all indications, success will be imminent for them.

With the little ones, learning basic safety rules and adjusting to the water with floats etc., through to those learning new swimming skills and re-

fining those they know etc., Madeline Mocon and Joanne Birnie, couldn't be more pleased with all of their efforts.

On a humorous note, Mrs. Mocon asked a little one, "Why don't you swim at night when it's dark?". The little one replied, "cause the alligators will getcha".

Mrs. Birnie and Mrs. Mocon are enjoying the students tremendously and are keeping a positive thought that the swim programme will continue in coming years.

## Time to get the skates out!

As any red blooded Canadian male knows when Labour Day weekend looms ahead its time to get the skates out and prepare for the upcoming season. Fortunately the Sunday Night League is here to offer those interested in participating, either as a player or coach, a place if they qualify. Criteria include being eighteen years of age or older; residency in the town of Millbrook or Cavan, North or South Monaghan Townships; the resources to pay \$92.50 in two installments; half now and half at the beginning of October. Those interested should contact Marion Olan at 932-5230 as she acts as the League secretary.



Chatauqua actors (from left) Christina Starr, Dan Robitaille, Rob Stewart and Lu-Anne Lee rehearse for performances planned as part of the Bi-Centennial Celebrations on August 25.

## Soccer team looks for commitment

Yes it's time to beat the drum for soccer again but having played infrequently myself lately I'll merely act as a reporter and less as an evangelist! The group of men who play soccer on Monday evenings at 7 behind the High School had two games against Reg Connelly's Old Timers team from Peterborough. As reported last month the first game was taken 3 - 0 by the city folk in a match distinguished by our inability to deal with the intricacies of the official rule.

A return match on July 15 resulted in a much closer

game with most of the action being at mid-field rather than at our end. Having tied the visitors one all at the end of the first half, we held on to lose 3 - 1, one of the late goals coming on a penalty kick. Interest among those present was high in pursuing further games but a commitment from a sufficient number of players has yet to be made. Without numbers future games will be limited to the occasional exhibitions rather than anything formally organized. This flexibility seems to suit the majority of the players and as such will be its practice until the group as a whole decides to become more organized and commit themselves to a schedule or league, whichever is available.

## Pontypool wins consolation at Firemen's Lob Ball Tourney

By Nettie Aiken

Friday, July 20th to Sunday, July 22nd was the weekend of the Annual Firemen's Lob Ball Tournament. There were twelve teams competing. Saturday's games had to be rescheduled to accommodate a couple of games which were rained out Friday night. The gremlins were taken out of the weather Friday night, as it was beautiful from then on. Winners were Jade Gardens, winning \$275 plus a trophy and bags for the players from Molson. Runners-up or the consolation team were Pontypool Evergreens winning \$175 plus a trophy. The players of this team got glasses from Molson. Molson's Special Events truck was parked on the grounds. A trophy also went to the Barry's Trappers from Stouffville for being the most Sportsmanlike team. The 50-50 draw was made by Ken

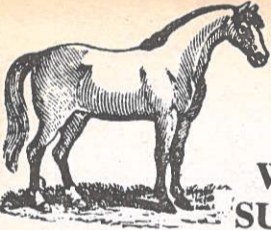
Chou of Peterborough with the amount being \$238. Proceeds go to upgrading equipment and training for the Pontypool Fire Department. Many thanks for all who made the Tournament a success.

The Pontypool Fastball team record, as of July 25 stands at 10 wins, 8 losses and 1 tie, good for fourth place.

Mike Dwyer has a .500 batting average with George Hamilton at a .395 average. Gerry Fallis with 4 home runs, Paul Richardson has 3 home runs. Don Timms, 15 runs batted in, Dave Groskopf 12 runs batted in. The team's total runs: for 122, with 88 runs against.

In pitching, Don Timms 86.5 innings, 6 wins, 6 losses with 3 shutouts. Brent Fallis 33 innings, 3 wins, 0 losses with 1 shut-out. Jim Stewart 29.3 innings, 0 wins and 2 losses.


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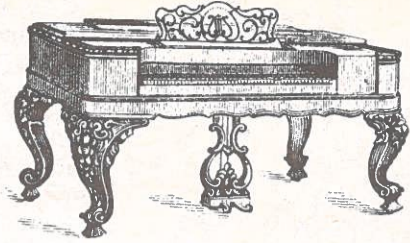
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MUSICAL NOTES

# Out of Print

By George Ingham



Alexander Gretchaninoff (1864-1956) was a fine Russian composer of whose music I should like to hear more.

Early on, Gretchaninoff was a student at the Moscow Conservatory under Arensky. Here he was actually regarded as so ungifted that he was asked to leave! He soon transferred to the St. Petersburg Conservatory, where under the sympathetic tutelage of Rinsky-Korsakoff his unique gifts were more fully appreciated.

Throughout my musical life, I have several times been close to obtaining copies of two piano sonatas written by Gretchaninoff - that in G minor, opus 129, and a second one without opus number written in

1944. Alas! It seems that the publishers no sooner advertise these works than they withdraw them from print!

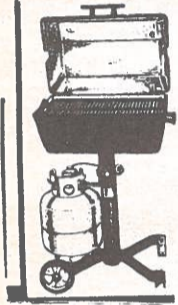
These same hard-nosed publishers, however, because of their universal popularity, have had to keep approximately five books of Gretchaninoff's highly imaginative children's piano pieces constantly in print. The same must be said of his find church music for choirs. (A fair amount of symphonic music and chamber music of his has appeared on records from time to time.)

Back in 1942, I can just remember listening to a Sunday afternoon broadcast of the New York Philharmonic, and hearing

the world premiere of Gretchaninoff's fourth symphony. How quaint and old-fashioned it sounded amongst the garish cacophony produced by most of the modern composers of that time! (Gretchaninoff since 1939 had been living in New York City, so his effusions were regarded almost as the products of a home town composer.)

Before we condemn all "old-fashioned" music as worthless and invalid, it might be worth noting that in 1892 Brahms was still writing his very conservative classic-romantic brew, while Debussy composed his audacious "Afternoon of a Faun". This in no way destroyed the validity of Brahms' efforts.

## Fire Safety Tips for all to follow



courtesy of K.P. Dewar, Fire Chief, Manvers Township Fire Department.

### Propane Barbeques—Enjoy With Care

Backyard barbequing is as much a rite of summer as baseball, mosquitos and sunburn. In the past few years, more and more people have been sizzling their steaks and cooking their "burgers" over a propane flame rather than charcoal.

While propane barbeques are cleaner and faster than charcoal, they do present a potential hazard to the careless user.

Propane is a colorless and odorless gas when it is produced. An odorant, smelling like cooking cabbage, is added to help you detect a leak. If you detect this odor, DO NOT attempt to light the barbeque. Turn off the valve and attempt to find the leak as follows:

1. Make a soap and water solution and spread over connections with a brush;

2. Turn cylinder on; if there are leaks, bubbles will form in the soapy water;

3. If a leak is indicated, shut off cylinder;

4. Repair any leak until no leaks are indicated before operating the barbeque;

5. DO NOT go over connections looking for leaks with a match of cigarette lighter or any other flame.

When connecting cylinder to barbeque, remember that this is a left-hand thread and has

to be turned to the left to tighten. A propane cylinder is required by law to pass an inspection every ten years from the date of manufacture. The law prohibits filling a cylinder that is overdue for inspection or shows signs of corrosion or any other damage.

A propane barbeque is meant to be used outdoors. DO NOT take it indoors except for storage. Charcoal or similar fuel used in a barbeque produces carbon monoxide—NEVER use these inside any building, boat, recreational vehicle, or other enclosed area.

NEVER place a barbeque on a wooden picnic table. It could char the wood. Place barbeque on the ground or on a flat stone instead.

### Explosive Fuels

Many people do not realize that gasoline is a potentially explosive fuel when improperly stored or handled. Here are some points to remember:

1. Never fill a gasoline container to the top. Leave room for the fuel to expand. Otherwise, the gasoline could spill over and possible cause an explosion.

2. Fill the container outdoors to allow the fumes to disperse. Transfer to engine tanks outdoors for the same reason.

3. Store gasoline in an approved safety container which bears the label of a recognized certification agency such as C.S.A. or U.L.C.

4. Keep container in a well ventilated area; preferably in a detached garage away from any ignition source.

Remember that the spark of a switch of the lighting of a cigarette can ignite gasoline fumes.

5. To avoid the risk of explosion, never use gasoline as a cleaner or solvent on paint brushes or tools, since gasoline vapor collects in low areas, is heavier than air and disperses slowly.

### Hazards of Fireworks

Summer is the time for many celebrations, special holidays, sporting events, etc. A large part of these celebrations, and one that is looked forward to by all (especially the young people) is the fireworks that usually mark the conclusion of the ceremonies.

Fireworks are beautiful and colorful, fun to watch and exciting but they also can be extremely dangerous to life and limb and should be handled with the utmost caution. Severe burns, blindness, and even death, can result from careless handling.

A fireworks display should be under the care and control of a well qualified person or persons and the less people involved the better. They should be let off in an open area, clear of all combustible material and spectators should be kept at a safe distance from the centre of operations. A fire extinguisher should be kept handy as well as a shovel, and a few pails of sand in case of malfunctions.

Children should not be allowed to play with fireworks unsupervised and should not be allowed to purchase fireworks on their own. Lets keep our summer celebrations safe and happy occasions by observing every caution in the handling of fireworks.

If you need someone to supervise your fireworks displays, try a member of your Fire Department.

# BOWLERS

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### SENIORS

Bethany Golden Stars  
Start Sept. 11 - 1 o'clock  
Millbrook Seniors  
Start Sept. 18 - 1 o'clock

### NORTH SHORE THURSDAY NIGHT LEAGUE

Starts Sept. 20th

### Public Bowling Starting Sept. 01

Fri. Evenings 7 o'clock - 11:00  
Sat. Evenings 7 o'clock - 11:00  
Sun. Afternoons 1 o'clock - 4:30  
(Call ahead for reservations)  
932-3070

### Bethany & District

Bethany & District  
Monday Afternoon League  
Starts Sept. 10th

# Y.B.C. Registration

Registration Day for all youth bowlers (3-18 yrs.) will be  
Saturday, Sept. 8  
9 o'clock - 12 o'clock  
at Millbrook Bowl

### MITES

(ages 3-6 yrs  
as of Dec. 31

### BANTAMS

(ages 7-11 yrs.)  
as of Dec. 31

### JUNIORS

(ages 12-14 yrs.)  
as of Dec. 31

### SENIORS

(ages 15-18 yrs.)  
as of Dec. 31

Bowling begins Sept. 15  
Sat. at 9:00 o'clock  
or at 1:00 o'clock

Bowling begins Sept. 11  
Tuesday at 7 o'clock

Phone Larry Keates 932-3070 or Marion Guthrie 932-2036  
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**A FARMER'S VIEWPOINT**

*Declaring War On Weeds*



By Ken Fallis

"War on Weeds" was a slogan adopted during the late 1940's by the Crops, Seeds and Weeds Branch of the Ontario Department of Agriculture. The slogan has, apparently, outlived its usefulness; the Crops, Seeds and Weeds Branch is now the Plant Industry Branch, and the Ontario Department of Agriculture is now called the Ontario Ministry of Agriculture and Food.

In spite of the "War on Weeds", the nomenclature changes of various administrative levels, and numerous revisions of the Ontario Weed Control Act, weeds have somehow survived the war.

Perhaps the best definition of a weed is "a plant out of place". If a plant out of place interferes with the growing of the intended crop by competing for soil moisture, plant nutrients, and indeed sunlight then it becomes a weed. If it interferes with someone's sense of tidiness, like the dandelion on the lawn or the burdock in the fence row it comes under our definition of a plant out of place even though they may not compete directly with the intended crop. Dandelions do, however, invade long term hay crops to the reduction of both yield and quality of the alfalfa part of the hay crop.

There are two weeds which deserve honourable mention, not because of their effect on crops, but because of their effect on people. The first of these is ragweed. Many people are allergic to ragweed pollen, airborne from about mid-August till the first killing frost sometime about mid-September. People affected with an allergy to ragweed develop hayfever, sneezing, runny nose, runny eyes, and general discomfort. One way ragweed allergic people can avoid or reduce the symptoms is to take a month's vacation in Northern Ontario. The shorter frost-free periods north of the Severn River substantially reduces the concentration of ragweed pollen in the air, and about the latitude of New Liskeard there is virtually no ragweed. This column does not presume to offer medical advice, but for those sufferers who must survive in Southern

Ontario during the critical period, see your doctor. We understand that prior inoculation brings a high degree of freedom from ragweed induced hayfever.

The other "people weed" I want to mention is Poison Ivy. Don't touch it, walk through it or pet your dog after he's scampered through it. The symptoms are white blisters and severe itching. Treatment involves time consuming applications of medication, and if unsuccessful, can result in hospitalization. Immediately after contact with the weed, washing the affected parts with a strong detergent soap may deter the rash from spreading.

In case anyone still doesn't know that poison ivy looks like, it may be a trailing vine, or an upright shrub of two to four feet high. But whichever type, each leaf is composed of three shiny, droopy leaflets. In the fall it produces white berries, about the size of a pea. A silly easily remembered rhyme lists the main identification features of poison ivy.

Berries red, have no dread.  
Berries white, poisonous sight.  
Leaves three, quickly flee.

So much for people. We must return to farm crops. Two other plants, not generally recognized as weeds, have won themselves a place on the noxious weed lists of most provinces. They are European Buckthorn and Common Barberry. They are shrubs, or in the case of buckthorn, small trees. They do not grow in land devoted to crops, but they are host plants to two important species of grain rust. Buckthorn is the alternate host to leaf rust of oats. That is to say, one cycle in the development of leaf rust of oats must occur on the under side of the leaf of the buckthorn. From there, the spores are windblown for a distance of several miles from the buckthorn shrub or tree, and once established in the corner of an oat field, the spores multiply and spread to the rest of the field, and in fact to nearby fields. The end result of a leaf rust infestation are leaves which die prematurely, grain kernels which do not fill properly, reduced yield and reduced kernel weight to the point where the oats are not acceptable to the high priced milling trade. Plant breeders have devoted much time developing leaf rust resistant oat varieties and have in fact been very successful. The kicker is that to cross, select, test, and license a new variety of oats may take up to ten years. While this is going on, rust strains are hybridizing on the buckthorn leaves, producing new races of rust which may attack oat varieties which have resistance to previous rust races. To give your farmers and plant breeders a break, the only practical way is to eliminate the buckthorn.

So what does buckthorn look like? It may be a shrub the size of choke-cherry bushes, or it may be a small tree, maybe six or eight inches at the stump. The leaves are dark, glossy, green and have a peculiar veining, starting at the margin and following an elliptical path to end up at the midrib.

Buckthorn has both male and female tree, (monoecious) and only the female have berries. The berries, about the size of chokecherries, are black and very bitter tasting. The botanical name is Rhamus cathartica. Cathartica will have some significance to a pharmacist but unless you really need the medication, don't eat more than one or two of them at a time.

Buckthorn leaves stay green and hang on to their branches long after the leaves from other deciduous trees

have fallen. Some wild apple trees also hang onto their leaves quite late in the fall, but they do not resemble buckthorn. So a good way to spot the buckthorn is to look in late October for those trees which still have green leaves.

Maybe the connection between buckthorn and leaf rust was not understood a century ago, but many of the early settlers, having cleared a five acre field, planted a buckthorn hedge around it. One farmer who inherited a farm said the only reason he was glad the boat that brought his grandfather and the buckthorn hadn't sunk, was that he was here, and had a lot of fun. He solved the leaf rust problem by growing only barley, wheat and corn.

We now turn to Common Barberry. Since we dignified buckthorn, by giving it its Sunday name, we'll tell you that the Latin name for common barberry is Berberis vulgaris. Its potential for damage is far greater than buckthorn. It is the alternate host for stem rust of wheat, oats, and barley. Stem rust strikes much earlier in the life of the cereal grain than leaf rust, and because it interferes with the translocation of water and nutrients from roots to leaves and kernels its effect on yields is much more serious than leaf rust. And because it affects not only oats but wheat and barley as well the only escape is corn and soybeans.

Common barberry plays almost the same role in stem rust as buckthorn does in leaf rust. Spring germinating spores must find an intermediate host, in this case, barberry. From there, the spores migrate to the cereal crops and multiply and spread to all cereal crops within the range of wind drifted spores. So, without any barberry at all in Western Canada, stem rust infestations of wheat used to occur from spores drifted in from Southern U.S. moving north as crops reached the susceptible stage of growth. Fortunately plant breeders have been able to keep up with the varietal resistance in wheat, largely because barberry was never introduced in Western Canada and Western U.S. So new rust races were much less frequent since hybridization occurs mainly on the host plant. Damage from grain rusts, both leaf and stem, increases exponentially as the distance from host plant decreases. Therefore barberry shrubs in the area not only reduce crop yields but reduce plant breeder's chances to develop resistant varieties.

Barberry is an ornamental shrub, used in hedges or as singles in foundation plantings. It was widely planted by our early settlers and has invaded fence lines, rough pastures, even wood lots. The red berries are attractive to birds, so if there are barberry bushes in the neighbourhood, new ones will likely spring up wherever birds roost. Leaves of common barberry have a serrated margin, the thorns come in groups of three and the red berries come in clusters like bunches of bananas. They make very tasty jam, the kind you serve with the roast. I will not invade Evelyn Raab's territory by promoting barberry jam.

Anyway, Common barberry is not common in this township. I like to think that our ancestors were too smart to import and plant the stuff. But enduring this rugged climate in 1984 with all our present day amenities, I wonder if our forefathers just weren't too busy keeping fed and warm to take the time to plant pretty shrubs.

But buckthorn is another story. Within any country mile you can find some buckthorn, maybe even lots of the stuff. But it is in a sort of haphazard pattern. Obviously it has been spread by birds roosting on phone wires, hydro wires, fence wires. Nature was way ahead of us in seed coating technology. An indigestible seed, like a pit from a berry is released coated with nitrogen, phosphorous and potassium, plus an antibiotic against soil borne diseases. No wonder birds are so successful at propogating the seeds they like to eat!

But for the bird lovers who might hesitate to cut down a barberry or a buckthorn, let me say that birds are very capable of adapting to different diets. If there were no barberry, no buckthorn, birds would find elderberries, and choke cherries, just as attractive.

The survival of the human race (pardon me, the huperson race) is highly dependent on the survival of non huperson plants and animals. Survival is the objective of plants, animals and hupersons. But we, maybe the dominant species, should exert some influence on which other plant and animal species are permitted to survive.

More about weeds in some future Highlighter.

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# How to break the life cycle of the flea

## CRITTER TWITTER

By Deb Hancock

Summer is here and we are all climbing out of our winter woolies, and turning our faces to the warm sun in anticipation of the good life. So, unfortunately, is that little fellow, the flea.

There are many different species but we are primarily concerned with those affecting dogs, cats and humans. These fleas suck blood which leads to anemia. They transmit viral and bacterial diseases through their bite, and also certain tape worms that infest dogs and cats.

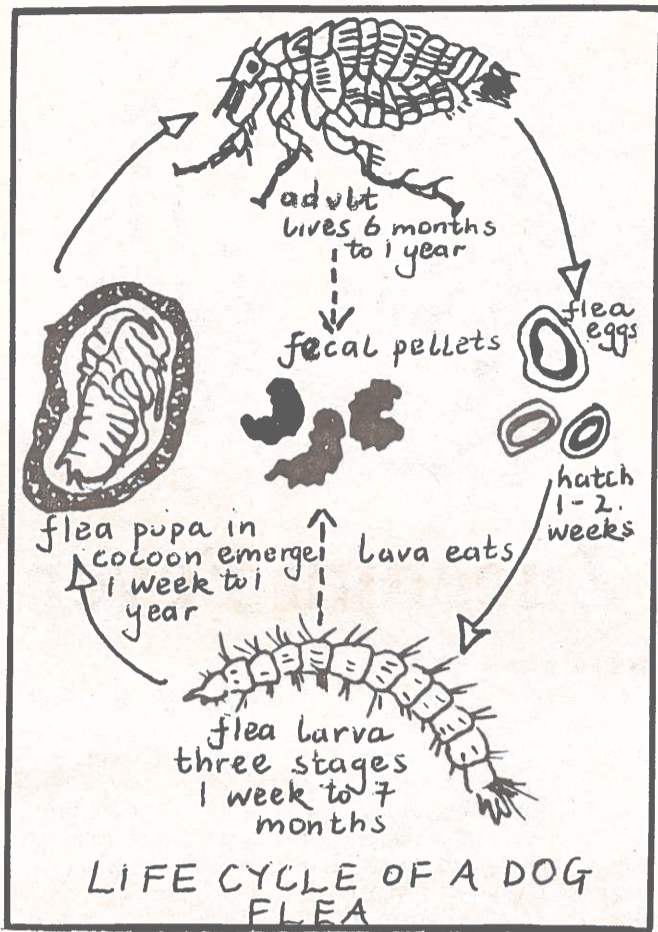
The four stages in the life cycle of the dog flea are the egg, larva, pupa and the adult. This cycle takes from one month to one year depending on such favourable conditions as warm temperatures and the availability of food. The adult flea, with a life expectancy of six months to a year, lives and breeds on dogs and cats. The female lays between 10 and 20 eggs in a one-year life span.

Adult fleas suck blood, leaving a brownish fecal waste that resembles fine pepper granules on a dog or cat is an indication of flea infestation, even if the fleas themselves are not visible.

The microscopic eggs of the fleas are laid on the animal and then fall off to hatch in favourable places, such as dark cracks and damp areas, in one to two weeks. The flea larvae then go into the pupa stage which can last from one week to a year. When the pupa hatches into the flea, it starts looking for a host on which to feed and breed, thus completing the life cycle.

For human and animal health and comfort, flea control is extremely important. Breaking the life cycle of the flea can best be started by cleaning affected animal's bedding and indeed all other animal's bedding in the house. Vacuum throughout the house, paying particular attention to carpets and furniture crevices. Empty the vacuum into a plastic garbage bag and remove from premises. Spray the vacuum bag or reservoir with products such as Raid. Spray carpets and baseboards where fleas congregate, being careful to remove birds or fish while spray is strong. A second fumigation should be done in 10 to 14 days to catch any fleas or eggs missed the first time around.

When fumigating the house, one must also spray or powder the affected animal, the best products can be purchased through a Veterinarian. Over the counter flea products, not as strong by law, are less effective. Your animal should be sprayed or powdered once every five



days for three consecutive treatments, to completely eliminate all fleas.

Hopefully the life cycle of the flea is now broken. This brings us to the subject of flea collars, a preventative device that won't kill fleas, already on the dog or cat, but will emit a vapour that is repellent to the flea. A flea collar must be used with great care. It should be taken out of the package and aired a day before putting it on for the vapour may be initially too strong for the animal. It should be fitted so as to allow two fingers in between the collar and the animal, and any excess should be cut off. Remember, if your pet roams, the collar could get caught on a branch or some obstruction, so fit it loosely to

enable the animal to slip out easily if caught. The collars should not be used on puppies, kittens, sick animals, or pregnant and nursing females. Once your pet is wearing a flea collar, do not use other insecticides on him because of the possibility of a toxic reaction that could cause illness or even death. Frequently check your animal for any neck irritation or skin inflammation under the collar. Remove it immediately if this occurs and wash the affected area with a medicated soap. Skin irritation under the flea collar indicates an allergy to the substance in the collar, so don't use a collar on the animal again.

Remember, for treatment of fleas on your pet, spraying and powdering are most effective measures in combination with good flea control of the environment. Flea shampoos and collars are the least effective methods. Vapona No Pest Strips may be hung around the house areas frequented by pets, but must be used with caution if there are birds in the house.

A common skin condition caused by fleas in dogs and cats is known as flea bite dermatitis. This simply means the animal is allergic to the saliva of the flea causing an intense itching. The areas most affected are the tail, head, back and abdomen. Even the presence of a few fleas can be enough to cause intense discomfort to a susceptible animal. Because the area of inflammation is painful, the animal bites and scratches it, thus setting up a good environment for bacterial growth. This results in a pus secreting, swollen area, which if left untreated, can become chronically infected. If you suspect that your animal is suffering from flea bite allergy dermatitis, it should be treated by your Veterinarian.

The key to success in flea control is proper eradication of fleas on your animal and in the environment. One won't work without the other.

## A PASTOR'S PERSPECTIVE

### What is a Christian?

By Rev. Lorne Trimble

A little boy asked his father, "What is a Christian?" His father took the New Testament and explained as carefully as he could what a Christian is. When he had finished, his son asked, "Have I ever seen a Christian?"

A young Chinese student once asked for "a history of Christians". He did not want a history of Christianity. He took the person of Christ seriously and wanted to know when Christians first stopped following Christ, but continued to call themselves 'Christians'!

The term "Christian" is a name that was not officially adopted by any religious group in the Bible: but rather, a name given to believers because they were so much like Jesus Christ. First, they were believers, then disciples, as the Bible records: "And the disciples were called Christians first in Antioch."

A Sunday School teacher said to the young girls in her class: "Girls, I have Jesus in my heart!" One little girl raised her hand and the teacher asked, "Yes Marie, what do you want?" "Take Him out and let us see Him" was her reply!

True, the Christian life is not so much an 'imitation' of the Christ-life; as it is 'Christ'—living His life through the progressing believer, as more and more my life is surrendered to Him! The Apostle Paul said, "I am crucified with Christ; nevertheless I live; yet not I, but Christ liveth in me; and the life which I now live in the flesh, I live by the faith of the Son of God, who loved me, and gave himself for me".

A 'dyeing' firm in England had as its motto: "We live to dye: we dye to live. The more we live, the more we dye: and the more we dye, the more we live!" Can't we agree, that it should be the motto of every pro-

fessing Christian? This is what John the Baptist had in mind when he said, "He (Christ) must increase, but I must decrease."

The husband came home from work one day to be greeted by his wife who said, "The strangest thing happened to me today. A young man came to our door and when I answered, he asked, "Are you a Christian?" Her husband responded: "Why didn't you tell him that you are a member of the W.M. society and that you teach a Sunday School class?" His wife paused for a moment, then replied: "But, that wasn't what he asked me!"

I want to extend a safe and exciting holiday season to all my readers. God bless you all.

**1.00 per Lb.**  
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**FALL HONEY**  
from September 17th  
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HONEY  
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# South Monaghan Day Camp gets rave review from kids

South Monaghan Bi-Centennial Day Camp has been a great success thus far. Counsellors and children alike are enjoying a wide variety of activities. The fun and excitement is best expressed by the "Superkids" themselves:

Day Camp is ...  
 fun  
 playing games  
 doing art  
 meeting new friends  
 going places  
 eating food  
 seeing films  
 having a great time!!

Kimberly Heffernan  
 Age 10

I like to play games and do art. I like to play with my friends. I liked the movie.

Amanda Eagleson  
 Age 8

I like the day camp. I like it because we play games like duck, duck, goose. I like the teachers. We played dodge ball and other ball

games that I liked. I loved the food.

Andy Robson  
 Age 6

I liked the new friends I met. I liked making the golden slippers. I really enjoyed singing the songs. My favourite song was "Old MacDonald". The juice and cookies were yummy!

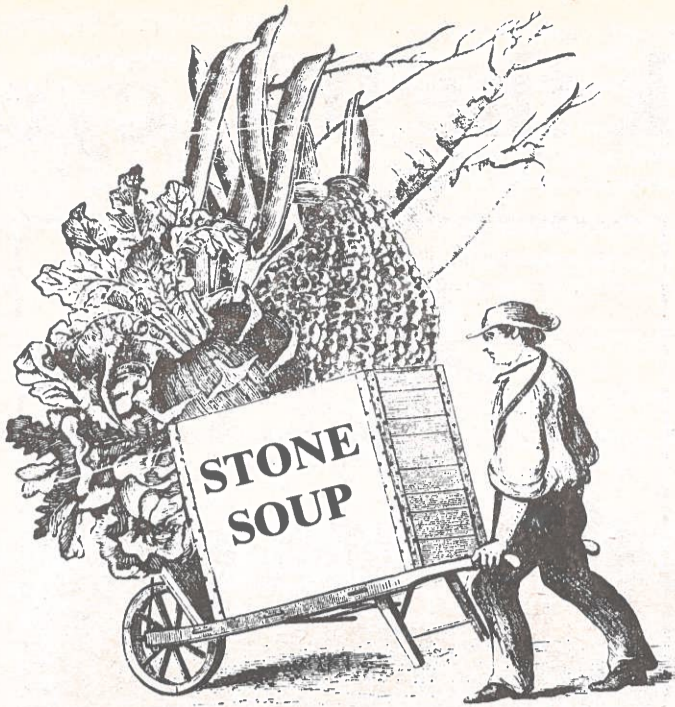
Becky Simpson  
 Age 6

I like Summer School. I like the food and games. Summer School is fun. I like the art.

Mike McLean  
 Age 7

I like playing in the playground and playing games. I like doing crafts and singing songs. I like my new friends. I liked the movie.

Doug Simpson  
 Age 8



## Zucchini Fever

By Evelyn Raab

Let's get right to the point this time. None of my usual idle chit-chat. Once again (will you never learn?) you have foolishly planted much too much: a) zucchini (a common offense); b) green beans; c) tomatoes; d) kohlrabi (er...not likely); e) all of the above (you poor soul). Whatever your problem vegetable(s), it's a real challenge to be creative when you've eaten the same thing day after day out of sheer guilt. This month I dispense with my endless ramblings and give you the straight goods. And please don't dump your excess zucchini on my doorstep. I have enough problems of my own.

### Basque-style Green Beans

Sure, there's nothing more delicious than fresh-

ly picked green beans, simply steamed and tossed with butter. Except after nine days in a row, it loses just a bit of its charm. This could be a welcome change. It also freezes well. 1 lb. fresh green beans  
 1/4 C olive oil (oh, regular oil if you must)  
 2 cloves garlic, minced,  
 1 large onion, chopped  
 1 lb. peeled tomatoes, coarsely chopped  
 1/2 t salt  
 pepper to taste  
 large pinch oregano

Trim the beans and cut them into one-inch lengths. Steam them (or parboil) for about 5 minutes. Set aside.

Saute the garlic and onions in the oil until they begin to color. Add the tomatoes, with all their juice and simmer a few minutes.

Add the beans to the sauce, season with salt & pepper and simmer, covered, for about 1/2 hour.

Add oregano, cook a few more minutes, and serve.

### Ratatouille

Recipes for ratatouille seem to be a dime a dozen lately, but I include it because it's a very good one and also it's one more way of doing in some more zucchini. Also, for the uninitiated, it's a painless way of easing into eggplant. Try it as a side dish, a filling for crepes, or as a whole meal with rice and a salad.

1/2 lb. eggplant, peeled and cut into strips 3" long and 1" wide.

1/2 lb. zucchini, cut as eggplant

2 green peppers, cut in strips

1/2 C chopped onion

2 cloves garlic, minced

3 tomatoes, peeled, seeded and chopped

2 T oil

1 t. dried basil (more if using fresh)

salt and pepper to taste

Cook onion and garlic in oil until tender. Add eggplant and zucchini and mix well. Add green pepper and seasonings and simmer until vegetables are almost tender.

Add tomatoes and cook 15 minutes more, basting frequently with cooking liquids.

### Beets in Sour Cream

This is almost too simple to mention except that it's very good and maybe you haven't had it yet this week.

8-10 medium size beets

4 T butter

1 t sugar

salt

Few grains nutmeg

1 C sour cream

Chopped parsley

Cook the beets in their skins in the usual way. Slip skins off and either slice or dice the beets and

add to the butter in a saucepan.

Add sugar, salt and nutmeg, heat through.

Add the sour cream and just heat through again, but don't let it boil or the sour cream will go lumpy.

Garnish with chopped parsley.

### Kohlrabi (the Extra-Terrestrial)

I have heard Kohlrabi referred to as the "flying saucer vegetable" because of its odd appearance. It's really at its best sliced and eaten raw, but a close encounter of the cooked kind is also very nice.

Chop an onion and saute in butter until tender.

Peel the kohlrabi and cut it into 1/2" dice. Add to the onion in saucepan, and give it a good stir. Add just a bit of water, some salt & pepper and perhaps just a pinch of sugar. Let simmer, covered for about 10-15 minutes.

Add a good clump of chopped parsley and sprinkle a teaspoon or two of flour over it all. Stir well.

Simmer a few minutes until sauce is thickened.

### Zucchini with Dill

After you've eaten enough zucchini that you never want to see it again, shred it up and pretend it isn't zucchini. This is actually one way of preparing zucchini for the freezer that isn't completely disappointing.

Shred as much zucchini as you can stand to look at and saute in butter in a large skillet. Add a good handful of chopped dill, a squeeze of lemon and some salt and pepper.

Toss it around in the pan until quite wilted and most of the juice has been let out. Thicken the liquid with a teaspoon or two of flour. Simmer a few more minutes.

### CORRECTION

In last month's classifieds, we incorrectly stated that the Millbrook Branch of the Cancer Society raised \$66.52.

The actual amount raised was \$6,652.00.

Congratulations to all who helped make this year's campaign a success!



THE ROYAL CANADIAN LEGION  
 BRANCH 402 MILLBROOK

Executive Meeting, Tuesday, September 4, 8 p.m.  
 General Meeting, Monday, September 10, 8 p.m.  
 Ladies Auxiliary General Meeting,  
 Tuesday, September 18, 8 p.m.

### Birthday Party

Friday, September 14

### BINGO!

LADIES AUXILIARY

Thursday, August 16, 30,

September 13, 7:45 p.m.

JUNIOR DRUM CORPS

Thursday, August 23, September 6, 7:30 p.m.

### UPCOMING EVENTS

Sunday September 16 - **Church Parade**

Meet at Legion 8:30 a.m.

Service 9:00 a.m.

Saturday September 22 - **Pub Night**

Tickets \$2.50 per person, \$5.00 per couple

Saturday September 29 - **Junk Sale**

"Proud of Yesterday  
 Preparing for Tomorrow"

Early Canadian Reproductions

All Items Custom Built to Specifications

Ken Hexton & Co.

CABINET MAKERS

Showroom

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## Village of Millbrook

### Notice to Residents of the Village of Millbrook

Under the new Planning Act, Bill 159, Section 43, Council for the Village of Millbrook is authorized to form a Committee of Adjustment. This Committee will deal with the matter of minor variances. Council wishes to have this Committee composed of residents (1) and Council members (2). There is no set criteria for appointment onto the Committee except residency in the Village of Millbrook. However, a knowledge of Village of Millbrook restricted Area Zoning By-Law 5-1974 plus a familiarity with land uses in the Village would be helpful. Term of Resident's appointment to the Committee would be November 1985, while Council appointment to the Committee is on an annual basis.

If you are interested, please submit your name in writing to the undersigned by 4:00 p.m. August 31, 1984.

Gail Empey  
 Clerk-Treasurer  
 Village of Millbrook,  
 Village of Millbrook  
 Box 58  
 Millbrook, Ontario  
 L0A 1G0

## Millbrook - Cavan Pastoral Charge

United Church of Canada  
 MINISTER: Rev. Douglas Mitchell  
 WELCOME TO WORSHIP

Cavan United Church 9:45 a.m.  
 St. Andrew's, Millbrook 11:15 a.m.

Municipality of Cavan



## NOTICE TO RESIDENTS TOWNSHIP OF CAVAN

The final tax bill was mailed to all property owners, on Friday, August 3, 1984. This final bill is divided into 2 installments. The first due date is August 31, and the final due date is November 30.

Should any of the above dates fall on a weekend or holiday, the due date shall be extended to 5:00 p.m. of the first working day following.

Interest charged on overdue taxes shall be at the rate of 1 1/4 per cent per month on the 1st day of default and each succeeding month thereafter.

Christine Wright,  
 Clerk-Treasurer



**MOVERS & SHAKERS**

**Fran Fearnley**

By Jocelyne Daw

Pride and commitment have become key adjectives used when describing the burgeoning growth and interest in the development of the Millbrook area in the last few years. Residents have witnessed the revitalization of Millbrook's mainstreet and the renovation of the mill and many fine older homes. The high school has been saved and an outstanding community newspaper recently celebrated its first birthday. Many people have played crucial roles in Millbrook's numerous successes, but this month's "Mover and Shaker" Fran Fearnley, exemplifies the spirit of commitment and pride that has been shown in Millbrook, which she recently opted to call home. "I had originally been looking for a home in Toronto where I worked" Fran recalls. "In fact, I didn't even own a car when I first saw the house I eventually bought in Millbrook."

But after returning several times to look at the house, the attachment to it and the village grew steadily, so much so that Fran has rearranged her whole work schedule - she is a free-lance writer and editor - in order to spend more time in the area. Fran's commitment hasn't been just a sentimental one. She has involved herself wholeheartedly in the front lines during many recent Millbrook issues

and activities.

Fran has played a crucial role in the success of the Millbrook Highlighter and has been involved right from its infancy. Initially she worked as a staff writer for the paper specializing in the "Profile" column, something she thoroughly enjoyed since it gave her an opportunity to meet so many interesting local people. When Jim Chaplin resigned as general manager last November, she, along with Evelyn Raab, Celia Hunter and Lianne Landry stepped in and took over the running of the whole operation right from lay-out and editing to planning and budgeting for each month-

ly issue. In addition, she has worked with Principal, John Devan to develop a journalism course which they hope will be offered possibly as a night school course next winter. All this has meant time and energy on her part, but has resulted in a product in which the whole area has a great sense of pride.

During the fight to save the High School, Fran participated by assisting the Support Committee, attending many of their meetings, speaking at the public hearing and keeping the public informed with articles in the paper. During the final month, Fran organized both petitions of support in the village and a letter of support from local businesses. She was also responsible for organizing a public thank-you party for the School Committee.

Fran has attended many Millbrook council meetings as a concerned, interested citizen, and is in the process of establishing a Ratepayers' Assoc. in the village. Meant as a means of keeping residents informed and more actively involved in village issues,

Fran hopes the Association will be an important and active group that will work to assist the council.

The Millbrook Public School is another of Fran's concerns and she has been working to encourage the Ontario College of Art to locate part of their school here. As a member of "The Friends of the Public School" she has written a persuasive letter and has offered support to Millbrook Council's efforts to see the school used and kept in its current state. As if all this didn't keep Fran's time totally occupied, she's busy with a number of writing and editing contracts one of which is the Millbrook Press's "Answer Book" which will feature profiles and introductions all written by Fran's capable hand.

After only 3 years in the village, Fran's energy and commitment can be seen and felt in so many directions and so this month, the Millbrook Highlighter recognizes Fran's outstanding contribution to the welfare of the area - hats off to you Fran and THANKS!

**Classified**

**SERVICES**

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**HOUGH 'N' SONS SAYS**: "It's still cheaper to improve than it is to move." Renovations & Repairs to almost anything. Additions, siding, roofs, patios, etc. Quality workmanship guaranteed. Good rates. For free estimates call 939-6821.

**CARD OF THANKS**

I WISH TO THANK my friends, and neighbours for the lovely cards, visits and Get Well Wishes during my recent illness. A very special thanks to Dr. James Liston, Dr. John Martyn and the staff of Hutch 5 of Civic Hospital for the care I received. Also a special thanks to the V.O.N. and the Red Cross Homemakers.

Eileen Powell  
23 Anne Street  
Millbrook, Ont.  
932-2132

**ENGAGEMENT**

Mr. & Mrs. Joseph Lunn, Millbrook and Mr. & Mrs. Austin Worr, Cavan, are pleased to announce the engagement of their children, Debra Susan and David John. Wedding to take place Saturday, September 8, 1984, at St. Thomas Anglican Church, Millbrook.

**FOR SALE**

**FOR SALE**: Registered German Shorthaired pointer pups. Born April 25, 1984. Shots, wormed, family raised. Great with kids, excellent hunting and show pedigrees. We own both parents. We're right in Millbrook, come visit us. Call Pat or Drew at 932-3195. We hunt our show dogs and show our hunting dogs.

**ANTIQUES** — collectibles, old books. We buy and sell. Come in and browse. We also sell knitting yard and accessories. Past and Present, King St. E., Millbrook 932-3026.

**COMING EVENTS**

**CRUSADERS, MISSION-ETTES AND WEE COLLEGE** are excellent mid-week programs offered to your children through Millbrook Christian Assembly. Qualified leaders. Fall registration is Tuesday September 11th. All children welcome.

**PSSS! HEY KIDS!** Vacation Bible School is coming again this summer—featuring "Les and Darren"—with crafts, awards, movies, singing and much more. August 20-24th. Millbrook Christian Assembly.

**HARVEST LUNCHEON**: Thursday Sept. 20, Serving from 11:30 till 1:00. \$4.00 per ticket at the door. St. Thomas Anglican Church, Millbrook. Proceeds to the Centennial Committee.

**OLAN GREENHOUSES**

Cedar Valley Road  
**Fresh Vegetables**  
Potatoes  
Peaches & Cream Corn  
Tomatoes  
932-5230

**COMMERCIAL STEAM EXTRACTION**

Shampooing — 3M Protector  
Rugs and Upholstery  
Home - Auto - RV - Trailer - Boat

**FAIR'S JANITORIAL SERVICE**

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Steve and Sandy Fair

References



**CORPORATION OF THE VILLAGE OF MILLBROOK**

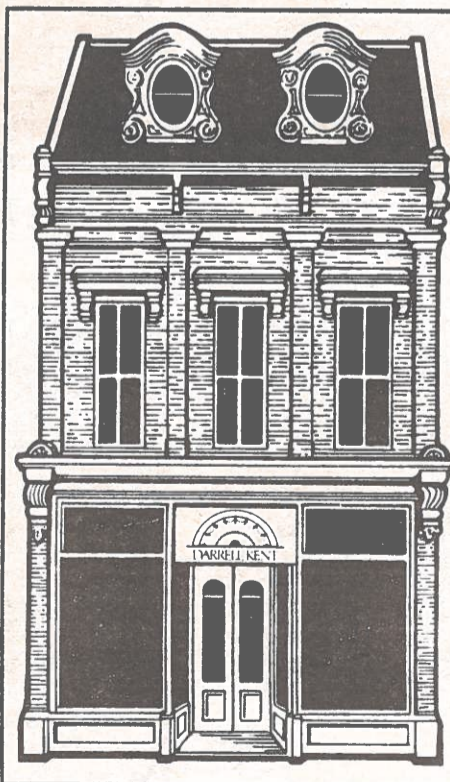
**NOTICE**

The Regular Meeting of Millbrook Council scheduled for Tuesday, September 4, 1984, has been changed to Wednesday, September 5, 1984 for this month only due to the Federal Election.

Gail Empey,  
Clerk-Treasurer,  
Village of Millbrook.



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**CAVAN - Brick Bungalow**  
Lovely combination living/dining room. 3 bedrooms, full basement, air tight stove, spotlessly clean. Large lot. Call Brian Thomson 932-3007.

**BEAUTIFUL 2 STOREY**  
on acreage wall to wall fireplace, huge kitchen, family room, 3 bedrooms, trout stream, privacy galore. Owner transferred. Open to offers. Call Ivy Matwey 932-3007.

**ALUMINUM BUNGALOW**  
Semi-detached, 4 bedrooms, large kitchen, family room air tight stove, storage shed. Tastefully decorated. Priced to please. \$52,000. Call Ivy Matwey, 932-3007.

**LEGAL DUPLEX - 499**  
Albert St. Peterborough. 11 rooms, 2 kitchens, 2 baths, huge lot, double garages, very clean. Call Ivy Matwey 932-3007.

**R.R.1 FRASERVILLE**  
Cedar Valley Rd. Beautiful brick & aluminum bungalow 3 bedrooms, nicely decorated rooms, full partially finished basement, airtight stove. Must be seen. Priced at \$57,000. Call Brian Thomson 932-3007.

**THE MILLBROOK HIGHLIGHTER**

NEXT ISSUE — AUGUST 15TH

**TO ADVERTISE**

Call 932-5436 932-5416

Deadline to reserve ad space is September 7th

**TO SUBMIT NEWS**

Call 932-3128

News Deadline: September 4th

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**Pepsi-Cola**

**4.97**

CASE OF 24x280 mL TINS

WITH EACH \$10.00 PURCHASE EXCLUDING THIS ITEM AND CIGARETTES.

SPECIAL PRICE WITHOUT PURCHASE 5.99

ASSORTED VARIETIES

**Bick's Relish**

375 mL JAR

**.79**

BONUS, SLICED

**100% Whole Wheat Bread**

875 g LOAF

**.59**

REDPATH, FINE GRANULATED

**White Sugar** 2 kg BAG

**99**

(LIMIT: 2 BAGS PER FAMILY)

IN TOMATO SAUCE,

**IGA Beans With Pork**

14-FL. OZ. TINS

**2.89**

FROZEN, BANANA, CHOCOLATE, COCONUT OR LEMON, FARM HOUSE

**Cream Pies**

12-OZ. PKG.

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POWDERED DETERGENT

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**3.99**

CHOCOLATE CHIP OR OATMEAL

**Oven Fresh Cookies**

400 g PKG.

**.99**

GEL, WINTERFRESH OR REGULAR

**Colgate Toothpaste**

100 mL TUBE

**.99**

MOUNTAIN DEW OR ALL VARIETIES OF

**Pepsi-Cola** 750 mL BTL. PLUS .30 DEP. PER BTL. **.59**

ALLEN'S, CHOICE **Pure Apple Juice** 48-FL. OZ. TIN **1.29**

ORANGE OR GRAPEFRUIT, FANTASIE, FLAVORED, **Drink Mix Crystals** 750 mL JAR **1.99**

ORANGE, APPLE OR GRAPE **C Plus Fruit Drinks** PACK OF 3x250 mL TETRA BRK CTNS. **.89**

IGA CHOICE **Fruit Cocktail** 28-FL. OZ. TIN **1.19**

ASSORTED VARIETIES, **Alpo Dog Food** 985 g TIN **.69**

100% PURE VEGETABLE **Crisco Salad Oil** 1 L BTL. **2.49**

WITH OR WITHOUT GARLIC, OR POLSKIE OGORKI **Bick's Dill Pickles** 1 L JAR **1.79**

GOOD HOST, REGULAR OR LEMON FLAVORS, **Iced Tea Mix** 750 g CONT. **2.99**

STUART HOUSE, 12" WIDTH, **Aluminum Foil** 50 FT. ROLL BOX **1.59**

LIQUID, FRESH SCENT **Javex Bleach** 3.8 L JUG **1.59**

LIQUID, **Ivory Detergent** 1 L BTL. **1.99**

ASSORTED VARIETIES, **Creamette Pasta** 200 g PKG. **.29**

BIG "G", **Honey Nut Cheerios** 400 g BOX **1.99**

AMORELLA, **Fruit Flavored Candles** 350 g PKG. **.99**

FLAVOR ASSORTMENT **Kisko Freeze Pops** 720 mL PKG. OF 36 POPS **.79**

ASSORTED VARIETIES, HUMPTY DUMPTY **Potato Chips** 200 g PKG. **1.25**

for FRESH FLAVOUR

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE.

**Fresh Peaches**

4 L BSKT. **2.69**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE.

**Cauliflower**

EA. **.69**

PRODUCT OF SOUTH AFRICA, CANADA FANCY GRADE

**Granny Smith Apples**

**1.74 /kg / .79 lb.**

PRODUCT OF U.S.A., CANADA NO. 1 GRADE, **Thompson Seedless Grapes** 2.18/kg **.99lb.**

PRODUCT OF U.S.A., **Fresh Watermelon** EA. **2.99**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE, **Celery Stalks** EA. **.79**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE, **Corn On The Cob** 10 FOR **1.59**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE, "SWEET" **Green Peppers** **1.74/kg .79lb.**

PRODUCT OF ONTARIO, **Fresh Bunch Carrots** EA. **.49**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE, **Cucumbers** 4 FOR **.99**

PRODUCT OF ONTARIO, **Green Onions** 3 FOR **.99**

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100% PURE CORN OIL, REGULAR OR UNSALTED

**Fleischmann's Soft Margarine** 2 lb TUB **2.69**

SEALTEST, ASSORTED FLAVORS, **Parlour Ice Cream** 2 L DRUM **2.99**

MACARONI & CHEESE **Kraft Spirals Dinner** 2 200 g PKGS. FOR **.88**

ASSORTED VARIETIES, (INCLUDING BABY) **Suave Shampoo** 350 mL BTL. **.99**

**Confidets Maxi Pads** PKG. OF 30 **3.49**

S.O.S. **Soap Pads** PKG. OF 10 **.79**

PINT 25's, QUART 20's OR POULTRY 8's **QUICKI, Freezer Bags** EACH PKG. **.45**

FROZEN, CONCENTRATED, FBI **Orange Juice** 12-FL. OZ. TIN **1.29**

FROZEN, HIGH LINER **Sole in Batter or Cod Fillets** 350 g TO 454 g PKG. **2.49**

**Fresh!**

SHOULDER

**Butt Pork Chops**

**2.84 /kg 1.29 lb.**

**Fresh!**

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**Pork Shoulder Roasts**

**1.96 /kg .89 lb.**

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**4.17 /kg 1.89 lb.**

**Fresh!**

**Boneless Chicken Breasts**

**8.80 /kg 3.99 lb.**

BELMONT, STORE PACKED

**Beef Steakettes**

**2.84 /kg 1.29 lb.**

CANADIAN QUEEN, SWEET PICKLED, "BONELESS"

**Cottage Rolls**

**4.39 /kg 1.99 lb.**

MARY MILES, SLICED **Side Bacon** 500 g PKG. **2.69**

CANADIAN QUEEN, SLICED, **Side Bacon** (1.79 lb.) SOLD ONLY BY THE BOX **7.89**

SHOPSYS **Wieners** 450 g PKG. **1.89**

SHOPSYS, "DELI BREAKFAST"

**Pork Sausages** 500 g PKG. **2.19**

SHOPSYS, SLICED **Cooked Ham** 175 g PKG. **1.59**

BUDDIG, "THIN SLICED" **Smoked Meats** 71 g PKG. **.69**

SHOPSYS, SLICED, SELECTED SPECIALTY VARIETIES **Sandwich Meats** 125 g PKG. **1.09**

SHOPSYS, RING, VACUUM PACKED **Smoked Sausage** **6.15/kg 2.79lb.**

PRICES EFFECTIVE WED., AUG. 15 TO SAT., AUG. 18, 1984. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

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