

THE MILLBROOK HIGHLIGHTER

Volume 2, Number 8

Millbrook, Ontario, Wednesday, April 18, 1984

25c

Concerned Crowd Attends PCBE Meeting

By Celia Hunter

A serious and concerned overflow crowd gathered at the Peterborough County Board of Education (PCBE) office on the evening of April 3 to hear the Millbrook Accomodation Study Committee present its report in favour of keeping the High School open to the members of the Board.

The Study Committee stressed the role of the school in the community and the advantages to students of the small size of the school. Principal John Devan described the academic standards and opportunities, citing the important teacher-student relationship, the co-operative programme, within the community, and the availability of correspondence courses.

Social aspects of the proposed move were

outlined by parent representative Wendy Brown. She emphasized the friendly, positive atmosphere, the high level of involvement at the school, interaction between the school and the community, and stressed the importance of growing up belonging to a community.

Ratepayer representative Vicki Trerise, covering enrollment and population statistics, described the recent growth in Millbrook and the upward trend in development, explaining to Board members that people are indeed moving from the city to smaller communities, and that Millbrook expects steady growth over the next few years. She noted that the widening of Highway 115 is significant, linking Millbrook to the highly

industrialized south and facilitating commuting.

George Luchuk, also on the Committee, added to Trerise's report, saying that Millbrook is tied to the economic situation to the south, and not to Peterborough and the County. He noted that Millbrook High School is the only school under PCBE jurisdiction that projects an increase in its student population in the 80's.

The question of savings was analysed by teacher Harry Ellis, who declared that "instructional costs are less than (the Board) average at our school", and explained how the Committee arrived at a savings figure of roughly half that of the Board; only \$50,000 per annum as opposed to \$116,780.

Following the presentation, Board members

questioned the Committee on the facts presented in the Report. Concern was expressed by Board members over the lack of sports and arts facilities, the teaching of more than one instruction level in a class, and social development. Over and over, Committee members explained the advantages of the small school atmosphere and its relationship to teacher-student interaction, and the unique role of the school as an important component in the community as a whole.

Recommendations on the school's fate, and that of the other three schools under study, will be discussed and voted on at another public meeting of PCBE on April 18. The final vote will take place on May 2.



Photo by George Raab

Millbrook High supporter expresses concern at PCBE meeting.

Ontario Hydro agrees to compromise

By Fran Fearnley

"Beautiful trees can enhance the beauty and value of a home, a street and even make an entire area or town a better place to live and work." This is a reassuring opening statement to *A Guide for Tree Selection* given by Ron McHugh, area forestry foreman for Ontario Hydro, to Cavan Council at their meeting held April 3.

The word 'reassuring' is a key one, as the events which led up to Ontario Hydro's presentation at the Cavan Town Hall, were confusing and disturbing to many Cavan Township residents. On Saturday March 17, two neighboring couples on the fourth line were visited by Ontario Hydro representatives and informed of Hydro's intentions to upgrade the conductor serving their homes. The work would necessitate providing wider clearance than the existing line requires and extensive trimming and cutting plans were explained. Deb Hancock and Cynthia Duncan, who both share joint ownership on their properties with their husbands, contacted one

another to discuss Hydro's proposals. They both felt concerned about the extent of the proposed clearance and were unclear as to their rights.

"Considering the chainsaws were right around the corner, the time factor seemed crucial," commented Hancock. Reeve Victor Norman was contacted and he arranged and chaired a meeting between two Hydro officials and concerned residents on March 22, to try and resolve the issue. In his opening address Reeve Norman aptly expressed the feelings of his constituents, "If we lose our trees we lose the beauty of Cavan township."

The major points raised by area residents were that more advance notice should have been given, a tree replacement program should have been implemented ahead of time, and that they wanted to know what could be done at this late stage to save specific trees.

Hydro representatives, Frank Barrett and Ron McHugh detailed their immediate plans and said that owners are usually



Evidence of Hydro's chainsaws at work in Cavan Township

notified several months in advance of a tree trimming or cutting project. In this case they had little advance warning themselves. They agreed to find out about future plans for the area and present them to Cavan Council. Barrett conceded, "We're beginning to realize that what we have to do is more advance planning."

On the subject of tree replacement, McHugh explained that of course a 100 year old maple cannot be substituted with a tree of the same beauty and stature. Hydro will, however, replace tree for tree, "though obviously not in a bush lot". Owners can decide where they will be planted, with line clearance being the only restriction.

At the April 3 meeting Brian Hancock asked McHugh if Hydro produced an information package on compatible species which could be given to property owners who were re-planting, to ensure that line maintenance would not become a problem in later years. McHugh answered, "No, but I think we should."

The question of legal rights and the extent of room for negotiation over specific trees which landowners wish to retain, took up much of the discussion time at both the March 22 and April 3 meetings. Reeve Norman, recognizing that this was the most sensitive area, exercised tact and diplomacy to ensure that real communi-

cation between both parties was achieved.

McHugh explained that under land easements, whether registered or not, and through the Power Corporation Act, Hydro has the right to "clear and keep clear" all lines. However, Hydro have never run into a situation where a solution was not arrived at through discussion with a landowner. He stated on several occasions, "We would be glad to work out a compromise."

This willingness to cooperate was clearly appreciated by those present at both meetings, as lack of communication has caused problems in the past.

Continued on Page 2

Fire Agreement with South Monaghan soon to lapse

By Celia Hunter

The agreement with the Township of South Monaghan to provide fire protection through the Millbrook-Cavan Fire Department will lapse January 1, 1985, and will not be renewed.

The decision was made at the Millbrook Council meeting on April 3. According to Kathleen Alexander, clerk-treasurer of South Monaghan Township, no plans have been made as yet for alternate fire protection. It was suggested at the Millbrook meeting that South Monaghan may either seek protection from another source or build their own department, but Alexander commented only that "we are waiting to get the letter".

See pages

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Winter

Sports

Wrap-up

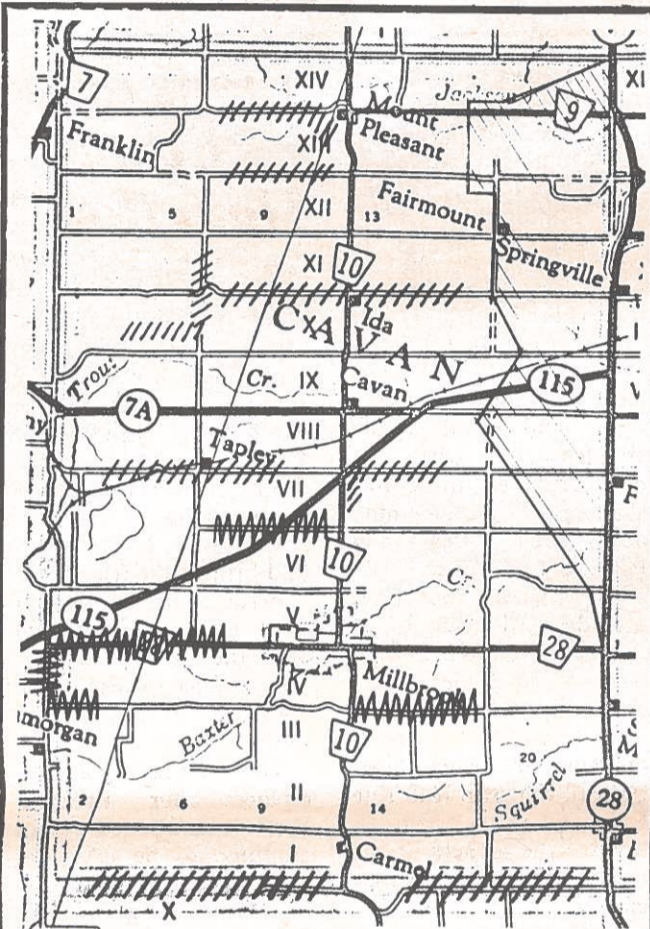
Cavan Trees

Continued from Page 1

Three separate instances were described where property owners had not been informed ahead of time of Hydro's plans and trees were simply removed without any explanation. "It does happen," commented Barrett, "we're only human."

Hydro's intentions to address the concerns of Cavan Township residents were realized at the April 3 Council Meeting. Trimming and removal plans for 1984 and 1985 were presented. Reeve Norman, who set the tone

for this productive meeting concluded the discussion by saying that he would confirm in writing the Council's interest in having all available information on Hydro's plans in Cavan Township, so that residents will not run into similar situations in the future. He added with reference to the lengthy post mortem or what trimming means, "Hydro has to realize we consider trimming as a barber trims." To which Mark Starowicz quipped to the balding Norman, "With due respect Reeve - my barber, not yours!"



Legend - Ontario Hydro Cutting Plan
1984 - - - - -
1985 -
June 1984 line cutting area - [hatched box]

Anne Street tree issue re-opens

By Ceilia Hunter

Millbrook Council vowed at their latest council meeting to cut down the controversial trees on Anne Street in order to repair the road.

The sugar maples lining the south side of Anne Street in Millbrook at the top of the hill descending to the Arena are considered by Council to be the cause of the deterioration of the roadway.

Council is acting on information provided through a verbal, informal report by engineer Don Bourne of Totten Sims Hubicki two years ago, who stated that correct drainage is being inhibited by the trees, and that they should be removed, proper drainage be installed, and the road base be repaired to prevent further problems. At present, the road is spongy, washed out, and badly gouged and potholed.

The trees became an issue last month when a delegation appeared before Council urging them to leave the maples standing. However, the state of the road has spurred Council into taking unilateral action. "If we're going to do it, they can't stop us" declared councillor Branscombe, who added later, "the trees—they've gone their age now".

Harry Williams, a noted conservationist in the area, opined that the trees in question are approximately 50-70 years old, with another 50 years of expected life left.

Some residents, according to council, have raised fears that the road will become "a racetrack" and a hazard for small children if it is resurfaced, but Council dismissed the concern, stating that children live on King Street with no apparent risk.

Patches have been applied to the hill and have been washed away over and over again. Reeve Todd summed up the position of Council by stating "the trees are in the way; the water has to run down the road. If you don't have the drainage, you're just throwing money away".

Peter Horton, whose property stands next to the trees, and who is actively involved in opposing Council's proposal, suggests that the only reason for cutting the trees down is in order to resurface the road complete with curbs, "which is ridiculous—how many streets in the village have curbs?" Horton protests.

Horton also pointed out that after the March Council meeting, which he attended to protest the Council's plans, the impression he was left with was that Council would not be cutting the trees down. "It doesn't make you feel very secure



The Millbrook Press - Photo by Wayne Eardley

A new face on King Street

By Doris Ingham

Great interest has been expressed in the new sign, "The Millbrook Press" since it appeared over the doorway of the building between the Toronto-Dominion bank and the delicatessen. The restoration of this building has been one of the recent developments on the main street, and the community is all agog to learn what is going on there.

Patrick Conlon, the owner, says that no actual printing will be done on the property, but books and brochures, and perhaps a magazine later on will be produced there.

When Conlon was host of the TV series, "Conlon's Ontario" he travelled all over the province portraying different communities and people. Somehow of all the places he visited it was Millbrook he liked best. When in 1979 he stood on the grounds of the Turner House he said to himself, "This is it. This is where I want to live." The house

was purchased and he and his friend, Jim O'Neill, moved in. However it meant constant commuting between here and Toronto for Conlon's work.

He had also been host of the TV series "Citizens Alert", which may be resumed in the fall. After a little more than a year they let the house go and moved back to Toronto. However, "the lure of the village" as Mrs. H.A. Turner used to express it, was too much for them, and they are back again, Conlon in the publishing house and O'Neill as proprietor of the distinctive little restaurant, "Tea and Company".

Conlon says the new Canada Post priority post service has made things much better here now. He can send an article by four o'clock one afternoon and have his freelance writing arrive at its destination in the city the next morning. He also has a daily commentary over Radio

station CHFI. Another promising factor Conlon says is that the village is soon to have cable television to help him to keep in touch.

The books he plans to produce will have a specific local flavor. Some will deal with the history of the village and its surroundings. In addition he plans to produce a catalogue of the artists of the community. The atmosphere here, it seems, attracts artistic people: Carl Martin, Bent Reinert, George Raab, Grace Glass, Harold Glass, Murray Hoffstetter, Huntley Brown, Jane Wilson, Ted Hodgetts, Bill Rowland, Kay Fallis, Dorothy Proctor, Shirley Wilcken, George Stewart, and others.

Gerry Reinert is office manager at The Millbrook Press.

At present Conlon is working with commercial artist, Bruce Rapp of Manvers Station, internationally recognized in his field, producing brochures for the government and also for artists telling of their work and about their gallery displays.

The building which houses "The Millbrook Press" has an interesting history. Originally it was used as the Wood Kells private bank. At one time we are told there were about two dozen different banks in Canada and that five of them had branches in Millbrook. In 1912 the bank which was to become the Toronto-Dominion bought both the building and the business. In 1913 they moved to the new building they had constructed next door. Since then the structure they left has served as an office for the health department, a restaurant, a music store, a law office, an apartment building, and now a publishing house.

Conlon is restoring it. He has taken out the false ceiling, leaving the original 13-foot high one visible. An interesting feature is the louvered privacy shutters used, probably, to mask the windows when the building was a bank. These wooden shutters fold back to one side when not in use.

Patrick Conlon was born in Moncton, New Brunswick, raised in Montreal, Quebec, moved to Toronto in 1971 and now is living here in Millbrook and loving it.

about the way Council works" he stated.

Horton plans to contact the Ministry of Natural Resources and consult a lawyer as to possible legal action.

LACAC grants soon to be available

By Celia Hunter

The Council for the village of Millbrook will sign a contractual agreement

with the provincial Ministry of Citizenship and Culture so that the area LACAC group can involve interested residents in the Building Rehabilitation and Improvement Plan.

The Plan allows owners of historic properties to apply for a Designated Properties Grant. A maximum annual grant of \$2000 will be awarded for \$4000 worth of restoration.

The agreement allows LACAC to inform owners

of the value of their property and make them aware of what's available in the way of grants. All applications must be submitted to Council for approval.

In the face of some reluctance and suspicion on the part of some individuals, councillor Don Hedlund noted that "the grant money is there just for that purpose: if we don't get it, someone from Port Hope or Cobourg or wherever will get it."



CHICK DAYS

May 17 and June 14

Orders must be in April 20 and May 17

TURKEY DAY

May 24 — Final Order

Date - April 25

SEED GRAIN — Small quantities of Woodstock and Donald Oats still in stock, along with Rodeo and Mingo barley.



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CLUB NEWS

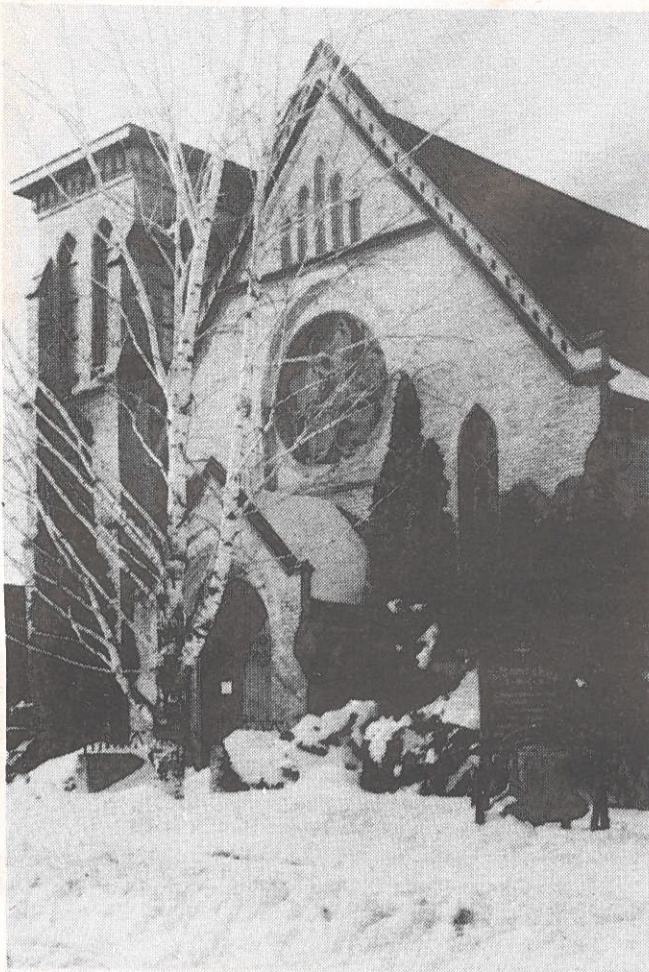


Photo by W. Eardley

St. Thomas Anglican Church in Millbrook celebrates its 99th birthday with special events.

St. Thomas celebrates Centennial

By Lianne Landry

In December of this year, St. Thomas Anglican Church, on Centre Street in Millbrook, will celebrate its 99th birthday. It will mark the beginning of a year of special services, social gatherings, renewing of old acquaintances and thanksgiving to God for such a beautiful building in which to sing his praises for the past 100 years.

Although the congregation is older, having been established in the early 1800's, the present church building was dedicated in 1885 and has become more beautiful with the passing of time and the periodic addition of new stained glass windows. Following a fire in 1972 in the bell tower, some minor changes were made at the back of the church, but after a lot of cleaning and re-painting it retained its charm and has been called "The Cathedral in the Country".

In preparation for the

upcoming Centennial, a committee was set up in May of 1983 to plan services and to spearhead fund-raising for some much needed repairs and painting in the church. They will also be trying to contact former members, and publicizing upcoming events.

Jocelyne Dawe-Page has kindly consented to arrange a historical display for the Centennial Year, and would like to get started on this as soon as possible. She is asking for the loan of any pictures, news items, or mementoes that would be of interest in such a display. Good care will be taken of these items and they will be returned in good condition. Please contact Jocelyne at 939-6078.

Watch Jocelyne's column, "Historic Cavan", for upcoming articles concerning the history of the church.

Legion Auxiliary News

By Doris Ingham

Delegates chosen to attend the Provincial Convention to be held in Niagara Falls in September are Vera Gillis, president, and Stella Sanderson, secretary. The selection was made at the meeting of the Auxiliary held March 20.

At the meeting, \$200 was voted to the Bursary

Fund for students continuing their education in either universities or community colleges following high school. The sum of \$100 was also voted to the telethon for crippled children, and it was agreed that a \$65 ad should be taken out in the cookbook being produced by St. Andrew's U.C.W.

Nursery School preparing for Easter

We hope that everyone is having fun preparing for Easter Weekend. The children at Nursery School have certainly been preparing for this holiday by their participation in various arts and crafts, and special activities made ready for them by Cari Landon, our new teacher.

In March, the children enjoyed a terrific excursion to Brackenridge's Sugar Bush near Bailieboro. After being treated to an old-fashioned sleigh ride complete with horses, the children were provided a wonderful learning experience pertaining to the production of maple syrup. A warm taste of syrup and a treat of homemade cookies made by Mrs. Brackenridge finished off a great morning! We sincerely thank the Brackenridges for extending us this hospitality! As well, we wish to thank Steven's grandpa for the transportation!!

On March 19, a baby shower was held in honour of "baby-to-be" for Merla & Stephen McGill. They wish to extend their sincerest thanks for the thoughtfulness and wonderful gifts received. As well, an invitation is extended to all who wish to visit when baby arrives!

April birthday wishes go out to Adam Blaby (April 4), Willie Carpenter (April 15), and Jeremy McCullough (April 18).

Happy Easter to all!!!

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GAMES OF THE '80's



Cubs Place with Kub Cars

By Doug Mitchell

The cubs have been very active since beginning their activities last fall when we welcomed new cubs at our investiture ceremony. Mark Olan, Michael Meret and Doug Simpson swam up from Beavers. We also welcomed Peter Allison, Michael Dunkley, Terry Ross and Ken Guthrie as new chums to the Scouting Movement. Eric Wegner also joined us from Manitoba as a transferee to our Cub Pack.

Since Christmas the boys have been building Kub Cars, and with assistance from Peter Ross and Craig Allison they took them to the Peterborough District Rally at Thomas A. Stewart Secondary School in February. Two of our boys, Daniel Mitchell and Eric Wegner, came in second in their class in the final race.

They received trophies for their efforts.

Peter Ross kindly allowed us to use his farm on Saturday, March 3rd for a winter outing. We were afraid we weren't going to have any snow; then came the Blizzard of '84 and we had lots to enjoy. The day dawned clear and sunny with very little cold wind which enabled us to carry out our activities of snowshoeing, tobogganning and fire laying and lighting.

In February, our boys attended B.P. Sunday at Springville United Church with other colonies, packs and troops from this area.

At present our pack meetings are being taken up with our own Kub Car Rally and we are hoping to involve the fathers in the racing and judging of cars.

The boys are actively involved in star work and proficiency badge work and we are looking forward to spring weather so we can move our meetings out of doors.

Lions host "Easter Ham Roll"

An 'Easter Ham Roll' will be run by the Lions Club of Millbrook and District, on Saturday, April 21 at 8 p.m. in the Upstairs Section of the Millbrook Community Centre. Several prime 'hams' have been selected for this event.

Everyone is welcome, and bring your friends, to experience an evening of fun and entertainment with the Lions. Here is your chance to win a ham for that special holiday dinner!

This fund-raising project replaces our Pancake Festival, and proceeds will continue to be used for local community projects. Admission is free. Special tickets are available from any Lions member (for \$1 each) which entitle the holder to one liquid refreshment. This event will be licensed by the L.L.B.O.



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Annex Antiques



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THE MILLBROOK HIGHLIGHTER

Established 1983

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Advertisers in the Highlighter agree that the publisher shall not be liable for damages arising out of errors in advertisements, however caused and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement.

Letters to the editor are welcome by the Highlighter and should be on topics of community interest. The editors reserve the right to edit letters for length, grammar, clarity and libel. Letters judged unsuitable cannot be acknowledged or returned.

Letters must be in good taste and bear the name and address of the writer. Anonymous letters will not be published.

Address letters to: The Editor, Millbrook Highlighter, P.O. Box 220, Millbrook, Ontario L0A 1G0.

EDITORIAL

The subject of censorship is much in the news nowadays, and touches us locally both in the community and in the schools. In this day and age of openness and freedom of expression, the question of censorship becomes a controversial one indeed.

With the availability of video cassettes, movies move out of the formal and restrictive surroundings of the movie theatre and into the home. This leaves the power of discretion as to viewer suitability with the individual parent.

But how can a parent know what is in each and every movie? Should every movie have to be previewed by a parent? Do we rely on a Censor Board that doesn't explain what could be found offensive in each movie, or do we make our own decisions?

Of course, the pivotal question remains; what is 'suitable'? There are almost as many answers as there are people. Given the necessary and exciting diversity of thought, culture, background, and attitude that makes up a vibrant society, it is surely impossible to arrive at a strict black and white code to please everyone. The shades of grey are many in this subjective and highly personal area.

Censorship is dotted throughout our culture in what may be a haphazard fashion. While movies are designated as only suitable for various age groups, violence on TV is rampant, and ever-popular soap operas portraying glamorous romance and adventure are rife with dubious morals.

Yet recently, the novel *To Kill A Mockingbird*, a powerful American classic by Harper Lee portraying and attacking racism in the Deep South, was removed from the Grade 10 English curriculum at MHS, because of concern expressed by some adults regarding sexually explicit language used in the book. For many, the literary value of this novel outweighs the offending scene; for others it apparently does not.

Such is the dilemma of censorship. Who do we protect from what and for how long? Can too much naivete be dangerous? It is important to prepare the youth of today for the open society of tomorrow, but how far do we go?

Your comments are welcome.

Deborah Luchuk
Editor-in-Chief

Letters to Editor

At the March 6th Council meeting the question of the future of Millbrook's trees was discussed in some detail. The outcome was reported in an article on the front page of last month's issue of the Highlighter. I specifically posed the question as to whether any of the beautiful old trees lining Anne Street were in any danger. The answer given at the meeting and subsequently printed in the article, from which I now quote, was, "Council stated that no trees would be removed. The present plans are to up-grade and re-cover the surface with chips. There are no plans in existence for widening the road."

I was, therefore, disturbed to hear that at the following Council meeting held April 3rd the discussion was re-opened and there is now a distinct possibility that trees will be removed as part of an up-grading program. The previous reassurance was evidently meaningless.

It's ironic that at the March 6th meeting Peter

Horton had questioned Council on how residents could hear of topics to be covered at their meetings. The answer was hardly satisfactory. We have access to all minutes, but they merely record events which have already passed. Likewise we may attend Council meetings. Here, however, there appear to be two drawbacks. Firstly no real effort is made to notify residents when issues of public interest are scheduled for discussion. Secondly, even if one does attend a meeting, statements made on one occasion can apparently be revoked at the next.

That Millbrook Council is now considering—one month after their earlier statement to the contrary—a road improvement plan which necessitates the removal of trees, is a flagrant transgression of our democratic rights. The implications go far beyond the pros and cons of the issue in question. The implications are frightening.

Fran Fearnley

Supporters write...find out first!

"Congratulations" on the first anniversary of your paper, "The Millbrook Highlighter."

We are happy to receive such an interesting newspaper with the highlights of the village and surrounding area. In our appreciation we are enclosing a cheque.

Wishing you great success for the future, and may our High School be saved. We all need it.

L. Marie Argue
R.H. Argue

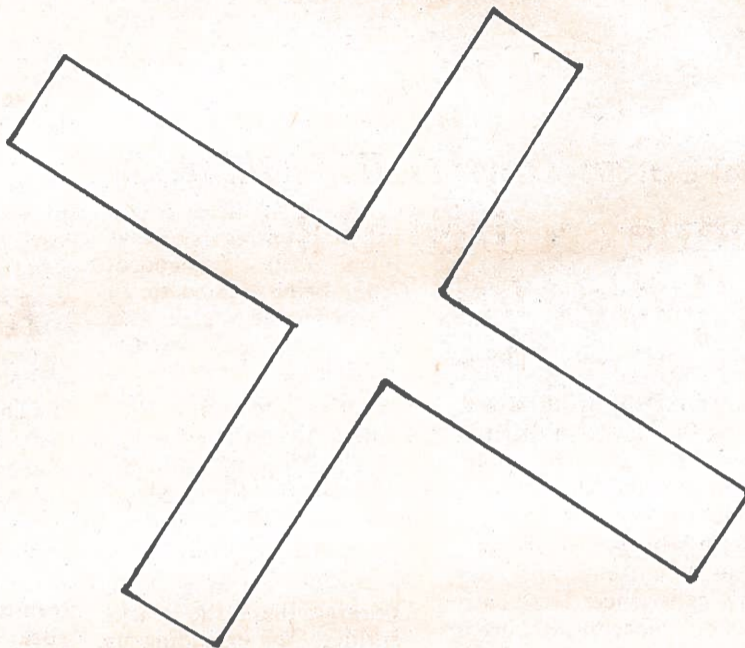
Thank you for being there

The Peterborough County Board of Education chambers were packed with an intensely supportive crowd on April 4th, the evening the Study Committee discussed, with the Board, it's recommendations to keep Millbrook High School open. I know I speak for the entire committee when I say thank you students, parents, and ratepayers, thank you for your presence, and for your individual discussions with Board members. You provided the very crucial human statistic to our written study.

With that kind of support we won't lose whatever happens.

Grace Glass
Ratepayer Rep.
Millbrook Highschool
Study Comm.

Now for the News:



Now That's Censorship!

By Martin Hawker

bank closing so a cheque was not acceptable. All ads were pre-paid and in full.

These companies come into small communities and offer to local groups an offer that is difficult to refuse. A cook book, record book, whatever appeals and always very eye catching is shown in a wonderful way to raise funds. The item is easily saleable at \$4.00 or \$5.00 and the beauty of the deal is that the local group does not have to lay out one cent at any time. The fund raising group, in all sincerity, then solicits from local business people and for every \$1,000.00 collected, the group receives 100 books (min. order). The group in question was elated as they would be receiving over three hundred books which in my estimation means that they collected somewhere in the neighbourhood of \$3,000.00 in advertising and if all sold they would stand to profit \$1,500.00.

Unfortunately, these 300 books could have been produced locally (identical in quality etc.) for app. \$1,200.00. This way the local organization would have been in pocket \$1,800.00 plus the possible \$1,500.00 sales revenue. A local businessman would have received a \$1,200.00 work contract, much needed in our area and I as a sponsor would feel much

happier knowing that we locals had not handed over a large sum of money that had gone directly out of our area, for a product that would be many months in materializing.

I do not wish to point a finger at any individual or group of individuals. These people are usually hard working volunteers and not always appreciated. Along with most local business people I strongly support most ventures physically and financially but I do feel that these fund raising groups have a responsibility to their cause and to their sponsors to see that funds collected are put to the best advantage. The companies I mention are big business. It is a good business, well run and very legal. Other than a commission paid to their solicitor, they use the money collected for many months in any way they see fit. The cook book in question will not be published until the early fall.

What is done is done, we live and learn etc. but I would certainly like to bring this matter to the public attention and hope that other groups would be forewarned.

Edith Heaton

More letters
to the Editor
on Page 14



Historic Cavan-The Cavan Town Hall in Millbrook Mrs. Bentley retired at 80 to "enjoy life"

By Jocelyne Daw

In my travels and interviews for "Historic Cavan" I often get recommendations for people to interview for the column. One of the most frequently mentioned people is 97 year old Mrs. Zella Bentley of Cavan Street, Millbrook, one time business owner and long-time clerk of Cavan Township.

According to all accounts, she is independent, active and has a marvellous and extensive memory of life in Millbrook and Cavan throughout this century. For most people three years short of 100, their memories are often scant and selective and so it was with a certain degree of scepticism I phoned and arranged an interview date with her. You can imagine my delight when I was met by a charming elderly lady, who, while mainly housebound, has an active and vital mind with a memory that is both clear and concise.

Mrs. Bentley was born Zella Morden in Picton, Ontario on March 5, 1887, the youngest of four children. She was raised and schooled in Picton and in the early part of this century she married a Picton boy, Percy I. Bentley who worked at a local hardware store in the village of Picton.

Mr. Bentley enjoyed immensely his work in the store, but always yearned to own his own hardware business. As the travelling salesmen would pass through Picton, Mr. Bentley would ask if they knew of any hardware stores for sale in a small village. In 1912, one of the salesmen said he knew of two that had become available - one in Colborne and the other, a business in Millbrook. After visiting the closer Colborne store, which was too large for Mr. Bentley's purposes, he travelled by train from Port Hope up to Millbrook.

The business he was looking at was located where Papa's Pizza was, east of McCoy's Hard-

ware on the main street. The Business had originally been started by a Mr. Johnson and Mr. Fair and later sold to a Mr. Holiday from Whitby. Mr. Holiday was the current owner, but his experiences were as a schoolteacher, not as a hardware businessman. After looking over the store, Mr. Bentley's immediate reaction was very positive and he quickly telephoned his wife in Picton to confer with her. Delighted with the prospect of being in business for themselves, Mrs. Bentley instantly agreed to the purchase.

While Mrs. Bentley arranged for their belongings to be moved up to Millbrook by car, Mr. Bentley searched for a place for them to live. An excited Mrs. Bentley arrived by train a few days later, and was met at the station by her husband and two livery men, Mr. Larmer and Mr. Pethwick (an example of her remarkable memory). They travelled in the livery carriage down King St., past their new store to the Queen's Hotel, where Mr. Bentley had been staying, and took dinner there.

"We had a marvellous dinner and the girls took a real interest in us" explained Mrs. Bentley, "They wanted us to stay at the hotel that night, but I was anxious to get settled in our new home."

Mr. Bentley had arranged for them to rent from Mr. Coombes (long-time grocer, whose business was located on King St. where

Becker's is today). The Bentleys lived there for 13 years and in 1925 moved to Cavan St. where Mrs. Bentley continues to reside.

The Bentley Hardware Store and Plumbing Service operated successfully in the village for over 30 years. Since the Bentleys had no children, both Mr. and Mrs. Bentley worked in the store until 1944 when, owing to Mr. Bentley's poor health, it was sold. (The Bentley Hardware Store will form the basis of a later article). Shortly after the store was sold, Mr. Bentley was approached by members of the local Cavan Council to take the job of clerk/treasurer of the Township. The former clerk, Mr. McGill, had just died and after considerable pressure, Mr. Bentley was persuaded to take the job. Two years later, he suffered a heart attack and Mrs. Bentley was appointed to act in his place. Several months later with Mrs. Bentley's help, he returned to his post and continued to work as Township clerk until his death by heart attack, in 1952.

Although Mrs. Bentley had worked closely with her husband and indeed had even herself acted as Township clerk, she was both surprised and reluctant when approached to take over his job.

"I felt since I had no formal training, the Township would be better off with a qualified person," she recalls, "and I was determined not to take the job."

As well, Mrs. Bentley at the age of 64, felt she had already put in enough years in the work force. But again, as her husband before her, she eventually agreed to take on the job, but only on a temporary basis - "temporary that lasted for 16 years and into my 80th year", she quickly adds.

For most Cavan residents, their most vivid memory of Mrs. Bentley would be during her years in the office of Township clerk/treasurer.

"That was the nicest part of the job", she reminisces, "I got to see and make friends with lots of people from the Township."

Like the job today, Mrs. Bentley was responsible for running the Township business. She paid all the accounts, handled all correspondence and complaints and even collected some of the taxes at the office. She was required to attend all the council meetings, taking the minutes and following through with the implementation of all council decisions.

"It was a big job, administering the Township back then, and unlike today, I was also required to keep track of all the road work, snow removal and outside work, the hours the men worked and the issuing of separate cheques to each one," she recalls "Today it is handled as one simple account".

Mrs. Bentley worked hard during her years at the Township office, but felt in 1968 at the age of 80 it was time to retire and "enjoy life". Even during her retirement years Mrs. Bentley has kept very active in the Oddfellows, and is an avid card player, known to play into the wee hours of the night.

Both Mr. and Mrs. Bentley contributed substantially to the development and stability of the township and village. They loved the area and committed themselves to it. Today, Mrs. Bentley's commitment to the area and her love of life remains as an inspiration to us all.

Public Speaking

By Doris Ingham

Competition was keen according to Legion executive member Ruth Farr at the finals of the Zone F-5 public speaking contests held in Bancroft on Sunday, March 25th.

Three contestants from Br. 402 excelled, each placing third in their respective categories: Scott Currie-Mills of Grandview Public School in the Grades 4, 5, and 6 category; Leslie Dickinson for Grades 9 and 10, and Nancy Swan for Grades 11, 12 and 13, both from Millbrook high school. Each received a trophy and a certificate.

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As its first publishing project, The Millbrook Press is planning a book that's long overdue.

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"Arts for Peace" in Toronto

By Joanne Rowland

An international "Arts for Peace" conference was held in Toronto, Feb. 3 and 4, and attended by artists, writers, musicians, dancers, actors and journalists from Canada, the U.S. and the Soviet Union. Grace and Harold Glass, members of the recently formed Millbrook peace organization, presented selected taped highlights from the Conference including excerpts of speeches by James Stark of Operation Dismantle, Eugene Tazarov, Director of the Maygrovsky Theater in Moscow, Fiona Nelson, member of the Toronto Board of Education and Patrick Watson, well known journalist.

Fiona Nelson made an interesting commentary on children and the nuclear issue, stating that psychoanalysts have noted that children who are least anxiety-ridden about the nuclear situation are those whose parents are involved in disarmament activities or who are themselves involved.

She noted that 1985 will be designated by the

United Nations as the International Year of Youth, Peace and Involvement and it is up to us to encourage the next generation "to help build bridges". The bridges she referred to were part of the theme of the conference, "bridges to understanding" to help ease East-West tensions.

Charmion King, well known Canadian actress spoke of the fear that dominates the atmosphere between East and West. She urged that everyone borrow a leaf from the Feminist book and form networks dedicated to working for peace, criss-crossing towns, cities, provinces, countries and continents building "bridges of understanding to dismantle the bridges of fear".

Patrick Watson, in his opening remarks also attempted to build bridges by calling upon the two Russian speakers at the conference to "take part in an exploration of steps that have not been taken in an official way by our governments".

He also talked about the wasted time we all spend on trivial issues when "we might be encouraging in some rather meaningful conversations". He made a personal decision to find one occasion per day to talk to someone about nuclear arms. He related a humorous story about a discussion he instigated with an unlikely New York television executive. He claims he has never found indifference "maybe some hostility, but not indifference." He urged everyone to seek our opportunities to talk to people about nuclear arms and not to worry about boring people. "Obviously, the survival of the world is not a boring issue."

Watson warned though against "putting the mouth in motion before engaging the brain".

We need to be informed. "For instance" he went on "if someone says that you can't trust the Russians; they will never abide by a treaty, it helps to be able to respond that in fact there are fourteen treaties on nuclear arms control and none have been seriously violated by either side."

"There is no way in which a country can satisfy the craving for absolute security—but it can bankrupt itself, morally and economically in attempting to reach that illusory goal through arms alone. —Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who are hungry and not fed, those

who are cold and are not clothed. This world in arms is not spending money alone. It is spending the sweat of its laborers, the genius of its scientists, the hopes of its children".

With these moving words by Dwight W. Eisenhower, Harold Glass concluded the "Arts for Peace" presentations.

A brief discussion of things to be done in the Millbrook area to promote nuclear disarmament followed.

Several people attending took part in the national letter writing campaign with Brian Mulroney targeted as the person to write to in March.

Unfortunately, not enough time was allotted for discussion, but it is hoped that future meetings will allow more room for feedback.

There is an almost overwhelming amount of information on the nuclear arms issue and the Millbrook Nuclear Awareness Group has a good selection of books to browse through, as well as shorter pamphlets and articles, free or to loan.

The next meeting is planned for Sunday, April 29th at 8 p.m., and will be held at 36 King St. West, 2 houses east of the United Church. Planning for participation in the Peace Petition Caravan Campaign will be the main focus of the evening, and also a discussion of possible involvements and directions for this fledgling peace organization. All are welcome.

Millbrook-Cavan

Historical-Society plans for Bicentennial

By Doris Ingham

Robert Page, professor of history at Trent University, addressing the Millbrook-Cavan Historical Society, presented a fascinating picture not only of the character of George Ross, one of Ontario's few Liberal premiers, but also of the life, politics, and the educational system in Ontario at the turn of the century.

George Ross, largely a self-educated man, wrote several books and became minister of education for the whole province. He received a number of honorary degrees. A strong prohibitionist and a staunch Presbyterian, his personal integrity was never questioned, although he was not always able to control some of his aides. For the help he gave Sir Wilfred Laurier he was given a seat in the senate and a knighthood.

The March meeting also included a discussion concerning the type of plaque to be procured to mark buildings of historic interest. Cavan Township Council has entrusted the Historical Society with the spending of the \$1991 grant awarded to mark Ontario's bi-centennial.

A portion of that amount will go towards setting up the Cavan-Millbrook display at Century Village on June

17th, and some to the purchase of plaques. Under discussion was whether to buy the more expensive and durable cast iron ones, doing only two this year and leaving the others for a later time, or to mount all four plaques this year in the less expensive and durable aluminum or wood. Pauline Lyons, Louise Brown and Elsie McMaster were appointed to a committee to look into the options and report to the next meeting. It was suggested that churches might want to procure similar markers for their buildings.

Donna Greer in charge of the tour of homes to take place Saturday, June 23rd, from 11 a.m. to 4 p.m. reported that the Irwin, Raab, Cutmore and Clarke homes would be included in the tour with Needler's Mill and Cavan Township Hall. Greer suggested that more than the 45 society members would be needed to staff points on the tour, and that members ask friends to help. There will be 250 tickets priced at \$5 each to be sold by advance sale only.

The next meeting of the Historical Society will be held on Monday, April 30. Mike Wladyka of Port Hope will be the guest speaker.

Dr. McGillivray discussed "Social Problems in Children" with Cavan Women's Institute

By Nancy Mitchell

The March meeting of Cavan's Women's Institute was held in Cavan Hall with 19 members and visitors from Bethany, Mount Pleasant and the surrounding area were present. Roll call was answered by the members stating a way in which we could help make our children better citizens.

Our guest speaker, introduced by Mrs. Bob Staples, was Dr. McGillivray, who is an active

sportsman. At one time he captured the Canadian Junior Championship in figure skating, has entered the Boston Marathon, and plans to participate in the Marathon in Ottawa in May which is the trial run for the Olympics.

He received his medical training at the University of Toronto, practiced pediatrics in Edmonton, and was chief resident at the Children's Hospital in Montreal. About five years ago he took over Dr. Frid's practice at the Medical Centre in Peterborough.

His informal, interesting and informative topic was "Social Problems in Children". He stressed that there are three main changes in society for children:

—no givens; nothing is "for sure"; there is no basic structure any more;

—no nucleus of family; children in time of need have no one to turn to as parents work and haven't time to listen. He pointed out the importance of the extended family; it helps children to know their place in the scheme of things.

Grandparents, aunts, uncles and cousins are essential for the growth and well-being of the child; —delay of gratification; now people want everything right away instead of buying things gradually as they can afford them. Children want expensive gifts for Christmas, which they usually get. They don't realize that they have to work to achieve their goals.

Dr. McGillivray outlined ways in which we can help these children:

—by instilling values of honesty, sensitivity, respect for others, and the value

of material things; —by encouraging the child to be active in sports, to promote physical health and alleviate the stress that is felt by both child and family nowadays;

—by encouraging children to assume "focus of control"—to control his own destiny. The child's job is to make himself happy. We must encourage children to be positive in the home and to accept things as a challenge rather than as a problem.

We must encourage children to be resourceful and active as well as productive. Parents must become involved with their children, participate with them, listen to them, communicate with them.

Also at the meeting, our Institute decided to donate \$20 to the Spelling Contest at Millbrook Fair, and the same amount to the Oral Communications Contest to be held at North Cavan School. On May 5, our W.I. plans to cater for the Old Timers Hockey banquet.

Our president, Mrs. H. Robinson, read excerpts from an article taken from a 1926 Examiner on a W.I. two-week course on various food subjects. The fee for the course was 25¢ for members and 50¢ for non-members.

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Cavan History first project for Millbrook Press

By Doris Ingham

Historic Cavan is to have a new record of its history published. It will be the first book to be published by "The Millbrook Press." The book will be entitled "Blazing Ontario: An Illustrated Tour of Historic Cavan." The "Blazing" is in reference to the Cavan Blazers who made this area famous.

The book will be written by Jocelyne Daw, whose articles on local history appear regularly in the "Highlighter". It will be designed by artist Bent Reinert, and edited and produced by Patrick Conlon of "The Millbrook Press."

Almost since its inception members of the Millbrook-Cavan Historical Society have been hoping to have such a book produced. When the young people of Katimavik were here they engaged them to interview some of the older residents in the hope

of getting such a record together. For one summer they hired a university student to research old newspapers with the same purpose in mind.

Now the dream will be a reality.

There has not been a history of the area produced since Mary Sloane Eakins' in 1937. The new book will take another look at the past and continue on where Mrs. Eakins left off. Her book proved very popular in the past, and the Historical Society has just had a second re-print done of it. However the prospect of a new book is exciting.

Anyone who has old pictures, old letters or other memorabilia they are willing to share is asked to contact the people producing the book.

It would seem the new press will definitely put Cavan and Millbrook "on the map."

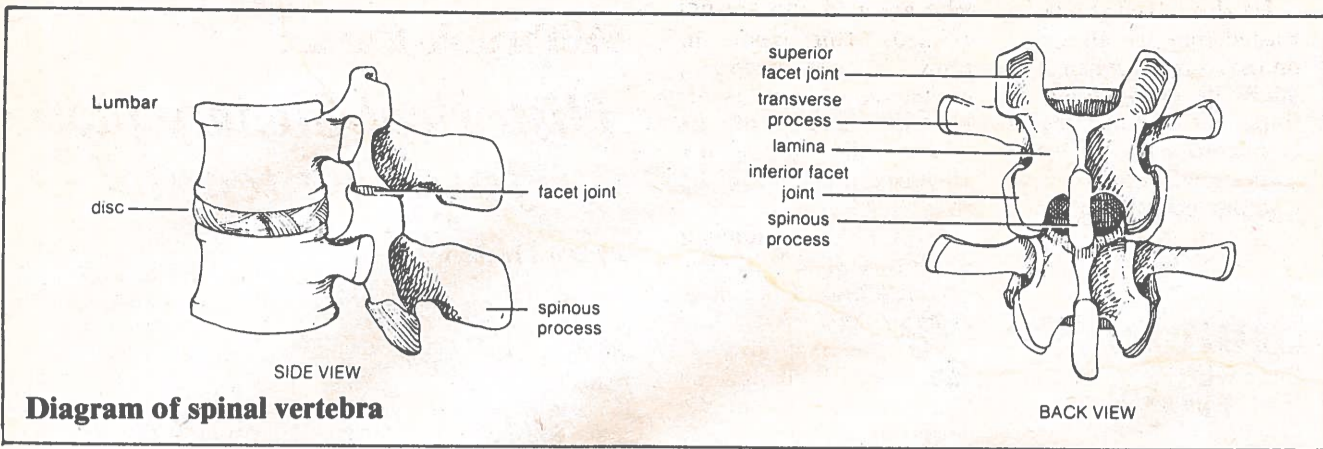


Diagram of spinal vertebra

Avoiding back pain this Spring

By Joanne Rowland

Now that Spring has really arrived, many of us are enthusiastically waiting to get into our gardens. Finally the day arrives when the soil is dry enough, but you find that after a couple of hours of digging and raking that your lower back becomes so sore that you have to stop. Frustration sets in: you really had planned to get much more done that day.

General statistics show that 80% of North America will at some point in their lives suffer from back pain, so there is a good chance that the above scenario will be happening to you or me this Spring.

First of all, I think it helps to understand a bit of what is happening in that mysterious unit of our bodies. The spine is composed of bones, or vertebrae, sitting neatly one on top of the other, to form a double S-shaped curve. The part of the spine we feel when we touch our backs is the spinous process; the tip of the iceberg, with most of the backbone deep where it cannot be felt.

Movement of the spine occurs at small joints found about 3/4 inch on both sides of the spinous process. In between each vertebra (and approximately 2" deep in the spinous process) sits the disk - or shock absorber - of the spine. Its ability to absorb shock comes from the fact that the inner, jelly-like part of it is about 80% moisture.

The disc has a firm, fibrous outside that keeps the jelly-like portion where it belongs. (By the way, a slipped disc does not mean the disc itself moves, but rather it should be called a protruded disc, as the inner portion is allowed to leak through a crack in the outer shell.)

As we get older, changes in our body occur due to loss of moisture. Skin dries, hair changes colour; in the spine it is the disc that loses moisture. As it does, it causes the space it sits in to lose height (think of a wet sponge that dries).

As the space becomes smaller, changes occur in how the small joints in the back are aligned, and they strain much more easily. Think of what happens when we sprain a wrist or ankle: the joint puffs up and becomes painful. The joints in the back can also react to strain by swelling, and this can cause aching pain, and stiffness in varying degrees.

One factor that effects how easily we strain is the strength of certain muscles, and how efficiently we use them. Because of the large bulk of the leg, arm, and stomach muscles they are much better suited to strenuous activities than are the long, slender muscles of the back. By keeping these other muscle groups strong, and by positioning ourselves to use them more effectively, we take strain off our backs.

In the garden, most of the positions or activities that aggravate our already changing spines fall into four categories: bending, twisting, static positions, and lifting.

Bending

Since 90% of the strain of bending at the waist is taken by the lowest two joints in the spine, it is no wonder that this is where most people experience their problems. Think of all the times we bend in the garden to pull weeds, pick up stones, plant seeds, thin plants, pick vegetables.

Instead it is far less stressful to bend at the knees, and keep the back as straight as possible. It isn't always the weight of what we are bending for, it is the action of bending itself, that strains. For most of us, it means changing a bad habit, and that takes thought and will-power.

For weeding and planting, I find a squat position with one knee up the best, and in that position it is fairly easy to move along the row backwards. You end up with dirty knees, but better than that a strained back.

Twisting

Think of how a rake or hoe is used. We usually plant our feet in one position and reach as far as possible, so that when the utensil hits the ground, we are in a twisted position. Because of the alignment of the back joints, in the twisted position a lot of strain is taken as we pull the utensil toward us.

To avoid this, we need to keep the hoe or rake as close as possible to us, using a shorter lever arm. Also, as we pull toward us, if we slightly bend our knees and tighten our stomach muscles, less strain falls on the back.

If changing the method doesn't help much, try doing the activity in very short time spans, or avoid them as much as possible. I avoid hoeing by mulching between the rows heavily enough so that I only weed in the rows themselves.

Static Positions

Certain static positions aggravate our low backs by increasing the curve at the lower end of the spine. For example, hands and knees position is better than bending at the waist for weeding, but it is still hazardous. Eventually the curve at the low back increases due to fatigue, and the force of gravity (think of a tired old workhorse with sagging back) works to cause strain. Sitting or standing for long periods of time, and working with hands above the head, also increases the curve, producing strain.

Lifting

Most of us know the right and the wrong way to lift. But do we always think we are lifting when we are shovelling manure, wheeling a wheelbarrow full of rocks or trying to fork those big clumps of weeds?

In any of these activities, we need to keep our backs straight and knees bent as much as possible. As well, by tensing the muscles of the stomach, we put part of the strain of the lift on the stomach and less on the back.

A few other suggestions include: - work in short time periods; - if for some reason the bent position has to be used, it is important not to hold it for more than a few minutes. Straighten up slowly but fully, and then return to the bent position if need be; - at the end of the day when we are already tired, our backs are more prone to pain. It is the building block theory. It probably won't be that dandelion we bent over to pull that was the culprit. It was the combined laundry, sweeping, lifting, fatigue, overweight, weak muscles, emotional stress, poor postures. The week was just the block that toppled the tower; - recognise the first signs of back soreness, and don't push beyond.

The process I described earlier of changes in the spine is a natural one. As with other changes in the body, we can't stop them, but we can control them. We can artificially colour greying hair; we can control back soreness by using proper positions and body mechanics, keeping muscles strong and keeping weight down.

It is one thing to know what to do, and quite another to put it into practice. Hopefully by the way you choose to garden this Spring, you will realize that you really are in control of how much, or how little, back pain you will have.

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Birthday Party
 Friday May 11 - 9 p.m.

BINGO!
 Ladies Auxiliary
 Thursday, April 26, May 10 - 7:45 p.m.
 Junior Drum Corps
 Thursday, April 19, May 3 - 7:30 p.m.

ALF BROOKS OPEN CRIBBAGE
 Saturday, April 21
 Registration: 12:00 noon
 Play begins at 1:00 p.m.

ANNIVERSARY
 On Friday, May 25th, Mr. and Mrs. Sandy Heard will be celebrating their 50th Wedding Anniversary with a Get Together at the Legion Hall from 8:00 p.m. - 1:00 a.m. Everyone welcome.

Remember! Branch elections May 6!

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SPORTS & FITNESS



Photo by Wayne Eardley

Memorial Award presented to Pete Mitchell by Ken Korpatwa.

Pete Mitchell honoured as Sportsman of the Year

Pete Mitchell has been awarded the L.W. Smith Memorial Award for Sportsman of the Year for his outstanding contribution to the promotion of sports in the Millbrook-Cavan area.

Mitchell, who transferred with the Ontario Provincial Police to Millbrook in the mid 70's, has been actively involved in Minor Hockey as coach, referee, and manager. He began refereeing under the watchful eye of Alex Ruth in the old Millbrook Arena, and held the office of referee-in-chief for several years. He has also

been Vice-President of the Millbrook and District Minor Hockey Association, and was involved in coaching Midget and Juvenile teams for four years.

Last year he coached the PeeWee "A" team, and helped manage the Atom team in the tri-country league this past season. He is also the go-between for the local association and the O.M.H.A., and has been recently elected to a second two-year term in this position.

It was Pete Mitchell who was directly responsible for arranging and

Medals for Millbrook Boys

By Wendy Brown

Two Millbrook athletes successfully competed in the March 29-30 York University High School Indoor Meet, held in Toronto.

Brian Brown, 16, captured a Bronze medalion in the Junior Boys long jump with a leap of 6.04 meters. Brown also tied for fifth place in the Junior Boys 400 meter run, winning his heat with a time of 53.1 seconds.

Garth Carlson, also 16, placed fifth in the Junior Boys long jump with a leap of 5.86 meters. Carlson also placed a very close fourth in his heat of the 60 meter dash, with a p.b. time of 7.83 seconds.

promoting the visit to Millbrook of the Swedish Gothenburg Hockey Club this past January.

The L.W. Smith Award is named in memory of the late Leonard Smith of the Millbrook-Cavan area, an avid hockey fan who rarely missed a game in the old arena until his death 12 years ago. Grandsons Bill, Bruce, and Bob Stevens all played their minor hockey in Millbrook.

The Award was inaugurated in 1972-73 by Don Pritchard, former member of the Millbrook and District Minor Hockey Association, to be presented for outstanding contributions to the promotion of sports in the community. The trophy is inscribed "Sportsman of the Year".

"I've always felt hockey was the greatest sport around, and I take great pride in helping and watching the youth of today become the men of tomorrow," states Mitchell, who is married, and has one daughter. "My wife says if I'm not home in the winter, I'm usually at the arena."



Photo by Wayne Eardley

Action shot at the arena

Oldtimers winding up year

With the ice coming out of the Millbrook Arena during the second week of April, Oldtimers Hockey ground to a halt for another year. Having had their tournaments earlier in the year, the last few weeks were marked with parties, a last tournament here or there, and a few good-byes.

One notable retiree was Ken Heaton, who was instrumental in the birth of the Superbees, and was a tireless organizer on their behalf. The Superbees will miss Ken both as an example on the ice and for his repertoire of anecdotes in the dressing room.

Over in Cavan, the Oldtimers finished up their season; included was a

tournament in Ennismore where a tie was the only point to show for three close games. They plan no events over the summer, and will be providing more information in August about the organization of next year's squad.

Niagara Falls was the scene of the Millbrook Oldtimers' last hurrah, as they participated in a 27 team tournament, losing their first game to the 'Damn Yankees' and then rebounding with wins over the Central Ontario Over

50's and Aurora Old Sweats.

This resulted in a showdown between the St.-Thomas squad and our boys for the 'D' final, but alas, we came out on the short end of a 5-1 score.

Nonetheless, a full roster of tours, shopping, and parties made the excursion a success for both spouses and players. A gala banquet at the Conference Centre concluded the event and capped an enjoyable tournament for the Millbrook crew.

The team intends to play a little ball this summer to keep in touch and in shape.

Sunday Night League Celebrates

Locally the recreational Sunday Night League wound down its season April 7 and 8 with its banquet and decisive games.

The league of six teams had finished its regular season with North Cavan in first place. But the subsequent round robin series wasn't very kind to the season's champions as Millbrook and Bailieboro went undefeated through the round robin. With an unblemished 4-0 record and a wide goals differ-

ential, Millbrook had a big advantage over onced-tied Bailieboro in Sunday's final game.

The banquet held at the Millbrook Arena April 7 toasted a fine season for the league. With six team, no changes are anticipated for next season. A few players are still needed to fill the rosters, and there are also coaching positions available. The only limitations are those of age: players must be 18 or more, and residence: all

players must be living in either Cavan or South Monaghan townships, which of course takes in all towns and villages including Millbrook.

Mrs. Ben Olan at 932-5230 will accept names of those men interested in signing up for next year. One final note - payment for the next season, which is to open the first Sunday of October, is usually made in two installments: initially in August and then prior to the first game.

Gone fishin'!

By Ed Chaplin

On April 28 this year's fishing season will open. After that date brook, brown, rainbow, and lake trout along with splake can be caught and kept.

Only seven brook trout, five rainbow and brown trout, and three lake or splake may be in your possession at any one time.

On May 12, the season for pike, yellow pickerel and sauger opens. The legal limit allows possession of six of these fish at a time.

For more information get a copy of the 1984 Fishing Regulations at the Ministry of Natural Resources at Lindsay, 332 Kent Street W., K9V 4T7 (705) 324-6121.

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Skating Carnival a smash!

By Lisa Schmor

Grade 6, Age 11

The annual Skating Carnival, held March 31 and April 1, was a smash!

The Millbrook Arena, packed at both performances, had everything from little puppies to sleek black cats. We all enjoyed performances by guest soloist Lori Harding and ice dancers Andrea and Arthur White, the guest couple from Peterborough.

While I was there, I got a chance to interview two of the lovely 'Hawaiian' skaters, Jocelyn Wylie and

Tracy Lawson. Jocelyn started skating lessons when she was only six, Tracy when she was ten.

"I like skating so much because of the Carnival," agree Tracy and Jocelyn, "but I don't want it to be a profession; I plan to be a teacher." says Tracy confidently.

Terrific solos in the show were given by Krista Gillis, Diane Thompson, Leslie Dickinson, and Penny Fallis. Thanks and appreciation go out to everyone who participated in the Carnival.

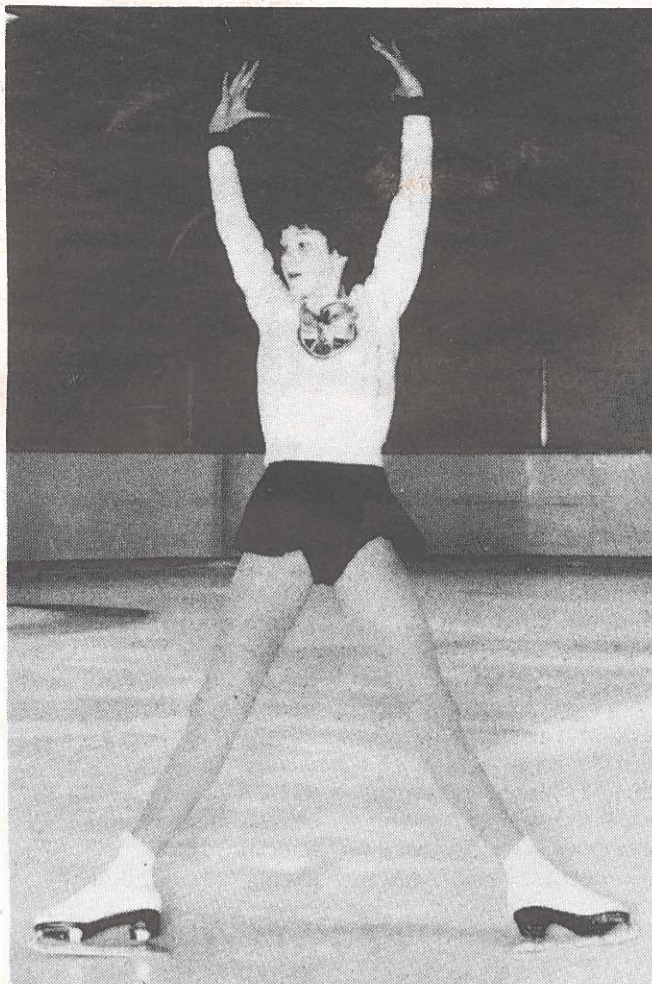


Photo by Wayne Eardley

Millbrook's top skater Diane Thompson

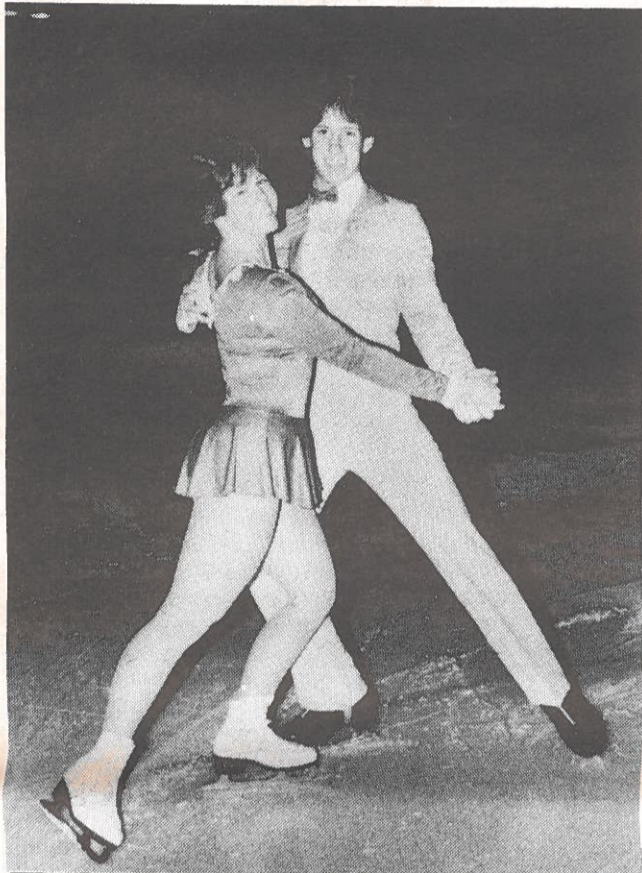


Photo by Wayne Eardley

Ice dancers Andrea and Arthur White

Pontypool wins at Manvers

Manvers arena enjoyed a good play-off in its Friday Night League as the season champions were again unsuccessful in post season play.

Yelverton edged Peterborough in the semi-final in order to meet the winner of the Pontypool Maddogs and the Buckham (Cavan) Cornhuskers. Pontypool prevailed, and in a high scoring final

took the Championship from the Cavanaugh Sand and Gravel sponsored Yelverton squad by a score of 11-7.

Season tail-enders Bethany and Janetville got in on the festivities at the banquet staged April 7 at the Manvers Arena. Announcements regarding registration will follow in the August edition of the Highlighter.

Curling club has a good season

By Karen Bendall

The Millbrook Curling Club had a successful second half of its season. First place team was skipped by Alan Hutchison who had a lot of co-operation from the rest of his team; Cathy Bendall-vice, Ron Pogue-second, and Eadie Metcalfe-lead. Second place team went to Bill Bendall-skip, Elaine Porter-vice, Brian Leeming-second and Don Porter-lead. Third place went to Bob Bendall-skip, Karen Bendall-vice, Howard Fair-second, and lead-Audrey Morton.

During the playoffs Art Thorne's tea, had a spectacular finish to the season. Art was lucky to have superb curlers as vice-Barb Ferguson, second-Bill McKellar and lead-Dave Stewart aided him to the win. Art has decided to retire from curling this year. The Millbrook Curling Club would like to express their appreciation to Art for all his work in the Club since it started in 1967. We will all miss Art and we hope that he will take time to pop in and visit from time to time.

Runner-up team was Pete Ferguson-skip, Alice Faye Vandermeer-vice, Rob McCamus-second and Bryce Bonner-lead. Consolation went to Alan Hutchison's team. Trophies were given out at the curling banquet on April 7, 1984.

The Vic Bulger Bonspiel was held at the Peterborough Golf and Country Club on Saturday, March 31, 1984. It consisted of 16 teams each playing 2-six ends and 1-eight end. Prizes were awarded to the following teams by Rob and Cathy Bendall. Three game high went to Bill Might's team, with Cameron Porter taking the runner-up three game high. Two game high winner was Brian Driscoll's team and one game high winner went to the team skipped by Dale Van Camp. The 'Good Sport of The Day' award went to skip Ralph Lunn.

A beautiful hot buffet was served at the end of the day. A special thanks to everyone for making it a great success. Hope to see you next year!

Nordic ski club enthusiastically received by M.H.S. Students

By Peter Kennedy

Early in January, a Nordic ski club was organized by Mr. Harry Ellis after school, Tuesday and Thursday evenings for those interested in racing as well as those only interested in recreational skiing. This allowed interested students a chance to improve their skills as well as have a lot of fun.

As winter progressed, the high school level races for this area were run. The first of which was run at the Maple Trail Ski Area by Trinity College School of Port Hope. Millbrook unfortunately did not get word of this race in time to field a team.

The Kawartha Nordic Tour on February 4 was the next race. Only Rick Kennedy of the M.H.S. team entered and finished second in the 10-km. event. The race was a slow, difficult one due to icy snow conditions and poor weather.

3 students were entered in the Lakefield College races on February 8. They were Debbie Luchuk, who placed in the top twenty senior girls; Steven Brackenridge who placed in the Midget boys category; and Rick Kennedy,

who placed in the midget boys.

The level of competition was high due to a large number of skiers from many schools. Waxing of the skis was made difficult due to a light dusting of snow on old frozen tracks.

On February 14, the same three students were entered in the Central Ontario Secondary School Athletic Association races held at the Trillium Valley Resort north of Oshawa. The weather was very mild with mist and rain causing the snow to be slushy, muddy and slow. Skiers started with the added disadvantage of a large puddle of deep water at the starting line. As well as adverse weather conditions, the race was diffi-

cult due to stiff competition from some very good skiers from a wide range of schools. Millbrook's skiers finished as follows: Debbie Luchuk, senior girls-17th of approx. 40-45 skiers; Rick Kennedy, midget boys-9th out of approx. 45, and Steven Brackenridge, midget boys -15th out of approx. 45. These placings are quite commendable and the entrants should be proud of their accomplishments.

In a sport where athletic ability can be far superseded by better equipment and wax application, discouragement is frequent. Mr. Ellis and the students did very well this past season and what's more, important, enjoyed the experience.

I appreciate having had

the opportunity to drive the students to races, wax their skis and do a little coaching. I trust future ski seasons will be met with as much, if not more, enthusiasm, by M.H.S. STUDENTS. Hopefully with this experience, Debbie, Steve and Rick (and others!) will be encouraged to keep competing in this enjoyable winter sport.

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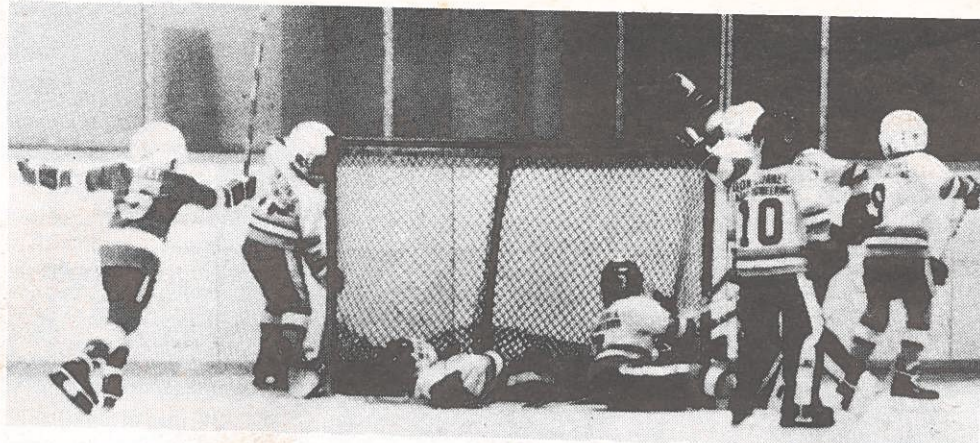
Recruiting now for summer soccer

By Jim Liston

As winter finally succumbs and takes hockey with it (except in the NHL where any team playing a better than .300 rate can take a run at the Stanley Cup in the interminable playoffs ending in late July - or so it seems) thoughts turn to summer recreation.

Most children engage in baseball and during the last 10 years soccer. Adults may play a little baseball, maybe tennis, but most rely on chores and elbow-bending to get them into shape. After watching the World Cup soccer on TV in 1982, the thought occurred to me that soccer could easily be used for oldtimers to get in shape and enjoy themselves.

An attempt last season,



Lone Millbrook player scores against all odds.

Photo by Wayne Eardley

while enjoyable, was troubled by poor turnouts and a heat wave that sapped the spring out of most legs. The high school field was utilized on Mondays at 7 pm, with the usual squad being in the order of six to twelve players divided into two teams. A few skilled players quickly indoctrinated the rest of us with an idea

of what the game was all about. Within a short period of time, brute force and swarming around the ball gave way to a stamina-stretching passing game with skills improving each week out on the field.

This year, it is hoped that a larger group of interested men, 25 and over, will play once a week in pick-up games and when

possible in exhibition games against teams from the 35 and over league in Peterborough. If you're interested, whether experienced or not, call and leave your name and phone number at the Medical Centre in Millbrook at 932-2772, and you'll be contacted about the date and location of the first game.

Millbrook's own Stan Crosset was a fence-busting major leaguer!

By A.H. Armstrong

Stan Crossett was born on April 26, 1903, which meant that he learned his hockey on natural ice. Pads where often Ladies Home Journals (Eaton's catalogues were too bulky)

and frozen horse buns the usual pucks. Sticks were often carved out of iron-wood—a far cry from the ten dollar laminated affair they use today. Night games had lanterns spaced apart for goals which meant frequent debates.

Since there was no Atom, Peewee, Bantam, and Juvenile hockey, as soon as Crossett outgrew the teenybopper age, he played junior, and it was at Tillsonburg, Ingersoll, and Woodstock that he caught the eye of the coaches and got an invitation to play at Listowel against the western all-stars. He soon moved up to Stratford where he teamed up with Howie Morenz, who he picks with Orr and Gretzy as the greatest of all time.

Stan was then hired by Lionel Conacher to go to Philadelphia, where Benny Leonard, light heavyweight champion of the world had bought a franchise and was looking for some one to beef up the rearguard.

In Detroit, one night, he was warned not to try going between Rocky Rockburn and Black Jack Steward. He tried it and was told when he regained consciousness in the penalty box he drew blood—and was assessed a five minute penalty. (He would like the book recounting this returned).

Crossett was a man of nicknames. The Oshawa Exhibition was the scene of twin knockouts on a bright October afternoon. A pair of punks made the

mistake of trying to grab the wallet of a Port Hope citizen who had engaged the services of Stan, then a teenager, to drive his car. He didn't realize it at the time, but he had hired a bodyguard as well. Stan K.O.'ed the duo in short order, but the name "Dempsey" Crossett (in honour of the weight champion at the time) was hung on him by his Port Hope pals.

Years later, Stan Musial, a fence-busting major leaguer went on a rampage one afternoon and hit the offerings of opposing pitchers into "the wild blue yonder". As he was coming up for his last at bat, a female voice shrieked from the stands "here comes that man again". From then on Musial was "that man" and our local Stan was Stan The Man—but it never caught on.

When the King and Queen were visitors "Somewhere in England" to the 24th Field Battery it was Sgt. Crossett's pleasant duty to explain the working of the gun to Their Majesties. He has pictures of the event.

Peewee

"A" - In a first ever playoff series set up by myself, with teams from Newcastle and Orono playing first a round robin set, with the top two playing off for the championship Millbrook came out on top with Orono ending up in second, setting the stage for the finals.

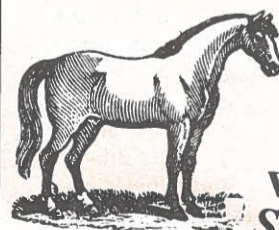
In game one in Millbrook is Danny Gilmour continued to dominate the score sheet as Millbrook downed the bigger Orono squad by a score of 7-2. This set the stage for game 2 played in Orono and again Millbrook completely dominated the game which was fast, end to end hockey with little whistles. Millbrook skated away with a 4-0 shut-out and the No. 8 District O.P.P.A. trophy in two straight games.

As the season has drawn to a close, let me take a minute to thank the Highlighter and staff, and Wayne Eardley for photo coverage of our minor hockey scene. I thank the voters for the award bestowed upon me in memory of L. W. Smith as already reported, and in all feel Minor Hockey in Millbrook has greatly improved. I look forward to next year, to again be of some help encouraging community spirit and sportsmanship. I'm sorry I missed the banquet, but should come back from the south well-tanned and maybe with a few less golf-balls ...

European Tournament being planned

Hopes have been raised that an Oldtimers Tournament featuring 17 European teams will be played in February 1985 at the Millbrook Arena and throughout Peterborough County. The schedule is still in the planning stages.

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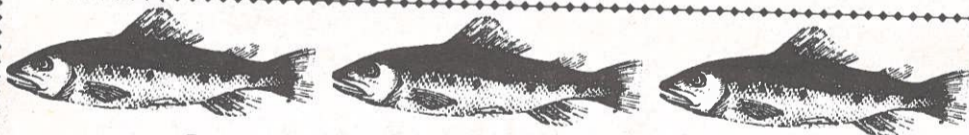
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SCHOOLS



Sales Campaign helps Activity Fund

By Ed Chaplin
Grade 9, Age 14

From March 21 to March 31, the students at Millbrook High and Intermediate School (MHIS) were selling "Support Ontario Sports" (S.O.S.) coupon booklets, to raise funds for the Student's Council Activity Fund.

The booklets sold for \$9.95 each, and each book had over \$200 worth of coupons valid in a variety of stores, for example Kmart, show stores, and sport stores.

The Students Council received half of the profits, the other half going to pay for the coupons.

To encourage students to sell the books, every student who sold 5 books won either two free movie passes or a complimentary LP of their choice.

Fifth dollars was awarded to Barry Danford for selling 30 books which was the most sold by any student.

South Monaghan Jumps for Heart

By Eileen Armstrong

South Monaghan Public School recently raised \$1867 for the Ontario Heart Foundation when 115 students participated in the Jump Rope for Heart programme.

Every student collected pledges from friends, relatives, and neighbours. The maximum time was 120 minutes, and 99 students completed the event.

MIHS Downhill Ski Club enjoys exciting season

By Larry Keeley

Consumed as we are with spring fever it is difficult to imagine that just a few weeks ago we were enjoying fantastic skiing. This winter was one of the best ski seasons we have ever had.

Now, however, ski poles will be replaced by fishing poles, and all those skiers who didn't quite make it to my level will have to wait until next winter before making another attempt!! Congratulations to the students

Millbrook High supports new Volleyball team

By Ed Chaplin

Ten Millbrook High School boys teamed together to form a varsity (open age group) volleyball team under coaching from Mrs. Clarke.

This is the first year for a boys team at MHS.

They have participated in five invitational tournaments already; TASS, Cobourg East, Kenner, Lindsay and Port Hope. In Cobourg they placed second.

Track and Field Season gets off to an early start

By Ed Chaplin

Training for the 1984 Track and Field season started when the ground was firm.

There'll be little practice time since the first meet, Kawartha Qualifying, is on May 3. The Kawartha Finals are on May 10, COSSA on May 16, Regionals on May 26, and OFSAA (all Ontario) is in the first week in June.

There aren't too many people from MHS who last the distance to OFSAA; in the past ten years only three people have made it. There are at least eight schools that participate in the Kawartha qualifying, and 18 schools that are in the Kawartha Finals. Most of the meets are held at Trent University.

On May 7 MHIS will hold its school meet.



South Cavan News

Erewhon Theatre Group entertains at South Cavan Public School

By Bryan Landry

Grade 5, Age 10

On Friday, March 30, all 180 pupils at South Cavan Public School enjoyed the Erewhon Theatre of Canada production "The Wind in the Willows". The most excellent acting by Kerry Mills and Kirk McMahon was accented by guitar music also supplied by the actors!

Kerry Mills, an experienced actor who received his training at the Banff School of Fine Arts, the University of Manitoba and the Mime School Unlimited of Toronto, and Kirk McMahon who graduated from the theatre course at Brock University, St. Catharines, shared their enthusiasm with the crowd. The audience helped good triumph over evil by telling the heroes where the villain was. At one point, pre-schooler who was watching walked onto the set. Actors in plays for children have to be prepared for anything!

The play was brought to the school with the profit from our monthly Hotdog Day and a 75¢ charge to each student. This play will later be performed in Scotland by the same actors. Break a leg, Kirk and Kerry!

Girl's Floor Hockey team makes it to the Finals

By Jocelyn Wylie & Yvonne Grin

On Saturday March 31st, the South Cavan Girls Floor Hockey Team took part in a tournament at Kenner Collegiate. The first game against Edmison Heights was won 6-3. Next they played Ridpath and lost 6-3. The third game, against Queen Elizabeth was also lost 7-2. South Cavan made it into the semi-finals by one point. In that game the team beat Warsaw 3-0. This put them in the final game which they lost 4-2 against Queen Elizabeth.

Special thanks to the coach Mrs. Bark-Templin and congratulations to the team. Also a special thanks to the timers.

South Cavan choirs compete at Peterborough Kiwanis Festival

The after noon Kindergarten Class of Mrs. Bark-Templin sang at the recent Kiwanis Music Festival in Peterborough. They sang "The Little Frog" and tied for first place with the 5 other entries.

Under the direction of Mrs. Lillie Robinson, the Grade 1 Choir sang "Mrs. Jenny Wren" and placed 1st with 88 marks competing against 7 other entries.

Mrs. Robinson also directed the Primary Choir, made up of students from grades 1-3, to a successful 2nd place finish with 88 marks. They sang "Bessy the Black Cat" and competed against 7 other entries.

Congratulations to all those who participated. A job well done!

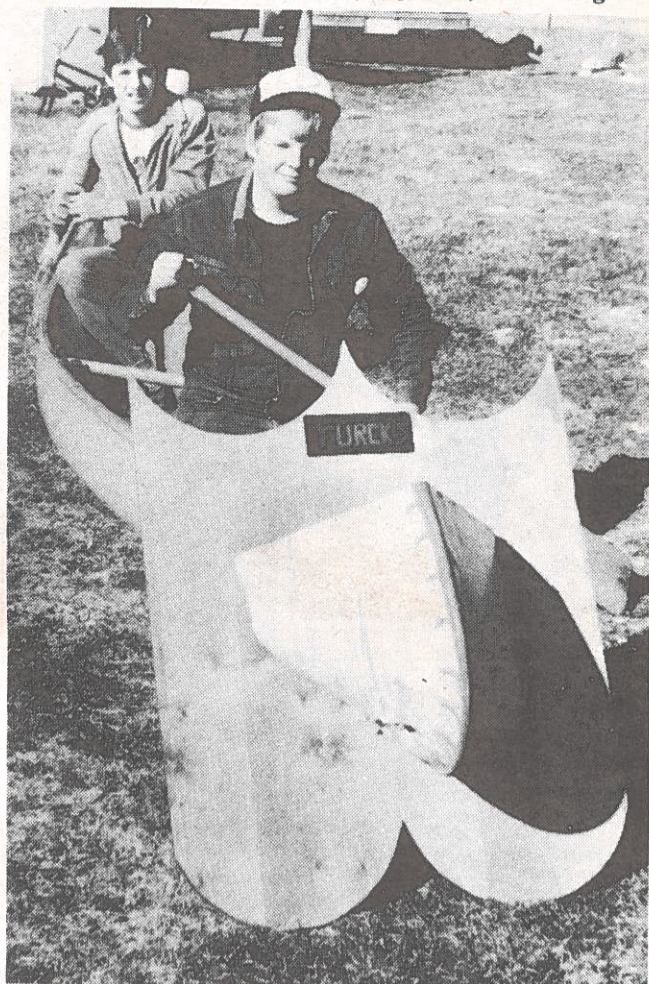


Photo by Wayne Eardley
Winners in their division, Paul Buck and Rick Kennedy show off the craft they paddled in Port Hope's Annual Paddle Your Fanny down the Ganny race held April 8.



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NOTICE

All interested persons are invited to participate in an amateur talent contest in honour of the Bi-Centennial year on Friday, June 1 — 7:30 p.m. South Monaghan Public School, Bailieboro Prizes to be awarded for 1st, 2nd and 3rd place winners overall.

For further information please call 939-6887 or 939-6095 evenings.



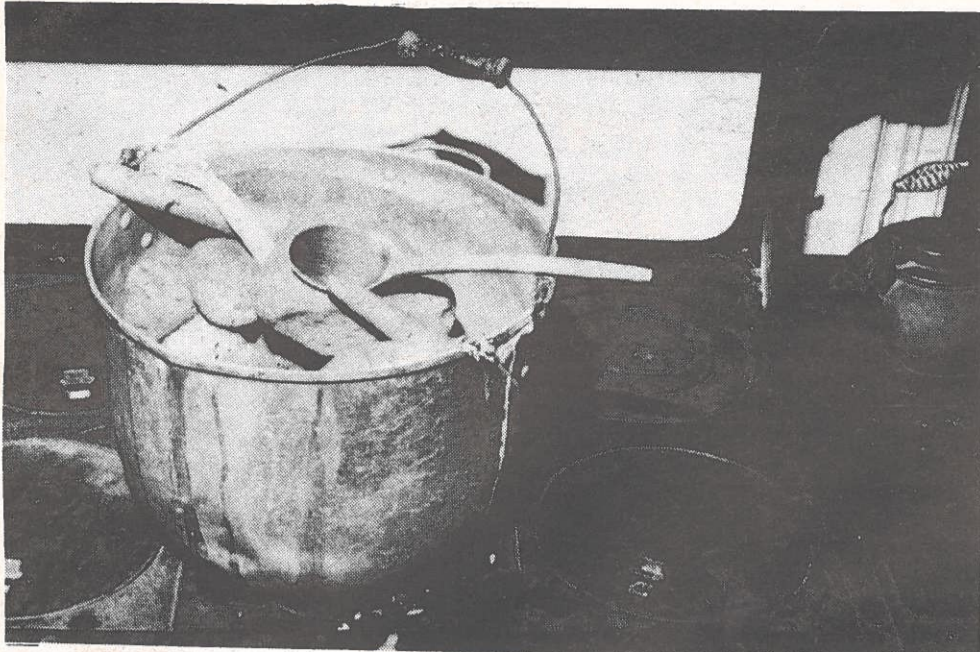


Photo by Wayne Eardley

STONE SOUP

The amazing (but true) story of the Stone Soup

By Evelyn Raab

It has recently come to my attention that certain people have been wondering about the strange name I use for my column, Stone Soup. It has been taken from a true story which I will tell once and for all. So listen good.

Many, many years ago a dishevelled traveller happened to arrive in the remote little village of Millbrook, quite by accident, totally penniless and extremely hungry. (Now, this happened really a very long time ago and there are probably none among

us today who were around back then, so don't go interrogating your neighbors about this). Anyhow, this poor stranger had been on the road for several days and looked very disreputable, although he probably wasn't nearly as nasty as he appeared. However, Millbrookites at that time were unaccustomed to such sights and wanted little or nothing to do with this slimy looking character who had arrived downtown and decided it would be advisable to encourage him to move

along rather quickly to—oh, Peterborough or at the very least Baileboro.

Now as I said, Delbert (that was his name, Delbert Fudgebetter) was very hungry but quite penniless so he had no choice but to start knocking on doors to see if he could scrounge up a meal. No dice. At the first house he was told that tomorrow was shopping day and unfortunately they were down to their last fish stick. Another resident said they were all on diets and had nothing in the house except two containers of lowfat boysenberry yogurt and a can of Diet 7-Up. Yet another claimed to be housing a gluttonous brother-in-law who had eaten them out of house and home.

This obviously wasn't working. Delbert decided he had to use another strategy (luckily he is not easily discouraged, having just left a promising career as a Kirby salesman). "Oh well, I guess I'll just have to make myself a pot of Stone Soup," Delbert announced in a voice loud enough to be heard by anyone peering out of a nearby window. And off he went. Followed by about half the neighbourhood kids. First he found a big old cast iron pot which was lying around behind the old mill. Then he set about building a good fire and filling the pot with water. Next, much to the amazement of the growing crowd of onlookers (who were trying desperately not to look like onlookers) Delbert found three medium size stones which he dropped into the boiling soup pot.

"These ought to do nicely. The stones, you know, must be just right, not too fat, not too small. Oh, if only" Delbert said, "if only I had a few carrots, what a difference it would make. But never mind, I'll do without." In a few minutes a small boy arrived with some carrots which he said he found at the back of the root cellar. Delbert gratefully plopped them into the pot. "It's too bad there are no potatoes," he sighed, "Stone Soup really ought to have potatoes. Oh well, it isn't absolutely necessary." Soon a little girl appeared with a handful of potatoes for the soup. "Now this is going to be a wonderful soup! Imagine how much better it would be with a bone and a few onions." An old lady, attempting to appear casual, handed Delbert a bag and said, "I just happened to notice these onions and this bone lying around the kitchen. Maybe you could use them." Certainly he could! And into the soup they went.

After a while the word spread around town that there was this strange character making Stone Soup ("Can you imagine, Martha?") out by the pond. Their curiosity overcame their suspicion and soon there was quite a chummy little group sitting around the bubbling pot talking to Delbert about soup, the different sorts of stones, selling Kirbys, gluttonous brother-in-laws, and the price of chicken feed this year. Finally Delbert stood up and announced, "The Soup is ready and since there is such a big pot of it I would be happy to invite everyone in town to join me for dinner!"

The townspeople enthusiastically accepted the invitation and arrived for the meal carrying loaves of bread, big bowls of salad and someone even brought an enormous roast. After all, a wonderful soup like that deserves a few side dishes. It was a marvellous feast and everyone thanked Delbert for inviting them. "I would never have guessed," someone remarked "that you could make such a delicious soup using just a few stones."

For those of you who happen to have a few other ingredients hanging around the house, you can make some even more marvellous soups.

Fran's Lentil-Orange Soup

4 oz. red lentils
1 big or 2 med. onions, chopped
1 med. orange, rind finely grated and juice squeezed out
1 lb. tomatoes, roughly chopped, white bits cut out
3 Cups Chicken Stock
1 med. stone, peeled (optional)
2 med. carrots, chopped or grated
Put a little oil in a big frying pan and heat gently. Add onions and stir until

transparent. Add dry lentils, carrots and rind *only* of orange and stew gently, stirring once or twice for about 8-10 minutes.

Transfer to a deeper pan. Add the tomatoes, the chicken stock, the stone, a big bay leaf and some salt and pepper to taste. Bring to the boiling point and simmer, covered, for about 45-60 minutes until the lentils are cooked and mushy. Check seasoning and remove bay leaf and stone.

Put through a food mill or puree in processor and add orange juice.

Can be eaten hot or really cold. Nice with croutons or a dollop of sour cream or yogurt.

George's Famous Kartoffel Soup with Paprika

As a graduate of the "Freezer to the Table in 10 Minutes or Less" school of cookery, George is well qualified to submit this peculiar recipe which actually tastes better than you might suspect. The measurements are highly approximate.

1 onion, cut up and roasted golden in a little oil
1 garlic clove, munched
1 soup spoon of flour, turned in a little cold water
Add warm water (about 4 cups)
Throw in diced potatoes (about 3, he says)
Caraway seeds (some)
Bay leaves (1-2)

3 small stones, washed (optional)

Cook twenty minutes. Sprinkle paprika on top. Remove stoves before serving.

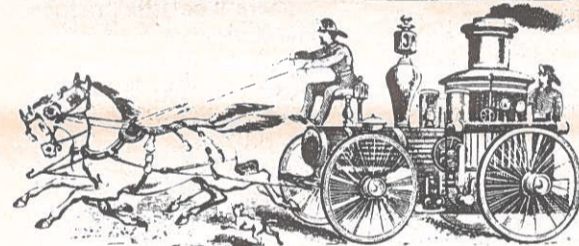
Emergency Onion Soup

Yaack! Aunt Mildred has decided to stay for dinner and you had been planning to serve hot dogs. You want to appear sophisticated and besides you've told her you never eat that junk. Onion soup, some decent bread (skip the Bambi White) and a nice salad will surely impress Aunt Mildred who would probably have been eating hot dogs at home anyway.

3 onions, sliced thin
3 T butter
6 C beef broth
1 med. stone (optional)
Salt, Pepper
4 thick slices of bread, toasted
1 Cup grated cheese: Gruyere, Swiss or Mozzarella

Saute the onions in the butter until brown. Add the stock, salt and pepper, the stone, if you're using one, and simmer over a low flame, covered, about 20 minutes. Remove stone.

Put into 4 ovenproof bowls. Place a slice of bread on top of each bowl, cover with cheese, and put in a 350° oven for 10 minutes. Put under the broiler the last minute to brown the top.



Keep calm and follow these instructions

By Steven Fair

Greetings again from the Millbrook Cavan Fire Department. This month I would like to start my article at the start, i.e. what happens when you pick up the phone in the event of a fire.

After dialing 932-2611 the phone call is automatically switched to Peterborough Fire Department. This should not alarm you as there are men and women manning the activation system in Peterborough Fire Hall 24 hours a day. When the call is received it is recorded and we are then dispatched via radio waves that set off pocket pagers which the firemen carry on their person. The Pagers tell us where the fire is and we respond accordingly.

I can't emphasize the importance of calm and clear instructions when reporting the fire. These instructions should give Lot and Concession numbers, Township line, and quarter line if applicable; also Locator numbers for South Monaghan; who you are and type of fire—grass, barn, house, car, chimney, etc.

If possible a person should stand at the end of the driveway to show us in to the fire location. All

vehicles should be well out of the way so that fire trucks can get to the scene and leave for water when needed. If these instructions are carried out it will enable us to extinguish your fire much more quickly with less property loss.

Well, the spring is finally upon us and I would like to point out how dangerous and expensive grass fires can be. Every year we have numerous grass fires that get out of control and destroy property and buildings. Thank God no one has been killed to date from the lighting of these fires.

There is no safe way to burn grass. On the calmest day with no wind, when you might think it is safe, it is NOT. Grass fires generate their own wind and a small fire will rapidly escalate to a fire out of control. Please do not light these fires. From a monetary view there are by-laws passed by our councils to fine fire lighters up to \$500.00 per fire. Every time we open the doors of our firehall and get the men and trucks out it costs the taxpayers. This is an expensive way to get rid of a little grass you should have cut last year.

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Sunday - Christian Education 9:45 a.m.

Worship - 11 a.m. & 7 p.m.

Everyone is welcome



PONTYPOOL NEWS

Pontypool Keenagers Auction coming up in May: cast-offs become treasurers.

By Nettie Aiken

Greetings, neighbours. I wish all of you a very blessed Easter. Later on in this column, the special church services will be outlined for you.

The afternoon nursery class had a field trip to Oshawa airport on March 9th. The children were thrilled with the outing. They went to McDonalds first for lunch. At the airport, they went into a small plane, saw a mechanic, watched a plane take off and also saw the hangar. The class was back in Pontypool in time for the regular closing at about 3:00 p.m.

The Keenagers' auction will be coming up in May. Anyone wishing to donate or consign their "cast offs" please keep this in mind, as it may very well be someone else's treasure. For more details phone Mervin and Dorothy Bowins, 277-2347.

Some of our Keenagers are getting away from it all. They are taking a trip down to Nashville for five days over the Easter weekend. We all wish them a happy excursion. Betty Morrison, Ruby Malley, Earl, Nancy and daughter, are also going there at the same time, but independently of the Keenagers.

Some interest has been expressed in restoring the bell to the tower of the church. There seems to be something special to hearing a bell ring the people to worship.

The jackpot was given out at the March 20th Bingo. The fortunate winner was Mrs. Mary Finney of Bethany. We thank all those who work hard to give us an evening of fun.

One of Pontypool's businessmen runs an abattoir on the first concession. He is Niel DeKoker and his establishment goes by the name of DeKoker Meat Packers Ltd. All meat is guaranteed and cut to customer specifications. While you are waiting for your order you can even have a cup of coffee. The staff is efficient and friendly and courteous at all times. What is even better, prices are reasonable.

The Rev. John Lindsay wishes me to remind you of the services taking place at Easter. There will be a 7:00 p.m. Communion Service on Maundy Thursday, April 19th. This is to commemorate the actual night that Christ ate the "Last Supper" with His disciples. Good Friday services will be held at the regular Sunday hours of worship, and then comes of course the climax of the whole church year, when we celebrate the Resurrection of

Christ on blessed Easter Sunday morning.

For animal lovers is a short tale given to me by the Wilsons. It seems that they were riding along Highway 35 with Curtis and Reta McKay near Larry Bradley's residence when the southbound traffic was stopped because of a dark coloured police dog standing close to the centre line. He was very busy with one front paw. A mouse was very determined to cross the painted line and the dog was trying to stop it. After several unsuccessful attempts the mouse went over to the west shoulder of the highway. Then the traffic began to move once again. Man's "best friend" seems indeed capable of performing intelligent, lovable deeds!

Mrs. Reta McKay visited with her son Bryan in Owen Sound, from February 29th to March 4th. Yvonne and Cliff Fallis spent a week, March 6th to March 13th, with Lloyd and Hazel Fallis in DeLand, Florida. They also saw Mrs. Jim Curtis holidaying at her trailer home in DeLand.

Grace Fallis is now home from her special trip to California and her granddaughter Angela was delighted. The weather was good and they enjoyed tours of the traditional places of interest. On the flight down, the plane passengers enjoyed a beautiful view of the Grand Canyon.

Get well wishes go to a number of sick friends around the area. With eye problems are Lena Kellett, Harold Wilson and Louise Stacey. Gerald Fisk and Bill Strong are both seriously ill. Roy Strong is now home recovering from surgery. We are happy that Bill Verkrusen is feeling much better and hopes to be back at work soon. Kevin Bryant has had good results from his leg surgery. Marg Murphy is home following an operation on her feet. Pam Molloy is also at home after a short stay in Peterborough Civic Hospital. Please pray for all of these and do let me know of any that should be remembered.

Our sympathy goes to family, friends and neighbours recently bereaved by the death of Mr. George Britton. He is to be buried in Pontypool Cemetery in the spring.

There was a Tupperware Party on March 5th in the church basement to raise money for the three girls going to Switzerland. These girls were excellent hostesses. Demonstrating was Mrs. Diane Medd.

On Wednesday, March

21st, there was a special evening for the 2nd Manvers Guides and Pathfinders, also in the church basement. Shelley and Sherri Cail received their all round Cord Pin. Susan Haines of the 2nd Manvers Pathfinders was enrolled. Also Sherri Cail advanced to the 2nd Manvers Pathfinders Unit. We thank the Pontypool Fire Department for their donation towards the three girls going to Switzerland.

Mrs. Medd and Mrs. Muirhead handed out prizes to the girls who sold Tupperware on March 5th.

Brad and Carol Diehl of Kenora, son and daughter-in-law of Warren and Vi Diehl living in the subdivision had their dog, Murph, inducted into the Purina Animal Hall of Fame at the Sportsmen's Show on March 22nd. Murph received this honour for saving the lives of many people when their apartment building caught fire. He awakened his owners who alerted the occupants.

Happy birthday, Ron and Don. Grace Fallis and family were at a special birthday party in Oak Ridges on the occasion of the 40th birthday of her twins, Sunday, March 25th.

On Thursday, March 22nd, was held the first of four scheduled worship-through-films evening. There was an excellent turnout, despite the weather, and we thank all who attended. The minister opened with prayer, introduced the film, "The Dancing Prophet", offered a passage of scripture which tied in with the film, and closed with prayer, encouraging the congregation to proceed downstairs for light refreshments and discussion. He then ended the evening with prayer and the benediction. A free-will offering was taken to go towards the general funds of the church as well as to defray the cost of the film.

The theme of the film was using the special gifts that God has given each one of us in His service and giving Him all praise and glory. The Lord will open up avenues of ministry. An important thing is the "Art of Touching". A sub-theme was how to solve the problem of father-son conflict. It was a fairly short film but very thought provoking.

In closing I would like to thank many of you for contributing various items of news. Please keep it up. We want to picture Pontypool as a very important village making its influence felt in the whole surrounding area.



Blood Donor Clinic coming to Millbrook

By Jim Liston

The Canadian Red Cross is a familiar organization to many of us due to its role in Blood Donor Clinics, swimming classes, nursing and homemaker services, as well as through its equipment lending service.

We are fortunate in our community that we have had such an active local society. Fern Cook and Leo Fallis of Millbrook supervise the distribution of and arrangements needed for medical equipment in the home. If any person in this area needs some aid to assist their living at home, the Red Cross should be alerted, as they may be able to provide the appropriate device, rather than you going out and spending your money on a device that may prove to be unsuitable.

To help those needing assistance at home, the Home Care Programme, which is well established in the Peterborough area, offers nursing and occupational therapy assessments in the home. Staff can make suggestions as to railings, bathroom aids, handles for doors, cupboards, etc.

Finally, the contact with the Red Cross we all know about but perhaps don't



Photo by Gord Mitchell

I'm only here for the beer....

patronize as we should in the Blood Donor Clinic usually held twice a month in Peterborough. Of course it's difficult to get into the city during those hours - excuses are many.

But now that major excuse of inconvenience has been pulled out from under us. The Red Cross has agreed to have a clinic in Millbrook on Wednesday, August 8 at the Legion Hall from 1-5 p.m.

Now, you say, that's a ways off - it is, but it is important to let those of you who are eligible to give

blood know so that you plan to give not later than the May clinic so as to be able to participate in the August one in Millbrook.

If the Clinic here is successful, we may be considered for more frequent clinics throughout the year, and eventually, if support merits the effort, a regular clinic each month. This is not a promise from the Red Cross, but rather a possibility which we can endeavour to make a reality with an exhibition of our community spirit and generosity.

**EASTER
HAM ROLL
SAT., APRIL 21, 1984
8:00 p.m.
Millbrook
Community Centre
(Upstairs)**



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Letters to the Editor continued from Page 4
Raise your Voices

It seems so simple when I explain it to my children. We take away a bomb, they take away a bomb. And I wonder why it can't be that simple.

It appears that we are burdened with governments that seem unable to serve the people: be it a democratic or communistic system, we all seem powerless to change the state of the world we live in. We have become so sophisticated, so full of pomp and circumstance, that any change requires years of going through the complicated convolutions and layers of bureaucracy.

Who is running this show, and what can they be thinking? The earth has become a time bomb. And yet surely we all want the same thing—a healthy, peaceful world, love and laughter with our family and friends?

I know we are all busy with our lives, taking it for granted that things will continue as they always have. But are you aware of the facts and figures concerning nuclear armament? It is overwhelming! And we feel so small and helpless. Besides, we just can't imagine that anyone would be so foolish as to actually start a nuclear war. But it isn't war I worry about as much as the possibility of accident. A technical malfunction, and it *does* happen. Take a moment to consider it.

Nuclear weapons are the modern monsters that threaten to destroy us. But we are the controllers.

We must join together, both in groups and individually, to pray, cry, shout, chant, sing, demand, or plead for disarmament. Sign petitions, write to heads of government,

or join awareness groups. Make yourself heard somehow.

I recently wrote to Hugh McLellan of the Peterborough County Board of Education concerning the fate of Millbrook High School. In reply, I received a personal phone call assuring me that all our letters are read and taken into consideration. It gave me hope and faith that our voices can be heard. So please, raise them!

N. Robinson

Red Cross Annual Meeting

The Cavan-Millbrook-South Monaghan branch of the Canadian Red Cross held its Annual Meeting at the Cavan Community Hall on Monday, April 16, starting at 8 pm.

Guest speaker at the event was Anne Munroe, chairman of First Aid for the Peterborough Branch of the Red Cross.



Dog owners urged to control their pets— Rabies in the area

With the recent rabies tragedy in Smith Township, where a small brush wolf went on the rampage, killing livestock and pets, causing others to be put down, and yet more to be quarantined, the problem of family pets, particularly dogs, running loose again comes to the fore.

Robert Aubry, by-law enforcement officer for the village of Millbrook, reports that wolf hunters are being particularly active and vigilant, and that it is not uncommon for a domestic dog to be shot in error. He reports that of approximately 80 'wolves' shot recently in the Omeme area, only a few in fact were found to

actually be wolves. The rest were strays, dog-wolf crosses, and pets.

He therefore urges owners to keep their dogs under control. Aubry also stresses the importance of dog tags as identification for lost or stray animals picked up. Unidentified animals have to be sent to the Humane Society in Peterborough where their fate is uncertain.

By-laws concerning the control of dogs are made for the safety and security of the pet and its owner. With the incidence of rabies so prevalent in our area, Aubry emphasizes the importance of keeping dogs close to home and under supervision.

St. Jude's Research Hospital to hold Bike-A-Thon in Millbrook

The Central Regional Office of St. Jude Children's Research Hospital announced today that Mr. Ernie Doig has agreed to chair the St. Jude Children's Research Hospital Bike-a-Thon in Millbrook.

St. Jude Children's Research Hospital was founded by entertainer Danny Thomas. The institution opened its doors to the public in 1962 to combat catastrophic diseases which afflict our children. St. Jude Hospital is non-sectarian, non-discriminatory, and provides medical care to over 4,200 patients.

At St. Jude, scientists and physicians are working side by side seeking not only a better means of treatment, but also the causes, cures and prevention of these terrible killers.

All findings and information gained at the hospital are shared freely with doctors and hospitals all over the world. Thanks to St. Jude's, children who have leukemia, Hodgkin's disease, sickle cell anemia, and other child killing diseases now have a better chance to live.

The Bike-A-Thon program is dedicated to "Terry". Terry was diagnosed with leukemia in March of 1978, and began treatment at St. Jude Children's Research Hospital. Today, she is well and off all medication. Terry is a living example of the progress and success of the research, patient care, and educational programs of this internationally recognized hospital.

The funds raised in the Bike-a-Thons this spring will help assure the continuation of the life giving work at the hospital.

The concern which Mr. Doig has for the work being done at St. Jude is greatly appreciated. The children hope that the citizens of Millbrook will wholeheartedly support the upcoming Bike-a-Thon.

Empey Donates time to non-profit Housing Association

At the most recent meeting of the Millbrook Non-Profit Housing Association, it was decided that the wages of the secretary-treasurer would be paid by the Association, and that the book work would be done by the secretary-treasurer on her own time and not during Municipal Office working hours.

CAVAN, MILLBROOK, SOUTH MONAGHAN COMMUNITY CENTRE BALANCE SHEET AS AT DECEMBER 31, 1983

ASSETS		
	1983	1982
Cash	\$ (8,939)	\$ (5,251)
Accounts receivable - other	9,056	6,519
Due from municipalities	8,276	7,578
	<u>\$ 8,393</u>	<u>\$ 8,846</u>
LIABILITIES		
Accounts payable - municipal	\$ 2,000	\$ 2,000
- other	3,751	6,789
	<u>5,751</u>	<u>8,789</u>
ACCUMULATED NET REVENUE	2,642	57
	<u>\$ 8,393</u>	<u>\$ 8,846</u>

OPERATING ACCOUNT STATEMENT OF REVENUE AND EXPENDITURE FOR THE YEAR ENDED DECEMBER 31, 1983

	1983	1982
ACCUMULATED NET REVENUE, January 1	\$ 57	\$ 2,512
OPERATING REVENUES		
Ice Rentals	62,033	59,434
Arena & auditorium rentals	7,626	6,375
Public admissions	991	2,554
Canteen sales	7,080	13,821
Other	7,080	13,821
	<u>92,081</u>	<u>106,821</u>
OPERATING EXPENDITURES		
Salaries and benefits	46,786	50,976
Repairs and maintenance	11,148	8,139
Operating supplies	1,937	4,677
Hydro, fuel, water & sewer	19,861	18,312
Insurance	5,399	5,694
Telephone	912	861
Advertising	560	663
Office expenses and travel	3,657	2,892
Equipment purchases	-	1,605
Canteen purchases	10,909	20,949
Other expenses	4,104	7,086
	<u>105,273</u>	<u>121,854</u>
OPERATING DEFICIT	13,192	15,033
LESS MUNICIPAL SUPPORT		
Township of Cavan	6,311	5,031
Village of Millbrook	6,311	5,031
Township of South Monaghan	3,155	2,316
	<u>15,777</u>	<u>12,578</u>
ACCUMULATED NET REVENUE, December 31	\$ 2,642	57

PROBLEMS? Need Advice?

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Write Dear Gabby, The Millbrook Highlighter, P.O. Box 220, Millbrook, Ont. L0A 1G0.

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Whitewater Excitement in a Voyageur canoe

Photo by Glenn Fallis

PROFILES

A challenging craft

By Fran Fearnley

If you were travelling in Alaska and were asked, "where do you live?" and you replied, "The Millbrook area," your Alaskan enquirer just might say, "Oh, I've heard of Millbrook." Sound improbable? Well it isn't. There's one local industry which has put our community on the map for outdoor enthusiasts right across Canada, through much of the United States and as far away as Australia.

The Voyageur Canoe Company, a familiar landmark since 1969, has through the dedication of its owner Glenn Fallis, earned an international reputation for the construction of quality hand-built canoes. The success story began in 1967, when Fallis was selected as sternman for the 3280 mile Cross Canada Canoe Pageant which was a part of Expo' held in Montreal. "I guess I got into this business by accident," comments Fallis. "We looked around for the perfect canoe and found some which were the right shape but the wrong weight and others which the right weight but the wrong shape, so we decided to build our own." The result was a new type of construction, a canoe with a fibreglas rib structure which was then also laminated in fibreglas. A remarkably light and extremely strong craft was born.

At that time canoeing was no more than an absorbing hobby for Fallis. He was taking an engineering degree and when he graduated planned to go on and study

marine biology. But he and his partner decided to first try and recover the money put out to build the mould. "You see so many people kept ordering these canoes, with fibreglas ribs, that well....we're still making them. I never did get back to University!"

As with any first-rate craftsman, Fallis was not content to reproduce one style using one technique. Voyageur offers several hullshapes, depending on the size of the canoe—which range from 12 to 36 feet. The round bottom is ideal for general purpose tripping; the shallow arch for river work and medium length trips; the flatbottom for hunting and fishing; and for group travel there are beautiful replicas of eighteenth century furtrade style canoes. The weight and durability of the canoes are determined by the materials used. Fallis has continued to experiment and has come up with several different processes, though the exact combinations are rather like secret recipes.

The new canoeist with no technical knowledge has nothing to fear, however. Fallis believes in giving a potential customer as much information as possible. "I wouldn't buy a car without driving it, so I wouldn't expect anyone to buy a canoe without trying it our first. I also suggest that people look around, go to other canoe builders and compare, before they make a decision." As

you're looking at an investment of anywhere from \$500 to \$8,000 you have to be sure you get what you're looking for.

Fallis admits that his canoes are expensive, but explains that the construction techniques are labour intensive. No short cuts are taken. All the materials are hand laid. They are designed to last. The true test being that owners can often sell their Voyageur canoes five years later, for more than the original purchase price.

It's a seasonal business. Not, as one might expect, because people tend to buy when the weather is warm, but because the Epoxy and Kevlar Fallis uses, are sensitive to moisture. So as the humidity builds, production stops. December to June Voyageur hums with activity. The summer and fall are reserved for repair work and as the pace slackens there's more time to devote to another side of the business—the canoeing school.

Fifteen years ago Trent University and Lakefield School asked Fallis to set up a white water canoeing course. It was one of the first of its kind. Since then, he and a number of other leading teachers, have been instrumental in getting together with Canoe Ontario to set up instruction standards and establish levels of proficiency. Now every summer the Voyageur school offers moderately priced courses in different locations, designed to accommodate the individual canoeist's specifications.

And as if all this were not enough to keep Fallis busy 365 days a year, he has yet one more canoe-related interest. "Collecting canoe companies is another of my hobbies, particularly if they have an interesting history or if their construction processes are unusual." So far he's purchased Rice Lake and Pinetree (in Orillia) canoe companies. He was fascinated to discover that Pinetree had evolved very similar techniques to those used at Voyageur, without their having been any contact between the two companies.

It's somehow appropriate that this historic community is home to a flourishing business, which though firmly established in the 20th century, still preserves the traditions of quality and craftsmanship which belong to another era.

ATTENTION CANOEISTS! If you're interested in:

- Receiving information on canoe courses
- Applying as a volunteer team member for canoe races to be held in different locations in Ontario this summer
- Finding out more about Voyageur canoes

please contact The Voyageur Canoe Company, King St. Millbrook, Tel.: 932-2131.

A Pastor's Perspective

What could be 'Good' about Good Friday?

by Rev. Lorne Trimble

How strange, we call it "Good" Friday! The foulest crime in human history was carried out on that day. Those who killed Jesus intended His death to be permanent. They were not experimenting.

"Crucified"! No death was so thorough; no shame so complete. First, there was the scourging, called the 'little death'; which preceded the 'big death'—the Crucifixion! The scourging post was 2 feet high with an iron ring placed close to the top or each side. The victim's clothing was ripped away so that he bent naked. Professional Roman lictors were trained in the brutal art of scourging and could beat the prisoner until only a spark of life remained. The wrists were firmly shackled to the iron rings with the victim stretched facedown with his legs and feet away from the post.

The Roman scourge was called a 'flagra'; a short handled whip consisting of several thin, iron chains which ended with small weights. The moment was tense. The first blow of the flagra was cruel. The body became rigid. The muscles knotted in tormenting cramps. Blood drained from the face, and the lips were drawn tight against the teeth. As the whip came down, the chains cut across the back. Each link cutting through

the skin and deep into the flesh as the weights dug into the ribs and bitingly curled about the chest.

When a man was scourged, there was pain beyond the endurance of pain. Sweat poured from the brow and stung the eyes. With each stroke of the flagra, the victim's body twitched. Only Jesus, the Son of God, could have held back the high pitched wails of excruciating agony.

Under Hebrew law, the strokes of the flagra were limited to 39. There was only one rule for the Roman lictors scourging a

man to be crucified: he must not die! A spark of life must be sustained for the agony of the Cross. The limp body was cut away from the scourging post, his wounds were washed, but not medicated. Then as he was paraded to the execution place, Roman politicians always like to make examples of condemned men.

A Centurion usually served as executioner. As 4 soldiers held the prisoner, the Centurion placed a 5 inch spike in the centre of the palm of each hand.

Cont. on Page 16

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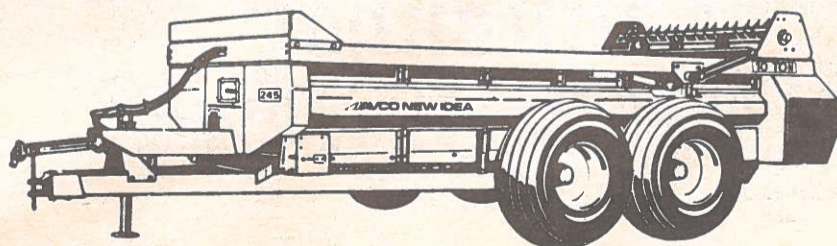
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Photo by Jamie Richards

Legionaires receive awards March 23

Legion honors with awards

By Doris Ingham

Perhaps awards in appreciation of good work done by many members in restoring the upper clubrooms dominated the honors and awards night of Br. 402 of the Royal Canadian Legion on March 23. But there were others.

Ruth Farr, herself zone Honors and Awards chairperson, was presented with a plaque to the memory of her late husband, Company Quartermaster Sergeant Charles Farr. Keith Blair, who made the presentation, had mounted the Quartermaster's shoulder badges with an inscription plate bearing Charles' name on a wooden plaque. Lloyd Slack, the president, told Ruth she might place the plaque wherever she wished: it may go in the showcase in the entry to the hall.

Assisted by branch chairperson for Honors and Awards, Margaret Dew, Ruth Farr presented Herbert Cardwell with his 35-year pin and Bill Brooks with one for 15 years.

Ralph Rombough, who had given a clock for the restored clubroom, was presented with a brass inscription plate to go on the clock. Plaques went to the branch listing the names of all who had contributed labour to the restoration project and to the auxiliary for supplying money and serving meals to the workers. Certificates of merit were presented to Brent Dawson, chairman of the Renovation Committee, to Allan Earle, supervisor, and to John Dike, electrician.

New life members who received sleeve flashers were Walter Challice, Ruth Farr, Lyle Nattress, J. H. Raper, Russell Reid, and Hector White. Arnold Armstrong is also to be presented with this honour.

New members inducted into the branch included Margaret Rombough, Tim Rombough, Carrie Rombough, Lynda Rose, Victor Norsworthy, Leo Mowers, and Robert Powell.

Following are the names appearing on the plaque to the branch in appreciation of volunteer labour given in the restoration project:

Brent Dawson -- Committee Chairman
 Allan Earle -- Supervisor
 John Dike -- Electrician
 Gene Bull -- Plumber
 Reg Sloan
 Ralph Rombough
 Buck Raper
 Walter Challice
 Bob Peers
 Rex Park
 Russ Reid
 Orville Thertell
 Vert McMahon
 Keith Blair
 Don Corfe
 Ron West
 Keith Morden
 Bob Carr
 Bill Brooks
 Gerry Martin
 Dan Maebrae
 Terry DeMille
 Ernie Youngman
 David Jones

Lloyd Slack
 Bill Bellanger
 Tim Rombough
 Rod Dew
 Art Small
 Robert Sanders
 Don Stevens
 Lyle Nattress
 Roy Seoney
 Marg Baker
 Wendy Slack
 Steve Fair
 Ivan Challice
 Bob Lunn
 Jim Martin
 Ted Dew
 Ted Buck
 Austin Worr
 Ron Fallis



Learning when not to teach!

By Dr. Terry Hawkins

I love teaching. It's a fabulous type of work. Sure, it can get frustrating, but so can any job. On the other hand, where can one get the fantastic personal reward of working with young people and knowing that you have the opportunity to help the next generation for the better?

One of the features, or maybe it's a kind of danger, for teachers is that they tend to be teachers at home as well as at school. As a teacher, one tends to turn many things into a lesson for one's own children, and that can have both its rewards and problems. Needless to say, I do a bit of teaching at home with my children, and I have had some real success. I have also had some notable disasters, too! Probably one of my most outstanding disasters was teaching my daughter to drive the car. In true pedagogical manner we talked about rules of the road, and I asked questions like a good father should to be sure all would be safe for the first "in car" experience. Most of the lessons ended up in some sort of argument, with my daughter thinking of me as some safety conscious nut who was never going to let her take the car out of the lane.

Well, one day I said to my daughter, "Let's go for a drive." I was feeling really relaxed and, when my two youngest boys asked if they could come along for the ride, I said, "Why not". We headed out into the country looking for a quiet,

traffic-free road, which we found a couple of miles out of town. That's when I let Janet drive. She really surprised me. She had a good sense of the car and I was really impressed. Then it happened. The car spun on the gravel and we headed for the ditch. We went down one side of the ditch and up the other, through a fence, and started out across the field. We ended up perched on a rock in a field with the engine disintegrated and smoke pouring out all over. No one was hurt; Janet was certainly startled, to say the least. I was more than a little up tight, and the boys were laughing and asking if we could do it again.

It was really embarrassing. A little crowd appeared from nowhere to marvel at how this situation could develop. The tow truck operator said he had never seen the like of it before on a quiet, level road under perfect conditions. The car was a mess and not remotely worth fixing, so I sold it on the spot for twenty-five dollars to one of the spectators and we went home.

Janet took some commercial driving lessons shortly after I had given her the first lesson. She was most successful. Maybe the shock of that initial lesson made her realize how quickly disaster can strike the unwary. It certainly taught me that there are some things that I, as a parent, had best leave to others to teach my children.

Music Notes

Composer factories not the answer

By George Ingham

I am never terribly impressed to hear that this or that musical composition has just won the Pulitzer Prize or the New York Critics' Circle award. Will this composition be around in three hundred years to delight our souls and stimulate our emotions? Probably not. In music as in many other fields, the experts are often wrong!

Consider that it took one

hundred years for the good gurglers of Leipzig to realize that the Kappelmeister effusions of the Johann Sebastian Bach might possibly have more than ephemeral value. That a top Viennese critic, one of the experts of experts, seriously questioned in an early performance of the Tchaikowsky Violin Concerto, if this might not be music that "stank to the ear". That it

took 150 years to realize that the musical message of the obscure Swede Franz Berwald might have something to say to the entire world. That the music of Dane Carl Neilson might have equal value with that of his friend and great Finnish contemporary, Jean Sibelius.

In Canada we have "the older Toronto school", "the younger Toronto school", "the Montreal school". Now don't you suppose that it is just possible that someone working quietly away by himself, and not one of the products of one of these "composer factories" might be producing the true Canadian music.



A Pastor's Perspective-Cont. from Page 15

The wounds sent fire through the arms! The pain in the back and arms, hands and feet was endless! The pain intensifies. A small projection known as the 'sedile' fitted solidly under the crotch. A spike was driven through each foot. Surely, it was a death not reserved for slaves, thieves and traitors.

The Scripture tells of the suffering Saviour: "He is despised and rejected of men, a man of sorrows, and acquainted with grief, and we hid as it were our faces from him: He was despised and we esteemed Him not. He was wounded for our transgressions, He was bruised for our iniquities; the

chastisement for our peace was upon Him, and with His stripes we are healed." (Isaiah chapter 53.)

Jesus cried, "I thirst!" His lips were dry—His mouth parched. His body feverish—His blood hot; yet, water was denied Him. His tongue thickened—His hands and feet swelled. It was impossible to turn and change position. Muscles twitched as one by one the back muscles gathered in tight knotty cramps. The agony was beyond endurance. Each hour seemed an Eternity!

HOW GREAT GOD'S LOVE! Man, being cursed, bound in slavery to sin and Satan and under the wrath of God, doomed to

eternal punishment; but, God intervened! He, by a miracle, planted the seed of life in the womb of a virgin, and so sent His Son into the world to become flesh and blood like the rest of us. After completing His earthly ministry, He took upon Himself all the sin, the guilt, the curse, the condemnation, and paid the penalty for it all on the behalf of mankind. God in His Justice had passed the judgement and pronounced the sentence. Now God in His Love has paid it all in Himself—"that whosoever believeth in Him, should not perish, but have everlasting Life." (John 3:16). This is the purpose of the Cross! This is why we call it "Good" Friday!

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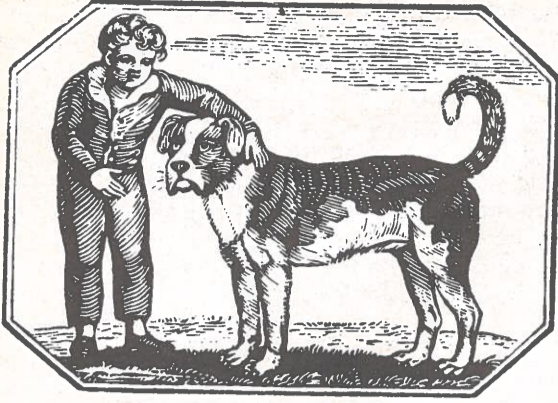
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CRITTER TWITTER

By Deb Hancock

The Oxford dictionary defines the word parasite in the following manner: "Parasite: interested hanger-on, toady; animal, plant, living in or upon another and drawing nutriment directly from it." That pretty well sums up the life of the internal parasites that plague our pets.

Internal parasites suck blood from their hosts (our pets). This action in turn causes tissue damage and irritation to intestinal mucosa. They may produce toxic substances which will poison the dog or cat, and those that live primarily on blood will cause their host to become anemic. While inflicting this damage on your pet, they will also cause the animal to have a lower resistance to disease.

Young animals, the sick, and the old, are those most affected. A healthy well fed animal will have some natural defence against internal parasites, unless exposure is very high and severe.

Roundworm:

Roundworms are the most common internal parasite affecting dogs and cats. The adult worms are 2-6 inches long and about 1/16" wide. They live free in the intestines of the animal.

The female worm produces eggs which pass out in your pet's stool. Because puppies and kittens can become infected while still in the uterus, most young are born with roundworms. Roundworms can cause severe illness in young pups and kittens. The worms rob the young animals of nourishment by absorbing the nutrients from the food the pup or kitten has eaten. Because roundworms interfere with the digestive process, the young affected animal may have a debilitating case of diarrhea. Roundworms also migrate through the liver and lungs, resulting in damage to those organs.

Young animals affected with roundworm will appear malnourished, may have loose bowel movements, appear "pot bellied" and have a dull hair coat.

Occasionally your pet may vomit up or pass a roundworm in his stool. These roundworms are seen as small coiled, twisting white threads.

Animals of any age are susceptible to roundworm. Infection takes place when your pet ingests roundworm eggs picked up on the fur and feet from contact with infected animals' bowel movements, or from eating an intermediate host such as insects, rodents and chickens.

Hookworm:

Hookworm are small threadlike worms 1/4" to 3/4" long. The adult worms live in the intestines where they hook onto the wall of the intestine, hence the name hookworm. These worms suck the blood of the host animal. In a very short time the unfortunate host will show signs of anemia, weakness, blood in the bowel movement and generally poor condition. A heavy hookworm burden may kill an animal.

The female hookworm produces eggs which then pass out the pet's stool. The larvae take only one week to develop from these eggs. They in turn are ingested by your pet. The larvae your pet consumes will take only a few weeks to develop into worms in his body. Hookworm larvae may also be present in the infected mother's milk for a few days after her babies are born, thus ensuring that hookworms will live on in the puppies and kittens.

Tapeworm:

There are a few different types of tapeworm that affect our dogs and cats. Tapeworms locate in the intestine and attach their heads to the intestinal wall. Tapeworms require an intermediate host to complete their life cycle.

The tapeworm most commonly affecting our pets require fleas, rodents, groundhogs and rabbits as their intermediate hosts. The eggs of the tapeworm are produced in "packets" called segments. These segments break away from the female worm's body and pass out in the pet's stool. Fresh segments are about 1/4" long, are white and mobile. When they dry up they look like brownish grains of rice, and can frequently be seen stuck to the hair around the animal's rectum. They may also be found in the animal's sleeping area.

How Internal Parasites Are Diagnosed

Whole worms are seldom seen in bowel movements (unless the infection is very severe) but the eggs and larvae are being passed out continually. A fresh stool sample of about 2 grams is examined under a microscope for the presence of worms. Tapeworms are more difficult to diagnose microscopically than other types of worms. This is due to the fact that the tapeworm retains its eggs in the segment packets. These packets are not passed out as frequently as other worm eggs and larvae. Much of the diagnoses of tapeworm depends on the pet's owner seeing the segments.

Worming:

Worming medications can be dangerous drugs if given incorrectly. Many pet owners have killed their pets by indiscriminately worming the animals with "over the counter" worming products. Your veterinarian has available products that are safe for your pet with the recommended worming schedules and dosages.

Preventing Re-Infection:

Many people complain that their pet has worms again a few months after they were wormed. They think that the veterinarian made the wrong diagnosis or that the worm medication didn't work. It isn't that the worms were not completely removed, but that the animal has managed to reinfect itself. It is important to realize that it isn't enough just to worm the animal: you must also clean up the contaminated environment.

Steps To Follow:

1) It is very important to clean up infected bowel movements daily, especially if your pet suffers from roundworms or hookworms (these infections are carried in the stool).

2) Try to control the amount of raw meat your pet eats. This will most likely be in the form of prey such as mice, rabbits and groundhogs. Raw meat is the intermediate host of several types of worms. It is a good rule of thumb to check animals that hunt during the outdoor season for tapeworm every 2-3 months.

3) Control the external parasites, fleas, lice and ticks. They also act as an intermediate host for different types of worms and diseases.

4) Make sure that your pet is receiving a high quality diet. Pets which are suffering from malnutrition are particularly susceptible to parasite infection and other illnesses.

5) Make sure your pet is routinely checked for internal parasites. All puppies and kittens should be checked for worms at 4-6 weeks of age. Because roundworm and hookworm are transferred to the young from the mother in the uterus,



Springtime In The Kawarthas

By Clayton Thexton

The whip-poor-wills are whistling in the swamp below the hill,
While freshets toil and tumble in delight to join the rill.

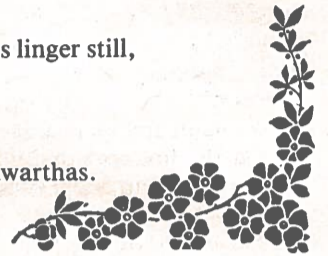
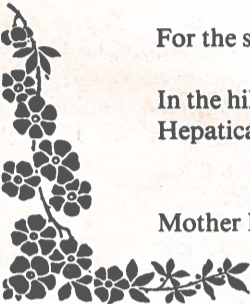
All are filled with joy today,
Cruel winter's passed away,
And the sun is shining warm on the Kawarthas.

The Otonabee's fast flowing, freed at last from icy cloak,
The maple-syrup shanty's sending skyward wraiths of smoke,
And the farmer in his field,
Contemplates the season's yield,
Stimulated by the Spring in the Kawarthas.

Spring's turned the raven's calling to a sound with new portent,
As they seek their nesting places in the woodlands of the Trent,
Spring has stirred all souls once more,
On the land and by the shore,
For the season's spell is strong in the Kawarthas.

In the hills and hidden valleys where late snows linger still,
Hepaticas and lilies border every singing rill.

Say farewell to winter's strife,
All around is filled with life,
Mother Nature's whispered 'Spring' to the Kawarthas.



many pups and kittens are born infected. Even though the mother doesn't show evidence of a worm infestation in her stool, the larvae are present in their resting stages in her body tissues (if she ever had worms). They are jolted back to life to migrate through the uterus to the young when she becomes pregnant. There is no treatment to destroy these "resting" stages of larvae.

Adult animals should have a parasite stool examination once yearly. You can either combine this with your visit for yearly vaccinations, or take a sample to a vet sooner if you suspect a problem.



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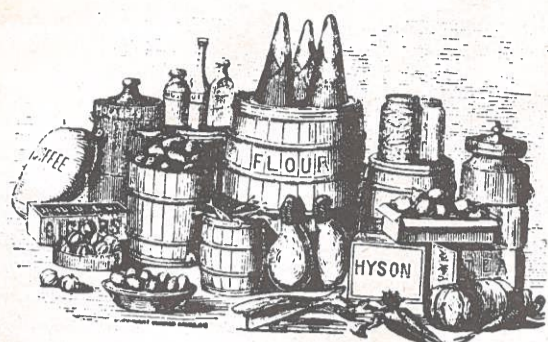
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A FARMER'S VIEWPOINT

A bit about barter

By Ken Fallis



In the beginning there was no money. The wit who says there still isn't is really saying that he and I and maybe you could comfortably use some more. But there's still lots of money for dome stadiums, royal commissions, senators, to name only a few of the nonproductive ways government spends our money.

However, I'd like to fantasize a bit about the moneyless society and its evolution to our present monetary system. I emphasize that this is fantasy not fact and has absolutely no historical background.

The basic needs of our tribal ancestors were food, shelter, and clothing. So they became farmers, hunters, and craftsmen. Survival demanded that each be a bit of all three. Thus a farmer, if he weren't to be a strict vegetarian had also to be a hunter. Both hunting and even primitive farming required some tools of the trade and he became quite ingenious at fashioning wooden or stone implements.

To be effective, the barter system required that somebody produce something in excess of his and his family's needs, and that something he needed be produced in excess by a neighbour. For example, Adam who was a great orchardist, had no interest in hunting deer or rabbits or any other game. In fact, he hated to get into long grass or dense bush. Something in his youth had made him real scared of snakes.

But Adam grew the best apples in the land. Big, red, sweet, and with no scab or worms, and no pesticides. Adam's apples were the pride of the land, so he found it easy to trade them for venison, or goat's milk cheese, or just about anything his neighbours had in surplus.

This was perhaps the beginning of the first modern trend; specialization. While Adam specialized in apples, a neighbour brought home a deer once a week. Another tribesman developed a herd of goats and learned to make goat's milk cheese. Farming technology led to the introduction of new crops; wheat, barley, oats and corn. And one enterprising farmer developed a swamp into a rice paddy.

The tribe chief watched these developments with considerable interest and satisfaction. Then he said, "What we need is a stockpile, a central location where everyone can come and get Adam's apples, venison, cheese, vegetables and grain."

So he designated a well located area and ordained that everyone should deposit their surplus produce, surplus to the family needs that is, and everyone should have the right to use products from the stockpile, but anyone doing so would be required to leave a compensating amount of a different product. This has come to be known as the honour system and is still in vogue in a limited way in some circles even today.

But people being people it was inevitable that in about a year the chief started getting complaints about free-loaders; people who took but didn't put. So the chief called in his biggest warrior and said, "from now on you will look after the stockpile. Nobody takes produce away without leaving a reasonable amount of compensating produce. What's reasonable, I leave to your good judgement."

The warrior, now called the security guard, did a good job for a year. But he found it was a 24 hour-a-day job since most of the pilfering was done after nightfall. So he made himself president of a one-man union and took his grievance to the chief. He demanded two assistants so each could work an eight hour shift. The chief thought it over, and finally said, "I'll give you three assistants, and you can be the supervisor and the arbiter of reasonable compensation. You will also train each of your assistants for this job so when this is accomplished you yourself can revert to an eight hour day."

This worked great. The three new men joined the union and organized a suggestion box. They suggested, nay, demanded, a roof on the stadium, pardon me, stockpile, to protect the produce, and incidentally keep the sun and rain off them. The chief agreed, even went further to include partial siding. He didn't have to hire a firm of architects, call for tenders, or negotiate a contract, so the work was started the next day and completed within a week.

It was indeed a big improvement. A section for fruit and vegetables, grain products, meat, cheese, and textiles and clothing, (women were now spinning and weaving, as well as making garments) and a section for tools and implements. The produce didn't spoil so soon, the men were happier, and the patrons were proud of their facility. It was, in fact, the forerunner of today's supermarket.

Just one fly in the honey. Pastures were getting thin so the sheepmen and goatmen moved their flocks and herds about twenty miles up the valley. This not only reduced supplies of mutton, goat, and cheese, it also reduced demand for the other products in the supermarket.

The chief didn't wait for the situation to become a crisis. He opened a branch in the new location and organized a camel train to transfer goods between the two centres.

This almost ideal situation, under the benevolent dictatorship of the wise chief should have endured for centuries. But bickerings arose over the trading values of the various commodities in the supermarket. For instance, when apples were plentiful but mutton and goat were scarce, Adam should have paid more apples for his mutton and goat cheese than if apples were scarce. But Adam argued that his apples were the best in the world, that he expended even more toil in growing, harvesting, and marketing, and there was no way he would trade a bushel of apples for a pound of mutton. So the sheepman traded half a pound of mutton for two bushels of small scabby apples from somebody else.

This scenario, with variations, was enacted many times, with many different products. The chief was seriously considering creating a market-board where the various patrons of the co-op (a better term, perhaps, than supermarket) would meet and determine how much of one product would trade for how much of another. The chief anticipated some differences of opinion arising in the board's committee, but he figured that with his absolute authority he could impose a just settlement.

But at this point in his deliberations his son returned from a journey to a distant land with some very interesting souvenirs, gold and silver coins. He explained to his father that when you wanted a pair of sandals from the co-op store it wasn't necessary to take along a leg of mutton, or a bushel of apples. Just a simple little gold or silver coin, which the manager would then use to buy more sandals, or apples, or pay the help.

The old man was impressed but in his own mind he wasn't sure it was an idea whose time had come. So he said "but in the Land of Or they have gold and silver and have learned how to fashion it into coins. We haven't any gold or silver nor could we make coins even if we had."

The son, who was a real sharp entrepreneur, and a convincing talker said, "Look dad, since we started that camel train all the camels have had babies. Now almost everyone in the tribe has his own camel. There's so many camels they're eating the pasture that should be feeding the goats and sheep. Now in Or, they have lots of gold and silver, but no camels. I can sell lots of camels in Or and bring home lots of gold."

The old man still wasn't convinced. "You can't eat gold, it won't keep the rain off, or the cold out. Who needs it?" Again, the smart son had an answer. "We buy everything we sell in the store, sell it at a profit. We can build pipelines down from the springs on the hills so the women won't have to carry water down in jars on their heads. Already they're starting to insist that the men carry half of it. And we can irrigate the crops, and the pastures. There's really no limit to the good things we can do with money."

The chief realized the merits in the boy's proposal. Already, what with the camel train, the store, and the security guards, about one third of the tribe were no longer engaged in food or craft production. Anything that would free up manpower, or increase crop yields couldn't be all bad. So, next day the son and two helpers departed for the land of Or with a string or thirty young camels. Three days later they were back, laden with gold and silver, and that marked the end of the barter system. But the tribe got their pipelines, the crops flourished, and life for everyone seemed better.

There were a few side effects. Because camels sold for gold there were more and more camels raised, fewer sheep and goats. Inevitably, the price of mutton and goat cheese went up. But who cares? With lots of gold people bought sheep and goat products and eventually the profitability was as good as camels so an equilibrium was maintained between camels and the other livestock.

When he became 65 the chief retired and his son took over. He proposed a lot of improvements and the tribe was enthusiastic. Permanent buildings of stone, camel roads, and a real army to protect this now wealthy land. When the people assured the new chief that they must have these necessities he imposed a ten percent tax on all transactions. Sales to and by the co-op were taxed, thus effectively raising the price to the consumer by twenty percent. But wages were also taxed so an extra charge was assessed to the consumer's purchase.

The first permanent building was a fine mansion for the chief. The roads, not needed by the camels served very well for the chief's horse and cart. And the army spent it's time and effort on ceremonial duties around the chief's mansion. The result; higher and high prices, higher and higher wages, and higher and higher taxes. The result; you've guessed it. We call it inflation!

The cure—the barter system. Adam traded apples to the hunter for venison, bypassing the store and the taxes. So did most other store patrons.

The consequences—the store became unprofitable, the camel train became unprofitable, not enough goods to move. The tribe could still sell camels for gold, but as the former chief said of gold—you can't eat it, it won't keep you warm, what good is it?

The moral—Tax dollars spent for productive purposes, e.g. the pipeline and irrigation systems, enhance the well-being of the tribe. Tax dollars spent on non-productive projects, e.g. the governor's mansion, the ceremonial army, a road which serves no one except the chief and his race horse, lead to inflation, eventually forcing out of business firms which existed to serve the needs of the people, and inevitably leading to the undermining of the fiscal integrity of the state.



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NOTICE TO SOUTH MONAGHAN & AREA RESIDENTS

As you are aware, there is a proposal to change the Provincial Electoral Boundaries in this area. The main concern of this Council is that this Township, together with the Municipalities of Cavan, Millrbook and North Monaghan, will be absorbed into the Hastings-Peterborough Electoral District. As the Administrative Centre (office of the M.P.P. for this area) would be in the Hastings district, it would be very inconvenient for residents of the Cavan-Millbrook-North-Monaghan-South Monaghan area to contact their Member of Parliament.

You are invited to sign a petition objecting to the proposed change before May 1, 1984. Copies of the petition will be at Bailieboro Grocery Store, South Monaghan Municipal Office, Bailieboro Public Library and Fraserville Store.

Kathleen M. Alexander,
Clerk-Treasurer/Administrator
Township of South Monaghan

You are invited to attend our Easter Services
THE PARISH OF CAVAN-MANVERS
Sunday, April 22, 1984

9:45 a.m. St. John's Church, Ida
10:00 a.m. Christ Church, Bailieboro
11:30 a.m. St. Paul's Church, Bethany
11:30 a.m. Trinity Church, The Marsh
11:30 a.m. St. Thomas' Church Millbrook
2:30 p.m. St. Mary's Church, Lifford

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Dear Gabby

Dear Gabby;

You seem to have an answer for everything (almost) so I'll take a chance on your advice to an old guy who can't stand being fussed over (like most women are good at), but I enjoy their company (at arms length of course).

Is there some category that I fit in that has escaped me till now?

Confused.

Dear Confused;

Your problem is standing at arms length while being fussed over. Try enjoying your lady friend's company with your arms bent—I think you'll find your own category then.

Gabby

Dear Gabby;

I am thirty years old

and have lived on my own for eight years.

I've never had any major personal or financial problems—but it never fails that if I go on a trip or a weekend away, my parents act like I'm two and are constantly questioning me as to what I'm doing or where I am.

How can I make them relax and treat me like an adult?

A Grown Up.

Dear Grown Up;

It has been my observation that some parents react this way until their children are settled with families of their own. For some reason they usually feel that with the responsibilities of family, their own "child" doesn't have time to get into trouble. So, my advice is to settle

down, have some kids and your problem should disappear.

In the meantime, mine are available for a small fee. (I can only afford so much!).

Gabby.

P.S.: I found these quotes listed below. They may help, I hope you like them.

Gabby.

1) *Swallowing your pride occasionally will never give you indigestion.*

2) *Tolerance comes with age. I see no fault committed that I myself could not have committed at some time or other.*

3) *I have often regretted my speech, seldom my silence.*

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I WISH TO THANK all my friends and neighbours for their cards and best wishes which I received during my stay in Toronto Western. Once again, Thank-you. God bless you all! Florence Colwill.

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References

Letter of thanks

The family of the late Gary Elgar wish to express their sincere appreciation to relatives, friends and neighbours for their many acts of kindness (i.e.) prayers, visits, food, floral arrangements, cards and donations. We would also like to thank the Kaye Funeral Home, Rev. Doug Mitchell for his kind words and support during our time of heart-felt loss, the St. Andrew's U.C.W., for their delicious lunch served after the service, the Millbrook O.P.P. Detachment and a special thanks to Joe Dorcotte for the way he very capably handled this tragic situation. These acts of kindness will always be remembered and appreciated by us.

The Elgar Family

The Gary Elgar Memorial Fund Millbrook High School is an annual Memorial Award to be given to a Millbrook area student who will further their education at a Community College or University in the field of electronics. As of April 11, \$635.00 has already been donated. Gary had just graduated with honours in Electronics from the George Brown College.

To the many people who are now

charter subscribers:

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The Millbrook Highlighter

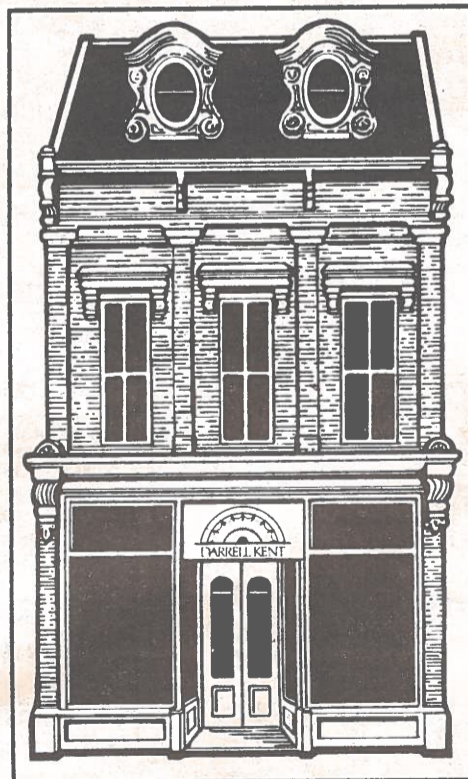
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.99

FRESH FOR FLAVOUR

PRODUCT OF U.S.A.

Fresh Broccoli BUNCH

.59

PRODUCT OF U.S.A. CANADA EXTRA FANCY GRADE

Anjou Pears

1.08/kg

.49 LB.

PRODUCT OF ISRAEL

Jaffa Oranges

SIZE 105's DOZ.

1.99

PRODUCT OF P.E.I. CANADA NO. 2 GRADE

Baking Potatoes

4.54 kg 10-LB. BAG

2.49

PRODUCT OF U.S.A.

Fresh Yams

1.09/kg

2 LBS. **.99**

PRODUCT OF ONTARIO CANADA FANCY GRADE

Empire Apples

1.36 kg 3-LB. BAG

1.79

PRODUCT OF ONTARIO CANADA NO. 1 GRADE

Cooking Onions

907 g 2-LB. BAG

.89

PRODUCT OF U.S.A. California

Strawberries PINT BOX

.99

PRODUCT OF ONTARIO CANADA NO. 1 GRADE, "GREENHOUSE"

Seedless Cucumbers EACH

.99

PRODUCT OF CHILE, CANADA NO. 1 GRADE EMPEROR VARIETY

Red Grapes

2.18/kg

.99 LB.

PRODUCT OF ONTARIO (PLAIN OR WITH RADISH)

Alfalfa Sprouts 2 1/4 g 4-OZ. PKGS.

.99

PRODUCT OF U.S.A.

Fresh Romaine Lettuce EACH

.69

THE TRADITIONAL FAVORITE MULTIPLE BLOOMS

Easter Lilies 15.2 cm 6" POT

3.99

FROZEN, WINTER, CALIFORNIA, ITALIAN OR VALLEY BLEND VARIETIES.

Fraser Vale Vegetable Mixes 1 kg 3-LB. BAG

2.19

FROZEN, CHOCOLATE OR VANILLA

Sara Lee Layer Cakes 13-OZ. PKG.

1.19

PROCESS CHEESE FOOD, SINGLES (24 SLICES)

Kraft Cheese Slices 500 g PKG.

2.99

FROZEN, READY TO BAKE

Mrs. Smith's Pumpkin Pie 24-OZ. PKG.

1.79

BABY DILLS, SWEET MIXED OR YUM YUM

Bick's Pickles 1 L JAR

1.69

ASSORTED VARIETIES,

Duncan Hines Cake Mixes 520 g BOX

1.09

SEALTEST, ASSORTED FLAVORS,

Ice Cream Parlor Ice Cream 2 L DRUM

2.99

ASSORTED COLORS, 2-PLY,

Delsey Bathroom Tissue 4 ROLL PKG.

1.39

KLEENEX, BOUTIQUE

Paper Napkins PKG. OF 75

.99

PALANDA,

Mandarin Oranges 10-FL. OZ. TIN

.49

EXTRA BRAND

Cooked Ham 1-lb. TIN

1.99

Kraft Mayonnaise 750 mL JAR

2.49

SALAD OR STUFFED MANZANILLA

Unico Olives 375 mL JAR

.99

CLUB HOUSE,

Pure Vanilla Extract 43 mL BTL

1.49

ASSORTED VARIETIES,

Nestlé Mini Puddings SLEEVE OF 4x5-OZ. TINS

1.59

LIQUID,

Joy 2 Detergent 500 mL BTL.

.99

18 INCH WIDTH

Alcan Aluminum Foil 25 FOOT ROLL BOX

1.69

Brown 'N' Serve Rolls PKG. OF 12

.89

Hot Cross Buns PKG. OF 8

.99

MORISSA, CARAMEL, MINT, STRAWBERRY, ORANGE OR COFFEE

Creme Filled Candy Bars 100 g FAMILY SIZE BAR

.59

REGULAR OR DEODORANT,

New Freedom Slim Maxi Pads PKG. OF 10

1.29

REGULAR OR DEODORANT,

New Freedom Mini Pads PKG. OF 30

2.59

DEODORANT OR REGULAR,

Kotex Lightdays PKG. OF 30

2.19

40 WATT, 60 WATT OR 100 WATT, INSIDE FROSTED,

Sylvania Light Bulbs PKG. OF 2

.99

QUIKI, "GREEN"

Garbage Bags PKG. OF 10

.79

100% PURE SOYA OIL, BLUE BONNET,

Soft Margarine 2-lb. BOWL

1.99

YOUNG, FROZEN, CANADA,

Grade A Turkeys UNDER 5 kg - 11 lb.

2.40/kg

1.09 lb.

CUT FROM CANADA GRADE A BEEF, IGA TRIM, 1ST TO 6TH RIBS

Prime Rib Roasts

6.15/kg

2.79 lb.

SWIFT'S PREMIUM, COOKED, BONE IN, WHOLE OR HALF, "HOCK, RIND & EXCESS FAT REMOVED"

Smoked Hams

3.06/kg

1.39 lb.

CUT FROM CANADA GRADE A BEEF,

Prime Rib Steaks

6.59/kg

2.99 lb.

Fresh!

Pork Side Ribs

3.51/kg

1.59 lb.

CANADA GRADE A, FROZEN, YOUNG, UNDER 5 kg - 11 lb.

Canada's Pride Self-Basted Turkeys

2.62/kg

1.19 lb.

COOKED, BONE IN, SMOKED, VACUUM PACKED HALVES OR QUARTERS,

Maple Leaf Hams 5.05/kg

2.29 lb.

SMOKED, VACUUM PACKED,

Maple Leaf Ham Steaks 175 g PKG.

1.69

MAPLE LEAF, "GREAT FOR STUFFING" OR "SLICE & FRY"

Sausage Meat 500 g PKG.

1.29

MAPLE LEAF, COOKED, SMOKED, "BONELESS"

Country Kitchen Hams 8.80/kg

3.99 lb.

SHOPSYS, "TWIN PACK"

Potato Salad or Cole Slaw 300 g PKG.

.99

SHOPSYS, RING,

Smoked Sausage 6.37/kg

2.89 lb.

CANADIAN, MILD, BY THE PIECE

Cheddar Cheese 6.15/kg

2.79 lb.

PRIDE OF CANADA, SLICED

Side Bacon 500 g PKG.

1.99

CUT FROM CANADA GRADE A BEEF, "FOR BRAISING"

Short Ribs 3.73/kg

1.69 lb.

SWEET PICKLED, BY THE PIECE

Peamealed Back Bacon 4.39/kg

1.99 lb.

PAN READY, STORE PACKED FROZEN

Boston Blue Fish Fillets 2.18/kg

.99 lb.

PRIDE OF CANADA, COOKED, SMOKED

Boneless Dinner Hams 5.27/kg

2.39 lb.

PRIDE OF CANADA, REGULAR,

Wieners 450 g PKG.

1.59

PRIDE OF CANADA, COOKED, SMOKED

Boneless Half or Quarter Hams 5.71/kg

2.59 lb.

PRIDE OF CANADA, STORE PACKED

Breakfast Sausages 3.06/kg

1.39 lb.

PRIDE OF CANADA, SLICED, SELECTED SPECIALTY VARIETIES,

Sandwich Meats 175 g PKG.

1.19

PRIDE OF CANADA, 550 g AVG. VACUUM PACKED, CHUNKS

Bologna 3.06/kg

1.39 lb.

PRICES EFFECTIVE WED., APRIL 18 TO SAT., APRIL 21, 1984.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

CHECK YOUR LOCAL IGA FOR HOLIDAY STORE HOURS

CALHOUN'S IGA

CENTRE ST., MILLBROOK
FREE PARKING OPEN THURS. & FRI. TIL 9 p.m.

