

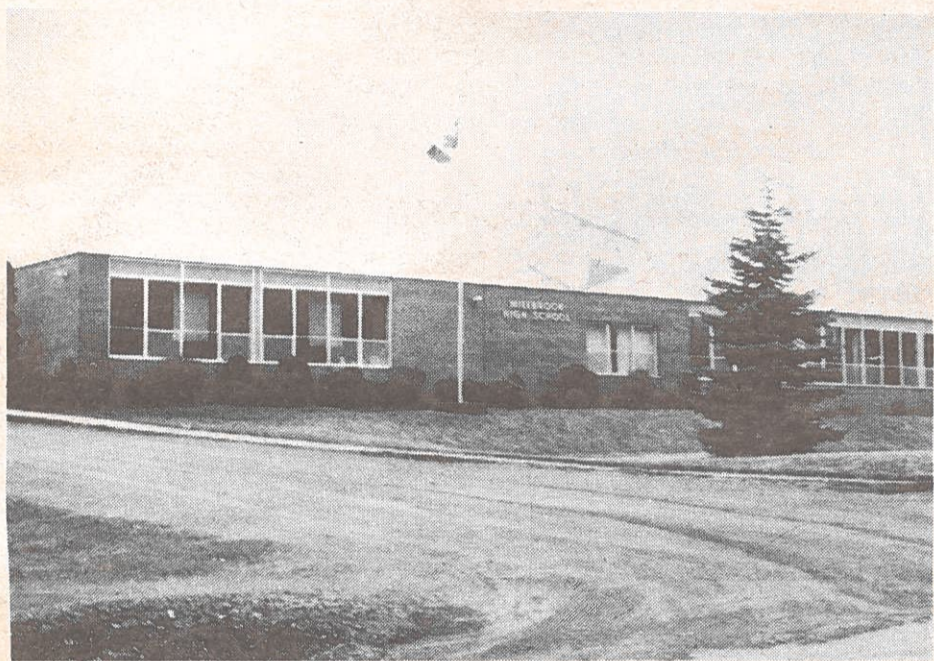
THE MILLBROOK HIGHLIGHTER

Volume 1, Number 2

Millbrook, Ontario, Wednesday, April 20, 1983

10¢

High School May Close



— Photo Jamie Richards

Millbrook High School is one of four schools identified by the Peterborough County Board of Education for possible closure.

PCBE Plans Study

The Peterborough County Board of Education (PCBE) has identified four schools for possible closure.

They are Millbrook High School (MHS), Peterborough Collegiate and Vocational School (PCVS), and two elementary schools, Coronation and Fairview.

The intention to study these four schools for possible closure was announced March 15 and a vote on the resolution was taken by the board on March 24.

Despite vehement protests and alternate suggestions from the schools involved, especially the two high schools, the board voted 12 - 6 in favor of the study.

Millbrook area trustee and chairman of the board, Stuart Calberry, attempted to have Millbrook removed from the study but his motion was defeated 14 - 4.

An identical vote defeated a motion by trustee David Fraser to "identify all schools for possible closure."

The decision is based strictly on economics and declining enrolment, according to board officials who claim closing the four schools would save taxpayers approximately \$1 million.

A study committee for each school must now be formed to look further into this matter.

The committee must consist of one superintendent, a maximum of three trustees, one school principal, one teacher representative and four parents and ratepayers.

The persons making up this committee shall be those who, in the opinion of the board, are the most closely connected with the school under discussion. It is anticipated that this committee will report to the Director of Education and the Board (or its appropriate committee) by mid-May of the same school year in which they are appointed. In view of the proximity of this date an extension is likely.

The board is expected to act upon the report of the study committee before the end of June of that same year. If the board continues to believe that the school should close, a motion covering the appropriate action will be made at that time.

If the decision is made to close these schools it would take effect in September 1985, as the proposal now stands.

Based on Budget Meeting

Trustee Eric Cotton pointed out at the March 24 meeting that it was the elected board members who initiated this action, based partly on presentations made at a budget input meeting in January.

At that meeting area councils

apparently indicated that they were unwilling to increase their education taxes by more than five percent and some even threatened to withhold education taxes unless the board cut their spending, according to some board members.

"I don't think either of the local councils said that," said chairman Calberry, referring to the Millbrook and Cavan councils.

Millbrook reeve Gerry Todd said, "I was not at that meeting, I was on holidays then. I don't think there was anybody from Millbrook council at that meeting."

"As far as I know no one from Cavan council was at that meeting," said Cavan deputy reeve Wilf Gillis. "We did get an invitation but no official representative was sent."

This is not the first time Millbrook has been faced with the possible loss of school facilities.

Other Changes Made

In the past few years several changes have taken place. The PCBE attempted to close Millbrook Public School, change boundaries and bus high school students to Peterborough in 1978.

A long drawn out battle between the board and local residents resulted in only the boundary change being made, effective September 1979.

Basing a proposal on safety, the board made a successful attempt to close the Millbrook Public School facility in June 1982.

At that time they promised an \$800,000 addition to the high school. That expansion is still the number one priority of the board despite the closure proposal.

Jim Chaplin, a director on the MHS Parents and Rate Payers Association and general manager of the Millbrook Highlighter said a decision to close the school could seriously effect publication of the newly formed paper.

This is not the first attempt to close PCVS either. An unsuccessful attempt was made about 10 years ago. Parents at both high schools plan to fight any attempts at closure as do the elementary schools.

PCVS is the oldest secondary school in Peterborough and is located in the downtown core.

MHS is the only high school in the Millbrook area and many residents feel that closing it would adversely affect the community. Some even go as far as to say "destroy" the community.

"We're not very happy with what's going on and we're going to put up a fight," said Millbrook reeve Gerry Todd.

Three Arrested Charged With School Break-in

By Arlene Kelly

Three Peterborough men appeared in provincial court Friday, charged with a break-in at Millbrook High School March 18.

James Hester, 19, of 231 Sharon Ave., Terry Haggith of 481 King George St. and Michael Booth, 17, of 721 Frank St. were making their second appearance on the charge.

The three, along with Glen McIntosh, 20, of 83 Morphid St., are also charged with break-ins at Crestwood Secondary, Kenner Collegiate and Lakefield High School.

The break-in at Millbrook occurred sometime before 7:30 a.m., March 18.

Vandals gained entry through a boiler room door at the rear of the school. They then broke

into the office.

About \$250 was stolen from a cash box in the office, papers strewn about and drawers broken.

Millbrook OPP reported that \$300 damage was caused to a vending machine in the hallway and change amounting to about \$40 taken from the machine.

The break-in was discovered by custodian Don Armstrong when he arrived at the school on the Friday morning.

Constable Jim Coe of the Millbrook OPP investigated the break-in.

Randy Wood, business and law instructor at MHS felt the culprits were in a hurry because of loose change left laying on the floor by the milk machine.

School principal, John Devan suspects no connection between the

break-in and the possible closure of the school. He feels it is just coincidence that it happened only three days after the announcement by the Board of Education that they plan to study the school for possible closure.

French and English teacher Diane McFarlane said, "I feel like my very own house had been broken into."

Dwayne Dunlop, a grade 11 student, said, "in my opinion whoever broke into this school knew as much about robbery as the school board knows about keeping a good school open."

"They should be punished by doing community work around the school," said Nova Burke, also a grade 11 student, "that seems like a just punishment."

CLUB NEWS

New Fitness Club Opens

By Celia Hunter

There was a disappointing turn-out for the opening of the Millbrook and District Fitness Club on Saturday, April 2 at the Millbrook Plaza.

Two dozen people were on hand to witness the ribbon-cutting by Bill Thomas, chairman of the Millbrook and District Recreation Committee, which donated \$340 worth of equipment to the Club. Also there to take part in the ceremony were Gerry Todd, reeve of the Village of Millbrook, George Dean, reeve of South Monaghan Township, and Wilfred Gillis, deputy reeve of Cavan Township. The Fitness Club executive, made up of Steve Powell, Murray Farrow, Steve Black, Doug Powell, Michael Corfe, Randy Saunders, and Jim Robbins, were there to answer questions and give tours of the new facility.

The Club, which houses an array of weight lifting equipment and includes showers and a sauna, offers instruction in weight lifting and general fitness to both men and women. The Fitness Club executive, headed by president Steve Powell and secretary-treasurer Steve Black, will supervise workouts for men, while Evelyn Melnichuk will run classes for women at designated times. The Club will also be open for use by all members, weekdays from 12 to 2 and from 4 to 6, and on Saturdays from 12 to 6. For further information, drop in at the Club, located at the south end of the Millbrook Plaza on County Road 10, (Tupper St.), or contact one of the executive members.



Millbrook recreation committee chairman Bill Thomas cuts the ribbon to open the new Millbrook and District Fitness Club as club executives and local government officials look on.

Photo by Celia Hunter

Cavan W.I. Report

On March 16, the Cavan Women's Institute met at the home of Nancy Mitchell in Ida. The roll call asked the 21 members and four guests to try to think of a reason for consulting a lawyer. Mr. James Irvine, a lawyer with offices in Millbrook and Cobourg, then gave an informative talk about the many aspects of wills.

After the business was completed, coffee, tea and gingerbread topped with mint chocolate ice cream and a green candy to celebrate St. Patrick's Day was served.

On April 19, the Rockhaven Restaurant was the location of our annual dinner and meeting.

Our guest speaker on May 17 will be Brian Mitchell, Community Consultant from the Peterborough office of the Addiction Research Foundation. This is an open meeting so please join us at Cavan Hall at 8 p.m.

HELP WANTED

The Highlighter is looking for people in each area community who are interested in gathering news from their area for the paper.

A network of correspondents would make the collecting of news much easier and give fair representation to all localities.

If interested call 932-2789 or 932-5487.

Millbrook Christian Assembly News

Sunday March 13 was a morning of accomplishment for thirty-three girls from Missionettes who received their bars, badges and chevrons.

Sunday March 20, five students from Eastern Pentecostal Bible Col-

lege, Peterborough, ministered and shared in the services throughout the day.

Eighteen teens from our youth group known as 'Christ's Ambassadors' attended an excellent mini-convention in Peterborough March 25 and 26. There were workshops and talent search. Rick Hilsden from Belleville was the featured speaker.

Saturday morning March 26, twenty-four men met at the church for the Men's Fellowship breakfast. David Fisher from Peterborough who heads up the "Epistle Sports Ministry" was the guest speaker.

The Sunday School had a great day on March 27 as they celebrated the church's anniversary with balloons and treats for all the children. The newly appointed Sunday School superintendent is Mrs. Nancy Olan and

SPEAKER

The Millbrook Lions held an agricultural night Monday with a guest speaker and slides on farm safety. Watch for a write up in the May issue of the Highlighter.

FLEA MARKET

The men of St. Thomas Anglican Church, Millbrook will hold a giant flea market at the Millbrook arena on May 28. Vendors are wanted. Call 932-5218 for information.

NURSERY SCHOOL HAS SUBSTITUTE TEACHERS

As the weather has played havoc with our winter sports and the maple syrup run, its most obvious effect is our general health. Teachers are no exception. Thanks to Mary Anne Staples, Sue Schlombs and Joanne Kater for filling in at "a drop of the hat", or, in this case, "a rise in the temperature."

On Monday, March 7 the children enjoyed a visit by Mrs. Eileen Bryan, who talked to them about ballet dancing, and demonstrated a basic lesson, in which the children participated.

On March 14 and 15, the children paid a visit to the Peterborough Public Library. Miss Linda Brox discussed the care of books with the children, and then read some stories to them about spring and planting gardens. The children were then allowed some time to discover the many and varied books that the library has, and select a favourite

which Mrs. McGill took back to the school for reading during quiet time.

The Nursery School wishes to extend belated birthday greetings to Gregory Bentley (Mar. 15), Michael Annis (March 20) and Jonathan Staples (March 3).

Everyone enjoyed the March Break and returned to school refreshed and eager to embark on the busy spring schedule at the school. Saturday, April 16 was our Spring Tea and Bake Sale, a great success. Picture Day at the school is Monday, May 2, 1983. There will be a group picture of all the children at the school, as well as individual pictures taken. The finished photos will be available for graduation.

Our next project is the float being entered in the Bethany 24th of May celebrations. We'll keep our theme a secret, but we can assure you that it will be bigger and better than ever. See you there!

St. Andrews United Church Holds Spring Luncheon

By Celia Hunter

The theme was Easter bonnets at the second annual spring luncheon held March 24 by the

United Church Women of St. Andrew's in Millbrook.

Paper birds and flowers made by Mrs. Lola Thexton's Grade Two class at South Cavan Public School lent a breath of spring to the gathering, and Easter bonnets were worn by many, while more were displayed on the stage in a turn-of-the-century Millinery Shop setting. Paintings by Kay Fallis and Shirley Wilckens were also displayed.

The event was a sell-

out attracting 200 people to a lunch of turkey pie, salad, rolls and dessert in an atmosphere of fellowship and springtime optimism.

Lions Seek

Blood Donors

Anyone interested in attending blood donor clinics in Peterborough contact Brian Greer of the Lions Club at 932-5306. If there is enough interest transportation will be arranged.



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Board of Education Plans Sale of Old Millbrook School

By Celia Hunter
Millbrook Public School is up for sale, and council members met with Peterborough Board of Education officials at council's regular meeting on April 5 to discuss the terms.

Stuart Calberry, Millbrook representative on the Peterborough Board, Earl B. Law, superintendent of business, and Verne Young, property manager, were there to explain the procedure laid down by the Ministry of Education, and set the purchase price.

A value of \$75,000 is the amount arrived at by an independent appraiser, W. J. Dietrich of Peterborough. The asking price for the school itself is \$25,000, while the land it sits on is estimated to be worth \$50,000. Council has the option of purchasing the whole, or just a portion of the land immediately surrounding the school, allowing the Peterborough Board to sell the remaining land, valued at \$31,000, as building lots.

The Municipality of Millbrook is the only public body that has shown interest in the purchase of the school, and has six months in which to make a bid for the property. If the bid is unsatisfactory or not forthcoming, then the school will be put up for sale as an ordinary piece of real estate.

Annual Pancake Festival April 24

The Lions Club of Millbrook and District will hold their annual pancake festival at the Kennedy Sugar Bush south of Millbrook on April 24.

This is the 17th consecutive year for the event which usually attracts a large crowd.

The Millbrook Legion band will be on hand to provide entertainment and there will be other attractions.

Plans are underway for the Millbrook soap box race. It will be held May 28, sponsored by the Lions Club of Millbrook and District.

Council will consider uses for the building and will discuss the price over the next few months. "We would like to see it cleared up this summer" was the view expressed by Mr. Law.

Mill Committee To Publish Book

By Doris Ingham

Many visitors to Millbrook have commented on the abundance of fine old homes and other buildings in the village. To preserve a record of them members of the "Save the Mill" committee are in the process of compiling a book. It will be called "A Walking Tour of Millbrook."

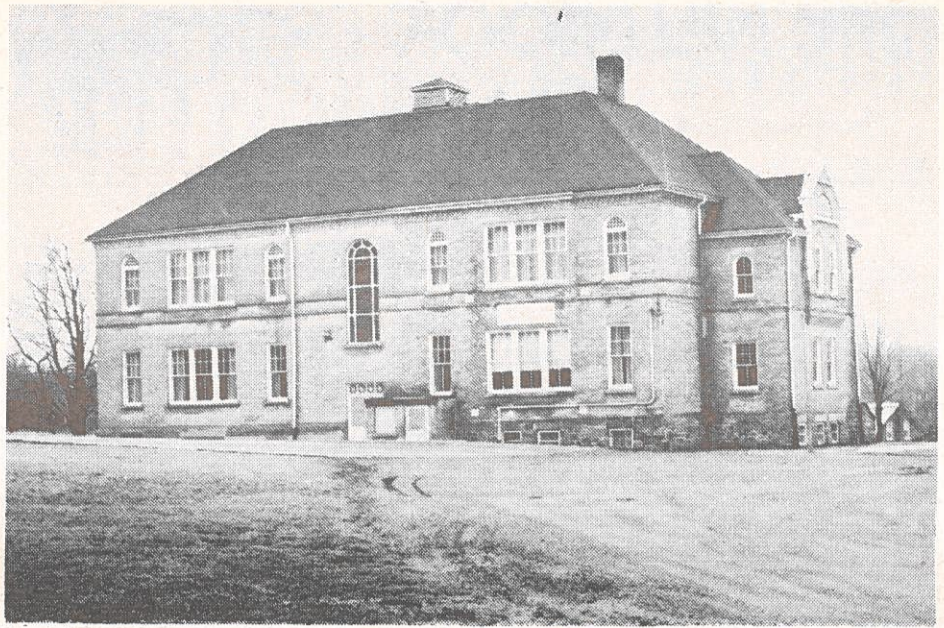
Louis Taylor, an artist from Warsaw, has done sketches of about 30 buildings selected for him by the committee. The owners of the homes have the opportunity to buy the originals. Then Mr. Taylor is allowing the mill committee to use replicas in the book. Owners of the homes appear to be glad to have their residences included.

On the page facing the picture there will be an account of why the building is of interest either architecturally or historically. The information has been collected by members of the Mill committee who also belong to the Millbrook-Cavan Historical society.

As well as sketches of homes there will be ones of the old firehall from whose tower until recently hung the bell brought home from the Northwest rebellion. The bell has now been placed in a large glass case in the Legion hall for safe keeping. Cavan Township Hall will be included as will the Anglican, Presbyterian and United churches, the Marsh church, the Past and Present shop, and of course, the mill.

Did you know that "Fairweather", the Cutmore home is an exact replica, only on a smaller scale, of a castle in Ireland? Did you know that the house on Bank Street, formerly known as the Byam home, later used as an antique shop by the Nortons, and now the residence of Mr. and Mrs. Russell Rogerson, appears in "Our Ancestral Roof", a book devoted to the architecture of Upper Canada? It is said to be the perfect example of "The Ontario Cottage".

When the book comes out in the not too distant future you will be able to learn all about the interesting residences and historic buildings of the village in which you live.



Old public school to be sold. Town has shown interest.

Photo by Jamie Richards



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THE MILLBROOK HIGHLIGHTER

Established 1983

Published monthly by Millbrook Intermediate and High School students council, Millbrook, Ontario L0A 1G0.

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Wednesday, April 20, 1983

Editorial

OPEN LETTER TO MEMBERS OF P.C.B.E.:

Do you realize the ramifications of closing Millbrook High School? There are many points which you must examine. For instance, do you realize that the school (paid off) is far less of a cost than the huge, money gulping maintenance and repair of Thomas A. Stewart School? The savings if any, will be a mere drop in the bucket compared to the costs of the schools, wouldn't you say?

It will cost you at least \$20,000 to ship all of our students to Peterborough. Despite the fact that at this time 95 percent of this cost is covered by the ministry, (still our taxes) this support will be cut back soon, so we have been told. Besides we pay 100 percent of all costs over ceiling, which you now exceed. The savings, at best, will be only 2-3 dollars per taxpayer, an amount which will not cause a large dent in the pocketbook, and our parents and community will pay this.

We understand there is a proposal to put funds into French Immersion. Funds which will likely come from the "savings" generated by the closing of this school and others will be pumped into this brainchild or dream of someone. Don't get me wrong, I'm all for French Immersion. But it won't benefit us at all! Why use us as a scapegoat for finances for something we won't even receive any benefits from?

Do you realize the ramifications of possible closing on our community? Sure, it's great for Peterborough! But why destroy our community?! That's right, I said, destroy us! You will cause property prices to drop, our business will suffer immensely (students input a lot of business). Who gives you the right to ruin a community?

Enrolment has been cited as a cause for this closure. We have had the highest enrolment ever at our school and there is expected to be more. Many young families have moved into the community recently. We all know young children will soon become high school students. The reason WHY, families have moved here is because we have K-13 facilities! If we wanted our kids in Peterborough we would have moved there.

This increased enrolment is despite boundary changes which caused us to lose 90 of our elementary students. In spite of free choice for students to opt for a Peterborough high school.

Think also of our teachers. Fifteen of the teachers from the schools cited will be unemployed. Why destroy employment in times when we need all we can get?

If you close a city school on the other hand it will not cause the same problems since Peterborough has so many other schools to divide their students up between. But if you close us, it will ruin our community as this is the only high school in this area.

Not to mention the students. The students, who are really the chief priority in this decision are under a lot of pressure, wondering what will happen to their school. It can be compared to the uncertainty of employment. The students are here because they want to be — otherwise they would have left by now in the option of going to Crestwood or Kenner!

Debbie Luchuk
 Editor-In-Chief

PUSH-BUTTON FUN

I can't understand the new craze
 Over a game that is merely a phase.
 I find computer games boring.
 What is it that makes them alluring?
 Blinking lights and noises drive me crazy.
 Habitual players walk around hazy.
 But someone definitely went too far,
 Writing a song with a computer game as the star.

— Lynda McCoy

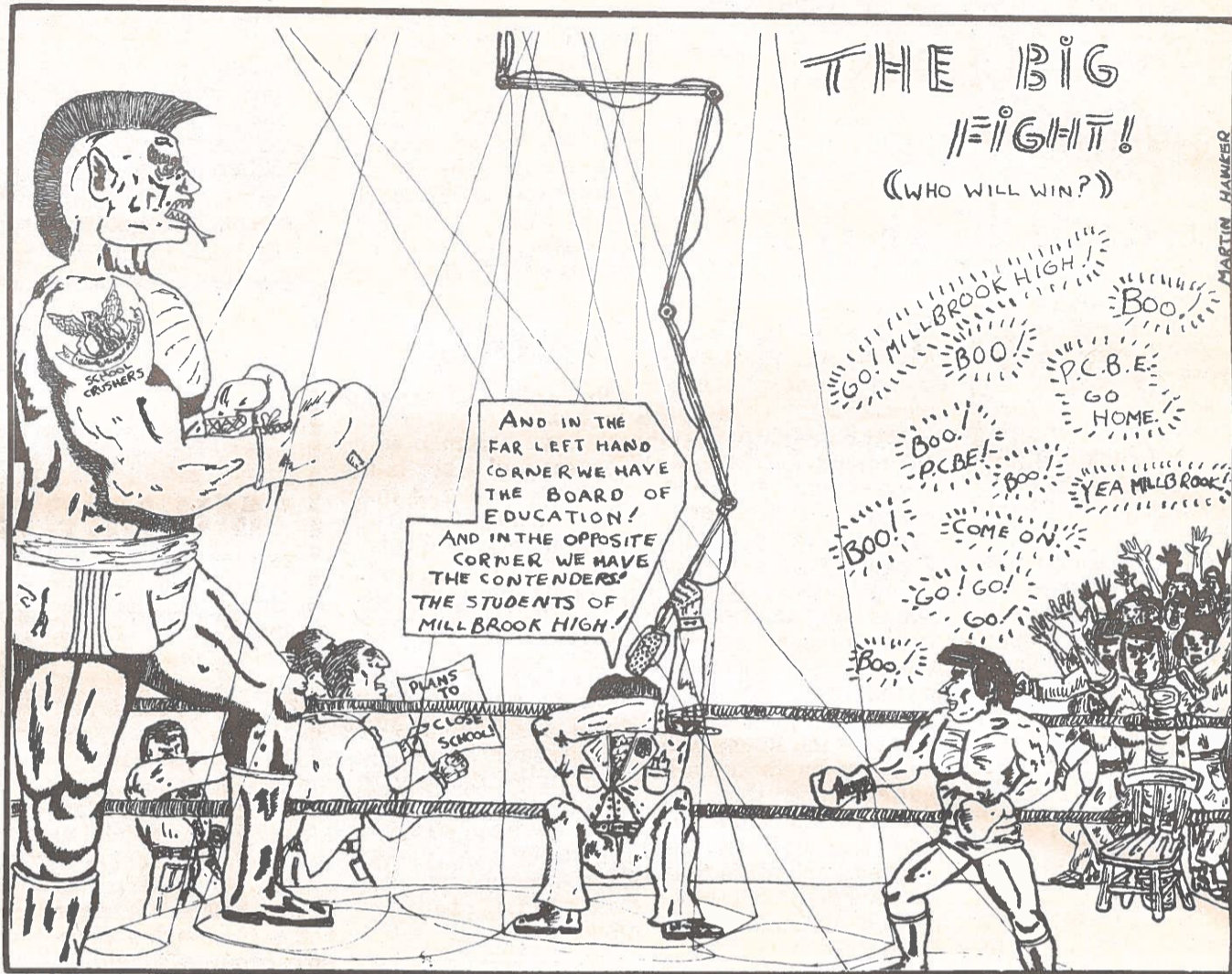
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Advertisers in the Highlighter agree that the publisher shall not be liable for damages arising out of errors in advertisements, however caused and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement.

Letters to the editor are welcomed by the Highlighter and should be on topics of community interest. The editors reserve the right to edit letters for length, grammar, clarity and libel. Letters judged unsuitable cannot be acknowledged or returned.

Letters must be in good taste and bear the name and address of the writer. Anonymous letters will not be published.

Address letters to: The Editor, Millbrook Highlighter, Millbrook, Ontario L0A 1G0.



LETTERS

Trustees Have Tough Job, But ---

I would like to take this opportunity to voice my opinion concerning the recent meeting held by the Peterborough County Board of Education concerning the suggested closure of Millbrook High School, P.C.V.S., Coronation and Fairview Schools.

It became obvious early in the evening that some of the trustees had entered the room with closed minds as far as Millbrook was concerned. These trustees reinforced this impression when they produced their comments from prewritten material when addressing the Chairman of the Board, not one question was asked of the people from the Millbrook area, or of their presentations.

If these are the people that run our education system and who we entrust our children's education to for a good part of their lives, then its about time that we all took a good look at who we have voted in over the past few years.

I would like to ask Mrs. Judy Cole concerning her remarks about the crowd that was there that evening,

does she attend all the meetings of the school she represents, when was the last time she entered the inside of any of the four said schools that are up for suggested closure?

Lastly I would like to add that I believe you are wrong about the crowds Mrs. Cole, they have been there before and during the time you have served as a Trustee.

Your remark was not called for, and as far as a lot of people are concerned they feel "you were out of order". One cannot help but wonder what prompted your remark to the public that evening.

Paper Needed

Congratulations on your first edition of the Millbrook Highlighter. We consider it an excellent newspaper.

It fills a void in the Township of South Monaghan. Since the Millbrook Reporter decided not to circulate east of Highway 28 this Municipality has been without a newspaper that was delivered to every home. Some residents get the Peterborough Examiner but not all; Some the Toronto Star; but we needed a newspaper that went through the mail to every residence and your newspaper has filled that void.

Kathleen M. Alexander
 Clerk-Treasurer-
 Administrator
 Township of South Monaghan

I would like to say that I do not view all of the Trustees with the same eye, there are some amongst you who are genuinely concerned with the turn of events that has put Millbrook in this position again. I recognize the way they must feel, and the fact that they voted for the package deal. We are all looking for ways of cutting back, but ladies and gentlemen Millbrook isn't one of them.

Pat Sutton
 R.R. 3 Millbrook

GOOD PAPER
 I looked forward to receiving the first edition of the Millbrook Highlighter. I am writing to say that everyone who worked to bring the paper into being is to be congratulated. It is an excellent paper and the citizens of Millbrook and area can be justly proud. You are wished much success for its' future.

Rev. Lorne I. Trimble
 Pastor
 Millbrook Christian Assembly

Reports Due 1st of Month

All club reports and news items, as well as ads, for the Highlighter are due the first of each month. Any copy that can be handed in earlier would be appreciated. The staff of the paper will meet every Wednesday at 11:40 a.m. in the Millbrook High School library. There will also be a 7 p.m. meeting on Wednesdays. All interested persons are welcome to attend either meeting.

The Editor

This Could Be Critical Year for Public Education

By Pat Sutton
The school year is half way through, and in many parts of the country it may be the most critical one in the history of public education. Schools are being buffeted from all sides by

forces threatening their very future: funding cuts by the government and spending limits by the local board, attacks on the curriculum from the right, declining enrollment and the agonies that go with it,

tax revolts by an ever growing percentage of citizens without children in school, and on and on.

Educators who think that the only challenge they have to worry about are those bright shining faces in the classroom are burying their heads in the sand. When they come up for air, they might recognize what they see. Many experts concede that financial pressures may indeed force some far-reaching changes in

the schools, but if those changes are imposed blindly from above with the dollar as the only criterion, the bright shining faces will wind up the real losers.

Public education does a very good job and turns out a quality product—but do the people know that? Do education's leaders aggressively sell their product to the consumers who hold the future in their hands, or do they keep a low profile in the hope that if

they continue to act "professionally" all the pressures will go away?

The message here is that the pressures won't go away—not by themselves. But if everyone involved—from the board of education to the superintendent, to every teacher, bus driver, custodian, secre-

tary, aide and volunteer—realizes that he or she has the power to make the difference, the public schools will survive. And that's what must start in the classroom—a concerted effort to persuade the consumer that public education is the best bargain there is.

School Closing Discussed at Council Meeting

By Celia Hunter
Discussion of the proposed closure of Millbrook High School was at the top of the agenda at the regular meeting of Millbrook Village Council, held Tuesday April 5 at the Municipal Office.

Invited to participate were three members of the Peterborough County Board of Education; Stuart Calberry, chairman of the board and representative for the Millbrook area, Verne Young, property manager, and Earl B. Law, superintendent of business.

Council members made clear their opposition to the move, a position also held by Cavan Township Council who interrupted their own regular meeting to attend and state their views.

Millbrook councillor Donald Hedlund expressed the opinion that the Board seems to be closing outlying schools with steady enrollment to fill Peterborough institutions plagued with declining numbers of students. It was agreed that Millbrook High School seems to be running efficiently and at capacity. There has been no decrease in enrollment and only general maintenance has been undertaken since the Peterborough Board assumed responsibility for the school.

"Millbrook has not had a fair shake since joining Peterborough" was the view expressed by reeve Gerry Todd. Stuart Calberry was quick to agree, but also conveyed the Board's concern over restraints that have come about as a result of rising fuel and hydro costs, a 25-30 percent loss of students

over a ten year period in the Peterborough area, and pressure on the system to keep school taxes down.

Asked how a forceful and effective representation to the Board could be made, Mr. Calberry explained that a committee set up to study the proposed closure, which will include four local representatives, will hold open meetings in the area. Mr. Law assured council members that the Board was responsive to public opinion, and that the economic question was only one half of the problem. "Now it's time to consider the social aspect" he stated.

Cavan Council Represents 3900

By Celia Hunter
Cavan Township Council, which represents a population of approximately 3,900, meets on the first Tuesday of each month from 3 p.m. on, at the Township Municipal Hall in Millbrook. The agenda for the meeting is posted outside the council chambers for the information of any ratepayers interested in attending. All delegations and business to be considered are listed as well as approximate times.

Cavan Township Council is made up of the reeve; Victor H. Norman; the deputy reeve, Wilfred Gillis; and three councillors, Ben Olan, Sherman Morrison, and Kathy MacGregor. Christine

Wright is the clerk of the Township, and can be contacted at 932-2929 for information regarding council meetings and inclusion on agenda.

Representation by councillors on community committees is as follows: Recreation - Victor Norman, Kathy MacGregor; Library - Victor Norman; Fire - Victor Norman, Ben Olan; Arena - Wilfred Gillis, Sherman Morrison.

For information regarding other committees and positions held under the authority of Council, contact Christine Wright at the Township Municipal Hall in Millbrook.

Exercise to Music

Spring is just around the corner! If you would like to shed a few pounds and tone your body for the coming bikini season, come on down to the Millbrook Arena and register for the Spring Courses of DanceFIT and TRIM-A-SIZE!

DanceFIT is a different kind of exercise, because it is a lot of fun. All the routines are done to music — dancing to contemporary songs or to the big band sound is immensely enjoyable! Each session includes stretching, toning, move, dance and cool-

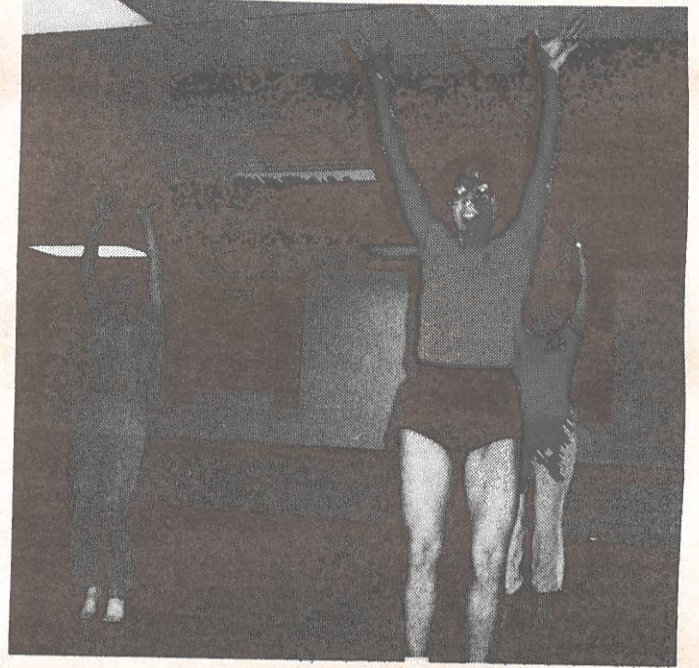
down routines.

If you prefer to just exercise to music, TRIM-A-SIZE might be for you! The first half of the hour is devoted to locomotion and a cardio-workout, including some jogging, the second half to toning and conditioning of the body. This program is quite strenuous and could also be a good workout for the Fitness-minded man.

DanceFIT and TRIM-A-SIZE are beneficial to the cardio-vascular system and exercise every muscle in your body. If attended regularly, they also aid in weight control and give you a tremendous amount of energy. They can be done by women of every age, size and shape. The input varies with age and degree of fitness. An older woman might walk through an exercise, while a younger, more fit woman may jog or run. There is no emphasis on technical perfection — if in the beginning you don't get some steps, you just "fake" it. The main thing is to have fun while exercising.

Putting you through your paces will be Sylvia Hirt, an experienced instructor for DanceFIT and TRIM-A-SIZE.

DanceFIT is a 10-



Sylvia Hirt instructs students in the dancefit and Trim-a-size classes at the Millbrook Arena.

Photo by Celia Hunter

week, twice-weekly program. Classes are held Tuesday and Thursday evenings, 7-8 p.m., beginning April 19th. The fee is \$35 for 20 sessions.

TRIM-A-SIZE is a 10-week, once-weekly program. Classes are held Monday nights, 7-8 p.m., beginning April 18th. The fee is \$22.50 for 10 sessions.

For safety's sake we strongly recommend that you wear running

or jogging shoes. Dress in comfortable, loose fitting exercise clothes.

If you have any health problems, please consult your doctor before starting to attend a fitness program.

For more information or registration, call Sylvia Hirt at 932-2041.

So come on down and exercise with us — you are guaranteed to have lots of fun while getting yourself into shape for spring!

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Spring Fertilizer for Winter Wheat

A Farmer's Viewpoint

By Ken Fallis

By the time this appears in your Highlighter it will be pretty well decided what the almost snowless winter did to winter wheat. Some time in February when the last bits of snow disappeared, wheat fields stood out green and beautiful on the landscape. Since then, of course, they've lost that brilliant green, become almost brown. Is that bad? Not at all! If wheat had really started to grow then, and with our usual expectations of frost in March and even April, the results would have been disastrous for winter wheat. The browning off is wheats' built-in protection to survive until the warm weather comes in April.

The critical period in the life of winter wheat is not the -30 degrees C in Jan. and Feb. that is, given minimum snow cover, but the sunny days and freezing nights in March and April. In this AD 1983, February tried to act like March. Every year, this season takes its toll of wheat yields. Some fields are so badly hit that they don't make it. Another advantage of winter wheat — you know in time to plant a spring crop. But if a spring crop fails, its too late to plant something else for harvest that year.

Every year, winter wheat comes under severe stress in spring sunny days, freezing nights season. Most survives, but with almost always, reduced

yields. Even with reduced yields, the growing season, September, October, and then April to August, makes it able to out yield its spring sown cousins, not in terms of bushels per acre, but in terms of lbs. per acre, or, in S1, tonnes per hectare.

Some time in the early 1950's it was established that extra nitrogen, applied in the spring, could help to overcome the sun-freeze syndrome of March-April. Along with better yielding varieties of winter wheat this spring nitrogen treatment has improved yields from the 30 to 40 bushel yields of the 1940's to the 50 to 70 bushel yields of the 1970's.

Many homeowners who listen to John Bradshaw or Ken Reeves on radio garden shows, if they follow their advice, have demonstrated that a shot of nitrogen fertilizer in early spring speeds up the recovery of the lawn after a hard winter and a backward spring. The same thing happens when winter wheat gets that extra shot in the arm. This spring tonic, for crops that have somehow managed to survive a Canadian winter, is called ammonium nitrate. Ammonium nitrate is 33 percent nitrogen, does not burn foliage unless grossly overapplied, and is a readily available source of nitrogen. We now leave the lawn management to Bradshaw, Reeves et al.

Winter Wheat's Spring Break

Wheat gets a real break when it gets extra N in spring. WITH WHAT? — Ammonium Nitrate 80 kg per hectare. (100-150 lbs. ammonium nitrate per acre.

WHY?—For yield increases of 5 to 10 bushels per acre. Payback of course, depends on wheat prices and yield response to extra nitrogen. The yield response, in a very badly winter damaged crop, will not be great. Similarly, on a crop which has wintered very well, spring weather in kind, effects of extra N will be much less noticeable. It is on those crops which have survived the winter, with only minimal damage, and a spring which is taking its normal toll, that the spring tonic, eg. 125 lbs. ammonium nitrate per acre, is likely to give the 5-10 bushel increase.

WHEN? — As early as possible after the snow is gone and the crop looks as if it's going to make it.

Legion Holds Annual Cribbage

by Jim Chaplin

The annual Alf Brooks cribbage tournament was held April 2 at the Millbrook Legion.

Several legion branches participated with Omemee Branch 497, represented by Art and Ann Renout, winning the first place trophy.

Port Hope Branch 30 placed second with the team of Henry and Adelia Carew.

Marg and Arlene Dew finished third. They represented the host branch, 402.

Una Golding and

Olive Lee representing Peterborough Branch 52 placed fourth.

The Millbrook Legion holds a "birthday dance" on the second Friday of each month.

Admission is only \$1.50 per person and includes a light lunch and birthday cake. Music is by a disc jockey.

The Legion also runs bi-weekly bingos on Thursday nights. The next one is April 28.

The hall is available for bookings. Call Lloyd Slack at 742-9320.

Late applications, after the crop has started spring growth, tend to increase straw length, decrease stalk strength, cause delayed maturity, and likely, severe lodging.

One successful wheatgrower I know doesn't use straight ammonium nitrate. He uses 16-8-8, i.e. 16 per cent N 8 per cent phosphorus, 8 per cent potash. AT 200 lbs. per acre, this ratio gives enough nitrogen. (32 lbs.) plus the stalk strengthening quality of the potassium, and the advantage to the underseeded clover of the phosphorus.

HOW? — When the fall wheat part of the rotation was about 10 acres, the farmer started by using a cyclone seeder hooked over his shoulder, walked his field spreading ammonium nitrate in 10 foot strips. His foot prints didn't quite finish the 10 acres, he was a good comparison 0 N vs. no N.

As acreages of wheat got larger, the walk-on method was no longer feasible, so tractor mounted, or trailer-type spreaders, covering 30 foot strips took over. As long as the operation could be done while the ground was still frozen, no damage to the wheat would happen from the tractor spreader wheels. This is probably the best system for a farmer-owned spreader. He can pick the right morning to lay on the spring nitrogen.

But, as we approach the 21st century, we acknowledge the achievements of the 20th. Some time in March or April if you live in the country, you may see a light aircraft flying low, in fact, so low that a crash seems inevitable. But just as the aircraft clears the utility wires, it turns, zooms and makes the next pass over the neighbor's wheat. Lays the fertilizer right on the deck!

This is not the cheapest way to get nitrogen on the wheat in the spring, but it does put on the intended amount with more precision than is likely with a ground application. And, it does not crush wheat plants with tire marks. And, you don't have to wait till the field is dry enough to carry a tractor.

As of March 21st of this year we've enjoyed, well maybe enjoyed, the biggest snowfall of the winter, about 5 centimetres. This is perhaps the best time to have this snowcover, from the standpoint of wheat, clovers, and with apologies to John Bradshaw, I also include lawns.

Local Artist

George Raab

Etchings On

Display in

Port Hope

Local artist, George Raab, is holding an exhibition of his etchings at the Thomas Gallery in Port Hope. The exhibition which will also feature artist Wilam Foley, opened on April 17 and will run until April 30.

At 34, Raab is establishing his reputation as one of Canada's foremost printmakers. As well as being included in numerous public and private collections and being represented by galleries in major North American cities, his work has won many international awards.

Raab's prints reflect his diligent accomplishments of craftsmanship in the intaglio process of etching. He derives his representational imagery largely from the wilderness landscape. His works are rich in subject matter found in the scenery of this area. Included in the Port Hope exhibition will be recent etchings with

titles such as Cavan Bog, Ganaraska, the Kawartha Suite, Spring Portage (at Burleigh Falls) and Slabtown (on Baxter Creek).

This exhibition is an excellent opportunity to view the work of this renowned artist. The Thomas Gallery, a beautifully renovated historic building, is located at 26 Ontario Street in Port Hope.

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Incredible Edibles — The Return of Green

STONE SOUP
By Evelyn Raab

Yesterday you went outside and there was snow on the ground. You wore your gloves and hat. Today it smells like earthworms and you hunt all over for your gray sweater — wasn't it hanging in the hallway last fall? This is when I start to go crazy. All winter I pride myself on creatively cooking the stuff out of the freezer or basement cold room. But suddenly if I have to eat frozen green beans or squash again I will surely die. Although I believe in eating seasonally, this time of year nothing is actually in season. We're on the verge, but not quite there yet. So I figure it's okay to cheat. Buy that enticing bunch of asparagus and pretend you just picked it five minutes ago from your garden. Or take the plunge and buy those fresh artichokes you've always avoided. There isn't another vegetable that can elevate your basic normal meal into the realm of "gourmet" quite as well. When spring arrives in our part of the world it's always a reason to celebrate — serve a spring meal and rejoice! Pretty soon the asparagus will be from your own garden, or at least your neighbor's.

Much to the surprise of many people, asparagus is the young shoot of a plant which, if left to run its course, will grow to closely resemble the inedible houseplant of the same name. In fact, after asparagus season has passed, I often pick the feathery foliage to accompany a bouquet of cut flowers. Attractive appearance aside, I still prefer the sight of fresh asparagus on a plate with hollandaise sauce to seeing it in a vase with petunias. When you purchase asparagus, look for fresh, unwilted stalks with healthy-looking tips. Hold a spear in both hands and bend it slightly. It will usually snap off more or less at the point where the tough bottom meets the tender top. Other than giving it a careful washing, that's all the trimming needed if the asparagus is fresh. To cook it, lay the stalks on their sides in a steamer basket over boiling water and steam for only about 10 minutes, 'til it becomes a beautiful bright green, but before it disintegrates into the olive drab mush usually found in (gasp) canned asparagus. Ignore such gadgets as "asparagus cookers" and the like, inventions designed to intimidate novice cooks and make money for the manufacturers. Other than a drizzle of lemon butter or a delicious blob of hollandaise sauce, asparagus needs no further embellishment. Which is not to say it doesn't go wonderfully in a souffle or rolled into a crepe. Or you might try:

Cream of Asparagus Soup

1 lb. asparagus
2 C milk
2 T butter
2 T flour
½ C light cream

- Cut the asparagus into chunks, taking care to leave the tips more or less intact. Cover with water in a saucepan and cook until tender. Drain, reserving liquid.

- Set aside the asparagus tips and puree the rest of the stalks in a blender or food processor.

- Melt the butter in a saucepan, add the flour and stir. Pour in the milk and stir until smooth. Add the water in which the asparagus was cooked, the asparagus puree, the cream and the asparagus tips. Season to taste with salt and pepper.

- Heat the soup but don't let it boil.

Sesame Asparagus

1 lb. asparagus
2 T butter
1 T lemon juice
1 T lightly toasted sesame seeds
1 t Oriental sesame oil

- Cut the asparagus diagonally into bite size pieces and steam over boiling water for 5 minutes.

- In a large skillet over medium heat, melt butter and stir in lemon juice, sesame seed and sesame oil. Add asparagus and toss to coat it well with the mixture in the skillet and heat through, but don't overcook! Season to taste with salt and pepper.

An artichoke is a peculiar creature. It resembles nothing so much as a green pine cone — certainly not something one would actually eat. For that matter, there is really more of an artichoke you don't eat than what you do. And the odd thing about it is that when you're through with it you have more stuff on your plate than before you began. But never mind — what does get eaten is positively delicious. Now, I'm not talking about those horrendously expensive little tins of artichoke hearts you find in gourmet shops. I consider that basically snob food, and not much fun to eat, tasty though it may be. A whole artichoke, on the other hand, is not just food, it's an experience. Okay, so

you cook up a batch of the little nippers (instructions below), serve one good size one per person, and everyone has something to do for ten minutes or so. For the uninitiated: you pull off one leaf at a time, dunk it in a bit of sauce, and scrape it between your teeth leaving the tough fibrous part. Keep going until the leaves are too tiny to bother with. Then you remove the hairy stuff you find in the center (called the choke, for good reasons). Under that hides the heart, which is put there as a reward for bothering to spend all that time on the rest of the thing. If you feel self conscious, practice in private before eating an artichoke in public. It's worth the effort.

Buy solid artichokes, heavy for their size, the greener the better. Often you can get them quite inexpensively when they have become bruised — they are fine for eating but not awfully fancy looking. Trim the stem to about one inch long and snip off the pointy ends of the leaves with scissors. Steam over boiling water for about 30 minutes and

eat with melted butter or (better yet) hollandaise. They can also be chilled and served with a vinaigrette.

Idiot-proof Hollandaise Sauce

Pay no attention to those persnickety recipes for hollandaise which threaten you with curdling at the slightest lapse in fussiness. I've never yet ruined this one.

¼ lb. butter
juice of ½ lemon
pinch of salt
3 egg yolks
1 T light cream or milk

- Melt butter in a saucepan.
- Remove from heat and add lemon juice, salt, yolks and cream. Mix well and return to heat.
- Stir with a wooden spoon or whisk over medium heat until thick. Be patient, you mustn't hurry the sauce, it will thicken.

The First Tastes of Spring

By Ron Hunt

Early asparagus, the tenderest lamb, perfect new potatoes, delicate Shad roe.

Our delight in the foods of Spring stems from mankind's immemorial joy at the rebirth of the year. And although winter's rigors have been soothed by out-of-season vegetables and fruits grown in hot-houses or far-off places, these have been pallid replicas of their true seasonal counterparts.

Is there anything to compare with the taste of those first tiny wild strawberries plucked hot and scarlett from the midday sun . . . or the first slim spears of asparagus emerging from lacy stems, with the promise of their inimitable nutlike flavor . . . or the revivifying tartness of Spring rhubarb that seems suddenly to stretch its tender, rosy stalks from under shafts of leafy green.

Spring means the fillip of delicate Shad roe and the darkly sensuous Shad itself to be enjoyed anew.

Spring means wild dandelion greens and dark dewy watercress growing along cool streams, and a crunch of crisp red radish.

And if we are to realize fully the delicate beauty of their fresh fragrances, flavors and textures Spring means a light touch for the new-fledged fruits and vegetables, the tender meats and fish that furnish such excitement for our tables.

Fresh Ideas For Spring:

Serve luscious red ripe strawberries whole, with their stems on, nestled in a bed of superfine sugar.

Or, simmer strawberries in a light sugar syrup for a few minutes, then cool, add a splash of cassis

and serve with a bowl of Creme Fraiche or lightly sweetened sour cream.

For an elegant Sunday brunch, bake a souffle of shad roe. Wash and poach a pair of roe in simmering water for 8 to 10 minutes. Remove and drain. Cut the roe into small dice, and add to a basic souffle mixture before spooning into the souffle dish. Serve hot and puffed from the oven with a light tangy tomato sauce, crusty rolls and butter and cups of steaming freshly brewed coffee.

Left over leg of lamb is delicious cold. Slice thinly and serve with a tangy chutney for lunch or Sunday supper. Add a crisp French loaf, a crock of sweet butter, a glass of chilled Beaujolais.

What to do with pencil-thin asparagus spears? Create a quick hors d'oeuvre. Blanch them in boiling water for 1 minute, drain and cool. Cut thin rounds of medium spicy salami. Center on asparagus on a slice of salami and roll. Arrange on a platter and garnish with black olives.

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SCHOOL NEWS

Some Students Are Upset

By Lisa Westheuser

The prospect of closing Millbrook High School has students upset with the possibility of having to transfer to a different school in 1985.

Karie Armstrong feels that the closing of Millbrook High School will hurt the community. If it closes then the students will miss out on the extra curricular activities held at the Peterborough Schools, as most team sports practise before or after school. Most Millbrook students couldn't join because of transportation reasons. She feels that Millbrook should be regarded as a model to other schools for their academic achievements. Karie hopes, along with many more that the parents, students and ratepayers can pull together and save the school.

Sharon Smith said that the prospective closure of Millbrook High School is very frustrating for

her. All through her High School years she feels she has gained so much from the closeness and friendship in her school, it is hard for her to understand where the board of education would put a higher education on a scale beside the few dollars gained by each ratepayer, and call it even.

She fails to see the balance. "Yes, it would be nice to have an elementary complex, where the younger students could learn and grow so that when they reach the most impressionable years, they can be shipped to a more permissive Peterborough institute," she said.

The future of the community of Millbrook is at stake as well as the High School. Businesses need the support of the High School students and the students need them for part-time jobs, as times are tough. Going to a high school in Peterborough, however, offers you extra

curricular activities that you can't get to, in-school activities that you can't make the standards for because of huge numbers, and a closeness to teachers who only remember your name if they have

disciplinary problems.

Shouldn't we all be jumping at this opportunity. After all, it's not every day you have the order to substitute your education for the pride of a publicly elected board.

Education Week April 24-30

By Pat Sutton

April 24 - April 30, 1983 has been proclaimed as Education Week. Provincial Hosts for Education Week 1983 are The Sudbury Board of Education and the Sudbury

School Has New Teacher

Millbrook Intermediate School has a new teacher. David Stabler took up duties at the school April 6. This is his first assignment. He is filling in for Lynda Schmor who is on maternity leave until the end of the school year.

North Cavan Book Sale

There will be a book fair with a wide range of scholastic books for sale at North Cavan Public School on April 25. The event starts at 7:30 p.m.

District Roman Catholic Separate School Board.

Peterborough County Board of Education Committee for Education Week will be holding their third Annual Opening Ceremonies Breakfast on Monday, April 25, 1983 at 7 a.m. The theme for this year is Education For Tomorrow. The Breakfast will be held at the Holiday Inn Peterborough.

Millbrook's Contribution to Education Week will be a community school luncheon hosted

by the High School Ratepayers Parents Group. Those to be invited will be from Peterborough, Cavan, Millbrook, and South Monaghan, the date set for this luncheon will be April 27, 1983.

Open house at the school will begin at 1 p.m. on April 27, 1983 and continue until 9:30 that evening. We hope to have several demonstrations for the parents and the community to view, along with projects and work from the children.

Boys Volleyball Team In City Competition

By Karl Armstrong

On March 5, the intermediate boys' volleyball team participated in the Peterborough County Board of Education senior boys' volleyball tournament. The tournament was held at Crestwood Secondary School and thirteen

teams were involved.

The intermediate boys didn't do as well as they would have liked to but tied in third place with another team. Only the two top teams advanced to the finals and at the end of the tournament, Adam Scott was declared the

winner.

The team members were as follows: Karl Armstrong, Jim Park, Barry Danford, Mike Horton, Greg Luchuk, Rob Norsworthy, Fred Ross, Troy Pritchard, Rodger Bendall and Chris Campbell. They would like to thank Mr. Cummings for taking time to coach the team and a special thanks to Mrs. Clarke for letting them come to her practices.

Many Students Interested in School Band

By Lisa Westheuser

The Millbrook elementary school band has interested many Grade 8 students now for three years. Under Mrs. Elain Flett-Autry's instruction the students of MIHS have played at various music festivals and other activities -

instruments varying from trumpets and trombones to baritones and drums.

In October of 1983, they played at the commencement held at St. Andrews United Church in Millbrook. Closer to the Christmas season they played at a concert for the village's senior citizens held at the Millbrook Legion.

The band members work hard; attending weekly practices, and are proud of their accomplishments.

CO-ED VOLLEYBALL

By Karl Armstrong

The co-ed volleyball team have worked hard, developing skills and learning to play their positions well on the floor. They attended a tournament in mid-April at which they played as a real TEAM - a team of boys and girls really working together.

The team members were as follows: Audrey Brown, Robin Cameron, Leslie Dickinson, Lisa Westheuser, Caroline Gaffney, Karl Armstrong, Jim Park, Barry Danford, Greg Luchuk

and Mike Horton.

They would like to thank Mademoiselle Becker and Mrs. Mc Gregor for spending their many hours of coaching the team.

DRAMA CLUB

By Ms. Sandra Herage


Due to some unfortunate circumstances, the production of Anne of Green Gables has been postponed until next school term. In its place, the Drama Club plans to produce "No Opera at the Opr'y House Tonight" (Too Good to be True) a full length melodrama by Tim Velly. Production is scheduled tentatively for mid-May this year.

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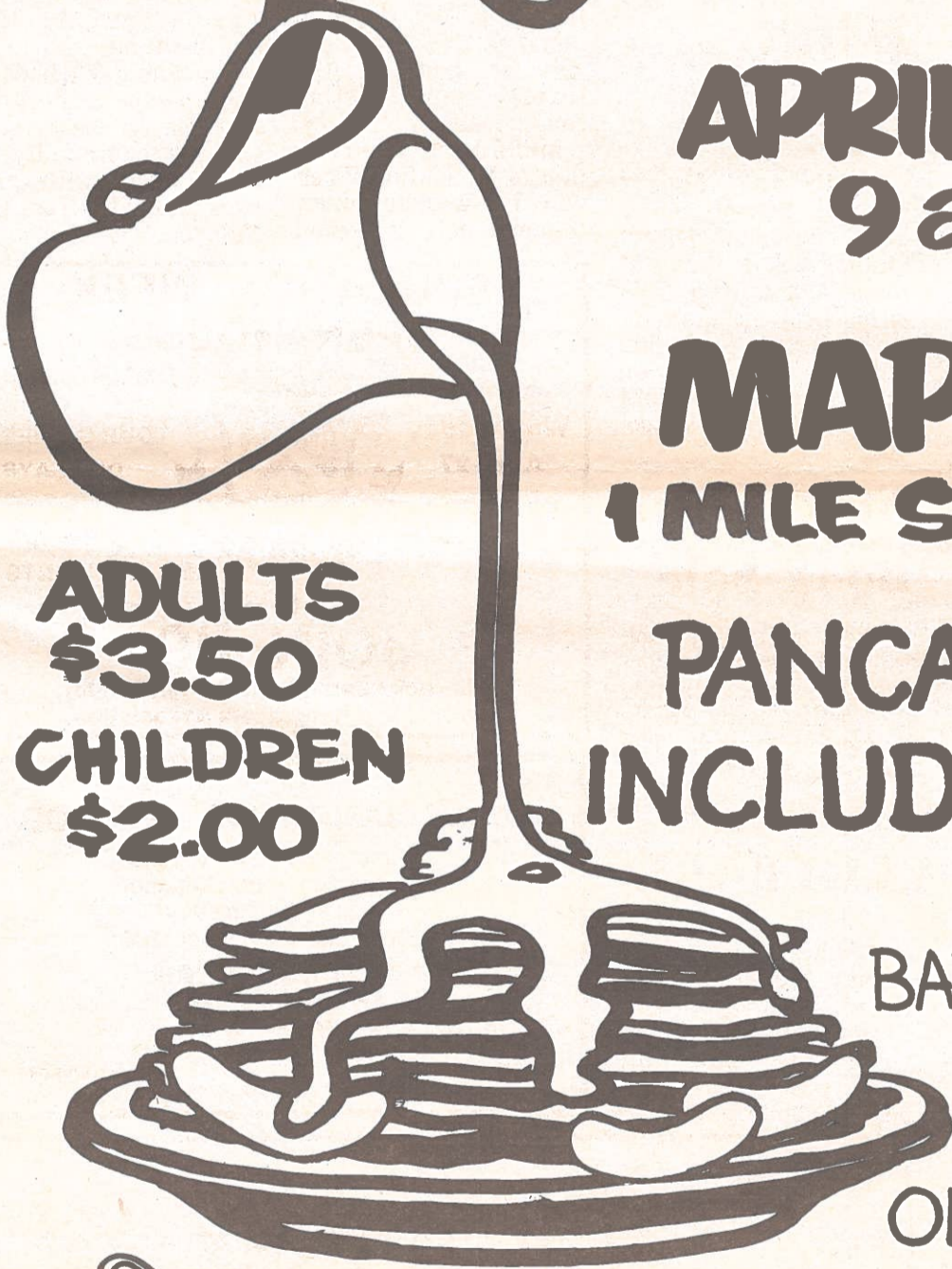
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SPORTS

FIGURE SKATING CLUB HOLDS ANNUAL CARNIVAL

By Chaplin
I Believe In Music was the title of the 1983 carnival presented by the Millbrook Figure Skating Club.

Two performances of the 12th annual show drew large crowds to the Millbrook arena at 8 p.m. Saturday, April 9 and 2 p.m. Sunday, April 10.

The show featured many numbers performed by club members and guest skaters.

Such popular movies as Xanadu, Cabaret,

Grease, Urban Cowboy and The Jazz Singer were the basis for some of the numbers.

Guest skaters were Karen Westby and the dance team of Jim and Debbie Hutton.

Miss Westby, a Peterborough native, trains at the Toronto Cricket Skating and Curling Club under Ellen Burka. She is the Eastern Ontario sectional novice ladies champion for the second year in a row.

The Huttons, a brother and sister team,

are from Ajax and members of the Upper Canada Skating Club in Willowdale.

They have been skating for eight years and competing for six. They have 58 medals and trophies to their credit, including the Ruth Phillips Bursary Award for their achievements in ice dancing.

As always a lot of hard work went into the show but again it paid off in an entertaining and successful presentation.



Performers in the Millbrook Figure Skating Carnival held April 9 and 10. Photo by Celia Hunter

— Bowling Leagues End Regular Season Play —

By Lianne Landry
Millbrook Mixed League

The week of April 4 saw the end of the 30 week regular season. This has been followed by three weeks of play-offs and the final event will be the annual banquet and dance to be held on May 7 at the Millbrook Legion. Team and individual awards as well as playoff prize money will be awarded at this time.

High averages for the year include Jim Bruton 224, Wilson Larmer 220, And Ken Blair 215, for

the men. Marion Guthrie 201, Pat Sorensen 195, and Barb Hulcoop 190 lead the women.

Team standings at time of writing: Alley Cats 135, Krazy Krew 134, Reruns 128½, Wild and Woolies 119½, Kay Dee O's 119, Dews and Dont's 113, Deadeyes 109, Stone Throwers 108, Gutmanwoos 105, Westenders 97, Two Pins 92, Pro Arrows 92, Who Cares 85, Six Pack 76, Flintstones 74, Bad News Bears 68, Thirteeners 58.

North Shore League Team Standings:

Singapore Slings 112, Screwdrivers 101, Harvey Wallbangers 96, Grasshoppers 96, Rusty Nails 80, Black Russians 59.

The North Shore Bowling League banquet will be held on Saturday April 30 at the Millbrook Legion. Watch this column for a complete list of awards.

Bethany Golden Stars
This league is made up of a group of energetic and fun loving senior citizens mostly from Bethany. They get together every Tuesday, one week is their regular meeting, the next is for bowling. Bowling 2 games, chatting with friends, and generally having a good time makes their bi-weekly excursions to Millbrook Bowling Lanes an enjoyable time for all.

Final team standings: Orioles 48, Cardinals 43, Wrens 33, Bluejays 27, Robins 24, Swallows 20. This league is present-

ly into playoffs. Team and individual awards will be presented at the end of the season.

Youth Bowling League
Youth bowlers have also just finished a very busy regular season. In addition to regular weekly fun, there have been many tournaments the latest of which was the Pepsi Cola family twosome tournament. This event teams each child with one of his or her parents in a total pins plus handicap scoring race. Congratulations to Rick and Sherry Moore for winning the bantam division, Kathryn and Marie Swan the junior division and Ron and Nancy Swan the senior division. These winners will go on to the zone finals on May 29. Good luck.

Final team standings: Senior Division - Spinners, Pack Rats. Junior Division - Gutter Rollers, Strikers, Born Losers. Bowleroids.

Bantam Division - E.T.S, Shooting Flames, Gorfs, Star Strikes, Six Pack, Hotshots.

Mite Division - Three Stooges, Mighty Mites, Pirates.

Youth bowlers are presently involved in playoffs and will finish their season with a banquet on Saturday April 30 at the Millbrook

Legion. It will include good food, team and individual awards, door prizes and just plain fun.

Mixed Summer League
This league begins play on Monday May 8 and runs until the end of June. Lots of fun and prizes so sign up now at the Millbrook Bowling Lanes.

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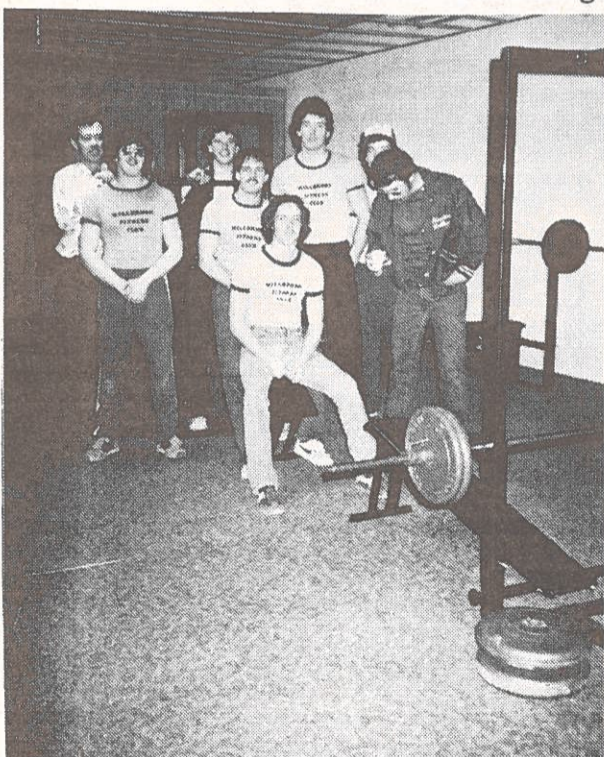
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Executive and supporters of the Millbrook Fitness Club, l. to r.; Murray Farrow, Steve Powell, Jim Robbins, Randy Saunders, Doug Powell, Steve Black, Mike Corfe and Ralph Lunn.

Photo by Celia Hunter

Millbrook Billiards

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SOFTBALL and T-BALL REGISTRATION

Sat, April 23 10 a.m. - 2 p.m.
Millbrook Municipal Hall

Mixed T-Ball 10 & under / Bantam Boys 18 & under
Pee Wee Boys 12 & under / Junior Girls 14 & under

Fee \$6 per Player

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Millbrook High School Important to Community

A VIEW FROM THE COUNTRY

By Jim Chaplin

Once again the Peterborough County Board of Education (PCBE) has suggested closing a Millbrook school.

No one is opposed to them saving tax dollars but the opposition is to how they go about it. And of course we all know we will never see those so called savings.

Closing a school that is paid for and busing students to the city is not a logical way to save money. Not to mention the safety factor of busing.

Representatives from PCVS in Peterborough, also identified for possible closure, pointed out to the board on March 24 that Thomas A. Stewart Secondary School has an excellent football field but no football team because most of the students are bused.

This is the point we have been trying to make with the board for some time. If our students are bused to a Peterborough high school it won't matter that better facilities are available. Our children won't get to use them because they will have a bus to catch. They will lose that sense of belonging that is so strong at Millbrook High School.

The PCBE did not build any of the schools in this area. They had them handed to them in 1974. They have done little to improve the schools since.

Since they took over they have continually made changes the system in this area.

Three months after they annexed the area they started reshuffling students in the three schools in the immediate Millbrook area, Millbrook Public School (MPS), South Cavan Public School (SCPS) and Millbrook High School (MHS).

In 1975-76 we were number five on the long range list for capitol expenditure. A \$1 million addition to the high school was planned at that time.

An addition was still being proposed in January 1978 when the PCBE proposed closing MPS, changing boundaries to take 30 students to South Monaghan Public School in Bailboro and busing our high school students to Peterborough.

In September 1979 the boundary change took effect and actually

included 90 students instead of the Board's figure of 30.

Strong protests by area residents prevented closure of the public school and busing of high school students.

However, in November 1981 the issue of safety in the then 93-year-old public school led to the closure, partial reopening and then final closure of MPS in June 1982.

We were promised at that time that an \$800,000 addition would be built on the high school facility to accommodate students that would be displaced. We were then placed as the number one priority for capitol expenditure. A position we still hold.

It seems that the goal of the PCBE has always been to close MHS. They have just had to do it a bit at a time.

It is anticipated that the village of Millbrook could grow in the next few years to almost twice its present size. There are also several hundred lots in Cavan Township zoned residential. The potential for development in this area is great but it won't happen if we lose our high school.

In fact just the opposite may happen. We could lose residents and businesses could go bankrupt. The Millbrook Delicatessen, for instance, estimates that 50 percent of their business can be directly related to the high school.

If they close MHS the PCBE will lose much more in taxes than the few dollars they may save initially.

Even more important than any of this is the students. It is the responsibility of the Board to see that our children get an adequate education. This continual reshuffling and uncertainty does nothing to aid students in their education.

It's time we got some of our tax dollars back. The PCBE should forget about closing our high school, build our addition and get on with the job of educating our children.

We don't have declining enrolment, despite the Board's apparent attempts to artificially bleed the area of students.

We have lost high school student to Peterborough because they are not sure a high school will remain in this village. Our area is the only one that

has a choice of high schools. We have lost 90 students to South Monaghan Public School through a boundary change. South Monaghan students have the option of attending MHS, although the Board has made no attempt to make that fact readily known.

One way to save money would be to increase the county pupil teacher ratio which now stands at 17.2. To increase that by three percentage

points would not adversely affect class sizes or put any burden on the teachers. It would, however, have a noticeable effect on the PCBE budget.

If money can be found for French immersion and other costly programs, I'm sure they can find the money to keep MHS open.

Nothing will be gained by closing MHS and in fact a great deal will be lost.

Public Invited to Manvers Council Meetings

By Celia Hunter

Manvers Township Council, representing a population of 3650, meets the first Tuesday of each month at 7:30 in the Municipal Office located in Bethany.

A newsletter reporting on council affairs is sent out on a monthly basis to all ratepayers, who are also invited to attend meetings and voice concerns to reeve George Neals, deputy reeve Bob Brown, and councillors Barry Pickering, Jim McMullen and Terry Staples.

Ross Davidson, clerk of Manvers Township, should be contacted for information regarding council meeting agendas.

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SOUTH MONAGHAN COUNCIL MEETS FIRST MONDAY OF MONTH

The beautiful old building housing the South Monaghan Township Municipal Office is the site of council meetings on the first Monday of each month at 7:30 p.m.

Council meetings are open to the public except for occasional 'in camera' sessions, and anyone can be included on the agenda and attend to express concerns. The clerk for the township is Kathleen Alexander, who can be contacted at the Muni-

cipal Office (939-6079) between the hours of 9 and 12, and 1 and 5, Monday through Friday.

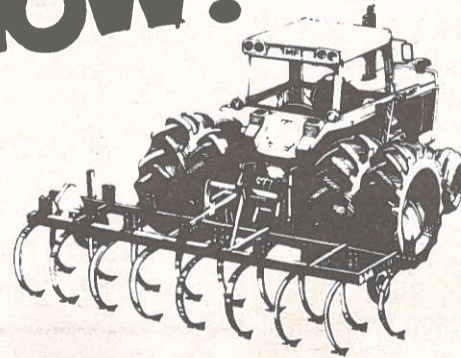
Reeve of South Monaghan Township, which represents a population of approximately 1000, is George Dean, deputy reeve is Anna Whittington, and councillors are Gerald Anderson, Malcolm Syer, and Bill Jones.

These representatives are also members of committees to study specific township concerns, such as the

Recreation Committee (Anna Whittington, Bill Jones), the Roads Committee (Gerald Anderson, Malcolm Syer), the Property Committee (George Dean, Gerald Anderson), and the Finance Committee (Anna Whittington, Bill Jones). These councillors can be consulted for information in these specialized areas and others. The clerk should be contacted for further information regarding other positions within the Township framework.

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Many Pets Treated Unfairly

CRITTER TWITTER

By Dark Horse

A tragic situation exists in today's domestic canine and feline world. Of the hundreds of unwanted dogs and cats that end up in our animal shelters, only a very small percentage is ever adopted. The majority of these creatures is either euthanized or sold to research institutions. Domestic animals that are let loose or allowed to stray often starve to death, are killed by other animals, run over by cars, or are often caught in traps.

We, as responsible animal owners, can help remedy this by spaying and neutering our pets. In today's modern animal hospital, there is little risk involved in such an operation. It accounts for about seventy percent of the surgery in most veterinary clinics, thus making it a routine operational procedure. Female spaying is an ovario hysterectomy (removal of ovaries and uterus). Male neutering is the removal of the testicles.

Female dogs come in heat twice a year, or approximately every six months. The ideal time to spay is between five and six months of age, preferably before the first heat. It can be done when the dog is older, but there is more risk involved. The spayed dog will be healthier and probably live longer than her unspayed counterpart, mainly because she won't have the risk and stress associated with pregnancy, and diseases

such as mammary cancer and pyometra (infection in the uterus). It is an old wife's tale that spaying makes the dog fat and lazy. This condition is usually attributed to lifestyle, such as overfeeding and little exercise, not spaying.

The male dog should be neutered between seven to nine months of age. This usually produces a nicer pet, not inclined to roam, less aggressive, and not so preoccupied with being a male dog. He is often healthier in the long run, not being subjected to male reproductive cancers.

Between February and October, female cats are in heat every fourteen to twenty-one days. This cycle usually begins at about six to seven months of age, making the ideal age for spaying between the fifth and sixth month. The spayed cat will often live longer, not being subject to reproductive type diseases. She won't roam, as would a female seeking a male and the owner will not have to suffer very vocal and often irritating behavioral displays.

Tom cats should be neutered between six and seven months of age, before obnoxious behavior patterns, such as spraying and roaming, are formed. Unneutered Toms are very preoccupied with territorial staking which leads to fighting, often necessitating medical attention. Intact males tend to neglect self grooming, and are frequently dirty and unattractive. Constantly seeking out females in heat, howling and night fighting make the Tom quite a neighborhood problem. When neutered at the proper age, on the other hand, he can be a nicely behaved, people oriented cat.

People, who wish to allow their animals a pregnancy, or want their children to view the miracle of birth, should seriously consider the following questions:

Can we guarantee unborn puppies and kittens a good responsible home?

Can we afford to give the pregnant animal and resulting offspring the medical and nutritional care they require, i.e. - vaccinations, which average ten to twelve dollars per pup or kitten, and worming?

If one cannot answer emphatically, yes, to these questions, responsible pet owners and animal lovers will spay and neuter to help curb the growing population of unwanted dogs and cats.

Any questions concerning the material in this column, or other animal problems in general, may be directed to the editor and will be answered in next month's publication, if possible.

Remember, do not let your animal roam free, for too many such creatures become accident victims.



Keep your pet healthy and happy with proper veterinary care. Photo by Harold Glass

Council Members Serve on Many Committees

by Bev Wilken

Millbrook council meets the first Tuesday of every month at the municipal office, commencing at 7:30 p.m.

These monthly meetings are open to the public except when council convenes as "committee-of-the-whole."

If you wish to be heard by council you must have your intentions put on the agenda. To do this you simply call the clerk, Gail Empey, at the municipal office, between the hours of 8:30 and 4:30, Monday to Friday.

Village of Millbrook council members for the present three year term are: reeve Gerry Todd, councillors Larry Keates, Murray Farrow, Donald Hedlund and George Branscombe.

In addition to dealing with all village affairs, these five representatives also sit on committees of council. The following information should help taxpayers to more readily locate the appropriate councillor should the need arise.

Committees of council for 1983 are as follows:

Fire Protection: Larry Keates and Gerry Todd.

Recreation: Murray Farrow, Donald Hedlund and Gerry Todd.

Arena Committee of Management: Larry Keates and Donald Hedlund.

Garbage Disposal: Murray Farrow, George Branscombe and Gerry Todd.

Roads and Sidewalks: George Branscombe, Murray Farrow and Gerry Todd.

Planning and Village Property: Larry Keates, Donald Hedlund and Gerry Todd.

Millbrook and District Medical Centre: Donald Hedlund and Gerry Todd.

Library: Murray Farrow.

Laverne Gibson is the representative to the Otonabee Region Conservation Authority. Ray Nelson is building and plumbing inspector, John Potter is By-Law Enforcement officer replacing Gary Wood. Wood is road foreman.

Municipality of
Cavan



P.O. Box 189, MILLBROOK, Ontario L0A 1G0

NOTICE TO CAVAN TOWNSHIP RATEPAYERS

Please be advised that effective May 4, 1983 to Sept. 5, 1983, the Township of Cavan Dump will be operational on the following days:

Wednesday 12 Noon - 8 p.m.
Friday 9 a.m. - 6 p.m.
Saturday 9 a.m. - 5 p.m.

Christine Wright,
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1983 DOG LICENCES

The 1983 Licence and Dog Tags are now due and available at the Township of South Monaghan Municipal Office, Baillieboro, Ontario.

Any owner, harbourer or possessor of any dog within the limits of the Municipality shall procure a tag from the Municipal Corporation a tag for same and shall pay an annual licence fee of:

\$10.00 for each male, female or spayed female.
A \$2.00 discount per licence issued is applicable if purchased before April 30th, 1983.
A \$15.00 penalty per licence issued is applicable if purchased after April 30th, 1983.
Kennel licences shall be \$35.00.
A \$10.00 discount per licence shall apply to a Kennel licence issued before April 30, 1983.
A \$15.00 penalty per licence shall apply to a Kennel licence issued after April 30, 1983.

Office hours are Monday to Friday - 9 a.m. to 12 noon and 1 p.m. to 5:00 p.m.

Kathleen M. Alexander
Clerk,
Township of South Monaghan.

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Special Rates for Senior Citizens

Recreation Committee 1983 Budget Approved

By Lianne Landry
The 1983 budget of \$3150.00 has been accepted by council and the committee may now proceed with its projects.

Canada Day plans are being made to include a church service, exhibition softball and fireworks. The canoe races, first held last year and

planned as an annual event, may have to be cancelled because the Otonabee Region Conservation Authority cannot give a starting date for construction on the dam to begin. If construction is underway, it will not be possible to raise the water level in the pond to accommodate the

boats. A decision will soon have to be made so that alternate plans can be made if the pond is unavailable.

Three pieces of equipment have been purchased and loaned to the Millbrook and District Fitness Club, two exercise bicycles, and a leg machine. In the event that the club closes, this

equipment will be returned to the committee.

This year's softball program will be expanded to include two t-ball, one peewee boys, one bantam boys, one junior girls and one senior girls teams. If there is a sufficient number of players registered, a house league which will not travel outside the village, will be set up. If there are not enough players, those not chosen for the teams will be refunded their registration fee. The recreation committee supplies all equipment except gloves and has lined up several coaches. Umpires are still needed and interested parties may attend registration on April 23 at the municipal hall from 10 a.m. to 2 p.m.

The senior citizens have expressed an interest in participating in a sightseeing trip to the

gardens on Taunton Road near Oshawa. Watch this column for information on when the trip will be and where to obtain tickets.

An application has been made under the summer Canada Student Employment Program to enable the committee to take over the children's summer program previously offered by the community centre. Under this program, the federal government will supply funds for wages, rentals, supplies, transpor-

tation, and benefits. If accepted, the committee will hire four local students to work with the children using the community centre for a base and including a few swimming and roller skating trips.

Fund raising projects in support of recreation programs are being considered. A dance is planned for July 2 on the floor of the arena. It will help make Canada Day a weekend affair. Watch this column for ticket information and musical arrangements.

Township Clerk Retires and Plans to Relax

By Shirli Allison
Julie Wismer has just recently retired as Clerk-Treasurer for Cavan Township. She held that position for the past three and a half years. For six years prior to that she was clerk of Millbrook village.

She plans to spend her time relaxing with her husband Ron and is looking forward to the warm weather so that "I can putter around outside in my garden and be with my three Grandchildren."

She was born and lived in Saskatchewan, going to Secondary school there, she took her continuing education in Toronto and

received her Registered Accounting Degree through McMaster University. Julie received her Association of Municipal Clerk Treasurers Degree from Queens University in Kingston, Ontario. Her retirement was official on March 15, 1983. Over the past few years, Julie has noticed a lot of changes in municipal government, including "more paperwork and a greater workload". She said that she has met a lot of very friendly, nice people, through her job and finds the people in the Village and Township co-operative and helpful.

Christine A. Wright is Cavan Township's new

Clerk-Treasurer. She is originally from Warsaw, Ontario, receiving her secondary education from Crestwood Secondary School in Peterborough. She also attended Sir Sanford Fleming College, Peterborough, receiving her Accounting and Business Degree. Christine is married and her husband works at the Millbrook Correctional Centre. She began working for Cavan Township in 1979 as a Secretary, then Deputy Clerk and now Clerk-Treasurer.

She says she thoroughly enjoys working for the ratepayers and has a good working relationship with Cavan Township Council.

Extra Copies Available

Extra copies of the Highlighter are available at a cost of 10 cents each. A limited number of the first issue are also still available.

Photos that appear in the paper can be purchased as well. Call 932-2789 or 932-5487 for information.

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OPEN EVENINGS

Millbrook Artist Exhibits Work at Peterborough Gallery

By Fran Fearnley
There is no front door. You arrive at the Glass' studio-home, tucked away on the 4th. line of Cavan Township via a ramp-stairway which runs along the side of the house. Upstairs in an open-plan area is Grace Glass' drawing studio surrounded by windows and, as though an afterthought, their living space. On the ground floor Harold, her photographer - sculptor husband has his work space.

She is animated about life in Millbrook. The joys of starting a garden, her passionate attachment to her horse and time spent absorbing her new environment, are some of the distractions which have kept her busy, away from the drawing-board, for seven years.

Glass recently held an exhibition at the Ironwood Gallery in Peterborough. Though she has exhibited her work before in Wisconsin, her original home, Michigan and Toronto, this is her first show since moving to Millbrook in 1975. It took her twelve months to prepare for the show and she had hoped to complete more works. After several

less productive years she found the pressure to produce by a deadline difficult.

She mainly uses pencil and charcoal and doesn't "feel the need to work in colour". Only in one drawing at the Peterborough exhibition has she used oil crayon and then only over part of the work.

Though her recent drawings have familiar titles - Ganaraska Hills, Cavan Winter - Glass explains that she does not draw a particular scene. "People sometimes tell me that they recognize the place I have drawn, but it is never one view, it is a combination of several influences. "Her work is abstract as this form of expression is "more honest" for her. She like to communicate a feeling or mood and not be tied down by the procedures of producing a realistic picture.

In talking about the self-discipline an artist needs to develop, Glass parallels it to the work of a ballerina or jazz musician who must practice for hours every day in preparation for a show. "There are probably lots of good artists who never produce good work because they don't have self-discipline.

She has experienced a change of motivation since moving to the country and has become "fascinated by line". The difference this has made to her style was evident at the Peterborough exhibition. Recent drawings are much more detailed and delicate than earlier work completed when she lived in the city.

How does she start to work when an idea comes to her? Glass usually begins in miniature, on pieces of paper

about three inches square. She will sketch the outline of what later develops into a much larger more detailed piece. She often works on several drawings at the same time.

Now that Glass has happily settled into life in the country, she feels ready to return to her drawing full-time. She is modest about her talents, but those of us who saw her exhibition know that we have much to look forward to in future showings of her work.



— Photo Harold Glass

Millbrook artist Grace Glass at work in her studio.

OBITUARY

Prominent Area Farmer Dies At Home At Age 58

Edward C. (Ted) McDowell of R.R. 3, Millbrook and owner of MTM Stock Farms on the fourth line of Cavan Township, died suddenly of a heart attack at his home Thursday, March 10, 1983. He was in his 59th year.

Mr. McDowell had suffered an earlier heart attack in December and spent 11 days in hospital. He had been progressing satisfactorily.

He was born in Millbrook on August 15, 1924 and lived all his life in the area.

An active member of the community he was a director, past president and honorary life member of the Millbrook Fair Board.

For the past 40 years he had been a member of the Eastern Ontario Aberdeen Angus Association and was a director and past president of that organization.

He served with other area agricultural organizations as well and had been active until recently in sports, playing and coaching hockey and baseball.

McDowell was predeceased by his first wife, Mary Sanderson and is survived by his second wife, the former Jane Farr, one daughter, Mrs. David Finney (Anne) of Omeme and two sons, Rod of Millbrook and Brian of Toledo, Ohio, and by nine grandchildren.

He is also survived by four sisters, Mrs. Eric McKinsky (Dorothy) of Peterborough, Mrs. Reginald McKnight (Madeline) of Orillia, Mrs. Al Skinner (Marjorie) of Port Perry and Mrs. James Parr (Bea) of Deep River.

He was the son of the late Milburn McDowell and Josephine Campbell.

Funeral services were held at 3 p.m. Sunday, March 13, 1983 at St. Andrews Church, Millbrook, with Canon Walter Dyer officiating.

Interment was to be at a later date in Gardiner Cemetery.

In memory of Mr. McDowell, donations to the Ontario Heart Foundation were encouraged by the family.

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PROFIT FROM OUR EXPERIENCE

Drum Corps to Play at C.N.E.

By Jim Chaplin
The Millbrook Legion Junior Drum Corps will play at the Canadian National Exhibition in Toronto on August 25.

This is just one of many engagements the band has for the coming season, but the first time they have played the CNE.

They will also be doing a Canada Day parade in Peterborough on July 1 and a number of other local and area events throughout the summer.

"We've had the group together for two and a half years," said band master Ted Fullagar, "and have only lost two members, that must be some kind of a record."

The 24-member band now has double drums, thanks to the Canadian Knights and Shriners from Peterborough who donated the equipment.

"Keith Blair from Millbrook has been a great help with the band, assisting in various ways, including making fittings for the new drums," Fullagar said.

Last year the band did about 15 parades and Fullagar expects about the same this year. "That's about all I can handle," he said.



First appearance of the Millbrook Junior Drum Corps at the C.N.E. this August. Photo by Jamie Richards

Pathfinder Mexico Bound

By Lianne Landry
Natalie Warner of the 1st Millbrook company of Pathfinders is among fourteen girls chosen from Ontario to participate in a trip to Mexico in July. Girls are chosen according to merit through a screening process and participate in training and orientation programs to pre-

pare them to get the most out of their international experience. Natalie will travel to Toronto for her first orientation session on May 14 and meet the girls she will be traveling with. They will visit Our Cabana, the girl guide house in Mexico and do some sightseeing.

Pathfinders is a branch of the girl guides of Canada for girls aged 12 to 15.

CLASSIFIED

BIRTH

WILKEN — Michael and Beverley (Tennant) are proud to announce the birth of their daughter, Victoria Lynn, weighing 7 lbs. 12 ozs. on March 18, 1983. A sister for Paul. Proud grandparents are Betty Wilken, Bowmanville, and Don and Joyce Tennant, Orono.

ANTIQUES — Many new "old" items in stock now, including washstands, books, pressed back chairs, rockers, china, etc., etc. The Annex Antiques, King St., Millbrook. Come in and browse.

CARS

1979 DODGE Omni for sale, 70,000 km. Certified. \$3500 or best offer. Call 932-2695 after 6 p.m.

ARTICLES FOR SALE

GO CART for sale; 5 h.p. engine, good condition, extra parts, \$295, 932-5487.

RAWLEIGH products. All your Rawleigh product needs may be satisfied by phoning George E. Martin, 742-8308. Pick up or delivery.

TREES for spring planting, maple, cedar, some birch and other varieties. 932-5487.

SEARS Kenmore wringer washing machine. Excellent condition. Phone 932-2691 before 5 p.m.

SERVICES

JEAN'S Dressmaking and alterations. Call 277-2942, Pontypool.

HOUGH 'N' SONS — renovations, home, bus., cottage, patios, rec rooms, additions, repairs, etc. Quality workmanship guaranteed. Good rates. Your local home handyman. Call now for free estimates. 939-6821.

Chong's Restaurant

38 King St.
MILLBROOK, ONTARIO
Chinese and Canadian Food
Chinese Food Take-out Service
932-3055

★ **SAVE 25%** ★
anniversary special

Deluxe Charbroiled Burger
Beefeater Fries
Coffee or Pepsi

\$2.25 (with coupon)
Offer Expires May 1, 1983

THE COUNTRY CORNER
RESTAURANT & TAKEOUT

MILLBROOK PLAZA Open 7 days a week 932-2995

GIANT YARD SALE
Saturday, May 7th

Rain or Shine - Come Join the Fun!
Centreville Presbyterian Church — Hwy. 28 at
South Monaghan

Antiques Tools Crafts
Bake Table Flowers Clothing
Books Refreshments Misc.

9:30 Open — 1:30 Auction Sale

PEOPLE NEED PEOPLE

Let us help you to find that special someone for a lasting relationship. One Fee Dates All. (state age). Globe Dating, Box 1215, Peterborough K9J 7H4. SERVING YOUR AREA FOR 13 YEARS.

PAPA'S PIZZA

15 King Street
Millbrook, Ontario
705-932-3030

Sundays - 12 Noon till 8 p.m.
Mondays - Closed
Tuesdays through Thursdays
4 p.m. till 12 Midnight
Fridays and Saturdays
12 Noon till 2 a.m.

TO ADVERTISE IN
The Highlighter

Call

932-2789

932-3139 932-5487

Sandy's Hairstyling
Creative Hair Design
in a
Relaxed and Friendly
Atmosphere

Open: Tues. and Thurs. 9-9
Wed. and Fri. 9-5
Sat. 8:30-12:30

12 Lisa Crt., Millbrook
932-2189

Millbrook Delicatessen

European Style Meats

Over 50 varieties of imported and domestic cheeses.

Bulk natural foods and spices

PARTIES CATERED

Trays and Gift Boxes

Light Lunches

Open Mon. - Sat. 9 - 5:30

King St.

932-2997

IGA Competitive Prices

MOUNTAIN DEW, REGULAR OR SUGAR FREE PEPSI FREE OR REGULAR OR DIET

Pepsi-Cola

750 mL BTL. **.33**

PLUS .30 DEP. PER BTL.

ASSORTED VARIETIES

Primo Pasta

900 g PKG. **.79**

BONUS

White Sliced Bread

675 g LOAF **.49**

FROZEN, CONCENTRATED SUN SQUEEZE, 12-FL. OZ. TIN

Orange Juice **.59**

LIMIT 6 TINS PER FAMILY

HEINZ

Tomato or Vegetable Soup

10-FL. OZ. TINS **3.1**

CUT GREEN OR WAX BEANS, CREAM STYLE OR WHOLE KERNEL CORN OR HONEY POD PEAS

Stokely Vegetables

12 TO 14-FL. OZ. TIN **.49**

PRIMO, PLAIN

Spaghetti Sauce

28-FL. OZ. TIN **.99**

GINGERELLA, ORIGINAL OATMEAL, OLD FASHIONED CHOCOLATE CHIP OR RICE CRUNCH

Dad's Cookies

200 g TO 225 g PKG. **.69**

IGA, MILD, MEDIUM, OLD COLORED OR OLD WHITE

Cheddar Cheese

RANDOM WEIGHTS **.69/100g**

3.14 LB.

PRIMO, 100% PURE

Vegetable Oil 3 L PLAST. JUG **2.99**

PRIMO, GRATED

Parmesan Cheese 125 g SHAKER **1.69**

PRIMO,

Lady Finger Biscuits 150 g PKG. **.39**

BEEF, IRISH, TURKEY/CHICKEN OR MEATBALL

Clark Stews 24-OZ. TIN **1.39**

QUENCH, FLAVORED, ASSORTED FLAVORS

Drink Mix Crystals POLY BAG OF 3x92 g ENV. **1.39**

HEINZ, ASSORTED VARIETIES

Junior Baby Food 7 1/2-FL. OZ. JAR **.49**

ORANGE, SEVILLE OR 3-FRUIT

Laura Secord Marmalades 250 mL JAR **.89**

KRAFT, SALAD DRESSING

Miracle Whip 500 mL JAR **1.29**

Nestlé's Quik

750 g CONT. **2.49**

ASSORTED FLAVORS,

Del Monte **Pudding Cups** SLEEVE OF 4x5-OZ. TINS **1.29**

PLASTIC FOOD WRAP

Handi Wrap 30m ROLL BOX **.79**

HUMPTY DUMPTY, ASSORTED VARIETIES

Potato Chips 200 g PKG. **1.09**

ASSORTED VARIETIES

Trebor Candies 175 g TO 280 g PKG. **.79**

ZION,

Fig Bars 600 g PKG. **1.49**

SURTEC, BONUS PACK OF 5

Garbage Bags PKG. OF 15 **1.19**

SILKIENCE, ASSORTED VARIETIES

Shampoo or Conditioner 1/2 OUR REG. PRICE 200 mL PLAST. BTL. **1.24**

REGULAR OR MINT

Aquafresh Toothpaste 100 mL TUBE **1.39**

"9 VOLT", PKG. OF 1, "AA", "C" OR "D", PKG. OF 2

Energizer Batteries EACH PKG. **2.29**

FROZEN, FANCY GRADE

McCain Peas 1 kg POLY BAG **1.49**

HIGH LINER, FROZEN, INDIVIDUALLY WRAPPED, BONELESS OR REGULAR

Boston Blue Fish Fillets 14 TO 18-OZ. PKG. **1.99**

WEST, (QUARTERS) 100% PURE VEGETABLE OIL

Margarine 3-LB. CTN. **2.19**

FRESH for FLAVOUR

PRODUCT OF CALIFORNIA

Fresh Strawberries

PT. **.79**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE, GREENHOUSE

Seedless Cucumbers

EA. **.99**

PRODUCT OF CHILE, CANADA FANCY GRADE

Granny Smith Apples 1.96/kg **.89** LB.

PRODUCT OF SOUTH AFRICA, CANADA FANCY GRADE

Packham Pears 1.96/kg **.89** LB.

PRODUCT OF U.S.A.

Avocados 2 FOR 1.

PRODUCT OF CENTRAL AMERICA, DOLE OR CHIQUITA

Bananas 1.08/kg **.49** LB.

PRODUCT OF ONTARIO, CANADA FANCY GRADE

Red Delicious Apples 1.36 kg 3-LB. BAG **1.29**

PRODUCT OF ONTARIO

Cole Slaw 2 227 g 8-OZ. PKGS. **1.**

PRODUCT OF U.S.A.

Endive or Escarole EA. **.59**

PRODUCT OF ONTARIO

Fresh Mushrooms 4.39/kg **1.99** LB.

PRODUCT OF MEXICO

Brussels Sprouts 2.18/kg **.99** LB.

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Cooking Onions 2.27 kg 5-LB. BAG **.79**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Carrots 2.27 kg 5-LB. BAG **.99**

PRODUCT OF ONTARIO

Alfalfa Sprouts 2 113 g 4-OZ. PKGS. **.88**

CUT FROM CANADA GRADE A BEEF

Blade OR CHUCK Short Rib Roasts

SEMI BONELESS

3.06/kg

1.39 LB.

CUT FROM CANADA GRADE A BEEF

Cross Rib or Boneless Shoulder Roasts

3.95/kg

1.79 LB.

PREVIOUSLY FROZEN

Turkey Wings

1.30/kg

.59 LB.

Fresh

Pork Liver

.86/kg

.39 LB.

Fresh

Pork Hocks

1.30/kg

.59 LB.

CUT FROM CANADA GRADE A BEEF

Blade Steaks 3.28/kg **1.49** LB.

SWIFT'S PREMIUM, COOKED PICNIC

Smoked Pork Shoulders 2.84/kg **1.29** LB.

SWIFT'S PREMIUM, SLICED

Cooked Ham 175 g PKG. **1.39**

SWIFT'S PREMIUM, SLICED

Side Bacon 500 g PKG. **2.39**

SWIFT'S PREMIUM,

Wieners 454 g PKG. **1.49**

SWIFT'S PREMIUM,

Pork Sausages 500 g PKG. **2.19**

SWIFT'S PREMIUM, SLICED

Bologna 175 g PKG. **.79**

SHOPSYS, "DELI BAKE"

Meat Pies 175 g PIE **.99**

CUT FROM CANADA GRADE A BEEF

Cross Rib Steaks 4.17/kg **1.89** LB.

CUT FROM CANADA GRADE A BEEF "BONELESS & LEAN"

Stewing Beef 3.95/kg **1.79** LB.

SWIFT'S PREMIUM,

Deli Sausage 500 g AVG. **2.59** LB.

ASSORTED VARIETIES, LUXURY STYLE

Purr Cat Food 6-OZ. TIN **.29**

POWDERED, WITH FABRIC SOFTENER

Bold 3 Detergent 6 L BOX. **3.99**

EXTRA ABSORBENT 60's, TODDLERS 48's OR NEW TODDLER PLUS 40's

Pampers Diapers EACH PKG. **9.59**

PRICES EFFECTIVE WED., APRIL 20 TO SAT., APRIL 23, 1983.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

CALHOUN'S IGA

CENTRE ST., MILLBROOK

FREE PARKING

OPEN THURS. & FRI. TILL 9 p.m.