

# THE MILLBROOK HIGHLIGHTER

Volume 1, Number 1

Millbrook, Ontario, Tuesday, March 15, 1983

10¢

## Seniors Complex Open By Summer

By Ed Chaplin

The new Millbrook senior citizens housing complex should be ready for occupancy by early this summer.

This two-storey, 24-unit complex is being constructed by Partak, Ltd. of Cobourg and is located on a 2.35 acre site behind Calhoun's IGA.

There is room on the site for future expansion. Up to another 24 units could be constructed.

Administration of the building is the responsibility of a seven-member board of directors known as the Millbrook Nonprofit Housing Corporation (MNHC). They were incorporated May 6, 1982.

The board members are Rae Stewart, Walter Dyer, Ken Porter, Allen Earle, Arthur Kilgour, Gerry Todd and George Branscombe.

Work on the site is "pretty well on schedule," according to project superintendent Terry Teal. He said work commenced November 18 and he expects the job to be complete about mid-June.

Members of the MNHC, however, expect an earlier completion date.

Millbrook reeve Gerry Todd said residents should be in the apartments "I hope by June."

Rae Stewart, chairman of the MNHC, was even more optimistic. "We hope to be able to move people in by the first of June," he said.

Some minor interruptions have been experienced on the project because of the lack of availability of specialty items at a time when the construction industry is slow.

The mild weather, on the other hand, has been an advantage, allowing work to progress fairly rapidly.

See Complex Page 3



Staff Members of the Millbrook Highlighter preparing their first issue.

— Photo Jim Chaplin

## First Issue Dedicated To Former Editor

By Doris Ingham

This, the first issue of the Millbrook Highlighter, is dedicated to Arnold Armstrong. Down through the years he has been active in the production of local papers. People still cherish old copies of the Chronicle, the paper he wrote and edited single handed. He had a witty, original approach that delighted his readers. Across the front page the mast head done by local artist, Carl Martin, depicted men sitting on a bench in the shade in front of the township hall. For a time Mr. Martin did the printing.

The paper was a blend of present and future events with looks back into the past.

Arnold stored away many copies of the old Mirror-Reporter which had come out when Jack Barringer was at the helm. From these old copies Arnold drew reflections of humorous and momentous events of the past.

One of his ambitions was to write a history of local happenings taking up where Mrs. Eakins left off in 1932 with her history of Cvan and Millbrook. For that purpose the old newspapers were invaluable.

After the Port Hope Guide bought from the retiring editor, Harvey Armstrong (no relation to Arnold), the title "Millbrook Reporter" for a column in their own paper, Arnold was its editor. For a time he also wrote Millbrook sports in the Peterborough Examiner.

He has had a varied career, working as bookkeeper in the armed forces in the office at Frobisher Bay during the building of the D.E.W.

Line and later for the St. Lawrence Seaway.

Nevertheless, he preferred to work where he could live in Millbrook. He did that when his business manager for the Peterborough Clinic and when he worked for McColl-Turner.

Arnold was born on the 4th Line of Cavan Township. He moved to Saskatchewan with his family where they lived for three years, coming back to Millbrook when he was five years old and ready for school.

At present Arnold is recuperating in Peterborough Civic Hospital. His many friends hope he will soon again be seen on the streets of the village he loves.



Arnold Armstrong former editor.

— Photo by Jim Chaplin

## New Paper Joint Effort

The Millbrook Highlighter will serve almost 3000 households, everyone who receives mail through post offices at Bailieboro, Bethany, Cavan, Fraserville, Millbrook and Pontypool. It will be a monthly publication.

It came about through the efforts of a group of students at Millbrook High and Intermediate School and interested members of the community.

Originally it was planned as a four-page school newspaper but cost was prohibitive, hence the decision to make it a joint community school publication.

It soon became apparent that there was a real interest in and a need for such a publication but that the needs of the business community would not be served with a limited circulation.

Finally it was decided to distribute the paper through the six post offices named above. This hopefully will reach a sufficient market for our advertisers and bring the entire community closer together.

As plans for the paper progressed more and more people got involved, some with very definite skills. So far most of those involved are from the immediate Millbrook area but it is hoped people in all area communities served by the publication will become contributors and aid the success of the paper.

Future plans are to have drop-off points in each community where news and ads may be left. Ideas and suggestions from readers are welcome, in fact they are encouraged.

All area groups, clubs, organizations and schools, as well as individuals are invited to submit news and reports for publication. For now they may be sent to or dropped off at The Millbrook Highlighter, in care of Millbrook High School, Millbrook, Ontario, L0A 1G0.

The staff is made up of members of the student body at the school. Leslie Armstrong is the managing editor, Debbie Luchuk editor-in-chief and Sharon Smith business manager.

Editors for news, sports and features are Lisa Westheuser, Andrew Cowan and Brent Allison respectively.

Tammy Gray is production manager, Caroline Gaffney, advertising sales manager, and Tammy Madill, circulation manager.

Writers and photographers include Melinda Brown, Paul Buck, Ed Chaplin, Crystal Corfe, Leslie Dickinson, Lynda McCoy, Kerri Raper and Jamie Richards.

Layout and production staff include Susan Anthony, Martin Hawker and Shelly Meadus.

A number of adults are involved to varying degrees, with Jim Chaplin as general manager. These adults will be assisting with all aspects of the publication.

The Highlighter is a nonprofit publication and only through continued support from the community can it continue to publish.

## Thanks Bill

STAFF and generous assistance. His contribution was invaluable. Had it not been for his enlightening and informative talks we might still be stumbling around in the dark.

The staff of the Millbrook Highlighter would like to extend their sincere appreciation to Durham College journalism instructor Bill Swan for his kind

# PC's Elect Executive

Durham Northumberland MP Allan Lawrence and Peterborough MPP and speaker of the Ontario Legislature, John Turner, were in Millbrook March 4 for the annual meeting of the Cavan Millbrook Progressive Conservative Association.

In the official part of the meeting elections were held for executive positions.

Bob Hall was named president, Victor Norman first vice president, Ben Olan second

vice president and Betty Lunn secretary-treasurer.

Poll chairmen for Cavan Township and the village of Millbrook were also chosen. They are, for Cavan, Joan Gillis, Bob Hall, Marshall Larmer, Brian Reynolds, Shirley McBain, Jim Morden and Alex Ruth; for the village Edna Guthrie and Betty Lunn.

Following the official meeting members enjoyed a wine and cheese party.



— Photo Jamie Richards  
MPP John Turner, left and MP Allan Lawrence, right discuss the Millbrook Highlighter with managing editor Leslie Armstrong at a PC wine party at the Millbrook Legion March 4.

## MILLBROOK FIGURE SKATING CLUB

Millbrook Figure Skating Club was involved in the Victoria South Inter-Club Third Annual Skating Competition on February 19, hosted by Emily-Omeme Club. The Millbrook Club placed second over all. Participants were: Manvers, Millbrook, Emily Omeme, Little Britain, and Ops.

### Results

Category - Beginners I Ladies, Name - Andra Thompson, Standings - First; Beginners II Ladies - Trisha Lush - Second; Pre Preliminary Ladies - Andrea Cranley - Second; Preliminary I Ladies - Wendy Luther - First; Pre-Juvenile I Ladies - Kim Little - First; Cherie Wordell - Second; Pre Novice Ladies - Diane Thompson - First; Novice Ladies - Sheila Rogerson - Second.

Preliminary Similar Dance Lisa and Kim Little - First; Nicole Kelly and Brenda Larmer - Second.

Juvenile Similar Dance Bonnie Thompson and Andra Luther - Third.

Novice Similar Dance Leslie Dickinson and Karie Armstrong - First; Diane Thompson and Sheila Rogerson - Third.

Ladies Bronze Interpretive Diahne Dunlop - First.

Ladies Silver Interpretive Karie Armstrong - Second; Leslie Dickinson - Third.

Club Pros - Lori Atkins, Debbie Olson, Darlene Heard, Debbie Rathwell.

**BROWNIES**  
Congratulations to the High School Students and all those involved in producing the Highlighter. From the 1st. Millbrook Brownies.

The Brownie Pack in Millbrook consist of 15 very lively girls ranging in ages from 6 to 9 years.

The activities vary from learning new songs, games and crafts, to appreciation of nature. They learn to be considerate of others and helpful at home. This year we have had a sleep over at the church hall and a hike, plus the girls participated in a

display at Lansdowne Place to commemorate Thinking Day. They won 1st. prize for their entry in the "Canada Badge" category.

Other activities that are planned are, a fishing trip and a visit to a local farm and a revel to be held in Peterborough with the other Brownies in the area.

We hope some of the girls and leaders will take advantage of the camps offered locally through the summer months. We will be ending our year with a pot luck supper on May 25.

Brownies will be starting again in September and we look forward to new girls joining us. However, we need new leaders in order to carry on. Anyone interested, please call Joan McDonald at 932-2125.

## RED CROSS

Tom Huntley, president of the North York Red Cross and an emergency services instructor, will be guest speaker March 21 at a Millbrook and District Red Cross dinner at St. Andrews United Church, Millbrook.

His topic will be emergency services procedures.

Dinner commences at 6:30 p.m. and the cost is only \$3. Tickets must be purchased in advance by noon, March 17. Call 932-2095 for information.

## EASTERN STAR

The Order of the Eastern Star will be hosting St. Patrick's Day candlelight bowling at Millbrook Lanes.

# Nursery School Alive And Well

Yes — the Cavan Millbrook Nursery School is alive and well and operating from the Cavan Community Hall on Highway 7A in Cavan, 932-9905.

Classes are held Monday through Thursday mornings from 9 a.m. to 11:30 a.m. and on Tuesday and Thursday from 12:30 p.m. to 3 p.m. under the supervision of our teacher, Merla McGill.

Regular features of our program include crafts, learning songs and dances, outdoor activity and, of course, snack.

The aim of the school is to provide an environment where pre-school children can experience social interaction and as a result become a little more independent, self-confident, aware of each other's needs and learn respect for those needs.

In addition, the school makes regular trips into the surrounding community, again to provide the children with a larger scope of reference for their daily lives. On Monday, February 14, the children enjoyed a Valentine's Day visit to McDonald's, Lansdowne St., Peterborough, for a tour of the premises, including an "exhibition" in the "Art of Making Hamburgers". The children received a taste test of this product, a soft drink, and a puppet, all compliments of this family restaurant. The children composed a "Thank You" card in appreciation.

The parents and children of the Nursery School wish to extend their congratulations to Steve, Sandy and Amy Fair on the birth of a son and brother, William Roy on February 6, 1983.

A special thank you goes to Sharon Burns for teaching a Tuesday afternoon class this month.

Our new Toddler Program is in full swing with ten wee ones enrolled. The program is in operation on Friday mornings from 9 to 11 a.m. at the school. If interested in registering your child, please phone Mrs. Mary Anne Staples, 944-5439.

Birthday Congratulations for the month of February go out to Rachele Hudson (Feb. 21) and Bryan Gleibs (Feb. 28).

## M.I.H.S.

### RATE PAYERS

A yummy cooking demonstration and lecture will be held on Tuesday, April 12, 1983, 7:30 p.m. at South Cavan Public School, Millbrook.

The demonstration will feature Karen Campbell of the Ontario Pork Producers Board. Admission will be \$1.75 for adults, \$1.00 for students, while children under six will be admitted free. Babysitting services will be provided.

Recipes will be available and samples will be provided at the end of the demonstration. Get your tickets soon as admission will be limited. This event will be sponsored by the Millbrook Intermediate and High School Rate Payers

Tickets are \$15.00 per couple and may be purchased from Larry Keates at the Bowling Alley. There will be prizes, lunch and refreshments.

May 19 there will be an elimination dance and draw held at the Legion. Tickets are priced at \$10. A lunch will be served along with refreshments.

A Fashion Show and Church Parade will also be held in May, details will be given at a later date.

## PRESBYTERIAN CHURCH

Regular church services at the Millbrook Presbyterian Church are held each Sunday from 11:15 a.m. to 12:15 p.m.

10% OFF PARTS AND LABOUR FOR SENIOR CITIZENS  
MAJOR AND MINOR REPAIRS TO ALL MAKES  
INCLUDING IMPORTS

SPECIALISTS IN:

- TUNE UPS
- BRAKES
- AUTOMATIC TRANSMISSIONS



# WILLIAMS AUTO CENTRE

1 UNION STREET, MILLBROOK  
(705) 932-3050

OPEN 7 DAYS A WEEK TILL 9 p.m.  
24 hr. radio dispatched towing

\$4 off oil, filter and lubrication until May 31, 1983 with this coupon.  
Not valid with another coupon.

## BOWLING NEWS

### Millbrook Mixed League Mrs. Landry

Top scores of February were rolled by Pat Sorenson with a 289 single and 700 triple and Wilson Larmer with a 325 single and 833 triple.

Team Standings: Krazy Krew 113, Alley Cats 113, Reruns 106½, Wild and Wooleys 106½, Kay Dee O's 103, Gutmanwoos 96, Deadeyes 94, Dews and Dan's 91, Stone Throwers 89, Pro Arrows 81, Westenders 76, 2 pins 75, Who Cares 71, 6 Pack 68, Bad News Bears 62, Flintstones 60, Thirteeners 58.

North Shore League Team Standings: Singapore Slings 95, Harvey Wallbangers 97, Screwdrivers 83, Grasshoppers 77, Rusty Nails 53, Black Russians 44.

### Bethany & District Ladies

February 28th, 1983 High Single and Double: Jean McLean 265 and 471.

Team Standings: Lions 35, Chipmunks 31, Tigers 30, Wildcats 27, Kangaroos 15, Koalas 12.

### Bethany Golden Stars March 1st, 1983

Team Standings: Orioles 48, Cardinals 38, Wrens 30, Robbins 24, Blue Jays 22, Swallows 18.

### Youth Bowling

Bowlers of the month for February 1983, Seniors - Susan Draper, Juniors - Robin Gallant and Fred Ross, Bantams - Yvonne Grin and Ronnie Gallant, Mites - Kelly Burrows and Paul Wilken.

Team Standings: Mites - Three Stooges 49, Mighty Mites 35, Pirates 29, Bantams - E.T'S —, Gorfs 83, Shooting Flames 77, 6 Pack 57, Star Strikes 55, Hotshots 45, Juniors - Strikers 53, Gutter Rollers 53, Born Losers 35, Bowleroids 29, Seniors - Spinners 31, Pack Rats 28.

On Sunday, February 20, 1983, five of our bowlers travelled to Liberty Bowl, Bowmanville to compete in the second stage of the 4 Steps to Stardom Tour-

nament against bowlers from the Oshawa, Cobourg, Bancroft areas. Although we had no winners, congratulations to Nancy Robbins, Kathryn Swan, Carrie Hogg, Tim Fallis, and Jamie McCoy for a good showing.

### Manvers

#### Figure Skating Club by Bev Wilken

Skaters from the Manvers Figure Skating Club brought home a total of eight medals from the Victoria-South Interclub Competition held at the Emily-Omeme Community Centre, February 19, 1983.

Their gold medals were won by Susie Neals in the Juvenile Ladies category, Denyse Glasbergen in Pre-Preliminary Ladies and Susie Neals and David Glasbergen in the Preliminary Mixed Pair. Silver medals were won by David Glasbergen, Juvenile Men, and Kelly Mehew, Pre-Preliminary Ladies. Bronze medals went to Kim Smith in Juvenile Ladies, Janet Trull in Preliminary II Ladies, and Kelly Mehew and Kelly McLaughlin in the Preliminary Similar Paris category.

Other participating in the competition were: Leeanna Sutch, Christina Jeffrey, Noelle-Currie-Mills, Debbie Glasbergen, Lorianne Quirk, Michelle Carchidi, Heather Smith, Trevi Watson, Tiffany Watson, Joanne Stinson, Renee Desrochers, Lisa Neals, Kellie Peacock, Vicki Pearce and Glenda Capeling.

## ST. THOMAS ANGLICAN CHURCH

Anglican Church Women The next meeting of the A.C.W. will be Thursday, March 17 at noon when the ladies will have a St. Patrick's Day luncheon. Proceeds will go to the Kitchen Floor Fund.

On March 27 there will be a Palm Sunday service at regular service hours.

A special service will be held on Good Friday, April 1st.

# GRANTS AID TOWN PROJECTS

By Lynda McCoy

Two local projects are now underway thanks to two large grants from the federal government. Work began near the beginning of March.

On February 21 the qualified supervisor of the Mill project, Jim McPhail and the qualified supervisor of the pond project, Randy Johnston began to plan out the jobs that are to be done. They were later joined by a six man crew on February 28.

The park area will be called Mountainview Park. The site has an area of approximately seventy acres. It is aided with a \$31,200 grant from the federal government.

The crew of six men will be starting various numbers of smaller projects within the hill and park area.

Three of the men and the supervisor of the pond project will be involved with the construction of a picnic shelter with barbecues. there will also be washrooms along with change rooms built.

A parking lot, with a gate to ensure that cars do not travel beyond that point will be put in at the end of Distillery Street. Two beaches will also be added to make plenty of room for picnics and swimming.

A stairway will be put in along the side of the dam, to the left of the mill.

A joint effort has been made by the town of Millbrook and Ontario Region Conservation Authority (ORCA) to rebuild the existing dam and add safety features.

Inmates from the Correctional Centre are already busy cutting cross country ski trails for use by the public. A few of the trails will be ready for use by next winter.

For the first few months there will be no admission fees unless citizens abuse the park by leaving garbage scattered over the site.

The second grant which was \$43,200 was given towards the completion of the restoration of the mill.

This money will be used to pay the wages of three crewmen plus the supervisor for 45 weeks.

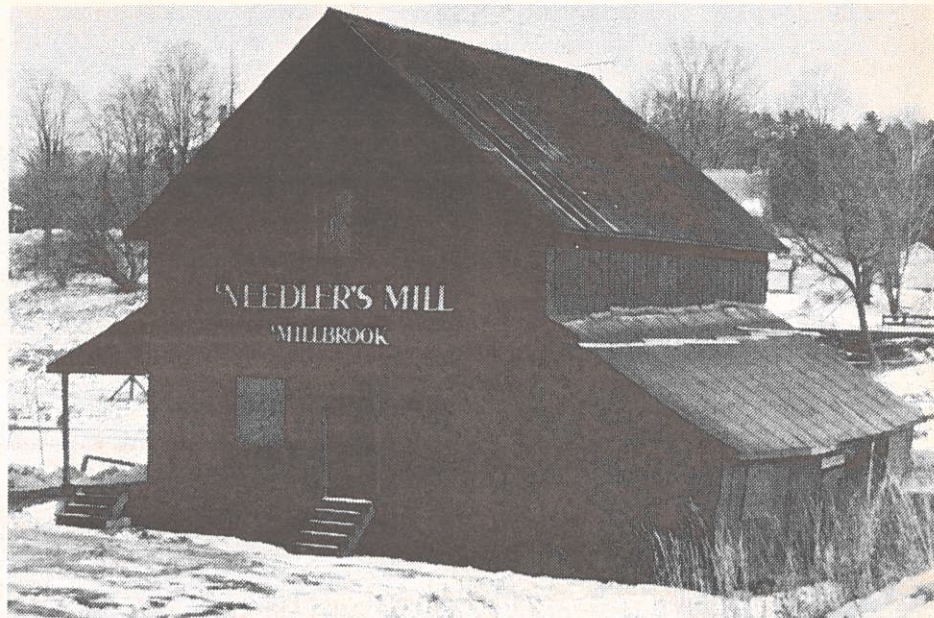
The "Save the Mill Committee" plans to do major repairs to the roof, flooring and fix up the structure of the mill.

They would also like to install an electrical generator to supply the mill, park and arena with outside lighting.

The Mill will be open to the public.

To help raise money for the generator which will cost a great deal of money, there have been sketches drawn up and then printed and sold. These sketches were of historical buildings in Millbrook.

This has brought in a significant amount of money which has put the funding for the generator off to a good start.



Needler's Mill to get repairs thanks to government grant.

— Photo Jamie Richards

## Complex Open Soon

Continued from Page 1

Total cost of the projects is in excess of \$932,000 and the mortgage will be held by Canada Life Mortgage Company. "A 35-year mortgage will be set up one month prior to occupancy," Stewart said. In the meantime financing is being provided on a monthly basis. Right now that is an advantage because interest rates are going down.

Some assistance with financing will come from the federal and provincial governments. No municipal tax dollars will be used.

Three of the 24 units will be equipped for the handicapped and at least four units will be subsidized. Government regulations require that at least one in every six units be partially subsidized. Up to half of the units can be eligible for subsidy.

Proposed rates for the apartments are \$285 for a one-bedroom and \$320 for a two-bedroom, according to Millbrook clerk Gail Empey.

About 40 applications have already been received but this does not mean that future applicants have no chance for one of the units.

### GET FIT

The Millbrook and District Fitness Club opens April 1 in the Millbrook Plaza with an open house.

The group will hold a dance April 2 at the arena with music by Simmaron.

For more information on the club call 932-2132 or 939-6912.

Selection of occupants will be made by the board of directors based on income and adequacy of current dwelling. Individual applicants may apply for consideration of special extenuating circumstances which may exempt them from particular requirements.

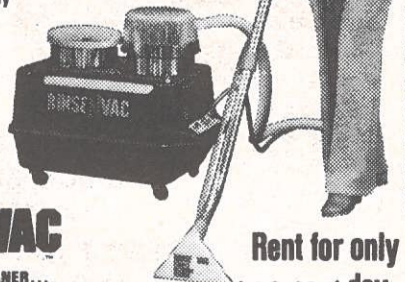
The selection process will begin soon so anyone wishing to apply should do so without delay.

Applications are available from the Millbrook municipal office from 9 a.m. to 4:30 p.m. weekdays.

Those not selected initially will be placed on a waiting list for future consideration.

**GET PROFESSIONAL carpet cleaning results!**  
(At do-it-yourself prices)

- RENT OUR RINSEVAC—the new portable, easy-to-use hot water extraction carpet cleaning machine that gently . . .
- rinses carpet fibers with hot water and cleaning solution
- loosens and lifts dirt, grime and residues to the carpet surface where they are immediately vacuumed up
- leaves your carpets CLEAN and FRESH!



**RINSEVAC**  
CLEANS CARPETS CLEANER...  
KEEPS THEM CLEANER LONGER

Rent for only  
**\$16.00 a day**

Reserve RINSEVAC for the day you want to get your carpets really clean



**McCOY PRO HARDWARE**  
Millbrook Phone 932-2761

## MILLBROOK PHARMACY

8 King St., Millbrook

932-3131

"A Centre For All"



Margaret and David Goddard wish to congratulate the Millbrook Highlighter on their first issue and wish them every success for the future.

FRESH FRUIT AND VEGETABLES

WEEKLY SPECIALS AND FEATURES

FRESH BEEF AND PORK

We specialize in custom cutting and freezer orders. All orders are cut to your specifications, wrapped and frozen.

CALL US TODAY

**CAVAN STORE**  
CAVAN, ONTARIO

705-944-5311

# THE MILLBROOK HIGHLIGHTER

Established 1983

Published monthly by Millbrook Intermediate and High School students council, Millbrook, Ontario L0A 1G0.

LESLIE ARMSTRONG, Managing Editor  
 SHARON SMITH, Business Manager  
 CAROLINE GAFFNEY, Advertising Manager  
 DEBBIE LUCHUK, Editor-in-Chief  
 TAMMY MADILL, Circulation Manager  
 Tuesday, March 15, 1983

Opinions expressed in this publication are those of the writers and not necessarily those of the staff of the paper, the staff of Millbrook Intermediate and High School or the Peterborough County Board of Education. The Highlighter is a self-supporting non-profit publication.

Advertisers in the Highlighter agree that the publisher shall not be liable for damages arising out of errors in advertisements, however caused and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement.

Letters to the editor are welcomed by the Highlighter and should be on topics of community interest. The editors reserve the right to edit letters for length, grammar, clarity and libel. Letters judged unsuitable cannot be acknowledged or returned.

Letters must be in good taste and bear the name and address of the writer. Anonymous letters will not be published. Address letters to: The Editor, Millbrook Highlighter, Millbrook, Ontario L0A 1G0.

## Editorial

Recently I was in a Debate at Lakefield College School. The subject was "Be it resolved that Nuclear War is inevitable." I don't know if you, the readers are familiar with how a debate is carried out, but debaters usually argue both sides of the argument. We had a very difficult time finding reasons why nuclear war isn't inevitable, let me tell you! Just look at the news some night. It is filled with stories about the Cold War between Russia and the United States; about countries developing nuclear arms from Plutonium, about wars and growing tensions all around the globe.

Arms talks are not helping too much — in fact, they haven't reached an arms reduction agreement, (the U.S. and Russia). They came close to it in the Salt II talks but they never ratified the agreement. U.S. President Reagan has proposed the Zero Option — the reduction of arms to nil in Europe on both sides. Soviet Premier Andropov has made a counter proposal. This sounds promising, but has anything ever come of previous proposals? Not too much. And we have all the tension in the Middle East. Russia has moved in for countries "protection" — i.e. the Afghanistan takeover — before so why not now in the case of growing tension in the Middle East. And although the United States didn't use Military force on the Russians when they invaded Afghanistan, they would in the case of the Middle East as they have peace and financial interest there.

So you see, we are heading in the general direction. But there is a glimmer of light, a ray of hope, if we, the people begin to voice our objections to the arms race, the projection of nuclear arms by non-violent demonstrations, government appeals and other methods within our rights.

Our government could be influenced — if a very large part of our population disagrees with the government's policy, the government must listen or else. They must bow to the wishes of the voting public! Yes, I'd say nuclear war is inevitable — unless we begin to speak out now —

Your comments are welcome.  
 Debbie Luchuk  
 Editor-in-Chief.

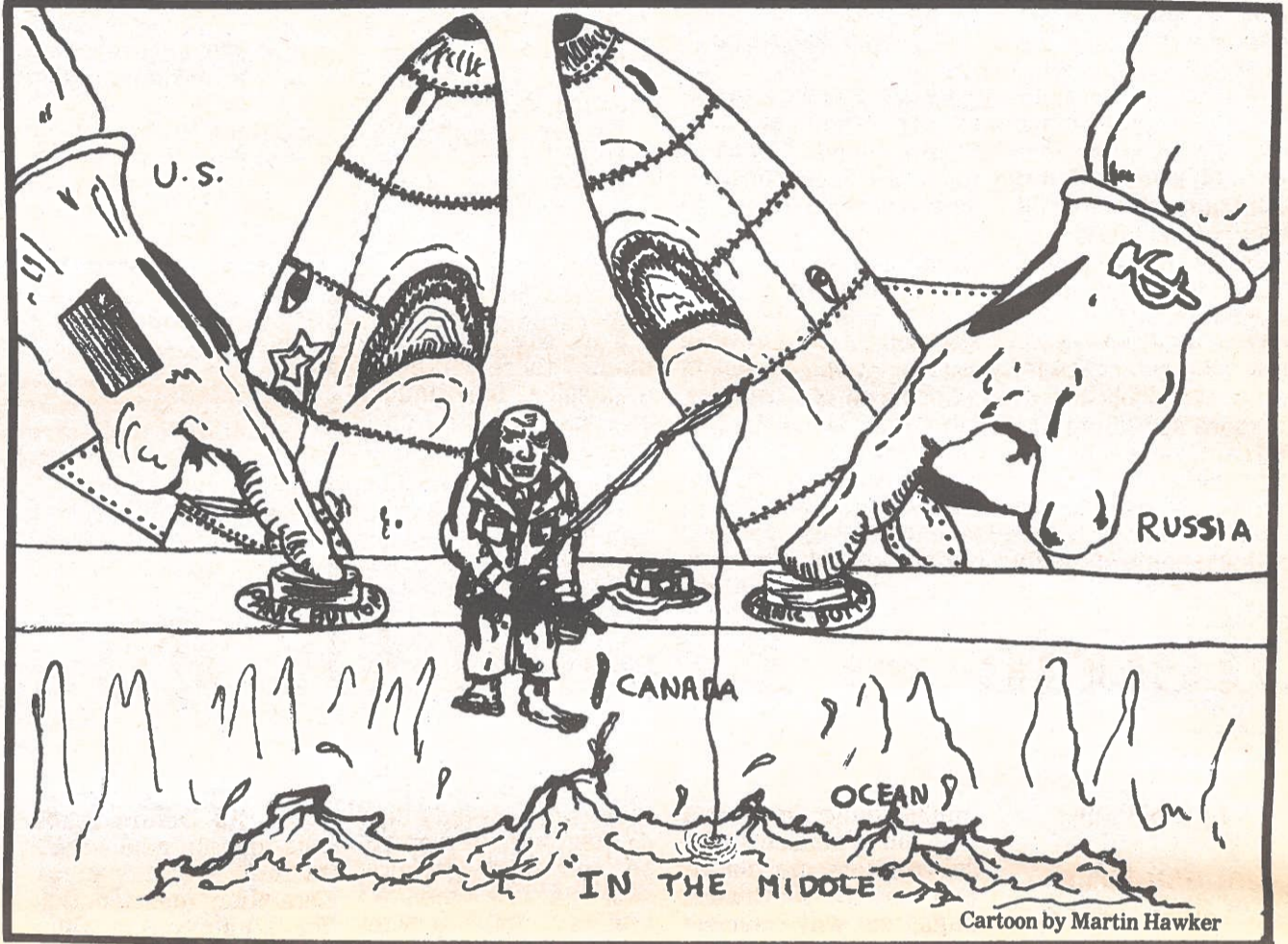
## Paper Is A Learning Experience

By Leslie Armstrong  
 Managing Editor

As an active member of the Millbrook Highlighter newspaper staff, I have learned many skills such as information about typesetting and layout design; techniques necessary for the production of a successful newspaper.

I believe this paper is an example of how the community and students of Millbrook High and Intermediate School can correlate on a project as successful and fulfilling as a district newspaper.

On a day to day basis many view national news but few are aware of the happenings in neighbouring townships. This paper gives the people of the serving area the opportunity to read about local news and to input any news, ads or articles they wish printed. In closing, I hope that all who have taken part in this first edition have enjoyed this learning experience as much as I and continue to make this paper interesting for you, the reader.



Cartoon by Martin Hawker

## LETTERS

### Any Beefs

A little while ago someone asked me if I had any beefs. "Ah", said I, "plenty." Then I began to think more rationally.

It occurs to me that too many people are beefing about too many little not account things and not bellowing as they should about some of the many good things. For example: Our young people. So many people talk only about the discouraging things that are affecting the quality of the young. How about the things, the very same things, affecting their elders?

A misdemeanor of a youth, gets headlines in the papers. An irregularity in government-services and there are protesters marching, shouting and committing vandalism in picture and by sound effects.

When do the papers, the radio and television media begin to realize people are weary enough by the natural cycle of the times (which granted are not the best) to begin giving us the good news? Young people are wiser for their age than ever a young generation has been in history. Do we hear of their good

exploits in papers? Seldom. Maybe a little paragraph tucked away in a corner on the third page.

That is simply not good enough! There are so many wonderful, good things being done by young and old individuals, by government services and governments too. Social conscience has vastly grown and improved in the last fifteen years. Each year things are better.

On the radio not long ago, (as if there was not enough protesting going on) I heard a politician trying to whip senior citizens into a froth, to get them "organized" into a body of protesters. Good Heavens, and thank Heavens, seniors are already being treated better than the already protesting organized groups. Happy we should be and thankful to live in Canada, with its freedoms (no we're not free to abuse those freedoms) and its scope and power to cope with all contingencies, be it protesters, pollution, energy, economy or the many gloom and doomers.

"No", I don't believe I have any beefs to put in your paper. Thanks for asking. Do you? If so think them over, then

look at your history books, the sociology of times past. You too may change your mind.

Mary Morris  
 Millbrook Ontario

### From the Principal

This first issue of the Millbrook Highlighter has happened because of many hours of planning and hard work. Its arrival does credit to both school and community.

Quite frankly it has been an exciting and risky business to launch a program of this size and complexity. So many talented and com-

mitted students and members of the community are helping that the paper will be successful.

This is the time to thank sincerely Mr. Jim Chaplin of this community who has dedicated hundreds of hours, his skills as a reporter, and his substantial energies to the establishment of this periodical.

To all those who have participated - thank you. A special thanks to business people in this community who are supporting financially this publication — may improved business results be yours.

John Devan  
 Principal  
 Millbrook Intermediate and High School

### NEW BOOKS Bailieboro Public Library

ADULT NON-FICTION:  
 The Read-Aloud Handbook by Jim Trelease,  
 Building the Rideau Canal by Robert Passfield,  
 the New Putting Food by Ruth Hertzberg.

JUVENILE: 101 Knock-Knock Jokes by Sam Schultz,  
 Tough Luck Karen by Johanna Hurwitz,  
 A Japanese Fairy Tale by Jane Hori Ike,  
 Beware the Fish, Go

Jump In the Pool, This Can't Be Happening at MacDonald Hall and The War With Mr. Wizzle by Gordon Korman,  
 The Magic Tree in Winter by H. Glease,  
 Old Turtle's Baseball Stories by Leonard Kessler,  
 Six Darn Cows by Margaret Laurence,  
 Hank and Oogie by Nicki Weiss.  
 LIBRARY HOURS:  
 Monday 7:9 p.m., Wednesday 10-10:30, 12-4:30,  
 7-9, Thursday 1-5, 7-9.  
 Telephone 939-6952.

# Spring Is Maple Syrup Time

## STONE SOUP

By Evelyn Raab

Growing up as an urbanite south of the border, I always assumed the stuff that poured out of that nifty jar with the picture of a cabin on it was maple syrup. A product, I imagined, manufactured in some factory somewhere, along with Velveeta cheese and Oreo cookies. You don't really think about these things, somehow.

It was not without a sense of amazement, therefore, that I witness my first real live sugaring off at the farm of some friends. It's hard not to be swept up in the spirit of the endeavor — the men frantically splitting wood to feed the fires, the ghostly human forms emerging out of the steam as they tended the bubbling vats, the sweet sticky vapor that hung thickly in the air. Dante's Inferno revisited.

What resulted from all this frantic activity was pure heaven — real honest to goodness maple syrup. We drank it by the glassful then — an idea far more appealing at the time than in retrospect. As I said, you get caught up in the spirit.

Nevertheless, drunk by the glassful or drizzled over pancakes, this is a miracle as uniquely North American as, er, Velveeta cheese. And Ontario produces some of the finest syrup anywhere.

Early every spring when the days are sunny and the nights still crisp, the sap in the maple trees begins to flow. Out come the spigots, the pails, the empty plastic jugs — and, for the pros, the plastic tubing. It's a worthwhile experience to see trees being tapped by a large syrup producer. There's something vaguely amusing in the sight of all the tubes leading all over the forest — like a loony phone system for squirrels.

Once collected, it takes about 40 gallons of sap to make just one gallon of maple syrup, a process resulting in large amounts of the aforementioned steam and frantic activity.

In purchasing maple syrup be sure you're getting the real thing. Only pure maple syrup can be labelled as such. Avoid like the plague things called table syrup (made from tables?), or pancake syrup, or (heaven forbid) maple flavored syrup.

We have some very fine local producers of the genuine article, take advantage. I say hold out for the real thing. Pour it over pancakes or use it in your cooking or baking. It really is a miracle.

Maple syrup should be kept refrigerated to prevent fermentation or the formation of mold. For long term storage, the syrup can easily be frozen, or heated to boiling and sealed in canning jars.

It's best used in recipes where the subtle flavor will not be overwhelmed by spices or strong flavored foods. Try it in breads or muffins, or as a

substitute for honey or molasses in your favorite recipes.

### FROZEN MAPLE MOUSSE

(Very elegant. Impress your friends, pretend you eat like this every day)

- 3/4 C maple syrup
- 2 egg whites, beaten stiff
- 1 C heavy cream, whipped
- 1/2 C chopped pecans or walnuts

Bring syrup to a boil and cook without stirring until it registers 228° on a candy thermometer. Beat the syrup gradually into egg whites and continue to beat until the meringue is cool and very thick. Fold in whipped cream and nuts and spoon into 6 individual dessert dishes. Sprinkle with a few chopped nuts and freeze without stirring at least 2 hours or until frozen solid.

### MAPLE PECAN TARTS

(One step beyond butter tarts)

- 1 C maple syrup
- 2 eggs
- 1/2 C chopped pecans (walnuts will do)

Beat together maple syrup and eggs. Pour into tiny (1 1/2") unbaked tart shells and sprinkle with chopped nuts. Bake at 400° for about 20 minutes.

(Makes about 3 dozen tiny tarts)

### MAPLE SWEET POTATOES

- 4-5 med. sweet potatoes
- 4-5 med. apples
- 1/4 C butter
- 1 C maple syrup

buttered crumbs  
Cook sweet potatoes in their jackets just until tender. Peel and slice apples into maple syrup, add butter and a pinch of salt. Cook over low heat until apples are tender but not mushy. Peel potatoes, and slice half into bottom of a buttered baking dish. Cover with half of apple mixture. Repeat with rest of potatoes and apples. Top generously with buttered crumbs. Bake at 400° until heated through and brown.

# Metric — Friend Or Foe

## A Farmer's Viewpoint

by Ken Fallis

### HIGHLIGHTER OR HIGH LITRE

In Highlighter's first issue my congratulations on its birth, best wishes for a successful career, and my thanks to its manager, editor, and all the hard working students who have made this paper a reality.

We like to know what's for sale in groceries, real estate, used cars, and entertainment. The deeds and misdeeds of our local councils merit the scrutiny of our local paper and I personally need the challenge of someplace to say to my friends (hopefully) and neighbours, what I think about various events and issues. So thanks again Highlighter.

It seems a long time after the fact to join the metric debate. But after some 10 years of being eased into S.I. (for Systems Internationale, the high priced term for metrics) it appears like the war is never ending. Let's rehash the process of metrication in Canada.

1. The Feds announced Canada was going metric but in easy stages. The first stage was when CBC started reporting temperatures in Celsius and Fahrenheit. Other networks followed along and pretty soon we Canadians accepted that O.C. was the point where water would freeze, 100 C. the boiling point, and 20 C. a nice summer day.

2. Bulk commodities (grains) Feed & Seed dealers welcomed the

metric tonne. Grain had long since ceased to be delivered to market in two or three bushel bags, so why convert wheat, beans and soy beans into 60 lb. bushels, corn into 56 lb. bushels, barley into 48 lb. bushels, and oats into 34 lb. bushels, except that in oats, the legal weight in U.S. is 32 lbs. per bushel.

Canada's soil and climate makes for heavier oats than the neighbours south of the border can produce. Cash crop farmers selling wheat, corn, oats and barley didn't object to payment by the tonne rather than by the bushel. It just eliminated one operation of the calculator and in the system of checks and balances the Chicago futures market still operates in bushels, so allowing for foreign exchange, transportation, etc., it's possible to figure what price for a tonne on any given day.

### Measurement — Centimetres, Meters, Kilometers

Not much measurable resistance happened when speed limits were converted to metric. It sure is nice to do 100 legally, even if it is only 60 under the old system. When we see the road signs, it's heartening to think we're farther away from those places we didn't want to go anyway.

Any innovation is suspect, however, and when it came to wall board, plywood, wall-to-wall carpets, the noise became deafening, that is to ordinary folk. However, our elected members in govern-

ment were already deaf so they weren't disturbed and the enforcers, well, the (law's the law) typical civil servant reaction. You might go to jail if you sell carpet by the yard, 36 inches, instead of the metre or 39 inches.

### Litres vs gallons, Kilograms vs lbs.

The retail market, grocery stores, gas bars seem particularly sensitive to metric innovation. Because a kg. of meat costs approximately two and a quarter times the price of a lb. of initial reaction of the shopper is that the price is out of line. But shoppers aren't stupid, they soon accept that the price per gram of nutrition hasn't changed except as the market dictates. It is a mistake to blame metrication for inflation.

The spectacle of the duly elected M.P.'s pumping gasoline in gallons instead of litres was frankly the reason this column was devoted to metrics. These M.P.'s have to be under employed if they can spare the time to man gas stations, (and grossly overpaid to do a job that some high school student, or unemployed parent would gladly do for minimum wage.) If they are trying to prove something, why not prove it in the House of Commons instead of politicking in downtown Ottawa.

If her Majesty's loyal opposition is so bereft of causes that they have to pump gas by the gallon, they are condemning themselves to another term of opposition, and that would be too bad. If

M.P. Bill Domm reads this column, next time I might even suggest something constructive for the opposition while it's waiting to form the next government.

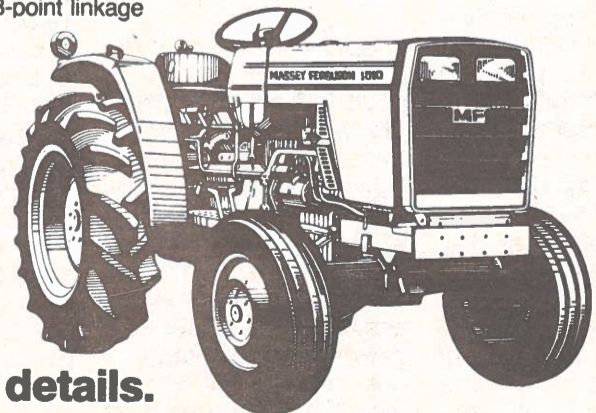
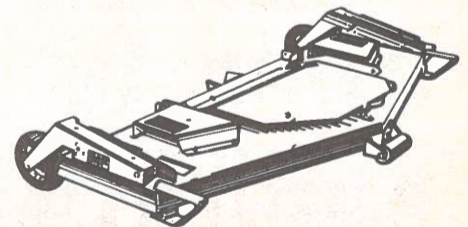
# FREE MOWER!

MF Retail Value Exceeding \$1,300

Buy any new MF Compact Tractor from our inventory — MF 1010, 205, 210 or 220 in your choice of two-wheel or four-wheel drive models. With your new tractor, you'll receive an MF 218 Centre-Mount Mower — FREE!\* This feature-packed mower will handle the tough cutting jobs over most any terrain. So, stop in today for this special money-saving value.

### Choose from Massey's "BIG PERFORMANCE" Compact Tractor Line-Up!

- Ideal for farms, acreages, institutions, landscaping services, construction sites and similar commercial applications.
- Eight models from 16-31 horsepower
- Fuel-efficient diesel power
- 540 rpm PTO plus 3-point linkage



See us for details.

Offer ends soon.



\*Freight, dealer prep, local taxes, mower drive and mounting brackets not included. Offer limited to available inventory.

**GERRY TODD**  
FARM EQUIPMENT  
LTD.

MILLBROOK 705-932-2182  
After Hours Call 705-932-2020

# SCHOOL NEWS

by Tammie Gray  
Sixty-one students participated in the school dance-a-thon on February 25. The dance-a-thon lasted for 24 hours, both Intermediate and High School students were allowed to enter.

Even though the Intermediate students had to leave after 12 hours, they were still very successful in raising \$563.27.

**M.H.S. Senior Girls Volleyball**  
by Mrs. Yvonne Clarke  
Coach

The girls played in four invitational tournaments this year.

At the first, held at Thomas A. Stewart Secondary School on December 18, the team placed second. At Norwood on January 27 the girls won 6 of 9 games.

The Port Hope invitational was held on February 8 and the girls won 7 of 14 games, placing fourth.

The highlight of the season is always the Kawartha "A" tournament held in Norwood. This year our team finished second and played off in the final with Norwood.

Millbrook took the first game 15-12, lost the second 15-13 and lost the deciding game 15-13 as well. Had the girls won this game they would have advanced to the Central Ontario Tournament.

With only seven players the team members had to work very hard and could not allow themselves the luxury of getting tired. There was no one to replace them.

I am proud to have had the opportunity of coaching this team. They worked well together and in a truly sportsmanlike manner, never forgetting that enjoying the game is as important as playing it well.

Team members: Connie Hogg, Kim Heaton, Debby Gillis, Karie Armstrong, Tammie Gray, Sharon Smith, Leslie Armstrong (captain).

The High School students continued dancing the other 12 hours, raising a total of \$648.57. Ten students were successful in completing the full 24 hours.

Therefore there was a grand total of \$1,211.84. This money will be donated to United Way, Student Council and the school Yearbook.

Millbrook High and Intermediate school would like to thank Papa's Pizza for donating hats for prizes during the dance, Dan Taylor for being the disc jockey, the school yearbook staff for food and parents and teachers for chaperoning. All in all the school dance-a-thon was a great success and a lot of fun.

## LEGION AWARD

Bonnie Thompson, a grade four student at South Cavan Public School, has been awarded third prize in the zone F-5 competition for her junior prose entry for Remembrance Day. Bonnie was chosen third of 19 contestants in grades four through six.

Her entry placed first among competitors at the local level to earn the right to advance to the zone finals.

Her is that entry:  
**Why Should We Remember**

Remember back to the war when hundreds of men died for us? Well, they didn't go just for fun. They went to save our country so we could live freely. Today, many countries live by being told what to do. The men who survived were very lucky. There were being shot at many times. Not being fed properly, not being able to sleep at all; just fighting and running are sad memories to many survivors. That's all they did for days, months and even years.

They suffered these hardships for us, so we can do things freely. So that's why we celebrate this special day every year. We think of them, the ones who saved our country.

## Athletic Report

by Karie Armstrong  
Girls Athletic Rep.

During the fall, the athletic council of M.I.H.S. put together intramural activities for both the grades 6-8 and 9-13 groups. The 6-8 played flag football and the 9-13 played flag football and volleyball in a double round robin. Also all the girls played soccer and the boys played road hockey.

As of right now, the school is involved in a Euchre and Cribbage tournament which should be completed by next week. There will be other intramural activities coming up in the near future, as well as an Athletic Banquet.

So far there has been total participation in all events, so keep up the good work M.I.H.S.



Participants of the M.I.H.S. Dance-a-thon.  
— Photo Paul Buck

## Millbrook High School Celebrates With A Winter Carnival

by Tammy Madill  
Secretary,  
Student Council  
The Millbrook Intermediate and High school Winter Carnival was held the week of February 21 - 26 at the high school. Each day was filled with fun and competition.

Each class in the high school elected a Queen and King. Each intermediate class elected a Prince and a Princess. During the week those elected had to compete for points in a three-legged race and a Superman Day. On Royalty Day the Royal Court was chosen as follows: King - Doug Powell, Queen - Leslie Armstrong, Prince - Sean Knutson, Princess - Tamara Clark.

## Public Speaking

### Legion Branch 402

Friday evening, February 18, 1983 the annual public speaking contest for elementary and secondary schools was held at Millbrook Legion Br. 401

All of the elementary students who placed first, second and third were from Grandview School in Bethany.

The speakers who placed first in each category will continue on to the zone finals.

For the rest of the school there were contests going on through the house systems. There was a Tug-o-War, pie eating contest, grapefruit pass, balloon shaving and danger dart.

Thursday, the school spent the day at different activities. Some went downhill skiing, some swimming and bowling, or skating and movies. The day was a great success and everyone seemed to enjoy themselves.

The Winter Carnival ended with a 24 hour dance-a-thon.

Scott Currie-Mills placed first among students from grades 4, 5 and 6 with his speech on water sports.

Geoffrey Milnes earned second place for his speech on a trip to Florida.

Third place went to Venessa Arsenault whose topic was snakes.

In the grade seven and eight category Ellen Jones earned first place when she spoke on the product Tylenol.

Lori Clarke spoke on how to make a speech interesting and received second place.

Sheryl Capeling, with her enthusiastic appearance, placed third with her speech on fads.

In the grades nine and 10 category Kim Calberry was first with the topic of having big brothers.

**POSTERS**  
On November 11th, a poster contest took place in honor of those who died in combat while defending our country. It was sponsored by Millbrook Legion Branch 402. Students of Millbrook Intermediate participated in this competition judged by artistic ability, thought, effort and theme.

## Int. Girls Volleyball and Basketball

by Mrs. Diane McGregor  
Coaches  
- Miss Alida Becker  
- Mrs. Diane McGregor

The first intermediate girls' basketball and volleyball teams were formed this year at Millbrook Intermediate. Basketball games ran from October to December and were held in Peterborough at P.C.V.S. and at Lakefield District High School. Many of the team members were novices at the game and we were especially pleased with the improvement of the team made over the season and the confidence they developed in the game of basketball. In the final standings the team won 2, tied 1 and lost 6. We are proud of the way the girls accepted winning and losing. Team members were Lisa Westheuser (captain), Erica Mayhew, Caroline Gaffney, Sheryl Cavagh, Robin Cameron, Marianne Dunshede, Luanne McKinley Leslie Dickinson and Stacey Sanderson.

Donna Marshall placed second with her speech, "The Video Game Craze."

Robert Taylor was third with a speech also on video games.

In the grade 11, 12 and 13 category, there was only one person entered. "What is a Family?" was Tammy Madill's topic.

All of the secondary students were from Millbrook High School.

In the Intermediate Division, Martin Hawker placed first, Dan Hughes and Kim Bowers tied for second while defending our country. It was sponsored by Millbrook Legion Branch 402. Students of Millbrook Intermediate participated in this competition judged by artistic ability, thought, effort and theme.

The intermediate girls' volleyball team had many practices in preparation for an invitational tournament at Adam Scott and the final tournament held at Crestwood on February 26. The girls made a fine showing at Adam Scott by winning 3 out of 4 games.

At the Crestwood tournament, involving 16 teams, they tied for 3rd in their pool. Congratulations girls, it was a pleasure working with you. Team members: Leslie Dickinson (captain), Robin Cameron, Audrey Brown, Debbie Branscombe, Heather Lunn, Lisa Westheuser, Caroline Gaffney, Marianne Dunshede, Lynn Koropatwa.

## Yearbook Club

by Jamie Richards  
The 21st edition of the Pathfinder is well on the way to being sent to the printers. This year's Yearbook staff is as follows: Staff Advisor - Mrs. Diane MacFarlane, Co-editors - Leslie Armstrong and Denise Branscombe, Treasurer - Kris Armstrong, Staff - Carline Gaffney, Stacey Sanderson, Sheila Rogerson, Janet Chong, Debbie McGrail, Lynn McDonald and Denise Lunn.

A yearbook provides us with more vivid memories of our school years, with this in mind Mrs. MacFarlane insists on precise accuracy. This hard working staff are well rewarded with the superb book they produce each year and wish to thank the community, teaching staff and students for their support.

**Victor J. Bulger Insurance Brokers Ltd.**  
705/932-2734  
P.O. BOX 40, MILLBROOK, ONTARIO L0A 1G0  
ALL INSURANCE SERVICES  
Auto Home Farm Life etc.

**GOOD LUCK TO THE HIGHLIGHTER**  
from  
**The Annex Antiques**  
King St., Millbrook  
932-3171

Early Canadian Reproductions All Items Custom Built to Specifications  
**Ken Heaton & Co.**  
CABINET MAKERS  
Box 29, Millbrook Ontario L0A 1G0 (705) 932-2838  
Showroom

# Lawrence Guest of Lions

by Celia Hunter

The Millbrook Legion Hall hosted a full house for the 35th anniversary celebration of the Lions Club of Millbrook and District on February 12.

Guest speaker for the evening was the Honorable Alan Lawrence QC, federal Progressive Conservative Member of Parliament for Durham-Northumberland.

Lawrence conveyed greetings from Parliament and lauded Lions

Club members for their willingness and determination to participate in the community, citing their involvement in the Medical Centre, the Community Arena and related fund-raising, and their aid to the underprivileged and handicapped.

Describing Millbrook as "a jewel nestled in the rolling hills of Cavan," he praised the sense of community fostered by the local Lions; a spirit he felt was missing in larger

centres.

Borrowing the lines ascribed to artist Michaelangelo and architect Wren, Lawrence toasted the Lions with the tribute "If you would see his monuments just look around you," and declared the Millbrook area a fine and a better part of the country because of the dedicated activities of the membership over the past 35 years.

Present at the celebration were two original Charter members, Cliff Larmer and Bob Larmer, who were recognized for their contributions to the community as further tributes were paid to the unselfish dedication given by the Millbrook and District Lions to the needs of the community and to the less fortunate.

Life Membership Awards were presented by District Governor Ron Moir to James W. McMaster and Ronald Wismer District Governor, 1968-69, for their long and outstanding service as Lions.

A hearty Lions Roar and a singsong led by Jim McMaster established a mood of fellowship as Lions Club district officers both

past and present, along with other members, were welcomed from as far afield as Bowmanville, Newcastle, Brighton and Trenton.

Brian Greer, president of the local club, proposed the toast to Lions International, and Bill McMaster, second vice-president and secretary, acted as chairman for the evening. Following the din-

ner, catered by the Legion ladies auxiliary, a dance was held with entertainment provided by a local band, The Versatiles.

## RECREATION COMMITTEE REPORT

by Lianne Landry

This year the Millbrook Recreation Committee, under the Chairmanship of Bill Thomas, already has several projects in the planning stages. These include softball, Canada Day, and seniors programs as well as supporting the new Millbrook Fitness Club.

Hopefully this year's softball program can be expanded from the two senior girls, one junior girls and one bantam boys teams of last year to include T-ball, pee-wees and men's teams. Coaches and umpires are needed in all these areas and a lack of them may cause cancellation of the programs.

Canada Day festivities similar to last year are being planned. Canoe races, softball, fireworks and an Ecumenical Church service and a field day are all being considered.

Bus tours for seniors have been suggested. No decision will be made until there has been some input from the seniors themselves.

Watch for news about the opening of the new Millbrook Fitness Club in the Millbrook Plaza. The committee is supporting this program with moral support, advice and an equipment donation.

This year's budget has been set and sent to council for approval.

For more information about programs or if you are willing to help with any of these endeavors, attend the next Recreation Committee meeting on March 17, at 7:30 p.m. in the Millbrook Municipal Hall.

## Ice Fees Increase

Millbrook Council, at its regular meeting held March 1 in the Millbrook Municipal Hall, discussed further work on the pond project and received disturbing news in the arena board report.

The summer program at the arena will be cut as a result of a projected deficit figure of \$5,000 for the coming year, according to a report from the arena board.

Hockey fees are to go up, which has aroused the anger of organizers of local minor hockey, who claim that too much ice time is being rented out to Peterborough clubs, and that consideration is not being given to the local teams for whom the arena was originally built.

Outside teams currently pay \$45 per hour, compared with the \$25 paid by minor hockey. The board had proposed an increase of \$10 per hour to be paid by minor hockey. Finally it was decided to increase all ice time by \$5 per hour starting this September.

There is concern that if outsiders are discouraged from renting the arena, the deficit will soar even higher. At the same time, minor

hockey plans a league expansion, but fears it will not be able to obtain the ice time it requires. Organizers plan to present their case at the next arena board meeting.

Council also discussed the budget for the pond project which has still to be drawn up; however Cavan Township Council was reported to have declared an interest in supporting the project once costs have been estimated.

In addition, the Otonabee Region Conservation Authority (O.R.C.A.) reports that it has set aside 33,000 for work on the dam, which is essential for water level control in the pond. A similar commitment was made last year, but council hopes that by budgeting \$13,000 themselves in the name of the village in additional funds, work may begin this year.

## Millbrook Guides

The Millbrook Guides recently celebrated Scout-Guide week and are now working on their Citizens Badge. To help earn this badge they attended a Cavan Council Meeting.

The girls are also studying the country of Barbados to receive their World Trefoil Badge.

Cookies will be sold sometime in April.

The Guides have their meetings every Monday night from 6:30 to 8 p.m. at St. Thomas Anglican Church Hall, Millbrook. For information call Jane Allison, 932-2098.

## Millbrook To Get Official Plan

At a special meeting of Millbrook Council on March 3, it was decided that recent growth in the village warrants the adoption of an official Town Plan.

A proposal for an official Plan was turned down a year ago, when there seemed to be no pressing need. Since that time, the Senior Citizens' Lodge has neared completion, and recently concern has arisen as a result of interest shown from outside in the construction of up to ninety new homes in the village.

The cost of the Plan, which will be a legal binding document and will involve rezoning of areas within the village, is estimated at \$10,000. Funding by the Ministry of Municipal Affairs and Housing is available for up to 75 per cent of the cost.

The Plan, which will take approximately 18 months to develop, could eliminate pre-zoning on land, and will allow the village to apply for various programs involving grants.

## Fair Queen Has Busy Year

By Kris Armstrong

The Millbrook Spring Fair has always been a "highlight" in the community of Millbrook and surrounding areas. It delights young and old and brings exhibitors from many parts of the province to our small rural area.

As Miss Millbrook Spring Fair, I am fortunate enough to be associated with the Fair Board and the Millbrook Agricultural Society.

In February, the executive and I travelled to the Royal York Hotel for the Ontario Association of Agriculture Society's Annual Convention. The executive learned of new ideas for this year's fair and preparation is under way for a full weekend of activities this year.

My stay at the Royal York was filled with luncheons, photographs and general meetings with the other 109 fair queens. We enjoyed the time together and friendships were made and will be renewed when we all complete for Miss CNE at the opening of the CNE this summer.

Congratulations are extended to Gloria, Janice and Karen Grove. At the convention this year, Millbrook won the Class C division

as well as the Grand Championship in the display competition. They put a great deal of work into the display and their efforts are greatly appreciated.

This year's fair promises to be as fun-filled and exciting as ever. Remember June 10, 11, 12 for a weekend of exhibits, contests, livestock and general good fun.

## CHRISTIAN ASSEMBLY

Millbrook Christian Assembly is in the midst of an active year.

Wendy Coe has been heading up the Sunday School with an average attendance of 80. Tuesday evening is Family Night. An adult Bible study is enjoyed at the church with Rev. Wayne Wardell. The Missionette girls program is held each week, under the leadership of Carolyn Trimble, with over 30 girls registered in the program.

Crusaders is held each week at the South Cavan Public School, with Eileen Armstrong, commander, and 24 boys registered. Youth Night is on Friday with a variety of activities and Bible study under the leadership of Mr. and Mrs. Stuart Calberry

## PONTYPOOL SOFTBALL

The Pontypool and District Softball League will hold a meeting at the municipal office, in Millbrook, Tuesday, March 22, 1983 at 8 p.m.

In previous years, this group has organized for senior girls, junior girls, bantam boys and pee wee boys. Teams have participated from Nestleton, Janetville, Yelverton, Bethany, Pontypool, South Monaghan, Cavan and Millbrook.

The league needs support from all above areas. It is a big job, scheduling and organizing for so many teams in just a few short weeks. The season, in the past, has started the week after the May 24 holiday.

Collectable...lovable...LUMPIES from Peterborough Ontario



Sourdough...a Canadian Pioneer Craft...



**WE FIX ALL MAKES of**

**FARM TRACTORS HIGHWAY TRACTORS**

Low Cost Labor Rate \$18 per hr.

**THORNE EQUIPMENT LTD.**

R.R. 1, Millbrook, Ont.  
705-932-5389  
FLOYD THORNE, PROPRIETOR



Millbrook High School Girls' Hockey Team. Front row, l to r; Krista McCue, Tammie Gray, Lorraine Brown, Debby Gillis. Back row l to r; Denise Lunn, Margie Hogendoorn, Sheila Jessup, Sharon Smith, Kathy Bigelow, Beth Brotherstone. Coach — J. D. Devan. — Photo by Leslie Armstrong

# Girls Hockey Team Wins Final Game

By John Devan

The Millbrook High School girls hockey team defeated Kenner Collegiate 2-1 in the final game of the Peterborough County secondary school play-offs at Northcrest arena in Peterborough March 3.

The win, however, was not enough to clinch the championship.

Kenner defeated Millbrook in the first game of the final round 4-1 at the Millbrook Arena on February 28 and took the title by a count of 5-3 in the two-game, total goals series.

In regular season play Millbrook posted five shut-outs and lost only two games. In eleven games, they scored 47 goals and had only 15 scored against them. Debbie Gillis was the

top scorer and goalie Lorraine Brown had a 1.36 goals against average.

This was the first year for Millbrook to enter a team in the league. They defeated each team at least once and were undefeated against Crestwood and St. Peters. Games were split with Thomas A. Stewart and Kenner. Millbrook outscored Kenner in regular season play.

Millbrook eliminated St. Peters in the semi-final playoff, winning 3-2 at the 6:56 mark of sudden death overtime.

Team captain was Tammy Gray who, along with team members Sharon Smith, Beth Brotherston and Marg Hogendoorn, are graduating seniors at Millbrook this year.

Congratulations to all the team members for an outstanding effort this season.

## Milt Ottey Is No. 1

by Melinda Brown  
Canadian Milton Ottey was named number one high jumper in the world in 1982, the first Canadian ever to be named by the prestigious American Track & Field magazine. Ottey's world record jump is 2.32 metres.

Ottey started high jumping about six years ago, at age 17, after trying basketball, volleyball, sprinting and long jump. Just like the high jump. "I just liked high jumping best," he said. Long hours of training affected his life in many ways, the major one being that his school marks went down. However, his dedication and success has not changed his relationship with his friends, they understood if he couldn't do things with them, and they said, "Hey man, we'll do what we want with our lives and you do what you want with yours. If that's what you want, then you should do it," Ottey said.

Despite his years on the road, Ottey still gets nervous before he competes - but he tries to stay calm and use it to his advantage. He eats no special foods on the day of a meet, but does avoid junk food. Ottey admits he sometimes

gets down on himself but he has never thought of quitting. The main way success has changed his life is that he has learned "101 ways to sleep on a plane."

He sees as his goal, the 1984 Olympics and feels that he will be able to continue competing until 1988. When he learned that this interviewer attended a small high school, Ottey wrote an autograph and dedicated it to Millbrook

High School stating "You don't have to be big to be good. Signed Milton Ottey, a small high jumper."

Millbrook Community Centre  
**HALL FACILITIES**  
FOR  
WEDDINGS, BANQUETS,  
ANNIVERSARIES and MEETINGS  
Bar and Kitchen Facilities Available

Phone 932-2911

### SIXPENCE CHARTERS

DAY FISHING  
FROM PORT HOPE  
ADVANCE BOOKING ONLY  
(705) 932-2656  
P.O. Box 117

Millbrook, Ontario L0A 1G0

### Millbrook Billiards

MILLBROOK, ONTARIO

BOTTLE RETURN DEPOT

932-9902

Operated by George and Marian Corfe

### Coaches and Umpires

Wanted  
for  
SOFTBALL  
and  
T-BALL

Interested parties are invited to attend the next meeting of the Millbrook Recreation Committee, Thursday, March 17, 1983, 7:30 p.m. at Millbrook Municipal Hall or call Lianne Landry 932-5436.

## LET'S GO BOWLING



### Millbrook Bowling Lanes

LARRY KEATES, PROPRIETOR

OPEN BOWLING

Friday and Saturday 7 - 11 p.m.  
Sunday 1 - 5 p.m.

Special Group Rates  
Special Rates for Birthday Parties  
Call ahead for reservations

932-3070

## ART'S BUILDING CENTRE

LUMBER  
ROOFING

PLYWOOD  
FEED

INSULATION  
CEMENT

MILLBROOK, ONTARIO L0A 1G0

705 - 932-2757

### SPECIAL

4 x 8 x 1/4 Waferboard  
\$5.75

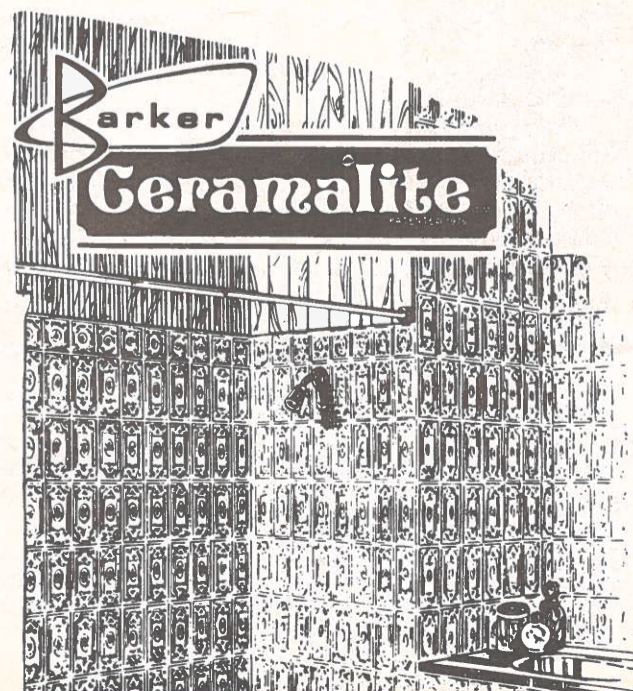
4 x 8 x 7/16 Waferboard  
\$8.50

4 x 8 Prefinished Panel  
\$8.25  
Canadian Birch



### DOORS

TRADITIONAL  
STYLES,  
LASTING  
QUALITY.



Next issue April 20

deadline to reserve ad space

April 1.

### ROLLIN' ACRES

A child oriented learning environment to help develop the total child.

Children 3 - 10  
Open Year Round  
R.R. 1 Fraserville  
705-932-2107

# Ski Resorts Open Despite Weather

by Fran Fearnley  
An article appeared in The Globe & Mail in the first week in January, explaining how one hotel owner in New Brunswick had gone to extreme lengths to keep his guests - mostly from the Southern U.S. - happy with their choice of a winter holiday in an unseasonably warm and snow-free region.

His main concern, it appears, was that his visitors would have a view from the hotel windows of a grey-white frozen landscape. In the

spirit of true free-enterprise he rented a number of trucks and arranged for them to collect from outside parking lots, banks of frozen snow remaining from previous snow-blowing activities and to dispose of their loads around the hotel.

For those of us who consider snow as a scenic side-benefit to winter, or as a provider of various recreational activities such as skiing or snowmobiling, the New Brunswick anecdote may seem rather

extreme. However, for those who have a business which depends on an average winter, including snow and a fairly consistent temperature range, this freakish Canadian winter, the warmest since 1904, definitely presents a challenge.

David Kennedy of Maple Trails cross country ski area still hopes that there might be snow before the end of March. The trails have only been open for three weekends all winter. A few school groups

have been through the tracked trails - there has been too little snow for grooming - but the number of skiers is far lower than last year. Unlike downhill ski resorts, where snow can be manufactured when nature does not oblige, cross-country ski resort owners are dependent on the real stuff.

Maple Trails opened in the winter of 80-81 and saw a large increase in the volume of skiers last year. Mr. Kennedy attributes last year's success partly to good ski-conditions, but he also feels that cross-country skiing is growing in popularity, particularly among city dwellers. The majority of last year's visitors were from Peterborough and Toronto.

Bob Hull of Devil's Elbow Ski Resort reported that only three days of downhill skiing had been lost this winter. The only really slow period was during the Christmas break when attendance was 50 per cent down on last year. The resort is now in its 20th year of operation and they are fully prepared with sophisticated snow-making equipment, to operate 'business as usual' even during a winter such as this one has been.

Twenty-five million gallons of water have been used since the season started in November, to produce 'snow' which Hull describes as being tiny ice-crystals similar in appearance to finely

granulated sugar. The January hyrdo bill at Devil's Elbow was \$10,000. If that seems like a vast expense even more startling is that when snow has to be manufactured to form a base, the initial cost per slope is \$3,000.

The resort now has between two and three feet of snow, but because this is man-made, it is far more dense, less prone to melt and consequently is equivalent to about four times the amount of natural snow.

The process of making snow and preparing the slopes for skiing is a complex one. In a winter such as this one these operations are underway 24 hours a day, whenever the weather is cold enough, -2 degrees C. or lower.

Hull agrees that these procedures are costly and that equipment is expensive, a powder-maker alone costs \$150,000, but he says that "one should not go into the ski business unless one is prepared to make the investment."

The fact that Devil's Elbow reported 2,900 skiers over the February 26 - 27 weekend, indicates that all these efforts must be worthwhile!

Kawartha Peaks' General Manager Glenn Miles said that "the number of skiers is down perhaps 30 per cent from last year." Much of this he ascribes to an extremely slow Christmas season and the fact that people find it hard to accept that though there may be no

snow in their back yards, it is still possible to find good skiing!

Miles, an avid skier himself, maintains that there is no difference between skiing on natural or artificially produced snow. Grooming, he explains, is what counts. "Skiing early in the day, in fresh conditions, is far more enjoyable than at the end of the day when the volume of traffic has worn the snow down to ice," he said. This applies whether the snow is natural or manufactured. The only disadvantage of man-made snow is that you never achieve deep powder, but, as Miles points out, this rarely occurs in Ontario, even when conditions are perfect. If you want deep powder you would have to travel to the Rockies and go helicopter skiing and even then you might be disappointed."

The Kawartha Peaks resort allocates 1,200 hours a season for snow-making and as of February 27 1,100 had been used. Miles stated that snow-making equipment is like an insurance policy for a resort and it must be increased and upgraded every year.

The resort re-opened under its present ownership in the winter of 1980 and has received a very positive response both locally and from far afield. The resort offers a fairly intensive ski-school program and various events such as area championships and the "Spring Fling" to be held on March 12th.

## Adult Student Finds School Enjoyable

By Brent Allison  
Features Editor

From past experiences, why would anyone want to return to school? Especially with teenagers? To answer this question, we must stop for a moment and take a look at Pat Sutton - scholar extra-ordinaire.

"I personally feel that it is never too late to learn, whether your age be eight or 80," she said.

Mrs. Sutton is returning to school to refresh her mind and up-date her credits. She also enjoys mixing with people and the stimulation of the school gives her this added benefit. Children have always been of great interest to her and "it helps to see their point of view," she said.

Sutton's courses include grade 12 English and World Religion, plus one correspondence course is advanced grade 12 English. She earned a credit in typing in January.

In addition to attaining more education for herself, she helps with the grade six, seven and eight remedial program.

After being at school all day, she returns home, cooks supper and does housework. She said that without her family's full support things would not have gone quite so smoothly.

According to Sutton the present school system is more relaxed and less regimented than when she was in her teens and attending high school.

She said that although there is considerable effort at the present time to familiarize students with job availabilities, "there's a lot more

that can be done."

Although most students would not like their mother in their classes each day, Sutton feels accepted and welcome.

I asked her if she felt any pressure to prove herself in the classroom. She remarked that although the work is different from when she originally attended school she can only do her best and hopefully gain her credits.

"School is a challenge, and a lot of fun," she said. Her future plans include a university degree, "if all goes well."

She said, "if you don't try you will never know what you can do, it's better to try and fail than not to try at all."

One piece of advice she offered is "get your education while you are young, it is so much easier."

She found that every lunch hour her children would seek her out and laughingly said, "if you wish to allude your children don't attend the same school."

Attending school has been a very rewarding experience for her and one interesting occurrence that comes to mind is a lunch hour spent with one of her classmates studying for a pre-exam. "I thought I knew it all," she said, "and jokingly said, as we wished each other good luck, don't worry you will likely get a better mark than I." The other student did get a better mark.

Sutton said she would recommend the Millbrook High School to anyone wishing to further their education. "The kids are great and the staff cooperative, she said.



Pat Sutton adult student at Millbrook High School.  
— Photo by Jim Chaplin

Congratulations to The Highlighter

from

JOSEPH'S

HAIR  
STYLING

Styling \$8

Cut \$5

Open Fri. 9 a.m. to 7 p.m.  
Sat. 9 a.m. to 6 p.m.

Serving Millbrook and district  
for the past 10 years at

42 King St. E., Millbrook



Restwell  
UPHOLSTERING CO. LTD.

"CUSTOM"  
SLIPCOVERING, WOODFINISHING,  
CUSHION FOAM, UPHOLSTERING FABRIC

210 Lansdowne St. E.  
Peterborough

Call us today  
745-0541

Congratulations

to the

Millbrook  
Highlighter

on publication of your  
FIRST ISSUE

from

PAST and PRESENT

Antiques, Collectibles  
Old Books  
Patons Yarns and Knitting  
Accessories

17 King St. E.,  
Millbrook, Ont.  
932-2026

Open Tues. - Sat. 9:30 - 5:30  
Open holidays and most Sunday afternoons

SEARS Catalogue Office 932-3185

# Rabies Outbreak Serious Concern

**CRITTER TWITTER**  
By A Dark Horse

Rabies is a very serious concern in this area. The recent known positive rabies cases in Cavan Township are as follows:

- December '82 - 5 fox, 1 skunk
- January '83 - 6 fox, 2 skunk, 2 cows
- February '83 - 1 cat, 1 horse, 1 raccoon

Rabies is caused by a virus, and all warm blooded animals and man are susceptible to this virus. It is transmitted by the bite of an infected animal whose saliva carries the virus. Infection takes place by the bite wound being in or near a nerve. The virus is carried to the central nervous system within four days, and travels upward until it reaches the brain.

It takes 15 to 50 days for the symptoms to show up, and in rare cases may take as long as several months.

There are two terms regarding rabies. "Ferocious Rabies" refers to cases where excitement or agitation is the predominant feature, and "Dumb Rabies" refers to cases where the animal acts in a lethargic and uncoordinated manner.

In any animal the first signs of behavioural change may be undistinguishable from many other common ailments. Animals stop eating and drinking, and may seek solitude. One to three days after these symptoms occur, the animal will show signs of paralysis or become vicious, and from here on the disease progresses rapidly to ultimate death.

Mass vaccination of dogs and cats on a yearly basis is the most effective control measure. In an area of rabies outbreak such as this one, horses, cattle, and goats, although not biting animals, should

also be vaccinated, for any one of them could be bitten by an infected wild animal.

Rabies is most often carried by fox and skunks, who are basically nocturnal animals and shun human contact. If you see one of these animals in the daytime, close to human habitat, there is a good chance the animal is rabid. Healthy, wild animals do not seek man's company or environment.

To prevent the spread of this devastating disease, you should kill the animal if possible. Be extremely careful not to contact the saliva or blood, and keep pets and children well out of the area, for rabid animals are dangerous and unpredictable. Call the "Health of Animals," Bowmanville, 416-623-5759.

The brain of the animal must be examined to establish the presence of rabies. Unvaccinated animals, who have contact with a known rabid animal, must be destroyed or put under strict quarantine. The best protection you can give your animals is a yearly vaccination.

## Municipality of Cavan



P.O. Box 189, MILLBROOK, Ontario L0A 1G0

FEES for dog tabs for the Township of Cavan and due Jan. 1/83 shall be as follows:

- 1.—Spayed female or neutered male — \$10.00 for first dog, \$15.00 for second dog and \$22.00 for each additional dog.
- 2.—Male or female dogs shall be \$15.00 for the first, \$22.00 for the second and \$32.00 for each additional dog.
- 3.—Kennel licences shall be \$25.00

In order to qualify for category 1 a medical certificate confirming the spaying or neutering must be presented.

## Municipality of Cavan



In an effort to reduce bank borrowing at high interest rates, Cavan council has decided to go to 4 tax installments per year.

1983 Tax Billing will be as follows:

1. An interim bill based on approximately 1/2 of 1982 taxes will be issued in January and divided into 2 installments — one due February 28 and one on May 31.
2. Once the mill rate has been struck, a final bill will be sent out with two installments — one due Aug. 31 and the last on November 30.
3. Interest charged on overdue taxes shall be at the rate of 1 1/2% per month on the 1st day of default and each succeeding month thereafter. Should any of the above dates fall on a weekend or holiday, the due date shall be extended to 5:00 p.m. of the first working day following.

# CLOCK REPAIRS



REPAIRS, CLEANING &  
ADJUSTMENTS  
MADE TO ALL TYPES

QUALITY WORK  
REASONABLE RATES

(WANTED: OLD MOVEMENTS OR CASES FOR PARTS)

D. Hawker

MILLBROOK

932-2605

**M Christian  
I Assembly  
L Rev. Lorne Trimble,  
B Pastor  
R  
O  
O  
K**



**SUNDAY**

- 9:45 a.m. . . Christian Education Hour
- 11:00 a.m. . . . Family Worship Service
- 7:00 p.m. . . . . Evangelistic Rally



## VILLAGE OF MILLBROOK 1983 DOG LICENCES

The 1983 Licence and Dog Tags are now due and available at the Village of Millbrook Municipal Office, Millbrook, Ontario.

The owner, harbourer or possessor of any dog within the limits of the municipality shall procure from the Municipal Corporation a tag for same and shall pay an annual licence fee of:

1. \$ 7.50 for a male dog or spayed female if only one.
2. \$22.50 for each additional male or spayed female dog.
3. \$15.00 for a female dog if only one.
4. \$30.00 for each additional female dog.

Take notice that on or after April 1, 1983, there will be a \$2.00 penalty fee per licence issued.

Office hours are Monday to Friday 8:30 a.m. to 4:30 p.m.

Gail Empey,  
Clerk,  
Village of Millbrook.

## ANNOUNCING

# 2 CHICK DAYS

May 19 and June 16

We are now taking orders for day old  
Chicks and Turkey Poultz

CALL NOW TO ORDER

- WHITE MOUNTAIN HUBBARD
- BROWN EGG LAYERS
- WHITE EGG LAYERS

SQUIRREL CREEK  
FARM  
932-2868

**Supersweet  
FEEDS**

# IT'S INCOME TAX TIME!

HAVE YOUR RETURN PREPARED

by

**MOLLY HUNTER**

**932-3061**

Special Rates for Senior Citizens

# JOHN TINNEY MOTOR SALES LTD.

A GOOD SELECTION OF QUALITY USED CARS  
LIKE

### 1981 OLDS DELTA 88

4 door, 8 cyl., auto., p.s., p.b., AM radio, tinted glass, p.w., air cond., white walls, body side mouldings, wheel covers, tilt, finished in blue with matching interior, only 21,000 miles. Stock No. 004.

### 1981 MERCURY CAPRI

2 door, 6 cyl., auto., p.s., p.b., AM-FM radio, bucket seats, white walls, body side mouldings, wheel covers, two-tone paint, a real beauty, only 6,600 miles. Stock No. 012.

**MILLBROOK**

932-2747

932-2749

OPEN MON. - THURS., 9 p.m., ALL DAY SAT.

# ALL AGES ARE WORTHWHILE

## A VIEW FROM THE COUNTRY

By Jim Chaplin

Working to have this first edition of the Millbrook Highlighter published has been an experience I shall never forget.

It has been an opportunity to work with a lot of enthusiastic people of all ages and although the pace has at times been hectic and incidents frustrating the end result is very satisfying.

After this experience I will take odds with anyone who says teenagers, children, senior citizens or housewives who don't work make no worthwhile contribution to society.

This newspaper, I hope, will be considered a worthwhile contribution, although it is by no means the only contribution made by these people.

Housewives, for instance, are the backbone of any volunteer organization, many of which we would be in sad shape without. Judy Erola take note.

### HISTORICAL SOCIETY

The aim of the Historical Society is to encourage and develop the study of all phases of the history of life and customs of the early period of Millbrook and Cavan Townships.

An important aspect of the Society's work is to collect and study historical information thereby arousing interest in our heritage. Meetings are held in the Council Chambers of the Cavan Municipal Hall downstairs on the fourth Monday of each month from 8 to 10 p.m. The March meeting,

which will be called "School Night," will be held upstairs in the auditorium.

Guest speaker will be Jocelyn Daw. She will be giving a slide show presentation about all of the schools in Cavan Township.

The youth of today represents our future and perhaps they have more to offer than they are given credit for. The young people on the staff of this newspaper are a credit to their school and the community as a whole.

They will, I'm sure, continue to make a worthwhile contribution to society as they grow older. Such eager and enthusiastic youth augurs well for the future of this country.

The elderly, on the other hand, represent the past but are not to be forgotten.

It is a disgrace the way many of our senior citizens are treated. They are often shoved aside and made to feel useless and unwanted. They are sometimes thought of as having nothing left to offer.

Quite the opposite is true. They have much to offer. They have experience in the art of everyday living and a level-headedness that can bring order out of chaos.

Where the young tend to get excited and run off in all directions (I guess I'm still young) the more mature individuals remain calm and put things back in perspective.

Whatever problems were encountered we solved them. We even got the paper out on time.

This is not to suggest that there will be no more problems. As our publication grows, as I'm sure it will, new problems will arise. They will in turn be conquered, as they must be.

The constant change and the unexpected occurrences are what makes the publication of a newspaper interesting and exciting.

## CLASSIFIED

### BIRTHS

DONER — Dennis and Joyce, Millbrook, are thrilled to announce the birth of a precious baby girl, Julie Evelyn Joyce, 7 lbs. 13 ozs. at Memorial Hospital, Bowmanville, on January 31, 1983. Proudly welcoming Julie are little brother Jeffrey; grandparents Fran and Howard Doner of Whitby and Thelma and Jack Westlake of Kendal; great grandfathers Howard Doner, Pontypool and Carman Foster, Whitby. Julie is named in loving memory of her late great grandmother Evelyn Foster, Whitby. Grateful thanks to all the maternity staff at Memorial Hospital and special appreciation to Dr. Westgarth for his kind and considerate care throughout.

### ARTICLES FOR SALE

GO CART for sale, 5 h.p. engine, good condition, extra parts, \$295, 932-5487.

RAWLEIGH products. All your Rawleigh product needs may be satisfied by phoning George E. Martin, 742-8308. Pick up or delivery.

TREES for spring planting, maple, cedar, some birch and other varieties. 932-5487.

ONE pair of Orbit men's skates size 10. Very good condition. \$25. Phone 939-6846 after 5 p.m. Ask for Garth.

### ENJOY

Home Cooking    *Homemade Pies*  
at

*Sandy Nook Snack Bar*  
Main St., Pontypool

DAILY SPECIALS

## Chong's Restaurant

MILLBROOK, ONTARIO

Chinese and Canadian Food  
Chinese Food Take-out Service

932-3055

Have Discs  Will Spin

JAMES "Chipper" CHAPLIN

Millbrook

932-5487

RECORDED MUSIC FOR BANQUETS, PARTIES ETC.

TO  
ADVERTISE

Call

932-2789

932-3139

932-5487

PEOPLE NEED PEOPLE  
Let us help you to find that special someone for a lasting relationship. One Fee Dates All. (state age). Globe Dating, Box 1215, Peterborough K9J 7H4. SERVING YOUR AREA FOR 13 YEARS.

## ★ 1/2 PRICE SPECIAL ★

BUY 1 FISH & CHIP DINNER  
AND  
GET 2nd AT 1/2 PRICE  
(WITH COUPON)  
OFFER EXPIRES MAR. 31/83

Congratulations on your 1st edition!

THE COUNTRY CORNER  
RESTAURANT & TAKEOUT

MILLBROOK PLAZA

932-2995

SAVE  
\$1.60

Every Tuesday  
in March

BBQ Chicken  
Breasts

3 for the price of 2

\*\$3.20 plus tax

WITH THIS  
COUPON

ONE COUPON  
PER CUSTOMER

Expires March 29, 1983

## PAPA'S PIZZA

15 King Street  
Millbrook, Ontario  
705-932-3030

Sundays - 12 Noon till 8 p.m.  
Mondays - Closed  
Tuesdays through Thursdays  
4 p.m. till 12 Midnight  
Fridays and Saturdays  
12 Noon till 2 a.m.

SAVE  
25%

Tuesday and Thursday  
during March

Large (12 slice)  
Papa's Special  
PIZZA

Reg. \$11.20

Only \$8.40 plus tax  
WITH THIS COUPON

ONE COUPON  
PER CUSTOMER

Expires March 31, 1983

## SPRING PERM SPECIAL

\$18.50 and up, including cut and set

Shampoo, Cut and Style \$10

Children's Special (12 and under)

Cut and Style \$7.50

Cut Only \$4

*Sandy's Hairstyling*

12 Lisa Crt., Millbrook

932-2189

Tues. and Thurs. 9-9

Wed. and Fri. 9-5

Sat. 8:30 - 12:30

SPECIAL ENDS APRIL 2, 1983

## Millbrook Delicatessen

European Style Meats

Over 50 varieties of imported and domestic cheeses.

Bulk natural foods and spices

PARTIES CATERED

Trays and Gift Boxes

Light Lunches

Open Mon. - Sat. 9 - 5:30

King St.

932-2997

# IGA Competitive Prices

IGA ASSORTED FLAVORS,  
**Soft Drinks**  
PLUS .30 DEP. PER BTL.  
750 mL BTL. **.29**

ASSORTED FLAVORS,  
**Jell-O Jelly Powders**  
LESS THAN 1/2 OUR REG. PRICE  
85 g PKG. **.25**

100% PURE FROM FLORIDA,  
FROZEN, CONCENTRATED,  
UNSWEETENED  
**Old South Grapefruit or Orange Juice**  
12 1/2-FL. OZ. TIN **.99**

POWDERED  
**Tide Detergent** **3.79**  
6 L BOX  
LIMIT 2 BOXES PER FAMILY

FOUR STAR,  
**Whole Mushrooms**  
10-FL. OZ. TIN **.79**

CAKE & PASTRY OR ALL PURPOSE  
**Monarch Flour**  
2.5 kg BAG **1.57**

DAINTY, ASSORTED VARIETIES  
**Instant Fried Rice**  
350 g CONT. **.69**

HUMPTY DUMPTY, ASSORTED VARIETIES  
**Potato Chips**  
200 g PKG. **.99**

ASSORTED FRAGRANCES  
**Wizard Air Fresheners**  
1/2 OUR REG. PRICE  
170 g AERO CONT. **.64**

CUT FROM CANADA GRADE A BEEF "BLADE BONE REMOVED"  
**Blade OR CHUCK Short Rib Roasts**  
**3.06/kg**  
**1.39/LB.**

SWEET PICKLED  
**Maple Leaf Cottage Rolls**  
**3.51/kg**  
**1.59/LB.**

IN TOMATO SAUCE OR MOLASSES WITH OR WITHOUT PORK  
**Libby's Deep Browned Beans** 19-FL. OZ. TIN **.79**

KRAFT, CRACKER BARREL, MILD, MEDIUM OR OLD COLORED  
**Cheddar Cheese Sticks** 12-OZ. PKG. **2.99**

KRAFT, PROCESS CHEESE FOOD  
**Cheez Whiz** 500 g JAR **2.99**

REGULAR, MINT OR GEL BANDED PKG. OF 3 100 mL TUBES  
**Crest Toothpaste** **2.97**  
EQUIVALENT TO 99¢ A TUBE

CUT FROM CANADA GRADE A BEEF  
**Cross Rib or Boneless Shoulder Roasts** **3.95/kg**  
**1.79/LB.**  
FRESH!  
**Pork Liver** **.86/kg**  
**.39/LB.**  
FRESH!  
**Pork Hocks** **1.52/kg**  
**.69/LB.**  
SLICED, REGULAR  
**Side Bacon** 250 g PKG. **1.49**  
500 g PKG. **2.69**  
BREADED PIECES  
**Fried Chicken** 700 g CTN. **4.79**

SHOPSYS, SWEET PICKLED BRISKET  
**Corned Beef** 1 kg - 2 1/4-LB. AVG. **4.39/kg**  
**1.99/LB.**  
STORE PACKED, FROZEN, OCEAN  
**Perch Fillets** **3.95/kg**  
**1.79/LB.**  
STORE PACKED, FROZEN,  
**Haddock Fillets** **5.49/kg**  
**2.49/LB.**  
SLICED  
**Bologna** 375 g PKG. **1.89**  
**Liverwurst** 250 g CHUB **.99**  
**Wieners** 454 g PKG. **1.69**

CUT FROM CANADA GRADE A BEEF  
**Blade Steaks** **3.28/kg**  
**1.49/LB.**  
CUT FROM CANADA GRADE A BEEF  
**Cross Rib Steaks** **4.17/kg**  
**1.89/LB.**  
CUT FROM CANADA GRADE A BEEF "BONELESS & LEAN"  
**Stewing Beef** **4.17/kg**  
**1.89/LB.**  
**Breakfast Sausages** 500 g PKG. **2.29**  
SLICED  
**Cooked Ham** 175 g PKG. **1.69**

FRESH FOR FLAVOUR  
PRODUCT OF CHILE, CANADA NO. 1 GRADE  
**Green Seedless Grapes**  
**1.96/kg**  
**.89/LB.**

PRODUCT OF ONTARIO,  
**Fresh Mushrooms**  
**.99**  
227 g 8-OZ. PKG.

PRODUCT OF U.S.A.,  
**Florida Oranges**  
**1.59**  
2.27 kg 5-LB. BAG

PRODUCT OF U.S.A. CANADA NO. 1 GRADE  
**Celery Stalks** EA. **.89**

PRODUCT OF ONTARIO, CANADA FANCY GRADE  
**Red Delicious Apples** 2.27 kg 5-LB. BAG **1.89**

PRODUCT OF U.S.A. CANADA FANCY GRADE  
**Anjou Pears** **1.74/kg**  
**.79/LB.**

PRODUCT OF P.E.I. CANADA NO. 2 GRADE  
**Gem Potatoes** 4.54 kg 10-LB. BAG **1.49**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
**Cooking Onions** 907 g 2-LB. BAGS **3 FOR .99**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
**Carrots** 907 g 2-LB. BAGS **2 FOR .99**

PRODUCT OF U.S.A.,  
**Spinach** 283.5 g 10-OZ. PKG. **.89**

MADE IN CANADA  
**Apple Cider** 1.82 L 64-OZ. BOTTLE **1.49**  
PRODUCT OF ONTARIO,  
**Bean Sprouts** **1.08/kg**  
**.49/LB.**

FLAVORED DRINK MIX CRYSTALS POLY BAG OF 4x92 g ENVS. **1.59**  
LIPTON'S,  
**Chicken Noodle Soup Mix** PKG. OF 4 ENVS. **1.39**  
**Kraft Mayonnaise** 500 mL JAR **1.39**  
100% PURE  
**Unico Sunflower Oil** 1 L BTL. **1.79**  
CHOCOLATE OR STRAWBERRY INSTANT SYRUP  
**Milk Mate** 350 mL CONT. **1.09**

MACARONI & CHEESE  
**Kraft Dinner** 225 g PKG. **.49**  
**Magic Baking Powder** 450 g CONT. **2.49**  
SEMI SWEET CHOCOLATE,  
**Chipits Baking Chips** 350 g PKG. **1.99**  
LIQUID,  
**Sunlight Detergent** 1 L BTL. **1.99**  
LADY FINGERS, PKG. OF 12 VANILLA HALF MOONS, FLAKY JAMS OR JOS & LOUIS, PKG. OF 6  
**Vachon Cakes** EACH PKG. **1.69**

CHRISTIE'S,  
**Oreo Biscuits** 450 g PKG. **1.89**  
CHRISTIE'S,  
**Triscuits** 250 g PKG. **1.39**  
BASSETT'S,  
**Licorice Allsorts** 350 g PKG. **1.49**  
ASSORTED VARIETIES,  
**Impulse Body Sprays** 100 mL AERO TIN **2.29**  
NORMAL/DRY OR OILY  
**Esprit Shampoo** 300 mL PLAST. BTL. **2.29**

GLAD,  
**Garbage Bags** PKG. OF 40 **3.79**

GLAD,  
"Kitchen Catcher"  
**Garbage Bags** PKG. OF 12 **.69**

HIGH LINER, FROZEN,  
**Fish in Batter** 700 g PKG. **3.29**  
FROZEN, BEEF, FRIED CHICKEN, SALISBURY STEAK, TURKEY OR MEATBALL  
**Swanson Meat Entrees** 5 1/2-9-OZ. PKG. **1.29**

CLIP THIS COUPON AND SAVE  
100% PURE VEGETABLE OIL  
**PARKAY SOFT MARGARINE** **ONLY 1.99**  
FEATURE PRICE WITHOUT COUPON **2.49**  
ONLY ONE COUPON PER EACH 3-LB. BOWL PURCHASED  
COUPON VALID AT IGA UNTIL CLOSING SAT., MAR. 19, 1983  
KRAFT LIMITED P.O. BOX 3000, SAINT JOHN N.B. E2L 4L3 1434700

PRICES EFFECTIVE WED., MARCH 16 TO SAT., MARCH 19, 1983

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

CALHOUN'S IGA

CENTRE ST., MILLBROOK

FREE PARKING

OPEN THURS. & FRI. TILL 9 p.m.