

  
987-4704

# Millbrook Reporter

Sweet notes for  
your sweetheart  
-- page 22.

MILLBROOK, ONTARIO WEDNESDAY, JANUARY 31, 20 CENTS

## McMasters honored by community

By Sandra Taylor,



"A most memorable night!"

These are the words of Elsie and Jim McMaster who were honored at a dinner and reception held January 20 at the Community Centre organized by the Chamber of Commerce.

The Reporter called Jim and Elsie to get their feelings about the event after they'd had a few days to reflect. They were still overwhelmed by the many surprise guests and all the good wishes showered upon them by the 125 invited guests. Even friend and former local insurance agent, Homer Ouellette and his wife Mary called from Florida during the evening to add their good wishes. "It was all just wonderful in every detail," said Elsie.

The McMasters were presented with a silver tray appropriately engraved for the occasion and Elsie was also presented with a bouquet of red roses. Having all their family present to share in the excitement was an added bonus. Son Ashton and his wife Jane from Brantford attended as did son Bill and his wife Marie who still live in the Millbrook area.

After nearly 27 years in business, the evening was filled with memories and a nostalgic look at the history of Millbrook. Elsie and Jim started the firm, but it was not until 1972 that the "Stedmans" sign was added to the front of the store.

Some of the neighboring businesses at that time were Coulter's Hardware, McDowell's Chick Hatchery, Mrs. Marshall's Grocery Store, Fowler's Men's Wear and Nattress Barber Shop. Lyle Nattress still carries on the business at the same location.

The Master of Ceremonies for the occasion was Vic Bulger, local insurance agent, and friend of the McMasters. Both of their sons spoke briefly about their days growing up in Millbrook and Ashton remembered the many Saturdays he helped out in the store. Jim revealed many interesting facts about the history of the Chamber of Commerce in Millbrook and said he was pleased to see that it was enjoying a revival after having had its ups and downs over the years.

Elsie remembered that their very first customer was the late Walter Seward who used to pop in to announce the arrival of each of his children into the world. Nearly 27 years later, just a few minutes before closing their doors for the last time, Wally Seward Jr. appeared in the store for one last walk around and appropriately became their very last customer. Jim and Elsie like to think it was more than just coincidence.

## Notes from around the county

### HISTORICAL SOCIETY

The next meeting of the Cavan Millbrook Historical Society will be held tomorrow night at 7:30 p.m. in the Cavan Township Hall. The Society would like to form committees pertaining to various elements of the history of the area and invite all interested persons to attend.

### SCHOOL TO HAVE UNIFORMS

The very successful bake sale held January 19 by the Millbrook High School Parents and Ratepayers Assn. has netted \$250 which is half the goal set for the purchasing of sports uniforms for the students who represent the school at various meets.

The response was so great that the sale continued the next day and the executive would like to thank all who donated baking, and Calhoun's IGA for the use of the store.

### STUDENTS LEARN SNOWSHOEING

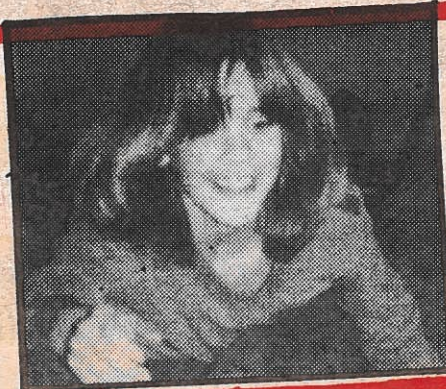
A Grade 6 class at South Cavan School and their teacher Al Ross, visited the site of Best's Mill in the Mt. Pleasant area recently and were treated to a day in the woods on snowshoes led by Mr. G. Hookey, an Outdoor Education Specialist with the Peterborough County Bd. of Ed.

The students were taught how to walk on snowshoes, and trekked into the woods where they made a fire with one match and cooked their lunch. Mr. Hookey provided hot chocolate prepared over the open fire.

**INSIDE  
THIS  
WEEK**

### Jerusalem Lodge

What's the big secret  
with the Masons? We asked  
John Manuel -- page 10.



### Bowl for Millions

Bowlers from across  
Canada are helping  
Big Brothers -- page 8.

# Tyrone residents can't see official plan for their hamlet

Tyrone residents would like a chance to see the hamlet's district plan before council approves an eight-lot subdivision. After presenting a verbal report on a proposed addition to Tyrone Hall, Terry Clifton of RR1 Bowmanville told councillors several residents had expressed concern over the fact that a subdivision may be approved before they had an opportunity to examine Tyrone's district plan.

"Why approve a small development before the district plan is

presented?" asked Clifton.

Tyrone resident Doug Henning agreed with Clifton. He said government agencies in Whitby, Toronto and Peterborough know what's happening in Tyrone before local residents are informed.

But residents won't have the opportunity to view the district plan before the subdivision is approved. Councillors voted five to two in favor of not allowing public input into the district plan.

"No one has consulted the people in Tyrone to

find out how they think," commented Councillor Ann Cowman.

She told fellow councillors and staff members the town was making a mockery over planning. She said the town was allowing

planning agreements to be made before the district plan had been agreed on.

District plans for the hamlets of Tyrone and Haydon are to be presented Thursday at 9:30 a.m. in the Bell building.

## 1979 -- the year of the developer

The year 1979 has been named the year of the child, but in the Town of Newcastle it's the year of the developer.

Council voted to approve in principal the development of 10 estate lots by Doug Roy of D.R. Agencies, a Bowmanville company.

"What I'm proposing can only enhance the area," commented Roy.

But at least one area resident isn't so sure

Dr. Maswick, whose 15 acre property borders Roy's proposed subdivision, told council that a planned roadway into the development will destroy many of the trees in the area. Built on a steep slope wooded with trees the roadway will destroy the root systems of the trees, says Maswick.

"As a neighbor I would like to be consulted," he added.

Contacted four years ago by Roy who informed him of the development plans Maswick says he does not object to the development of the area, just the placement of the road.

He added that he too has plans to develop lots on his property, but only when the time is right.

## New director for Durham

A 60-year-old management expert has been appointed director of development for Durham Region.

Thomas J. Flood will assume his duties for the \$37,000 job on March 1, 1979.

Flood, formerly general manager of the Sudbury Regional Development Corporation, replaces Bob Nicol. Nicol resigned from the position last September because of poor health.



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## Church Services

### ST. GEORGE'S ANGLICAN CHURCH

Rev. A.E. Haldenby B.A.L.Th.

285 Mill Street Newcastle 987-4745

JANUARY 28

8:30 am - Holy Communion, Newcastle

10:00 am - Holy Communion, St. Saviour's, Orono  
2:00 pm - Annual Meeting, St. Saviour's, Orono

11:15 am - Holy Communion, Newcastle

Nursery and Church School

Wednesday 7:30 pm - Worship and Bible Study

### SAINT FRANCIS OF ASSISI CHURCH

Schedule of Mass

7:00 p.m. Saturday

9:30 a.m. Sunday

11:00 a.m. Sunday

Rectory: 49 Robert Street  
Newcastle  
987-5446

### NEWCASTLE UNITED CHURCH

Rev. David A. Spivey, B.D.  
Phone 987-4250

SUNDAY, FEBRUARY 4th

Morning Worship at 10:30 a.m.

Sermon: "Jesus and the multitude....From five to five thousand"

Our Sunday School also meets at worship time  
and

and toddler care is provided in our nursery.

We invite you to worship with us.



## The Salvation Army

WILLIAM BOOTH  
FOUNDER

TELEPHONE 623-3761  
623-5857

35 DIVISION ST.  
BOWMANVILLE, ONTARIO

9:30 am - Sunday School

11:00 am - Family Worship

### ST. THOMAS MORE PARISH

Rev. Richard P. Walsh

EACH SUNDAY

St. Andrews United Church  
Millbrook, 9:00 A.M. Service

### NEWCASTLE BAPTIST CHURCH

Mill Street north

SUNDAY SERVICES

10 a.m. Bible Classes for all ages  
11 a.m. & 7 p.m. Gospel Services

Tuesday 7:30 p.m. Prayer and Bible Study

All are welcome to a Bible Teaching Ministry

If you need spiritual help communicate  
with one of the Pastors

PASTOR JAMES T.M. GREEN 576-4484  
ASSOCIATE: PASTOR KEITH HENDERSON 983-9649

# REAL ESTATE ADS



**W. FRANK REALTOR**

**W. FRANK REAL ESTATE LIMITED**

243 King St. E. Bowmanville 623-3393

**ENTERTAINING EASE**  
 In this flowing 3 bedroom sidesplit, attached garage, large lot, ground level family room, needs finishing. Asking \$53,900, located in Pinewood Estates, Pontypool. Don't miss it. Call Kellie McDonell, Orono 983-9547, Bowmanville 623-3393. W. Frank Real Estate Ltd., Realtor.

**REALTOR GEORGE VAN DYK REAL ESTATE LIMITED**

**623-4428**  
 181 Church Street  
 Bowmanville

**HOUSE TRAILER** - Located in beautiful treed trailer park, one bedroom, spacious utility room, laundry room. In excellent condition. Park fees \$75 includes utilities and road maintenance. Full price only \$11,000 with \$3,000 down.

**JANETVILLE JEWEL** - Well decorated 3 bedroom bungalow with angelstone fireplace in living room. Rec room is partly finished. Large lot. Reduced to \$46,900.

**LOW DOWN PAYMENT** - One one and one-third acre ravine lot is this 3 bedroom Tudor style home with attached garage, fireplace and sliding doors to sundeck. Millbrook area. Asking \$48,900.

**ONLY \$31,900** - Winterized cottage on a lot nearly one acre. Presently used as 2 apts. but can be a single family home very easily. Give us a call to view this home in Pontypool.

**THREE NEW HOMES IN BOWMANVILLE** - 3 or 4 bedroom sidesplits with family room which includes fireplace and walkout. Dining room, 1½ baths, attached garage. On quiet court. Ranging from \$65,900 to \$67,900.

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**EASY ON THE BUDGET**  
 Low taxes, low fuel bill, easy up-keep are just three features of this 3 bedroom aluminum bungalow. Asking only \$40,900. Call Virginia Dillon.

**BUILD YOUR DREAM HOME**  
 On this 11 acre parcel of land completely surrounded by mature trees. Fronts on 2 roads. Asking only \$29,900. Call Virginia Dillon.

**LIKE FISHING?**  
 Season opens the end of April. How about owning your private home on 10 acres with 2 creeks, one being the Wilmot Creek. Phone Virginia Dillon for details.

**PORT HOPE - \$31,900**  
 A large spacious 3 bedroom semi with dining room and a good downtown location. Completely redecorated inside. Call for details.

**25 ACRES**  
 All wooded, near Burketon. Very scenic. Permits available, \$41,000.

## Health Views

Sugar coated security

According to health authorities, many of our eating habits are not so much a preference as they are an addiction - mental as well as physical. This is especially true of eating sweets.

If we look at it from a psychological basis, modern society often displays love and recognition to a child through sweets. The infant's pacifier is often sweetened to keep him from crying, and the grown-up is shown affection by a box of candy or a cake. And so sweets often become a security food - subconsciously satisfying the desire for approval.

Parents can train their offspring to like almost anything with an acceptable taste. They have the opportunity to establish habits that will affect a child's lifelong nutrition and subsequently health.

Is it going to be sweets or something much more nutritional in value? Doctors of chiropractic, who put particular emphasis on nutrition in their approach to health, recommend that it be a healthful food like a piece of fruit - not manufactured sweets. They warn against the overuse of refined sugar.

Unfortunately, most people are unaware of how much sugar they really consume. They don't think of the excessive amounts of sugar found in ordinary pastries, desserts, drinks, snack foods, and cereals.

The ill effects of excess sugar are dangerous in terms of what sugar does to the chemistry of the body, and the many health problems which may arise as a result.

Most health practitioners are concerned about modern society's "sweet tooth". For example, the doctor of chiropractic makes nutrition and dietary management an important part of his study of the human body, viewing it as part of a conservative approach to health restoration, maintenance, and disease resistance.

...

These health views are published by members of the Ontario Chiropractic Association in the interest of better public health.

Last spring, Louise LeBlanc developed a bleeding disorder requiring platelets, a blood component.

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**\$1.19**  
LB.

ASSORTED FLAVORS  
**IGA Fruit Drinks**  
39¢  
48 FL. OZ. TIN

CUT FROM CANADA GRADE A BEEF

# Standing Rib Roasts

**\$2.19**  
LB.

**IGA Raspberry or Strawberry Jam**  
WITH PECTIN  
79¢  
24 FL. OZ. JAR

CUT FROM CANADA GRADE A BEEF  
**Beef Rib Steaks**..... LB.

**\$2.29**  
LB.

PRIDE OF CANADA SWEET PICKLED

# Cottage Rolls

**\$1.59**  
LB.

VALIANT, FLAVORED  
**Drink Mix Crystals** 17-OZ. PKG. **79¢**

**IGA Fancy Applesauce** 3 14-FL. OZ. TINS **\$1**

FANCY **IGA Peach Halves** 14-FL. OZ. TIN **55¢**

CULVERHOUSE, CHOICE **Asparagus Cuts** 12-FL. OZ. TIN **49¢**

IN TOMATO SAUCE **Libby's Spaghetti** 28-FL. OZ. TIN **69¢**

VEGETABLE BEEF, CONSOMME, CHICKEN VEGETABLE, TOMATO NOODLE OR BEEF NOODLE, FANCY

**Aylmer Soups** 3 10-FL. OZ. TINS **\$1**

ASSORTED VARIETIES **9 Lives Cat Food** 4 6½-OZ. TINS **\$1**

**Camation Coffeemate** 16-OZ. JAR **\$1.39**

ALL PURPOSE GRIND  
**Maxwell House Coffee** 1-LB. BAG **\$2.99**

**IGA Long Grain Rice** 2-LB. BAG **59¢**

ASSORTED VARIETIES **Hamburger Helper** 6-OZ. BOX **79¢**

AUSTIN'S PINK OR LEMON **Fabric Softener** 128-FL. OZ. PLASTIC BTL. **\$1.09**

LIQUID **Palmolive Detergent** 24-FL. OZ. PLASTIC BTL. **99¢**

**Glad Wrap** 100-FT. ROLL CUTTER BOX **49¢**

**Zion Fig Bars** 1½-LB. PKG. **89¢**

RIPPLE, SALT & VINEGAR FLAVORED OR REGULAR **IGA Potato Chips** 225-g PKG. **79¢**

SMARTIES, AERO BARS, COFFEE CRISP OR KIT KAT **Rowntree's Candy Bars** Banded PKG. OF 4 REG. SIZE BARS **79¢**

JOHNSON'S **Baby Shampoo** 850-ml PLASTIC BTL. **\$3.99**

REGULAR OR WINTERFRESH **Colgate Toothpaste** 100-ml TUBE **99¢**

**Schick Injector Razor Blades** PKG. OF 7 **\$1.09**  
WITH FREE RAZOR

FLEISCHMANN'S, 100% PURE CORN OIL REGULAR OR UNSALTED

**Soft Margarine** SLEEVE OF 2x8-OZ. TUBS **\$1.19**

SEALTEST, SMOOTH AND CREAMY **Cottage Cheese** 1-kg TUB **\$1.49**

KRAFT **Mozzarella Cheese** 2-LB. PKG. **\$3.49**

**IGA Hamburg or Wiener Buns**  
PKG. OF 8 **39¢**

STAR-KIST  
**Chunk Light Tuna**  
6½-OZ. TIN **79¢**

IGA, PROCESS REGULAR WRAP  
**Royal Gold Cheese Slices**  
16-OZ. PKG. **\$1.39**

GREEN GIANT, FANCY  
**Cream Style Corn or Whole Kernel Niblets Corn**  
14-FL. OZ. TIN  
EA. **39¢**

ASSORTED VARIETIES  
**Delmonte Fruit Cups**  
SLEEVE OF 4x5-FL. OZ. TINS **99¢**

PRICES EFFECTIVE WED., JAN. 31 TO SAT., FEB. 3, 1979.

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MFG. 7c OFF LABEL, DEMPSTER'S **Onion Rolls** PKG. OF 8 **69¢**

**Cepacol Lozenges** PKG. OF 24 **99¢**

**Jets Soap Pads** PKG. OF 10 **43¢**

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**Savarin Pot Pies** 8-OZ. PKG. **39¢**

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VENTURA FARMS, FANCY, FROZEN **Leaf Spinach** 12-OZ. PKG. **49¢**

FROZEN **Downyflake Waffles** 10-OZ. PKG. **59¢**

PRODUCE OF U.S.A. CANADA NO. 1 GRADE  
**Tomatoes** **49¢**  
LB.



PRODUCE OF U.S.A.  
**Broccoli** **57¢**  
SIZE 18's EA.



ONTARIO GROWN CANADA FANCY GRADE **Red Delicious Apples** 5-LB. BAG **\$1.59**

MADE IN CANADA **Northland Firelogs** EA. **99¢**

ONTARIO GROWN CANADA NO. 1 GRADE **Cooking Onions** 10-LB. BAG. **99¢**

GROWN IN MEXICO CANADA NO. 1 GRADE **Cucumbers** 3 FOR **99¢**



**"Best Before"**

Most perishable foods with a shelf life of 90 days or less must show a "Best Before" date as a guide to consumers.

This date signifies the time before which the product would be at its peak of quality — the product would be best if consumed before the date, but it won't necessarily be spoiled after the date.

So, if at home you discover a product past its "Best Before" date, check it before discarding it, because no one wants to throw out good food!

However, the "Best Before" date is not a fool-proof system. It is only a guideline, because the shelf-life of a food item is dependent on the manner in which the product is handled throughout the distribution system.

Mrs. Green is available to talk to groups about shopping and other subjects of consumer interest. Please write: Box 655, Toronto M4Y 2N6.